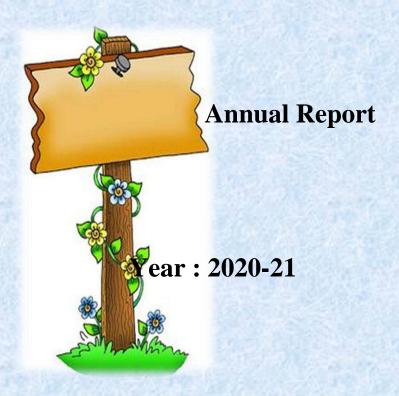
NATIONAL SERVICE SCHEME





A Quality Assurance Venture of IQAC
Baselius College, Kottayam

Certificate Page

This is to certify that the following is a bonafide record of activities and achievements of **Tourism Club** for the academic year 2020-21. Necessary supporting documents have been attached wherever possible.

at the

Teachers -in-charge

Viju Kurian and Ashly Thomas

Assistant Professor

Department of English

Verified

IQAC Co-ordinator.

Counter-Signed by

PRINCIPAL

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Part A

1.1 Details of the Club	
1.1 Name of the Club	: NATIONAL SERVICE SCHEME
E-mail address	: nss@baselius.ac.in
Social media detail:	
Instagram: baselius_nss https://doi.org/10.1003/pdf	://instagram.com/baselius_nss?utm_medium=copy_link
Ye	ouTube : NSS Baselius
https://youtube.com/channel/U	CKIO6Ne-tz3eo8GVX9uu62Q
Name of the teacher in charge	:
Dr.Viju Kurian	
Prof. Ashly Thomas	
Name of the Club Secretary	:
Akhith Santhosh	
Arjun Ambily	
Devika P Deepak	
Karthika S	
Akshaya Praseed	
Rohit Pratap Nair	
Ardra Radhakrishnan	
Contact Nos. :	

Teacher-in-charge

Viju Kurian
 +91 94960 93829
 Ashly Thomas
 +91 97471 08424

Secretary

Akhith Santhosh
 Arjun Ambily
 Devika P Deepak
 Karthika S
 Akshay Praseed
 Rohit Pratap Nair
 Ardra Radhakrishnan
 +91 94464 52626
 +91 88487 83287
 +91 80863 73453
 +91 6238 705 943
 +91 75610 81417
 +91 70127 08052
 +91 9947774309

1.2 Executive Committee Details

Sl. No.	Name of the Member	Designation / Position	Class
1	Dr. VIJU KURIAN	Programme officer	Department of English
2	Prof. ASHLY THOMAS	Programme officer	Department of Economics
3	AKHITH SANTHOSH	Volunteer Secretary	BCom(Self)
4	ARJUN AMBILY	Volunteer Secretary	BBA
5	DEVIKA P DEEPAK	Volunteer Secretary	BSc. Chemistry
6	KARTHIKA S	Volunteer Secretary	BA.Economics
7	AKSHAY PRASEED	Volunteer Secretary	BA.Political Science

8	ROHIT PRATAP NAIR	Volunteer Secretary	BSC. Physics
9	ARDRA RADHAKRISHNAN	Volunteer Secretary	BSC. Mathematics
10	ANJALI A. NAIR	Anti - Narcotics cell Coordinator	BSC. Botany
11	M. R. YADHUKRISHNA	Anti - Narcotics cell Coordinator	BSC. Zoology
12	AMAL SKARIA	Electoral Literacy Club Coordinator	B. Com
13	AISHWARYA PRATAP	Electoral Literacy Club Coordinator	BBA
14	SREEREKHA SREEKUMAR	Be Positive Coordinator	B. Com
15	SETHULAKSHMI S	Be Positive Coordinator	BA. English
16	JOHHANNE NINAN PAUL	Pothichor Coordinator	B. Com (Self)
17	BHARATH RAJ	Pothichor Coordinator	BA. Economics
18	SHAHAL MIRAJ C.K	Bhoomitrasena Coordinator	BSC. Botany
19	SUMINA M.S	Bhoomitrasena Coordinator	BSC. Physics
20	CHAITHANYA SREENIVAS	Media Head	BSC. Chemistry

Details of committee meetings held:

Sl. No	Date of the Meeting	No of participants

(Soft copy of minutes signed by Secretary, Teacher in charge to be submitted)

1.3 Plan of Action

Plan of Action	Proposed Date/ Month	Status of attainment at the year end
Inauguration	August 2020	Inaugurated
Talk on Travel Experience of vloggers	November 2020	Conducted
Discussion on travelogues of important places in India	February 2021	Conducted along with inauguration
Poster designing competition	October 2020	Not done, instead travelogue writing competition is conducted.

Part – B

Part B - 2.1 Talks/Lectures/ Workshops Conducted

Summary:

Sl: No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1	UNLOCKING THE CONFIDENT YOU	Anjali George	70	
2	ARE YOU INTELLIGENT	Sigy Antony	60	
3	WORLD HEPATITIS DAY	Dr. Dominic Mathew	80	
4	Be Positive – 3 rd Session	Sreekumar K.	75	
5	Be Positive- 4 th Session	Dr. Thomas Kuruvilla	50	
6	Youth Day-Cultural Event	Mr. Aswanth Anilkumar	80	

7	Youth and Social Justice- International Webinar	Shinoth Mathew	100	
8	MEDIWEEK Day-1	Dr. Aparna Sreenivas	70	
9	MEDIWEEK Day-4	Dr. Jins Mathew	50	
10	Nadum Nadinte Paithrikavum	Aby Pappachan	90	
11	Role of NSS in Personality Development	Philomena George	70	
12	NSS DAY	Dr. MS Sunil	65	
13	Webinar – National Education Policy 2020	Dr.JOJI JOHN PANICKER	100	
14	Gandhi Jayanti	Dr. Jyothimol P	75	
15	Vazhivillakkukkal – 2	Prof .Sany Mary Benjamin	60	
16	Mental health issues – a concealed reason for suicide	Sri:Abhizhad Azis	75	
17	Aakhoshamaakkam Jeevitham	Biji Ann Kurian	40	

18	Be Kind To Your Mind	Mr. Johns K Lukose	50	
19	Orientation Programme	Mr. Praveen Varghese	120	
20	ROLE OF YOUTH IN CHILD PROTECTION	Mahesh G Justin Michael	200	
21	ENTE NSS JEEVITHAM	Shinith Padym	130	
22	ONLINE 7 DAY CAMP		81	
23	HALF DAY ORIENTATION	Dr. Shibin Xavier	70	
24	INTERNATIONAL WOMENS DAY	<u>Sri.Rajesh</u>	50	
25	TUBERCULOSIS DAY	Dr.Sebastian Thomas	30	
26	SAVING LIVES OPPORTUNITIES IN GENERAL SAFETY	Mr.Basil Raphael	70	

18/07/2020

UNLOCKING THE CONFIDENT YOU

The inaugural session of Be Positive of year 2020 - 2021 was held on 18 July 2020 at 3 pm through Google meet. Be Positive is one of the wings of the National Service Scheme of Baselius College which aims to create sessions on various topics to create a positive mentality in students. The programme began with welcome speech by Prof. Ashly Thomas, Programme Officer of

National Service scheme of Baselius College. Dr.Viju Kurian, Programme Officer of National Service scheme of Baselius College also attended the programme. The session 'Unlocking the Confident You' was led by Prof. Anjali George of St.Joseph College Alappuzha. The session dealt with ways to identify and tackle the confidence inhibitors and building more confidence. Different types of confidences, characteristics of a confident person were also discussed. There were 70 attendees for the programme. After the session there was lively feedback from the attendees. The programme ended at 4: 45 pm by vote of thanks delivered by Devika P Deepak, Volunteer Secretary of National Service Scheme of Baselius College.



25/07/2020

ARE YOU INTELLIGENT?

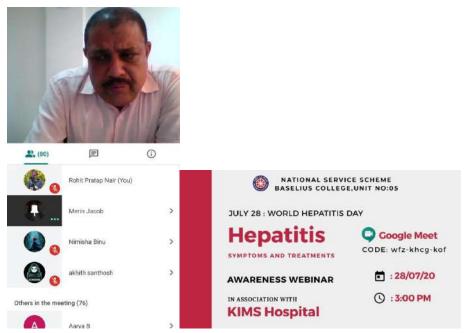
The second Be Positive session of the year 2020 - 2021 was held on 25 July 2020 at 3pm through Google Meet. The programme began with welcome speech by Dr. Viju Kurian, Programme Officer of National Service Scheme of Baselius College. Prof . Ashly Thomas, another Programme Officer of National Service Scheme of Baselius College also attended the programme. The session 'Are You Intelligent?' was led by Sigy Antony, Director Ask Counseling Center, Thellakom . This interactive session dealt with the eight types of intelligence which are visible in our routine lives and helped the attendees to understand the difference between each type of intelligence and the importance it has in the successful life of an individual. There were 60 attendees for the programme. After the session there was lively feedback the attendees. The whole programme was anchored by Sreerekha Sreekumar of D2 Bcom, Be Positive coordinator. The programme ended with vote of thanks delivered by Sethu Lekshmi S of D2 English, another Be Positive coordinator. The programme lasted for an hour and ended at 4 pm.



