



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM
UNIT NO.05

PROGRAMMES

DATE	PROGRAMME	NO OF PARTICIPANTS
07/04/2022	WORLD HEALTH DAY	60
08/04/2022	സ്നേഹവീട് താക്കോൽദാനം	60
19/04/2022	WORLD LIVER DAY	55
22/04/2022	JIVAMUKTHI (YOGA)	70
22/04/2022	WORLD EARTH DAY	60

WORLD HEALTH DAY

Baselius College National Service Scheme Unit No 05 observed World Health Day on 7th April. This day is celebrated every year to remind health is the highest priority and acquires good habits in life. The reason why the April 7th is marked as world health day that ,it is the anniversary of the founding of WHO.

Draws attention to a specific health topic of concern to people all over the world.



സ്നേഹവീട് താക്കോൽദാനം

Snehavedu was a ambitious project of Baselius College NSS unit. The very thought of a building a house was arised in one gifted meeting of the `Be Positive`. Though there was a lot of anxieties regarding the implementation of such an expensive project, when the whole college assured their full support, the unit was confidently taking on the assiduous effort for fulfilling the dream. Volunteers took a sincere effort for raising the required fund. Students, teachers and all staffs of our college cooperated at their maximum. At each stage of construction the cooperation from teaching – non teaching staffs and alumni group was remarkable.

All Volunteers and Programme Officers worked hard on holidays including even days of lockouts for the completion of our task. The students need to carry the construction material such as bricks, cement, metal, septic tank, plumbing materials etc... from the road to the construction site which is several meters far from the road. As a result of strenuous effort our project was accomplished. On 8th April 2022, Vice principal Dr Jothimol P handed over the key of the house to the family . For the unit, it was not just a function, but the most contented day on which all of us realized the real pleasure of gratification.



WORLD LIVER DAY

April 19 is observed as World Liver Day every year worldwide to raise awareness about the importance of the liver as a vital organ and liver-related diseases. The liver is an important digestive organ that produces bile, which is an alkaline fluid containing cholesterol and bile acids that help in breaking down fats. It is the body's largest solid organ responsible for removing toxins from the blood, regulating blood sugar levels, and maintaining blood flow throughout the body. The theme of the day was "making people aware of the importance of taking care of their liver by adopting a healthy lifestyle that includes avoiding oily and greasy foods. On this day Baselius College National Service Scheme observed liver day by conducting seminar on the topic Healthy Lifestyle. The program was inaugurated by Prof. Dr. Biju Thomas (Principal, Baselius College). College Vice principal Dr Jothimol P and Programme Officer Prof. Ashly Thomas gave message about the day. The programme was organised by Volunteer secretaries Vishnu Raj R and Aishwarya P S.



JIVAMUKTI

Jivamukti was a yoga session was conducted by Baselius College National Service Scheme Unit no. 05. The yoga session is to let you connect with nature. Andrews P John(yoga trainet, icon school of yoga Karukachal, diploma in yogic science, M.Sc in yoga therapy) was taken the session. The programme was conducted in Mrs. Mammen Mappila hall. Baselius college principal Prof. Dr. Biju Thomas was delivered welcome speech and Vice Principal Dr. Jothimol P also participated in this session.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE KOTTAYAM UNIT NO.05

JIVAMUKTI

The yoga session is to let you connect with nature.

Andrews P John
Yoga Trainer, Icon School of Yoga Karukachal
Diploma in Yogic Science,
M.Sc in Yoga Therapy

VENUE: MRS. MAMMEN MAPPILA HALL
TIME: 11.00 AM
DATE: 12.04.2022

WORLD EARTH DAY

Baselius College National Service Scheme Unit No:5 celebrated World Earth Day by sharing brochure on social media. World Earth Day is a reminder for mankind to protect and safeguard the mother earth and its species, to make Earth a better place for the coming generations. The theme for World Earth Day 2022 is “Invest in Our Planet.” Earth day is not just a one day celebration.





**NATIONAL SERVICE SCHEME
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PROGRAMMES

DATE	PROGRAMS	NO. OF PARTICIPANTS
25/05/2022	SCHOOL CLEANING	37



SCHOOL CLEANING

Taking care of yourself also means taking care of your environment. Cleaning and organizing is a practice not a project. As part of reopening of school Kottayam Baselius College National Service Scheme Unit No: 5 organized a cleaning session at

Govt.UP School Manarcadu. Program Officer Dr. Viju Kurian was organised this session .The program was led by Volunteer Secretaries Vishnu Raj R and Aishwarya P. S.



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM UNIT NO.05

DATE	PROGRAMME	NO. OF PARTICIPANTS
03/6/2022	WORLD BICYCLE DAY	
05/6/2022	WORLD ENVIRONMENT DAY - നാളെയ്ക്കായി ഒരു തണൽ	17
07/6/2022	MY PERIOD MY PRIDE SUSTAINABLE MENSTRUAL CARE INITIATIVE	66
08/6/2022	WORLD OCEAN DAY	32
08/6/2022	WORLD FOOD SAFETY DAY - SEMINAR (FOOD SAFETY)	44
14/6/2022	BLOOD DONATION	6
14/6/2022	WEBINAR – CAN I DONATE BLOOD?	67
20/6/2022	COUNTDOWN TO YOGA DAY - നമസ്കരം യോഗ YOGA SESSION FOR KUDUMBASREE MEMBERS	25

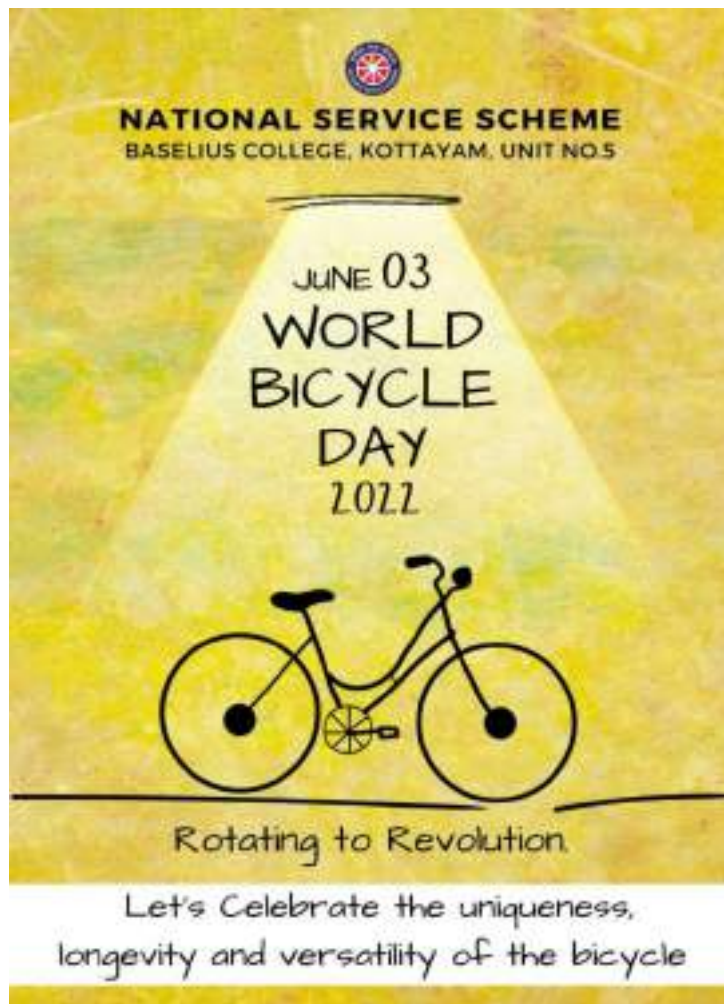
20/6/2022	വായനാദിനം - വായിച്ചു വളരുക	18
20/6/2022	QUIZ COMPETITION	18
21/6/2022	INTERNATIONAL YOGA DAY - SWASTHYAM YOGA FOR HUMANITY	41
24/6/2022	BLOOD STEM CELL DONOR REGISTRATION CAMPAIGN	36
26/6/2022	INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING - POSTER MAKING COMPETITION	38
29/06/2022	STAGE CRISIS MANAGMENT	18

WORLD BICYCLE DAY

Baselius college National Service Scheme, Unit No.5 observed World Bicycle Day on 3rd June. As the theme of this Year Let's Celebrate The Uniqueness, Longevity and Versatility Of The Bicycle.

