



**Report 2018-19**

**1 - PLANTATION PROGRAMS**

a) BHOOMITHRASENA is a dream in initiative of the unit which was launched on 5<sup>th</sup> June 2018 as part of the GREEN CAMPUS CLEAN CAMPUS

Project. The aim of this initiative is to sustain the green wealth of our land by the proper interventions of our volunteers. Through Bhoomithrasena the unit was able to distribute 3200 saplings during the year 2018-19.

**b) ENVIRONMENT DAY 5<sup>th</sup> June 2018**

The programs were inaugurated by the college principal Dr. Jancey Thomas by planting a sapling in the college courtyard. The volunteers took the oath for sustainable development and against environmental degradation.

Against environmental degradation. A stall was set up in the college where the saplings were distributed freely. The saplings were bought from Vaikom Nursery, Kerala Forest Department. 927 saplings were distributed at Paythrikam Residency, Pampady as part of the of the project.





## **Distributing Saplings at Puthuppally Panchayath area with the support of Kudumbasree Unit & NSS Unit, Baselius College**

c) PUTHUPALLYK ORUPUTHUNAMB 9<sup>th</sup> June 2018

The unit distributed about 1000 sapling at Puthupally panchayath. The programme was carried on by coordinating the Kudumbasree units of the panchayath at Govt. Boys High School, Puthupally. Inauguration was held by Nibu John, Panchayath President by handing over the saplings to the kudumbasree members.

## **2)GREEN CAMPUS CLEAN CAMPUS**

d)BEAT THE PLASTIC 9<sup>th</sup>June2018

A movies careening was done by the NSS unit on “Beatthe Plastic” in the college by the NSS volunteers. It was followed by the collection of plastic wastes from in and around the college by the volunteers. 73 volunteers took part in the ‘Beat the Plastic ’campaign with a motive of making the campus plastic free.

e) **GREEN WELCOME** 23<sup>rd</sup> June 2018

The unit welcomed the students of the new academic year and their parents with the message of greenery by setting up the Green Stall of saplings and cloth bags in the college. 418 saplings and 35 cloth bags were sold. The insight of plastic free, clean and green Kerala, reached everyone.

f) **GREEN CAMPUS CLEAN CAMPUS** 1<sup>st</sup> November 2018

The unit with an aim of building Eco Friendly campus, plastic bottles in the college were collected and Butterfly Garden was created jointly with the Zoology department.

Sapling Distribution at the college premises to the new academic year Students



**g) PLASTIC SURGERY-A Clean Campus Mission 1<sup>st</sup> March 2019 – 4<sup>th</sup> March 2019**

As a part of Green Campus Clean Campus mission the volunteers of the unit initiated a plastic bottle collection during the university youth festival “Alathaalam”. Bins were placed across the campus and posters were designed to make people aware about how plastic affects the nature due to the improper disposal. It was done in collaboration with “I Challenge Plastic Bottle” and 520 plastic bottles were later handed over to the recycling unit.

### **3) BLOOD DONATION CAMPS**

**a) BLOOD DONATION CAMP1 6<sup>th</sup> August 2018**

Blood donation camp was conducted in the college in association with PULSEPOLIOUNIT of District Hospital Kottayam. Dr. Linto Lazer, Head of PP Unit was the resource person. 83 units of blood was donated.

**b) BLOOD DONATION CAMP2 27<sup>th</sup> March 2019**

A blood donation camp was conducted by the NSS volunteers in the college with the co-operation of District hospital, Kottayam .It was the second blood donation camp that has been organized under the NSS unit. 71 students donated the blood voluntarily



## 4) IMMUNISATION PROGRAMS

Red Ribbon Club is one of the major wing which works under the NSS unit of the college. Blood donation, health care & other immunization programs are organized by the NSS unit under this wing.

### a) **AIDSDAY** 1<sup>st</sup> December 2018

A rally was conducted by the NSS unit from Baselius College to District Hospital, Kottayam at 9:30AM. The volunteers wore badges and held placards to show their support against the discrimination of AIDS affected people in the society. The rally was flagged off by the college principal Dr. Jancey Thomas.

The NSS unit presented a **Street Play** at the District Hospital, Kottayam on the basis of AIDS day at 10AM followed by the rally. A pledge was taken by the volunteers and the people gathered there, against the situations which lead to AIDS and to accept the discriminated people. Prof. Thomas Kuruvilla & Prof. Sany Mary Benjamin, NSS Program Officers and Dr. Linto Laser, PP Unit, District Hospital, Kottayam talked about the causes and effects of AIDS to the people gathered there.



**b)MEGA MEDICALCAMP** 27<sup>th</sup> January2019

A medical camp was conducted at Baselius College Auditorium by the NSS unit in association with Revenue Division Office, Kottayam, Carithas Hospital and Medical Office, Kottayam from 9 AM to 4.30 PM. The camp was successfull in helping the old people with their illness and free medicines were distributed.

The camp was inaugurated by Sri.Thiruvanchoor Radhakrishnan, MLA, and the honoured guests Sri.P.K. Sudeer Babu IAS, Kottayam district collector, Eesha Priya IAS, Kottayam district sub-collector, the officials of Revenue Division Office and Carithas Hospital marked their presence and support throughout the camp.

**c)WORLD CANCER DAY** 4<sup>th</sup> February2019

The NSS unit in association with Global Cancer Concern, India (GCCCI) and District hospital, Kottayam conducted an awareness rally on World Cancer Day from Collectorate to district hospital and then to Baselius College at 10 am. Later an awareness class on the various types of cancers and their cure was held at Baselius College. Dr. Sindhu G.Nair, district hospital, Kottayam lead the seminar. Mrs. Manju Sujith, GM, GCCCI addressed the gathering.