28/07/2020

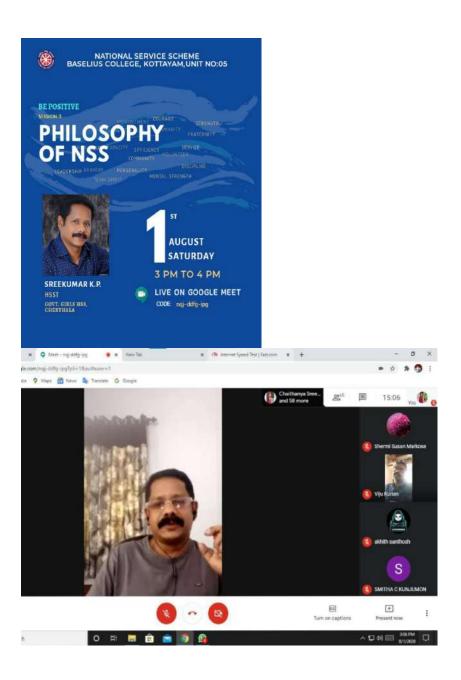
WORLD HEPATITIS DAY

"Know it, Confront it, Beat it". Hepatitis is one of the dangerous but silent diseases known to human. On July 28th, World Hepatitis Day, The Red Ribbon Club of NSS organized a webinar about symptoms and treatments of hepatitis through Google Meet. The programme was in association with KIMS Hospital, Kottayam. The programme started with NSS Song. RRC Joint-Secretary Ardra Radhakrishnan hosted the session. RRC Joint-Secretary Rohit Pratap Nair did the welcome speech. Prof. Ashley Thomas, NSS Programme Officer felicitated the session. Dr. Dominic Mathew(Anesthesiologist, KIMS Hospital) lead the session. The session dealt with various types of hepatitis and their symptoms and treatments. There were 80 participants including students from outside the college. After the session, the participants asked their doubts and got it cleared. Volunteer Secretary Karthika S offered a vote of thanks speech and thus the programme ended with positive feedbacks from participants.



01/08/2020 Be Positive – 3rd Session

The third session of Be Positive of the year 2020 - 2021 was held on 1st August 2020 at 3 pm through Google Meet. The programme began with welcome speech by Prof. Ashly Thomas, Programme Officer of National Service Scheme of Baselius College. The session "Philosophy Of NSS" was led by Sreekumar K. P. HSST of Govt. Girls HSS Cherthala. He was awarded the state award for most unique teacher of 2020 by Institute of Person Centred Approaches in India. He had served as Programme Officer for 5 years and was also member of the Programme Assessment Committee for 3 years. In the session, his experiences as a programme officer were shared. He worked with the students during the Flood that hit Kerala in the year 2018 to help the people. Those pictures were presented and shared his experiences with his students and the native people of flood affected areas. After that Dr. Viju Kurian Programme Officer of National Service Scheme of Baselius College shared his feedback about the session. After the session the attendees also shared their positive feedbacks about the session. The anchoring was done by Sethu Lekshmi S of D2 English, Be Positive coordinator. The programme ended with vote of thanks delivered by Sreerekha Sreekumar of D2 BCom, Be Positive coordinator. The programme lasted for an hour and ended at 4 pm.

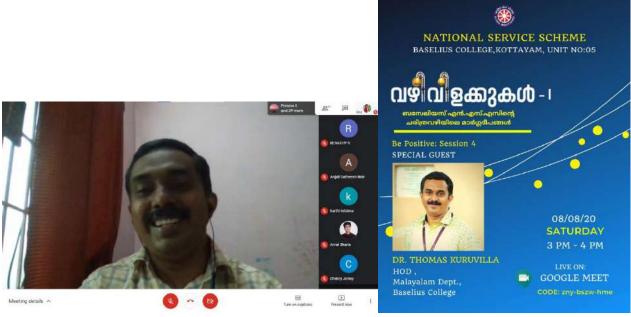


08/08/2020

Be Positive- 4th Session

The fourth session of Be Positive of the year 2020 - 2021 was held on 8^{th} August 2020 at 3pm through Google Meet. This session was the beginning of another series titled Vazhivillakkukkal (വഴിവിളക്കുകൾ). This series is planned as an interaction with the previous programme officers of National Service Scheme of Baselius College to get connected with the legacy of this unit. The programme began with the welcome speech by Dr. Viju Kurian Programme Officer of

National Service Scheme of Baselius College. This series began with the session led by Dr. Thomas Kuruvilla head of the Malayalam department of Baselius College. He was the programme officer of National Service Scheme of Baselius College from 2016 to 2018. He shared his experiences with this NSS unit of Baselius College during those years. As Be Positive was initiated by him he expressed that Be Positive was formed as a wing of the National Service Scheme of Baselius College aiming to inculcate positive spirit among students. There was also an interaction time with the attendees. After that Prof. Ashly Thomas, Programme Officer of National Service Scheme of Baselius College shared her feedback about the session. There were about 50 attendees for the programme. The anchoring was done by Sreelekha Sreekumar of D2 BCom, Be Positive coordinator. The programme ended with vote of thanks delivered by Sethu Lekshmi S of D2 English, Be Positive coordinator. The session lasted for an hour and ended at 4 pm.



12/08/2020

Youth Day-Cultural Event

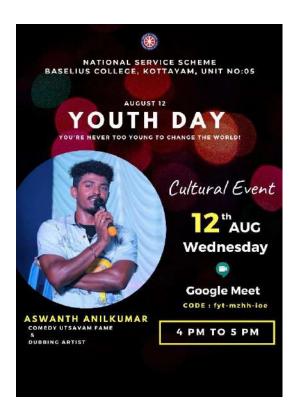
Youth comes but once in a lifetime. On August 12, International Youth Day, a cultural Event was organised by team NSS through Google Meet. Mr. Aswanth Anilkumar, an Ex-Baselian, comedy utsavam fame and a dubbing artist was the special guest of the event. The programme began with the welcome speech by Devika P. Deepak, Volunteer Secretary. Then, Mr. Aswanth, who made his excellence in mimicry, started his session by imitating the sound of famous people, as per the request of audience. He also shared his experiences and struggles in his career. Through his talk,

he inspired many students and brought positive spirit among them. Nss. The session lasted for an



Aaron Anna Joseph

hour and ended at 5 pm.

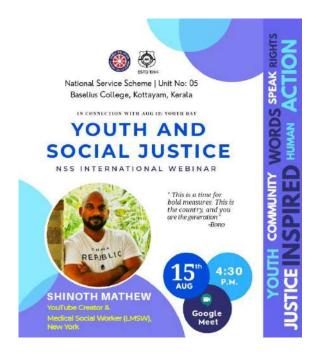


18/08/2020

Youth and Social Justice- International Webinar

In connection with Aug 12 youth day, an international webinar was arranged by the team about the the topic youth and social justice. Shinoth Mathew, a medical Social Worker based in New York was the chief guest. The Programme began at 4:30 p.m. with NSS song by Volunteer Rajasree R. Programme Officer Dr. Viju Kurian did the Welcome Speech. Dr. Biju Thomas, Principal of Baselius College, Hosted the session and delivered presidential address. After that, the session began by the chief guest. At first Mr. Shinoth shared his experiences about how he and his team tackled the deadly situation in his area. He worked alongside with Covid-19 infected for the welfare of others. Later he talked about the topic itself. The Programme ended by the vote of thanks delivered by Programme Officer Prof. Ashly Thomas. There was a doubt clearing section





25/08/2020

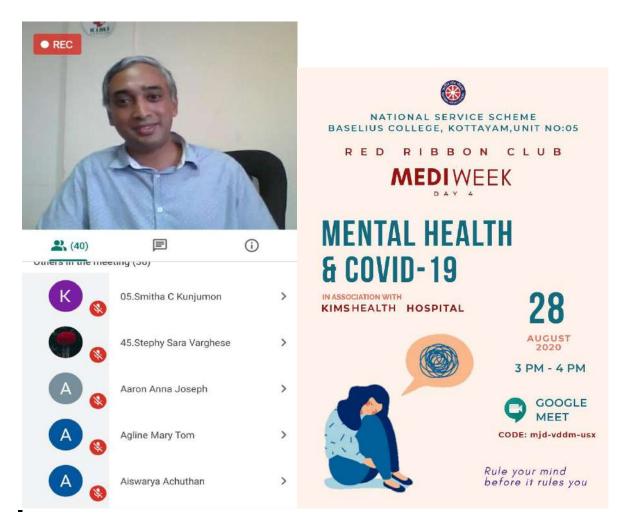
Day 1

On 25th August, as a part of MediWeek, a session titled "Blood Donation during Covid-19" was held via Google Meet. Since there is a lack of blood in most of the blood banks, the topic was very relevant in the current scenario. The session started with a NSS song by volunteer Rajasree R... RRC joint secretary Rohit Pratap Nair did the welcome speech. Dr. Viju Kurian , programme officer, hosted the session and delivered the presidential address. Then the session was lead by the chief guest, Dr. Aparna Sreenivas (Consultant Pathologist & Blood bank medical Officer-in-Charge, Bharath Hospital). She talked about the what , why and how of blood donation and the importance of blood donation in Covid era. She reminded everyone that blood donation is one's responsibility and we should do it once in every three months. After that , RRC secretary Akshay Praseed offered the vote of thanks. Above 70 people attended the programme including parents and people who found this topic relevant. Programme officer Prof. Ashly Thomas also attended the programme. The session was anchored by Ardra Radhakrishnan, RRC Joint Secretary. The session started at 4:00 p.m. and ended at 5:00 p.m.



Day 4

On 28th August, as a part of MediWeek, a session titled "Mental health & Covid-19" was held via Google Meet. The session started with a NSS song by volunteer Rajasree R.. RRC secretary Akshay Praseed did the welcome speech. Prof. Ashly Thomas, programme officer, hosted the session and delivered presidential address. Then the session was lead by the chief guest, Dr. Jins Mathew (Clinical Psychologist, KIMSHEALTH Hospital). Dr. Jins shared his experiences in counselling and told few good tips to rule our mind in this period. Dr. Viju Kurian, did the feedback speech. After that, RRC joint-secretary Rohit Pratap Nair did the vote of thanks. Almost 50 people attended the programme including parents and people who found this topic relevant. The session was anchored by Ardra Radhakrishnan, RRC Joint Secretary. The session started at 4:00 p.m. and ended at 5:00 p.m.



