

3.4.3 & 3.4.4

Extension and Outreach Programmes Conducted

by The Institution through NSS/ NCC/ Red

Cross/ YRC etc.





2020 - 2021



1. Ayalkkaranoruupahaaram, Bhoomikorusammanam

As the volunteers did several planting programs during lockdown, a new program was organized on **5/6/2020**, World Environment day. Volunteers gave saplings to their neighbours and thus created an awareness of the importance of the day. Students and teachers equally took part in this program and thus created a green vibe which made a strong bond in their neighbourhood. Over 78 participants involved in this programme.







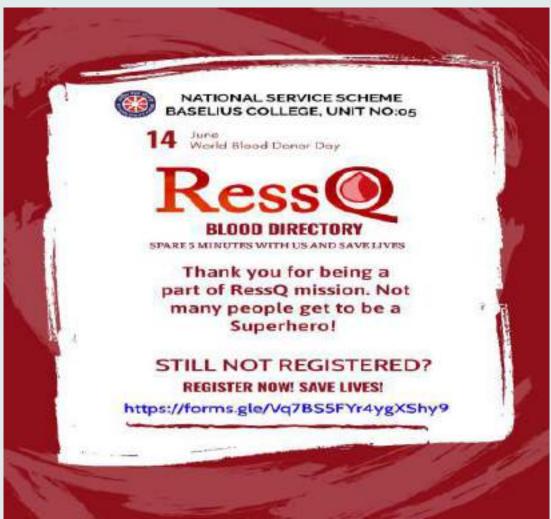






2.RESSQ A District Level Blood Directory

On 14/6/2020, RESSQ mission, a district level blood directory was started by the Red Ribbon Club of National Service Scheme upholding the importance of blood donation. As a part of this, a Google form where one can register for blood donation, was made by the team and circulated. Online campaigns were done as a part of this to encourage people for blood donation. The program had a huge success by registering 162 voluntary blood donors in just a day.







3. Tree Plantation : Movement on Environment Day

In association with the hashtag movement on Environment Day, #justiceforenvironment, cadets planted trees in their surroundings on 14th July 2020 and are being protected. Through this, our cadets are trying to convey that certain things like looking after our environment are meant for a particular day and follow up and cherish them lifelong for a better environment. In this program, 20 cadets planted trees.



4.Kargil Vijay Diwas

On Kargil Vijay Diwas (observed on July 26), our cadets prepared a tribute video for all those martyrs of Kargil War and also saluted the selfless contribution of all army men. Cultural programs and competitions were held for cadets online based on their companies (Alpha, Bravo, Charlie) into which 70 cadets are divided.

Instalink:

http://www.instagram.com/tv/CDGJgjPjQ1w/?igshid=xmpzdsw5nxes





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5.World Hepatitis Day

"Know it, confront it, and Beat it". On July 28th, World Hepatitis Day, The Red Ribbon Club of NSS organized a webinar about symptoms and treatments of hepatitis through Google Meet. The programme was in association with KIMS Hospital, Kottayam. The programme started with NSS Song. RRC Joint-Secretary ArdraRadhakrishnan hosted the session. RRC Joint-Secretary RohitPratap Nair welcomed the gathering. Prof. Ashley Thomas, NSS Programme Officer felicitated the session. Dr. Dominic Mathew (Anaesthesiologist, KIMS Hospital) lead the session. The session dealt with various types of hepatitis and their symptoms and treatments. There were 80 participants including students from outside the college. After the session, the participants asked their doubts and got it cleared. Volunteer Secretary Karthika S offered a vote of thanks speech and thus the programme ended with positive feedbacks from participants.







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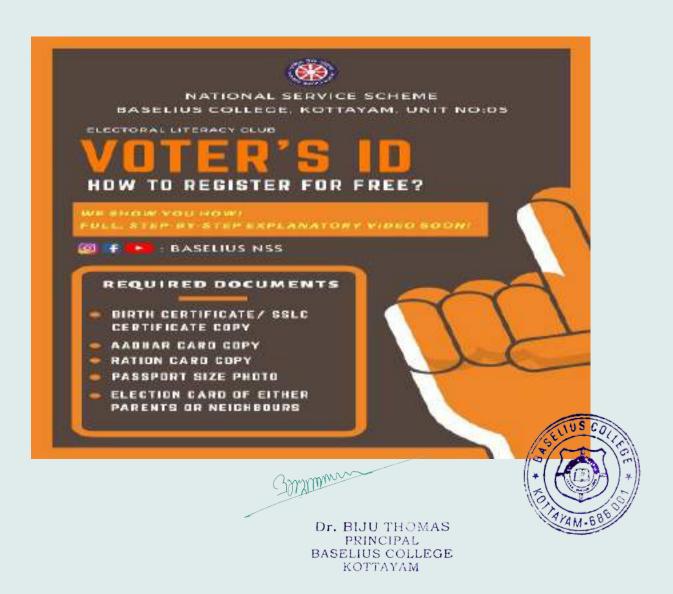
6.Voter's Id Registration- How to Do?

The Electoral Literacy Club is a platform to engage students through interesting activities and hands-on experience to sensitise them on their electoral rights and familiarise them with the electoral process of registration and voting. A 2-minute 'How to-do' video was created for Registration of voters ID with Mobile phone by the use of voters Helpline app and was released via Instagram on 13-8-2020. The entire process of registration was well defined throughout the video. The documents prescribed during the video presentation was an Age Proof(Birth certificate/SSLC certificate copy), Aadhar card, Ration card, a photo of the Applicant and a voters Id card number of any relative or a neighbour. 160 students participated.

Every one found the video useful and positive comments were received.

Video link:

https://www.instagram.com/tv/CECRIUQjbwS/?utm_source=ig_web_copy_link



7. Awareness on Blood Donation

As a part of MediWeek, NSS Unit along with Department of Zoology organised a session titled "Blood Donation during Covid-19" was held via Google Meeton 25th August. Since there was a lack of blood in most of the blood banks, the topic was very relevant. The session started with the NSS song by volunteer Rajasree R. RRC joint secretary RohitPratap Nair gave the welcome speech. Dr.Viju Kurian, programme officer, hosted the session and delivered the presidential address. Then the session was led by the chief guest, Dr.AparnaSreenivas (Consultant Pathologist & Blood bank medical Officer-in-Charge, Bharath Hospital). She talked about the what, why and how of blood donation and the importance of blood donation in Covid era. She reminded everyone that blood donation is one's responsibility and we should do it once in every three months. After that, RRC secretary AkshayPraseed offered the vote of thanks. Around 78 people attended the programme including parents and people who found this topic relevant. Programme officer Prof. Ashly Thomas also attended the programme. The session was anchored by ArdraRadhakrishnan, RRC Joint Secretary. The session started at 4:00 p.m. and ended at 5:00 p.m.

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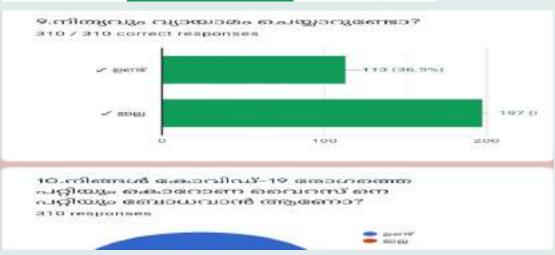


8. Survey on Health Matters during Covid Pandemic

On26/8/2020,the NSS Unit and students from all departments of the college, organised a Survey Programme in the form of a quiz was launched through social media platforms. The survey included questions which are relevant on current scenario, touching various fields like Fitness, Diet, and Sleep etc. The survey had over 300 responses in the first day. The data was collected for future need.







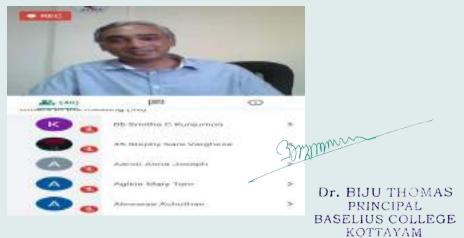
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9."Mental Health & Covid-19"

As a part of MediWeek, a session titled "Mental health & Covid-19" was held via Google Meet on 28th August, 2020. The session started with a NSS song by volunteer Rajasree R. RRC secretary AkshayPraseed did the welcome speech. Prof. Ashly Thomas, programme officer, hosted the session and delivered presidential address. Then the session was leaded by the chief guest, Dr.Jins Mathew (Clinical Psychologist, KIMSHEALTH Hospital). Dr.Jins shared his experiences in counselling and told few good tips to rule our mind in this period. Dr.Viju Kurian, did the feedback speech. After that, RRC joint-secretary RohitPratap Nair did the vote of thanks. Almost 50 people attended the programme including parents and people who found this topic relevant. The session was anchored by ArdraRadhakrishnan, RRC Joint Secretary. The session started at 4:00 p.m. and ended at 5:00 p.m.

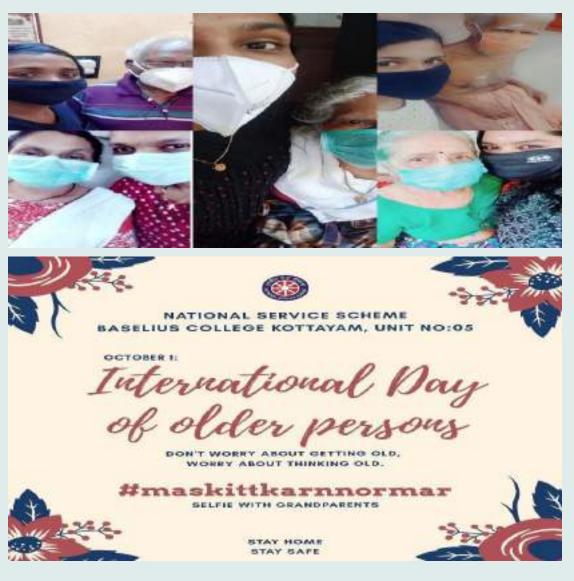


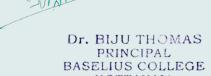




10.Maskittkarnnonmar (International day of older persons)

"Don't Worry About Getting Old, Worry About Thinking Old". On 1/10/2020, International day of older persons, a selfie challenge was introduced, titled #maskittkarnnormaar. The challenge in which, volunteers share their selfies with their grandparents wearing masks, highlighted the importance of wearing masks in this covid era. The challenge was spread throughout the college and students other than volunteers also participated. Around 50 students form part in this program.







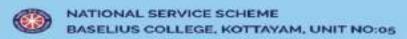
11.E-Waste Collection-Waste Management

Unlike Normal Waste, E-waste possesses more threat to our environment as they contain harmful chemicals. On Oct 2nd, an e-waste collection drive was launched and students collected e-wastes in their house as well as on their neighbourhood. The aim of this programme was to make the general public aware about the dangers of electronic waste. The collected e-wastes were decided to be disposed on college reopening. 45 volunteers participated in this program.



12.Poster Campaign—World Hand Washing Day

On 15/10/2020, World Hand Washing day, a poster was released explaining the knowhow of hand washing. The basic aim was tothe general public aware about the necessity of proper hand washing during this COVID-19 era. 40 volunteers participated.



INTERNATIONAL HANDWASHING

#StopTheSpread

Use soap and water for at least 20 seconds









ations: rubbing at left then clasped in right palm and vice vens.



dry thoroughly with a single use tower



apply enough issap to cover all hand surfaces.













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13.Poster Campaign—Electoral Literacy club

Electoral Literacy Club created a brochure on updating the news on the Panchayat Election registration on 27/10/2020. Constant follow ups helped students from our college and outside our college to include names in the voters list. We not only helped in name inclusion but also helped in transposition of their current position. 20 volunteers take initiative in this program.



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14. Awareness Programme on World Diabetes Day

Myth and fact about Diabetes was one of the successful programme conducted by NSS Unit of the college on 14/11/2020 so as to create awareness on diabetes mellitus. It was a great success. Students shared the video widely and got great applause from many students outside our college. Through this initiative, many students got an awareness about Diabetes. The video is created with the help of 78 students.

Video Link

https://www.instagram.com/tv/CHkKKhvDYoz/?igshid=1pv5ilfli2a60

15.Voters Id Registration

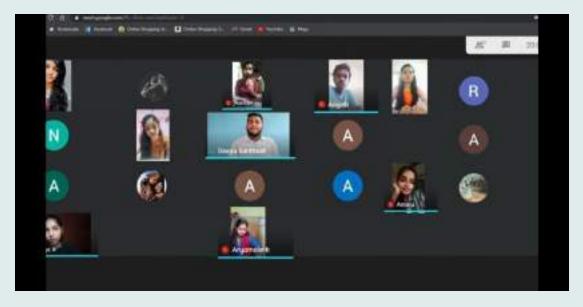
Our Electoral Literary Club of NSS and Students of Political Science Department was successful in registering over 100+ new voters from 1/12/2020 to 25/3/2021. The registration process was done in different phases. In the First phase around 100 new voters who lived in our neighbourhood were registered and in the second phase 15 new voters from our collegeregistered. Along with the new ID registration Correction and Transposition in voter's ID was also done.

