



BASELIUS COLLEGE

KOTTAYAM - 686001

NAAC REACCREDITED WITH A++ CGPA 3.51
AFFILIATED TO MAHATMA GANDHI UNIVERSITY

ANNUAL QUALITY ASSURANCE REPORT (AQAR)

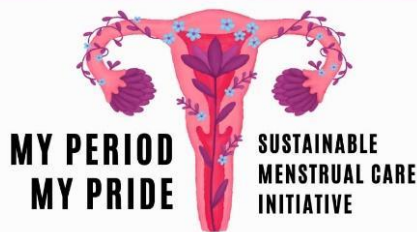
2022-23



7.1.1 Measures initiated by the
Institution for the promotion of gender
equity during the year

1. "My Period My Pride"- Sustainable Menstrual Care Initiative

June 7, 2022



The Women's Forum, in collaboration with the National Service Scheme (NSS) and Red Ribbon Club of Baselius College, organized an enlightening online session titled "My Period My Pride" for the college students, aiming to raise awareness about menstrual hygiene. The session featured Ms. Pranathi Arpita Prasad and Ms. Ann Mary Biju as resource persons. Ms. Pranathi Arpita Prasad, representing EcoFemme, serves as the Ambassador Programme Coordinator, fostering a global community of menstrual health activists and educators. Eco Femme, situated in Auroville, Pondicherry, is a global empowerment initiative promoting healthy, dignified, affordable, and eco-positive menstrual practices. Ms. Ann Mary Biju, a young development professional with Venture Village Learning Solutions Pvt. Ltd as Program Manager, brings expertise in gender studies, livelihoods, labor rights, and culture studies, having completed her postgraduate studies in Development Studies from Azim Premji University, Bangalore. The initiative contributed to the empowerment of students, enabling them to make informed decisions regarding menstrual hygiene management. Participants gained valuable insights into healthy, dignified, and eco-positive menstrual practices.


2. Observance of International Day of the Girl Child October 11, 2022



Baselius College National Service Scheme marked the International Day of the Girl Child by actively participating in the global observance on October 11. In commemoration of this day, the college celebrated by disseminating informative brochures via social media platforms. The International Day of the Girl Child is an annual event, observed worldwide, dedicated to acknowledging the rights of girls and addressing the unique challenges they encounter globally. The theme chosen for the International Day of the Girl Child in 2022 is "All Girls Deserve Better – The World Deserves Better." This theme serves as a poignant call to action, urging society to refocus attention on the needs, rights, and potential solutions for girls. It emphasizes the collective responsibility to create a world where all girls are afforded better opportunities, rights, and support. By sharing brochures on social media, Baselius College National Service Scheme actively contributed to spreading awareness and understanding of the importance of recognizing and addressing the challenges faced by girls. The initiative aligns with the broader goal of fostering a world where every girl is empowered, supported, and provided with the opportunities she deserves.

3. Awareness on Mental Health

October 27, 2022



**Baselius College
Kottayam**
(NAAC Re-Accredited with A++ Grade - 3.51 CGPA)

Celebrating Mental Health Day

**Topic : "Mental Health
& Well-being among Youth"**
Date : 27 October 2022, 3 pm
Venue : Dr. A.P. Mani Media Centre

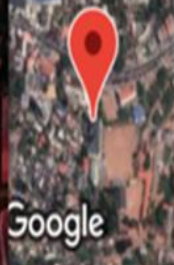
Programme

Welcome : Dr. Thomas Kuruvilla (Teacher in charge, Men's Forum, Baselius College)
 Presidential Address : Dr. Biju Thomas (Principal, Baselius College)
 Keynote Address : Dr. Varghese Punnoose (Vice-Principal, Govt. Medical College, Kottayam)
 Felicitation : Dr. Jyothi Susan Abraham (Teacher in charge, Women's Forum)
 : Prof. Jithin John (President, Staff Club)
 Expert Analysis : Dr. Anoop G. (Psychiatrist, Taluk Headquarters Hospital, Cherthala)
 : Dr. Jayasankar G. (General Hospital, Pathanamthitta)
 Vote of Thanks : Dr. Bobby Thomas Kokkatt (President, Central Travancore Psychiatric Society)