Nadum Nadinte Paithrikavum

The sixth session of Be Positive titled 'Nadum Nadinte Paithrikavum' (MOSZO MOSIMON BEALD) was held on 12 September 2020. Be Positive is one of the wings of National Service Scheme of Baselius College. This wing aims to create sessions on various topics to create a positive mentality in students. The session was held at 3pm through the Google Meet. The session began with welcome speech delivered by Sreerekha Sreekumar of D2 Bcom, Be Positive coordinator. The session was led by Aby Pappachan. (Teacher, Member of State School Textbook

Committee and Former Member of Children's Literary Institute) The session was mainly based on a trending video in social media where a young boy showed his emotional skills. Through this session he conveyed how we should deal with our failures. After the session, attendees shared their lively feedbacks. Baselius College National Service Scheme Programme Officers Dr Viju Kurian and Prof. Ashly Thomas attended the programme and also shared their feedback about the session. There were about 90 attendees for the programme. The Programme ended with vote of thanks delivered by Sethu Lekshmi S of D2 English, Be Positive coordinator. The session lasted for one hour and ended at 4 pm.





22/09/20

Role of NSS in Personality Development

Be Positive is one of the wings of National Service Scheme of Baselius College. This wing aims to conduct sessions on various topics to create a positive mentality in students. The seventh session of Be Positive of the year 2020 – 2021 was held on 22nd September 2020 at 3 pm through the Google Meet. The programme began with welcome speech delivered by Sethu Lekshmi S of D2 English , Be Positive coordinator. The session was led by Philomena George , HSST Of Mount Carmel HSS Kanjikuzhy. She was one of the former programme officer of NSS of Mount Carmel HSS Kanjikuzhy. She shared her experiences of working in NSS and the benefits that NSS had created in her life. She disclosed how NSS had made her a good orator. One of her former students also attended the programme and had a few words

about the influence of NSS in her life. Baselius College National Service Scheme Programme Officers Dr. Viju Kurian and Prof. Ashly Thomas attended the programme. Dr. Viju Kurian pointed out that being a Programme Officer gives teachers opportunities for building much more strong bonding with students. The programme ended with vote of thanks delivered by Sreerekha Sreekumar of D2 BCom, Be Positive coordinator. There were about 70 attendees for the programme. The programme lasted for 45 minutes and ended at 3:45 pm.

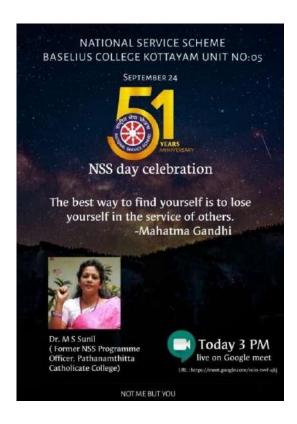


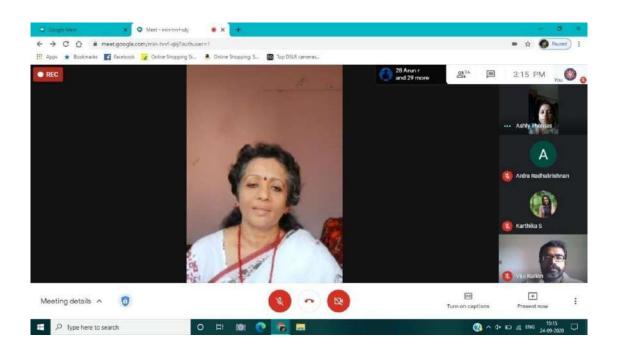


24/08/20

NSS DAY

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24 September is celebrated every year as NSS Day. The 51th NSS Day was celebrated on Google Meet live at 3 p.m. the programme commenced with NSS Song by Volunteer R. Rajasree of chemistry. Later NSS Pledge was shared by Karthika S (Volunteer Secretary). Programme Officer Prof. Ashly Thomas did the welcome speech and then the session was led by the Keynote speaker, Dr. MS Sunil (Former NSS Programme Officer and Former HOD of Zoology Department, Pathanamthitta Catholicate College). M. S. Sunil, who herself is quite famous for her activities during the time as a programme officer, shared her experiences to volunteers. She also told about the purpose of being a volunteer. The session ended with a vote of thanks by Akhith Santhosh (Volunteer Secretary). Ardra Radhakrishnan (RRC Joint Secretary) anchored the session.





29/09/20

Webinar - National Education Policy 2020

In association with UBA (Unnat Bharat Abhiyan) team and NCC of Baselius College, a webinar was conducted on 29th September about National Education Policy 2020 in Google Meet. The meeting started at 2:30 p.m. with a welcome speech delivered by Prof. Sany Mary Benjamin (UBA Co-ordinator, Baselius College, Kottayam). Later the session was led by Dr.JOJI JOHN PANICKER (Assistant Professor & IQAC Director, CMS College, Kottayam). He talked about all the W's of National Education Policy 2020 and how it affects the students. The programme ended with a welcome speech delivered by Dr. Viju Kurian (NSS Programme Officer). Anagha Anil of 3rd year Boom and Treesa Satheesh of 3rd year Chemistry anchored the whole session

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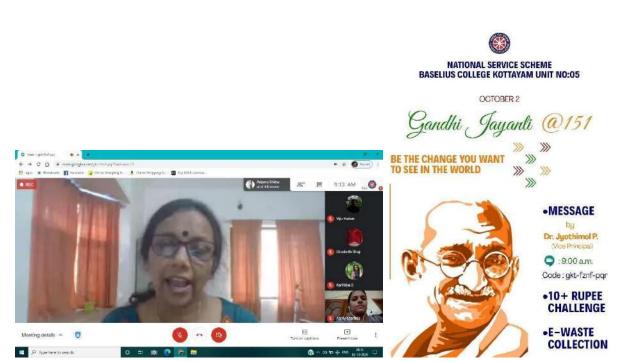




02/10/2020

Gandhi Jayanti

"Be the change you wish to see in this world". On October 2nd, several programmes was announced and by team NSS. A short video in which volunteers pay homage to the father of the nation was launched and spread. A Google Meet was conducted at 9 a.m. The programme commenced with NSS Song by volunteer R . Rajasree. Gandhi Jayanti special Message was delivered by Dr. Jyothimol P. (Vice Principal, Baselius College).



03/10/2020

Vazhivillakkukkal – 2

Be Positive is one of the wings of National Service Scheme of Baselius College. This wing aims to create sessions on various topics to create a positive mentality in students. The eighth session of Be Positive of the year 2020 – 2021 was held on 3rd October 2020 at 3 pm through Google Meet. This session was a part of series titled Vazhivillakkukkal (വഴിവിഒക്കുകൾ). This series is an interaction with the previous Programme Officers of National Service Scheme of Baselius College to get connected with the legacy of this unit. The programme was led by Prof. Sany Mary Benjamin of Zoology Department of Baselius College. She was the programme officer of National Service Scheme of Baselius College from 2017 – 2020. She shared her experiences with the NSS unit of Baselius College during those years. Some of the NSS volunteers also attended the session and had shared their memories. There was also an interaction time with the attendees. After that Dr. Viju Kurian Programme officer of National Service Scheme of Baselius College also talked about his experiences with Prof. Sany Mary Benjamin as a co – programme officer. There were about 60 attendees for the programme. The anchoring was done by Sreerekha Sreekumar of D2 BCom, Be Positive Coordinator. The programme ended with vote of thanks delivered by Sethu Lekshmi S of D2 English, Be Positive Coordinator. The session lasted for an hour and ended at 4 pm.





10/10/2020

Mental health issues – a concealed reason for suicide

'Vimukthi' is an anti-narcotics cell campaign organized by the state government. Anti-narcotics cell is a wing of National Service Scheme of Baselius College based on the Vimukthi mission. It focuses on the eradication of addiction to drugs and other social evils. We organises programmes and conduct sessions on important days related with the wing.

On 10th October, We conducted a webinar on the topic "Mental health issues-a concealed reason for suicide" on Mental health day at 3 pm through google meet. The programme began with NSS song by volunteer R Rajasree. Anti-Narcotics cell coordinator M R Yadhukrishna welcomed everyone to the webinar. The Presidential address was given by National Service Scheme programme officer Dr: Viju Kurian. The Keynote address was given by Sri: Abhizhad Azis. He is a

motivational speaker.He explained about simple as well as serious facts about our mental health.He conveyed extremely great messages through his simple inspiring words. The session was very informative and interesting. After the session review was given by NSS programme officer Prof:Ashly Thomas .After that volunteers also shared their positive feedbacks. The anchoring and Vote of thanks was given by Anjali A Nair of D2 Botany.All those who attended the webinar enjoyed it very much.The session lasted for an hour.

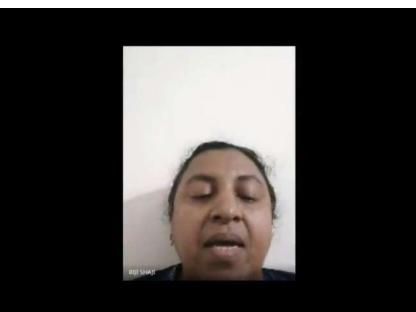


31/10/2020

Aakhoshamaakkam Jeevitham

Be Positive is one of the wings of National Service Scheme of Baselius College. This wing aims to conduct sessions on various topics to create a positive mentality in students. The ninth session of Be Positive of the year 2020 – 2021 was held on 31 October 2020 at 3 pm through Google Meet. The programme began with welcome speech delivered by Sethu Lekshmi S of D2 English, Be Positive coordinator. The session ആഘോഷമാക്കാം ജീവിതം was led by Biji Ann Kurian, HSST of St Mary's HSS Manarcad. She was awarded the best NSS programme officer Award for the year 2019 - 2020 and Best Teacher coordinator award for Nallapadam Project was also received for two consecutive academic years 2012 – 2013 & 2013 – 2014. The session focused on how to make our lives a celebration. The session was truly an explanation of the quote ' Happiness is true only when shared ' by Christopher McCandless . Many students who worked with Biji miss had attended the session. One of them was Gokul C Dileep. He received National Award for the best NSS volunteer for the year 2018 – 2019. He was one of NSS volunteer of St Mary's HSS 's NSS unit and shared his experiences with Biji miss. After that Dr. Viju Kurian Programme officer of NSS unit of Baselius College shared his feedback about the session. National Service Scheme Programme Officer Prof. Ashly miss also attended the programme. The programme ended with vote of thanks delivered by Sreerekha Sreekumar of D2 BCom, Be Positive coordinator. There were about 40 attendees for the programme. The programme ended at 4:15 pm.