The reason why June 4 is marked as World Bicycle Day is to raise awareness of the bicycle's benefits, its variety, its originality and how it's a sustainable method of transportation.

It helps to save the environment for future generations in times of heavy pollution.



നാളേയ്ക്കായി ഒരു തണൽ

Baselius NSS unit organised an offline programme on World Environment day(05-06-2022).This day is celebrated every year to remind people across the globe about the harm we have been causing to our environment,how we have distributed the natural balance of our environment and what measures can be taken to reverse the damage.In order to celebrate World Environment Day,we conducted a programme at our adopted village in Manarcadu.The programme start with NSS song sung by RRC Secretary Adersh N Namboothiri.Welcome speech was delivered by Muhammad Musthafa,Bhoomithrasena coordinator.

Felicitation was given by Dr.Viju Kurian sir,Nss programme officer.

Tree saplings were planted and distributed as part of the programme.Rajitha Anish,13th ward member of Manarcadu Grama panchayat inaugurated the programme by planting sapling with Mahila samajam Librarian Bindu Sudhir.Later Philip Kizhakkeparambil,17th ward member planted saplings.Along with this,trees were planted in and around Manarcadu Police Station. Prof.Ashly Thomas,NSS programme officer,also participated in the programme. Vote of thanks was delivered by Arya Lekshmi,Bhoomithrasena Coordinator.The anchor of the programme was Aiswarya P S, Volunteer Secretary.

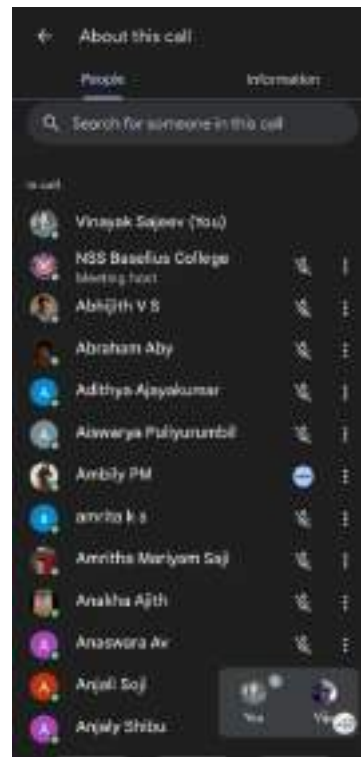


MY PERIOD MY PRIDE

SUSTAINABLE MENSTRUAL CARE INITIATIVE

Baselius College National Service Scheme Unit no. 05 in association with red ribbon club had conducted an online session on menstrual hygiene. The webinar was conducted on the topic 'My period My pride'. The session was taken by EcoFemme Ambassador Coordinator Ms. Pranathi Arpitha Prasad and Venture Village Learning Solutions Program manager Ms. Ann Mary Biju. The session started with NSS song sung by RRC secretary Adersh N Nampoothiri. Welcome speech was delivered by RRC joint Secretary Parthip Prasad. Felicitation was given by program officers Dr. Viju Kurian and Pro. Ashly Thomas. Then the session was taken by the two faculties Ms. Pranathi Arpitha and Ms. Annmary Biju. Then the session was concluded by the vote of thanks delivered by Adersh N Nampoothiri RRC secretary. NSS volunteer secretary was the anchor of this online session.

Through this session all the students become aware of the importance of menstrual hygiene. This session was really useful to all students.



WORLD OCEAN DAY

National Service Scheme of Baselius College, Kottayam observed World Ocean day 2022 themed as 'Revitalization :Collective action for the ocean'. Volunteers shared a poster through online medias in order to create a slight awareness on ocean day and to let others know the importance of celebrating ocean day.



WORLD FOOD SAFETY DAY

SEMINAR-FOOD SAFETY

Baselius nss unit organised a offline session on world food safety day (8-6-22). World Food Safety Day aims to transform food systems to deliver better health sustainably and prevent foodborne diseases. This day also provides an opportunity to strengthen efforts to ensure that the food we eat is safe and reduce the burden of foodborne illnesses globally. The session starts with nss song by nss volunteer secretary Terese Maria Broosily. Welcome speech was addressed by sachin.p sajeev, Pothichor Wing. Presidential address was given by Dr.viju kurian sir, nss programme officer.

Our resource person was Dr.Divya J.B, Food Safety Officer of Changanacherry Circle. The session was very interesting and Informative.

The most important goal of food safety is to protect consumers. This international day is an opportunity to strengthen efforts to ensure that the food we eat is safe, mainstream food safety in the public agenda and reduce the burden of foodborne diseases globally. Prof.Ashly Thomas ,nss programme officer also participated in the session. Vote of thanks was delivered by Ashwin D Nair, Pothichor Wing Coordinator. The anchor of the programme was Adarsh N Nampoothiri RRC secretary.

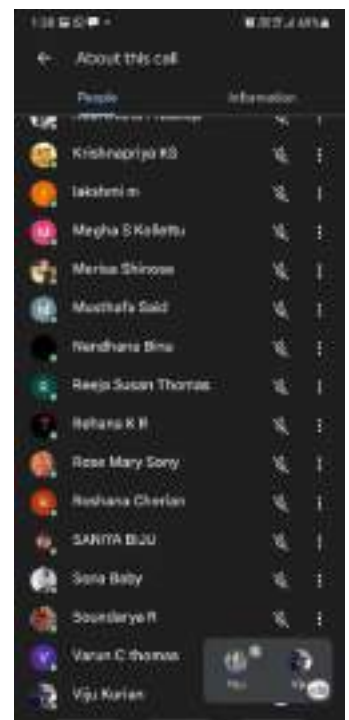


WORLD BLOOD DONOR DAY

WEBINAR-CAN I DONATE BLOOD?

Baselius college Nss unit organised a offline session "Can I Donate Blood?" in association with Red Ribbon Club on World blood donar day (14/06/2022).The aim of this programme is to raise awareness of the need for safe blood and blood products for transfusion. The day also honours the crucial contribution that voluntary, unpaid blood donors to save lives.The session starts with nss song by Terese Maria broosily ,Nss volunteer secretary.Welcome speech was addressed by Adarsh N Namboothiri, RRC secretary.Our resource person was Dr brijith B.B Medical Officer in charge of Blood Bank and Clinical lab Kottayam. The session was interesting and very informative. The session gives us a motivation to donate blood.to raise awareness of the need for safe blood and blood products for transfusion. The day also honours the crucial contribution that voluntary, unpaid blood donors to save lives.

The felicitation speech was addressed by Dr.viju kurian sir, Nss programme officer.Prof. Ashly Thomas ma'am ,Nss programme officer also participated in this session. Feedback of the Programme was given by Parthip Prasad, RRC joint Secretary. Vote of thanks of the programme was delivered by Anakha Ajith RRC joint secretary. Anchoring of the programme was done by Vinayak Sajeev, Nss volunteer secretary.



BLOOD DONATION

NSS Volunteers of Baselius College, Kottayam donated blood to a needy patient at Believers Church Medical College Hospital, Thiruvalla on June 14, World Blood Donor Day 2022. The voluntary and altruistic basis of blood donation is both precious and essential to our system of collection. The blood enquiry came to Red Ribbon Club and the need was fulfilled immediately.



വായനാദിനം-വായിച്ചു വളരുക

Baselius college national service scheme unit no:5 have conducted a program on reading day. In associate with infant jesus bethany convent girl school a writing competition was conducted on june 20. Aim of this program was to give importance of reading and writing of malayalam to the students. We have received more than 20 writings and two of them won the prize. Our nss unit have presented them gift and, it was distributed by principal of the school in the presence of nss program officers Dr viju kuriyan and Prof. Ashly Thomas. Volunteer sectaries Terese mariya Broosly and Vishnu Raj have complete guidance for undertaking the competition.