**a) EYECAMP** 11<sup>th</sup> February-12<sup>th</sup> February 2019: A free Eye Camp was conducted by the NSS unit in the college in association with Edimannickal Opticals, Kottayam for the students and college faculty. 420 beneficiaries (students and college staffs together) successfully attended the eye



## 5) ANTI-NARCOTICS PROGRAMS

With the motive of abolishing the use of drugs within the campus and the city, the unit has introduced an Anti-Narcotics wing. The wing has done considerable activities towards the creation of a drug free society.

### a) **WORLD NO TOBACCO DAY** 31<sup>st</sup> May 2018

World No Tobacco Day was observed by

Conducting a flash mob at Gandhi Square and Mall Of Joy, Kottayam. The program was conducted in association with Global Cancer Concern, India (GCCCI) and the Excise department. GCCCI Kerala Coordinator Mrs. Manju Philip and the officials from Excise department addressed the gathering.



**b) ANTI-NARCOTICS DAY 26<sup>th</sup> June 2018**

Anti-Narcotics day rally was conducted from Baselius College to Nagampadam bus stand by the NSS unit in association with Vimukthi, Excise Division Kottayam, Mount Carmel School and CMS College .Sri. Thiruvanchoor Radhakrishnan, MLA flagged off the rally in the presence of Baselius College Principal Dr.Jancey Thomas and Head of Physical Education Department, Dr. Biju Thomas. The rally was led by Captain Murali Kumar. Anoath against drugs was taken at Nagampadam in the presence of Dr.Abu Joseph and Mr.Abdul Salim, Excise Department.

**c) AWARENESS CLASS & POSTER DESIGNING COMPETITION 4<sup>th</sup> February 2019:**

An awareness class was conducted by the NSS unit on the dangers of drugs and the need to wipe it out among the youth of the society. C.I. C.O. Sajeev Excise department, led the awareness class. Poster designing competition was held by the unit in Association with Vimukthi on the topic “Anti- Drugs”.

As art is a powerful medium of expression, the students were able to spread the message against drugs through this program.

The program was led by Preventive Officers, Kottayam Mr. Gopakumar P.G. and Mr.

K. Rajeev. The winners were given prizes and certificates by Inspector.

Anil Kumar, Civil Excise Officer.

**d) FRIENDLY CRICKET MATCH BETWEEN TEACHERS AND STUDENTS**

15<sup>th</sup> February 2019

Arjunas v/s Dhronas, the friendly cricket match between the students and teachers of the college was conducted by the NSS unit in the college ground. The students’ team Arjunas was lead

by the Union chairman Unnikrishnan M.J and the teachers team Dhronas was lead by Head of the Physical Education Department Lft. Dr.Biju Thomas.

The players wore jerseys with messages “Say No To Drugs” and “ No Drugs Only Hugs”. The Students team won the match by 4wickets.

Dr.Jancey Thomas, Principal, Baselius College, Kottayam and Prof. M.J.Mathew, NSS Program Coordinator, MG University addressed the teams. Prof. Thomas Kuruvilla, NSS Program Officer, English Department faculty Dr. Joy Joseph and the officials from Excise department gave anti-narcotics message. The initiative was also instrumental in spreading the message of campus fraternity.



**ലഹരി വിരുദ്ധത കലാലയം**

### ലഹരിയെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം

കോട്ടയം ഹരിത സേനയിൽനിന്ന് അധ്യാപകരുടെ ടീംകളായ മറ്റാരുമില്ലാത്ത കോടതി വിദ്യാർത്ഥികളുടെ അഭിമുഖം വീണ്ടെടുക്കാനായി കോടതി വിദ്യാർത്ഥികളുടെ അധ്യാപകർ വിദ്യാർത്ഥികളെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു. കോടതി വിദ്യാർത്ഥികളുടെ അധ്യാപകർ വിദ്യാർത്ഥികളെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു. കോടതി വിദ്യാർത്ഥികളുടെ അധ്യാപകർ വിദ്യാർത്ഥികളെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു.

**സോണി സാർ, ട്രാക്ക്** - ലഹരിവിരുദ്ധത കലാലയത്തിന്റെ റാക്കറ്റിംഗ് ഏജൻസിയിൽ വിദ്യാർത്ഥികളുടെ അധ്യാപകർ കോട്ടയം കോടതി വിദ്യാർത്ഥികളുടെ അധ്യാപകരുമായി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു. കോടതി വിദ്യാർത്ഥികളുടെ അധ്യാപകർ വിദ്യാർത്ഥികളെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു.

കോട്ടയം ഏജൻസിയിൽനിന്ന് അധ്യാപകർ വിദ്യാർത്ഥികളെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു.

കോട്ടയം ഏജൻസിയിൽനിന്ന് അധ്യാപകർ വിദ്യാർത്ഥികളെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു.

കോട്ടയം ഏജൻസിയിൽനിന്ന് അധ്യാപകർ വിദ്യാർത്ഥികളെ ക്ലീൻ ബൗൾഡാക്കി അധ്യാപക-വിദ്യാർത്ഥി ക്രിക്കറ്റ് മത്സരം സംഘടിപ്പിച്ചു.