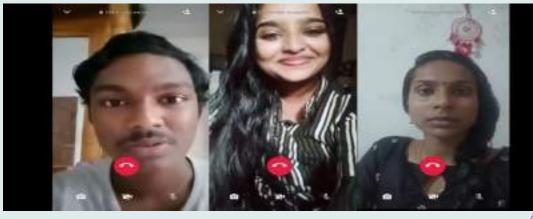


16. Face The Fear-As A Part Of AIDS Day Observation

As a part of AIDS Day observation, a short film was released by the team on 3/12/2020. The short film was entirely shot on online media platforms (Whats App & Google Meet), by strictly adhering to the protocols of Covid–19. The short film portrays the rise of a girl, who is accused and shunned by her college mates based on murmurs that she is carrying the disease and spreading it. The short film was released on Instagram and YouTube and it got a huge appreciation from several people including doctors from different hospitals. Around 20 volunteers take initiative.

The link of the short film: https://youtu.be/XMX9QsNhS3Q





17. Election Safety Guidelines during the Covid19

Guidelines for conducting the local body election during the COVID 19, was informed through a Brochure on **9/12/2020**. This Brochure conveyed the things to be noticed during the election such as keeping ourselves safe by wearing mask and not removing our mask until we are asked too and carrying necessary items such as a pen, identity or voters card etc.

This brochure was circulated through *Whatsapp* and *Instagram*. This brochure was helpful in clearing the confusion during the election period and providing the required guidelines. 50 students participated.



18.Indian Army Day

15th January is celebrated as Indian Army Day. As a part of the celebration, our cadets visited 16(k)bn and presented a bouquet to CO and sweets to all staff as a token of our respect to the Indian Army and all the officers in Indian defence who all are sacrificing everything for us and our motherland. It helped the cadets to indicate a feeling of patriotism and honour to the Indian Army. 25 cadets take part in this program.

19. Raise Awareness -- Traffic Awareness Programme

On Republic Day (26/1/2021), a traffic awareness programme was conducted in association with Enforcement Wing of Motor vehicle department at Erayilkadav-Manippuzha bypass road. The main theme of the programme was to raise awareness about road safety in this time. Volunteers gifted sweets to those who obeyed all traffic laws. And for those who did not, they gave awareness about the need to follow traffic rules. Assistant Motor Vehicle inspector Harikrishnan inaugurated the function and interacted with the volunteers. The whole programme was conducted by strictly adhering Covid protocols and 60 participants take part in this awareness program.



20.Blood Donation Camp

Despite the tightening of Covid-19 restrictions, Baselius College NSS became a role model by conducting blood donation camp on 3/2/2021. The blood donation camp was jointly organized by Kottayam General pospital and Baselius NSS Unit. The blood donation camp was organized without compromising in the Covid norms. The camp received the full cooperation of the students and residents of Kottayam. The presence of College Principal,

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Dr. Biju Thomas, Vice Principal, Jyothimol P, Program Officers Dr.Viju Kurian Prof. Ashley Thomas made the camp excellent. Under the leadership of Dr.Swapna Paul, this blood donation camp, which was considered impossible, was implemented. Around 50 students attended this program.



21. Observed Cancer Day-With Street Play

The Baselius College National Service Scheme took initiative to spread the message of survival from cancer through changing the lifestyles and drug use on 4/02/2021 (Cancer Day). A street drama in connection with Cancer Day was conducted. 25 students took initiative in this program.

Borrows

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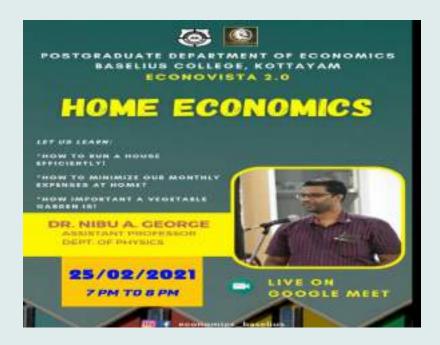
22. Nava Keralam-Chief Minister @ Campus

Our Cadets were designated as volunteers for the 'Nava Keralam CM @Campus' program initiated by the Kerala government held at MG University campus on 08/02/2021. 9cadets did a commendable job for the smooth functioning of the program.



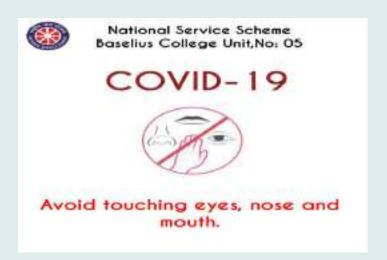
23. A Class on 'Home Economics'

An awareness class on household management and Home-based entrepreneurship was arranged for the parents of the students of Economics. A webinar was conducted, as an extension programme on the topic "Home Economics" with the participation of students together with family on February 25th 2021 at 7pm. The class was lead by Dr.Nibu A. George, Assistant Professor, Department of Physics, Baselius College, Kottayam. It discussed several matters like running one's house efficiently, minimizing one's monthly expenses at home and the importance of having one's own vegetable garden and getting trained in other household crafts. 150 participants attended the programme.



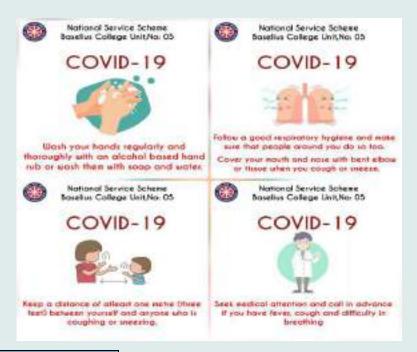
24. Poster Campaign about Self -Hygiene during Covid 19

As part of the first steps towards spreading awareness about the importance of prevention, a poster campaign was initiated online to enlighten students about the importance in maintaining self-hygiene on 10/3/2021. Simple but rather effective posters were released and shared among students and the general public through various social media. 30 volunteers participated.





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25.The Vote Song

Two Officials from Kottayamtaluk visited our college as part of the Election awareness program on 10/3/2021. The aim of the program was to teach the students a song which showed the importance of every vote. There were 60 students, out of which 10 students were from other colleges. The Program was held at KottayamCollectorate.







26. Flash mob – No Smoking Day

Anti Narcotics Cell of Baselius College National Service Scheme organized a flashmob on 12/3/2021 in association with "No smoking day". Flashmob was conducted to make people aware of the impacts of smoking in our daily life. Kottayam district Excise Inspector, AmalRajan shared his gratitude of being a part of this initiative against smoking. Other officers from excise department also responded positively about this . Baselius college principal Dr. Biju Thomas appreciated all NSS volunteers for organising the flashmob. Baselius college National Service Scheme programme officers Dr. Viju Kurian and Prof Ashly Thomas shared their opinions about this awareness through flashmob. Anti Narcotics Cell head, Anjali A Nair remarked that one burning cigarette not only affects a single life but affects the life of many people around us. NSS volunteer Asnamol Shine, thanked everyone for joining with our initiative against smoking. This effort by Baselius NSS unit against smoking has proven very effective. 25 students were participated.



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മാത്യൂസ് കോടെപ്പിസ്കോപ്പ കാ വുമംൽ, ഫാ.വിജി കുടാള് എന്നി വർക്കു യാത്രയയപ്പ് നൽകി. വൈസ് പ്രസിഡന്റായി കുര്യാ കോസ് കോറെപ്പിസ്കോപ്പ മണ ലേൽചിറ ചുമതലയോറ്റു. CONSCIONAL PROPERTY. CA. 153400 ഫ്ലാഷ് മോബ് കാളയം 🗢 പുകയില വിരുദ്ധ തി നാരത്താടനുബനധിച്ച് ബരസമിയ സ് കോളജ് നാഷനൽ സർവീസ് സ്കീം പ്ലാഷ് മോബ് അവതരിപ്പി ചു. പ്രിൻസിപ്പൽ ഡോ.ബിജു cos. താമസ് യോഗത്തിൽ അധ CECNIC രഷത വഹിച്ചു. എക്സൈസ് ജാൻ സ്പെക്ടർ അമൽരാജ് സങ്ങേ cro നാൽക്കി. സോവവിജു കുതൃൻ പ്രഹം. ആഷ്ലി തോമസ് എ വർ പ്രസംഗിച്ചു. വൊളന്റിയ സെക്രട്ടറിമാരായ അർജുൻ അന ളി, ദേവിക പി.ദീപക് എന്നിവ നേതുതാം നൽകി. ഇന്നത്തെ പരിപ

27. SVEEP - Flash mob and Election Awareness Campaign

Electoral Literacy Club and SVEEP 2021 organized a pre-election flash mob in ArpukkaraPanchayat on 17/3/2021. Volunteers interacted with the public with an aim of creating awareness about the need to vote. People of all age groups were part of this campaign. This campaign focused on attaining 100% literacy and voting.

ArpookkaraGramaPanchayat President, RosleyThomichan and Panchayat Standing Committee Chairperson Deepa conveyed their greetings. Principal, Dr.Biju Thomas, NSS Program Officers, Viju Kurian and Prof. Ashley Thomas provided all the assistance needed for the same. Around 35 volunteers take part in this initiative.







28. Kuttikit—Food Kit For Children

Under the auspices of Baselius College, National Service Scheme, Kuttikit were distributed in the houses on 17/3/2021, under ArpookaraGramaPanchayat. The project, which was started with the aim of focusing on the health and well-being of children, distributed kits to homes with children under the age of five and to Anganwadis in the In view of the fact that malnutrition is becoming a challenge, Principal Dr.Biju Thomas inaugurated the function were, Dr.Viju Kurian, Prof. Ashly Thomas greetedVolunteer Secretaries Arjun Ambili, Akhit Santosh, Karthika S and Devika P Deepak led the program which followed the code of covid protocol. Number of participants involved is 40.







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29. Kudineer—World Water Day

Bhoomitrasena, one of the wings of National Service Scheme of Baselius College observed World Water Day on 22/3/2021 in which the volunteers provided drinking water to the police officers who were controlling traffic in the harsh hot climate. Considering their struggle for our society in this hard situation, our volunteers decided to provide them simple hands of relief with these bottles of water. We provided bottles of water to the police officers across different streets of Kottayam. Number of participants in this program is 12.



30. Railway Station Cleaning

The Kottayam railway station area was cleaned by the volunteers on 24/3/2021, under the auspices of college National Services Scheme. With the help of the manager Babu Thomas, the project, which aims to focus on health and well being, was attended by 20 volunteers who met the Covid standards. Even during this Covid period, the cleaning program successfully completed with the attitude that the activities of will not be diminished at all

Volunteers secretaries Arjun Ambily and Devika. P. Deepak were present on the occasion and led the way. Number of participants is 30.





31. Electoral Literacy QnA With Public

A QnA event was conducted by Electoral literacy Club at Nagambadam Bus Stand, on 24/3/2021 and was led by SVEEP representatives. The Program was conducted in such a way that the volunteers ask various questions to random people and if the answers were right they were given a Mask. This program checked how much the general public is aware of the election process. Volunteers from other colleges also accompanied the program. Number of participants is 15.



32. Tuberculosis Awareness

Baselius College National Service Scheme, Southern Railway and Kottayam TB Center jointly organized the National Tuberculosis Day on 24/03/2021. Dr. Sebastian Thomas of Kottayam TB Center conducted a tuberculosis awareness class at the Kottayam Railway Station. The function was presided over by Chief Health Inspector, PratapSatya, Dr. Twinkle and Station Manager; Sabu Thomas NSS Program Officer Dr. Viju Kurian spoke on the occasion. Number of participants is 30.

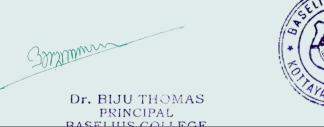






33. Charity – Visit to Shanti Bhavan

Students of Department of Commerce visited ShantiBhavan on 25/3/2021,to donate the amount they collected towards charity. They provided essentials worth rupees 8000. Due to the pandemic only 8 representatives could join in to personally handover the same.



KOTTAYAM



34. Documentary on Importance of Voting

part in this program.

A Documentary which focused on communicating the importance of vote was prepared by Electoral literacy Club on 26/3/2021. The general public were interviewed by the volunteers to know about their understanding on the election and vote process. The documentary adopted a cross between an interactive approach and an explanatory approach so that elements from each approach are used to clearly demonstrate the meaning and purpose behind their vote. The opinion and answers were unbiased and was not at any influence. 15 participants their



35. Bike Rally--SVEEP

NSS Volunteers from our college participated in a Bike Rally initiated by SVEEP on 27/3/2021. The flag was hoisted by Kottayam Collector Smt. M Anjana IAS. The Rally started from Kottayam Collectorate and concluded at Nagampadom. The purpose of the rally was to spread awareness about the upcoming election and also about spread 100% Voting literacy. 10 members from our college participate in this program.





36. Poster Campaign II

Since people tend to get bored during the lockdown days, several posters were released and shared on 27/3/2021. The posters were about how to effectively utilize their free time during these daysof lockdown and beat boredom. The posters were minimalistic but contained powerful messages and were shared through various social media. 10 students actively participated in the campaign.



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37. Poster Election Awareness

As part of the Election awareness programs, posters were hung on public places and at the nearest Election Booth on 28/3/2021. The posters highlighted the important documents to be carried by the voters while going to the Election booths on Election Day. 4 volunteers participated in this program.





38. Jaivakom-Adukkalathottam

A new venture "Jaivakom" was introduced on 4/4/2021. As a part of this, Organic farming was done by the volunteers at their own homes and premises. Volunteers effectively utilized lockdown days for the gardening and shared their progress. The program itself created a huge impact for other people and learned its importance. Around 90 participants of NSS Unit and members of Nature Club involved in this program.







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39. Election Duty

20 Cadets were deployed for election duty to support the district administration to manage the officials at the distribution centre of Polling materials, MD Seminary HSS Kottayam, on 05/04/2021 to welcome the polling officers and on 06/04/2021 to ensure the welfare of polling personal and help crowd control.

