

Baselius College Kottayam



National Service Scheme

Report 2017-18

a) Jaivam Survey

Volunteers of NSS Baselius College had completed the Jaivam survey in the Puthuppally Grama Panchayath during the 7 day camp. Our volunteers with the proper guidance of programme officers went to more than 4500 houses and conducted survey. We achieved 100% of the survey in the panchayath during the 7 day camp (Evidence attached – Annexure 1)

b) 'Sneha veedu' – House construction

Sneha veedu was the ambitious project of Baselius College NSS unit. The very thought of a building a house was arised in one gifted meeting of the 'Be Positive'. Understanding the plight of a poor needy SC family the unit was delighted to undertake it as the project. Though there was a lot of anxieties regarding the implementation of such an expensive project, when the whole college assured their full support, the unit was confidently taking on the assiduous effort for fulfilling the dream. Volunteers took a sincere effort for raising the required fund. Students, teachers and all staffs of our college cooperated at their maximum. Thus the first pace of construction was started on 28/03/2017 at the one and half cent land at Vadavathoor, Chembola road. At each stage of construction the cooperation from teaching – non teaching staffs and alumni group was remarkable. All volunteers and Programme Officers worked hard on holidays including even days of lockouts for the completion of our task. The students need to carry the construction material such as bricks, cement, metal, septic tank, plumbing materials etc... from the road to the construction site which is several meter far from the road. As a result of strenuous effort our project was accomplished.

MLA Thiruvanchoor Radhakrishnan handed over the key of the house to the family on the auspicious day of "Uthradam". Fro the unit, it was not just a

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function, but the most contented day on which all of us realized real pleasure of gratification.



Total days worked	Average hours worked in a day	Total volunteers	Average volunteers	Total manpower worked
56 days	3 hours	100	45	7560 hours

c)Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu have organised a “5 days Training of Trainers (TOT) Programme” for NSS Programm Officers of Kerala at Rajiv Gandhi National Youth Development Centre at SriPerumbudur, Chennai. The programme is covering important issues related to peace and conflict such as understanding conflict, levels of conflict, factors influencing on youth to involve in conflicts, techniques of conflict management , understanding peace, role of various stakeholders in peace building , and contribution and efforts of noble peace prize laureates such as His Holiness the Dalai Lama) (Certificate attached – Annexure 5)

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d) National Youth Festival

Poojamol P.B, NSS Volunteer Secretary have took part in 22nd National youth festival 2018 conducted at Gautham Buddha University, Greater Novida, Uttar Pradesh from 12th January to 16th January 2018. She availed the chance to participate in the SUVICHAR AND YOUTH CONVENTION there were various interesting session like motivational talk and film on Swami Vivekananda Chicago speech, Youth empowerment sessions, Address and conversation by speakers, motivators and interaction with youth workshop and exhibition. The main highlight of the camp was a 'Traditional Day' arranged as a part of cultural exchange.(Certificate attached – Annexure 5)



e) National Integration Camp

As a part of national integration camp , an inter state youth exchange programme: A part programme of Ek Bharat Sreshta Bharat was held in Shimla, Himachal Pradesh, from 3rd March to 17th March 2018. The camp was organized by Nehru Yuva Kendra, Shimla, Government of India. Ananthakrishnan K, Mathew Shaji, Naseed V.N, Ajith K Aniyan, four students leaders NSS Unit of Baselius College, Kottayam

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participated in the camp. The main aim of the interstate youth exchange programme was to know the culture, tradition and food of Himachal Pradesh. The main programmes in the camp were discussion, interactive sections with various resource persons and competitions like debate completion, elocution completion, essay writing competition were conducted. Our volunteers actively participated in various competition and cultural events in the camp. Our volunteers also participated in cleaning activities (as part of swatch Bharat). Ananthakrishna K won second prize in Declamation contest (Certificate attached – annexure 5)



Master Ananathakrishnan K received a memento for the second position in Declamation Contest.



