

BASELIUS COLLEGE

KOTTAYAM



National Service Scheme

2018-19





REPORT 2018-19

1.PLANTATION PROGRAMS

a) **BHOOMITHRASENA** is a dream initiative of the unit which was launched on 5th June 2018 as part of the GREEN CAMPUS CLEAN CAMPUS Project. The aim of this initiative is to sustain the green wealth of our land by the proper interventions of our volunteers. Through Bhoomithrasena the unit was able to distribute 3200 saplings during the year 2018-19.



b) ENVIRONMENT DAY 5th June 2018

The programs were inaugurated by the college principal Dr. Jancey Thomas by planting a sapling in the college courtyard. The volunteers took the oath for sustainable development and against environmental degradation. A stall was set up in the college where the saplings were distributed freely. The saplings were bought from Vaikkom Nursery, Kerala Forest Department. 927 saplings were distributed at Paythrikam Residency, Pampady.

c) PUTHUPALLYK ORU PUTHUNAMB 9th June 2018

The unit distributed about 1000 sapling at Puthupally panchayath. The programme was carried on by coordinating the Kudumbasree units of the panchayath at Govt. Boys High School, Puthupally. Inauguration was held by Nibu John, Panchayath President by handing over the saplings to the kudumbasree members.

2)GREEN CAMPUS CLEAN CAMPUS

d) BEAT THE PLASTIC 9th June 2018

A movie screening was done by the NSS unit on “Beat the Plastic” in the college for the NSS volunteers. It was followed by the collection of plastic wastes from in and around the college by the volunteers. 73 volunteers took part in the 'Beat the Plastic' campaign with a motive of making the campus plastic free.

e) GREEN WELCOME 23rd June 2018

The unit welcomed the students of the new academic year and their parents with the message of greenery by setting up the Green Stall of saplings and cloth bags in the college. 418 saplings and 35 cloth bags were sold. The insight of plastic free, clean and green Kerala, reached everyone.



Sapling Distribution at College Premises
to the new academic year Students

f) GREEN CAMPUS CLEAN CAMPUS 1st November 2018

The unit with an aim of building Eco Friendly campus, plastic bottles in the college were collected and Butterfly Garden was created jointly with the Zoology department.

g) PLASTIC SURGERY - A Clean Campus Mission 1st March 2019 – 4th Mar 2019

As a part of Green Campus Clean Campus mission the volunteers of the unit initiated a plastic bottle collection during the university kalolsavam “Alathaalam”. Bins were placed across the campus and posters were designed to make people aware about how plastic affects the nature due to the improper disposal. It was done in collaboration with “ I Challenge Plastic Bottle” and 520 plastic bottles were later handed over to the recycling unit.

3)BLOOD DONATION CAMPS**a) BLOOD DONATION CAMP1 6th August 2018**

Blood donation camp was conducted in the college in association with PULSE POLIO UNIT of District Hospital Kottayam. Dr Linto Lazer, Head of P P Unit was the resource person. 83 unit of blood was donated.

b)BLOOD DONATION CAMP2 27th March 2019

A blood donation camp was conducted by the NSS volunteers in the college with the co-operation of District hospital, Kottayam. It was the second blood donation camp that has been organized under the NSS unit. 71 students donated the blood voluntarily.



4)IMMUNISATION PROGRAMS

Red Ribbon Club is one of the major wing which works under the NSS unit of the college. Blood donation, health care & other immunisation programs are organized by the NSS unit under this wing.

a) AIDS DAY 1st December 2018

A rally was conducted by the NSS unit from Baselius College to District Hospital, Kottayam at 9:30AM. The volunteers wore badges and held placards to show their support against the discrimination of AIDS affected people in the society. The rally was flagged off by the college principal Dr Jancey Thomas.

The NSS unit presented a **Street Play** at the District Hospital, Kottayam on the basis of AIDS day at 10AM followed by the rally. A pledge was taken by the volunteers and the people gathered there, against the situations which lead to AIDS and to accept the discriminated people. Prof. Thomas Kuruviilla & Prof. Sany Mary Benjamin, NSS Program Officers and Dr. Linto Laser, PP

Unit, District Hospital, Kottayam gave message to the people gathered about the causes and effects of AIDS.



b) MEGA MEDICAL CAMP 27th January

A medical camp was conducted at Basilius College Auditorium by the NSS unit in association with Revenue Division Office, Kottayam, Carithas Hospital and Medical Office, Kottayam from 9AM to 4.30PM. The camp was successful in helping the old people with their illness and free medicines were distributed.