NATIONAL SERVICE SCHEME
UNIT NO:05.BASELIUS COLLEGE,KOTTAYAM
JUNE 19

വായനാദിനം
 വായിച്ചു വളരുക @baselius_nss

ബസേലിയസ് കോളേജ് നാഷണൽ സർവീസ് സ്കീംന്റെ നേതൃത്വത്തിൽ ജൂൺ 19 വായനാദിനം അനുസ്മരണമായി ഹൈസ്കൂൾ വിഭാഗം കുട്ടികൾക്ക് വേണ്ടി കവിതാരചനാ കുഴിപ്പുര പ്രതിനോദത്തിൽ അദ്ധ്യക്ഷനായ അദ്ധ്യാപനമാണ് കവിതാരചനാ കുഴിപ്പുരയിൽ വിഭാഗങ്ങൾ താഴെ കൊടുക്കുന്നു

തോരാഴ്ച - വാർഷികം

ഒന്നാം പുറമ്പലിൽ കവിയാരത വേണം കവിതയ്ക്ക് അർപ്പനം കൂടിപ്പുറപ്പിച്ചു അങ്ങനെ

അർപ്പനം കൂടിപ്പുറപ്പിച്ചു എഴുതിയതിനു ശേഷം താഴെ കാണുന്ന വാർഷിക രചനാ മത്സരം PDF ഫോർമാറ്റിൽ അയക്കുക അയച്ചു തരണം അദ്ധ്യാപന തീയതി 19-06-2022 രാത്രി 8 മണിക്ക് മുൻപ്

കൂടുതൽ വിവരങ്ങൾക്ക് താഴെ കാണുന്ന നമ്പറിൽ ബന്ധപ്പെടുക

VINAYAK SAJITH
 (VOLUNTEER SECRETARY)
 8590886297

ANSWARYA JN
 (VOLUNTEER SECRETARY)
 9446263835



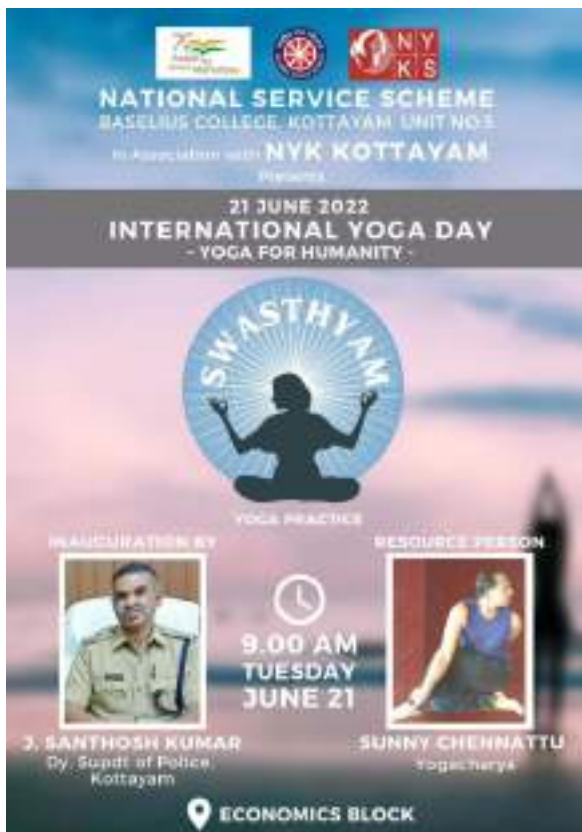
QUIZ COMPETITION

The National Service Scheme Unit no.05 , Baselius college, Kottayam celebrated reading day. On June 20, 2022, we have conducted a quiz competition among the students of Infant Jesus Bethany Convent school. There were many students participated in the competition and two of them have won and the nss unit have presented them gifts and the gift is distributed by the school's principal in the presence of programe officers Dr Viju Kurian and Prof Ashley Volunteer Secretaries Vinayak Sajeev and Terese Maria Broosily have given complete gudiance for undertaking the competition.



INTERNATIONAL YOGA DAY - SWASTHYAMYOGA FOR HUMANITY

The National Service Scheme, Unit no. 05 Baselius college Kottayam celebrated 8th International Yoga day in association with Nehru Yuva Kenthra Kottayam. The name of the program is "Swasthyam ". Program was inaugurated by respected Deputy Superintendent of Police Kottayam, J Santhosh Kumar. Resource person was yogacharya Sunny Chennattu. NSS volunteer secretary Aiswarya P S uttered welcome speech. Principal of Baselius college Kottayam Dr Biju Thomas gave voice to presidential address. Felicitation was conveyed by Jayamol Joseph, ward member, Akhil R Nair Nehru yuva kentra coordinator, National service scheme program officers- Dr Viju Kurian and Prof. Ashly Thomas . Vote of thanks delivered by volunteer secretary Terese Maria Broosily. There were 41 people attended the program. The program concluded by 11 am.



BLOOD STEM CELL DONOR - REGISTRATION CAMPAIGN

The Baselius College National Service Scheme Unit No 5, Kottayam as part of Red Ribbon Club organised an offline session on 24th June,2022. The programme was organised by Datri Blood Stem Cell Donors Registry. It was an awareness class regarding blood cell donation. The coordinator of Datri Blood Stem Cell Donors Registry gave an awareness regarding blood stem cell donation to NSS volunteers. The doubts regarding stem cell donation was cleared through this class. Inspired by this class many NSS volunteers has registered their name for the stem cell donation. The NSS programme officers Dr. Viju Kurian and Prof. Ashly Thomas have also attended the session. This session created an impact among NSS volunteers as well as other students in college.....





NATIONAL SERVICE SCHEME
 BASELIUS COLLEGE, KOTTAYAM, UNIT NO.5
RED RIBBON CLUB



**BLOOD STEM CELL DONOR
 REGISTRATION CAMPAIGN**

AWARENESS CLASS ON BLOOD STEM CELL DONATION

**5.00PM
 24 JUNE
 FRIDAY**



**ECONOMICS
 BLOCK**

**ORGANIZED BY
 DATRI BLOOD STEM CELL DONORS REGISTRY**

@baselius_nss NSS Baselius



Kottayam, Kerala, India
 10229144, Swathi Kadavu, Kottayam, Kerala 686004, India
 Lat: 9.537809°
 Long: 76.328767°
 24/06/2023 03:53 PM

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING - POSTER MAKING COMPETITION

Baselius college NSS unit no 5 conducted two programmes on international day against drug abuse under the anti narcotic cell (26-6-22). The main aim of this day is to spread awareness about the physical and psychological impact of substance abuse, drug overdose deaths, and drugs-related problems across the globe. We made the volunteers aware of drug abuse, which may harm us mentally, physically and socially. All the participants had taken pledge against drug abuse via google meet in the presence of programme officers Dr Viju Kurian sir and Prof Ashley Thomas miss. Almost all the NSS volunteers participated in this session.

Then we have conducted interdepartmental poster making competition. We had a good number of competitors among every department.

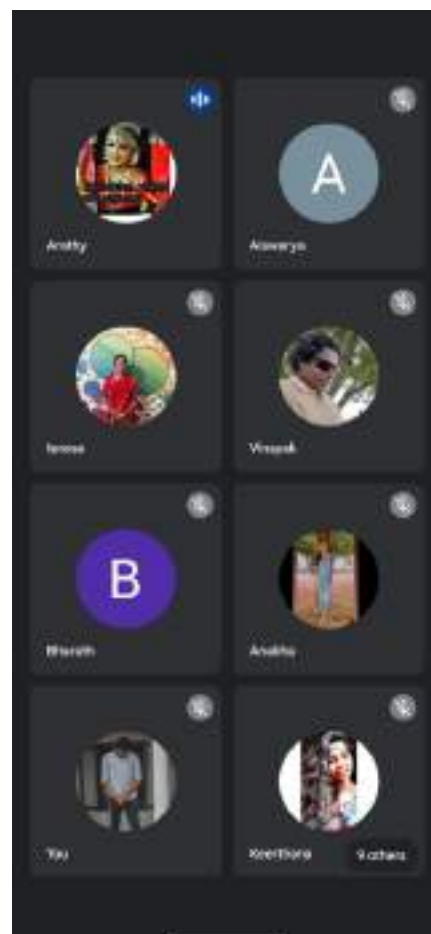


STAGE CRISIS MANAGEMENT

Baselius college National services scheme conduct a session on 29 June 2022. Program started at 10:30AM. Former NSS volunteer secretary Arathy Shaji was the resource person of the program. She talked about how we can manage the stage during programs and things we must care while managing stage programs.