IK	NAME	DEPARTMENT	
	ABHINAV VINOD	ENGLISH	
	AJIN EAPEN ABRAHAM	MALAYALAM	
	AKASH KRISHNAN	PHYSICS	
	AKSHAY K SUNIL	ENGLISH	
	ANAND SHANKAR		
	ANSAL S	CHEMISTRY	
	ARVIND K	CHEMISTRY	
	ASHISH EAPEN EASO	ENGLISH	
	ASHKAR C RAZAK	CHEMISTRY	
	BHAGATH S NAIR	PHYSICS	
	CARISON BINOY	ENGLISH	
	DONY RAJU	POLITICS	
	MUHAMMED RIZWAN	POLITICS	
	GINO BINU	BCOM(SF)	
	GODSON D FERNANDEZ	MATHS	
	PRANAV GOVINDAN	(00)	
	PRAVEGE P M	BOTANY	
	RUYIS K RENJITH	BCOM(SF)	
	ARJUN SANTHOSH	(09)	
	JAYAS OORYA VIJAYAN	(09)	

40. AthmanirbharBharat

To make India self-reliable, the honourable Prime Minister of India put forward the concept of AthmaNirbhar Bharat. To spread this concept among people, our cadets did online campaigns and awareness programs throughout August 2020. Around 85 cadets of NCC Unit and students of Commerce Department participated in this online awareness campaign. They spoke about working towards a self-reliant nation and the contributions each citizen can make to it.

http://www.instagram.com/tv/CEV6iNODjKr/?igshid=1vssaOeh6jha0

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41. Re-Build Kerala Project Biodiversity Survey

Re-build Kerala project biodiversity survey was conducted by the Biodiversity Boardas part

of the Rebuild Kerala Project. 40 cadets of NCC Unit together with Department of Botany

were called to collect surveys from plant nurseries and Ayurvedic shops. The details collected

were added to ODK, an app, and excel sheets were prepared with the data collected and

handed over to the respectiveauthority.

42. War Memorial Cleaning

Our cadets took part in cleaning and maintaining the war memorial at Kottayam Collectorate,

which contains names of 03 officers, 02 jCOs, and 33 martyrs including 01 PVC

from Kottayam district who have made the supreme sacrifice in the highest traditions of the

armed forces of the country. The program was jointly conducted by NCC cadets of

both Baselius college and MD seminary school under 16 (k) bn. as a tribute. Over 25

participants from our college joined in this event.

43. SwachhBharathPakhwada

As part of SwachhBharathPakhwada, our unit has been indulging in various cleaning

activities for the past few years. This year too our cadets cleaned their home and its premises

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following all Covid protocols. 20 cadets took part on this program.

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SELLIUS COLLEGE *



44. Charity - (Kaithangu)

Students of MGOCSM provided food to inmates of SajeevanamRehabitation centre, at Koroopada, Pampady every second and fourth Sunday.

Sl.No	Date	Sponsors
1	12-10-2020	MGOCSM Committee members
2.	25-10-2020	Dr. Linju Ann Jacob
3.	08-10-2020	Dr. SheejaKuriakose (Dept of Politics)
4	12/10/2020	MGOCSM Committee Members
5	25/10/2020	Dr. Linju Ann Jocob (MGOCSM Vice President)
6	08/11/2020	Dr. SheejaKuriakose (Dept. of Politics)
7	29/11/2020	Dr. Jyothimol (HOD, Dept. of English)
8	06/12/2020	Jensa Mariam Geogi (MGOCSM Joint Secretary)
9	27/12/2020	Dr. Linju Ann Jacob (MGOCSM Vice President)
10	03/01/2021	Prof. Jeejamol P. M. (Dept. of Economics)
11	15/01/2021	Dr.Shaju M.J. (HOD, Dept. of Economics
12	31/01/2021	MGOCSM Committee Members

13	07/02/2021	Dr.Sajish P R. (Dept. of Botany)	
		Dr. Rejitha V (Dept of Zoology)	
14	28/02/2021	Dr. Manoj Narayanan (HOD, Dept of Commerce)	
15	07/03/2021	Well Wisher	







2019 - 2020



1. Awareness Programme on Environment Day

An Awareness Program on Environment day was conducted at Government U.P School, Ericadu by D3 students of Physics Department on 20th June2019. 4 students participated in this programme.







2.Blood Donation Camp

On 17-7-2019, Blood donation drive, a completely green life saver initiative was organized by the NSS Unit along with Red Ribbon Club in association with Medical College, Kottayam highlighted with leaf banners and awareness posters. 65 units of blood were collected out of a total of 155 registered students, teachers and non- teaching staff. The camp was mainly organized to enrich women participation in blood donation. It was a big step to make youth aware that blood donation is the way to stay healthy.



3.Litter Free City Phase 1

Understanding the increasing consumption and improper disposal of plastics and other wastes, a survey was conducted on 20/07/2019,taking 100 households and firms as samples. The volunteers were divided intoteams of five and were sent tovarious parts of Kottayam to collect the data regarding the problems of waste management. The problems faced by the city households'were understood and the plastic collection initiative was communicated to let them segregate variouskinds of waste materials. 20 students participated inthis programme

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4.Litter Free City Phase II

Awareness and Leaflet Distribution

On 22-7-2019, after a clear understanding of the problems faced by the residents, leaflets explaining the methods of disposal of wastes and the best way to utilize wastewere distributed. This was done with an aim to make people aware that waste doesn't mean the end, but it could be the foundation for a new change. It was done in cooperation with Suchitwa Mission Kottayam to rebuild the lost beauty of cities. 20 students participated in this programme.





5. Wealth Out Of Waste

On 23-07-2019, Volunteers were trained to make pouches out of waste clothes thrown out after stitching or old clothes. It was an initiative to utilize thrown out things usefully to light up someone's life. The pouches made would be gifted to the children of Government UPS Thiruvarppu--the school in our adopted village. It was a different experience, as a life skill was taught which made volunteers to boost their minds to manage resources efficiently or usefully. 25students participated in this programme





6.Green Campus Clean Campus

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NSS Volunteers cleaned the school campus to ensure Green and Clean campus on 28-7-2019 and on 12-09-2019. Our volunteers divided themselves into subgroups and went to different corners of the college and organized a cleanliness drive. Students cleaned the pathways removed heaps and cleared litters. The objective of this was not just to clean, but

to feel the real happiness living within that environment. 60 students participated in this programme.







7.Street Play

Street Play was performed on 27-08-2019 in association with KIMS hospital. Life-saving techniques like CPR were demonstrated for public awareness at Nagambadom, Puthupally and Thirunakkara. 30 students participated in this programme.





8.Flood Relief Activities

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The college opened a collection centre at College campus from 9th to 12th August 2019 to help the victims. The college level collection centre was later turned to University Level NSS Collection Centre on 14thAugust 2019 that remained opened round the clock. The materials collected from various places were then handed over to the District Administration so as to reach the needful.63 students of NSS and various departments participated in this programme.







9. Distribution of cleaning lotion for flood victims

On 12-08-2019, more than 300 bottles of cleaning lotion made by the volunteers were handed over to the flood victims. 30 students of NSS Unit and along with ED Club participated in this programme.



10.Flood Relief Activity

On 12-08-2019'Snehapoorvan Sahodarangalkku' - a helping hand was extended to flood victims of Kuttanadu for their revival. 25 students of NSS Unit and students of Commerce Department participated in this programme.

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11.Flood Relief Activities

On 12-08-2019, a vehicle full of necessary materials were carried to flood victims of Wayanadu by NSS volunteers to extend support to the affected people.60students of NSS Unit and various departments participated in this programme.



12.Plant A Life

A new initiative VeetiloruMaram" was launched on 07/09/2019 in our adopted village Arpookara where a tree was planted in each house by the volunteers themselves." VeettiloruKariveppu" was also a part of this, where curry leaves were planted in the needed houses. The initiative gained much importance as the trees planted reflected the love and concern, we had for villagers. 95 students of NSS Unit along with Nature Club participated inthis programme



13. Socio-economic Survey

On 07/09/2019,a Socio-economic survey to collect socio-economic data of 15th ward of Arppokkara Village in relation to waste management and possible suggestions were given.10 students of NSS and students of Economics Department participated in this programme



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14.Herbal Garden

On 08/09/2019 an herbal garden was created at Karipputhattu GovernmentHigh School with the aim of popularizing the usefulness and need to conserve the commonly used and locally available medicinal plants. The plants were planted in containers recycled by the volunteers. They also created nametags for every plant and hung them on each of them.

60 students of National Service Scheme along with the members of Nature Club participated in this programme





15.Friendly Football Match

On 09-09-2019, Friendly football match was conducted with an aim of promoting drug free village initiative. 15 students participated in this programme with youngsters of Arpookara.

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16.Self Defence Class

Suraksha life-skill training for self defense was given to villagers on 10/09/2019. 6 students participated in this programme



17. Suvarnalipi Camp Magazine

On 10-09-2019, 'Computer il ninnum Kayyaksharathilekku- Suvarnalipi Camp Magazine' was released. The magazine shows the culture, tradition, heritage and other socio-economic data of the Arppokkara village as a contribution to the upcoming generation of the village.95 students participated in this programme.





18.Litter Free City Phase III

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Collected plastic bottles from village and converted it to flower pots with plants and gifted them back to the villagers on 10-09-2019. 95 studentsof NSS Unit and students of English Department participated in this programme.



19. Canal Cleaning

On 10-09-2019 asapartofValicheriyalMukthaGramam,acanal cleaning was initiated by the volunteers in the adopted village to restore the canal which was in a disgusting state with plastic covers and other wastes. It was a step to make the village litter free and flood free by cleaning the source forwater to flow freely during heavyrain. Enthusiastic volunteers together with active villagers of Arpokarahelped to clean over 300 most the canal, giving it are birth. 95 students of NSS Unit and students of Political Science Department participated in this programme.





20.Litter Free City Phase IV

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As a part of the National Cleanliness drive Swatch Bharat Abhiyan, volunteersinitiated cleaning tasks in and around Railway Station, Kottayamon 17-09-2019. A rally was organized from the college to the Railway station where volunteers passed on green messages with placards made by them and with ear popping slogans and lines. Highlighting the importance of Litter Free City, bins were placed in the required

positions. It was an initiative in association with Indian Railway and was a real fight to bring back the lost beauty of the station. 40 students participated in this programme.





21. Short Documentary Punarjani

A documentary was launched on 24-09-2019 to make people aware about environment protection. 20 students participated in this programme



22.Litter Free City Phase V

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On 3rd October2019after the survey, a detailed analysis was carried out and conclusions were drawn on the most used and littered item – Plastic Bottles. Seeing the thrown away bottles on road sides and streams, plastic bottle collection was initiated in Ward No:11 to reuse if possible and give thereafter for recycling. 30 students participated in the programme.







23.Gandhiji@150-Tree Planting

On 2nd October, as a part of the 150th birth anniversary of Gandhi, students decided to plant 150 trees. The initiative was inaugurated by Dr. Biju Thomas (Principal, Baselius College, Kottayam)in the memory of Dr.P.C. Alias (Former Principal of Baselius College, Kottayam) at the campus. Moreover, 50 saplings were planted on the roadsides of Eerayil Kadavu. 12 Students participated in the programme.





24.Gandhiji @ 150 Trees Planting After Cleaning

Borrows

The planting of 150 trees was completed and on the 150thbirth anniversary of Gandhi, 50 trees were planted after cleaning the roadsides at Cement Kavala on 4-10-2019. It was done in association with Haritha Kerala Mission. 15students participated in this programme.



25. Charity-Visit to Madonna Jyothis School of mentally challenged

As a part of the non academic extension programme, the student representatives and faculty of commerce and management department visited Madonna Jyothis School of mentally challenged in Puthupallyon 4/10/2019. 10 members participated.







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26.Health Camp

A health camp was conducted for differently abled to provide necessary equipment in association with district administration on 25th November 2019in association with the District AdministrationatMammenMappillaiHall.Volunteers lend their helping hands to assist the needy and spent their time fruitfully with thepeople who are in need of service. It was also the time for them to understand the difficultiesfacedbythedifferently-abled.Therewereover230beneficiariesfor the camp. 8 students participated in this programme.



27. Socio Economic Survey - I

A survey was conducted among the villager's and the data was provided to the local authorities for the good of the villager's at Athirampuzhaon 03-12-2019. 20 students participated in this programme.



28.Litter Free Kottayam

This is a green drive initiated to reduce the level of plastic consumption and to promote eco-friendly products which are not too harmful for the nature. Paper bags made could replace covers and paper pens could be the solution to improper treatment of plastic pens. It was a mission to utilize time wisely to improve our life in a betterway. It was initiated on 04-01-2020. 15 students participated in this programme





29.State Level Seminar and Workshop

A State Level Seminar and Workshop "PUNARJANI" was organized in the college in associationwithHarithaKeralamMissionon18-01-

2020.Punarjanigreeninitiativehighlightingthetheme envisioned by the University"LitterFreeCampus,Village,City".

The seminar was organized by Haritha Keralam Mission. The District Coordinator, Dr.

Ramesh P. spoke on 'The Role of Public in SegregatedWaste Management'. It was followed by a workshop which showcased various alternative ways for reusing the materials that we throw away after use. Workshop was led by volunteers who passed on know-how on creating wealth out of waste. An example for this isChengathicheppu cloth pouch making, paper pen making and life jackets from plastic bottles. An expo was also arranged where the crafts made by the volunteers were showcased to invoke ideas in the minds of other volunteers. There were 150participants from various districts and the programme came to an end with the felicitation ceremonywhere the District Coordinator of Suchitwa Mission, Shri.Philip Joseph rendered the green message.Ms.Sany Mary Benjamin, NSS Programme officer gave the welcome speech, Anagha Anil did the facilitation and Sabin Mani expressed gratitude.