Sat, 16 February 2019

**a) NO SMOKING DAY 13<sup>th</sup> February 2019**

A mobile phone photography competition was conducted on the theme “Making the choice: Life or Cigarettes”. The best photographs were given prizes and were spread among online platforms as part of awareness against smoking. Volunteers performed a mime in the college campus and at Gandhi Square, Thirunakkara which exhibited the various harmful effects that smoking causes to the individuals and to the entire society.



**6) ELECTORAL LITERACY PROGRAMS**

Electoral Literacy Club is an initiative by the NSS unit at Baselius College which provides the platform to engage the students and volunteers through interesting activities and hands-on experience to sensitise them on their electoral rights and familiarize them with electoral process of registration and voting.



**a) VOTERS' LISTEN ROLLMENT**

29<sup>th</sup> October 2018 - 1<sup>st</sup> November 2018

The unit conducted free registration of the students into the Voters' list online enrollment in the college as apart of Systematic Voters 'Education and Electoral Education (SVEEP). Around 400 students of the college were able to enroll in the Voters 'list.

**b) NATIONAL VOTERS' DAY 25<sup>th</sup>**

January 2019 National Voters' day was observed by the unit in the college in association with the Revenue Department, Collectorate, Kottayam.

Dr. Sabu Thomas, Vice Chancellor, MG University, Sri. P K Sudeer Babu IAS, Kottayam Collector, EeshaPriya IAS, Kottayam Sub collector, Prof .M J Mathew, NSS Program Co-ordinator, MG University, Sri.Premalatha, Deputy Collector, Kottayam, Prof. Ashok Alex Luke, SVEEP Nodal officer, Kottayam, Prof.. Sany Mary Benjamin, NSS Program Officer, Baselius College and Unnikrishnan M J, College Union Chairman had addressed the gathering. The importance of the role of each voter in the society was highlighted. The eldest voter in Kottayam and a younger voter from the college were invited to the



**Street play performed in various places in Kottayam district along with sweep**

**c)MODEL POLL** 14<sup>th</sup> March 2019

A Model Poll has been conducted by the unit along with the Election wing by giving demonstration on the VVPAT. Students got the chance to know how to use the machine and they mark their first demo vote.



**d)STREET PLAY** 16<sup>th</sup> March & 26<sup>th</sup> March 2019

The Street Play on the promotion of voting has been conducted by the NSS volunteers in association with SVEEP at Collectorate, Kanjikuzhy, Kalathipady and Manarcad. The public got awareness about election and its procedures.



**e)SVEEP CAMPAIGN** 28<sup>th</sup> March 2019

SVEEP campaign has been conducted by the volunteers in the College for the promotion of making Kottayam the first 100% voting district. Sri.P KSudeer Babu IAS, District Collector, Kottayam, inaugurated the program. Eesha Priya IAS, Sub collector Kottayam, did the presidential address followed by the addressings by Suresh Kumar M V, Deputy collector, **Miya George** (Goodwill ambassador, SVEEP) and Prof. M J Mathew, NSS Program coordinator, M G University. Shok Alex Luke, SVEEP Nodal Officer, Kottayam presented the vote of thanks.





**f) VOTETHON NOTICE RELEASE 10<sup>th</sup> April 2019:**

The notice of mega votethon was released by Kottayam **Sub Collector Eeshapriya IAS** by handing it over to the NSS volunteers of the unit in the presence of **Ashok Alex Luke, SVEEP Nodal Officer, Dr. Jancey Thomas, Baselius College Principal and Aneesh Mohan.**

**g) MEGAVOTETHON 13<sup>th</sup> April 2019**

Votethon, the Megamarathon by SVEEP Kottayam for the promotion of “100% Literacy to 100% Voting ”was conducted on 13<sup>th</sup> April 2019 starting from Collectorate to old police ground, Thirunakkara at 4PM. The mega votethon was conducted in co-operation with SVEEP Kottayam. **Kumari Miya George, Goodwill Ambassoder, Kottayam, P.K.Sudeer Babu IAS, District Collector, Kottayam and Eesha Priya IAS, Sub Collector, Kottayam** were apart of the Votethon. A flash mob was conducted by the NSS volunteers of the unit which highlighted the importance of voting in a democratic country.

**7) EXTENTION PROGRAMME**

***a) BE POSITIVE***

Be Positive is a platform created by the NSS unit of Baselius College for the students to come together and share their positive thoughts and experiences. It is an extended program of the unit which was started three years ago.

It is an informal meeting which is being held on every Mondays at 4PM. The meeting at times have guestless the students themselves share their thoughts and ideas that help them to interact among themselves and thus build a friendly relationship.

Date	Name of the guest	No. of participants	Hours	Total Hours
12/03/2018	Niranjana P. & Aneekha Avraham, Guest lecturers, English dpt, Baselius College	55	1	55
16/03/2018	Prof. Nibu B. Thomas, Physics Dpt, Baselius College	49	1	49
08/06/2018	Prof. Arabhy P., Botany Dpt, Baselius College	52	1	52
18/06/2018	Prof. Biju Thomas, Physical education dept, Baselius College	59	1	59
16/07/2018	Prof. Thomas Kuruvilla, NSS Program Officer, Baselius College	50	1	50
30/07/2018	Mrs. Mary John	62	1	62
06/08/2018	Games & Activities for soft skill development	56	1	56
08/10/2018	Games & Activities for Physical Health	63	1	63
15/10/2018	Prof. Dr. Shaju MJ, HOD, Economics dpt, Baselius College	65	1	65
07/01/2019	Aswanth Anilkumar, Mimcri artist, D3 Politics, Baselius College	64	1	64
21/01/2019	<b>National Youth Day Celebration</b>	62	1	62
04/02/2019	Prof. K.S. Indhu, DB College, Thalayolaparambu	68	1	68
14/02/2019	Clement Mathew Kuriakose, Guest lecturer, Commerce department, Baselius College	66	1	66
18/02/2019	Poojamol P.B., Best NSS Volunteer State Award Winner, D3 Malayalam, Baselius College	63	1	63
25/02/2019	Sri. Abraham Stephen, Founder, Excellence Academy	68	1	68

