



# WOMEN'S FORUM

Women's forum of Baselius College is an active unit of teachers and girl students of the college. Women's forum initiates and organizes events and activities aimed at supporting women. Women's forum organizes lectures on women's rights, women's health problems, adolescent psychology etc. Women's forum conducts training programmes such as jewellery making, fabric painting, flower making, flower decoration etc among the girl students of the college.

This year teachers in charge of the forum were Prof.Jeejamol M & Prof. Shetal Elizabeth Thomas

Student secretary of the forum was Jayasree S of D2 Chemistry.

During 2015-2016 the forum conducted following programmes like:

- Demonstration class on Self Defence and Meditation By Mr.Babu Sebastian,Chief Instructor,Martial Arts Academy, Karukachal on 9<sup>th</sup> June 2016.
- Talk on health education in association with Sun Pharma by Dr.Beena Kumari, Additional professor,Department of Gynaecology, Medical college ,Kottayam on 12<sup>th</sup> August 2015.
- Two girl students Nidhi Maria George of M1 Chemistry and Noel Anna Abraham of D2 Chemistry participated in eco friendly jewellery making competition conducted by Kerala Youth Welfare board on Environmental Day at BCM College,Kottayam. Noel Anna Abraham won second prize in the competition.
- Talk on "Hormonal changes in girls during Adolescence" for D1 girl students by Mrs.Nisha Surendran, Assistant Professor, College of Nursing, SME, Kottayam under the sponsorship of Spirituality Life & Mental Health Movement, Kottayam on 15<sup>th</sup> August 2015.

- Cancer awareness Camp in association with Kerala Women's Commission and National Health Mission on 8-10-2015. Dr.Prameela Devi(Member,Kerala Womens commission),Dr.P.G.R Pillai(Rtd.Principal Medical College, Kottayam),Dr.Lal Antony,Dr.Saramma Varghese, Dr.P C Vijayan,Dr. Gopinathan Pillai were the Resource Persons for the camp.
- Driving classes - two wheeler & four wheeler driving – with the help of Anugraha Driving School, Kottayam. Made necessary arrangements for getting driving licence for the girl students.

“You educate a man; you educate a man. You educate a woman; you educate a generation.”Women's Forum has aimed at following these golden words of Brigham Young , American Spiritual thinker and it will continue its efforts for the overall development of the female students and teachers of the college to create a healthier, happier and successful generation.