f) International youth exchange program at China

Mr. Manoj George currently pursuing his master degree and NSS volunteer secretary of Baselius College was a part of Indian youth delegation to China under the youth

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exchange programme from 9th to 16th June 2017. The Ministry of Youth Affairs and Sport(India) organised 10 day visit of Indian youth delegation to China to create an international perspective and understanding in Indian youth. Mr. Manoj George was also a part of the team consisting of 100 delegates selected from India. During his stay in China Mr.Manoj George not only got coveted opportunity of interacting with Chinese youth leaders but also visited prominent place of historic, educational and cultural significance. He also avail the chance of meeting dignitaries of the Chinese Government.

g) Vimukthi Hand written Magazine.

Volunteers of our NSS Unit prepared a beautiful handwritten magazine for the competition initiated as part of the programme “Vimukthi”. Our Unit has won 1st prize in the competition at the district level.



NSS Volunteers creating the handwritten magazine

h)Leadership Training Camp

Ajith K.Aniyan, Jithin Kuriyakose, Sunjay Uthup Thomas, Nazeeb V.N, and Merlin Sunny attended the regional camp conducted by Nehru Yuva Kendra, Kottayam.



i) Volunteer Secretary Camp

- ii) Ananthakrishnan K, Mathew Shaji, Priya Francis, Poojamol P.B Volunteer secretaries of Baselius College, Kottayam attended Volunteer Secretary Training Camp held at Bishop Kurialacherry College, Amalagiri from 13th June to 2nd July 2017. The main aim of the camp is to train the secretaries of various NSS units under the M G University.

INNOVATIVE PROGRAMMES 2017-18

a) 'Sneha vedu' – House construction

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Total Days worked	Average hours worked in a day	Total volunteers	Average Volunteers	Total Manpower worked
56 days	3 hours	100	45	7560 hours

b) **Pothichoru (Free Meal Packet Distribution)**

NSS Unit of Baselius College started a new venture called 'Pothichoru', a programme of distributing free lunch to the people in the street of Kottayam. This is a kind act of humaneness and an expression of love and care to our brothers. The food packets collected from among the volunteers are distributed to the poor and needy to the people along the roadside and streets of Kottayam. It is really a great experience to the volunteers too. Every Wednesday and Friday volunteers distribute about 50 food packets throughout the Kottayam town.

Total days in a year	Total no. Of packets	Total volunteers per day	Hours worked	Total manpower worked
56 days	4500	15	1 hours	1350 hours



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10	06-11-2017				
11	27-11-2017				
12	04-12-2017				
13	08-01-2018				
14	15-01-2018				
15	05-02-2018				
16	19-02-2018				
17	26-02-2018				
18	05-03-2018				

d) Women's Day celebration.

International Women's day was observed by National Service Scheme of Basilius College on 2018 March 8. Various programs were held to mark the importance of the day. The college 'Samaramaram'(Tree) was turned into 'Penmaram' (Women's tree) in the morning. Thoughts to be shared on the day was made written by all those who visited 'Penmaram'. An event of honouring the non teaching staffs of the college was organised at 1 pm which filled the minds and heart of the people. College Principal Dr.Jancey Thomas did the honouring following the addressed by Miss Sany Mary Benjamin, NSS Program Officer. From 2 pm to 4.30 pm a Self Defence Session was conducted for the girls in the college courtyard, Sensei Neenu, Joint Secretary of Kottayam District Karate Association led the live demonstrations of basic self defence that every girl must learn, with the aid of Sensei Nirmal Babu and Sensei Anoop S Nair. The active participation of girls from the college along with participation BCM College gave the program an ultimate impact. Token of gratitude for the invited dignitaries were presented by Mr. Thomas Kuruvila, NSS Program Officer. Large media attention raised raised the program to a next level. Women's Day was celebrated meaningfully in the college by National Service Scheme.



