

REPORT OF UNNAT BHARAT ABHIYAN 2019-2020

The Unnat Bharat Abhiyan of Baselius College, Kottayam has been functioning for an year. The unit had adopted four villages as part of Unnat Bharat Abhiyan. The villages are Vijayapuram, Arpookkara, Athirampuzha and Nattakom.

FRIENDLY FOOTBALL MATCH - DRUGS FREE VILLAGE INITIATIVE: 9th September, 2019

An Anti-Drugs initiative after understanding the influence of drugs among the young of our adopted village Arpookkara. The call for revival when the spirit of sports was blended against the spirit towards drugs when one of the team was represented by volunteers and the other was the youngsters of Arpookkara .The volunteers also played a flash mob in the break time.



SOCIO-ECONOMIC SURVEY

Volunteer groups accompanied by Asha workers and senior volunteers conducted a survey at Arpookkara, Athirampuzha and Vijayapuram. The details regarding the Socio-Economic aspects of village as well as the problems faced by the villagers in relation to waste management was understood in detail and possible solutions were suggested. The survey data was uploaded into the UBA portal and analysis was generated.

PLASTIC BOTTLE CHALLENGE AND REUSE: LITTER FREE VILLAGE

10th September,2019

A plastic free village initiative where the UBA volunteers collected plastic bottle from the village household and gifted the same back after converting it into usable garden pots with plants

DRAINAGE CLEANING - 10th September 2019

In order to make the village Litter Free and Flood Free a drainage that was in a disgusting state with plastic covers and other wastes was cleaned by the volunteers. Rebirth was given to the Drainage for water to flow freely during heavy rain and enthusiastic volunteers together with active villagers helped to clean over 300 meter of cana.

SURAKSHA-LIFE SKILL TRAINING

A Self defence training was arranged or the ladies of the village and basic defence techniques were taught to safeguard themselves and to help others in need. The session was led by qualified instructors

VEETIL ORU MARAM - 7th September, 2019

Veetil oru maram is our dream project in Arpookara were a sapling was planted in each house by the volunteers themselves. It was a contribution towards the future. 'Veetil oru karivepp' was an added project to this.

HERBAL GARDEN - 8th September, 2019

A herbal garden was created at Govt. High School Karipputhattu, Arpookkara, with the aim of popularizing the usefulness and need to conserve the locally available medicinal plants with name tags hung aside the sapling

SRAMADAN: 12th September, 2019

Volunteers were divided into groups and cleaned the Arpookkara school courtyard and the surroundings rendering a green and clean message.



MEDICAL CAMP - 8th FEBRUARY 2020

A medical camp was organized in our adopted village Arpookara in association with Medical College, Kottayam. The camp was led by Dr. Bilix Vinayak P.J. from 10am to 1pm. The registration counted over 50 participants with various ailments and medicines for the same were provided free of cost.



INTERNATIONAL WOMEN'S DAY- YOGA TRAINING: 7th MARCH 2020

Women's Day was observed spreading the need for exercises to improve health, especially for the women in rural areas. A yoga training was conducted in Arpookara L.P School with retired excise officer and yoga master Sri. Sunny Chennattu. Several Women from the village participated in the yoga training and learned the essence of various aspects of yoga.



STUDENT SOLAR AMBASSADORS - 2nd October, 2019

To commemorate the birth anniversary of Mahatma Gandhi, a workshop on 'Solarlamp assembling' was organised on 2nd October, 2019. More than 80 students participated in the workshop and assembled their own solar lamps with the help of trained instructors.