The poster features the National Service Scheme logo at the top, followed by the text 'NATIONAL SERVICE SCHEME BASELIUS COLLEGE, KOTTAYAM, UNIT NO.5'. Below this is the slogan 'BE POSITIVE PRESENTS'. The main title 'STAGE CRISIS MANAGEMENT' is displayed in large, bold letters over a background image of hands holding interlocking gears. The resource person, Arathy Shaji, is shown in a portrait with her name and title 'FORMER NSS VOLUNTEER SECRETARY'. At the bottom, it states 'LIVE ON GOOGLE MEET' and '10.30 AM, 29 JUNE, 2022'.



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM
UNIT NO.05

DATE	PROGRAM	No. of students
1-7-2022	National Doctor's Day - TOKEN OF LOVE	20
11-7-2022	World Population Day	30
25-7-2022	Against Monkeypox	-----
26-7-2022	Kargil Vijay Diwas	25
26-7-2022	Webinar-Leadership skills	40
27-7-2022	APJ ABDUL KALAM 7 th Memorial Day	25
28-7-2022	World Hepatitis Day	38
28-7-2022	World Nature Conservation Day	27
29-7-2022	Webinar-HEPATITIS FREE FUTURE	43

JULY 1 NATIONAL DOCTOR'S DAY

-

TOKEN OF LOVE



വെറുപ്പിന്റെ ദിനം ആചരിച്ചു

കൊച്ചി. • ബന്ധുക്കളെ സംരക്ഷിക്കാനും സമൂഹത്തിന് ആരോഗ്യപരിരക്ഷ നൽകാനും സന്നദ്ധരായി സേവനമനുഷ്ഠിക്കുന്നവർക്ക് നന്ദി അർപ്പിക്കുന്നതിനും പുറമെ രോഗിയുടെയും സഹായത്തിനും നൽകുന്ന സേവനം ആയിരുന്നു സർക്കാർ സർവ്വീസിലെ സേവനങ്ങൾ. സർക്കാർ സർവ്വീസിലെ സേവനങ്ങൾക്ക് നന്ദി അർപ്പിക്കുന്നതിനും പുറമെ രോഗിയുടെയും സഹായത്തിനും നൽകുന്ന സേവനം ആയിരുന്നു സർക്കാർ സർവ്വീസിലെ സേവനങ്ങൾ. സർക്കാർ സർവ്വീസിലെ സേവനങ്ങൾക്ക് നന്ദി അർപ്പിക്കുന്നതിനും പുറമെ രോഗിയുടെയും സഹായത്തിനും നൽകുന്ന സേവനം ആയിരുന്നു സർക്കാർ സർവ്വീസിലെ സേവനങ്ങൾ.

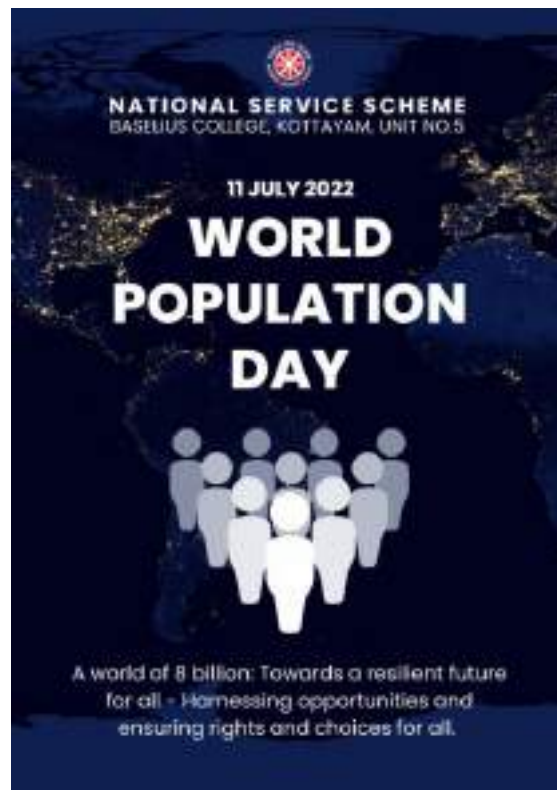


Baselius college National Service Scheme celebrated national Doctor's day. NSS volunteers visited Kottayam General Hospital on July 01 and gifted a "token of love" to all doctors. This program conducted as a gift of love for their services provided to the society.

National service scheme program officers Dr Viju Kurian and Prof. Ashly Thomas led the program.

JULY 11

WORLD POPULATION DAY





Baselius college National Service Scheme celebrated world population day by sharing brochures on social media .The World Population Day is observed every year on July 11 in order to raise awareness about the global population issues, including population control.The theme of World Population Day 2022 is for a universe of 8 billion which expects a strong future for all guaranteeing freedom and decisions for all. According to the theme, there are around 8 billion individuals living on earth however not every one of them is getting rights and opportunities

JULY 25

AGAINST MONKEY POX

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO.3

എന്താണ് മതിപോക്സ്?

രോഗ ചികിത്സ

രോഗം രോഗിയ്ക്കു മുമ്പേ തടയാൻ കഴിയുന്നില്ലെങ്കിൽ അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്? അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്?

രോഗം രോഗിയ്ക്കു മുമ്പേ തടയാൻ കഴിയുന്നില്ലെങ്കിൽ അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്? അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്?

പ്രതിരോധം രോഗിയ്ക്കു മുമ്പേ തടയാൻ കഴിയുന്നില്ലെങ്കിൽ അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്? അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്?

പ്രതിരോധം രോഗിയ്ക്കു മുമ്പേ തടയാൻ കഴിയുന്നില്ലെങ്കിൽ അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്? അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്?

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NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO.5

എന്താണ് മതിപോക്സ്?

ചികിത്സ

രോഗം രോഗിയ്ക്കു മുമ്പേ തടയാൻ കഴിയുന്നില്ലെങ്കിൽ അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്? അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്?

രോഗം രോഗിയ്ക്കു മുമ്പേ തടയാൻ കഴിയുന്നില്ലെങ്കിൽ അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്? അതിനെ നിയന്ത്രിക്കാനും അതിനെ പരസ്പരം അറ്റാക്കി കടന്നുപോകാൻ സഹായിക്കാനും അതിനെ നിയന്ത്രിക്കാനും മറ്റുള്ളവർക്കു നൽകാനും എന്താണ് മതിപോക്സ്?

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Baselius College National Service Scheme as a part of acting against monkeypox released a video which says about the ways of spreading monkeypox, how to act against monkeypox and what are the treatments for it. And the volunteers made everyone aware about this by sharing the video in many groups.

JULY 26

KARGIL VIJAY DIWAS



Kargil Vijay Diwas is celebrated on 26 July every year in honour of the Kargil War's Heroes. It is marked in India to honour the sacrifices made by soldiers of the Indian Army during the 1999 Kargil War. Baselius College National Service

Scheme volunteers commemorated the contributions of the Indian Armed Forces

JULY 26

WEBINAR

-

LEADERSHIP SKILLS



NATIONAL SERVICE SCHEME
UNIT NO:05, BASELIUS COLLEGE, KOTTAYAM
BE POSITIVE

JULY 26th 2022 TUESDAY

TOPIC: **LEADERSHIP SKILLS**

OUR RESOURCE PERSON

JAYAPRAKASH UNNITHAN
MANAGING DIRECTOR OF
KOSHY+3P CAREER SOLUTIONS

7.00PM LIVE ON GOOGLE MEET

JOIN US FOR THE SESSION

base@ns_sns NIS BASELIUS

The poster features a yellow background with a white circle on the right side. At the top left is the NIS logo. Below it, the text 'NATIONAL SERVICE SCHEME' is in large bold letters, followed by 'UNIT NO:05, BASELIUS COLLEGE, KOTTAYAM' and 'BE POSITIVE'. In the center, there is a silhouette of a person at a podium addressing a group of people. To the right of this, the date 'JULY 26th 2022 TUESDAY' is written inside a white circle. Below the date, the topic 'LEADERSHIP SKILLS' is listed. Further down, a small photo of Jayaprakash Unnithan is shown next to his name and title: 'OUR RESOURCE PERSON JAYAPRAKASH UNNITHAN, MANAGING DIRECTOR OF KOSHY+3P CAREER SOLUTIONS'. Below this, it says '7.00PM LIVE ON GOOGLE MEET' with a Google Meet icon. At the bottom, it says 'JOIN US FOR THE SESSION' and provides contact information: 'base@ns_sns' and 'NIS BASELIUS'.