The camp was inaugurated by Sri. Thiruvanchoor Radhakrishnan, MLA, and the honoured guests Sri. P.K. Sudeer Babu IAS, Kottayam district collector, Eesha Priya IAS, Kottayam district sub-collector, the officials of Revenue Division Office and Carithas Hospital marked their presence and support throughout the camp.

c) WORLD CANCER DAY 4th February 2019

The NSS unit in association with Global Cancer Concern, India(GCCI) and District hospital, Kottayam conducted an awareness rally on World Cancer Day from Collectorate to district hospital and then to Basilius College at 10AM. Later an awareness class on the various types of cancers and their cure was held at Basilius College. Dr. Sindhu G. Nair, district hospital, Kottayam took the seminar. Mrs. Manju Sujith,GM, GCCI addressed the gathering.

d) EYE CAMP 11th February - 12th February 2019 :

A free Eye Camp was conducted by the NSS unit in the college in association with Edimannickal Optical, Kottayam for the students and college faculty. 420 beneficiaries (students and college staffs together) successfully attended the eye



5)ANTI-NARCOTICS PROGRAMS

With the motive of abolishing the use of drugs within the campus and the city, the unit has introduced an Anti-Narcotics wing. The wing has done considerable activities towards the creation of a drug free society.

a) World No Tobacco Day 31st May 2018

World No Tobacco Day was observed by conducting a flashmob at Gandhi Square and Mall Of Joy, Kottayam. The program was conducted in association with Global Cancer Concern, India(GCCI) and the Excise department. GCCI Kerala Coordinator Mrs. Manju Philip and the officials from Excise department addressed the gathering.



b) ANTI-NARCOTICS DAY 26th June 2018

Anti-Narcotics day rally was conducted from Basilius College to Nagampadam bus stand by the NSS unit in association with Vimukthi, Excise Division Kottayam, Mount Carmel School and CMS College. Sri. Thiruvanchoor Radhakrishnan, MLA flagged off the rally in the presence of Basilius College Principal Dr. Jancey Thomas and Head of Physical education Department Dr. Biju Thomas. The rally was led by Captain Murali Kumar. An oath against drugs was taken at Nagampadam in the presence of Dr. Abu Joseph and Mr. Abdul Salim, Excise Department.

c) AN AWARENESS CLASS & POSTER DESIGNING COMPETITION 4th February 2019

An awareness class was conducted by the NSS unit on the harmfulness of drugs and the need to wipe it out among the youth of the society. C.I. C.O. Sajeev, Excise department, led the awareness class. Poster designing competition was held by the unit in association with Vimukthi on the topic “Anti- Drugs”. As art is a powerful medium of expression, the students were able to spread the message against drugs through this program. The program was led by Preventive Officers, Kottayam Mr. Gopakumar P.G. and Mr. K. Rajeev. The winners were given prizes and certificates by Inspector Anil Kumar, Civil Excise Officer.

d)FRIENDLY CRICKET MATCH BETWEEN TEACHERS AND STUDENTS 15th February 2019

Arjunas v/s Dhronas, the friendly cricket match between the students and teachers of the college was conducted by the NSS unit in the college ground. The student's team Arjunas was lead by union chairman Unnikrishnan M.J and the teachers team Dhronas was lead by Head of the Physical Education Department Lft. Dr. Biju Thomas. The layers wore jerseys with messages "Say No To Drugs" and "No Drugs Only Hugs". The Students team won the match by 4 wickets. Dr. Jancey Thomas, Principal, Baselius College, Kottayam and Prof. M.J. Mathew, NSS Program Coordinator, MG University addressed the teams. Prof. Thomas Kuruvilla, NSS Program Officer, English Department faculty Dr. Joy Joseph and the officials from Excise department gave anti-narcotics message.

The initiative was also instrumental in spreading the message of campus fraternity.



e) NO SMOKING DAY 13th February 2019

A mobile phone photography competition was conducted on the theme “Making the choice: Life or Cigarettes”. The best photographs were given prizes and were spread among online platforms as part of awareness against smoking. Volunteers performed a mime in the college campus and at Gandhi Square, Thirunakkara which exhibited the various harmful effects that smoking causes to the individuals and to the entire society.

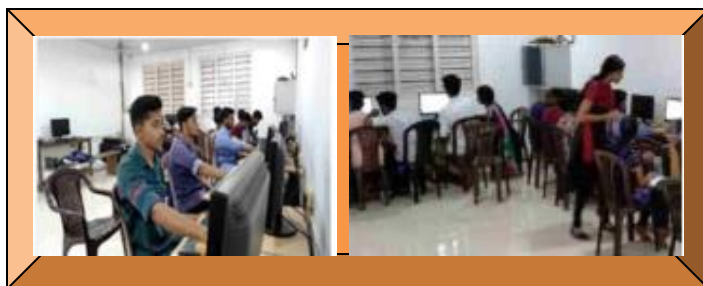


6) ELECTORAL LITERACY PROGRAMS

Electoral Literacy Club is an initiative by the NSS unit at Baselius College which provides the platform to engage the students and volunteers through interesting activities and hands-on experience to sensitise them on their electoral rights and familiarize them with electoral process of registration and voting.

a) VOTERS' LIST ENROLLMENT 29th October 2018 - 1st November 2018

The unit conducted free registration of the students into the Voters' list online enrollment in the college as a part of Systematic Voters' Education and Electoral Education (SVEEP). Around 400 students of the college were able to enroll in the Voters' list.



b) NATIONAL VOTERS' DAY 25th January 2019

National Voters' day was observed by the unit in the college in association with the Revenue Department, Collectorate, Kottayam. Dr.SabuThomas, Vice Chancellor, MG University, Sri. P K Sudeer Babu IAS, Kottayam Collector, Eesha Priya IAS, Kottayam Sub collector, Prof. M J Mathew, NSS Program Co-ordinator, MG University, Sri.Premalatha, Deputy Collector, Kottayam, Prof.Ashok Alex Luke, SVEEP Nodal officer, Kottayam, Prof.Sany Mary Benjamin, NSS Program Officer, Basilius College and Unnikrishnan M J, College Union Chairman had addressed the gathering. The importance of the role of each voter in the society was highlighted. The eldest voter in Kottayam and a younger voter from the college was honoured.