'Women Tree' made by the NSS volunteers

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e) Tree of Letters “Aksharamaram”

The READING DAY was observed by the NSS volunteers of Baselius College by creating a tree of Knowledge in front of the college. The project named “Aksharamaram” was done by decorating the tree with the models of different famous books. The act was well appreciated by others and it was very inspiring that it has created a new enlightenment in the minds of students in enhancing their reading habits.



No. of Volunteers	100
Hours worked for making the tree	2
Total Manpower	200

Tree of letters made by NSS volunteers in front of the college

f) Zero Waste, Zero Waste Land

On 1 Nov 2017, unit co-operated with the “Vithmahotsavam” initiated by Kollad, Kizhakkupuram – Vadakkupuram Padashekhara Samiti, Panachikkad Gramapanchayath at 210 acre land. The program was inaugurated by Hon. Agriculture Minister Sri V.S Sunil Kumar. Volunteers along with the farmers of the village sowed seeds and on the meeting held later, the farmers were honoured, Hon. Minister launched the logo of the new initiative of the NSS unit named “Zero Waste, Zero Waste Land”.



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Sri V.S Sunil Kumar, Honourable Agricultural Minister released the logo of the project zero waste land.

g) Bhodi -2020

The National Service Scheme of Baselius College observed World environment day on June 5, 2017. Honourable M.L.A Thiruvanchoor Radhakrishnan inaugurated the programme “Bhodi Naleykayoru Thanal” by planting 1 Lakh trees within 3 years in the district of Kottayam.



**Sri Thiruvanchoor Radhakrishnan(MLA)
Launching Bhodi 2020**

h)Cricket match for anti drug Campaign.

As a part of Drugxit, an anti drug awareness programme, initiated by NSS unit of Baselius College, a cricket match was played between teachers and students of Baselius College in the college ground on February 27, 2018, to spread the message of “Choose Happiness, Not Drugs” under the Anti Narcotics of National Service Scheme. After an enthusiastic friendly match students team marked their victory showing out their strength in choosing happiness over drugs.



മതബോധസംരക്ഷണ
കമ്മിറ്റി

● ലഹരിവിരുദ്ധ സന്ദേശം പ്രചരിപ്പിക്കുന്നതിന്റെ ഭാഗമായി ബേസലിയൂസ് കോളേജിലെ അധ്യാപകരും വിദ്യാർത്ഥികളുമായി നടന്ന സൗഹൃദ ക്രിക്കറ്റ് മത്സരത്തിൽ വിദ്യാർത്ഥികളെ ഔട്ടാക്കിയ അധ്യാപകരുടെ ആഹ്ലാദം മത്സരത്തിൽ വിദ്യാർത്ഥികൾ വിജയിച്ചു

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Report of the month of June 2017

Sln	Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Achievements
1	05/06/17	"Bhodhi"-2020	100	3 hrs	300 hours	Tree saplings distribution
2	05/06/17	Poster designing competition	80	2 hrs	100 hours	Inter-departmental poster designing competition
3	05/06/17	Essay competition	80	2 hrs	100 hours	Inter departmental essay writing competition
4	08/06/17	Anti-Plastic day	100	2 hrs	200 hours	Paper pen distribution
5	14/06/17	World Blood donation day	100	5 hrs	500 hours	Blood donation camp and inauguration of Red Ribbon Club
6	19/06/17	Reading day	100	5 hrs	500 hours	Creation of "Aksharamaram", a tree of Knowledge
7	21/06/17	International Yoga day	100	3 hrs	300 hours	Performed Yoga

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Report of the month of July 2017

Slno	Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Activities
1	11/07/17	World Population day	80	2 hrs	160 hours	Slide show presentation
2	13/07/17	Half day orientation	120	4 hrs	480 hours	Orientation Programme for first year students
3	15/07/17	Anti-narcotics awareness	100	2 hrs	200 hours	Narcotics awareness seminar
4	15/07/17	Anti drug awareness programme	100	2 hrs	200 hours	Anti- drug awareness class
5	14/07/17	Voters registration campaign	100	2 hrs	200 hours	Awareness class

