



# **BASELIUS COLLEGE**

## **KOTTAYAM**

**NATIONAL**  
**SERVICE SCHEME**

**2015-16**

# National Service Scheme Report 2015-16



Report 2015-16

## JUNE 2015

### CLEAN KOTTAYAM PROGRAMME

In connection with the 'clean Kottayam' programme various programmes were held at MG University. On 4<sup>th</sup> June, NSS volunteers from the college participated in the 'LakshamVriksham' programme. As part of this programme saplings were distributed among the volunteers and they were instructed to take good care of the saplings. Volunteers took active part in the 'Suchithwa Deepashika Prayanam' also.

### WORLD ENVIRONMENT DAY CELEBRATION

World environment day was observed on the 5<sup>th</sup> of June. National Service Scheme volunteers from the college attended the state level inaugural ceremony of World Environment Day Celebrations held at Mammen Mappila Hall, Kottayam, and performed a skit about the importance of the day. As part of the celebrations held at Baselius College, NSS volunteers planted 100 seedlings in and out of the college campus.

### HELPING HAND FOR A CANCER PATIENT

On 9<sup>th</sup> June a fund raising programme was conducted in order to help Ambili Fathima, a cancer patient. Each and every student of the college participated in it. NSS Programme officer Prof.Sarath P. Nath handed over the amount to Ambili Fathima's family.

### WORLD ELDER ABUSE DAY OBSERVATION

As a part of World Elder Abuse Day observation an elder abuse survey was conducted at Kumaranalloor by the National Service Scheme unit of Baselius College. It was conducted in collaboration with Kerala Social Justice Department. Volunteers were divided into groups and they conducted the survey. The details collected were analyzed and a discussion on that was also conducted.

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## **BLOOD DONATION CAMP**

As a part of World Blood Donation Day celebration, a blood donation camp was organized. It was conducted at the college in collaboration with Blood Bank, Medical College, Kottayam. Students of Baselius College as well as from various other colleges actively participated in the camp. 134 units of blood were collected.

## **INTERNATIONAL YOGA DAY**

International Yoga Day was observed on 21<sup>st</sup> June and as a part of yoga day celebrations National Service Scheme volunteers from Baselius college performed yoga at District Panchayat Hall. Classes were taken about the importance of yoga in daily life. Posters and slogans on importance of yoga were exhibited and a rally was conducted.

## **JULY 2015**

### **HALF DAY ORIENTATION**

Half day orientation for the newly enrolled students were conducted on 24<sup>th</sup> July. The orientation classes began at 1:30 pm Dr. V A Philip sir; the former HOD of the Malayalam Department of Baselius College was the chief guest. Manoj George of 3<sup>rd</sup> DC English (State Award Winner, Best NSS Volunteer) and Adoney T. John of 3<sup>rd</sup> DC political science ( Best NSS volunteer, University Award winner) were honoured in the meeting. Dr.Jyothimol P of English Department took a very inspiring and interactive session about the vision and mission of National Service Scheme. This session aimed at making the students aware about the various activities conducted by NSS. She talked about National Integration, Social Development and personality development which are the main visions of NSS.

### **THREE DAY MINI CAMP**

NSS Three Day Mini Camp for the newly enrolled NSS volunteers held at Baselius College from 31<sup>st</sup> July to 2nd August 2015. The camp was inaugurated by Fr. Mohan Joseph, vicar Mar Elia Cathedral, Kottayam. Principal Alexander V.George, vice principal N.V.Leela, NSS programme officers Prof.Sarath P. Nath and Prof.Arabhi P and former NSS programme officers were also present in the meeting. The main of the three day camp was to make



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The newly enrolled students completely aware about NSS and it was a training for the seven day special camp.

After the inaugural session an ice-breaking session was conducted by Sri. Sobin Mathew. Volunteers were divided into groups and games were conducted. Each camp day started at 5:30 am and ended around 10:30 pm.