Jointly organized by

Central Travancore Psychiatric Society	Indian Psychiatric Society	Men's Forum Baselius College	Women's Forum Baselius College	Staff Club Baselius College
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AN IQAC INITIATIVE

Kottayam, Kerala, India
 HGQH+3PG, Erayilkadavu Rd, Eerayil Kadavu, Kottayam, Kerala
 686004, India
 Lat 9.587819°
 Long 76.529178°
 27/10/22 03:37 PM GMT +05:30

Baselius College, Kottayam

Mental Health & Well-being among Youth

Date - 27 October 2022, 3pm

Venue - Dr. A.P. Mani Media Centre

Organized by - Central Travancore Psychiatric Society
 Indian Psychiatric Society
 Men's Forum, Women's Forum
 Staff Club, Baselius College.

- Uma Surendran
- Aradhita D
- Dr. Aparna Tharayappan
- Dr. Selvy Xavier
- Sany Mary Benjamin
- Dr. Geetha Lakshmi K
- Dr. Arabhi P
- Dr. Rejitha V
- Suma Anwar
- Susanne Thomas
- Dr. Kavitha Gopalekoshan
- Etha C. Maria Sebastian
- Dr. Vidya Merlin Varghese
- Dr. Manjusha V Parakkal
- Dr. Parvathi S
- Dr. Lijun Ann Jacob
- Shelal Elizabeth Thomas
- Christina Marian Mathu
- Dr. Shreya Kuruyathan

20. Jini Mathew
21. Dr. Luma Bino Thomas
22. Dr. Jithin Thomas
23. Ashly Susan Ily
24. Dr. Anju Linda Varghese
25. Dr. Shirin Iy
26. Dr. Annie Chennu
27. Janyy Sarah Jacob
28. Jinta Tom
29. Tessymol Abraham
30. Dr. Shreya Joseph
31. Athira Saju
32. Ross George
33. Alph Mathew
34. Sony Biju
35. AKHILA M M
36. Marcella Joseph
37. Maria Grace Francis
38. Anju Suresh
39. Tejasmol P M
40. Dr. Pharis Thomas
41. Dr. Remya Mohan
42. Andriya Mary Parali
43. Soya Sozia
44. Tissy Ensthielal
45. Devika Raj

46. Pouya S
47. Vishnu Priya I
48. Dr. John W. Babu
49. Thomas P Mathew
50. ALAN VARGHESE
51. Shibu M. George
52. Saran A. Sebastian
53. Dr. Konsharaj M V
54. Dr. Sajish PK
55. Nibu G Thomas
56. Dr. Shaju M I
57. Leo Sebastian
58. NIDHIN JOHN
59. Akash M A
60. Dr. Nibul M M
61. Dr. Nibu A George
62. Dr. Sarath P Nal
63. Anju John
64. Usha Mathu
65. Dr. Jyothimol P
66. Jithin John
67. Dr. Jyothi Susan Abraham
68. Dr. Thomas Kuruvilla
69. Dr. Arif P. Thomas
70. Biju Kuruvilla

3. Awareness on Mental Health

October 27, 2022

Women's Forum, Men's Forum, and Staff Club of Baselius College jointly organized a seminar on "Mental Health & Well-being among Youth" in association with Indian Psychiatric society and Central Travancore Psychiatric Society for Teaching and Non-teaching Staff on 27 October 2022 at A P Mani Media Centre from 3.00pm to 5pm. Dr. Varghese Punnoose, Vice-Principal of Government Medical College Kottayam was the chief Resource Person. Dr. Joice Geo, Associate Prof. Dept. of Psychiatry, Pushpagiri Medical college & Gen. Secretary, Indian Psychiatric society, Kerala Branch, Dr. Anoop G, Consultant Psychiatrist, Taluk headquarters Hospital Cherthala, Dr. Jayasankar G, Consultant Psychiatrist, General Hospital, Pathanamthitta, Dr. Bobby Thomas Kokkatt, President, Central Travancore Psychiatric Society and Dr. Cyriac, President, Indian Psychiatric society, Kerala Branch led the interactive session. Dr. Punnoose emphasised the need to understand the evolutionary changes that is manifested in youngsters who are exposed to digital and multimedia possibilities from their childhood onwards. Interactive session served to bring more clarity on effective ways to tackle mental health issues among students. Seventy staff members actively participated in the programme.