11/03/2019	Games & Activities for Mental Health	62	1	62
------------	--------------------------------------	----	---	----

### **b)POTHICHORU - Free meal packet distribution**

The Kottayam District has scripted history as it spared no effort in getting tag of the only hunger- free district in the country. Pothichoru, the most valuable program of our unit, had played an important role to make sure that no one is hungry in the district. On every Friday around 50 Pothichoru (food packets) were distributed among the needy in Thirunkaramaidanam, Nagambadam and various places in town. Our unit was able to join hands with Navajeevan Trust at many times in making Kottayam, a hunger free district

<b>Total days</b>	<b>Total number of packets</b>	<b>Number of volunteers engaged</b>	<b>Total manpower worked</b>
<b>50</b>	<b>1700</b>	<b>24</b>	<b>800 hours</b>



## **8)150<sup>TH</sup> GANDHI JAYANTHICELEBRATIONS**

### **Gandhian programs undertaken by the NSS unit**

National Service Scheme, the biggest youth movement of Asia was formally launched on 1969, the birth centenary year of the father of the Nation, Mahatma Gandhi. As a part of commemorating the 150<sup>th</sup> birth anniversary of Gandhiji, NSS unit of Baselius College celebrated the NSS day on 24 September 2018 and observed Gandhi Jayanthi and Sevanavaaram. A state level one day seminar and a Plastic bottle challenge was also held. A new project “Kilikkudam” was launched by the unit as part of the one year long Gandhian programs.



#### **a) SEVANAVAARAM 15<sup>th</sup> September 2018**

Sevanavaaram 2018 was observed from 15<sup>th</sup> September to 2<sup>nd</sup> October 2018. As a part to fit, 72 volunteers from the NSS unit cleaned the premises of Kottayam railway station on 15<sup>th</sup> September 2018 from 9AM to 1 PM. A valedictory meeting was held where the railway officers addressed the volunteers and delivered messages on Swachata.

**b) WALK WITH GANDHIJI-Inter Collegiate Cultural Festival 24<sup>th</sup> September 2018**

The NSS unit of Baselius college celebrated NSS day on 24<sup>th</sup> September 2018 by conducting an intercollegiate cultural festival 'Walk With Gandhiji' for the NSS volunteers which aimed at spreading Gandhian philosophies and thoughts.

The flag was hoisted by Baselius college **principal** Dr.Jancey Thomas and the cultural festival was inaugurated by Adv.Sunny Pampady, District Panchayath President.

The competitive events of the cultural fest were quiz, extempore, poster designing, debate and patriotic song. The topics for the events were related to Gandhian life and philosophies.

The winners were awarded with cash prizes and certificates by the honourable MLA Sri Thiruvanchoor Radhakrishnan. Mar Ivanios College, Thiruvananthapuram was awarded **Prof. P C Alias Memorial Ever Rolling Trophy.**



**a) PLASTIC BOTTLE CHALLENGE**

27<sup>th</sup> September to 2<sup>nd</sup> October 2018

c) Plastic bottle challenge was conducted in the college in association with Jewel Autism Centre, Kottayam. 2000 plastic bottles were collected from students and staff and was donated to 'Samagamam' trust in the presence of Fr.David Chirammel (social worker and environmentalist) and Sri. Suresh Kurup MLA on 2<sup>nd</sup> October 2018 at S H Mount School, Choottuveli.



### **GANDHI JAYANTHI** 2<sup>nd</sup> October 2018

Gandhi Jayanthi is a national festival celebrated in India to mark the birth anniversary of Mohandas Karamchand Gandhi born on 2<sup>nd</sup> October 1869. On this October 2<sup>nd</sup>, the activities undertaken by our NSS unit were:

- I)** Morning assembly was conducted on Gandhi Jayanthi at 10 AM in the college courtyard with NSS song, message from the principal, NSS program officers and from the NSS volunteers.
- II)** Clean Campus Green Campus was enacted in the college by the NSS volunteers by collecting the plastic waste from the college campus.
- III)** Clean & Green program was done by the NSS unit in association with Navajeevan Trust at Medical College, Kottayam. Cleaning, gardening and plastic segregation was done by the NSS volunteers. Sri P U Thomas (Navajeevan Trust) and Dr Abdul Kadhar (former cardiology professor) addressed the volunteers.

**IV)**Plastic bottles which were collected during the week were donated to 'samagamam' trust in presence of Fr.David Chirammel and Sri.Suresh Kurup MLA at S H Mount School, Chootuveli.

'Say No To Plastic' was done in association with Lions Club International Region VI and District Police Kottayam at Thirunnakkara, where plastic bags of the pedestrians were replaced by cloth bags.

### **9)WALKWITH GANDHIJI 6<sup>th</sup> October 2018: One Day Seminar on Gandhism**

WALK WITH GANDHIJI –one day seminar was conducted by the NSS unit of Baselius college in collaboration with Dr.Sukumar AzhikodeTrust and Kerala NSS Cell on 6<sup>th</sup> October2018.