30.Awareness on Fuel Efficient Method of Driving

On 23rd January 2020, the auto drivers of the town were given awareness on fuel efficient method of driving. 15 students participated in this programme







31.Graffiti –Wall Painting

Art splash is a green initiative that was born in the hearts of a few volunteers forspreadingawarenessagainsttheuseofsingleuse plastics. National ServiceSchemeofBaselius College, Kottayam, District Collectorate Kottayam, VisualArtist Kaial Deth Haritha Keralam Mission Kottayam Suchitwa Mission Kottayam and

Rotary Club of Kottayam Southern started a Graffitiar ton the walls of Railway OverBridge, Kanjikuzhy focusingonthethemeOceanPollution.It was aimed at giving awareness about the need to preserve our oceans from pollution especially from pollutants like plastic cans, bottles, covers and more. It was an entirely different experience for the students as they contributed their signature to the city of Murals. It was done in two stages. The first stage was all about creating the sketch, drawing outlines and adding colour to selected pictures. It was from 25thto 28th January 2020 and the second stage opened by 8th February giving focus fully designed sketches, innovations, completion, andotherartisticworksandlastedtill10thFebruary2020. 40students participated programme.

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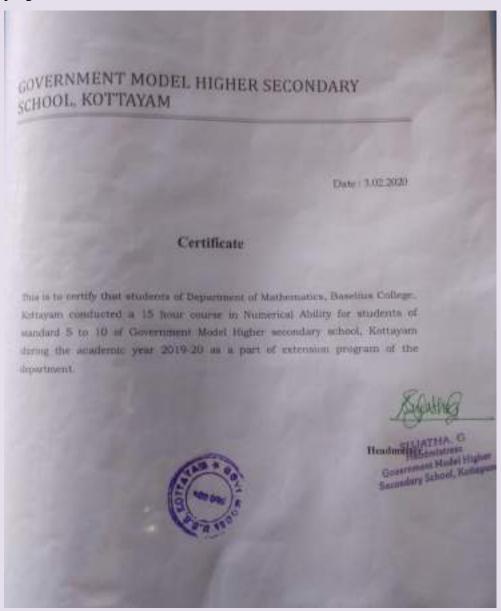




32. Special Training For School Children

On 03/02/2020,a programmeon numerical ability was conducted by the students of the Department of Mathematics, Baselius College, Kottayam for the students of standards 5th, 6th, 7th, 8th and 9th of Govt. Model Higher Secondary school.9 students participated in this

programme.



33.MEDICAL CAMP

Medical Camp was organised at Arppokkara Village on 08-02-2020 in association with Medical college, Kottayam. Medicines of various ailments were distributed free of cost. The camp was led by Dr.Bilix Vinayak P.J. from 10am to 1pm. 20students participated in this programme

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34.Unnath Bharat Abiyan- NCC

As part of surveys conducted by the central Government, for upbringing the local areas and citizens livelihood, our cadets visited the houses of VijayapuramPanchayath and collected the details as per the UnnathBharath survey. The survey was held on three days, 6,7and 8 March 2020. Cadets were divided into three groups and were sent along with seniors. The collected data were uploaded to the Central Government site of UnathBharath Abhiyan.

21 NCC cadets participated in the programme.



35.Plant A Seed

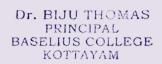
On 4-04-2020, 'Jaivakom', a green initiative was conceived and implemented during the lock down period. As a part of this, organic farming was done by the volunteers at their own homes and premises. Students effectively utilized the lockdown days for gardening and shared their progress. 30students participated in this programme



36.Plant a Life II

In association with Expectation Walkers NGO, 'Planta life!' challenge was started with aim of planting at least 1000 plants before 5-04-2020, World Environmental Day. People who participated in this program challenged their friends to join this venture and thus the challenge went viral. The unit planted 100+plants in a week. By cocoordinating with other units, we crossed the border of 1200+plants in just 14 days. 80 students participated in this programme.











37.COVID Duty-NCC

As part of maintaining COVID -19 safety our 5 cadets were deployed on duty under the Kottayam district collector based on EX -NCC Yogdan under 16 {k} Bn. SUO Arjun Gopakumar, UO Athul Varkey Eapen, CSM Amarnath M P, SGT Muhammed Hariz and SGT Pranav P Pradeep gone to various places along with collectorate officers and took a survey from interstate workers for providing an Anti COVID-19 response, to help Civil administration during the lockdown period, from 17 to 20 April 2020, successfully contributed their service to the nation.

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38. Nurse's Day Celebration

To remember the bravery of nurses who are still risking their lives for the welfare of victims of the virus and the general populace, wishes written in cards and sweets for the nurses were given to nurse's superintendent on 12/5/2020. The program was done by strictly following the rules and regulations of the lockdown period. 20 students participated.



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39.Legal awareness classes of RTI, Sexual abuse and Social media on Youth

Legal Awareness Classes meant for Secondary/Higher Secondary students were conducted on 2 September 2019, 10th Dec 2019, 15th January 2020, 16th January 2020 and 22nd January 2020. 25students lead by Mirash Kurian and Nandana delivered awareness about Right to Information Act, Legal Measures Against Sexual Abuse and Impact of Social Medias on Youth to the Students of G H.S.S Karappuzha, Holy Family HSS Vadavathoor, Model HSS Kottayam and CMS HSS Vadavathoor.





40.Pothichor Distribution

Pothichoru is an initiative to provide free meal packets to the needy in Thirunakkara Maidanam, Nagambadam and various parts of the town so as to ensure a Hunger Free City. 400 students of NSS and various departments participated in the programme.

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Borrows





41.One Day Meal Donation

Students and teachers of the Department visited and donated One Day Meal at Navajeevan in Trust, Arppokkara on 7/9/2019. 50 students participated



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2018 - 2019



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1. Bhoomitrasena

'Bhoomitrasena', a dream initiative of the National Service Scheme Unit was launched on 5th June, 2018 as part of the 'Green Campus Clean Campus Project'. The aim of this initiative is to sustain the green wealth of our land by the proper interventions through our volunteers. Bhoomitrasena volunteers were able to distribute 3200 saplings during the year 2018-19.64 students of NSS and other Departments had participated in the programme.



2. Sapling Distribution

The Environment Day programmes were inaugurated by the Principal,Dr.Jancey Thomas on 05/06/2018 by planting a sapling in the college courtyard. The volunteers took an oath pledging to undertake initiatives propelled towards sustainable development and abstaining from activities that lead toenvironmental degradation. A stall was set up in the college where saplings were distributed freely. The saplings were bought from Vaikkom Nursery, Kerala Forest Department. 927 saplings were distributed at Paythrikam Residency, Pampady as part of the programme. 114 students of Zoology and Botany departments and NSS Unit had participated in the programme.





3. Puthuppallyk Oru Puthu Namb

The National Service Scheme Unit, Baselius College has conducted a programme named Puthuppallyk Oru Puthunamb on 09/06/2018 in Puthupally. The unit distributed about 1000 saplings in Puthupally Panchayat. The programme was conducted at Government Boys High School, Puthupally, in coordination with the Kudumbasree units of the Panchayat. The programme was inaugurated by Nibu John, Panchayat President, by handing over the saplings to the Kudumbasree members. 82 students had participated in the programme.



Distributing Supungs at Puthupally Panchayat area

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4. Drug Awareness Rally

On 26/06/2018, as part of Anti-Narcotics Day, a rally starting from Baselius College to Nagampadam bus stand was coordinated by the NSS unit in association with Vimukthi, Excise Division Kottayam, Mount Carmel School and CMS College.Sri.

Thirtyonchoor Padhakrishnan MLA flagged off the rally in the presence of Baselius College.

ThiruvanchoorRadhakrishnanMLA flagged off the rally in the presence of Baselius College Principal, Dr.Jancey Thomas and Head of Physical education Department Dr. Biju Thomas. The rally was led by Captain Murali Kumar. An oath against the use of drugs was taken at Nagampadam in the presence of Dr. Abu Joseph and MrAbdul Salim, Excise Department.45 students participated in the rally.



5. Swanthanam - Visit to differently abled school

Students of Commerce and Management Department were part of a venture for the benefit of the mentally challenged children. They visited the Jyothis school on 29/06/2018. They pooled financial resources and contributed for the welfare of the children at Jyothis School- a school exclusively for mentally challenged children. The whole contingent spent time with the children and participated in the activities performed. 9 students participated in the programme





6. Kaithangu-Flood relief activity

'Kaithangu' was organized by the National Service Scheme to help flood victims of Kuttanadu and Kumarakom during 26/07/2018 to 4/8/2018.600students participated in the activity.



7. Expo on Nutrition Awareness

A nutrition expo was organised by the Department of Zoology in association with the Department of Botany, as per the order of the Department of Health, Government of Kerala, on 3/8/2018. The expo was mainly focused on the nutrition that the foods we eat in our everyday life provide us. It also aimed at the ill effects of Junk food as well as the balanced diet and its importance. The expo was inaugurated at 11.30 am by our respected principal planted Thomas. 180 students participated in the program.

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KOTTAYAM





8. Health Camp

A health camp was conducted by Zoology Association along with District Hospital, Kottayam on 14/08/2018. Ms. Mini, the Dietician, inaugurated the camp with a brief awareness class on the importance of nutrition. It was followed by health check-ups and eye testing. The healthcheckup reports of each beneficiary were then analysed and suggestions based on the report were given by the dietician to follow a healthy diet. Eye testing was co-ordinated by Ms. Sreekala, the optometrist. 250 individuals, including students, teaching staff and non-teaching staff benefited from the Medical camp. The camp which started at 10.30 a.m. and winded up at 3 p.m. was found to be a grand success.





9. Blood Donation Camp

A blood donation camp was conducted on 16/08/2018 in the college in association with Pur

Unit of District Hospital Kottayam and Red Ribbon Club. Dr LintoLaserHead of PP Unit was the resource person. Eighty-three studentsdonated blood on that day.



10.Flood Relief Activities

A helping hand for the flood victims was provided by National Service Scheme unit, Baselius College in association with District Administration Kottayam from 17/08/2018 to 21/08/2018. CollegeAuditorium has severed as the collection centre for flood relief supplies. Students and teachers collected the materials, sortedthem and also did the loading and unloading of these. They helped authorities to distribute the supplies. The infrastructure of the college was shared with the district authorities to mobilize help for the flood victims. 60 students had contributed towards the initiative.



11.Flood Relief Activity

About 200 bottles of cleaning lotions were prepared by the NSS volunteers under the guidane Asst. Prof. Kiran Philip of Physics Department at the college on 25/08/2018 to 26/08/2018 were distributed to many of the above mentioned camps, 60 students participated in the program



12.Flood Relief Activity

Cleaning, chlorination and survey on health & cleanliness in the flood affected regions such as Thiruvathukkal; Paarappadam was done in association with the PP Unit of General Hospital Kottayam, Asha workers, Kudumbasree members and Anganwady teachers on 27/08/2019 & 28/08/2018 from 9:30 AM to 1:30 PM. 50 NSS volunteers participated in the program.



13.Student Health Inspectors

Two students from the Department of Chemistry worked as health inspectors from 30/08/2018 to 27/09/2018. For their service, they received experience certificate from government of Kerala.



COMMUNITY HEALTH CENTRE SACHIVOTHAMAPURAM, KOTTAYAM

(GOVERNMENT OF KERALA)

chespuram@gmail.com, Ph. 0481 - 2431700

Dated 29/09/2018

EXPERIENCE CERTIFICATE

This is to certify that Vishnuraj V, Vishnavam, Thuruthi P.O. Changunacherry, has been working in the post of [HI Gr II (On temporary basis) in this Hospital from 30/08/2018 to 27/09/2018. The services rendered by his during the period is good.



Sachion Officer and harm Community Health Centre Sachionchamaguram Estingan Dist. Pinada 381

14.Flood Relief Activity

On 03/09/2018, NSS unit of the college donated notebooks and pens to the students of Sree Narayana Trusts School, Chengannur who were affected on account of flood.Dr. A.V. Anand Raj, Chairman, SN Trust RDC inaugurated the program. Prof. Sany Mary Benjamin, NSS Program Officer, Baselius College handed over the books and pens to Sri. T. Prasannakumar, SNT School Principal.120 students of NSS Unit and subject to all associations contributed towards theinitiative.



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15.Sevanavaram

Sevanavaram 2018 was observed from 15/09/2018 to 2/10/2018. As a part of it, 72 volunteers from the NSS unit and Nature Club cleaned the premises of Kottayam Railway station on 15th September 2018 from 9 AM to 1 PM. A valedictory meeting was held where the railway officers addressed the volunteers and delivered messages on Swachata..



16.Inter collegiate Cultural Festival

The NSS unit of Baselius college celebrated NSS day on 24/09/2018 by conducting an intercollegiate cultural festival 'Walk With Gandhiji' for the NSS volunteers which aimed at spreading Gandhian philosophies and thoughts. The flag was hoisted by Principal, Baselius College Dr.Jancey Thomas and the cultural festival was inaugurated by Adv. Sunny Pampady, District Panchayat President. The competitive events of the cultural fest were quiz, extempore, poster designing, debate and patriotic song. The topics for the events were related to Gandhian life and philosophies. The winners were awarded with cash prizes and certificates by the honourable MLA Sri Thiruvanchoor Radhakrishnan. Mar Ivanios College, Thiruvananthapuram was awarded Prof. P C Alias Memorial Ever Rolling Trophy. 40 students participated in the fest.