Dr. Thomas Kuruvilla, Teacher in Charge of Men's Forum offered words of welcome. Dr. P Jyothimol, Vice-Principal of the college presided over the session. Dr. Jyothi Susan Abraham, Teacher in Charge of Women's Forum and Jithin John, President Staff Club offered words of felicitation. Anju John, Faculty, Department of English compered the session. Dr. Bobby Thomas Kokkatt proposed the vote of thanks

4. Awareness Programme on Breast Cancer November 11, 2022



Baselius College National Service Scheme organized a program as part of the RED RIBBON CLUB, titled "Breast Cancer Awareness Session," in collaboration with Medical College Kottayam on November 11, 2022. The event featured Ms. Haleema Shihab, a renowned speaker specializing in health and medicine, as the esteemed chief guest. The session aimed to disseminate crucial information about breast cancer awareness, prevention, and early detection, highlighting the significance of proactive health measures. The collaboration with Medical College Kottayam added a valuable professional perspective to the event, enriching the awareness program and contributing to the overall well-being of the participants.

5. Women Entrepreneurship Day Observance November 19, 2022



BASELIUS COLLEGE, KOTTAYAM
(NAAC Re-Accredited with A++ Grade, CGPA - 3.51)
Entrepreneurship Development Club
in association with
Institution's Innovation Council
Celebrating
Women's Entrepreneurship Day
A TALK WITH
Jessica George

Founder and Owner of **Cloudnine**
&
Certified Pastry Chef

19 November 2022
6.30 pm

An IQAC Initiative

Dr. Biju Thomas
Principal

Prof. Jeejamol P.M.
IQAC Co-ordinator

Dr. Sheeba Joseph
ED Club Co-ordinator

Dr. Anju Linda Varghese
Convener, IIC



A Talk with Jessica George, Founder and Owner of Cloud Nine, a renowned pastry chef was organized to celebrate Women's Entrepreneurship Day on November 19th 2022. The Women's Entrepreneurship Day celebration featuring Mrs. Jessica George was a resounding success, offering valuable insights, inspiration, and practical knowledge to all the attendees. Her accomplishments as a successful entrepreneur in the cake baking industry, combined with her status as an esteemed alumna of our college, made her a relatable and influential role model for aspiring entrepreneurs, especially women. The event included an interactive question and answer session, allowing the attendees to engage with Mrs. Jessica George directly. Participants had the chance to seek advice, gain insights, and learn from her experiences as an entrepreneur. She provided thoughtful responses, sharing practical strategies and personal anecdotes.

6. International Day for the Elimination of All Kind of Violence against Women November 25, 2022



കേരള സർക്കാർ
വനിതാ ശിശുവികസന വകുപ്പ്
ജില്ലാ വനിതാ ശിശുവികസന ഓഫീസ്, കോട്ടയം

ORANGE THE WORLD CAMPAIGN
INTERNATIONAL DAY FOR THE
Elimination of all kinds of Violence
against WOMEN

റാലി, തെരുവ് നാടകം, മാർത്തോൺ 2022 നവംബർ 25
സഹകരണം: ബസേലിയസ് കോളേജ്, കോട്ടയം, ബി.സി.എം.കോളേജ്, കോട്ടയം

Women's Forum of Baselius College associated with Kerala State Women and Child Development Department to celebrate The International Day for the Elimination of all kinds of Violence against Women. Students of Baselius College participated in the marathon on 25 November 2022. The marthon was flagged off from the collectorate and ended at Nagampadom Kottayam. It was aimed at preventing all kinds of violence against women. 15 students participated in the programme.