**Session 1- Inaugural Ceremony :**Dr. Jancey Thomas, the principal, Baselius college welcomed the gathering and the presidential address was given by Dr.Sajith Babu, NSS Regional Director Kerala & Lakshadweep. The inauguration of 150<sup>th</sup> Gandhi Jayanthi celebrations was done by Padmabhushan K.T. Thomas. Dr SabuThomas, Vice Chairman, M G University inaugurated Walk With Gandhiji One Day Seminar. Dr Sabukuttan, Liasion Officer, State NSS Cell gave the keynote address. Prof. M J Mathew, NSS Program Coordinator, M G University, felicitated the gathering.

Prof.Thomas Kuruvilla, program officer of Baselius college NSS unit proposed the vote of thanks.

**Session 1- Inaugural Ceremony :**Dr. Jancey Thomas, the principal, Baselius college welcomed the gathering and the presidential address was given by Dr.Sajith Babu, NSS Regional Director Kerala & Lakshadweep. The inauguration of 150<sup>th</sup> Gandhi Jayanthi celebrations was done by Padmabhushan K.T. Thomas. Dr SabuThomas, Vice Chairman, M G University inaugurated Walk With Gandhiji One Day Seminar. Dr Sabukuttan, Liasion Officer, State NSS Cell gave the keynote address. Prof. M J Mathew, NSS Program Coordinator, M G University, felicitated the gathering.



As a part of Kilikkudam Project we placed clay pots in our college, houses and Govt UP School Thiruvarp which is in our adopted village. We also distributed Kilikkudam in public institution and handed over 45 clay pots for the NSS unit of St.Mary's HSS Manarcad.





a) “Kaithaangu”, 26<sup>th</sup> July 2018 - 4<sup>th</sup> August 2018

“Kaithaangu”, a helping hand for the flood victims in Kuttanadu and Kumarakom was conducted in the college by the NSS unit. The necessary requirements of the flood victims were collected by the NSS volunteers from the students and college staffs and was given to the flood victims.

**b) RELIEF CAMP COLLECTION CENTRE AT THE COLLEGE** 17<sup>th</sup> August 2018 - 21<sup>st</sup> August 2018

Baselius College NSS Unit started the first Relief camp collection centre on 2018 August 17 to 2018 August 21. It was arranged in the college auditorium from 9 AM to 7 PM by the NSS volunteers of the college. All the necessary requirements for the relief camps were donated to the college by various organizations and individuals. The relief camp collection centre was monitored and volunteered by about 60 NSS volunteers of the college. The honourable MLA Sri. Thiruvanchoor Radhakrishnan visited the collection centre at the college.

**c) PREPARATION & DISTRIBUTION OF CLEANING LOTIONS**

25<sup>th</sup> August 2018 & 26<sup>th</sup> August 2018

About 200 bottles of cleaning lotions were prepared by the NSS volunteers under the guidance of Asst. Prof. Kiran Philip of Physics Department at the college. These were distributed to any of the above mentioned camps.

**d) CLEANING, SURVEY AND CHLORINATION**

27<sup>th</sup> August 2018 & 28<sup>th</sup> August 2018 Cleaning, survey on health & cleanliness and chlorination in the flood affected regions such as Thiruvathukkal, Paarappadam was done in association with the PP Unit of General Hospital Kottayam, Asha workers, Kudumbasree members and Anganwady teachers on 2018 August 27 & 28 from 9:30 AM to 1:30 PM. About 50 NSS volunteers participated in the program.



**e)BOOK DONATION AT CHENGANNUR 3<sup>rd</sup> September 2018**

The NSS unit of the college donated note books and pens to the flood affected students of Sree Narayana Trusts School, Chengannur. Dr.A.V. Anand Raj, Chairman, SN Trust RDC inaugurated the program. Prof. Sany Mary Benjamin, NSSProgram Officer, Baselius College handed over the books and pens to Sri. T.Prasannakumar, SNT School Principal.





**f) CHEKUTTY 2<sup>nd</sup>October2018**

The NSS volunteers of the unit went to St.Mary's HSS, Manarcadu to learn the making of Chekutty dolls under the guidance of Sri.Biji Ann Kurian, NSS Program Officer of the school. Sri.Soji Abraham, Principal of the school inaugurated the program. The importance of the coming back of the handloom workers of Chethamangalam and the people of Kerala as a whole is depicted through the Chekutty dolls.

## **11)AWARENESS PROGRAMS AND DAY OBSERVATIONS**

**a) WORLD AUTISM DAY 2<sup>nd</sup>April2018**

Autism awareness rally and seminar was conducted by the NSS unit in association with Jewel Autism Centre, Kottayam on April3<sup>rd</sup> 2018. The procession was flagged off by P.R.Sona, Chairperson, and it was from Gandhi Square to Baselius College. It was accompanied with Nasik doll, face painted NSS volunteers, balloons and placards made by the volunteers. The procession ended at the college where an awareness class on Autism was conducted. Sri P.U .Thomas, Navajeevan Trust was the key note speaker.



**b) ROAD SAFETY WEEK OBSERVATION 23<sup>rd</sup> April 2018**

Road Safety Week was observed by the unit by distributing leaflets containing traffic rules and safety measures, and sweets to all the drivers at the traffic signal in front of the college. The drivers and pedestrians were given awareness about road safety and the rules to be followed while on road.



**Distributing leaflets containing traffic rules and safety measures, to the MLA Thiruvanchoor Radhakrishnan**

**c) PRE-MONSOON AWARENESS** 26<sup>th</sup> May 2018 A door-to-door awareness campaign was conducted by the unit in the 17<sup>th</sup> ward of Puthupally by distributing leaflets containing preventive measures for the contagious diseases that spread during the monsoon season. Srimati. Latha Mohan, Vice President, Puthupally Panchayath inaugurated the program. 500 leaflets provided by the District Health Department, Kottayam were distributed.