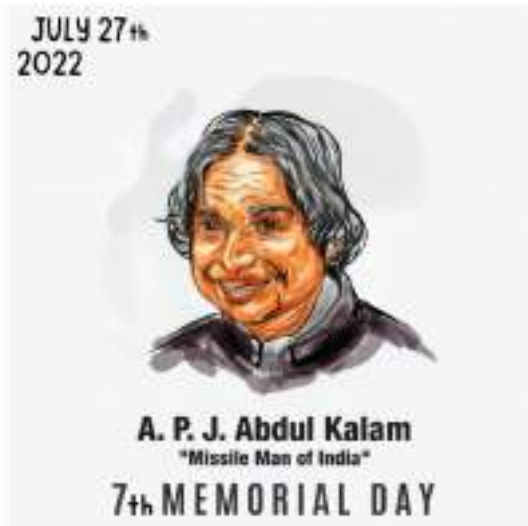
Baselius college National Service Scheme Be positive wing conducted webinar on the topic Leadership Skills. Webinar was led by Shri. JAYAPRAKASH UNNITHAN, Managing director of Koshy +JP career solutions. Leadership is a vital thing that everyone should have. This webinar truly helped volunteers to know more about leadership quality and how to improve leadership skills.

Welcome speech delivered by Be positive wing coordinator DeviNandhana G and felicitation by National Service Scheme program officer Dr Viju Kurian. Be Positive wing coordinator Keerthana Pradeep presented official vote of thanks

JULY 27
APJ ABDUL KALAM
7TH
MEMORIAL DAY



NATIONAL SERVICE SCHEME
UNIT NO:05, BASELIUS COLLEGE, KOTTAYAM



"All of us do not have equal talent. But, all of us
have an equal opportunity to develop our
talents"
-Dr. A.P.J. ABDUL KALAM

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“When I am dead, do not declare a holiday; instead work a day extra”, said India's former President Dr APJ Abdul Kalam for whom work was literally worship. The country remembers 'Missile Man of India' — Dr APJ Abdul Kalam — on July 27, 2022, marking his 7th death anniversary. Baselius college National Service Scheme also remembered on his 7th memorial day.

JULY 28

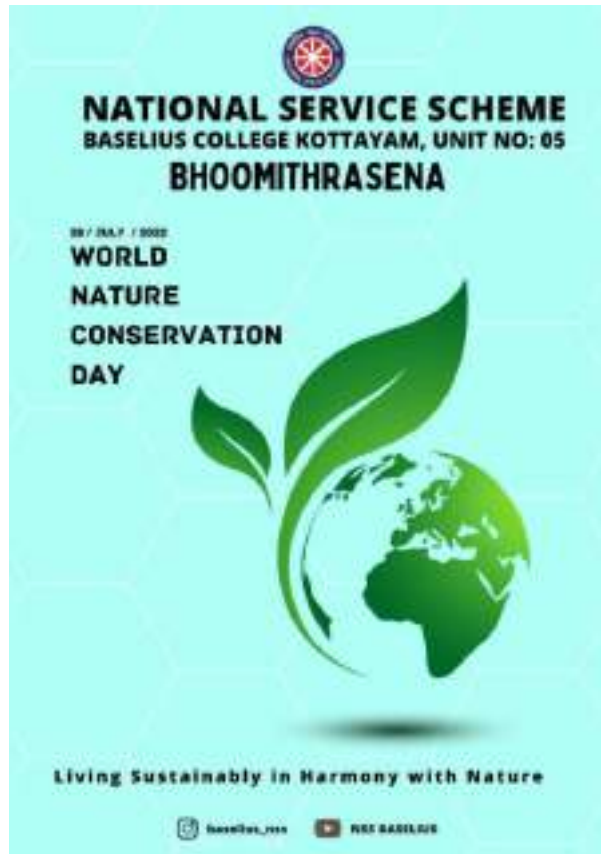
WORLD HEPATITIS DAY



Baselius college National Service Scheme has observed World Hepatitis Day on 28 July 2022. The theme of this year was "Bringing hepatitis care closer to you", aims to raise awareness about the need to simplify and bring hepatitis care to primary health facilities.

JULY 28

WORLD NATURE CONSERVATION DAY



Baselius college National Service Scheme celebrated World Nature Conservation Day. World nature conservation day is

Observed on July 28 annually, World Nature Conservation Day acknowledges that a healthy environment is the foundation for a stable and healthy society. As a part of this volunteers cleaned the premises of their adopted village.

JULY 29

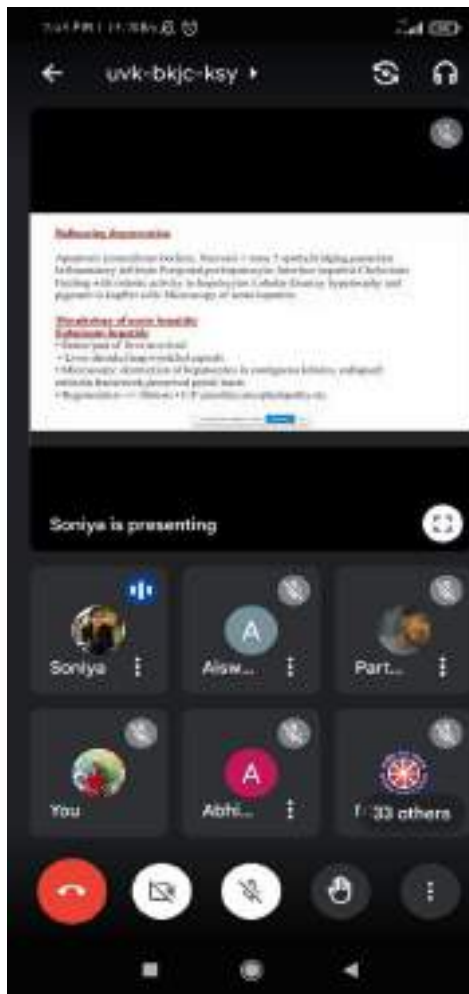
WEBINAR- HEPATITIS FREE FUTURE



Baseilus college NSS unit organised an online session "HEPATITIS FREE FUTURE" in association with Red Ribbon Club based on World Hepatitis Day on 29/07/2022.

The aim of this programme is to bring the world together under a single theme to raise awareness of the global burden of viral hepatitis and to influence real change. The session starts with NSS song by Abhinaya .R, NSS volunteer. Welcome speech was addressed by Parthip Prasad, RRC joint secretary. The session was taken by Dr. Ashitha Uthaman. The session was very informative and interesting. Hepatitis means inflammation of the liver. The liver is a vital organ that processes nutrients, filters the blood, and fights infections. When the liver is inflamed or damaged, its function can be affected. Heavy alcohol use , some medications, and certain medical conditions can cause hepatitis.

The felicitation speech was addressed by Dr.Viju Kurian ,NSS Programme officer. Feedback of the programme was given by Saritha mol E.S, Nss volunteer. Vote of thanks of the programme was delivered by Anjali Shibu, ELC Coordinator. Anchoring of the programme was done by Aiswarya P.S, NSS volunteer secretary.



