

# **BASELIUS COLLEGE, KOTTAYAM**



## **WALK WITH A SCHOLAR PROGRAMME**



### **ANNUAL REPORT (2016-17)**

**Coordinator: Dr. Suma Bino Thomas**

## **WALK WITH A SCHOLAR PROGRAMME (2017-18)**

Walk With a Scholar (WWS) scheme is framed to provide specialized mentoring programmes for under graduate students in Arts, Science and Commerce with an aim to shape their future career. The scheme introduces the idea of mentoring and builds on the concept of mentor as a 'Guide' and 'Friend'. The Scheme aims at giving necessary orientation to needy students, to prepare them for employment and give them necessary guidance, motivation and necessary mental support to identify appropriate areas for higher study as well as employment. The mentoring scheme is to be planned to identify the opportunities available for the scholars, the areas suitable for them, the manner in which the scholar should proceed before them and evolve ways by which they can be acquired

### **Coordinator of the Programme**

Dr. Suma Bino Thomas, Associate Professor of Chemistry is nominated by College Council as Coordinator of the Programme from 2014-2017.

### **Internal mentors (2014-15)**

The following faculties From Different Department were selected as internal mentors:

<b>No.</b>	<b>Name</b>	<b>Designation</b>	<b>Department</b>
1	Ashly Thomas	Assistant Professor	Economics
2	Dr. Krishnaraj M V	Assistant Professor	Botany
3	Nibu B Thomas	Assistant Professor	Physics
4	Tessymol Abraham	Assistant Professor	Mathematics
5	Viju Kurian	Assistant Professor	English

### **Internal mentors (2015-16)**

The following faculties From Different Department were selected as internal mentors:

<b>No.</b>	<b>Name</b>	<b>Designation</b>	<b>Department</b>
1	Dr. Leena R	Assistant Professor	Chemistry
2	Parvathy Mohan	Assistant Professor	Commerce

3	Susan K Wilson	Assistant Professor	Zoology
4	Thara Thomas	Assistant Professor	Economics
5	Uma Surendran	Assistant Professor	Zoology

#### **Internal mentors (2016-17):**

The following faculties From Different Department were selected as internal mentors:

<b>No.</b>	<b>Name</b>	<b>Designation</b>	<b>Department</b>
1	Anju John	Assistant Professor	English
2	Dr. Misha Hari	Assistant Professor	Physics
3	Resmi Annie Thomas	Assistant Professor	Commerce
4	Dr. Sajish P R	Assistant Professor	Botany
5	Thomas Kuruvilla	Assistant Professor	Malayalam

#### **Selection of Scholars**

The scholars for this programme were selected on the basis of merit and interest. The features of this Programme was given to the students of each Department by the Co-ordinator personally and after receiving the Bio data, students were selected on the basis of merit of qualifying Examination of Degree Course. Thirty students who scored at least 60% marks in the Qualifying examination were selected from Various Departments. They were grouped in to five and assigned to the internal mentors.

#### **LIST OF STUDENTS SELECTED FOR WWS (2014-15)**

<b>No.</b>	<b>Name of the student</b>	<b>Department</b>	<b>Internal Mentors</b>
1	Meeralakshmi	English	Viju Kurian Dept of English
2	SurumiYoosuf	English	
3	Mekhana M	English	
4	Mishel Maria Johnson	Malayalam	
5	Alphons Joseph	Malayalam	
6	Ajai Raj (Discontinued)	Malayalam	
7	Aravind M S	Economics	Ashly Thomas Dept. of Economics
8	Anju P A	Economics	

9	Leenamol C M	Economics	
10	Athira Sajeew	Politics	
11	Sajeena Mohan	Politics	
12	Shilpamol S Ambalathara	Politics	
13	Harikrishnan K V	Commerce	Tessymol Abraham Dept. of Maths
14	GopikaSreedhar	Commerce	
15	Aksa A	Management	
16	Binuja Varghese	Maths	
17	Akhila M M	Maths	
18	Jinta Tom	Maths	
19	Archana Krishnan	Botany	Dr. Krishnaraj M V Dept. of Botany
20	Anuja Joy	Botany	
21	Anjana K A	Botany	
22	Anju Anna Alex	Zoology	
23	VandanaVasudev	Zoology	
24	Ann Mary Baby	Zoology	
25	Ann Susan Skaria	Chemistry	Nibu B Thomas Dept. of Electronics
26	Aswathy M K	Chemistry	
27	Jayasree S	Chemistry	
28	Femi Raju	Physics	
29	Suryan Sivadas	Physics	
30	Anuja Mariam Kuriyan	Physics	