06/11/2020

Be Kind To Your Mind

Be Positive is one of the wings of National Service Scheme of Baselius College. This wing aims to conduct sessions on various topics to create a positive mentality in students. The tenth session of Be Positive of the year 2020 - 2021 was held on 7^{th} November 2020 at 3 pm through Google Meet. The programme began with welcome speech delivered by Sreerekha Sreekumar of D2

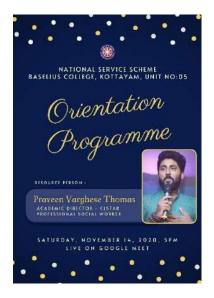
BCom, Be Positive coordinator. The session 'Be Kind To Your Mind 'was led by Johns K Lukose, psychologist and director of Life Skills Services, Behavioral Vocational Education And Training Centre (BVET) at Chathanoor in Kollam District. This session was an online campaign to promote mental health awareness during covid times. Mr. Johns K Lukose has also suggested to conduct a survey with the motive to find the effects of lockdown among students. After that Dr. Viju Kurian and Prof. Ashly Thomas Programme officers of this NSS unit shared their lovely feedback and comments about the session. The programme ended with vote of thanks delivered by Sethu Lekshmi S of D2 English, Be Positive coordinator. There were about 50 attendees for the programme. The programme lasted for an hour and ended at 4 pm.

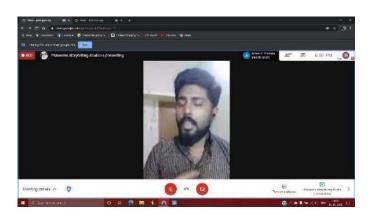


14/11/2020

Orientation Programme

The half day orientation programme was conducted via Google Meet. Dr. Viju Kurian did the welcome speech. The orientation class was taken by Mr. Praveen Varghese (Academic Director CLSTAR, Professional Social Worker). He shared his NSS experiences while studying at Baselius college and also taught the first year volunteers what's exactly is social service. He told that he used to do social service with the hope that he would get something in return. But that won't happen always. He also wanted the students to know that social service shouldn't end with one's NSS life. The felicitations was done by Prof. Ashley Thomas (Programme Officer). The vote of thanks was delivered by Akhith Santhosh (Volunteer Secretary). All the first year volunteers got opportunity to get their doubts cleared and gained lots of knowledge about the NSS and they understood the values included in the NSS.





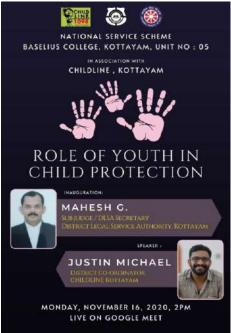
15/11/2020

ROLE OF YOUTH IN CHILD PROTECTION

Children are the future of a family and our hidden treasures. To spread the awareness about International Children's Day, the team NSS organized a webinar about the role of youth in child protection. The programme was in association with District Childline and District Legal Service Authority. The session commenced with NSS song by volunteer R. Rajasree (D2 Chemistry). Then the inauguration was done by Mahesh G. (Sub Judge/ District Legal Service Authority Secretary). He shared his NSS life when he was young and talked about the importance of child protection in this era. Later, the session was lead by Justin Michael (District Coordinator, Childline Kottayam). He elaborated the importance of childline service, their goals, mode of operation, achievements etc. He also shared his ideologies about the role of youth in child protection which was interesting and thought provoking. Dr. Viju Kurian and Prof. Ashley Thomas (Programme Officers, NSS) did felicitations. Then there was a session of newly enrolled first year students to ask and clarify their doubts. The meeting ended with a vote of thanks delivered by Akhith Santhosh (Volunteer Secretary, NSS). There were almost 200 attendees.







27/11/2020

ENTE NSS JEEVITHAM

Be Positive is one of the wings of National Service Scheme of Baselius College. This wing aims to conduct sessions on various topics to create a positive mentality in students. The eleventh session of Be Positive of the year 2020-2021 was held on twenty eighth November 2020 at 3 pm through Google Meet. The programme began with welcome speech delivered by Sethu Lekshmi S of D2 English, Be Positive coordinator. The session Ente NSS Jeevitham () was led by Shinith Padym, HSST of Vengad E.K. Nayanar Memorial Govt Higher Secondary School and former programme officer of National Service Scheme on 24 September 2020 from honourable president of India, Ramnad Govind. In the session, Mr. Shinith Padym shared his experiences as a programme officer and about his efforts that won him that award. He shared about the importance of selfless service that we should do to our society. His experiences and efforts clearly portrayed how he had shown his life as an example for selfless service. After that Dr. Viju Kurian and Prof. Ashly Thomas Programme officers of this NSS unit shared their lovely feedback and comments about the session. The programme ended with vote of thanks delivered by Sreerekha Sreekumar of D2 Bcom, Be Positive coordinator. There were about

130 attendees for the programme. The programme lasted for an hour and a half and ended at 4 : 30 pm.





20/12/20-26/12/20

Online 7 Day Camp

An online camp Seven day camp was organised as per the instructions given by the University on 20-12-21 to 26-12-21.

The theme of the Special Camping Programme 2020-21 was "Youth for Prevention and Mitigation of Covid 19".

The camp includes many activities such as orientation classes, skill development, organic farming, cooking and many more, which engaged the volunteers throughout the day.

The camp focused on giving a hands on experience for many factors which are essential in day to day life. The camp meant useful for the development of Volunteers and gave a positive response.



27/02/21

HALF-DAY ORIENTATION

On 27-feb-2021 a half-day Orientation was arranged for the first year NSS volunteers.

The program started at 8:30 with a formal inauguration function. Volunteers secretary, Akhith Santhosh inaugurated the function and delivered a speech. Dr. Viju Kurian, Programme Officer, did the presidential address. Prof. Shibu M. George, NCC Caretaker did the felicitations and RRC Joint Secretary Rohit Pratap Nair did the vote of thanks.



Following this session a "Program Charting" session was arranged, where the volunteers were given a situation and asked how they would handle such situations. This session focused on making the Volunteers understand the importance of Team work. This session also gave them an insight about how to conduct a program flawlessly and to identify any problems and to tackle such problems.

After this , at 11 AM , an Interactive session was Arranged with Dr. Shibin Xavier. His session was named "Black coffee, Learning to unlearn". He spoke about his experiences and his journey. He also spoke about the prejudistic mentality of our society. He lead his class in an interactive manner, where he conducted several games and activities which made the students lively. Half way through his session he also led a live Musical session .The students enjoyed his session and was energetic through out the class. The program concluded by 1:00 pm.



The half day orientation class was conducted abiding strict COVID Protocol. The senior volunteers ensured social distancing and everyone was sanitized.

8/3/2021

INTERNATIONAL WOMEN'S DAY

As part of International women's day, NSS unit conducted a live Lecture session on 8/3/2021 at 2:30-3:30 pm. The welcome speech was given by Akith Santosh, NSS Volunteer Secretary. The presidential address was Dr.Viju Kurian, NSS Program Officer. The Session was Inaugurated by Jyothi Mol P, Vice Principal. She spoke about the achievements of women made in Political, Economical, Scientific and Social fields. After the Inaugural Speech the Session started. The Session was led by Sri.Rajesh Sub inspector Kottayam Crime Branch.

He spoke about "Women and Cyber security". He spoke about how women must be about the hidden threats and about how they could utilize it in a beneficial manner.

At the end of the session an interactive session was also arranged.

The vote of thanks was delivered by NSS Volunteer Secretary, Karthika S.

The program concluded by 3:30pm. Throughout the entire program Strict covid Protocol was followed and ensured proper sanitizing and Social distancing



24/03/21

TUBERCULOSIS DAY

Baselius College National Service Scheme, Southern Railway and Kottayam TB Center jointly organized the National Tuberculosis Day. Dr. Sebastian Thomas of Kottayam TB Center

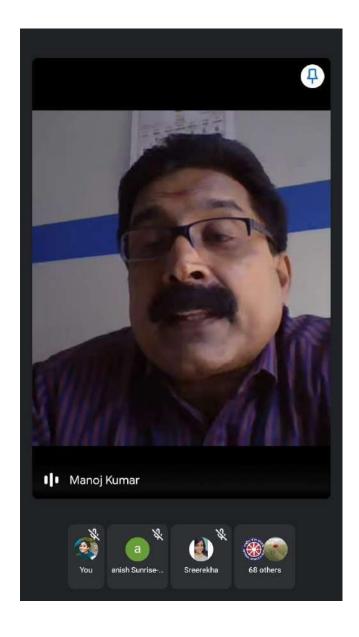
conducted a tuberculosis awareness class at the Kottayam Railway Station. During the Kovid period he was reminded of the need for tuberculosis control and remedies. The function was presided over by Chief Health Inspector Pratap Satya. B Officer Dr. Twinkle and Station Manager Sabu Thomas NSS Program Officer Dr. Viju Kurian spoke.



29/03/21

Saving Lives : Opportunities in General Safety

The fifteenth session of Be Positive of the year 2020 – 2021 was held on 29th March 2020 at 2: 30 pm through Google Meet. The programme began with welcome speech delivered by Sethu Lekshmi S of D2 English , Be Positive coordinator. The session 'Saving Lives: Opportunities in General Safety 'was led by Mr. Basil Raphael MC Fire and Safety consultant and trainer TUV Rheinland NIFE Academy PVT LTD. Mr. Manoj Kumar G Marketing wing Assistant General Manager also attended the program. He introduced about the company to the attendees. This session mainly dealt with all the aspects of Safety in Normal life. Mr. Basil Raphael MC also explained about ways in which people could be rescued at times of accidents. After that Dr. Viju Kurian and Prof. Ashly Thomas , programme officers of this NSS unit shared their lovely feedback and comments about the session. There were positive feedbacks from attends too. The programme ended with vote of thanks delivered by Archana Lal of D1 Zoology. There were about 70 attendees in the programme. The programme lasted for an hour and ended at 3:30pm



2.2 A Competitions Organised within the College

Summary:

SI: No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1.	AMMAYK ORU SANDHESHAM	NIL	65	NIL

2.	PRAKRITHYA	NIL	83	https://youtu.be/q2xSj0RjmWo

AMMAYK ORU SANDHESHAM

On Mothers's day, a competition in the name of 'Ammyak oru sandhesham' was held online in which those who write the best message for their mother would win. Students from the college participated in the competition and best message was posted in our Instagram and Facebook Page.