Report of the month of August 2017

Slno	Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Activities
1	06/08/17	Anti-narcotics Programme	70	2 hrs	140 hrs	Awareness class
2	09/08/17	Naghasakhi day	50	2 hrs	100 hours	Inter departmental poster designing competition
3	10/08/17	World Youth day	90	2 hrs	180 hours	Cleaning activities at Thirunakkara ground
4	11/08/17	Organ donation	90	2 hrs	180 hours	Awareness class

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5	15/08/17	Independence day celebrations	100	2 hrs	200 hours	Flag hoisting and Flash mob performance
6	15/08/17	Independence day	100	2 hrs	200 hours	Performance of flash mob at Railway station
7	23/08/17	World bio-fuel day	50	2 hrs	100 hours	Debate competition
8	29/08/17	Jaivam launch	100	3 hrs	300 hours	Jaivam launch at University

Report of the month of September 2017

Slno	Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Activities
1	09/09/17	Bio farm visit	50	3 hrs	150 hours	
2	12/09/17	Cleaning at Public library	60	3 hrs	180 hours	Cleaning activities at public library
3	23/09/17	Flash mob at Railway Station	50	3 hrs	180 hours	Performance of Flash mob in collaboration with Railway department

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4	23/09/17	Book Stall at railway station and Bus stand	50	4 hrs	200 hours	Creating funds for FreeMeal Packet
5	24/09/17	NSS day celebrations	100	3 hrs	300 hours	Flag hoisting and cleaning activities
6	30/09/17	Cleaning at Public library	50	3 hrs	150 hours	Cleaning activities at public library

Report of the month of October 2017

Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Activities
02/10/17	Gandhi Jayanthiday celebrations	80	2 hrs	100 hours	Mass run as a part of anti-drug abuse campaign
07/10/17	Mental healthday	80	2 hrs	160 hours	Mental health awareness seminar
10/10/17	Mental health awareness	80	2 hrs	100 hours	Flashmob at Nagampadom
10/10/17	Blind walk campaign	80	3 hrs	150 hours	Flashmob at bus stands
12/10/17	Blind walk	100	3 hrs	300 hours	Organised Blind Walk with Project Vision

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Report of the month of November 2017

Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Activities
10/11/17	Blood Donation	100	4 hrs	400 hours	Blood Donation Camp
14/11/17	Children's Day Celebration	100	3 hrs	300 hours	Guppy Fish Distribution
14/11/17	Science Day	90	2 hrs	180 hrs	Science Rally in association with Sastra Sahitya Parishat
21/11/17	International Darsana Book fair	60	2 hrs	120 hrs	International Seminar
22/11/17	Cinema at Valiyapara SC/ST Colony	30	4 hrs	120 hrs	
22/11/17	Cloth bag inauguration	30	2 hrs	60 hrs	Cotton Cloth bag inauguration by Hon. Minister Kadannappally Ramachandran
27/11/17	International Darsana Book Fair	20 volunteers per day	8 hours per day	16 hours per day and 1600 hours in 10 days	Maintaining Green Protocol and Cotton Cloth Bag stalls.

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Report of the month of December 2017

Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Activities
1/12/17	World Aids Day	50	2 hrs	100 hours	Performed street play
9/12/17	Cleaning Activities	60	3 hrs	180 hours	Cleaning at Kodimatha
11/12/17	Book Publishing	60	2 hrs	120 hrs	Science Rally in association with Sastra Sahitya Parishat
11/12/17	Green Protocol Implementation in College	20 per day	2 hrs per day	40 hours per day and 280 hours in a week	Cloth bag sale in college
11/12/17	Helping hand to okhi cyclone victims	100	5 hrs	500 hrs	
11/12/17	Jaivam Inter Universities Meeting	20	5 hrs	100 hrs	NSS Programme Officer's Meeting
14/12/17	University Award Function	100	3 hrs	300 hrs	Award for volunteers P.O, Principal

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Report of the month of January 2018