**d) READING WEEK OBSERVATION** 19<sup>th</sup> June–22<sup>nd</sup> June 2018

A bookstall was setup at the college for four days by the NSS unit. The books collected from DC Books were used in the stall which was open for all the students and staffs of the college. 82 books were sold, the importance of reading was highlighted through it. “Ente Kithabu”, another program based on reading week was conducted in the college where the students were asked to write reviews on books they have read and the best review was awarded. The skill of reading and writing was valued through the program.

**e) YOGADAY 21<sup>st</sup> June 2018**

Yoga training was held in association with Nehru Yuva Kendra in the college for the NSS volunteers and other students. SI Shahjudheen K.S., Police department, Kottayam, and Kranti Yoga Centre instructor, was the yoga trainer. The importance of doing Yoga in daily life was discussed with the students.



**f) INDEPENDENCE DAY 15<sup>th</sup> the August 2018 Morning assembly was held in the college**

By the NSS unit were the flag was hoisted by the college principal Dr. Jancey Thomas. Independence day message was delivered by the NSS volunteers and Prof. Thomas Kuruvilla, NSS Program Officer.

**g) TEACHERSDAY 5<sup>th</sup> September 2018**

The NSS volunteers of the college prepared hand made crafts & cards and presented to all the

teachers of the college for the love and care they provide.

**h) NSSDAY-NSS FEST;WALK WITH GANDHIJI**

September 2018 - Refer page:

**i)GANDHI JAYANTHI** 2<sup>nd</sup> October2018-Refer page:

**j) WORLD MENTAL HEALTH DAY**10<sup>th</sup> October2018

Miss. Indhu M.K., Psychiatry department, Mandiram Hospital, Kottayam, who is an ex-Baselian and an NSS volunteer interacted with the NSS volunteers of the college about the value of mental health in the lives of the people and the Care they require.

**k)MALAYALAM; SRESHTABHASHA DAY** 1<sup>st</sup> November 2018

The NSS volunteers of the unit took part in the “Malayalam; sreshta bhasha day” celebration at the Collectorate Conference hall conducted by the Public Relations department. Sri. Vinod Sukumaran, Indian film maker, Sri. Santhosh George Kulangara, Managing Director of Safari TV, Labour India Publications, were the chief guests. The value of Malayalam language was discussed on the 'Keralappiravidinam'.

**l)CHILDREN'S DAY** 14<sup>th</sup> November 2018

The NSS volunteers of the unit conducted cleaning and cultural programs at Gov. U.P. School, Thiruvvarppu. Plastic wastes were collected from in and around the school campus. And cultural programs were conducted for the students of the school by the NSS volunteers.

**m)SAKHI; BREASTCANCER AWARENESS** 24<sup>th</sup> November 2018

In association with the students of Medical College, Kottayam SAKHI, breast cancer awareness program was conducted by the unit in the college. Dr. Amrutha Varshini, Dr. rshad Muhammed, final year medical students led the session. Self examination techniques and the information on the cause and diagnosis methods were discussed among the students and staffs of the college.

**n)AIDSDAY** 1<sup>st</sup>December2018 –Refer Page No:

**o)WORLDSIGHTDAY** 3<sup>rd</sup> December2019

The NSS volunteers of the college participated in the Blind Walk co-ordinated by CMS College, Kottayam from Gandhi Square to CMS College at 8:30AM.The volunteers of the unit prepared the placards required for the walk and guided the blind in the walk. Prof. Thomas Kuruvilla, NSS Program Officer felicitated the meeting that was conducted in CMS College following the Blind Walk.

**p)INTERNATIONAL VOLUNTEERS DAY**

The NSS unit observed the day by decorating the 'Samaramaram' in the college with quotes and drawings about the famous volunteers and about the people who volunteered during the drastic Flood that affected Kerala a few months back. As NSS volunteers the day was dedicated for the hardship and dedication shown by every volunteer. The message that the service of every NSS volunteer for the nation is irreplaceable was put forward through the program.

**q)NATIONALVOTERS DAY** 25<sup>th</sup> January 2019  
- Refer page No:

**r)REPUBLIC DAY** 26<sup>th</sup> January 2019

The NSS volunteers of the unit spent the day in cleaning the monument placed in front of the Collectorate, Kottayam.

**s)AWARENESS CLASS & COLORING COMPETITION WITH VIMUKTHI**

4<sup>th</sup> February 2019 : Refer Page No:

**t)WOMENSDAY** 8<sup>th</sup> March 2019

The NSS unit celebrated the Women's Day with the college students and staffs by decorating the Samaramaram by turning it into Penmaram It highlighted the importance of the role of women in the society and the need for the upliftment of women from the shades of households.



## 12. ORIENTATIONS & CAMPS

**HALF DAY ORIENTATION** 2<sup>nd</sup> August 2018 Half day orientation program was conducted by the NSS unit for the first year students at Mrs. Mappilai Hall from 2PM to 4PM. Sri. P.A. Amanath, Research Officer at Kerala Planning Board, led the orientation which gave the information of the role of being an NSS volunteer. Prof. Arabhy P., former NSS Program Officer at Baselius College also interacted with the students about the values and importance they play in the society as NSS volunteers.

### MINICAMP (3DAYS)

3 day mini camp was held in the college for the first year students who had enrolled in NSS, from 10<sup>th</sup> August to 12<sup>th</sup> August 2018. The camp was aimed at orienting and motivating the students to become the gems as volunteers.