c) MODEL POLL 14th March 2019

A Model Poll has been conducted by the unit along with the Election wing by giving demonstration on the VVPAT. Students got the chance to know how to use the machine and they mark their first demo vote.



d) STREET PLAY 16th March & 26th March 2019

The Street Play on the promotion of voting has been conducted by the NSS volunteers in association with SVEEP at Collectorate, Kanjikuzhy, Kalathipady and Manarcad. The public got awareness about election and its procedures.



e) SVEEP CAMPAIGN 28th March 2019

SVEEP campaign has been conducted by the volunteers in the College for the promotion of making Kottayam the first 100% voting district.

Sri. P K Sudeer Babu IAS, District Collector, Kottayam, inaugurated the program. Eesha Priya IAS, Sub collector Kottayam, did the presidential address followed by the addressings by Suresh Kumar M V, Deputy collector, Miya George (Goodwill ambassador, SVEEP) and Prof. M J Mathew, NSS Program coordinator, M G University. Ashok Alex Luke, SVEEP Nodal Officer, Kottayam presented the vote of thanks.



f) VOTETHON NOTICE RELEASE 10th April 2019 :

The notice of mega votethon was released by Kottayam Sub Collector Eeshapriya IAS by handing it over to the NSS volunteers of the unit in the presence of Ashok Alex Luke, SVEEP Nodal Officer , Dr. Jancey Thomas, Baselius College Principal and Aneesh Mohan.

g) MEGA VOTETHON 13th April 2019

Votethon, the Mega marathon by SVEEP Kottayam for the promotion of “100% Literacy to 100% Voting” was conducted on 13th April 2019 starting from Collectorate to old police ground, Thirunakkara at 4PM. The mega votethon was conducted in co-operation with SVEEP Kottayam. Kumari Mia George, Goodwill Ambassoder, Kottayam, P.K.Sudeer Babu IAS, District Collector, Kottayam and Eesha Priya IAS, Sub Collector, Kottayam were a part of the Votethon. A flashmob was conducted by the NSS volunteers of the unit which highlighted the importance of voting in a democratic country.

7) EXTENTION PROGRAMME

a) BE POSITIVE

Be Positive is a platform created by the NSS unit of Baselius College for the students to come together and share their positive thoughts and experiences. It is an extended program of the unit which was started three years ago.

It is an informal meeting which is being held on every Mondays at 4PM. The meeting at times have guests lest the students themselves share their thoughts and ideas that help them to interact among themselves and thus build a friendly relationship.



Date	Name of the guest	No. of participants	Hours	Total Hours
12/03/2018	Niranjana P. & Aneekha Avraham, Guest lecturers, English dpt, Baselius College	55	1	55
16/03/2018	Prof. Nibu B. Thomas, Physics Dpt, Baselius College	49	1	49
08/06/2018	Prof. Arabhy P., Botany Dpt, Baselius College	52	1	52
18/06/2018	Prof. Biju Thomas, Physical education dept, Baselius College	59	1	59
16/07/2018	Prof. Thomas Kuruvilla, NSS Program Officer, Baselius College	50	1	50
30/07/2018	Mrs. Mary John	62	1	62
06/08/2018	Games & Activities for soft skill development	56	1	56
08/10/2018	Games & Activities for Physical Health	63	1	63
15/10/2018	Prof. Dr. Shaju MJ, HOD, Economics dpt, Baselius College	65	1	65
07/01/2019	Aswanth Anilkumar, Mimicri artist, D3 Politics, Baselius College	64	1	64
21/01/2019	National Youth Day Celebration	62	1	62
04/02/2019	Prof. K.S. Indhu, DB College, Thalayolaparambu	68	1	68
14/02/2019	Clement Mathew Kuriakose, Guest lecturer, Commerce department, Baselius College	66	1	66
18/02/2019	Poojamol P.B., Best NSS Volunteer State Award Winner, D3 Malayalam, Baselius College	63	1	63
25/02/2019	Sri. Abraham Stephen, Founder, Excellence Academy	68	1	68
11/03/2019	Games & Activities for Mental Health	62	1	62

b)POTHICHORU - Free meal packet distribution

The Kottayam District has scripted history as it spared no effort in getting tag of the only hunger-free district in the country. Pothichoru, the most valuable program of our unit, had played an important role to make sure that no one is going hungry in the district. On every Friday around 50 Pothichoru (food packets) were distributed among the needy in Thirunkara maidzanam, Nagambadam and various places in town. Our unit was able to join hands with Navajeevan Trust at many times in making Kottayam, a hunger free district

Total days	Total number of packets	Number of volunteers engaged	Total manpower worked
50	1700	24	800 hours