Sl No	Date	Activity Undertaken	No of Participants	No of hours	Total Manpower worked	Activities
1	05/01/18	Patrons day celebration	so	2 hrs	100 hours	Food packet distribution
2	18/01/18	National Youth Week Celebrations	so	2 hrs	100 hours	Inter departmental elocution competition
3	19/01/18	National Youth week	so	3 hrs	150 hours	Validitory function and district Youth convention of NYK.
4	26/01/18	Republic day celebrations	100	4 hrs	400 hours	Flag hoisting and 'Snehatheeram', an interaction with leukemia patients

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Report of the month of February, March & April 2018

SI.no	Date	Activity Undertaken	No of Participants	Noof hours	Total Manpower worked	Activities
1.	24/2/18	Navajeevan Visit	90	4 hrs	360 hours	Visiting the navaJeevan
2.	28/2/18	Fairwell	100	5 hrs	500 hours	Fairwell to the seniors
3	28/2/18	Cricket match	100	2hrs	200 hours	Cricket Match for Anti-Drug campaign
4.	8/3/18	International Women's day	100	4hrs	400 hours	Created lady tree and organised a self defence class for women
5.	4/4/18	World Autism Day	100	4hrs	400 hours	Conducted a rally with Jewel Autism Centre

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Hours worked in 2017-18

Sl No.	Programs	Hours worked 2017-18	Manpower Utilized 2017-18
1.	Camps a) 3 day Camps b) 7 day Camps c) Taining of Trainers d) National Integration Camp e) National Youth Festival t) Volunteer Secretaries Camp g) Leadership Training Camp h) International camp	32 hrs 112 hrs 80 hrs in 5 day 240 hrs in 15 Days 80 hrs in 5 Days 32 hrs in 3 Day 80 hrs in 3 day 160 hrs in 10 days	3584 hrs 11200 hrs 80 hrs 960 hrs 80 hrs 128 hrs 512 hrs 160 hrs
2.	Regular Activities	248 hrs	13,520 hrs
3.	Innovative Programmes a) B Positive b) Pothichoru c) House Construction	18 hrs 90 hrs 168 hrs	1164 hrs 1350 hrs 7560 hrs
TOTAL	HOURS WORKED	1180 hours	39258 hrs



Implementation of Jaivam Project

a) Jaivam Genesis

Jaivam 2017 is a Mahatma Gandhi University initiative to spread of organic farming in Kottayam. The initiative included campaign for transforming Kottayam District into 100% Literacy District in organic farming.

The ambitious project being implemented through National Service Scheme (NSS) was launched formally by Honourable Chief Minister Sri. Pinarayi Vijayan on August 29 at the University Campus. 10000 trained NSS volunteers would visit the 4,87,296 houses in 71 Panchayats and 6 municipalities in the district. The volunteers would interact with the 19,74,000 people in the district to adopt ethical organic practices to enrich soil and preserve the environment, while ensuring their own health.



Hon'ble Chief Minister Sri Pinarayi Vijayan inaugurating Jaivam 2017 at Mahatma Gandhi University Status of Jaivam Survey Baselius College.

No.of Wards	Total Household	No. of Household visited	Percentage Completed
8	4500	4440	98.2

b) Cultural Processing in 7 day special camp.

Seven day special camp had its prosperous inception with a cultural procession spreading the message of Jaivam Project. The rally started from Govt.Boys School Puthupally at 4 pm. Volunteers with a farmers appearance and posters and slogans acquired the attention of the people.



c) Jaivam Survey

Volunteers went for survey in the Puthupally Grama Panchayath during their 7 day camp as a part of the ambitious project Jaivam, initiated by Mahatma Gandhi University in the year 2017. Groups of 2 volunteers visited houses and uploaded the details through Jaivam app.



