

#### INTRODUCTION

Baselius College Men's Forum is a support group that offers emotional support and practical advice about a challenge, concern, or experience common amongst men. The mission of Men's Forum is to improve the holistic development of men and boys in Baselius College

#### **Executive Committee Meeting**

Men's Forum conducted an executive meeting on 25 - 10 - 2022 at Malayalam Reference Library. 26 students from various department participated in the meeting. The plan of action was discussed and finalized.

## Mental Health Day Observation and Seminar

Men's Forum observed World Mental Health Day on 25<sup>th</sup> October 2022. In association with Indian Psychiatric Society and Central Travancore Psychiatric Society Men's Forum organized a Seminar and discussion on Mental Health and well being among Youth on 27<sup>th</sup> Oct.2022, 3pm at Dr. A P Mani Media Centre. Dr. Varghese Punnoose, Vice Principal, Kottayam Govt. Medical College, delivered Key note address. Dr. P Jyothimol, Vice Principal, Baselius College presided over the meeting. Dr. G Anoop, Psychiatrist, Taluk Head Quarters Hospital, Cherthala, and Dr. Jayasankar G, General Hospital, Pathanamthitta lead the interactive session. More than 70 faculty members participated. Baselius College Staff Club and Women's Forum also jointly organized the programme.







### **Baselius Fan Festival**

As part of World Cup Football tournament, Men's Forum organized World Cup Football promotional programmes for students. Penalty shootout competition, World Cup prediction competition Football fashion show and a friendly football match are conducted on 23<sup>rd</sup> November 2022. 32 inch colour T V set, Smart watch and Ear pods are given for the winners. Oxygen Digital Service, Kottayam was the main sponsor of the program















# **Jubily Cup Cricket Tournament**

As part of Anti Drug Campaign, Men's Forum organized 19<sup>th</sup>Jubily Cup friendly cricket match against staff and and students. On 29<sup>th</sup> March 3 pm Deputy Excise Commissioner Mr. Sojan Mathew inaugurated the match. College Principal Dr. Biju Thomas presided over the meeting.Rev. Fr. P A Philip, Director, H R Department, Devalokam delivered a message about 'Drug Free Campus'. College Staff Club, College Union and N S S unit are the joint organizers.