#### Day 1: 10<sup>th</sup> August 2018

The inaugural function was held at 5 pm following the registration at 4pm. The presidential address was given by Dr. Jancey Thomas, Principal, Baselius College followed by the inauguration by Sri Thiruvanchoor Radhakrishnan, MLA. Prof Joy Markose felicitated the gathering Prof.

Sany Mary Benjamin, NSS Program Officer proposed the vote of thanks to the dignitaries in the dais and to the volunteers.

ICE BREAKING session was conducted by Prof. Jithin John, English Department. The session was very helpful in energizing the volunteers and breaking the anonymity wall between them.

Musical Night: Prof. Fr. Jiby K. Paul, Syriac Dept added the glow to the energetic evening by conducting a melodious music

#### Day 2 : 11<sup>th</sup> August 2018

Morning assembly was held at 6:30am. The YOGA



session was led by Jobin Chamakkala, yoga instructor.



**Motivational Session:** Thomas Zachariah ( ASAP Regional Motivational Trainer) led a leadership oriented session. The class created a sense of self-confidence, courage, unity, team spirit and identifying one's own uniqueness in the volunteer.

**Oratory Orientation:** Adoney T. John ( Orator, Vachaka mela Fame, Ex-Baselian NSS volunteer) led the oratory orientation session, which made the volunteers to develop the orator in them.

**Activity corner:** The waste materials like newspaper and other stationary wastes were collected from different part of the college with which a fashion show was conducted. Through this activity volunteers' attitude towards recycling was boosted up.

**Autism awareness session:** An awareness session on Autism, them entald is order conducted on the behalf of Jewel Autism Center.

**Games:** Githu Thomas Jiji, Guest lecturer at Baselius College conducted a gaming session for the

volunteers.

**An Eve with Sri.PU Thomas:**The evening of the camp was glorified by the esteem presence of Sri. P.U. Thomas, Navjeevan Trust. He shared his struggle, experience and the journey of Navajeevan trust which encouraged and inspired the volunteers and led them to a selfless service motive life. A Short Film screening and review session was conducted.

### **Day 3 : 12<sup>th</sup> August 2018**

**Green Campus Clean Campus:** The unit cleaned the whole campus including classroom, toilets, yard, canteen, and the surrounding of the College.

Trees were planted in the ground corners. The activity was concluded by the feed back of the volunteers who had developed a love and generosity towards their campus and society.

### ***a)SUKRUTHAM 2018 ; NSS SEVEN DAY SPECIALCAMP***

#### **CAMP ACTIVITIES :**

SURVEY

PARKRENOVATION

HOUSERENOVATION

GREENCAMPUSCLEANCAMPUS

CAMPMAGAZINE:THALIR

CAMPUSCLEANING

ORIENTATION SUKRUTHAM-

WATER STREAM CLEANING

ROADRENOVATION

HERBALGARDENING

### **Day 1 : 21<sup>st</sup> December 2018**

NSS seven day special camp “SUKRUTHAM 2018”was conducted by the NSS unit of Baselius College, Kottayam from 21<sup>st</sup> December 2018 to 27<sup>th</sup> December 2018 at Govt. U.P. School, Thiruvvarppu. University level camp inauguration was conducted at BCM Parish hall at Vallara, Kumarakom. NSS units of Baselius College, CMS College and BCM College attended the meeting. The meeting was welcomed by the NSS Program Coordinator Prof. M.J.Mathew followed by the inaugural ceremony by Prof. Dr.Sabu Thomas,Vice Chancellor, MG University. The function was chaired by

Adv. K. Suresh Kurup, MLA. Other dignitaries including Adv. Thomas Chazhikadan, MLA, Prof. Tomichan Joseph (MGU Syndicate member) offered their support and felicitated the function. As

the representatives of the volunteers, Vishnu Shaji, Volunteer Secretary, Baselius College NSS Unit felicitated the seven-day camp.

Sukrutham 2018 by Baselius College NSS unit at Govt. U.P. School, Thiruvārpu started by 7 PM. The ICE BREAKING session was conducted by Sri. G.Sreekumar, former PRO, MG University.

The session was very helpful in energizing the volunteers for the upcoming days in the camp.



**Survey:** The volunteers were divided into groups. Each group was accompanied by an ashaworker and a senior volunteer. The survey was conducted in the 15<sup>th</sup> and 16<sup>th</sup> wards of Thiruvārpu and the information of detail regarding the flood, damages occurred, and the health status of the villagers were collected.

**Campus Cleaning:** The volunteers collected the wastes in the campus and were segregated into bio and non-biodegradable materials.

**Park Renovation:** Along with the campus cleaning, the volunteers cleared the surroundings of the park in the school, and cleaned it.

**Survey Evaluation:** It was done under the program officers where the volunteers shared their experiences during the survey and the current status and needs of the people in the village such as the shortage of drinking water, poor toilet and road facilities etc. The discussion was concluded with the decisions to find solutions for the problems affecting the people.

### **Day 3 : 23<sup>rd</sup> December 2018**

Morning assembly was conducted at 6:30 AM. The Parade training was held for the volunteers by the senior volunteer Lakshmi K.B., pre-RDcamper2018.

**Building Self & Growing Together:** Sri. Praveen Varghese Thomas, Master trainer conducted a class that created a sense of self-confidence, courage, unity, team spirit and identifying one's own uniqueness in the volunteers.