**LIST OF STUDENTS SELECTED FOR WWS (2015-16)**

No.	Name of the student	Department	Internal Mentors
1	Vineetha Raju	English	Thara Thomas Dept. of Economics
2	Anila V S	English	
3	Lakshmi Priya N	English	
4	Punya M	Malayalam	

5	Saranya M T	Malayalam	
6	Reshma Rajendran	Malayalam	
7	Krishna Bijulal	Economics	
8	Vishnupriya	Economics	Uma Surendran Dept. of Zoology
9	Gopika Mohan	Economics	
10	Anabel Grace Sukumar	Politics	
11	Chinchu Elsa Abraham	Politics	
12	Anjali Merin Joseph	Politics	
13	Akhilkumar A	Commerce	Parvathy Mohan Dept. of Commerce
14	Sreelakshmi Sreekumar	Commerce	
15	Sreelakshmi K	Commerce	
16	Akshay Suresh	Management	
17	Lisa Sunny	Maths	
18	Ganga S Kumar	Maths	
19	Simi Anna Kuruvilla	Chemistry	Dr. Leena R Dept. of Chemistry
20	Ashly Susan Itty	Chemistry	
21	Soumya Sukumar	Chemistry	
22	Arppana Binu	Chemistry	
23	Devika Jayan	Physics	
24	Arjun Sasikumar	Physics	
25	Jithu Sunny	Zoology	Susan K Wilson Dept. of Zoology
26	Keerthana K	Zoology	
27	Merin Shaji	Zoology	
28	Anju J Kurup	Botany	
29	Meera Joy	Botany	
30	Linta Anna Scariah	Botany	

**LIST OF STUDENTS SELECTED FOR WWS (2016-17)**

No.	Name of the student	Department	Internal Mentors
1	Sreelakshmi S	Botany	
2	Aliya Shaji	Botany	

3	Parvathy Radhakrishnan	Botany	Dr. Sajish P R Dept. of Botany
4	Praveena Pradeep	Zoology	
5	Raga Thankachan	Zoology	
6	Jobin Babu	Zoology	
7	Sreelekshmi Harikumar	Commerce	Prof. Resmi Annie Thomas Dept. of Commerce
8	Aiswarya P R	Commerce	
9	Sruthi Shyam	Commerce	
10	Titty C Johnson	Economics	
11	Vishnu Prasad	Economics	
12	Jayalakshmi V	Economics	
13	Sruthy Prakash	English	Prof. Anju John Dept of English
14	Surya Saju	English	
15	John Miller	English	
16	Nayana Thomas	Malayalam	
17	Cisily	Malayalam	
18	Abhirami K R	Malayalam	
19	Shereena Fathima.N	Chemistry	Dr. Misha Hari Dept. of Physics
20	Aiswarya S	Chemistry	
21	Sreelekshmy M Nair	Chemistry	
22	Divya T B	BBA	
23	Lidiya Annie John	Physics	
24	Anu Santhosh	Physics	
25	Lekshmi Sreekumar	Politics	Thomas Kuruvilla Dept. of Malayalam
26	Aswathy Krishna	Politics	
27	Arya Satheesan	Politics	
28	Krishnendu B	Mathematics	
29	Swapna Saji	Mathematics	
30	Anjitha Sara John	Mathematics	

## Selection of External mentors

The External mentors for this programme identified and they were from different discipline and fields. List of available Resource persons was submitted to the principal by the Co-ordinator and after having discussion with staff council external mentors were selected. Priority for the selection was merit and Experience. Due to the inconvenience of some selected person alternative arrangement has been made later and new persons were appointed as external mentors.

### LIST OF EXTERNAL MENTORS

No.	Name	Designation	Topic of Mentoring Session
1	Nidhin Krishna & Sruthi Krishna	Director, TALENT US Academy	<i>Enhancing Students' Speaking Skill through role play</i>
2	V K Krishnakumar	Corporate trainer, Talent US HR Solutions Pvt.Ltd.	Career Guidance
3	Dr. M P Abraham	Asst. Professor in Economics, University College, Trivandrum	
4	Motti Thomas Zachariah	Director, CIFHRD, Mangalam	Personality Development
5	Mr. Nakul Sudhakaran	Manager, Training & Development, Rajagiri Proacademy, Kakkanad	Soft skills and Introduction to 21 <sup>st</sup> century skills
6	Dr T P Sasikumar	Space Scientist & LIFE Mentor	Making students serious in learning and life
7	Mr. Aslam P S	Resource person, DVHSE	Time Management and Career planning
8	Mr. Jinse Paulose	Resource person, DVHSE	Self esteem and decision making
9	Mr. Prince Varughese	Director, Mind IT mind solutions	Life skill development
10	Mr Abraham Stephen	Trainer & HRD Consultant	Leadership qualities and personality development
11	Nidhin Krishna & Sruthi Krishna	Director, TALENT US Academy	Interview, GD preparation

## Internal Mentoring

Officially ten hours is declared for the purpose of internal mentoring session. The venue of this session is our college campus itself. Internal mentoring sessions on working days before and after the class hours and Saturdays without affecting the normal academic routine of the students and the college. Before starting the proper session, our mentors made them well equipped in varied areas.