8) 150th GANDHI JAYANTHI CELEBRATIONS

Gandhian programs undertaken by the NSS unit National Service Scheme, the biggest youth movement of Asia was formally launched on 1969, the birth centenary year of the father of the Nation, Mahatma Gandhi. As a part of commemorating the 150th birth anniversary of Gandhiji, NSS unit of Baselius College celebrated the NSS day on 24 September 2018 and observed Gandhi Jayanthi and Sevanavaaram. A state level one day seminar and a Plastic bottle challenge was also held. A new project “Kilikkudam” was launched by the unit as part of the one year long Gandhian programs.



a) SEVANAVAARAM 15th September 2018

Sevanavaaram 2018 was observed from 15th September to 2nd October 2018. As a part of it, 72 volunteers from the NSS unit cleaned the premises of Kottayam railway station on 15th September 2018 from 9 AM to 1 PM. A valedictory meeting was held where the railway officers addressed the volunteers and delivered messages on Swachata.

b) WALK WITH GANDHIJI-Inter Collegiate Cultural Festival 24th September 2018

The NSS unit of Baselius college celebrated NSS day on 24th September 2018 by conducting an intercollegiate cultural festival 'Walk With Gandhiji' for the NSS volunteers which aimed at spreading Gandhian philosophies and thoughts.

The flag was hoisted by Baselius college principal Dr.Jancey Thomas and the cultural festival was inaugurated by Adv. Sunny Pampady, District Panchayath President.

The competitive events of the cultural fest were quiz, extempore, poster designing, debate and patriotic song. The topics for the events were related to Gandhian life and philosophies.

The winners were awarded with cash prizes and certificates by the honourable MLA Sri Thiruvanchoor Radhakrishnan.

Mar Ivanios College , Thiruvananthapuram was awarded Prof. P C Alias Memorial Ever Rolling Trophy.



c) PLASTIC BOTTLE CHALLENGE 27th September to 2nd October 2018

Plastic bottle challenge was conducted in the college in association with Jewel Autism Centre, Kottayam. 2000 plastic bottles were collected from students and staff and was donated to 'Samagamam' trust in the presence of Fr. David Chirammel (social worker and environmentalist) and Sri .Suresh Kurup MLA on 2nd october 2018 at SH Mount School, Choottuveli.

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d) GANDHI JAYANTHI 2nd October 2018

i) Morning assembly was conducted on Gandhi Jayanthi at 10 AM in the college courtyard with NSS song,

ii) Clean Campus Green Campus was enacted in the college by the NSS volunteers by collecting the plastic

iii) Clean & Green program was done by the NSS unit in association with Navajeevan Trust at Medical

iv) Plastic bottles which were collected during the week were donated to 'samagamam' trust in presence of Gandhi Jayanthi is a national festival celebrated in India to mark the birth anniversary

of Mohandas Karamchand Gandhi born on 2nd October 1869. On this October 2nd, the activities undertaken by our NSS unit were: message from the principal, NSS program officers and from the NSS volunteers. waste from the college campus. College, Kottayam. Cleaning, gardening and plastic segregation was done by the NSS volunteers. Sri P U Thomas (Navajeevan Trust) and Dr Abdul Kadhar (former cardiology professor) addressed the volunteers.

Fr. David Chirammel and Sri. Suresh Kurup MLA at SH Mount School, Chootuveli. 'Say No To Plastic' was done in association with Lions Club International Region VI and District Police Kottayam at Thirunnakkara, where plastic bags of the pedestrians were replaced by cloth bags.



9) WALK WITH GANDHIJI 6th October 2018

One Day Seminar on Gandhism

WALK WITH GANDHIJI -one day seminar was conducted by the NSS unit of Baselius college in collaboration with Dr. Sukumar Azhikode Trust and Kerala NSS Cell on 6th October 2018.

Session 1- Inaugural Ceremony: Dr. Jancey Thomas, the principal, Baselius college welcomed the WALK WITH GANDHIJI - one day seminar was conducted by the NSS unit of Baselius college in collaboration with Dr. Sukumar Azhikode Trust and Kerala NSS Cell on 6th October 2018. gathering and the presidential address was given by Dr. Sajith Babu, NSS Regional Director Kerala & Lakshadweep. The inauguration of 150th Gandhi Jayanthi celebrations was done by Padmabhushan K. T. Thomas. Dr Sabu Thomas, Vice Chairman, MG University inaugurated Walk With Gandhiji One Day Seminar. Dr Sabukuttan, Liasion Officer, State NSS Cell gave the keynote address. Prof. M J Mathew, NSS Program Coordinator, M G University, felicitated the gathering. Prof. Thomas Kuruvilla, program officer of Baselius college NSS unit proposed the vote of thanks.

Session 2- Seminar on Gandhian Ideology And Contemporary Politics: The session was handled by **Dr. K. S. Radhakrishnan** (former PSC Chairman) on the topic Gandhian Ideology And Contemporary Politics and was chaired by Dr Jose Parakadavil (Sukumar Azhikode Trust).

Session 3-Seminar on Gandhian Ethics And Its Importance On Society : The seminar on the topic Gandhian Ethics And Its Importance On Society was taken by Fr.Dr. K. M. George (Chairman, Dr. Paulose, Chair, MG University) and was chaired by Sri. G. Sreekumar (former Public Relation Officer, MG University).