6. International Day for the Elimination of All Kind of Violence against Women

November 25, 2022



7. Legal awareness programme on Women's Rights

December 9, 2022



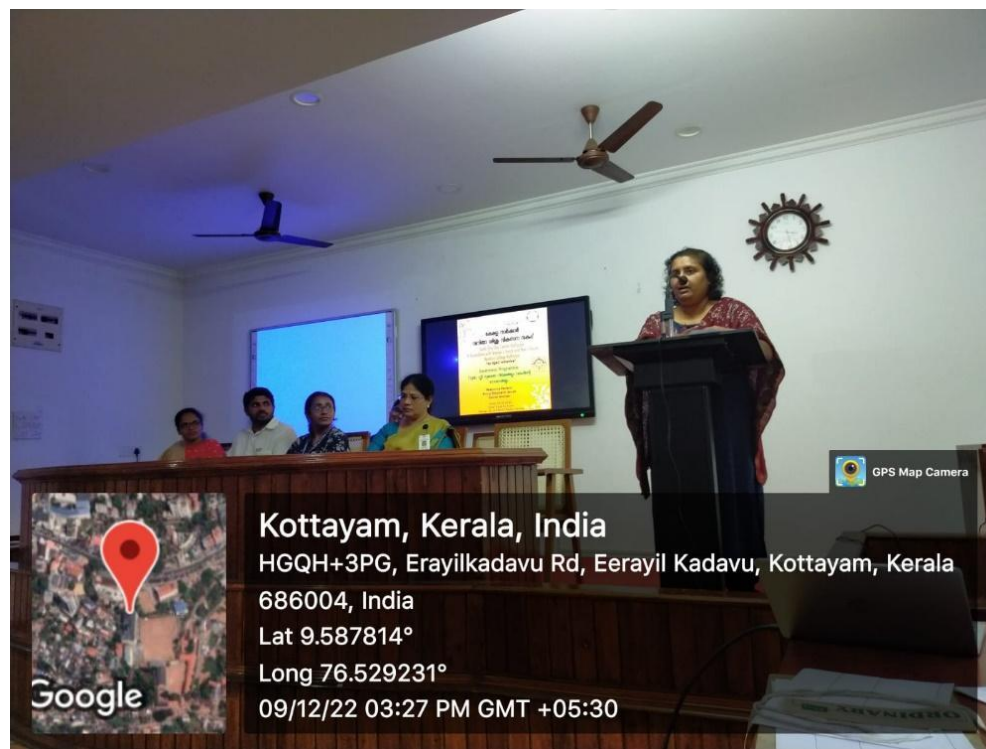
The poster features a decorative orange and red floral border on the left and right sides. At the top, there are four logos: 'Towards a new dawn' (a stylized sun and figures), the Government of Kerala emblem, the 'Sakhi One Stop Centre' logo (a house with a person), and the 'Baselius College' logo (a shield with a book and 'ESTD 1964'). The text is in Malayalam and English. The Malayalam text reads 'കേരള സർക്കാർ വനിതാ ശിശു വികസന വകുപ്പ്' (Kerala State Women and Child Development Department). The English text includes 'Sakhi One Stop Centre, Kottayam', 'In Association with Women's Forum and Men's Forum Baselius College Kottayam', '*An IQAC initiative*', 'Awareness Programme', 'Topic: സ്ത്രീ സുരക്ഷാ നിയമങ്ങളും വകുപ്പിന്റെ സേവനങ്ങളും' (Laws for Women's Safety and the Services of the Department), 'Resource Person: Rincy Elizabeth Jacob Social Worker', 'Date: 09-12-2022', 'Time: 3 pm to 4 pm', and 'Venue: Dr. A P Mani Media Centre'.

**കേരള സർക്കാർ
വനിതാ ശിശു വികസന വകുപ്പ്**
Sakhi One Stop Centre, Kottayam
In Association with Women's Forum and Men's Forum
Baselius College Kottayam
An IQAC initiative

Awareness Programme
Topic: സ്ത്രീ സുരക്ഷാ നിയമങ്ങളും വകുപ്പിന്റെ സേവനങ്ങളും

Resource Person:
Rincy Elizabeth Jacob
Social Worker

Date: 09-12-2022
Time: 3 pm to 4 pm
Venue: Dr. A P Mani Media Centre



Women's Forum and Men's Forum of Baselius College in association with Sakhi One Stop Centre, Kottayam, Kerala State Women and Child Development Department organized an awareness programme for the students on the topic "Laws for Women's Safety and the Services of Kerala State Women and Child Development Department." Ms. Rincy Elizabeth Jacob, social Worker, was the resource person. Students actively participated in the interactive session and asked several questions related to legal services. 60 students participated in the programme.