As part of internal mentoring, all three batches of students were taken to Kochi- Muziris biennale and were accompanied by their internal mentors. The biennale's main venue is Aspin wall House, a crumbling colonial warehouse on the water.



Highlights here include photographs of dead bodies that have been dressed in couture and heavily styled by Russian collective and a pyramid made of cow dung and wood by Slovenian poet Ales Steger. There were around 20 collateral events all over Kochi, and not to be missed is 'Kissa Kursi Ka', a show of 'thrones' on display at Heritage Arts. Their creator, Delhi-based designer Gunjan Gupta, appropriates objects historically used as seats before the upright chair is thought to have come to India in the 15<sup>th</sup> century and turns them into limited-edition collectables.



Gupta spearheads a new generation of contemporary Indian designers and among the ten works on show was her 'Bori' sofa, made from jute sacks which were very interesting to the students.

Internal mentors started their sessions in the first week of June 2016 itself. The Personal details of all the mentees were collected. It includes economic and social background, family details, previous academic performance, interested field and extension activities etc. After making rapport with mentees guidance given to them according their needs. The internal mentoring session was a support to the mentees to identify their genuine interest. The session for internal mentoring was scheduled by the mentors themselves according to their convenience and engaged 10 hours session by each of them. The sessions were arranged after the regular class. Attendance register for the scholars and mentors maintained separately. The detailed evaluation report of the same was given prepared by internal mentors and submitted to the principal.

## **PRATHIBHA SANGAMAM - 2017**

The first and second year mentees were assigned to organize “Prathibha sangamam” which is a prestigious day when the meritorious achievements of our students are acknowledged and celebrated.

Rank winning students, winners of University Youth Festival and students who brought laurels to the college for various sports championships were honoured and congratulated for their inspiring achievements. Various scholarships were also distributed during the function. Prof. Suja Susan George, Director, Malayalam Mission inaugurated the meeting and was presided over by Prof. Alexander V George, our Principal.

WWS mentees Punya M and Ann Mary Baby compered the function and Mishel Maria Johnson of third year proposed vote of thanks. All students worked hard to organize this event flawlessly and it turned out to be a success. The principal and colleagues appreciated the effort and congratulated the WWS team.

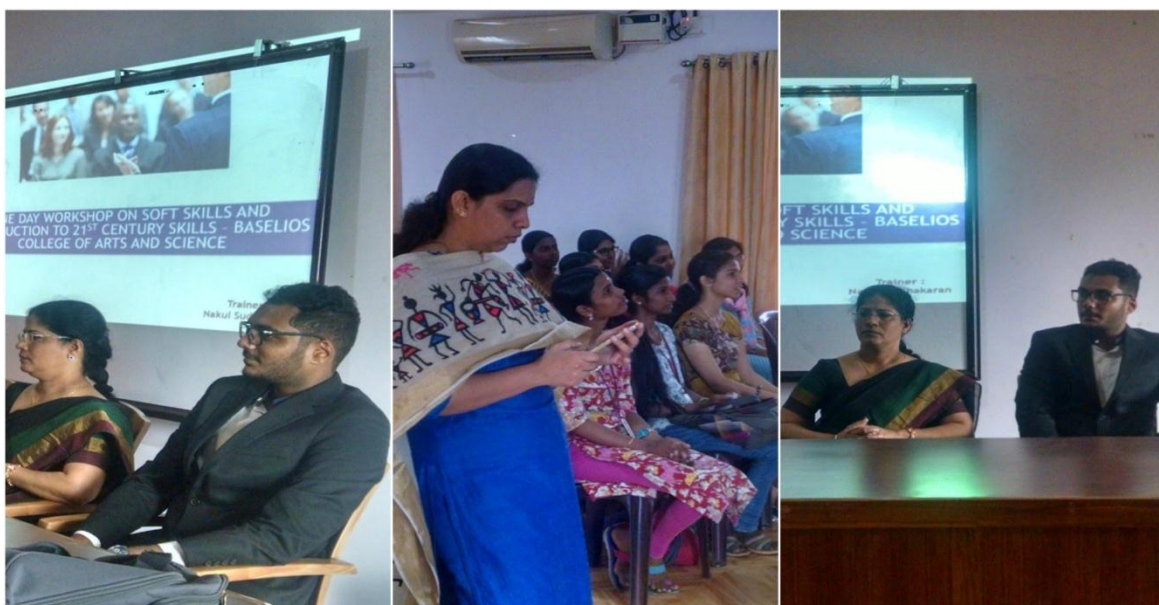


**WWS mentees : Mishel Maria Johnson(Vote of thanks) , Jayasree S (Best outgoing student)  
Raga Thankachan (Kalathilakam)**