2.PRAKRITHYA

Bhoomitrasena is one of the wings of National Service Scheme of Baselius college. This wing contributes towards spreading awareness among people about the importance and protection of environment. On 28 July 2020, in connection with World Nature Conservation Day, it has started a new intra college programme named 'Pragrithya' which aims at enhancing the knowledge about nature through planting and caring. It is a one month programme in which all students can participate. The registration details of the planters was collected via Google forms. The programme will continue and participants should care their plant and send the details and images of plants they planted every week. After four weeks, the student who cared the plant well will given the prize on the basis of progress in their plant growth.

Dr.Biju Thomas (Principal,Baselius College), Dr.Viju Kurian(NSS programme officer) and Shahal Niraj of D2 Botany(Bhoomitrasena Secretary) introduced the programme to everyone through a short video (Link:https://youtu.be/q2xSj0RjmWo) .83 students registered for the programme. The registration has closed at 29 July at 6pm with 83 participants.



PRAKRITHYA

First week

By the end of first week we collected images of plants which was planted by participants on 28 July 2020, World Nature Conservation Day. And on 5th August 2020 ,we released a pdf document about the various medicinal qualities of fruit trees, vegetables and herbs. It helps in enhancing the knowledge about the role of plants in improving health and as a natural cure for various diseases.



Second week

By the end of second week we again collected images of plants. On 12 August 2020, the second pdf document was released across Social media which talks about methods of caring plants. It also includes details about various bio fertilizers and bio pesticides. For better harvest, it is important to care and protect plants. So this document helps us to learn about various things essential in plant caring and thereby successful growth of plants.



Third week

By the end of this week, we collected plant pictures and on 19 August 2020, we released a pdf about the importance of trees in protection of nature such as prevention of soil erosion, increasing rainfall, conserving biodiversity, consumption of excess carbon dioxide in atmosphere and releasing oxygen, decreasing global warming and water conservation etc. The information about the important roles of plants in nature helps people aware about taking necessary actions for planting and protecting trees.



Fourth week

By the end of this week, we collected images of plants from participants. By evaluating the progress in growth of plant by these four weeks, Anjali Satheesh Nair of D2 Chemistry and Smitha C Kunjumon of D2 Zoology won the prize. We also released a video which shows the pictures of various plants that were planted as part of programme. About 62 plants were planted as part of programme.





04/11/2020

INTERCOLLEGIATE PRESENTATION COMPETITION

On the behalf of UN Day, an intercollegiate presentation competition was conducted by the pothichor wing of NSS Baselius. The topic of the competition was 'Zero Hunger, Challenges and Solutions to Poverty'. Out of four teams, Twinkle & Aleena of CMS College Kottayam won the first prize and was rewarded Rs. 1000. Anakha S. Thampy of Baselius College, Kottayam got second prize and was rewarded Rs. 500. The registration fee of Rs. 50 was fully contributed to Snehaveedu Project – Building houses for the needy.

2.2 B - Inter-Collegiate Competitions Organised

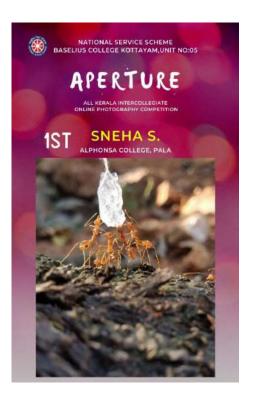
Summary:

ı	SI: No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
	1	Aperture		35	

2	Intercollegiate presentation competition	20	
3	RJ Competition	18	
4	Debate Competition	20	
5	VIGNETTE	35	
6			

Aperture

In connection with World Photography Day and World Humanitarian Day, an All Kerala Intercollegiate Online Photography Competition was organized by the team. The competition was live from 19th August with last date as 25th August. The topic was 'Together'. Out of participants across Kerala, Sneha S. of Alphonsa College, Pala got the first prize of Rs. 501/-. Ajay Sankar of Baselius College, Kottayam and Abhijith G. of RIT Pampady won the 2nd and 3rd prize respectively. A certificate of participation was given to all participants.



Intercollegiate presentation competition

On the behalf of UN Day, an intercollegiate presentation competition was conducted by the pothichor wing of NSS Baselius. The topic of the competition was 'Zero Hunger, Challenges and Solutions to Poverty'. Out of four teams, Twinkle & Aleena of CMS College Kottayam won the first prize and was rewarded Rs. 1000. Anakha S. Thampy of Baselius College, Kottayam got second prize and was rewarded Rs. 500. The registration fee of Rs. 50 was fully contributed to Snehaveedu Project – Building houses for the needy.





RJ Competition

An Inter-collegiate Radio Jockey Competition was conducted by the team to test the public Speaking abilities of college students. The programme was conducted in two stages and out of several participants, Dan Thomas Varghese of CMS College won the first prize of Rs. 1000 and Alisha Pascal of Alphonsa College, Pala won the second prize of Rs. 500.



Debate Competition

An All Kerala Inter-collegiate Debate competition was conducted on 25-01-2021 to celebrate National Voters Day. The competition was conducted through online platform. A total of 86 teams participated where each team had two participants. The Registration form and the brochure was shared to NSS Programme officers of each colleges. The registration for the competition was done through Google Forms. The Registration started on Jan-20-2021 and was closed by jan-23-2021. A Whatsapp group was created for this purpose. Rules and further Details were intimated through this group. The topic for the Debate was announced by Kottayam Sub-Collector, Sri Rajeev Choudhary IAS . The participants was given 30 minutes time period to send there videos. The results Were published on Feb 20th 2021 . There was a Prize pool of Rs 3000/- , where the First prize was of Rs 2000/- and the Second Prize was of Rs 1000/-.

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VIGNETTE

In connection with world population day, an All Kerala Intercollegiate Online Pencil Sketch Competition was organized by the team. The registration was done via Google Forms. 300+ students from all 14 districts registered and a WhatsApp group was created as a medium for the competition. The competition was held on 15th July. The topic was 'IMAGINE THE IMPOSSIBLE'. Out of 150+ participants, Nevin Sunil of St.Thomas College Palai got the first prize of Rs. 501/-. Yadhu Krishnan MR of MES College, Aluva and Nazreen Shamji of FISAT,Angamaly won the 2nd and 3rd prize respectively. A certificate of participation was given to all participants.





2.3- Cultural Programmes Organised

Summary:

Sl: No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1	Kick the Cigar		8	
2	Face the Fear		20	
3	Street Play		10	
4	The Vote Song		25	
5	Flashmob - No Smoking Day		15	
6	Flashmob and Campaign		12	

31/05/20

KICK THE CIGAR!

Knowing the fact that tobacco is helping smokers as well as non smokers who finds these products to get a relief from lockdown days, on 31st May, NSS Baselius shocked everyone with KICK THE CIGAR! Comic. The comic was on the behalf of anti-tobacco day. It was created in a retro style and showed the after effects of smoking with a beautiful and realistic story. The comic went viral in social media and was discussed and appreciated by everyone.



03/12/2020

Face the Fear!

As a part of AIDS Day observation, a shortfilm was released by the team. The short film was entirely shot on online media platforms (WhatsApp & Google Meet), by strictly adhering the protocols of Covid – 19. The shortfilm portrays the rise of a girl, who's been accused and avoided by her new college mates based on murmers that she's carrying the disease and spreading it. The shortfilm was released on Instagram and YouTube and got a huge appreciation from several people including doctors from different hospitals. The link of the shortfilm: https://youtu.be/XMX9QsNhS3Q





04/02/21 **Street Play**

The Baselius College National Service Scheme is spreading the message of survival from cancer by inviting changing lifestyles and drug use to the community on this Cancer Day. A street drama in connection with Cancer Day was conducted. College Principal Dr. Biju Thomas, Programme Officers Dr. Viju Kurian and Prof. Ashley Thomas preached. Cancer is not the end of anything, we will survive.



10-3-2021

THE VOTE SONG

Two Officials from Kottayam taluk visited our college as part of the Election awareness program. The aim of the program was to teach the Students a song which showed the importance of every vote. There were 50 students, out of which 10 students were from Other colleges.

The Program was held at Kottayam Collectorate





12/03/21

FLASHMOB - NO SMOKING DAY

Anti Narcotics cell of Baselius college National Service Scheme organized a flashmob on March 12 in association with "No smoking day". This year's theme of "No smoking day" is "quitting smoking doesn't have to be stressful."

Flashmob was conducted to make people aware of the impacts of smoking in our daily life. Kottayam district Excise Inspector Amal Rajan shared his gratitude of being a part of this intiative against smoking. Other officers from excise department also responded positively about this .Baselius college principal Dr:Biju Thomas appreciated all NSS volunteers for organising the flashmob. Baselius college National Service Scheme programme officers Dr:Viju Kurian and Prof Ashly Thomas shared their opinions about this awareness through flashmob. Anti Narcotics cell head Anjali A Nair remarked that one burning cigarette not only affect a single life but affects the life of many people around us. NSS volunteer Asnamol Shine, thanked

everyone for joining with our intiative against smoking. This effort by Baselius NSS against smoking has proven very effective.



17/03/21

FLASHMOB AND CAMPAIGN

Electoral Literacy Club and SVEEP 2021 organized a pre-election flash mob in Arpukkara Panchayat.

Volunteers Informed and interacted about the need to vote. Members of all ages were included as part of this campaign . This campaign focused on attaining for 100% literacy and 100% voting.