On the second day of the camp Prof. P.C. Elias(former principal) took an inspiring class on Humane values, qualities a student should have and the ways of improving the co-operation between people. He talked about the vision of India's former president, Sri. A.P.J Abdul Kalam and how to implement them in our own lives. Then Prof. Thomas Kuruvilla of Malayalam Department took class on discipline of health. After that former NSS volunteers, Merin and Emil T. Joseph visited the camp and interacted with the volunteers and outdoor games were conducted.

On the third day volunteers performed yoga in the morning. After that the volunteers cleaned the college campus. A short film on the importance of blood donation was screened and volunteers were made aware about how blood donation saves lives. The camp was very useful to the students.

## **AUGUST 2015**

### **HEALTH SURVEY**

In collaboration with the District Medical Office, Kottayam a health survey was conducted at Muttambalam, Kottayam. On 13<sup>th</sup> August 20 volunteers from the college took part in the survey. The volunteers were divided into groups of 2 and accompanied by officers of the department. Each group visited nearly 50 houses in and around Muttambalam and collected peoples details regarding personal and environmental hygiene. These were finally submitted to District Medical Office. Pamphlets were distributed

### **MINI BLOOD DONATION CAMP**

A mini blood donation camp was conducted in the college in association with Kerala Youth Welfare Board Jeevadayani Programme on 19<sup>th</sup> August. Brochures and notices were distributed. Consent forms for donating blood were distributed among the students. Also 20 units of blood were collected that day.

### **NSS SEVEN DAY SPECIAL CAMP**

The 7 day special camp for 2015 was held at BMM, Senior Secondary School, Pampady from 21.08.2015-27.08.2015. The camp was inaugurated at 5:30 pm. NSS programme officer Sarath P. Nath gave the welcome speech. Principal of the college Prof. Alexander V. George gave the introductory

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speech. The camp was officially inaugurated by Dr. N. Jayarajan ( MLA, Kanjirapally). After the inauguration the volunteers visited the Pampady-Dhayara. Rev.Fr.C A. Varughese explained about the history and importance of Pampady Dhayara and its patron Kuriakose Mar Gregorios.

Prof.Jithin John, professor, Dept. of English, Baselius College, led the ice breaking session. Later all the volunteers were divided into 6 groups and assigned with tasks for the following days.

Classes were conducted by eminent personalities such as K.K. Suresh and Ajith Kumar on fire and safety, M. Rajesh master, about the importance of meditation and yoga, V.M Pradeep about media and its social relevances and Dr.Elsheba Mathew on lifestyle diseases and how to prevent them. Isaac Thomas, the principal of BMM school spoke to the volunteers about academic learning and its faculty's

Sabukuttan sir, the programme co-ordinator of M.G University visited the campsite. The main attractions of the camp was the Onam Celebration. The volunteers visited `Abhaya Bhavan` and spared their time with the inmates including children and the old age people.

An onam rally from Alampally to Kalachantha junction was arranged and this was a new and wonderful experience for the volunteers and the people of Pampady. There was pulikali and other traditional celebrations associated with the rally. An elephant known by the name `Mahadevan` accompanied the rally and captured the attention of the villagers. The volunteers also made a visit to see the famous elephant `Pampady Rajan`.

Onam celebrations at the campsite was a memorable experience for all volunteers. All the typical onam celebration programmes including Thiruvathira, Tug of war, onam special songs and onam sadhya were held. The 7-day camp special magazine `Kithabum Kaikottum` was released on this day. Later that night, Akam, a short film was played.

The volunteers actively participated in the community works at St. Macreena's convent. They helped to collect firewood from the forest and carried it back to the backyard of the convent. Some of them engaged in garden work in the frontyard. They helped to clear the front lawn and planted trees.

The volunteers visited `Ashakiran` a rahabilitation centre for AIDS and bed ridden patients. Everyone was able to understand the feelings and emotions of the poor people. Many patients shared their experiences and feelings about themselves with the volunteers.

The cultural programmes was a time of entertainment and fun. The volunteers exhibited their talents by individual and in their groups. The programmes went till midnight. Everyone had a wonderful time there.

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The last day of the camp was a memorable day for everyone. All of them shared their experiences with the camp. Rev. Fr. Mathew K. John, the Manager of Pampady Dhayara came and visited the volunteers and thanked them for their services.