BASELIUS COLLEGE, KOTTAYAM

NATIONAL SERVICE SCHEME UNIT No.05

Date	Program	No. Of Participants
3/08/2022	കരം പിടിക്കാം കര കയറ്റാം	—
4/08/2022	Webinar – How to prevent Monkey Pox	32
6/08/2022	HIROSHIMA DAY	42
9/08/2022	Nagasaki Day	30
13/08/2022	World organ donor Day	60
15/08/2022	Independence Day- Bottle art competition, Flag hosting, 75	75
17/08/2022	Naleykkayi oru thanal 2.0	20
19/08/2022	World photography Day	23
23/08/2022	Seminar – Random positive thoughts	34

27/08/2023	Bright minds Mega job fest	12
29/08/2023	National sports Day	28

കരം പിടിക്കാം കര കയറ്റാം

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5



കരം പിടിക്കാം കര കയറ്റാം

അമ്മേയ്ക്ക് കരം പുടിക്കുന്നില്ലേന്നായിട്ട് ഞാനും സഹായം അന്വേഷിച്ച് അമ്മയ്ക്ക് 500 രൂപയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളിൽ അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. കര കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. അമ്മയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. അമ്മയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു.

CONTACT US

VINAYAK SAJEEV 8590888297	VISHNU SAJ 6238018688
PARTHI PRASAD 9400702918	MUHAMMED MUSTHAFA 8301843212

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NATIONAL SERVICE SCHEME
BASELIUS COLLEGE KOTTAYAM, UNIT NO: 5



കരം പിടിക്കാം കര കയറ്റാം

അമ്മേയ്ക്ക് കരം പുടിക്കുന്നില്ലേന്നായിട്ട് ഞാനും സഹായം അന്വേഷിച്ച് അമ്മയ്ക്ക് 500 രൂപയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളിൽ അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. കര കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. അമ്മയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു.

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NATIONAL SERVICE SCHEME
BASELIUS COLLEGE KOTTAYAM, UNIT NO: 05

കരം പിടിക്കാം കര കയറ്റാം



സംരക്ഷിതാവ് കോളേജ് ഏൻ ഏൻ ഏൻ അമ്മേയ്ക്ക് കരം പുടിക്കുന്നില്ലേന്നായിട്ട് ഞാനും സഹായം അന്വേഷിച്ച് അമ്മയ്ക്ക് 500 രൂപയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളിൽ അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. കര കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. അമ്മയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു.

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NATIONAL SERVICE SCHEME
BASELIUS COLLEGE KOTTAYAM, UNIT NO: 05

കരം പിടിക്കാം കര കയറ്റാം



സംരക്ഷിതാവ് കോളേജ് ഏൻ ഏൻ ഏൻ അമ്മേയ്ക്ക് കരം പുടിക്കുന്നില്ലേന്നായിട്ട് ഞാനും സഹായം അന്വേഷിച്ച് അമ്മയ്ക്ക് 500 രൂപയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളിൽ അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. കര കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു. അമ്മയ്ക്ക് കരം കയറ്റുന്നതിനുള്ള കാര്യങ്ങളെക്കുറിച്ച് അമ്മയ്ക്ക് സഹായം നൽകിത്തന്നു.

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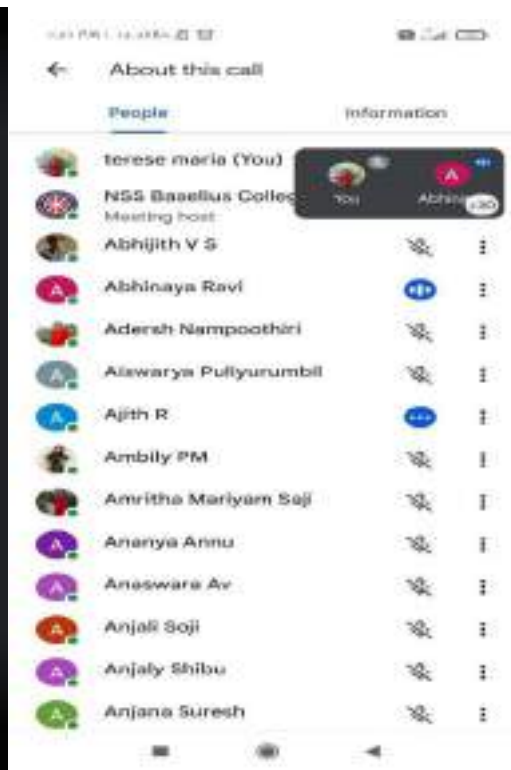
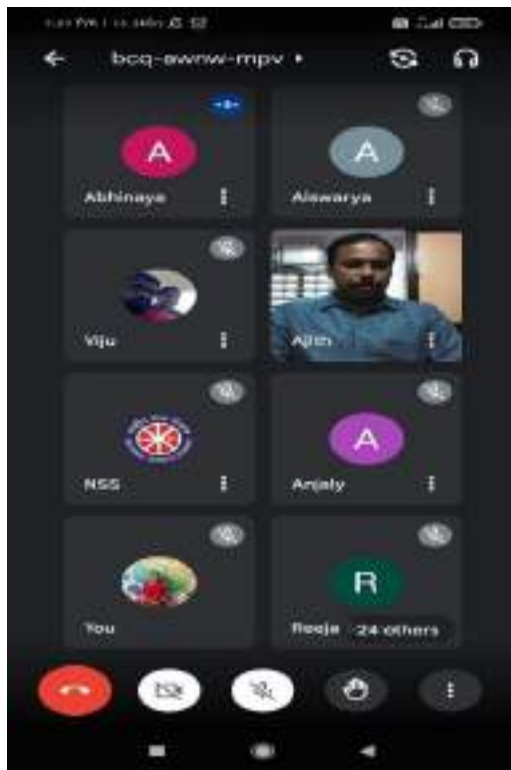
The NSS unit of Baselius College, Kottayam actively dedicate their time during a flood in Kottayam. Program officers and volunteers collected necessary items for the relief camp and participated in flood relief activity at Sankranthi Kottayam. The program aimed to develop social service and responsibility to take care of nature in a better version for the coming generation. This program helped to encourage students to develop a helping mentality and empathy towards the needy society

August 4

WEBINAR: HOW TO PREVENT MONKEY POX

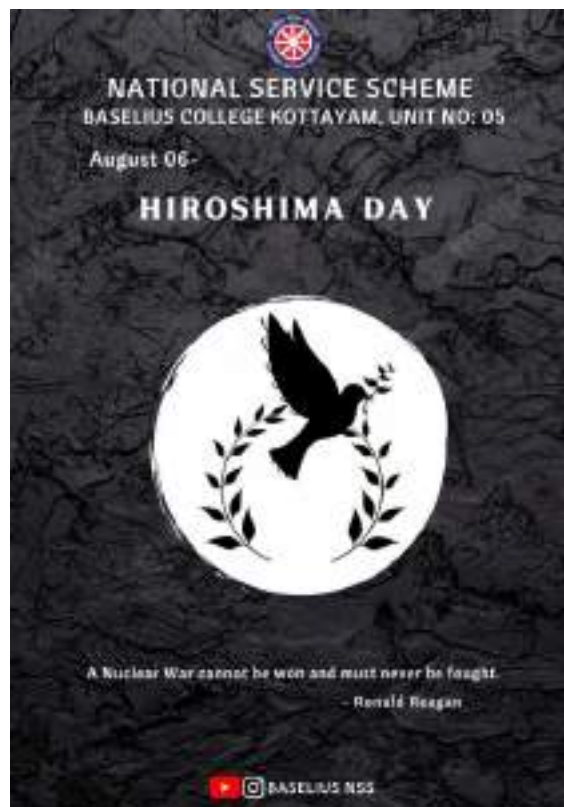
The poster is divided into three main sections. The top section is a dark red banner with the National Service Scheme (NSS) logo and the text 'NATIONAL SERVICE SCHEME' and 'UNIT NO: 05, BASELIUS COLLEGE, KOTTAYAM'. The middle section is white with the text 'MONKEY POX ANOTHER VIRUS ANOTHER FIGHT' where 'MONKEY POX' is in large, bold, red letters with virus icons. The bottom section is a dark red banner with the text 'WEBINAR HOW TO PREVENT MONKEY POX?' and 'RESOURCE PERSON' above a photo of Dr. Ajith R. Below the photo, it lists 'DR. AJITH R ASSISTANT PROFESSOR DEPARTMENT OF COMMUNITY MEDICINE GOVERNMENT MEDICAL COLLEGE KOTTAYAM'. At the bottom, it says '7 PM 4 AUGUST 2022' with a clock icon, 'LIVE ON GOOGLE MEET' with a video camera icon, and social media handles 'baselius_nss' and 'NSS BASELIUS'.

