

BASELIUS COLLEGE KOTTAYAM
REPORT OF ACTIVITIES OF MEN'S FORM
2019-2020

MENS FORUM

Men's forum is a collective of all male students of Baselius College. The forum aims at promotion of activities than benefits the male students of the college in particular. Gender relations and gender equality is metamorphosing into new forms day by day. It is very difficult to compartmentalize the activities of any forum in a college in such a way that only male students must benefit from them. Despite this limitation, Men's forum was able to conduct activities that fell within its broad scope. The following note is a briefing on the activities that were conducted by Men's forum in the 2019-20 academic year

Inauguration and Interactive Session on Fitness

The activities of men's forum for 2019-20 begun with an Inaugural session. Activities of men's forum was inaugurated by Dr Augustine George, Assistant Professor, Government Medical College Kottayam on 3rd October 2019. The session started on 3.30 pm. Rev. Fr. Dr. Thomson Robby, Teacher in Charge of Men's forum , welcomed the gathering. Dr. Biju Thomas, Principal, Baselius College gave the principals remarks. Following the inauguration, Dr Augustine George led an interactive session on 'fitness'

The interactive session composed of three parts. First part was a talk on the concept of 'fitness' and components of fitness. Second was a practical session on understanding the physical fitness level of the gathering. Cardio respiratory endurance of the participants was tested and suggestions to improve the same were provided. Following the same, another practical session on tips for self defence was also conducted. The programme attracted around 200 participants and went upto 5.30 p.m. Mr. Amal Jose, secretary, Men's forum proposed the vote of thanks.

The Baselius Premier League (BPL)

Baselius Premier League is the most important activity undertaken by Men's Forum every year. This intra collegiate-interdepartmental cricket tournament is conducted every year. Twelve teams from departments of Baselius College were divided into four groups – A,B,C and D and these twelve teams competed to be the victors in BPL.



Group A comprised of teams from BBA, Economics and Mathematics departments of the college. Group B comprised of Chemistry, Politics and Malayalam departments, Group C comprised of Vocational B.Com, Physics and Botany departments. Group D composed of Zoology, English and B.Com departments.



After conducting intergroup matches, semifinals were conducted between winners from Group A vs B and C vs D. Team from Mathematics department emerged victorious in semifinals between winners of Group A vs B. Botany department won semifinals between winners of Group C vs D. The final match was held between semifinal winners. In the final, team from Mathematics department of the college won the Baselius Premier League 2020 and team from Botany department emerged as the runners up in the BPL 2020.



Conclusion

This report briefed upon the activities of Men's forum of Baselius College during 2019-20 academic year. Before concluding the report, the office bearers of men's forum is deeply indebted to the Management, Principal, Staff and all students of Baselius College for the cooperation and support offered to the forum for the conduct of its activities. Names requiring special mention are Dr. Biju Thomas, Principal, Baselius College; Prof. Abu Joseph of Physical education department,

and Mr. Jithu K Giji. With this few words of gratitude, the report of activities of Men's forum for the academic year 2019-20 is submitted before the authorities

Thanking All Once Again

Fr. Dr. Thomson Robby

Raju John

(Teachers in Charge)

Amal Jose

(Secretary, Men's Forum)