Apart from the classes and teachings, the volunteers learned so many new things. Everyone took active participation in different activities such as debate, group presentation, mock press, radio act etc. Through these activities the volunteers were able to learn new lessons of friendship and bond among themselves. They have also learned the true meaning of love and service.

## SEPTEMBER 2015

### A STEP TOWARDS THE PROTECTION OF MEENACHIL RIVER

10 NSS volunteers of Baselius College participated in the Meenachil River protection programme held at St. Thomas College campus, Pala, on 1<sup>st</sup> September as a part of the river day celebrations. Volunteers planted 50 saplings along the banks of river Meenachil. Pamphlets were distributed among the students.

### SUICIDE PREVENTION DAY OBSERVED

Suicide prevention day was observed on 10<sup>th</sup> September in collaboration with Vipasana (Emotional Support Centre). H.H Baselios Marthoma Paulose II, Cricketer S. Sreesanth and Asst. Collector of Kottayam, Divya S. Iyer were the chief guests. This programme actually provided awareness to the students who are mentally weaken nowadays. The entire college attended the programme at the college auditorium.

### PRE-RD CAMP

Pre-Republic day camp was held at B.K College, Amalagiri. Two volunteers from the college, Sachu P. Jacob of 2<sup>nd</sup> DC English and Amalsyama V.S of 2<sup>nd</sup> DC Chemistry attended the camp.

### PANEL DISCUSSION HELD

A panel discussion on “whether old age homes are necessary in our society?” was held at Community Hall, Kumaranellor in association with Dept. of social justice and Dept. of social welfare, Govt. of Kerala. 20 NSS volunteers participated in it.

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## OCTOBER 2015

### WORLD ELDERS DAY OBSERVED

In collaboration with the Dept. of Social Justice and Dept. Of Social Welfare, Govt. of Kerala, World Elders day was observed at community hall Kumaranellor on 1<sup>st</sup> October. NSS volunteers spent a whole day with elder people and conducted a variety of cultural programmes for their entertainment. It was conducted as a part of the “Vayomitram” project. Games were also conducted which involved the elder people. A king and a queen was also selected from them

### SWATCH BHARATH

As a part of the “Swatch Bharath” programme being implemented by the Govt., NSS volunteers of Baselius College cleaned the Kottayam Railway station on 2<sup>nd</sup> October. It was a service actually. It was inaugurated by the District Collector. They also cleaned sides of road in front of the college and planted flowering along the sides.

### PARTICIPATED IN SEMINAR

Amitha Anna James of 1<sup>st</sup> DC English and Sooraj Subash of 1<sup>st</sup> DC Zoology of Baselius Collegiate seminar at BCM College, Kottayam on 8<sup>th</sup> October. The seminar was conducted collaboration with the Vivekananda Chair, MG University

### RED RIBBON CLUB INAUGURATED

The Red Ribbon Club for the academic year was officially inaugurated on 9<sup>th</sup> October. The entire college attended the inauguration ceremony. Classes were also held. Dr. Mathew Kollamalakarott (Kidney Federation of India) and Dr. Rajesh were the resource persons.

## NOVEMBER 2015

In collaboration with the Kerala Police Department our volunteers were given the duty of a S.P.O (Special Police Officer) in connection with the Panchayat election. The volunteers had to observe and regulate the law and order of their respective polling station.

### JEEVADAYINI PROGRAMME

In association with the Kerala State Youth Welfare Board and NSS, MG University the district level inauguration of Jeevadayini programme was held in the College on 12<sup>th</sup> November. NSS programme officers meeting was also conducted on the same day

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## **BLOOD DONATION CAMP**

With technical support from the District Hospital Blood Bank and HDFC bank a blood donation camp was conducted in the college. 40 units of blood were collected that day.

## **DECEMBER 2015**

### **WORLD AIDS DAY OBSERVED**

NSS volunteers of Baselius College on 1<sup>st</sup> December and as a part of this, poster exhibition and brochure distribution were conducted at the college. Flash mobs were conducted at Railway Station and District Hospital, Kottayam to spread AIDS awareness message.