On 4|August 2022, the Baselius NSS unit organized a webinar on How to prevent monkeypox. The program started with NSS prayer. Dr. Ajith R(Asst. Professor Dept of community medicine Govt Medical College Kottayam)was the resource person. The volunteers were introduced to the knowledge of how monkeypox impacts the lives of patients and family members and how to prevent it as we know prevention is better than cure. The session was followed by a questionnaire to allow the volunteers to clear their doubts regarding monkeypox. The session was informative for the volunteers



AUGUST 06
HIROSHIMA DAY

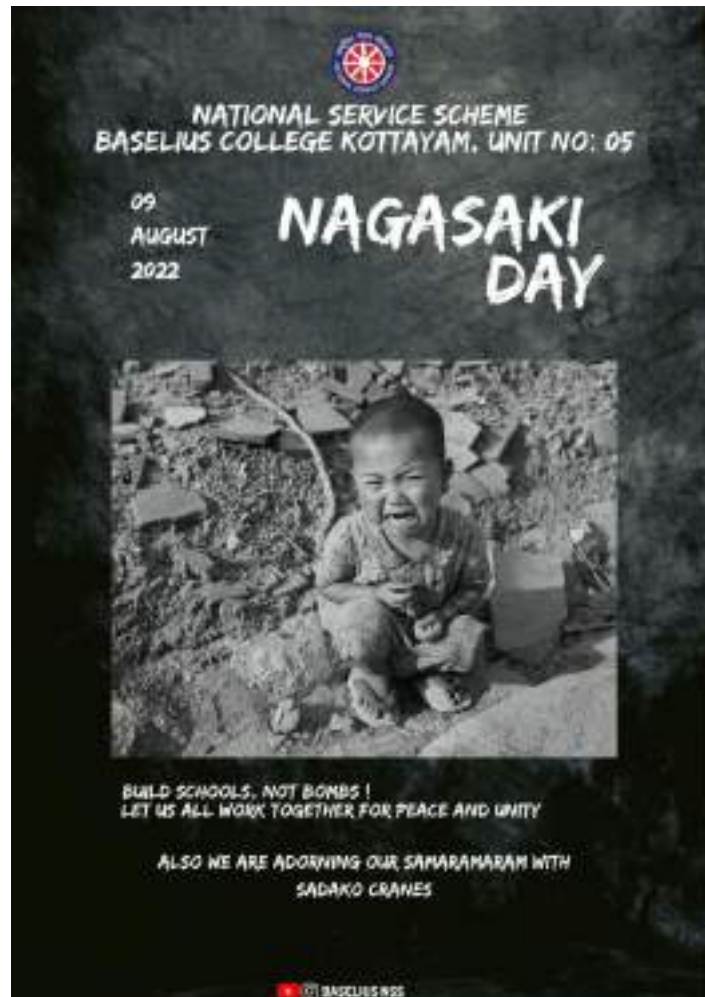
Baselius College National Service Scheme has observed Hiroshima day on August 06 2022. It is to commemorate the atomic bombing of Hiroshima, Japan, in 1945, at the end of World War II. The bombings killed over 200,000 people in just seconds and injured thousands more.



A

August 9

NAGASAKI DAY



Baselius College National Service Scheme unit no. 05 celebrated Nagasaki day on August 9 2022. As a part of this all the NSS volunteers together adorned 'Samaramaram' with sadako cranes. We also conducted a meeting in which Principal Dr. Biju Thomas gave the message and program officers Dr. Viju Kurian also spoke about the importance of the day.



August 13

WORLD ORGAN DONOR DAY



Baselius nss unit organised an “Organ Donar registry campaign” in association with RRC and mrithasanjeevani scheme of Medical college Hospital Kottayam, among the students in the college on August 13 (Organ Donar day) . The aim of the programme is to create awareness on organ donation. NSS volunteers took initiative of the programme and also give directions to students about registry campaign. Our students actively participated in this programme. Parthip Prasad , Anakha Ajith, RRC coordinators Collected the registered forms and submitted to Dr.Neethu P Thomas , coordinator of mrithasanjeevani scheme of medical college Kottayam. This programme provide an opportunity to donate organs who were willing to do.The programme was conducted with the support of our NSS programme officers



Arpookara, Kerala, India
25, Medical College Campus Rd, Dandhi Nagar, Arpookara,
Kerala 686006, India
Lat 9.637603°
Long 76.620461°
28/08/22 03:46 PM

August 15

INDEPENDENCE DAY



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE KOTTAYAM, UNIT NO: 05

BOTTLE ART REELS

THEME: 75TH INDIAN INDEPENDENCE DAY
THE COMPETITION IS TO CREATE A VIDEO OF ORIGINAL BOTTLE ART PAINTING WITH THE THEME OF 75TH INDIAN INDEPENDENCE DAY.

- COMPETITION IS OPEN FOR COLLEGE STUDENTS ALL OVER INDIA
- THE VIDEO OF BOTTLE ART MAKING SHOULD BE SENT TO THE ORGANISERS
- MAXIMUM LENGTH OF THE VIDEO SHOULD BE 90 SECONDS (UNEDITED TIME LAPSE VIDEOS ARE PREFERRED)
- THE LAST DATE FOR VIDEO SUBMISSION IS ON 14TH AUGUST
- INTERESTED STUDENTS NEED TO FILL THE GOOGLE LE FORM
- THE DECISION OF THE JUDGES WILL BE FINAL

FIRST PRIZE
1000/-

SECOND PRIZE
500/-

SENT YOUR ENTRIES  **6238018688** - VISHU RAJ
8590888297 - VIKASIAK SACHIN



BASELIUS COLLEGE, KOTTAYAM

NSS & NCC UNITS

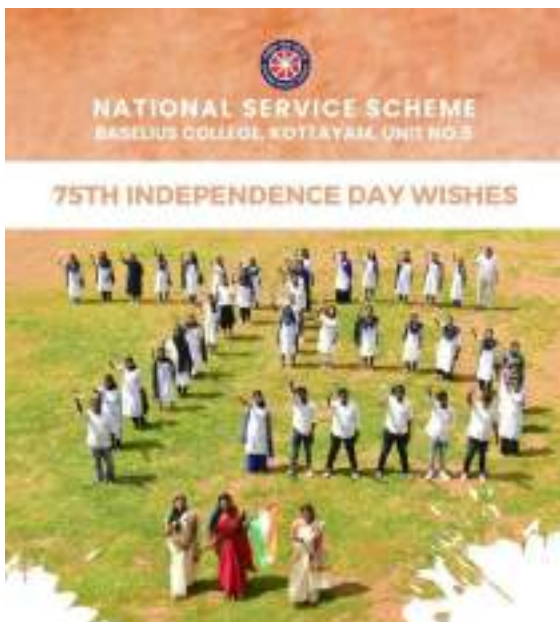
75 Azadi Ka Amrit Mahotsav

INDEPENDENCE DAY CELEBRATIONS

CHIEF GUEST : PROF. DR. VARCHESE K. CHERIAN
MEMBER SYNDICATE, M C UNIVERSITY
FORMER PRINCIPAL, ST JOSEPH'S TRAINING COLLEGE, MANHARAM


FLAG HOISTING AT 9AM

'NATION FIRST, ALWAYS FIRST'



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 05

75TH INDEPENDENCE DAY WISHES



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE KOTTAYAM, UNIT NO: 05

BOTTLE ART REELS COMPETITION

WINNERS

FIRST PRIZE	SECOND PRIZE
 THASNIMOL A. M BASELIUS COLLEGE, KOTTAYAM	 SWANTHANA UNRESH MARTYRINA COLLEGE, THIRUVALLA

Congratulations

Independence Day Celebrations

The Baselius NSS unit celebrated its 75th Independence day on 15 2022. Professor Dr. Varghese K Cherian (Member syndicate MG University, former Principal of St.Joseph Training College Mannam) hoisted the national flag and addressed the volunteers. After that program officer, Dr. Viju Kurian gave a message to volunteers. Volunteers formed a human chain displaying '75' as part of Azadi Ka Amrit Mahotsav.