Arpookkara Grama Panchayat President Rosley Thomichan and Panchayat Standing Committee Chairperson Deepa conveyed their greetings. Dr. Biju Thomas, NSS Program Officers; Viju Kurian, Prof. Ashley Thomas led the way.





2.4 - Extension and Outreach Programme Organised

Summary:

SI: No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1	POSTER CAMPAIGN			
2	POSTER CAMPAIGN 2			
3	HASHTAG CHALLENGE		75	
4	PLANT A LIFE		1200	

5	NURSES DAY	50	
6	RESSQ	125	
7	VOTERS ID REGISTRATION - HOW TO DO?		
8	MEDI WEEK		
9	DAY 3	9	
10	DAY 5		
11	# Makittkarnnonmaar	9	
12	E - WASTE COLLECTION	9	
13	10+ RUPEE CHALLENGE	9	
14	INTERNATIONAL GIRL CHILD DAY		
15	POSTER CAMPAIGN	9	
16	ELECTION POSTER CAMPAIGN		
17	WORLD DIABETES DAY		
18	VOTERS ID VIDEO		
25	KUTTIKIT		
27	KUDINEER		
28	RAILWAY STATION CLEANING		
29	QNA WITH PUBLIC		
30	DOCUMENTARY		
31	BIKE RALLY		
32	ELECTION AWARENESS		

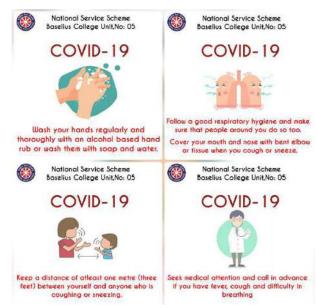
10/03/2020

POSTER CAMPAIGN

As part of the first steps towards spreading awareness about the importance of prevention, a poster campaign was initiated online to enlighten students about the importance in maintaining self-hygiene. Simple but rather effective posters were released and shared among students and the general public through various social media.



Avoid touching eyes, nose and mouth.



27/3/2020

POSTER CAMPAIGN II

Since people tend to get bored during the lockdown days, several posters were released and shared. The posters was about how to effectively utilize their free time during these days and beat boredom. The posters were minimalistic but contained powerful messages and were shared through various social media.



31/03/2020

HASHTAG CHALLENGE

As we know, health workers and law enforcement people are risking their lives for the welfare of the victims of the virus and the general populace. We owe them immense gratitude for their sacrifice on our behalf. On 31st March, a Hashtag Challenge, #care4thosewhocare, was initiated to thank them. Students exhibited their love and care through their talents like poems, messages, photography, artwork, pictures etc. under this hashtag and challenged other students to participate in it. People from outside the college actively participated and the challenge went 'viral'.



05/05/2020

PLANT A LIFE!

In association with Expectation Walkers NGO, 'Plant a life!' challenge was started with aim of planting at least 1000 plants before June 5th, world environmental day. People who participated in this program challenged their friends to join this venture and thus the challenge went viral. The unit alone planted 100+ plants in a week.

By joining hands with other units, we crossed the border of 1200+ plants in just 14 days.





12/05/2020

NURSE'S DAY

To remember the bravery of nurses who are still risking their lives for the welfare of victims of the virus and the general populace, wishes written in cards and sweets for the nurses were given to nurse's superintendent. The program was done by strictly following the rules and regulations of the lockdown period.



05/06/2020

Ayalkkaranoru upahaaram, Bhoomikoru sammanam

As the volunteers did several planting programs during lockdown, a new program was done on June 5th, World Environment day. Volunteers gave saplings to their neighbours and thus created an awareness of importance of the day. Students and teachers equally took part in this program and thus created a green vibe which made a strong bond in their neighbourhood





14/06/2020

RESSQ

On June 14th, RessQ mission, a district level blood directory was started by the red ribbon club of national service scheme upholding the importance of blood donation. As a part of this, a Google form where one can register for blood donation, was made by the team and spread it everywhere. Online campaigns were done as a part of this to encourage people for blood donation. The program had a huge success by registering 100+ voluntary blood donors in just a day.



13/08/2020

VOTER'S ID REGISTRATION- HOW TO DO?

The Electoral Literacy Club is a platform to engage students through interesting activities and hands-on experience to sensitise them on their electoral rights and familiarise them with the electoral process of registration and voting.

A 2-minute 'How to-do' video was created for Registration of voters ID with Mobile phone by the use of voters Helpline app and was released via instagram on 13-8-2020. The entire process of registration was well defined throughout the video. The documents prescribed during the video presentation was an Age Proof(Birth certificate/SSLC certificate copy), Aadhar card, Ration card, a photo of the Applicant and a voters Id card number of any relative or a neighbor. Every one found the video useful and positive comments were received.

The video and other details can be accessed through Instagram in the profile of "baselius_nss".. The video link is provided below https://www.instagram.com/tv/CECRIUQjbwS/?utm_source=ig_web_copy_link

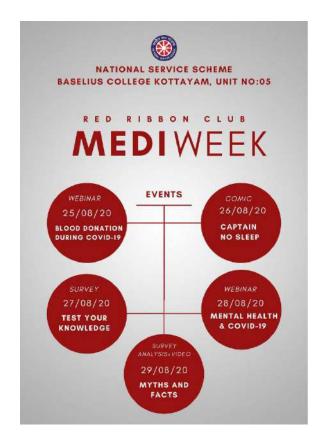


25/08/2020 to 30/08/2020

MEDIWEEK

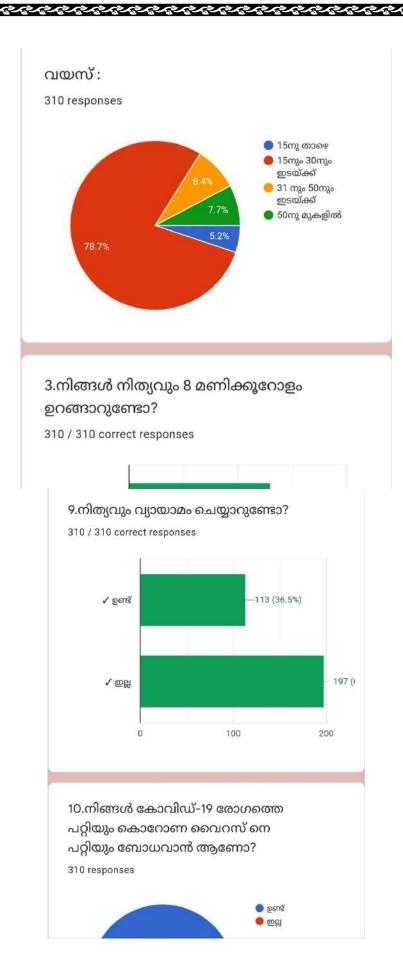
Red Ribbon Club was formed with the noble aim of helping our fellow human beings in all possible ways. The main activity of this club is to offer blood, the preserver of human body. RRC members are sensitized to meet emergency situations. Blood donation is a noble gesture of love and concern for fellow beings. It is important for every individual in the campus to be part of this effort. RRC tries to involve all the students and staff members by providing awareness classes.

Just like the name of the programme, MediWeek was started on 25th August and ended on 30th August with 5 different programmes. The basic theme of this programme was the difficulties faced by the general populace in this Covid era.



DAY 3

On the next day, a Survey Programme in the form of a quiz was launched through social media platforms. The survey included questions which is relevant on current scenario, touching various fileds like Fitness, Diet, Sleep etc. The survey had over 300 responses in the first day. The data was collected for future needs.



On the last day of the MediWeek, a short video titled Myths and Facts was launched by the team. The purpose of the video was to debunk common myths and aware the public about their real facts. The video covered topics related to Covid-19 and some basic health information.

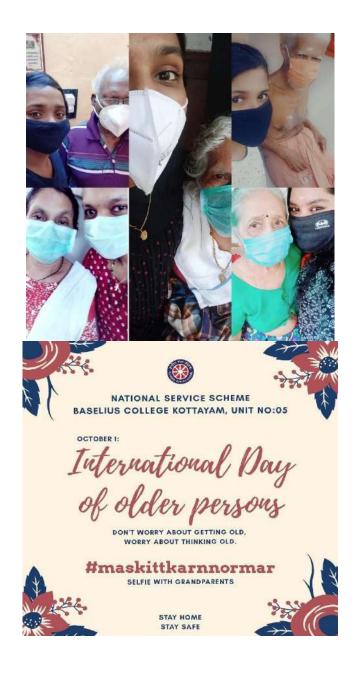
MYTH 5 : Splits end can be cured by shampoo and conditioners

You can only get rid of the splits ends by cutting them.

01/10/2020

#MASKITTKARNNORMAR

"DON'T WORRY ABOUT GETTING OLD, WORRY ABOUT THINKING OLD". On international day of older persons, a selfie challenge was introduced, titled #maskittkarnnormaar. The challenge in which, volunteers share their selfies with their grandparents wearing masks, highlighted the importance of wearing masks in this covid era. The challenge was spread throughout the college and students other than volunteers also participated.



E-WASTE COLLECTION

Unlike Normal Waste, E-waste possess more threat to our environment as they contain harmful chemicals. On Oct 2nd, an e waste collection drive was launched and students collected e wastes in their house as well as on their neighborhood. The aim of this programme was to aware the general populace about the danger of electronic waste. The collected e wastes will be disposed once the college reopens.



10+ RUPEE CHALLENGE.

On 2nd October, a fundraising programme was started. Snehaveedu was a project launched by nss baselius to extend its helping hand to the needy who doesn't even have a safe space to sleep.

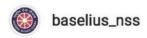
As part of it's fund collection, a 10+ rupee challenge was launched.