Session 4-Valedictory function : The valedictory function was presided by Dr. Paul Manalil (Sukumar Azhikode Trust ,Secretary).

Azhikode Trust, Secretary). Certificates of the participants were distributed by Fr. Dr. K. M. George (Chairman, Dr Paulose Chair, MG University).

9)CLEAINING PROGRAM 19th January 2019

The volunteers of the NSS unit cleaned the DD Office, Kottayam from 9:30AM to 2 PM. 30 volunteers were indulged in the cleaning program for which they were provided certificates of appreciation



National Service Scheme, Baselius college has undertaken a new project to distribute clay pots for birds to quench summer thirst. Sreeman Narayanan who is a nature lover and writer and who zealously spreads the Gandhian message, donated 135 clay pots for the unit. College Principal Dr.Jancey Thomas inaugurated the "Kilikkudam" project on 11th March 2019 by pouring water into the clay pot.

National Service Scheme 2018-19

"Ente gramam Gandhijiylude" is a mission initiated by Sreeman Narayanan that has undertaken planting thousands of trees, distribution of hundreds of books on Mahatma Gandhi as well as provision of earthen pots in summer to help birds quench their thirst. As a part of Kilikkudam project we placed clay pots in our college, houses and Govt UP School, Thiruvarp which is in our adopted village. We also distributed Kilikkudam in public institutions and handed over 45 clay pots for the NSS unit of St.Mary's HSS, Manarcad.



10) FLOOD RELIEF ACTIVITIES

a) **KAITHAANGU**” 26th July 2018 - 4th August 2018 :

b) **RELIEF CAMP COLLECTION CENTRE AT THE COLLEGE**

17th August 2018 - 21st August 2018

“Kaithaangu”, a helping hand for the flood victims in Kuttanadu and Kumarakom was conducted in the college by the NSS unit. The necessary requirements for the flood victims were collected by the NSS volunteers from the students and college staffs and was given to the flood victims. Baseli College NSS



Unit started the first Relief camp collection centre on 2018 August 17 to 2018 August 21. It was arranged in the college auditorium from 9AM to 7PM by the NSS volunteers of the college. All the necessary requirements for the relief camps were donated to the college by various organizations and individuals. The relief camp collection centre was monitored and volunteered by about 60 NSS volunteers of the college. The honourable MLA Sri. Thiruvanchoor Radhakrishnan visited the collection centre at the college. Sri Thiruvanchoor Radhakrishnan MLA visited the flood relief camp organised by the NSS Unit of Baselius College.

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c) PREPARATION & DISTRIBUTION OF CLEANING LOTIONS

CLEANING, SURVEY AND CHLORINATION BOOK DONATION AT CHENGANNUR

25th August 2018 & 26th August 2018

About 200 bottles of cleaning lotions were prepared by the NSS volunteers under the guidance of Asst. Prof. Kiran Philip of Physics Department at the college. These were distributed to many of the above mentioned camps.

d) CLEANING, SURVEY AND CHLORINATION

27th August 2018 & 28th August 2018

Cleaning, survey on health & cleanliness and chlorination in the flood affected regions such as Thiruvathukkal, Paarappadam was done in association with the PP Unit of General Hospital

Kottayam, Asha workers, Kudumbasree members and Anganwady teachers on 2018 August 27 & 28 from 9:30AM to 1:30PM. About 50 NSS volunteers participated in the program.

e) BOOK DONATION AT CHENGANNUR 3rd September 2018

The NSS unit of the college donated notebooks and pens to the flood affected students of Sree Narayana Trusts School, Chengannur. Dr. A.V. Anand Raj, Chairman, SN Trust RDC inaugurated the program. Prof. Sany Mary Benjamin, NSS Program Officer, Baselius College handed over the books and pens to Sri. T. Prasannakumar, SNT School Principal.



f) CHEKUTTY 2nd October 2018

The NSS volunteers of the unit went to St. Mary's HSS, Manarcadu to learn the making of Chekutty dolls under the guidance of Sri. Biji Ann Kurian, NSS Program Officer of the school. Sri. Soji Abraham, Principal of the school inaugurated the program. The importance of the coming back of the handloom workers of Chethamangalam and the people of Kerala as a whole is depicted through the Chekutty dolls.



11) AWARENESS PROGRAMS AND DAY OBSERVATIONS

a) WORLD AUTISM DAY 2nd April 2018

Autism awareness rally and seminar was conducted by the NSS unit in association with Jewel Autism Centre, Kottayam on April 3rd 2018. The procession was flagged off by the P.R. Sona, Chairperson, and it was from Gandhi Square to Baselius College. It was accompanied with Nasik doll, face painted NSS volunteers, balloons and placards made by the volunteers. The procession ended at the college where an awareness class on Autism was conducted. Sri P.U. Thomas, Navajeevan Trust was the keynote speaker.



b) ROAD SAFETY WEEK OBSERVATION 23rd April 2018

Road Safety Week was observed by the unit by distributing leaflets containing traffic rules and safety measures, and sweets to all the drivers at the traffic signal in front of the college. The drivers and pedestrians were given awareness about road safety and the rules to be followed while on road. Distributing leaflets containing traffic rules and safety measures, to the MLA Thiruvanchoor Radhakrishnan



c) PRE-MONSOON AWARENESS 26th May 2018

A door-to-door awareness campaign was conducted by the unit in the 17th ward of Puthupally by distributing leaflets containing preventive measures for the contagious diseases that spread during the monsoon season. Srimati. Latha Mohan, Vice President, Puthupally Panchayath inaugurated the program. 500 leaflets provided by the District Health Department, Kottayam were distributed.