8. National Girl Child Day observance

January 24, 2023



NATIONAL SERVICE SCHEME, UNIT NO.5
BASELIUS COLLEGE, KOTTAYAM

NATIONAL GIRL CHILD DAY

24 JANUARY 2023

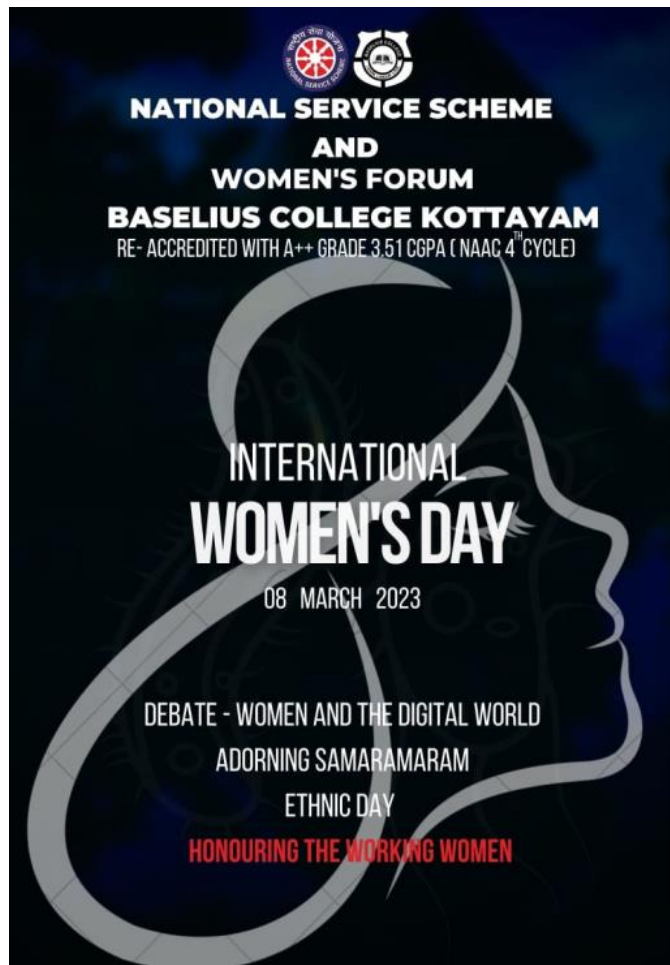
"THIS NATIONAL GIRL CHILD DAY, BE PROUD OF A GIRL CHILD. THEY ARE THE ONE MADE UP OF COURAGE, DETERMINATION, SACRIFICE, COMMITMENT, TALENT AND LOVE."

  NSS BASELIUS

Baselius College National Service Scheme enthusiastically observed National Girl Child Day on January 24, 2023, centering the theme "Digital Generation, Our Generation." This slogan underscores the pressing need to address the prevailing inequality and discrimination faced by girl children in India. The day served as a poignant reflection on the challenges girls encounter, urging collective efforts to mitigate their hardships. The observance aimed to raise awareness and inspire concrete actions to create a more equitable and supportive environment for girls in the country.

9. International Women's Day Observance

March 8, 2023



International Women's Day was celebrated in the campus on 8 March 2023. Students prepared a symbolic wing to represent the wings of freedom and the wide world awaiting every woman. Cleaning staff of the college were honoured on the occasion as a gratitude to their service. A debate on Women and the Digital World was conducted at Mrs. Mammen Mapillai Hall. Dr. Jyothimol. P Vice Principal of the college inaugurated the programmes. Almost all the female students and staff of the college participated in the programmes.

10. An awareness programme on Anaemia: Anaemia Screening Test

March 17, 2023



BASELIUS COLLEGE KOTTAYAM
NATIONAL SERVICE SCHEME UNIT NO:5
AND
WOMEN'S FORUM

VIVA FOLK AND ANEMIA SCREENING

IN ASSOCIATION WITH
DISTRICT HOSPITAL KOTTAYAM

**OTTAMTHULLAL AND FREE
ANEMIA SCREENING TEST
ON**

17/03/2023

3PM

@ BASELIUS COLLEGE AUDITORIUM

ALL THE GIRLS IN THE COLLEGE
HAVE THE OPPORTUNITY TO
PARTICIPATE IN THIS
PROGRAMME.