11/10/2020

INTERNATIONAL GIRL CHILD DAY

"Be the next, be the change, be the signature". A short video was spread on social media. The video was about Malala Yousafzai, a Pakistani education advocate who, at the age of 17 in 2014, became the youngest person to win the Nobel Peace Prize after surviving an assassination attempt by the Taliban. The video was in the style of stop-motion animation in which the pictures are drawn by Ardra Radhakrishnan (RRC Joint Secretary). The video was edited by Akshay Praseed (RRC Secretary). The video went viral and was accepted by general pupulace. Link: https://www.instagram.com/p/CGNZwh9DdCh/?igshid=1jgulupfp4d32





15/10/2020

POSTER CAMPAIGN

On October 15, World Hand Washing day, a poster was released explaining the know how of handwashing. The basic aim was to aware the public about the necessity of proper handwashing and during this covid era.



27/10/2020

POSTER CAMPAIGN

Electoral Literacy club on oct-27 created a brochure on updating the news on the panchayat Election registration. Follow up was made and helped student from our college and outside our college in name inclusion in the voters list. We not only helped in name inclusion but also helped in transposition of their current position. By concluding, the program meant to be helpful and obliged. The brochure put in circulation is given below:



14/11/2020

WORLD DIABETES DAY

Myth and fact about Diabetes was one of the successful programme conducted by Pothichor. World Diabetes Day is the primary global awareness campaign focusing on diabetes mellitus and is held on 14 November each year. It was a great success. Students shared this video widely, and we got great applause from many students, outside our college. Through this initiative, Many students got a Awareness about Diabetes. The video can be found here: https://www.instagram.com/tv/CHkKKhvDYoz/?igshid=1pv5ilfli2a60

17/11/2020

VOTER'S ID

An informational video was put into circulation announcing the commencing of registration of new voters who reached 18 years old on or before Jan-1-2021. This was mainly focused to make the fresher students aware of the voters registration. This video was complemented with a link of a previous video which thought students how to register for voters id, so that students could refer the steps for the process. Nearly Hundred students responded to the video and attracted positive reviews The video was also posted in Baselius Nss Instagram page. The link provided below:

https://www.instagram.com/p/CHrhEs4D4ti/?igshid=1dz0brfnx3dhf

01/12/2020

AIDS DAY

On December 1, World Aids day, The Whole College, from Lecturers to Securities, wore the symbol of AIDS, made of ribbon. The idea of the programme was to create awareness about the disease.





09/12/2020

ELECTION GUIDELINES

Guidelines for the local body election during the COVID 19 was informed through a Brochure on Dec-9. This Brochure conveyed the things to be noticed during the election such as keeping ourself safe by wearing mask and not to remove our mask until we are asked too and carry necessary items such as a pen, our identity or voters card etc.

This brochure was circulated through whatsapp and instagram . This brochure was helpful in clearing the confusion during the election period and providing the required guidelines



04/01/21

AWARNESS POSTERS

After a gap of nine months, when classes started, a display of posters urging them to comply with safety standards under the auspices of the National Service Scheme Baselius College Unit. The posters had details about How to wear a mask, keep social, distance, and use sanitizers etc. Volunteers greeted students at the College Gate with posters providing guidance for them.



25/01/21

VOTERS DAY

NSS along with Taluk Election Division celebrated National Voters 'Day with a seminar. The seminar started on 10 o clock at A.P. Mani Media centre of Baselius College, Kottayam. Sub Collector Sri. Rajeev Kumar Choudhary inaugurated the function. Tahsildar Sri. P. G. Rajendra babu did the presidential address. The meeting ended at 12:00 after a doubt clearing session.





RAISE AWARENESS!

On Republic Day, a programme was conducted in association with Enforcement Wing of Motor vehicle department of , at erayilkadav- manippuzha bypass road. The main theme of the programme was to raise awareness about road safety in this time. Volunteers gifted sweets to those who obeyed all traffic laws. And for those who did not, they gave an awareness about the need to follow traffic rules. Assistant Motor Vehicle inspector Harikrishnan inaugurated the function and interacted with the volunteers. The whole programme was conducted by strictly adhering covid protocols.



CAPTION FOR THE ELECTION

A brochure was circulated in search of a caption for the Election. Over 100 Captions were received . It was mentioned that the caption must feature the highlights of Kottayam, Election during COVID and must also give a message on vote. The captions were collection through our WhatsApp numbers. The last date for submitting the caption was 8-02-2021.



03/02/21

BLOOD DONATION CAMP

Despite the tightening of Covid-19 restrictions, Baselius College NSS became a role model by conducting blood donation camp. The blood donation camp was jointly organized by Kottayam General Hospital and Baselius NSS Unit. The blood donation camp was organized without compromising on the Covid norms. The camp received the full cooperation of the students and residents of Kottayam. College Principal Dr. Biju Thomas, Vice Principal Jyothi Mol P, Program Officers Dr. Viju Kurian Prof. The presence of Ashley Thomas made the camp excellent. Under the leadership of Dr. Swapna Paul, this blood donation camp, which was considered impossible, was implemented.



KUTTIKIT

Under the auspices of Kottayam Baselius College National Service Scheme, Kuttikit were distributed in the houses under Arpookara Grama Panchayat. The project, which was started with the aim of focusing on the health and well-being of children, distributed kits to homes with children under the age of five and to Anganwadis in the In view of the fact that malnutrition is becoming a challenge, Principal Dr. Biju Thomas inaugurated the function. Were, Dr. Viju Kurian, Prof. Ashley Thomas greeted. Volunteer Secretaries Arjun Ambili, Akhit Santosh, Karthika S and Devika P Deepak led the program which followed by the code of covid protocol.









22/03/21

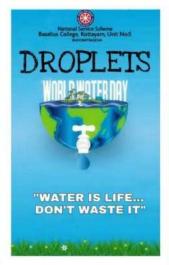
KUDINEER

Bhoomitrasena, one of the wings of National Service Scheme of Baselius College has observed World Water Day on March 22,2021 in which the volunteers provided drinking water to the police officers who were controlling traffic in the intense climate. Considering their struggle for our society in this hard situation, our volunteers decided to provide them a simple hands of relief with these bottles of water. We provided bottles of water to the police officers across different streets of Kottayam.



DROPLETS - MAGAZINE

Bhoomitrasena, one of the wings of National Service Scheme of Baselius College has observed World Water Day on March 22,2021 in which the volunteers released an online magazine DROPLETS which include various poems, stories, articles and drawings with the theme, importance of water and its protection. The programmes conducted in observance of World Water Day 2021 highlights the theme 'valuing water' helped to create awareness on importance of conserving water and its value.







RAILWAY STATION CLEANING

The Kottayam railway station area has been cleared under the auspices of Kottayam Baselius College national services scheme. With the help of S manager Babu Thomas, the project, which aims to focus on health and well being, was attended by 20 volunteers who met the covid standards. Even during this covid period N.S. S the cleaning program was successfully completed with the attitude that the activities of will not be diminished at all. Volunteers secretaries Arjun Ambily and Devika. P. Deepak were present on the occasion and led the way.





QNA WITH PUBLIC

A QnA event was conducted by Electoral literacy Club at Nagambadam Bus Stand, led by SVEEP representatives.

The Program was conducted in such a way that the volunteers ask various questions to random People and if the answers were right they were given a Mask.

This program checked how much the general public is aware of the election process.

Volunteers from other colleges also accompanied the program.



01/12/2020 - 25/03/2021

VOTERS ID REGISTRATION

Our club was successful in Registering over 200+ new voters. The registration process was done different phases. In the First phase 100 new voters were registerd who Lived in our neighborhood and in the second phase we also registred 100+ new voters from our college. Along with the new id registration Correction and Transposition in voters id was also done.



DOCUMENTARY

A Documentary was prepared by Electoral literacy Club, National Service Scheme which focused on communicating the importance of vote. The general public were interviewed by the volunteers to know about their grounds on the Election and vote process.

The documentary approach that we have adopted was a cross between an interactive approach and an explanatory approach. The reason why I have chosen to use both approaches is so that elements from each approach are used to clearly demonstrate the meaning and purpose behind their vote.

Their opinion and answers were unbiased and was not at any influence.

The documentary is displayed on NSS Instagram page and was able to attract many attention.



BIKE RALLY

NSS Volunteers from our college participated in a Bike Rally initiated by SVEEP.

The flag was hoisted by Kottayam Collector Smt. M Anjana IAS.

The Rally started from Kottayam collectorate and stopped at Nagambadam.

The purpose of the rally was to spread awareness about the upcoming election and also about spead 100% Voting literacy.





ELECTION AWARENESS

As part of the Election awareness programs posters were hung on public places and at the nearest Election Booth .

The posters showed the important documents to be taken by the voters while coming for the Election.



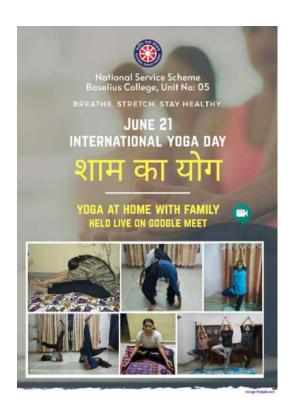
2.5- Skill Development Courses Organised

Summary:

Sl: No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1	Yoga Day	Nandana Dileep	55	
2	Pouch Making Tutorial		70	
3	Trash To Treasure		69	
4	Hiroshima /Nagasaki Day		85	
5	Anti - Junk Food Magazine		56	
6	Jaivakom- Adukkalathottam		90	
7	International Mother Tongue Day		67	Li
8	Pazhamayilek Orethinottam		66	
9	Droplets - Magazine		75	

Yoga Day

On International day of yoga, an online yoga session was arranged on Google meet based on the theme 'Yoga at home with family'. The program was inaugurated by programme officer Dr. Viju Kurian. An orientation one importance of yoga and its day was given by volunteers. NSS volunteer Nandana Dileep who herself is a yogamaster led the session. Students and teachers participated in the program with their family.