d) READING WEEK OBSERVATION 19th June – 22nd June 2018

A book stall was set up at the college for four days by the NSS unit. The books collected from DC Books were used in the stall which was open for all the students and staffs of the college. 82 books were sold, the importance of reading was highlighted through it. “Ente Kithabu”, another program based on reading week was conducted in the college where the students were asked to write reviews on books they have read and the best review was awarded. The skill of reading and writing was valued through the program.

e) YOGA DAY 21st June 2018

Yoga training was held in association with Nehru Yuva Kendra in the college for the NSS volunteers and other students. S I Shahjudheen K.S., Police department, Kottayam, and Kranti Yoga Centre instructor, was the yoga trainer. The importance of doing Yoga in daily life was discussed with the students.



f) INDEPENDENCE DAY 15th August 2018

Morning assembly was held in the college by the NSS unit where the flag was hoisted by the college principal Dr. Jancey Thomas.

Independence day message was delivered by the NSS volunteers and Prof. Thomas Kuruvilla, NSS Program Officer.

g) TEACHERS DAY 5th September 2018

The NSS volunteers of the college prepared hand made crafts & cards and presented to all the teachers of the college for the love and care they provide.

h) NSS DAY- NSS FEST ; WALK WITH GANDHIJI 24th September 2018 - Refer page:

i) GANDHI JAYANTHI 2nd October 2018 - Refer page:

j) WORLD MENTAL HEALTH DAY 10th October 2018

Miss. Indhu M.K., Psychiatry department, Mandiram Hospital, Kottayam, who is an ex-Baselian and an NSS volunteer interacted with the NSS volunteers of the college about the value of mental health in the lives of the people and the care they require.

k) MALAYALAM; SRESHTA BHASHA DAY 1st November 2018

The NSS volunteers of the unit took part in the “Malayalam; sreshta bhasha day” celebration at the Collectorate Conference hall conducted by the Public Relations department. Sri. Vinod Sukumaran, Indian film maker, Sri. Santhosh George Kulangara, Managing Director of Safari TV, Labour India Publications, were the chief guests. The value of Malayalam language was discussed on the 'Keralappiravi dinam'.

l) CHILDREN'S DAY 14th November 2018

The NSS volunteers of the unit conducted cleaning and cultural programs at Gov. U.P. School, Thiruvareppu. Plastic wastes were collected from in and around the school campus. And cultural programs were conducted for the students of the school by the NSS volunteers.

m) SAKHI; BREAST CANCER AWARENESS 24th November 2018

In association with the students of Medical College, Kottayam SAKHI, breast cancer awareness program was conducted by the unit in the college. Dr. Amrutha Varshini, Dr. Irshad Muhammed, final year medical students led the session. Self examination techniques and the information on the cause and diagnosis methods were discussed among the students and staffs of the college.

n) AIDS DAY 1st December 2018 - Refer Page No:

o) WORLD SIGHT DAY 3rd December 2019

The NSS volunteers of the college participated in the Blind Walk co-ordinated by CMS College, Kottayam from Gandhi Square to CMS College at 8:30AM. The volunteers of the unit prepared the placards required for the walk and guided the blind in the walk. Prof. Thomas Kuruvilla, NSS Program Officer felicitated the meeting that was conducted in CMS College following the Blind Walk.

p) INTERNATIONAL VOLUNTEERS DAY 5th December 2018

The NSS unit observed the day by decorating the 'Samaramaram' in the college with quotes and drawings about the famous volunteers and about the people who volunteered during the drastic Flood that affected Kerala a few months back. As NSS volunteers the day was dedicated for the hardship and dedication shown by every volunteer. The message that the service of every NSS volunteer for the nation is irreplaceable was put forward through the program.

q) NATIONAL VOTERS DAY 25th January 2019

r) REPUBLIC DAY 26th January 2019

The NSS volunteers of the unit spent the day in cleaning the monument placed in front of the Collectorate, Kottayam.

v) AWARENESS CLASS & COLORING

COMPETITION WITH VIMUKTHI – 4th February 2019

w) WOMENS DAY 8th March 2019

The NSS unit celebrated the Womens Day with the college students and staffs by decorating the Samaramaram by turning it into Penmaram. It highlighted the importance of the role of women in the society and the need for the upliftment of women from the shades of households.

12) ORIENTATIONS & CAMPS

a) HALF DAY ORIENTATION 2nd August 2018

Half day orientation program was conducted by the NSS unit for the first year students at Mrs. Mammen Mappilai Hall from 2PM to 4PM. Sri. P.A. Amanath, Research Officer at Kerala Planning Board, led the orientation which gave the information of the role of being an NSS volunteer. Prof. Arabhy P., former NSS Program Officer at Baselius College also interacted with the students about the values and importance they play in the society as NSS volunteers.

b) MINI CAMP (3 DAYS)

3 day mini camp was held in the college for the first year students who had enrolled in NSS, from 10th August to 12th August 2018. The camp was aimed at orienting and motivating the students to become the gems as volunteers.