**Sukrutham-House Renovation:** The primary stages of the house renovation works such as cleaning, loading of the materials required, and other maintenance were done by the volunteers.

### **AN EVE WITH BENYAMIN:**

The famous writer and novelist Sri. Benyamin visited the camp and interacted with the volunteers for about two hours in the evening. The volunteers were enthusiastically asking questions and interacting with the guest. Later the evening the volunteers conducted Christmas carol in the neighbourhood which filled the hearts of the villagers and the campers.



### **Day 4 : 24<sup>th</sup> December 2018**

The day started with the morning assembly. The yoga session by Sri.Sunny Chenattu boosted the volunteers.

**ChristamsMessage:** The volunteers gathered for a meeting chaired by Dr.Jancey Thomas, Principal, Baselius College, Kottayam. The day was delighted with the presence of Sri.

P.U. Thomas, Navajeevan Trust. The volunteers interacted with Sri.P.U. Thomas on the social works of Navajeevan Trust and what all things can be done from their side for the needy. Srimati. JessyNinan, Thiruvorppu panchayath president, Srimati. Lekha J.,H M, Gov. U.P.School, Thiruvorppu, Sri.Jayesh Mohan, District Panchayath Member, Srimati. Asha Shinil, 14<sup>th</sup> ward member made their presence during the day and felicitated the camp and the activities undertaken by the NSS volunteers.

**The remaining works of the Sukrutham-House Renovation** was done by the volunteers that day. The evening session DIALOGUE was taken by an ex- Baselian and the dramatician Sri.Shibin Xavier. The session was aimed at upbringing the personal talents in the volunteers through various entertainment activities and the art of acting, drama and folk songs was taught.

### **Day 5 : 25<sup>th</sup> December 2018**

The day commenced with the morning assembly. The yoga session was by Sri.Sunny Chenattu, yoga instructor.

### **Water Stream Cleaning:** As part of the Green

Campus Clean Campus program the U.P.S. Kuvappuram water stream was cleaned by the volunteers. The activities of clearing the sides of the stream, clearing the eichornia, plastic waste and all other material wastes from the stream was done. The villagers also extended their helping hands and more than 1km of the stream was cleared of its waste.



**NSS Family Reunion:** The NSS volunteers of the previous years made a visit and shared their camp experiences. Prof. Joy Joseph, former NSS Program Officer marked his presence on that day. The movie 'Ottal' directed by Sri. Jayaraj was screened in order to show the importance of organic farming. It also provided an insight about the scenic beauty of the land, which was near the campsite.

**Road Renovation:** It was done by the volunteers in presence of Sri.K.B.Sivadas, member of the 16<sup>th</sup> ward. Ambedkar Colony ; Manaladichira (19-il chira Vengalikkadu) road was renovated by the volunteers by cleaning, removing the unwanted grass, and leveling up the road.

**Camp Magazine:** The volunteers were divided into groups and the Camp Magazine-“Thalir” was made. The report and camp paper preparations were done and the day came to an end with the prayer.

**Day 6 : 26<sup>th</sup> December 2018**

The day started with the morning assembly followed by the parade training by the senior volunteer Lakshmi K.B, pre RD Camper 2018.



Sri.Jose Periyar, river keeper, Periyar led the morning session where the volunteers were taught to make so many items such as paper bag, LED bulb, candles, bath soap, dish wash, cloth bag, phenol, paper pen, writing pad, talcum powder, file etc. The volunteers learned the easy and quick way of manufacturing the above listed items and their profit in the market. The session was very useful for the volunteers.

The day was spent with the remaining works of Stream Cleaning, Road Renovation, Sukrutham-House Renovation and Park Renovation.

The volunteers were divided into three groups and the time was made useful in completing these works. In the evening a review of the works done during the day was conducted and the volunteers shared their experiences of the day.

**Group Activity:** The volunteers were divided into several groups and the cultural night was filled with their activities on several topics for the skit. Their report and camp paper were prepared and the day came to an end with the prayer.

### **Day 7 : 27<sup>th</sup> December 2018:**

The last day of the camp started with the morning assembly followed by the yoga session by Sri. Sunny Chenattu.

**Herbal Gardening:** The program was highlighted with the presence of Sri.P.U. Thomas, Navajeevan Trust and Sri.Thiruvanchoor Radhakrishnan, MLA. The volunteers planted various herbal plants in the school campus under the Bhoomithrasena of the NSS unit.

**Camp Evaluation:** The closing ceremony and the camp evaluation of the seven day special camp was conducted at 10AM where the volunteers shared their transformations through the camp. Being a part of such a camp made them realize the real life hardships of people in the village and in common. They were of the opinion that it was a look on oneself and everyone expressed their gratitude to be a part of this seven day special camp by the NSS unit. The meeting and the camp was dispersed with the National Anthem at 11:30AM.

## **13) SNEHAVEEDU**

The second phase of Snehaveedu house construction was initiated on Thiruvarpur, Grama Panchayat, the adopted village by the NSS Unit of Baselius College. The volunteers helped in reconstructing and maintaining the flood affected houses of the village. The unit aimed to rebuild 25 houses and the fund was raised from the students, staffs and from the well wishers. The volunteers did all the manual labour that was required for the house construction which included painting, carrying bricks, cement, mettleetc



## 14) WATER PURIFICATION

Volunteers of NSS Baselius college had completed the Jaivam survey in the Puthuppally grama panchayath during the 7 day camp. Our volunteers with the proper guidance of programme officers went to more than 4500 houses and conducted survey. We achieved 100% of the survey in the panchayath during the 7 day camp. (Evidence attached - Annexure 1)