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17. Plastic Bottle Challenge

As part of Swachh Bharat Mission plastic bottle challenge was conducted in the college in association with Jewel Autism Centre, Kottayam from 27/09/2018 to 2/10/2018. 2000 plastic bottles were collected from students and staff and was donated to 'Samagamam' trust in the presence of Fr .David Chirammel (social worker and environmentalist) and Sri.Suresh Kurup MLA on 2nd October 2018 at SH Mount School, Choottuveli.70 students participated in the program.









18. Chekkutty Dolls -preparation

On 02/10/2018 the NSS volunteers of the unit went to St. Mary's HSS, Manarcadu to learn the making of Chekkutty dolls under the guidance of Sri. Biji Ann Kurian, NSS Program Officer of the school. Sri. Soji Abraham, Principal of the school inaugurated the program. The importance of the coming back of the handloom workers of Chethamangalam and the people of Kerala as a whole is depicted through the Chekkutty dolls.30 students participated in the programme.





19. Walk With Gandhiji

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WALK WITH GANDHIJI -one day seminar was conducted by the NSS unit and students from various departments of Baselius college in collaboration with Dr. Sukumar Azhikode Trust and Kerala NSS Cell on 06/10/2018.110 students participated in the programme.



20.Palliative care visit

As part of `Snehasparshm' the palliative care club of the Economics Department. The students and teachers of our department visited `Ammaveedu', Manarcadu on 06/10/2018. The club members spent a day with the inmates of Ammaveedu performing entertainment programmes. 30 students participated in the program.



21.Voters list Enrolment

The National Service Scheme unit conducted free registration of the students into the Voters' list online enrolment in the college as a part of Systematic Voters' Education and Electoral Education (SVEEP) from 29/10/2018 to 01/11/2018. 400 students of the college were able to enrol in the Voters' list.





22.Beat The Plastic - 'Green Campus Clean campus'

The NSS unit and students of Botany department with an aim of building eco-friendly campus, collected plastic bottles in the college campus and also from nearby shops and houses on 01/11/2018. The aim was to convey the message of keeping the campus clean and to make it as green as possible. A piece of land was identified for a special greenery project. Students created a Butterfly Garden with the support and advice of Zoology department. 73 students participated in the programme.



23. Cleaning and cultural activities

On 14/11/2018 The NSS volunteers of the unit conducted cleaning and cultural programs at Government U.P. School, Thiruvarppu. Plastic wastes were collected from in and around the school campus. Cultural programs were also conducted for the students of the school by the NSS volunteers.70 students participated in the programme.



24.Sakhi: Breast Cancer Awareness Campaign

In association with the students of Medical College, Kottayam SAKHI, breast cancer awareness program was conducted by the unit in the college on 24/11/2018. Dr. Amrutha Varshini, Dr. Irshad Muhammad, final year medical students led the session. Self examination techniques and the information on the cause and diagnosis methods were discussed among the students and members of the staff of the college. 270 students participated in the program.

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BASELUEGE





25. World AIDS Day Rally

On 01/12/2018 a rally from Baselius College to District Hospital, Kottayam was conducted by the National Service Scheme unit at 9:30a.m. The volunteers wore badges and held placards as a mark of their protest against the discrimination doled out to AIDS affected people in the society. The rally was flagged off by the college Principal, Dr Jancey Thomas. The NSS unit presented a street play at the District Hospital, Kottayam at 10a.m. as part of the AIDS day programme followed by the rally. A pledge was taken by the volunteers and the people gathered there, to act against the situations which contributed to the spread of AIDS and to accept the discriminated people in the society. Mr.ThomasKuruvila and Ms. Sany Mary Benjamin, NSS Program Officers and Dr.Linto Laser, PP Unit, District Hospital, Kottayam, gave messages to the gathering, about the causes and effects of AIDS. 40 students had participated in the rally.

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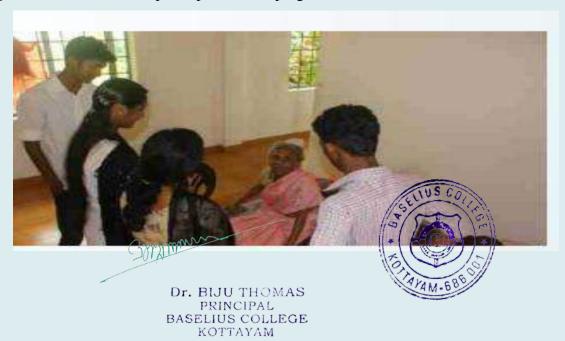
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26.Charity Programme

Students and faculty of the Department of Malayalamvisited the 'Navajeevan Trust' and spent time with the inmates with the motive of social inclusion on 15/12/2018.50 students visited the Navajeevan Trust.50students participated in the program



27.Flood Related Survey

On 22/12/2018 National Service Scheme unit volunteers were divided into groups. Each group was accompanied by an Asha worker and a senior volunteer. The survey was conducted in the 15th and 16th wards of Thiruvarppu and the information of detail regarding the flood, damages occurred, and the health status of the villagers were collected.70 students participated in the survey.



28. Enrichment Programme For School Children

The Department of Chemistry organised remedial classes in Chemistry for the students of classes 9th, 10th, 11th and 12th of SreeVidhyadhirajaVidhyaBhavan EMHSS, Kottayam from 15/01/2019 to 30/1/2019. Four final year BSc students served as Resource Persons.Four final year BSc students of Baselius college served as Resource PersonsThe students of classes 9th, 10th, 11th and 12th of SreeVidhyadhirajaVidhyaBhavan EMHSS, Kottayam had attended the same.







29. Cleaning Programme

The volunteers of the NSS unit cleaned the DD Office, Kottayam from 9:30AM to 2PM on 19/01/2019. 30 volunteers indulged in the cleaning program for which they were provided certificates of appreciation. 70 students participated in the programme.

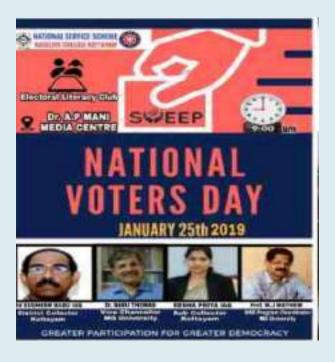


30.Electoral Literacy Programmes

Electoral Literacy Club is an initiative by the NSS unit at Baselius College which provides the platform to engage the students and volunteers through interesting activities and hands-on experience to sensitive them on their electoral rights and familiarize them with electoral process of registration and voting. On 25/01/2019 National Voters' day was observed by the unit in the college in association with the Revenue Department, Collectorate, Kottayam. The unit conducted free registration of the students into the Voters' list online enrolment in the college as a part of Systematic Voters' Education and Electoral Education (SVEEP). 30 students participated in the program.

31. National Voters Day

National Voters' day was observed by the unit in the college in association with the Revenue Department, Collectorate, Kottayam, on 25/01/2019. Dr.SabuThomas, Vice Chancellor, MG University, Sri. P K Sudeer Babu IAS, Kottayam Collector, Eesha Priya IAS, Kottayam Sub collector, Prof.M J Mathew, NSS Program Co-ordinator, MG University, Sri.Premalatha, Deputy Collector, Kottayam, Prof.Ashok Alex Luke, SVEEP Nodal officer, Kottayam, Prof.Sany Mary Benjamin, NSS Program Officer, Baselius College and Unnikrishnan M J, College Union Chairman had addressed the gathering. The importance of the role of each voter in the society was highlighted. The eldest voter in Kottayam and a younger voter from the college were honoured. Thirty eight people including students and staffs attended the programme.







32.Mega Medical Camp

A medical camp was conducted at BaseliusCollege Auditorium from 9 a.m. to 4.30 p.m on 27/01/2019 by the National Service Scheme unit, subject to all departments in association with Revenue Division Office, Kottayam, Caritas Hospital and Medical Office, Kottayam. The camp was successful in helping the old people with their medication and free medicines were distributed. The camp was inaugurated by Sri. ThiruvanchoorRadhakrishnan, MLA, and the honoured guests Sri. P.K. Sudeer Babu IAS, Kottayam district collector, Eesha Priya IAS, Kottayam district sub-collector, the officials of Revenue Division Office and Caritas Hospital

marked their presence and support throughout the camp. Around 45 students participated in the programme.







33.SVEEP Campaign

On 28/01/2019 SVEEP campaign was conducted by the volunteers in the College for making Kottayam the first 100% voting district by creating awareness amongst voters. Sri. P K Sudeer Babu IAS, District Collector, Kottayam, inaugurated the program. Eesha Priya IAS, Sub collector Kottayam, gave the presidential address followed by the address by Suresh Kumar M V, Deputy collector, Miya George (Goodwill ambassador, SVEEP) and Prof. M J Mathew, NSS Program coordinator, M G University. Ashok Alex LukeSVEEP Nodal Officer, Kottayam presented the vote of thanks.30 students participated in the program.

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34.Cancer Awareness Programmes

The National Service Scheme unit in association with Global Cancer Concern, India (GCCI) and District hospital, Kottayam conducted an awareness rally on World Cancer Day on 04/02/2019, starting from Collectorate to district hospital andthen to Baselius College at 10 a.m. Later an awareness class on the various types of cancers and their cure was held at Baselius College. Dr.Sindhu G. Nair, district hospital, Kottayam took the seminar. Mrs.ManjuSujith, GM, GCCI addressed the gathering. 38 students attended the programme.





35.Eye Camp

A free eye camp was conducted by the NSS unit, subject to all associations in the college collaborating with EdimannickalOptical, Kottayam for the students, faculty members and people from nearby establishments on 11/02/2019 & 12/02/2019. The service of the camp was utilized by 420 people.



36. Namaste English- Education in Schools through Theatre

Every year the students of the Department of English would conduct an extension programme-"Namaste English" to make English learning interesting to students in schools. This year, under the initiative of Mr. Jithin John, our students enacted the well-known play- Matsyagandhi (play by M. Sajitha) Amala Public School, Vaikkom on 11/02/2019. 30 students participated in the program







37. Friendly cricket match

Arjunas v/s Dhronas, the friendly cricket match between the students and teachers of the college was conducted by the NSS unit in the college ground on 13/02/2019. The student's team Arjunas was lead by union chairman Unnikrishnan M.J and the teachers' team Dhronas was lead by Head of the Physical Education Department Lt. Dr. Biju Thomas. The players wore jerseys with messages "Say No To Drugs" and "No Drugs Only Hugs". The students team won the match by 4 wickets. Dr. Jancey Thomas, Principal, Baselius College, Kottayam and Prof. M.J. Mathew, NSS Program Coordinator, MG University addressed the teams. Prof. Thomas Kuruvilla, NSS Program Officer, English Department faculty Dr. Joy Joseph and the officials from Excise department gave anti-narcotics message.20 students participated in the programme.







38. Making the choice: Life or Cigarettes – an Awareness program

On 13/02/2019 the National Service Scheme unit Baselius college conducted an awareness program as part of No Smoking Day. A mobile phone photography competition was conducted on the theme "Making the choice: Life or Cigarettes". The best photographs were given prizes and these were posted in online platforms as part of awareness against smoking. Volunteers performed a mime in the college campus and at Gandhi Square, Thirunkara which exhibited the various harmful effects that smoking causes to the individuals and to the entire society. 45 students participated in the programme.



39. Plastic Surgery - 'A Clean Campus Mission'

As part of 'Green Campus Clean Campus' mission the volunteers of the NSS unit initiated a plastic bottle collection during the MG University Arts Fest, "Alathaalam" (01/03/2019 to 04/03/2019). Bins were placed across the campus and posters were designed to make people aware about how plastic affects the nature through improper disposal. It was done in collaboration with "I Challenge Plastic Bottle" and 520 plastic bottles were later handed over to the recycling unit. 70 students participated in the mission.



40.Namaste English- Education in Schools through Theatre

"Namaste English" is an extension programmeheld every year by the Department of Englishto make English learning interesting to students in schools. This year, under the initiative of Mr. Jithin John, students enacted the well-known play- Matsyagandhi (play by M. Sajitha) at St. Philomena's Public School, Elanji on 05/03/2019.30 students participated in the program.





41.Blood Donation Campaign

The volunteers of National Service Scheme Unit, Baselius College, went for blood donation campaign in the college itself on 05/03/2019 with the help of Staff of Govt. Hospital, Kottayam. It enlightened the students on matters relating to various precautions to be taken before donating the blood. It encouraged more students in participating in Blood Donation programmes. 850 students and 8 NSS volunteers participated in the campaign.



42.Kilikkudam program

On 11/03/2019 the National Service Scheme, Baselius college has undertaken a new project to distribute clay pots for birds to quench summer thirst. As a part of Kilikkudam project we placed clay pots in our college, houses and Govt. UP School, Thiruvarppu which is in our adopted village. 78 students participated in the program.













43.Model Poll

A Model Poll was conducted on14/03/2019 by the National Service Scheme unit along with the Election wing by giving demonstrations the VVPAT. Students got the chance to know how to use the machine and they mark their just demo vote.130 students participated in the program.

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44.Street Play

On 16/03/2019 & 26/03/2019 a Street Play on the promotion of voting has been conducted by the NSS volunteers in association with SVEEP at Collectorate, Kanjikuzhy, Kalathipady and Manarcadu. The public got awareness about election and its procedures. 20 students participated in the street play.