### **“SAVE CHENNAI” FUND RAISING**

Relief fund for the Chennai flood areas was collected on 4<sup>th</sup> December in collaboration with Mathrabumi Daily. The entire College contributed to this and this amount was used to buy cookies, water and other daily requirements for the people in the flooded regions. These were sent to Chennai as an aid.

## **JANUARY 2016**

### **NEW YEAR CELEBRATIONS**

The new year celebrations of this year was held at Nava Jeevan Charitable Trust at Villunni, on 2<sup>nd</sup> January. All the volunteers spend that day at Nava Jeevan. The volunteers interacted with the senior citizens and mentally challenged people residing there. Several cultural programmes were performed by the volunteers and the residuals of Nava Jeevan. Cakes were also distributed.

### **REPUBLIC DAY CELEBRATIONS**

The whole college faculty and the National Service Scheme observed the Republic Day on 26<sup>th</sup> January .National flag hoisting was done by the Principal Prof. Alexander .V. George. Patriotic songs and message were all part of the day .Sweets were also distributed.

### **E-JALAKAM MASTER TRAINING PROGRAMME**

On 6<sup>th</sup> January two volunteers of Baselius College Arun Sebastian of 2<sup>nd</sup> DC English and Sujith Itty Mathew of 1<sup>st</sup> DC English attended the ‘E-Jalakam’ master training programme held at M.G University.

### **ELOCUTION COMPETITION**

N.S.S volunteer Jayasree .S. of 2<sup>nd</sup> DC Chemistry participated in the elocution competition organised by N.S.S. M.G. University. and secured first prize and received the prize from Her Highness Aswathi Thirunal Gowri Lakshmi Bhai .



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## **PARTICIPATION IN WOMEN EMPOWERMENT CAMP**

Two of our N.S.S Volunteers, Revathy Soman of 2<sup>nd</sup> DC and Amalshyma V.S of 2<sup>nd</sup> DC Chemistry attended the 3-day camp on Women Empowerment conducted from 29<sup>th</sup> January to 31<sup>st</sup> January at Nirmala College, Muvattupuzha.

## **FEBRUARY 2016**

### **INAUGURATION OF ‘AROGYAPACHA’**

‘AROGYAPACHA’, a one month long waste management campaign was formally inaugurated by M.G. University Vice Chancellor Dr.Babu Sebastian. Asst. collector of Kottayam district Divya .S. Iyer presided over the function. Dr. B. Iqbal made the key note address. Principal Prof. Alexander .V. George and N.S.S programme officers were also present. About 150 students, teachers, and other delegates also present. ‘Arogyapacha’ programme was conducted in collaboration with C.K. Jeevan Trust, District Suchitwa Mission, District Administration and Tropical Institute of ecological science. It was the beginning of a grand programme which included several programme.

### **HONOURING NATIONAL AWARD RECIPIENTS**

On 5<sup>th</sup> February Sri. Manoj George of 3<sup>rd</sup> DC English, the recipient of Indira Gandhi National award was Baselius College and NSS unit of the College. The function was held at the College auditorium and Dr. K. Sabukuttan, Programme co-ordinator of NSS, MG University was the chief guest. Entire college community was present at the meeting.

### **“PACHAMASHI” PROGRAMME**

Pachamashi programme, an innovative venture to reduce use of plastic pens and promote eco-friendly paper pens and to collect plastic pens was inaugurated by Sri. U.V.Jose IAS, District Collector, on 8h February. Dr. P.R. Sona Municipal chairperson received paper pens from programme officer Arabhi P. This was conducted as a part of the Arogyapacha programme.

### **LECTURE SERIES INAUGURATION**

On 9<sup>th</sup> February lecture series programme as a part of the Arogyapacha programme was inaugurated by Prof. K.P. Joy (Chairman, Environment Impact Assessment Commission ). Dr Punnen Kurian (Director, TIES) and Dr Joshy V Cherian (President, FORUM, Thrissur) delivered lectures. 120 people including teachers and students attended the lectures.

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## **LECTURE ON NON-COMPOSTING TECHNIQUES**

On 10<sup>th</sup> February, 2<sup>nd</sup> lecture was led by Sri. Abraham Poovathami, Manager Malanadu Development Society on Non –Composting techniques in biodegradable waste management.