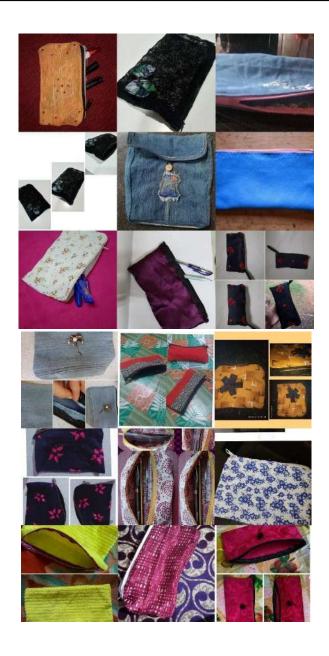






Pouch Making Tutorial

The twelth programme of Be Positive was a pouch making tutorial. It was done through sharing the pouch making tutorial video uploaded in the YouTube channel of Baselius College National Service Scheme on 12 December 2020. The pouch making video was done by volunteer secretary Devika P Deepak of D2 Chemistry and edited by RCC secretary Akshay Praseed of D2 Political Science. The YouTube link of the video was shared among the first year volunteers and were given a task that is to create such pouches with some their own innovative skills. Within the time limit of a week the first year volunteers made pouches with waste cloth pieces with different designs. This programme helped in encouraging students to make hand-made cloth pouches which can be used for replacing plastic pouches with eco-friendly pouches. The entire programme was coordinated by Be Positive Coordinators Sreerekha Sreekumar of D2 BCom and Sethu Lekshmi S of D2 English with the guidance and support of the programme officers Dr. Viju Kurian and Prof. Ashly Thomas.



TRASH TO TREASURE

In connection with plastic free day, Trash to Treasure, a 7 day programme was started with aim of reducing plastic usage. The idea was simple, to teach general populace about how to make a beautiful craft by utilizing things around them in this lockdown period. 7 products, including cloth pouch,paper pen,paper bag,pen stand,paper basket,door mat and cloth mask. A PDF file was created and shared through every social media platforms. After the 'How?' section, a 'Why?' section was also included to aware everyone about the plastic's invasion on our planet. The programme had a huge success when other NSS units shared this on their social media pages.



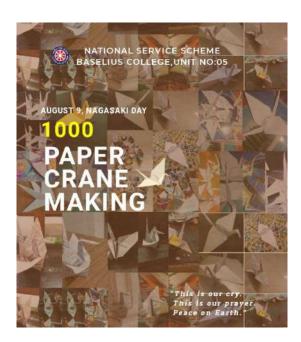


Hiroshima/Nagasaki Day

On August 6th, a 1000 paper plane making mission was started to remember Sadako Sasaki, a victim of the after effects of the Hiroshima disaster. An ancient Japanese legend promises that anyone who folds a thousand origami cranes will be granted a wish by the gods. Some stories

believe you are granted happiness and eternal good luck, instead of just one wish, such as long life or recovery from illness or injury.

A pdf document file was spread across the social media explaining the detailed process of how to make a paper plane, to ensure the Participation of students throughout the college. The mission was completed on 9th August, Nagasaki Day.





Anti - Junk Food Magazine

Food Magazine was one of the successful programme conducted by Pothichor. The magazine consists of almost 31 different types of Non Junk foods. We would like to introduce Non-Junk food items to our students, and that is the main reason we focused on a magazine like this. It was a great success. Students shared this magazine widely, and we got great applause from many students, outside our college. Through this initiative, we were able to know more about a variety of new food items, of different region. Last year we had conducted a Food Fest but this year, as we are facing such a huge pandemic issue, we released this Food Fest magazine instead of Food Fest. I take this as an oppourtunity to thank everyone who helped us, especially our P.O Dr Viju Kurian, Prof. Ashly Thomas and other co-ordinators, to release such a worthy magazine.





JAIVAKOM-ADUKKALATHOTTAM

On 4th April, a new venture was started in the name of JAIVAKOM. As a part of this, Organic farming was done by the volunteers at their own homes and premises. Volunteers effectively utilized lockdown days for the gardening and shared their progress. The program itself created a huge impact for other people and learned its importance.







International mother tongue day

Mother tongue develops a child's personal, social and cultural identity. Using mother tongue helps a child develop their critical thinking and literacy skills. On international mother tongue day, volunteers modified 'samaramaram' to mother tongue tree, by hanging decorations based on our mother tongue, Malayalam. Popular poems, posters, images of the great poets in Malayalam language etc where the main attractions. This created a public awareness throughout the College about the importance of the day.



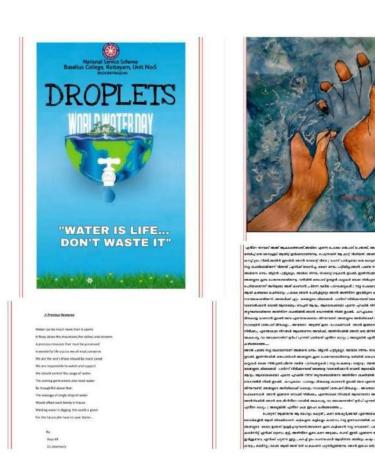
Pazhamayilek orethinottam

The fourteenth of Be Positive titled 'Pazhamayilek orethinottam' which was on 30th January 2021. It was done through sharing a video uploaded in the YouTube channel of Baselius College National Service Scheme that demonstrates the procedures of making some toys using coconut leaf. The demonstration was done by Yeduraj of D2 Botany, one of our NSS volunteer. Through this programme we aimed to help students to have a nostalgic feelings of their childhood and for those who haven't tried these crafts earlier this will provide them an opportunity to try these crafts using coconut leaf. Nowadays most people are spending their time with mobile phones and gadgets, people have been prone to mental disorders due to this continuous use. We found that this programme will help them find joy without gadgets and we executed this idea with some ageold crafts which are refreshing and enjoyable. The technical side was done by Chaitanya Sreenivas of D2 Chemistry and Akshay Praseed of D2 Political Science. programme was coordinated by The entire Be Positive Coordinators Sreerekha Sreekumar of D2 BCom and Sethu Lekshmi S of D2 English with the guidance and support of the programme officers Dr. Viju Kurian and Prof. Ashly Thomas.

Link of the video: https://youtu.be/Smo6A1JqXNc

DROPLETS - MAGAZINE

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2.6 Certificate Course Conducted, if any

Sl	Title of the Programme	Name of the	No. of	Links
:		Resource Person	participants	available if
No				any

1	INTERCOLLEGIATE SEMINAR	Sri.Ramesh P	
		Mr.Sarath Chandran Ms.Archana Shaji Ms.Archana Anoop Ms.Gopika G Ms.Sohinimol Chacko Ms.Mariyam Jinsy Ms.Jeffy molly John	

Summary

18/03/2021

INTERCOLLEGIATE SEMINAR

Bhoomitrasena ,one of the wings of National Service Scheme of Baselius college has organised an intercollegiate seminar and workshop in association with Harithakeralam Mission in connection with Global Recycling Day on March 18,2021. The seminar registration was started at 9.30am. The programme presided over by the college Vice Principal Dr. Jyothimol P began at 10 am. National Service Scheme programme officers Dr.Viju Kurian welcomed everyone and Prof. Ashly Thomas felicitated the programme. The resource persons of Harithakeralam Mission Mr.Sarath Chandran, Ms.Archana Shaji, G. Ms.Sohinimol Chacko, Archana Anoop, Ms.Gopika Ms.Mariyam Joicy, Ms. Sheffy Molly John led the seminar on topic 'Waste Management and Green Protocol' and workshop session in which the volunteers learned to make various recycled products from the waste materials. There also conducted an exhibition of recycled products made by the volunteers. A certificate of participation has provided to the nss volunteers and a certificate of appreciation has provided to the resource persons by Harithakeralam Mission district coordinator Sri Ramesh P. The programme ended at 12.30 pm with the vote of thanks made by the Bhoomitrasena coordinator Sumina MS. The seminar was very helpful to learn about various possibilities of effective reuse and recycling of products.

2.7 Student Participation and Achievement - Outside College

Summary:

SI No	Name of the Student	Class	Email	Programme organised by with title of the Programme	Date of the Programme	Nature of achievement (Participation/ Position to be specified))	Whether certificate attached
1	Rohit Pratap Nair	D2 Physics		Jewels of Nature NSS unit of Shree Chithira Thirunal College Of Engineering	280/7/20	First Prize	Yes
2	Anjali A Nair	D2 Zoology		Writing Competition NSS unit of Sree Sankara Vidyapeetom College, Ernakulam	15/08/20	Second Prize	Yes

Jewels of Nature

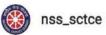
This was a programme organized by NSS unit of Shree Chithira Thirunal College Of Engineering, Trivandrum. It was a photography competition in connection with July 28, World Nature Conservation Day. The topic was Jewels of Nature and Rohit Pratap Nair (RRC Joint- Secretary) of D2 Physics won the first prize. The prize was 500/- cash award and a certificate.

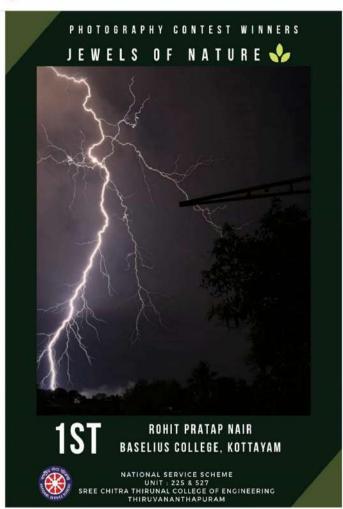


World Nature Conservation Day on 28th July,2020

Dr.Joy Varghese VM Programme Coordinator Prof. Arun M Regional Coordinator Thirwananthapuram Region APJAKTU NSS Cell Regularia -

Rejimoan R Programme Officer NSS SCT UNIT 225 Side V





Writing Competition

This was a programme organized by NSS unit of Sree Sankara Vidyapeetom College, Ernakulam. It was a writing competition in connection with August 15, Independence Day. Anjali A. Nair (Anti-Narcotics Cell Wing Head) of D2 Botanyb won the second prize. The prize was 200/- cash award and a certificate.



2.8 Any Other activity/point/ initiative worth mentioning

1(Attach supporting documents)

Dr.Shaju M J

General Co-ordinator- Club Activities

ar

Viju Kurian and Ashly Thomas

Teacher-in-charge