Day 1: 10th August 2018

The inaugural function was held at 5pm following the registration at 4pm. The residential address was given by Dr. Jancey Thomas, Principal, Baselius College followed by the inauguration by Sri Thiruvanchoor Radhakrishnan, MLA. Prof Joy Markose felicitated the gathering . Prof. Sany Mary Benjamin, NSS Program Officer proposed the vote of thanks to the dignitaries in the dais and to the volunteers.

ICE BREAKING session was conducted by Prof.Jithin John, English Department. The session was very helpful in energizing the volunteers and breaking the anonymity wall between them.

Musical Night:. Prof. Fr. Jiby K. Paul, Syriac Dept added the glow to the energetic evening by conducting a melodious music performance.

Day 2 : 11th August 2018

Morning assembly was held at 6:30am. The YOGA session was led by Jobin Chamakkala, yoga instructor.

Motivational Session: Thomas Zachariah (ASAP Regional Motivational Trainer) led a leadership oriented session. The class created a sense of self-confidence, courage, unity, team spirit and identifying one's own uniqueness in the volunteer. Oratory Orientation: Adoney T. John (Orator, Vachaka mela Fame, Ex-Baselian NSS volunteer) led the oratory orientation session, which made the volunteers to develop the orator in them.

Activity corner: The waste materials like newspaper and other stationary wastes were collected from different part of the college with which a fashion show was conducted. Through this activity volunteers' attitude towards recycling was boosted up.



Day 3 : 12th August 2018

Green Campus Clean Campus: The unit cleaned the whole campus including class room, toilets, yard, canteen, and the surrounding of the college. Trees were planted in the ground corners. The activity was concluded by the feedback of the volunteers who had developed a love and generosity towards their campus and society.

c) SUKRUTHAM 2018 ; NSS SEVEN DAY SPECIAL CAMP CAMP ACTIVITIES :

SURVEY	CAMPUS CLEANING
PARK RENOVATION	ORIENTATION
SUKRUTHAM –	HOUSE RENOVATION
WATER STREAM CLEANING	GREEN CAMPUS CLEAN CAMPUS
ROAD RENOVATION	CAMP MAGAZINE : THALIR
HERBAL GARDENING	

Day 1 : 21st December 2018

NSS seven day special camp “SUKRUTHAM 2018” was conducted by the NSS unit of Baselius College, Kottayam from 21st December 2018 to 27th December 2018 at Govt. U.P. School, Thiruvārppu. University level camp inauguration was conducted at BCM Parish hall at Vallara, Kumarakom. NSS units of Baselius College, CMS College and BCM College attended the meeting. The meeting was welcomed by the, NSS Program Coordinator Prof. M.J.Mathew followed by the inaugural ceremony by Prof.Dr. Sabu Thomas, Vice Chancellor, MG University. The function was chaired by Adv. K. Sureshkurup, MLA. Other dignitaries including Adv. Thomas Chazhikadan, MLA, Prof. Tomichan Joseph(MGU Syndicate member) offered their support and felicitated the, function. As the representatives of the volunteers,Vishnu Shaji , Volunteer Secretary, Baselius College NSS Unit felicitated the seven day camp.

Sukrutham 2018 by Baselius College NSS unit at Govt. U.P. School, Thiruvārppu started by 7PM. The ICE BREAKING session was conducted by Sri.G. Sreekumar, former PRO, MG University. The session was very helpful in energizing the volunteers for the upcoming days in the camp.

Day 2 : 22nd December 2018

The second day of the camp commenced with the morning assembly at 6:30AM. The YOGA session was led by Sri. Sunny Chenattu, yoga instructor.

Day 3 : 23rd December 2018

Morning assembly was conducted at 6:30AM. The Parade training was held for the volunteers by the senior volunteer Lakshmi K.B., pre- RD camper 2018.

Building Self & Growing Together: Sri. Praveen Varghese Thomas, Master trainer conducted a class that Sukrutham- House Renovation: The primary stages of the house renovation works such as cleaning,

Sukrutham- House Renovation:

The primary stages of the house renovation works such as cleaning, loading of the materials required, and other maintenance were done by the volunteers.

AN EVE WITH BENYAMIN:

The famous writer and novelist Sri. Benyamin visited the camp and interacted with the volunteers for about two hours in the evening. The volunteers were enthusiastically asking questions and interacting with the guest. Later the evening the volunteers conducted Christmas carol in the neighbourhood which filled the hearts of the villagers and the campers.



Day 4 : 24th December 2018

Christmas Message: The volunteers gathered for a meeting chaired by Dr. Jancey Thomas, Principal, Baselius College, Kottayam. The day was delighted with the presence of Sri. P.U.Thomas, Navajeevan Trust. The volunteers interacted with Sri. P.U.Thomas on the social works of

Navajeevan Trust and what all things can be done from their side for the needy. Srimati. Jessy Ninan, Thiruvvarppu panchayath president, Srimati. Lekha J., HM, Gov. U.P.School, Thiruvvarppu, Sri. Jayesh Mohan, District Panchayath Member, Srimati. Asha Shinil, 14th ward member made their presence during the day and felicitated the camp and the activities undertaken by the NSS volunteers.