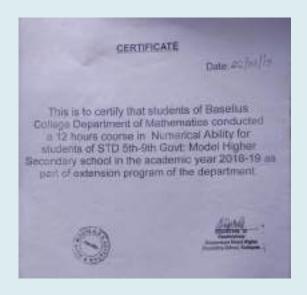






45.Enrichment Programme For School Children

Students of the Department of Mathematics, Baselius College, Kottayam conducted a 12-hour course in numerical ability for the students of standards 5th, 6th, 7th, 8th and 9th of Model Higher Secondary school on 22/3/2019. 25 students participated the same.



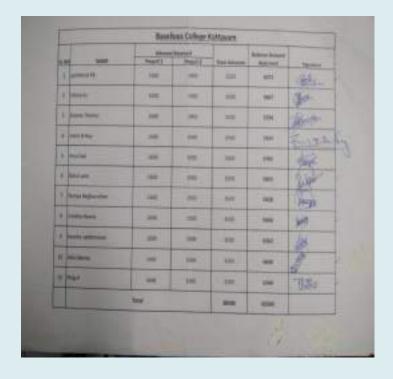
46.Blood Donation Camp

A blood donation camp was conducted by the NSS volunteers in the college with the co-operation of District hospital, Kottayam on 27/03/2019. It was the second blood donation camp that was organized by the NSS unit. 71 students volunteered to donate blood.



47.Electoral Survey

Students of the Department Of Political Science participated in the Election Survey conducted by Centre for Electoral Studies, Trivandrum in March 2019. 11 students participated in the programme.



48.Mega Votethon

Votethon, the Mega marathon by SVEEP Kottayam for the promotion of "100% Literacy to 100% Voting" was conducted on 13/04/2019 starting from Collectorate to old police ground, Thirunkara at 4PM. The mega Votethon was conducted in co-operation with SVEEP Kottayam. Kumari Mia George, Goodwill Ambassador, Kottayam, P.K.Sudeer Babu IAS, District Collector, Kottayam and Eesha Priya IAS, Sub Collector, Kottayam were a part of the Votethon. A flash mob was conducted by the NSS volunteers of the unit which highlighted the importance of voting. 50 students participated in the rally.

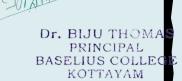
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49. Snehapoorvam Odisha

When Odisha experienced the aftermath of a catastrophe, the volunteers of National Service Scheme unit Baselius college collected various materials and handed over the same to the District Administration on 07/05/2019.30 students participated in the programme.



50. Chengathicheppu

Cloth recycling was undertaken by students of National Service Scheme unit Baselius

collegeKottayam; promote the culture of upgrading instead of wasting. Basic lessons of environmental protection and maximum utilization of available resources were conveyed through this venture. Bags were made from used clothes and distributed on 09/05/2019. Twenty Five students participated in this initiative.



51. Pre-Monsoon Cleaning

A Pre-Monsoon cleaning drive was initiated at M.G. University on 18/05/2019. NSS Volunteers and students from Science departments of our college served as Green Ambassadors and actively participated in the drive. The plastic waste that was collected from various spots was handed over for recycling. 28 students participated in this programme.



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52.Flash Mob

On 31/05/2019 'World No Tobacco Day' was observed by conducting a flash mob at Gandhi Square and Mall of Joy, Kottayam. The programme was conducted in association with Global Cancer Concern, India (GCCI) and the Excise department. GCCI Kerala Coordinator Mrs. Manju Philip and the officials from the Excise department addressed the gathering. 45 students participated in the flash mob.





53.Pothichoru

The Kottayam District has scripted history as it spared no effort in getting tag of the only hungerfree district in the country. Pothichoru, the most valuable program of our unit, had played an important role to make sure that no one is going hungry in the district. Every Friday around 50 Pothichoru (food packets) were distributed among the needy in Thirunkara Maidan, Nagampadam and various places in town. Our unit joined hands with Navajeevan Trust on many occasions in making Kottayam, a hunger free district. 580 NSS volunteers engaged in the program. Around 1700 food packets were distributed this year.





54.Flood Relief Activities

The Chemistry Association extended a helping hand to the flood victims of Kavanattinkara, a village in Kottayam district on 30/07/2018. Students under the guidance of two teachers visited the affected areas and supplied all necessary grocery, cloths and cleaning materials. 10 students visited the affected areas.



55.Installation of water purifiers

Pre-Monsoon Awareness Campaign was conducted by National Service Scheme in May 2019 at Puthupally village and awareness was given about the contagious diseases that spread during Monsoon season. 50 students of the unit actively participated in the initiative. 27 families benefited from installation of water purifier.





56.Snehaveedu

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The second phase of Snehaveedu house construction was initiated at ThiruvarppuGrama Panchayat, the adopted village by the NSS Unit of Baselius College on 23 May 2019. The

volunteers helped in reconstructing and maintaining the flood affected houses of the village. The unit aimed to rebuild 25 houses and the fund was raised from the students, members of the staff and from well wishers. The volunteers did all the manual labour that was required for the house construction which included painting, carrying bricks, cement, mettle etc.40 students participated in the program.



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2017 - 2018



1.Dry Rubber Content Testing

Dry Rubber Content Testing was the consultancy by the Department of Botany that helps public to get maximum prize to latex in open market. The Department of Botany generated Rs. 4540 after charging Rs. 35/ per sample. Ten students participated in the program.

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2. Bhodhi 2020

The National Service Scheme of Baselius College together with Department of Botany observed World Environment day on 5 June 2017. Honourable M.L.A, Sri.ThiruvanchoorRadhakrishnan inaugurated the programme 'BodhiNaleykayoruThanal' by planting tree saplings in the college campus. The main objective put forward by this programme was planting 1 lakh trees within 3 years in the district of Kottayam.No. of students participated is 100.



3. Anti-Plastic Day Celebration

As part of Anti Plastic Day celebrations, the volunteers of National Service Schemeand Nature Club of the college had conducted a program of distributing paper pens to students. The program was conducted on 8/06/2017 .100 students participated in the program and served for 2 hours. The programme aimed at sensitizing the students about the need for sustaining our environment

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4.Blood Donation Camp

Red Ribbon Club of the college in association with Red Cross Society of India organized a blood donation camp in the campus, 'Give Blood, Give now, Give Often', on world blood donation day. Justice KT Thomas inaugurated the function. Volunteers encouraged the students to donate blood to the Blood Bank. Around 100 students joined the life-saving mission and donated blood41 Units of blood. It was conducted on 14/06/2017.





5. Cleaning Activities at Thirunakkara Ground

As part of the World Youth Day the volunteers of National Service Scheme of Baselius College conducted a cleaning program at Thirunakkara ground on 10/8/2017. Ninety students served for two hours to clean the place.



6. SwachchathaPakkhwada

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NSS volunteers participated in the awareness drive for the Swatchatapakhwada at Kottayam Railway station on 15th August 2017.28 students participated in this program.



7. Flashmob

On the occasion of Independence Day, the students of Baselius college under the initiative of volunteers of National Service Scheme celebrated Independence Day,15/08/2017, and conducted a Flash mob at Kottayam railway station. 100 students participated in the celebrations that lasted for two hours.



8. Cleaning Activities At Public Library

Students of Baselius NSS volunteered for the cleaning activities of Public Library, Kottayam. 100 students participated in the project thatwas organized on 12/09/2017. Our volunteers dedicated four hours for the activity. The active participation of students attracted a lot of attention and media coverage.





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9. Jaivam

Inspired by the Jaivam Project, the NSS unit took the initiative for starting an organic farm in the campus. Volunteers prepared all the arrangements and the initiative commenced on 19th September 2017. Due to the low-quality of seeds used and unfavourable climatic conditions, the efforts did not meet the expected result.

During the second stage, high quality seeds were collected from KozhaKrishiBavan. Volunteers worked hard to minimise the setbacks of the previous attempt. They were divided into groups and each group was entrusted with the responsibility to take care of the yield. This time, the efforts of the volunteers found better results. 20 students participated in this program.



10. Flash Mob at Railway Station

Volunteers of Baselius college National Service Scheme performed a flash mob in collaboration with Railway department, Kottayam. The event was conducted on 23/9/2017 and 50 students participated in the event.



11. Jaivam Survey

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Jaivam 2017 is a Mahatma Gandhi University initiative to promote organic farming in Kottayam. The initiative included a campaign for transforming Kottayam District into 100% Literacy District in organic farming. It was conducted on 29/09/2017. 95 students participated in this program. NSS Volunteers conducted survey in Puthupally Grama-Panchayath during the Seven-Day camp as part of the ambitious project Jaivam 2017, an initiative of Mahatma Gandhi University. Groups of two volunteers each visited houses and uploaded the details through Jaivam app. The volunteers visited more than 4500 houses and collected the required data.





12. Cleaning Activities At Public Library

Volunteers of Baselius NSS Unit volunteered for the cleaning activities of Public Library, Kottayam. A total of 100 students participated in the process. The event was held on 30/09/2017. The volunteers completed the project by actively participating in the cleaning process for 3 hours. Their service was highly appreciated by the authorities and the beneficiaries.







13. Mass Run as a part of Awareness of Drug Abuse

As part of Gandhi Jyanthi Day Celebration 2017 volunteers of Baselius College NSS Unit together with Anti Narcotic Cell of the college participated in a mass run for 2 hours as part of awareness campaign against drugabuse. It was conducted on 2/10/2017 and 50 students participated in the event.



14. Flash Mob

Volunteers of Baselius college National Service scheme performed a flash mob at Nagampadom bus stand to create awareness about the importance of mental health in our day-to-daylife. The event was conducted on 2/10/2017 and 50 students participated in the event.



15. Blind Walk

The college aims to produce socially committed and contributing citizens by fostering a positive attitude towards society and the challenges faced by the members of each community. As part of this, the students of Baselius College become part of the blind walk to experience the real challenges faced by differently abled people. Blink Walk encourages people to donate their eyes after they pass away. Project Vision and NSS Unit of the college jointly organized blind walk on 12/10/2017. 150 students participated in this program.

Project Vision & Baselius College NSS Unit Jointly Organized



The largest eye donation campaign in the ser scountnes | 200 LOCATIONS | 1,00,000 PARTICIPANTS

12™ OCT 2017 World Sight Day

Thirunabhasa Maldas to Baselius College, Kotleyer

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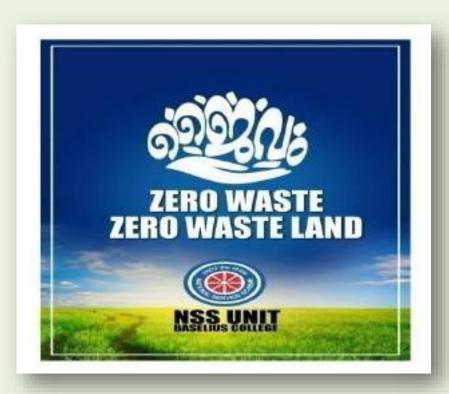
Dr. BIJU THOMAS BASELIUS COLLEGE KOTTAYAM

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16. Zero Waste, Zero Waste Land

On 1 Nov 2017, NSS unit co-operated with the "Vithmahotsavam" initiated by Kollad, Kizhakkupuram – VadakkupuramPadashekharaSamiti and PanachikkadGramapanchayath at 210-acre land. The program was inaugurated by Hon. Agriculture Minister Sri V.S Sunil Kumar. Volunteers along with the farmers of the village sowed seeds in the land and in the meeting held later, the farmers were honoured. Hon. Minister launched the logo of the new initiative of the NSS unit named "Zero Waste, Zero Waste Land". 60 students participated.



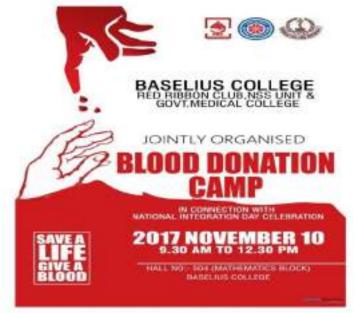




17. Blood Donation Camp

Red Ribbon Club of the college, NSS Unit and Medical College, Kottayam jointly organized a blood donation camp in the campus. The initiative was taken in connection with National Integration Day Celebration. Awareness campaign was conducted to encourage the students to donate blood. 100 students volunteered and donated blood and the inhibitions regarding blood donation was effaced from young minds. The main aim of this venture was to create a proper attitude towards social causes and it was proved successful as many joined the project. It was conducted on 10/11/2017.







18. Guppy Fish Distribution to Students

Children's Day Celebration and guppy fish distribution to students of Model School, Vayasakkarakkunnu, Kottayam to create awareness about the importance of co-existence of humans and nature on 14-11-17. 100 students of NSS unit and students of various Departments participated in the programme that lasted for 3 hours.



19. Cinema Show at Valiyapara

The Students of Baselius National Service Scheme unit organized a Cinema Show at Valiyaparacolony as on 22/11/2017. 30 students participated in this programme.





20. Cleaning Activities At Kodimatha Highway Garden

The NSS volunteers of Baselius College, Kottayam undertook cleaning activities on 09/12/2017. They Cleaned highway garden at Kodimathaas a part of this initiative. 60 students actively involved in it and worked for about 3 hours.