Heal yourself from Anemia



An awareness programme on Anaemic issues was organised jointly by Women's Forum and National Service Scheme in the college on 17/03/2023 as part of the Government initiative to reduce health issues among women. Free anaemia screening test was organized in association with District Hospital, Kottayam. An Ottamthullal performance narrating the need to have a healthy lifestyle to sustain proper Hb level in the blood. The interactive performance was very entertaining and informative.

Facilities for Girl students in college

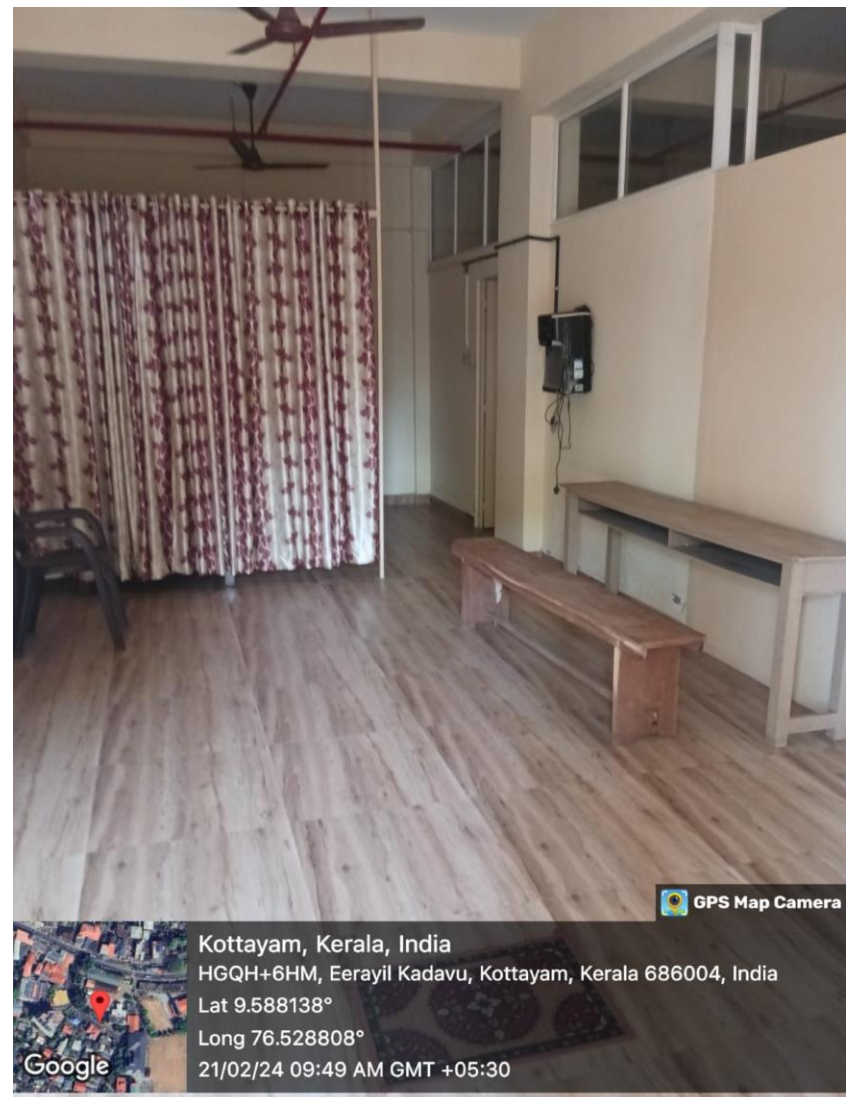


Womens Hostel



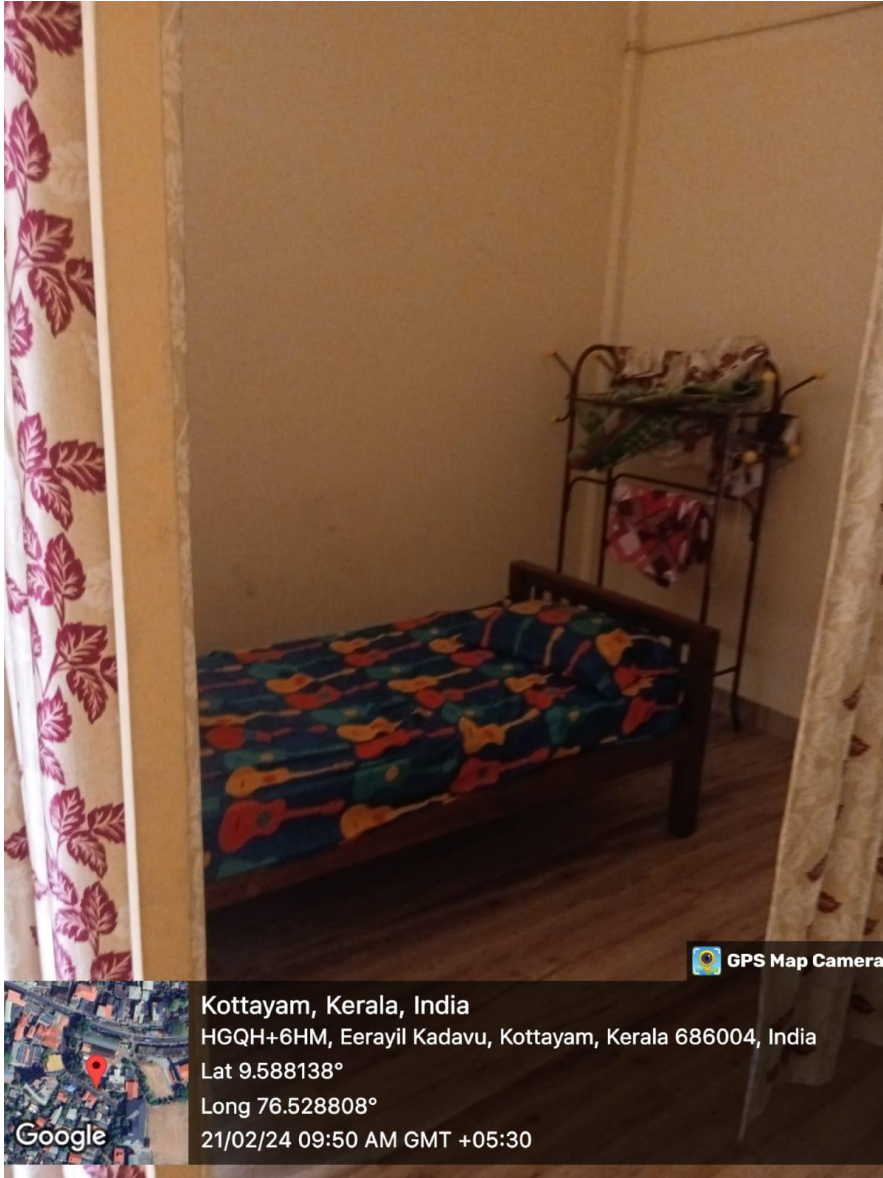
Facilities for Girl students in college

Rest Room facilities for girl students



Facilities for Girl students in college

Rest Room facilities for girl students



Internal Complaints Committee for Prevention of Sexual harassment

Item 18.6 – College Handbook for 2022-2023 Pg.63

18.6 Internal Complaints Committee (For Sexual Harassment)

The committee is constituted in accordance with the provisions of Sexual Harassment of Women at Work Place (Prevention, Prohibition and Redress) Act 2013. Any woman, (employee/ student) of the college can approach the cell directly or through the Principal, if she has any grievance of harassment of the nature stipulated in the Act.

1. **Prof. Dr. Jyothimol. P.** (Presiding Officer) 9495690047
2. **Mr. Shibu M George** (NCC Officer)
3. **Ms. Ashly Thomas** (NSS Lady Officer)
4. **Mr. Sunny Varghese** (Jr. Superintendent)
5. **Dr. Sr. Dona** (Psychologist)
6. **Mr. Biju K. Jacob** (LD Clerk)
7. **Ms. Theres Maria Brusily** (D2 English) (Student Representative)
8. **Ms. Aiswarya P** (D2 Political Science) (Student Representative)
9. **Ms. Nayana Siby John** (D3 Economics) (Student Representative)



Bijuthomas
Dr. BIJU THOMAS
PRINCIPAL
BASELIUS COLLEGE
KOTTAYAM