The remaining works of the Sukrutham- House Renovation was done by the volunteers that day. The evening session DIALOGUE was taken by an ex- Baselian and the dramatician Sri. Shubin Xavier. The session was aimed at upbringing the personal talents in the volunteers through various entertainment activities and the art of acting, drama and folk songs was taught.

Day 5 : 25th December 2018

The day commenced with the morning assembly. The yoga session was by Sri. Sunny Chenattu, yoga instructor.

Water Stream Cleaning:

As part of the Green Campus Clean Campus program the U.P.S. Kuvappuram water stream was cleaned by the volunteers. The activities of clearing the sides of the stream, clearing the eichornia, plastic waste and all other material wastes from the stream was done. The villagers also extended their helping hands and more than 1km of the stream was cleared of its waste.



NSS Family Reunion:

The NSS volunteers of the previous years made a visit and shared their camp experiences. Prof. Joy Joseph, former NSS Program Officer marked his presence on that day. The movie 'Ottal' directed by Sri. Jayaraj was screened in order to show the importance of organic farming. It also provided an insight about the scenic beauty of the land, which was near the campsite. Road Renovation: It was done by the volunteers in presence of Sri.K.B. Sivadas, member of the 16th ward. Ambedkar Colony:

Manaladichira (19-il chira Vengalikkadu) road was renovated by the volunteers by cleaning, removing the unwanted grass, and leveling up the road.

Camp Magazine:

The volunteers were divided into groups and the Camp Magazine - “Thalir” was made. The report and camp paper preparations were done and the day came to an end with the prayer.

Day 6: 26th December 2018

The day started with the morning assembly followed by the parade training by the senior volunteer Lakshmi K.B, **pre RD Camper 2018**. Sri. Jose Periyar, river keeper, Periyar led the morning session where the volunteers were taught to make so many items such as paper bag, LED bulb, candles, bath soap, dish wash, cloth bag, phenol, paper pen, writing pad, talcum powder, file etc. The volunteers learned the easy and quick way of manufacturing the above listed items and their profit in the market. The session was very useful for the volunteers.

The day was spent with the remaining works of Stream Cleaning, Road renovation, Sukruthsm-House Renovation and Park Renovation. The volunteers were divided into three groups and the time was made useful in completing these works. In the evening a review of the works done during the day was conducted and the volunteers shared their experiences of the day.



Group Activity: The volunteers were divided into several groups and the cultural night was filled with their activities on several topics for the skit. The report and camp paper were prepared and the day came to an end with the prayer.

The last day of the camp started with the morning assembly followed by the yoga session by Sri. Sunny Chenattu. and Sri. Thiruvanchoor Radhakrishnan, MLA. The volunteers planted various herbal plants in the school campus under the Bhoomithrasena of the NSS unit conducted at 10AM where the volunteers shared their transformations through the camp. Being a part of such a camp made them realize the real life hardships of people in the village and in common. They were of the opinion that it was a look on oneself and everyone expressed their gratitude to be a part of this seven

day special camp by the NSS unit. The meeting and the camp was dispersed with the National Anthem at 11:30 AM.

Day 7 : 27th December 2018:

The last day of the camp started with the morning assembly followed by the yoga session by Sri.Sunny Chenattu.

Herbal Gardening: The program was highlighted with the presence of Sri.P.U.Thomas, Navajeevan Trust and Sri. Thiruvanchoor Radhakrishnan, MLA. The volunteers planted various herbal plants in the school campus under the Bhoomithrasena of the NSS unit.

Camp Evaluation: The closing ceremony and the camp evaluation of the seven day special camp was conducted at 10AM where the volunteers shared their transformations through the camp. Being a part of such a camp made them realize the real life hardships of people in the village and in common. They were of the opinion that it was a look on oneself and everyone expressed their gratitude to be a part of this seven day special camp by the NSS unit. The meeting and the camp was dispersed with the National Anthem at 11:30AM.

13)SNEHAVEEDU

The second phase of Snehaveedu house construction was initiated on Thiruvarpur, Grama Panchayat, the adopted village by the NSS Unit of Baselius College. The volunteers helped in reconstructing and maintaining the flood affected houses of the village. The unit aimed to rebuilt 25 houses and the fund was raised from the students, staffs and from the well wishers. The volunteers did all the manual labour that was required for the house construction which included painting, carrying bricks, cement, mettle etc

One of the crucial problem faced by the inhabitants of Thiruvarpur Gramapanchayath, the adopted village of the NSS unit, was impure water resources following the flood that affected Kerala. As a solution for this problem NSS volunteers conducted a water purification program in Thiruvarpur. Water purifying kits were distributed to 27 families which helped them in purifying the water sources to an extend.

14) WATER PURIFICATION

Volunteers of NSS Baselius college had completed the Jaivam survey in the Puthuppally grama panchayath during the 7 day camp. Our volunteers with the proper guidance of programme officers went to more than 4500 houses and conducted survey. We achieved 100% of the survey in the panchayath during the 7 day camp. (Evidence attached - Annexure 1)

National Service Scheme 2018-19