## **EXTERNAL MENTORING SESSIONS**

The main weaknesses of the mentees are emotional imbalance, stage fear, Communication problem and Lack of confidence. External mentoring session was organized in such way that the mentees can overcome this kind of problems. The resource persons selected for the mentoring started their session in the second Week of July 2016. External mentoring sessions of all batches were conducting separately.

External mentoring classes were scheduled on Saturdays according to the convenience of the resource persons and all mentees and internal mentors were asked to attend the classes. The interactive sessions given by them gave more importance to solve the problem of stage fear, communication and confidence of mentees. Special Emphasis was given to motivate and create more confidence among mentees to avail better future opportunities.



**External Mentoring: Nakul Sudhakaran**



**External Mentoring: Dr. M P Abraham, Prfo. Motti Thomas Zacharia and D. T P Sasikumar**

Personality development, Career counselling, Orientation for preparing competitive examinations were the main activities of the external mentoring. Each of the external mentors engaged in Five Hour session allotted to them, separate attendance for the mentors and scholars maintained for their sessions. The external mentoring sessions completed on 17<sup>th</sup> June 2017.



Students often do not have the soft skills necessary to pitch themselves to employers, are nervous about the experience, or get stumped by unfamiliar questions. Practicing these essential skills will give students the knowledge and confidence to land their dream job with ease. Keeping that in mind, a mock interview was conducted for the third year mentees by Nidhin Krishna and Sruthy Krishna of Talent Us academy.



**External Mentoring: Nidhin Krishna & Sruthi Krishna**



**External Mentoring: Jinse and Aslam**

## **FOCUS 2017**

The State Motivation Camp (SMC) (MG) of the Walk With a Scholar (WWS) Programme was held at Chaithanya Camp Centre, Thellakam, Kottayam from 20<sup>th</sup> January to 22<sup>nd</sup> January, 2017. Anuja Mariam Kurian, third year mentee participated in the camp and she was highly motivated and inspired by interacting with other mentees of different colleges. It was a new experience for her. Experts from various fields were invited to meet the students, interact with them, share their experiences etc. The students were motivated by knowing them closer. The Camp also gave the students an opportunity to know their counterparts from other institutions, experience the importance of sharing, address the complex challenges of getting along with a new group of people and optimize their psycho-social development etc. A cultural evening gave the students a platform to exhibit their cultural talents. Experience sharing sessions gave an insight into the progress of the WWS Programme through senior Mentees and Coordinators.

## **MOCK TEST/INTERVIEW**

Preparing to move on to a career after completing a degree program is an important step to success. A part of the preparation one will want to take on is to complete a mock interview, also known as practice interviewing. The benefits of a practice interview are many, including learning how to answer difficult questions, interview strategies, improving communications skills, and lowering the amount of stress that can build up before it. Mr. Nidhin Krishna and Sruthi Krishna of TalentUs Academy conducted the Mock interview for the final year mentees in three sessions. They had a 20-minute interview with the professional and then were critiqued on his or her performance. Students actively participated in the interview and they said that mock interviews were really helpful and enjoyable. They were of the opinion that mock interviews were one of the most valuable career development experiences they had because they learned things they never would have ever known or learned otherwise. Talent Us academy extended their help and advice for the students even after leaving the campus.

## **WWS LIBRARY**

A library with a collection of 158 books is maintained for the WWS students and they are instructed to take books of their interest by the internal mentors. Prof. Nibu B Thomas, internal mentor is in charge of the library. An issue register and a stock register is also maintained.

## **EVALUATION OF THE PROGRAMME**

The internal mentoring session was a way to identify the strength and weakness of mentees, based on this proper guidance has been given to them. The external mentors handled their session by providing Career oriented motivations, techniques for developing communication skill, attending competitive examination and interviews, life skill development, 21<sup>st</sup> century skills, etiquettes etc. The framing of time table for the programme was the greatest challenge faced by the internal mentors due to the tight scheduling of academic activities under semester system. Still, the internal mentors played their part well under these constraints and tried to complete the mentoring sessions on time.