NSS Volunteers
Conducting

d) Jaiva Padashala Inauguration

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With the intention of having a profound study on various aspects of organic farming 'Jaiva Padashala' has been conducted on 6th September 2017 at Georgian Public School, Puthuppally. Several farmers gathered in the meeting to share their farming methodologies and experiences. Panchayath President Sri Nibu John was the Chief Guest. In the inaugural address Asst. Agricultural Officer, Sri Korah Thomas reminded that to know the earth is really an intellectual process. Organic farmers Sri. Soman Kuruvila, Sri David Mathai, and Sri C.G Rajesh shared their experiences in the meeting.

Jaiva Padashala inaugurated by Asst. Agricultural Officer. Sri Kurian Thomas.



e) Farming during camping days

On the last day of the seven day of the special camp volunteers cleaned and sowed seeds in the school ground. Programme Officers Prof. Thomas Kuruvila and Prof. Sany Benjamin was also there in the occasion.

f) Institutional Farming

Inspired by the Jaivam Project the unit took the initiative for starting an organic farm in the campus. Volunteers took all the arrangements and farming activities started on 19th September 2017. Due to the inefficiency of seeds used and lack of proper climate conditions, the result of the efforts, were not upto the mark.

In the second stage high quality seeds were collected from Kozha Krishi Bhawan. Volunteers tried their maximum to minimise all the limitations of the former stage. They were divided into groups and each group was entrusted with the responsibility to take care of the yield.



Farming in the Baselius College campus by NSS volunteers

g) Jaivam Taluk Level Meeting

Baselius College NSS Unit hosted Inter University Programme Officers meeting as part of Jaivam audit Dr.K.Sabukkuttan, State NSS Laison Officer Dr. Santhosh P.Thampi, NSS Co-ordinator, M.G.University and Sri G.Srikumar, Jaivam Co-ordinator are lead.



h) Maintained Green Protocol at 34th Darsana International Book Fair.

NSS Unit maintained Green Protocol in the Darsana International Book Fair from November 17, 2017 to November 27, 2017, the unit decided to remove the plastic bags in the book fair by selling cotton cloth bags at the book fair. Bags fully made of cloths of different sizes and rates were available at the stall. The fund so collected was set aside for giving for Lukemia patients.

i) International Organic Seminar

In the 34th Darsana International Book Fair conducted in Thirunakkara ground, with the intention of spreading the message of Green Literacy directly to the public, NSS unit of Baselius College have organised a seminar on the topic “Green Literacy and Organic Living”. The seminar was organised with the co-operation of Mahatma Gandhi University Jaivam Project, Meenachil River Joining Committee and Malayala Manorama Karshakasree. About 100 volunteers of our NSS unit participated in the seminar. The seminar was inaugurated by MG University Registrar and Jaivam General Convener Dr.M.R Unni. As a part of the programme, Jaivam Booklet Karshakasree magazine and seed packet were distributed to the participants.



**Inauguration of Seminar by M.G.University
Registrar and Jaivam General Convener Dr.M.R.Unni.**

j) Launching of Eco friendly cloth bags.

Hon.Minister Kadannappilly Remachandran launching the eco friendly cloth bag of NSS Unit No.5 Baselius College at Hotel Anandamandiram Auditorium.



k) 11th December 2017 Cloth Bag Sale

As a part of implementing GREEN PROTOCOL, the unit decided to sell cloth bags at the college. The sale was intended to discourage the use of plastic in the campus. Bags fully made of cloths of different sizes and rates were available at the stall. The stall was held open at interval times. The fund so collected was set aside for giving for Lukemia patients. Students and teachers actively participated in the sale and it could raise enough fund for giving the assistance.