21. Green Protocol Implementation and Cloth Bag Sale

As a part of implementing GREEN PROTOCOL in the campus, the volunteers of NSS Unit decided to sell cloth bags at the college on 11/12/2017. The sale was intended to discourage the use of plastic in the campus. Bags fully made of cloths of different sizes and rates were available at the stall. The stall was held open at interval times. The fund so collected was set aside to be donated toLeukaemia patients. Students and teachers actively participated in the sale and it could raise enough fund for giving the assistance. A total of 100 students of ED Club and NSS unit participated in the event that continued for a week, with 20 students sharing the responsibilities each day



22. Helping Hand to Okhi Cyclone Victims

On 11/12/2017 NSS Volunteers of Baselius College Kottayam collected bed sheets for the people affected by Okhi Cyclone. A total of 100 students participated in the collection drive.



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23. Charity and AbhayaBhavan Visit

The students of the department of physicsvisited an old age Home named 'ABHAYA BHAVAN' on 20th December 2017. Students celebratedChristmas with the senior citizens and they cut the Christmas cake with them. The studentsentertained them with cultural activities. Students gifted them a big star which was created by the students and it was hung there. It was a happy day for the students and the senior citizens. 18 students participated in the programme.











24. Republic Day Celebration- Snehatheeram Visit

NSS Volunteers and other students of Baselius College celebrated Republic Dayon 26/01/2018. As a part of the celebration they visited 'Snehatheeram' and interacted with leukaemia patients. 100 students participated in the programme.



25. Navajeevan Trust Visit

Students visited Navajeevan Trust, a home for the destitute, mentally challenged and bed ridden people, and spent time with the inmates. They extended their support and rendered their services to the Trust to ensure happiness of the inmates. It was conducted on 18/02/2018. 90 students of NSS unit and Political Science Department participated in this program.



26. Drugxit - Anti-Drug Awareness Programme

As part of Drugxit, the anti-drug awareness programme, initiated by NSS unit of Baselius College, a cricket match was played between teachers and students of Baselius College in the college ground. To spread the message, "Choose Happiness, Not Drugs", waspromoted by the Anti-Narcotics wing of National Service Scheme. After an enthusiastic friendly match, the students team won the match spreading happiness and the spirit of togetherness. It was conducted on 27/02/2018. 15 students participated in this program.



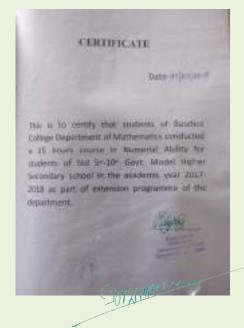
27. Cricket Match for Anti-Drug Campaign

As a part of Drugxit, an anti-drug awareness programme, initiated by NSS unit of Baselius College, a cricket match was played between teachers and students of Baselius College in the college ground on February 27, 2018, to spread the message of "Choose Happiness, Not Drugs" under the Anti-Narcotics of National Service Scheme. After an enthusiastic friendly match students team marked their victory showing out their strength in choosing happiness over drugs. 100 student representatives of all subject association participated in the programme.



28. Training for School Children

Students of the Department of Mathematics conducted 15hour course in numerical ability for students of Government Model Higher Secondary School, Kottayam. The students of Std V to Std X were the beneficiaries of the programme. Students of the department served as Resource Persons under the guidance of their teachers. It were conducted on 19/03/2018. 9 students participated in this program.





29. World Autism Day Celebration

On 4/04/2018 the volunteers of National Service Scheme celebrated the World autism day and conducted a rally to the Jewel autism Centre. The event consisted of about 100 students of NSS unit and Department of Economics and they served for 4 hours. Autism awareness rally and seminar was conducted by the NSS unit in association with Jewel Autism Centre, Kottayam on April 3rd 2018. The procession was flagged off by the P.R. Sona, Chairperson, and it was from Gandhi Square to Baselius College. It was accompanied with Nasik doll, face painted NSS volunteers, balloons and placards made by the volunteers. The procession ended at the college where an awareness class on Autism was conducted. Sri P.U. Thomas, Navajeevan Trust was the keynote speaker.



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30. Pre-Monsoon Awareness Campaign

A door-to-door awareness campaign was conducted by the unit in the 17th ward of Puthupally by distributing leaflets containing preventive measures for the contagious diseases that spread during the monsoon season on 26/5/2018. Smt.LathaMohan,Vice President, PuthupallyPanchayath inaugurated the program. 500 leaflets provided by the District Health Department; Kottayam were distributed.50 students of Chemistry Department and NSS unit participated in the programme.



31. Pothichoru

The NSS Unit of Baselius College started an initiative titled 'Pothichoru', a programme to support the social cause by distributing free lunch to the helpless people in the streets of Kottayam. This is a kind act of humaneness and an expression of love and care to our fellow beings. The food packets collected from among the volunteers are distributed to the needy people along the roadside and streets of Kottayam. It is really a great experience to the volunteers. Every Wednesday and Friday, volunteers distribute about 50 food packets throughout the Kottayam town. Total 840 students from various Departments participated in this program for the year.



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32. Arogyapacha

'AROGYAPACHA', a one month long waste management campaign was inaugurated by Dr.BabuSebastian,Vice Chancellor, and M.G. Universty. Asst. Collectorof Kottayam district Divya .S. Iyer presided over the function. Dr. B. Iqbal made the key note address. Principal Prof. Alexander.V. George and N.S.S programme officers were also present. About 150 students of NSS unit, students of Malayalam Department, teachers, and other delegates were also present. 'Arogyapacha' programme was conducted in collaboration with C.K. Jeevan Trust, District Suchitwa Mission, District Administration and Tropical Institute of Ecological Science. It was the beginning of a grand programme which includedseveral programmes.



2016 - 2017



1. World Environment Day

The National Service Scheme volunteers observed World Environment Day on 06/06/2016 by planting saplings in the campus. The college Principal, Sri.Alexander V. George inaugurated the programme by planting saplings. Dr.SinduJones, Dr. Nalini. J along with the ProgrammeOfficers, Ms. ArabhiP. and Mr.Thomas Kuruvilla joined hands in planting saplings. In addition to this, the NSS volunteers cleaned the public space in front of the college. A garden too, is maintained there by our college. A total of 20students participated in the event.









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Borrows

2. Ancient Computational Techniques in Mathematics

1. The Association of Mathematics flagged off its activities on 17th June, 2016 with the inauguration of the first class of the 'Vedic Mathematics' Lecture Series. Sri. P. Devaraj from Ramanuja Sarani, spoke on the topic "Exploring Indian Contribution in Mathematics". Dr. Annie Cherian welcomed the gathering and the principal, Prof. Alexander V. George presided over the meeting. The three hour class began at 10.30 am and was held at the Educational Technology Seminar Hall. The class was extremely beneficial for the students as it helped them to get awareness about the renowned Indian Mathematicians and their major contributions in the field of Mathematics. The programme ended by 1.30 pm. 40 students participated.



2. The second lecture series of Vedic Mathematics led by Sri P. Devaraj, was conducted on July 1st, 2016 at 2.00 pm at the Educational Seminar Room. The class was on "Fundamentals of Vedic Mathematics & its Application-I." Fundamentals of Vedic Mathematics were explained and different techniques in doing fundamental arithmetic operations were also shown by Sri. P. Devaraj during this session. This enhanced the student's skill in doing arithmetic operations especially, multiplication of large numbers within a short time. It also helped the students to boost their thinking capability and memory. The program was winded up by 4.30 pm. Ms Anumol T.A delivered the vote of thanks.

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3. International Yoga Day

International Yoga Day was commemorated in the college on 21/06/2016, in collaboration with National Service Scheme and Mahatma Gandhi University-Centre for Yoga and Naturopathy. 300 students and programme officers from various colleges performed yoga. M.G. University Vice Chancellor Dr Babu Sebastian, Honorary Director of Centre for Yoga and Naturopathy, Dr C.R.Harilakshmindra Kumar, M.G.University NSS Programme Coordinator, Dr. K. Sabukuttan, Baselius College principal, Mr. Alexander V. George and Baselius College programme officers too performed yoga. The event was inaugurated by M.G University Vice Chancellor Dr. Babu Sebastian. Yoga performance was led by yoga master Sanjayan and Ms. Anjana.









Barrow

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Navajeevan Trust, Kottayam, Clean and Green Association, along with the NSS volunteers of our college, cleaned the compound of Kottayam Medical College and planted several tree saplings on 02/07/2016. The Programme Officers and thirty volunteers, reached Medical College at 10.30 am and engaged in the cleaning activities as per the instructions received from the Navajeevan Trust members. Inspired by this initiative, many onlookers too joined the volunteers. The participation of the public in the cleaning activities helped create an effective awareness among the public about the significance and need of maintaining clean and healthy premises. 30 students participated.







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5. Seminar on "Indian Railway"

On 13th of July2016, a seminar on 'INDIAN RAILWAY' was conducted and N.S.S volunteers from the college attended the seminar which began at 2.00 in the evening. Seminar was given by station master M.T Salem. After the seminar the volunteers along with volunteers from other colleges and railway employees together cleaned the compound of railway health centre till 4.00 in the evening. A total of 30 students participated in this event.

6. Special Coaching for Numerical Ability to School Children

The extension activity of the Mathematics Associationwas the orientation programme on "Ancient Indian Mathematics", crafted for school students. Teachers from the department introduced various concepts and techniques to students and later 15 students from D1, D2 and D3 Mathematics had extended tfor students in Government Model High School, from July to

November 2016, in order to augment the arithmetic skills of school students. They shared information about the origin and the evolution of maths and how it was interpreted and used in various civilizations. A total of 15 students participated in the event. It helped the students not only to know more about history of Mathematics but it also enhanced their numerical skills.



7. Love Kottayam - Law Literacy Programme

volunteers of Baselius College, participated in the event.

The NSS members also participated in the training class held on 06/08/2016at BCM college auditorium, in connection with the 'LOVE KOTTAYAM' [Legal Orientation vision for Exemplary Kottayam] project implemented in collaboration with District Legal Services Authority Kottayam, National Service Scheme, Mahatma Gandhi University, and BAR Association, Kottayam. This project with the motto 'Laws are not to fear, but to protect us', has been launched with the intention of making the public familiar with the laws in our country and how the law can protect us and to make the public aware that they can approach the body of law without fear. The formal meeting was inaugurated by Adv. S. Santhakumar (District & sessions court judge). Sessions were taken by Sub. Judge A. Ijas, Adv. Akhil Kumar and Adv. Sindhu Gopalakrishnan. Then videos on the topic were screened. Meanwhile booklets were also distributed. The programme concluded by 2.00pm and Adv.

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8. 'Share and Care Foundation' For the Heart Surgery of Child

On 13-8- 2016, the students of B.Com (Self Financing) Department launched their charity programme aimed at raising funds for financing the heart surgery of needy children of the society. It was decided to commemorate the distribution of the sum amassed for the charity purpose, through an event named "Share and Care Foundation". The whole hearted support and sincere efforts of the students was the sole reason for the realisation of this project. A total of 30 students participated in the event which was held as part of their Association inauguration.





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9. CAP @ Campus :Palliative Care Programme

Cap at campus was a program organized by "Snehasparsham", the Palliative care Unit, under the Economics Department of Baselius College in association with Sargashektra, Deepika and Mclan foundation. It was organized to make the student community aware of cancer, its symptoms and causes. The program was organized on 19th August 2016. The meeting started at 2p.m in the college main auditorium. Prof. Thara Thomas, Association in-charge of Economics department, delivered the welcome speech. Prof. N.V. Leela the Vice Principal of Baselius College delivered the presidential address. The program was inaugurated by Prof Fr. K.V. Alex Prayikalam the director of Sargakshethra. The Chief Guest of the program Dr. Tharsis George, the Deputy General Manager of Deepika, gave the message. The talk on Cancer Awareness was given by Sri. Santosh Arackal, a renowned environmentalist and social worker. Through a demonstration, he illustrated how cancer causing chemical agents are used in cool drinks, chocolates etc. The programme was insightful and effective. A total of 20 students participated in the event.



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10. My Face

In collaboration with Swacch Bharath Abhiyan, Suchitra Mission and Social Work Department of B.C. M. College, Kottayam, a meeting of MY FACE (Movement of Youth for a Clean Environment) was conducted on 22-8-16 at B C M College Auditorium, for school, college students and teachers. The meeting was conducted as the first step of declaring Kerala as the first Open Defecation Free state in India. The meeting was inaugurated by District Panchayat President Joshy Philip, Prof Punnen Kurian, Principal of St Marys College, Manarcad spoke about hygienic and safe methods of constructing septic tanks. Kottayam district Collector C. A Latha, IAS, Municipality Chairperson P R. Sona, M G University NSS programme coordinator K Sabukuttan, District Convenor Alby Anto, Assistant Modal officer K Venugopal, B C M College Principal Mrs Sheela Cherian, Dr Ipe Varghese and Rev Fr Philipmon Kalathara also spoke at the meeting. After taking an oath, various school and college teams performed skits on the topic personal hygiene. Later prizes for the winners of school and college level poster making competition were distributed. A total of 10 volunteersfrom Baselius College, participated in the event.





11. Working For A Cause

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The NSS unit of Baselius College took up the challenge of constructing a toilet for a family in Plakkanpadi village. Volunteers, under the leadership of programme officer Mr.Thomas Kuruvilla, reached the site and with the cooperation of ward members Ms Jasmine, Jalanidhiworkers and Suchitwa mission workers, constructed the toilet on 27/08/2016. Panchayat member Sri.Pradeep, inaugurated the construction work. By this humble act, a basic requirement of the family was fulfilled. Construction was completed by 4'o clock. A total of 85 students participated in the programme.