## **CLEANING RAILWAY HEALTH CENTRE**

In collaboration with Southern Railway and MG University NSS, 30 volunteers from Baselius College cleaned the premises of the Railway Health Centre, Kottayam on 13<sup>th</sup> February.

## **MAGIC SHOW**

On 19<sup>th</sup> February, as a part of the Arogyapacha programme magician Nath performed a magic show at the College auditorium. The whole college was present at the performance. ON the same day, as an extension of “Pachamashi” programme, NSS volunteers visited M.D seminary Higher Secondary School and collected plastic pens from faculties and students.

## **ECO-FRIENDLY PENS WEE SOLD**

On 20<sup>th</sup> February, as an extension of Pachamashi programme NSS volunteers visited the BAR association, collected plastic pens and sold eco-friendly paper pens there. Chief Judicial Magistrate Suresh Kumar inaugurated this by buying paper pens.

## **EXHIBITION ON WASTE MANAGEMENT**

An exhibition of different waste management models was held at the college auditorium in collaboration with C.K Jeevan Trust, District Suchitwa Mission, District Administration and Tropical Institute of Ecological Science from 22<sup>nd</sup> February to 24<sup>th</sup> February. District Panchayat President Sri. Joshi Philip inaugurated the exhibition District Collector U.V. Jose I.A.S presided over the function .Entire college community, officials from local administration and people of the locality visited the exhibition.

## **LECTURE ON “LEGAL FIGHTS FOR WASTE MANAGEMENT”**

As part of the lecture series Adv. Mohnson Manayani led a session on the legal fights for waste management on 23rd February. There was about 120 people as audience.

## **LECTURE ON “MANAGEMENT OF SOLID ELECTRONIC WASTE”**

As part of the lecture series Dr.V.Reghuraman led a session on the management of solid electronic waste on 24<sup>th</sup> February. About 120 people attended this session.

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## **TRAINING PROGRAMME ON DIGITAL INDIA**

A training programme on Digital India was held on 25<sup>th</sup> February at MG University. Prof. Thomas Kuruvilla and volunteers attended this training programme.

## **SEMINAR ON “ORGANIC FARMING”**

Two NSS volunteers of Baselius College, Keerthana K and Livya Susan Sunny attended the seminar on Organic Farming held at MG University on 28<sup>th</sup> February.

## **ADVENTURE CAMP**

NSS volunteers, Joby Joseph of 1<sup>st</sup> DC Economics and Abraham Varghese of 1<sup>st</sup> DC B.Com attended the adventure camp held at Munnar by Nehru Yuva Kendra from 29<sup>th</sup> February to 6<sup>th</sup> March.

## **MARCH 2015**

### **CLOSING CEREMONY OF AROGYAPACHA**

The closing ceremony of Arogyapacha was conducted at the A.P.Mani media centre on 5<sup>th</sup> March.

### **ANTINARCOTIC SEMINAR**

An antinarcotic seminar in collaboration with P.P.Unit, District Hospital, Kottayam was conducted at the College auditorium on 9<sup>th</sup> March.

### **DISTRICT LEVEL INAUGURATION OF ‘SVEEP’**

District level inauguration of SVEEP (systematic voter education and electoral participation) was held on 17<sup>th</sup> of March. This was done in collaboration with Election Commission of India and District Administration. This session was organised to increase the importance of voting at the campus. Dr. Divya S. Iyer, I.A.S, Assistant Collector, Kottayam, inaugurated the programme and familiarised voting machine to new voters. The entire College community attended the same.

### **E-WASTE COLLECTION**

An E-Waste collection campaign was conducted. E –Waste was collected from the entire college community from 21<sup>st</sup> to 25<sup>th</sup> March. It was done in collaboration with Clean Kerala Company, Ltd. and NSS MG University.

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## CAREER GUIDANCE TRAINING

Abraham Varghese and Jafna attended a career guidance training held at MG University on 25<sup>th</sup> February. The same was conducted in collaboration with NSS MG University.



**Prof.Sarath P Nath**



**Prof Arabhi P**