Cloth bag sale by NSS volunteers as part of implementing Green Protocol

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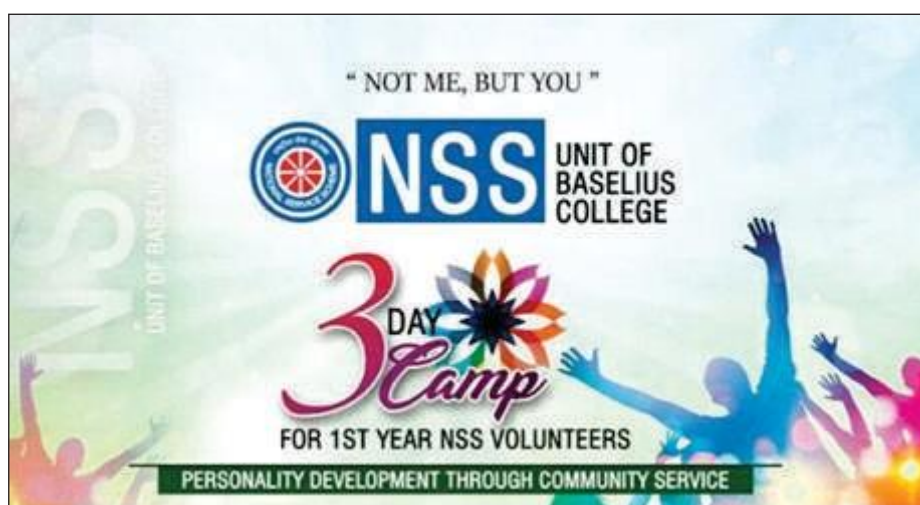
1) Cleaning Project of Water Resources

As a part of the environment protection rally of Meenachilar, Meenantharayar, and Kodurar rejoining project, volunteers undertook the responsibility of the cleaning activities of Ananthanam Canal. The rally was inaugurated by the famous writer Dr.S.Saradakkutty. The Meeting was presided over the project co-ordinator Adv.K.Anilkumar. Committee members Pallikkonam Rajeev, Dr.Jacob George, Programme Officer Prof. Thomas Kuruvila delivered the felicitation address.



5) THREE DAY ORIENTATION CAMP

04-08-2017-06-08-2017



On August 4,5,6 @Baselius College

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1st Day

With the intention of inculcating the real spirit of National Service Scheme, Baselius College NSS Unit three day camp was started on 4th August 2017. The camp was organised in harmony with the ambitious project to be launched by Mahatma Gandhi University named 'Jaivam 2017' which aimed at spreading the message of organic farming in the district. The camp was inaugurated by the Hon. MLA Thiruvanchoor Radhakrishnan. In his inaugural speech, he mentioned that man himself is the decisive factor whose controllable intervention to the nature can affect the whole existence of life.

The first session of the camp named 'Jaivajeevanam' was led by Sri K.V.Dayal, a true farmer. He summoned the volunteers to take ecology as a tool in the hand and use this tool for work, food and education and become a tool in hands of almighty. An ice-breaking session was also carried over by Sri G.Sreekumar, the Co-ordinator of Jaivam 2017. With the prayer song the first day of 3 day camp in the end.



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2nd Day

The 2nd day of the camp was engaged with awareness classes as well as activities. The day was well began with a 'Yoga Session' led by Sri V.M Shajudeen Sir, Kanthi Yoga Centre. At 8 am a lecture on "waste management" practical sessions was lead by Prof.P.C Varghese, Managing trustee of 'Aardhratha' fellowship charity trust. He suggested that the formula to reduce the quantity of waste is to REDUCE, REUSE, RECYCLE AND RESEARCH. Later at 9 am a class was taken by Fr.Dr.P.A.Philip, Human Resource Department Director and college governing board member on the topic "Life is water: water conservation lessons". He pointed out the pathetic situation of water sources being last. He explained the need of water conservation due to the environment pollution, resource depletion and population explosion.

The next session 'believe in yourself' was led by Sri Praveen Varghese Thomas, founder of Team, a charity association which really transformed every students to a real volunteer. It was really a mental revolution that happened. At 5.30pm an interactive session 'on Sustainable Life – Food and Health' was taken by Sri Hila, famous social activist. He reminded the need for making the good needed by ourself and pointed out that resources are abundant but the way we utilize is the problem. A awareness class on 'blood donation' conducted at 7 pm by Red Ribbon Club Secretarty 'Sri Nazeeb Naushad' and discussed with the students the importance of donating blood.



Prof.Thomas Kuruvila
Teacher-n-Charge