രസംഗിലോസ് കോളേജ് എൻ.എസ്.എസ്. മുണിറ്റിന്റെ സേത്രയുടങ്ങിൽ നടന്ന ശൂലികൂടി നിരമേഖണം

നിർദ്ധനകുടുംബത്തിന് ശുചിമുറി നിർമ്മിച്ച് ബസേലിയോസ് കോളേജ്

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12. Children's Library At Valiyapara SC/ST Colony

The NSS unit adopted ward 5 of Valiyapara colony, with the intention of boosting the wholesome development of the colony in various fields. The activities included cleaning, cultivation, forming a library followed by a cultural programme including the residents of the colony on 11-09-2016. A total of 85 students participated in the programme.



അക്ഷരത്തണൽ വായനശാലയ്ക്ക് തുടക്കം

കോട്ടയ ബസേലിയസ് കോളജ് എൻഎസ്എസ് യുണിറ്റ് വടവാതൂർ വലിയപാറ കോളനി യിൽ അക്ഷരത്തണൽ വായന ശാലയ്ക്ക് തുടക്കം കുറിച്ചു ക്ലാ സ്മൂറികളിൽ കയറിയിറങ്ങിയും കോളജ് വളപ്പിൽ പുസ്തകപ്പെ ട്രിവച്ചുമാണ് പുസ്തകങ്ങൾ ശേ ഖരിച്ചത്.

ഒരാഴ്ചകൊണ്ട് അധ്യാപക മിൽനിന്നും വിദ്യാർഥികളിൽനി നും ആയിരത്തോളം പുസ്തക ങ്ങൾ ശേഖമിച്ചു.

എൻഎസ്എസ് പ്രവർത്തക നുടെ നല്ലപാഠം കേട്ടറിഞ്ഞു പു സ്തക അലമാര നൽകാൻ ഉദാ രമതികൾ തയാറായി. വായന ശാലയ്ക്കൊപ്പം കോളജിലെ പൂർവവിദ്യാർഥി സംഘടനയായ വി. ബസേലിയന്റെ സഹകരണ ത്തോടെ കോളനിയിലെ നിർധ നകുടംബത്തിന് എൻഎസ്എസ് യൂണിറ്റ് ശൂചിമുറി നിർമിച്ചു നൽ കി മാതുകയായി.

ഓണാഘോഷ പരിപാടികൾ ക്ക് അവധിനൽകി അഞ്ചുദിവസം കൊണ്ടാണു ശുചിമുറി പൂർത്തി യാക്കിയത്. കോളജിലെ പൂർവ വിദ്യാർഥികൂടിയായ തിരുവഞ്ചൂർ രാധാകൃഷ്ണൻ എംഎൽഎ വാ യനശാലയുടെ ഉദ്ഘാടനം നിർ വഹിച്ചു.

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13. Survey at Valiyapara

A Health survey was conducted at Valiyapara Colony of Kottayam District by NSS Volunteers on 11-09-2016. Students enquired about the major health related issues of the region and recommended a Medical Camp to offer corrective measures through expert opinion. Atotal of 25 students participated in the event.





14. Santhibhavan Visit

September 24, is observed as National Service Scheme Day. It is observed to conscientize the importance of serving the needy and considering others. N.S.S volunteers visited Santhibhavan, an old age asylum for the homeless, at Muttambalam, Kottayam. It was a memorable experience for the volunteers. Volunteers donated sandals for the residents sweets and a sum of money using their pocket money and savings.

A total of 15 volunteers participated in the event.



15. Clean Collectorate

As part of Gandhi Jayanthi, on 3/10/2016, about30 NSS volunteers from our college participated in the Collectorate cleaning activity. District collector C A. Latha IAS, inaugurated the cleaning activities at 10 a.m. The volunteers cleaned the premises of Kottayam Collectorate office.







16. World Sight Day and Blind Walk

The World Sight Day was observed on 14th October as an act of giving support to the visually challenged. Blind walk was organised by Project Vision and DarsanaAcademy, Kottayam and it began from Darsana Academy to Thirunakkara ground. In the Blind Walk,the blind or visually challenged people led the volunteers. In addition to the 100 NSS Volunteers from Baselius College, Programme Officers, volunteers from Alpha Optical, Mall of Joy, Vasan Eye Care and NCC Cadets, too, walked blindfolded. Sri Thiruvanchoor Radhakrishnan flagged off the Blind walk from the starting point (Darsana Academy) at 9.00am. Sri Thiruvanchoor Radhakrishnan, Municipality chairperson Smt. P.R Sona, IshshaMaulavi, DYSP Gireesh P.Sarathy, Fr. Justin Kaliyaniyil, JayasuryanBhatttathirippad, and Bishop Kuriakose Mar Severios were some of the key speakers for the event. A total of 100 students participated in the program.





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17. Blood Donation—Donate Blood, Donate Life'

NSS Unit of the college and the Red Ribbon Club of the college in collaboration with the World Blood Bank organized a blood donation camp on 25th October with the support of MAAC Kottayam & Rotary Club and the technical assistance of Kottayam Medical College Blood Bank. It was conducted from 9.30 am to 1.00p.m at Miss MammenMappilai Hall of the college. A total of 100 students and staff of the college and representatives from MAAC Kottayam donated. These units of blood were then donated to the Medical College blood bank. The volunteer's motivated students about the benefits of blood donation.



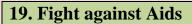


18. World Immunization Day Flash Mob

Sensitization programmes were conducted by the students on 10/11/2016 to communicate the importance of immunization. Flash mob was conducted in public places to support the Health Department in passing the message to the general public. A total of 25 students participated in the event.







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On account of World AIDS day being observed on 1-12-2016, an awareness procession and a meeting followingit were held at the college. The district level inauguration of AIDS awareness programme was held at NRHM Hall Kottayam. The procession from the Collectorate reached NRHM Hall by 10.30 am. NSS volunteers from various colleges, students of Govt. Nursing college and Caritas Hospital participated actively by carrying

placards. Ward councillorSri.SabuPulimoottil presided over the meeting while D.M.O, Dr. Jacob Varghese delivered the key note address. "Raise Hand for Immunity" was the motto. An exhibition too was conducted following the meeting. Students also conducted a thematic street play based on Immunisation and awareness at District Hospital, Kottayam.

A total of 28 students participated in the program.







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20. Homeo Medical Camp

A free Homeo Medical camp was conducted at Red Cross Centre, Pampady, in collaboration with Ashakiran Palliative care unit, Pampady in December 2016. This program was aimed at the welfare of the public. A total of 12 students participated in the camp.

21. Book Stall-Rakendu State Musical Event

As part of Rakendu State Musical Event, NSS Unit operated a bookstall at M.T School ground in collaboration with D C Books & National Books. Books were sold in the evening from 12th January 2017 to 15th January 2017. The bookstall was setup as part of fund raising

for 'Pothichoru'a new venture of NSS Unit of Baselius College to feed the hungry. A total of 10 students participated in the programme.



22. Mega Blood Donation Camp

Students of the College Volunteered to donate blood at the Mega Blood Donation Camp on 13/01/2017. A total of 10 students participated. The volunteers motivated students about the benefits of blood donation.





23. Anti Drug Awareness

An Anti-Drug Awareness rally from Collectorate to Gandhi square was organized 23-1-2017 by Excise department, Kottayam District, to make students aware about the perils of drug usage among youngsters. This program was conducted in the light of increasing drug addiction cases among students. This program emphasized on how the consumption of drugs affected the capabilities of students and how adverse the outcome would be. 36 NSS volunteers and students of Botany department attended the district level inauguration of 'Vimukthi', an initiate of Kerala State Anti-Drug mission. Hon'ble minister of Fisheries, Smt. Mercykuttiamma inaugurated 'Vimukthi'. The meeting was held at Mammen Mappilai auditorium.

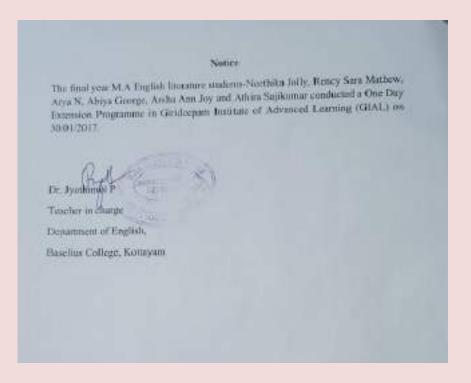


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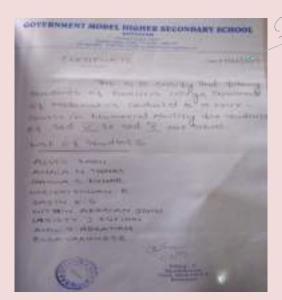
24. One Day Class By Students of MA English

The Department of English conducted a One Day Extension Programme at Girideepam Institute of Advanced Learning (GIAL), Vadavathoor, Kottayam on 30/1/2017. The final year M.A English literature students-Neethika Jolly, Rency Sara Mathew, Arya N, Abiya George, Arsha Ann Joy and Athira Sajikumar participated in the programme. They took common course classes for the B.Com students and B.A students of semester four and two respectively. The programme was intended to help the teacher students chisel their teaching skills. The programme also served as a good opportunity for assisting a neighbouring institution in the teaching learning process. Ms Vidya Merlin Varghese and Mr Viju Kurian provided the students with all the necessary technical support.



25. Training for School Children

Students of the Department of Mathematics conducted a15hour course in numerical ability for students of Government model Higher Secondary School, Kottayam on 07/02/2017. The students of class V to class X were the beneficiaries of the programme. Nine UG students served as the Resource Persons, under the guidance of their teachers. The programme proved to be highly beneficial to students of the school and anempowering experience to the students of the college.





26. Street Play to Celebrate Women's Day

On 8-03-2017,in connection with Women's Day, a street playwas performed at Nagambadam and Thirunakkara bus stations, to generate an awareness about the rights of women. The street play emphasised on great obstacles women have to face in the society. This programme attracted public attention and appreciation. A total of 30 students participated in the event.



27. Charity @ Santhwanam Charitable Trust

On February 14, 2017, when the world celebrated Valentines' day, students of the Self Financing Commerce decided to celebratethe festival of love, by sharing their care and concern for the forsaken. Students of our department contributed their one day's lunch for the inhabitants of Santhwanam Charitable Trust in Kottayam and also spent the day with them. A total of 32 students participated in the event.



28. Medical Camp

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A medical camp was organized to provide support to the people at Valiyapara Colony on 18-2-2017. This was a follow up programme based on the report of the survey conducted earlier by the NSS volunteers. The programme turned helpful to the economically backward community of the region. A total of 50 students participated in the event. The Medical camp was conducted at the Community hall at Valiyapara colony, our adopted village on 18th February in association with General Hospital Kottayam. Above 50 people attended the camp for the diagnosis of various diseases. Camp was inaugurated by Vijayapuram

Panchayatpresident Smt.Sissy Bobby. Conducting a Medical camp was a necessity as far as the people of the colony were concerned and it was a success in terms of participation.





29. Navajeevan Visit

The NSS Unit of Baselius College visited Navajeevan Trust as part of palliative care on 2-3-2017. About 35 NSS volunteers along with Programme officer had interaction with the Navajeevan inhabitants. Sir. P.U Thomas the founder and organizer of the trust had an interaction with volunteers.





30. Snehaveedu

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'Snehaveedu' was a dream project undertaken by the NSS unit of Baselius College. The idea was first initiated in the brainstorming session of 'Be Positive', an important wing of NSS, Baselius College. The idea took shape into an ambitious yet realistic project as the unit members delightedly joined hands to make it successful and sincerely wanted to extend their help to a needy family in the society. Though there were a lot of apprehensions regardingthe implementation of such an expensive project, college management and the students extended their complete support, the unit confidently moved forward with the arduous task. Volunteers took a sincere effort for raising the required fund and students, teachers and other staff members sincerely contributed and cooperated in fulfilling the dream. The first stage of the house construction started on 28 March 2017, on the one and half cent land at Vadavathoor, Chembola road. During each stage of its construction, the cooperation from teaching, and non-teaching faculty and alumni was commendable. NSS programme officers and all the volunteers worked very hard on holidays to complete the project. The students needed to carry the construction materials such as bricks, cement, metal, septic tank, plumbing materials and other building materials from the road to the construction site which is situated

at a reasonable distance from the main road. As a result of strenuous effort our project was accomplished.100 students participated in the program. It was conducted on 28/03/2017.

MLA Thiruvanchoor Radhakrishnan handed over the key of the house to the family on the auspicious day of "Uthradam". For the unit, it was a dream come true, a day of complete gratification and fulfilment.







Dr. BIJU THOMAS



31. Development of Valiyapara Colony - Ward 5

The NSS unit has adopted ward 5 of Valiyapara colony with the intention to being development to the colony in various fields. The activities included cleaning, cultivation, Library construction and cultural programme including the residents of the colony. A total of 40 students participated in the event.



32. Pothichoru

'Pothichoru', a programme of distributing lunch to the people in the street. Every Friday volunteers distributed about 50 food packets throughout the Kottayam town. Food packets and money for the food packets were collected from the students. All the students actively contributed to this initiative. Under this initiative more than 750 food packets were distributed to the needy during 2016-17.10 volunteers took the initiative of coordination and distribution of packets collected.

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33. Dry Rubber Content Testing

A Dry rubber content testing was arranged by the Department of Botany. Dry rubber content testing helps public to get maximum prize to latex in open market. The department of botany generated Rs. 4540 after charging Rs. 35/ per sample. A total of 3 students participated in the program.





Principal Baselius College Kottayam