Bottle Art Reels

A reel-making competition was conducted by Baselius Nss in commemorating the 75th Independence day, being celebrated as Azadi Ka Amrit Mahotsav. The 1st prize winner of reels was Thasnimol (D1 zoology, Baseilus college) and she was awarded 1000 as a cash prize. The second prize winner was Swanthana Umesh (Marthoma College) was awarded 500 as a cash prize.



AUGUST 17

NALEYKKAYI ORU THANAL 2.0

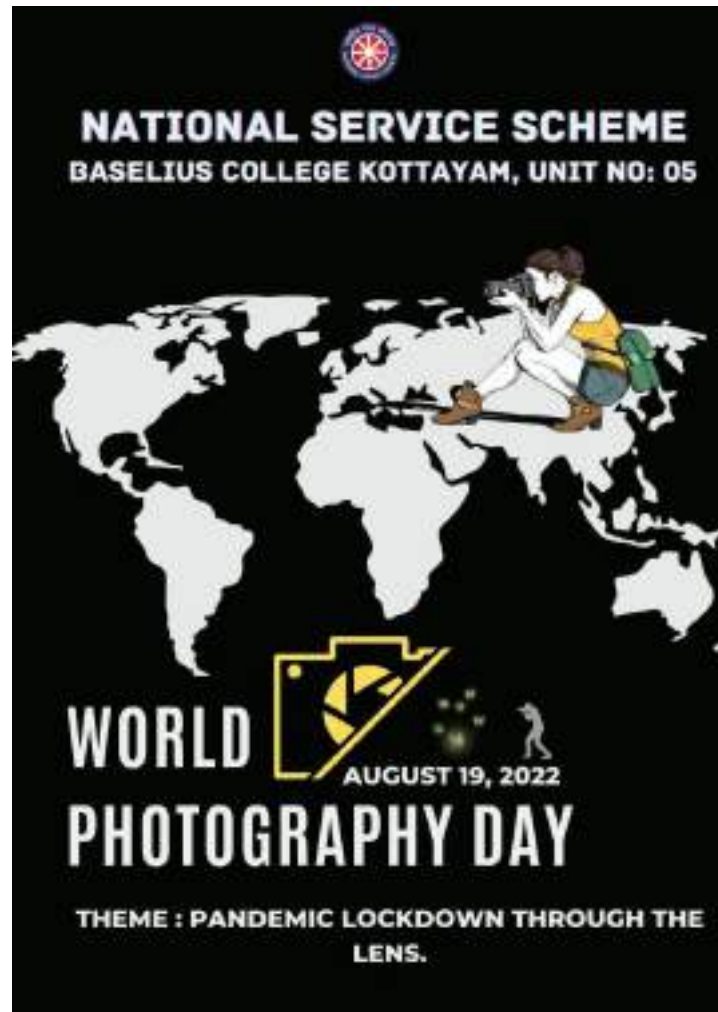
Baselius College National Service Scheme volunteers planted and distributed plant saplings in the adopted village and Anganvadi as a part of protecting nature. Many volunteers participated in this program and it made us become more closer to nature.





August 19

WORLD PHOTOGRAPHY DAY



Kottayam Baselius college, National Service Scheme, unit no :5 celebrated World Photography Day by sharing brochures on social media. Photography takes an instant from a time frame and alters life by holding it still. The theme of World Photography Day 2022 is "Pandemic lockdown through the lens".

August 23

SEMINAR – RANDOM POSITIVE THOUGHTS



Baselius College National Service Scheme Unit no 05 in association with be positive had conducted a session on topic 'random positive thoughts '. Dr. Sarath P Nath Department of Sanskrit Baselius College Kottayam was the resource person. Through this session all the volunteers got an idea about their life. They become aware of how we must think and how we can follow our positive thoughts and dreams.



August 27

BRIGHT MINDS –MEGA JOB FEST



On 27th August 2022, Bright Minds 2022 Mega Job Fest was held at MG University, Kottayam. It was organised by University Employment Information and Guidance Bureau, Mahatma Gandhi University, Model Career Centre (MCC), Kottayam and Employability Centre, Kottayam. 30 companies participated in the fest and 2000 vacancies for jobseekers from various sectors was offered thereby providing a great opportunity to the unemployed youth. NSS volunteers of Baselius College, Kottayam joined the volunteer works of Bright Minds 2022

August 29

NATIONAL SPORTS DAY



Kottayam Baselius college, National Service Scheme,unit no:5 celebrated National Sports Day by sharing brochures on social media.Sports as an enabler for an inclusive and fit society. The theme of National Sports Day 2022 is “Meet the Champion”. Play your choice of sport for one hour and be the part of this incredible moment in Indian sports.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM UNIT NO.05

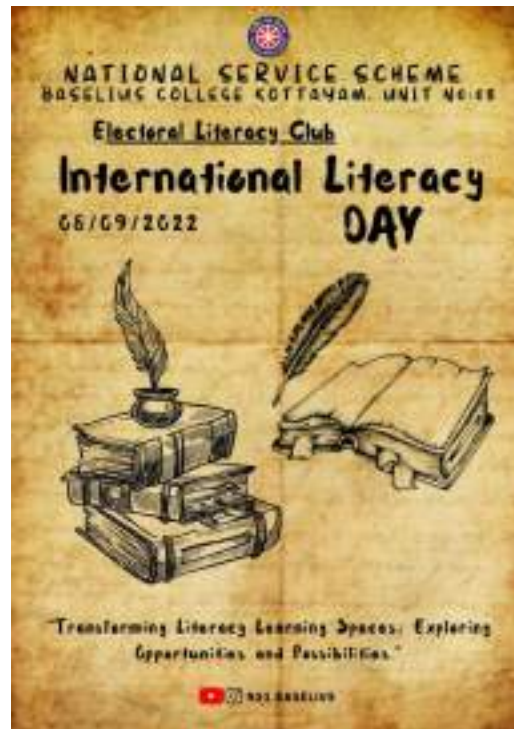
DATE	PROGRAM	NO. OF STUDENTS
5/9/2022	Teacher's day	43
8/9/2022	International literacy day	36
16/9/2022	World Ozone Day	44
17/9/2022	Indian Swachhata league	25
24/9/2022	NSS Day-flag hosting, recycling workshop	53
27/9/2022	Seminar – Who am I?	47
28/9/2022	Swachhata pakhwada	28

September 5
TEACHER'S DAY



On 5th September 2022, NSS volunteers of Baselius College, Kottayam celebrated Teachers Day. Teachers day is celebrated to show gratitude for the efforts and service of teachers. It is the birth anniversary Dr. Sarvepalli Radhakrishnan, first Vice President and second President of India. The theme for Teachers Day 2022 was "Teachers: leading in crisis, reimagining the future." Teachers play a vital role in guiding and preparing the younger generation to be equipped with the knowledge to deal with different problems.

September 8
INTERNATIONAL LITERACY DAY



On 8th September 2022, NSS volunteers of Baselius college celebrated international literacy day . Literacy day was celebrated for transforming literacy learning spaces , exploring opportunities and possibilities

September 16
WORLD OZONE DAY



On 16th September 2022 Baselius NSS celebrated World Ozone Day. It was celebrated to educate college students about the preservation of ozone layer and it was done by sharing brochure and conducting a meeting in which the volunteers spoke about the day.

September 17
INDIAN SWACHHATA LEAGUE



Kottayam Baselius college, National Service Scheme participated in the program 'Indian swachhata league' organized by the kottayam municipality. Nss volunteers took a rally from kottayam to boat jetty. Theme of these program is "nammude nagarathinte shuchithya pravarthanagalil nammukum pangalikalaakam". Nss volunteers performed a flashmob. They participated in clean-up activities.

September 24

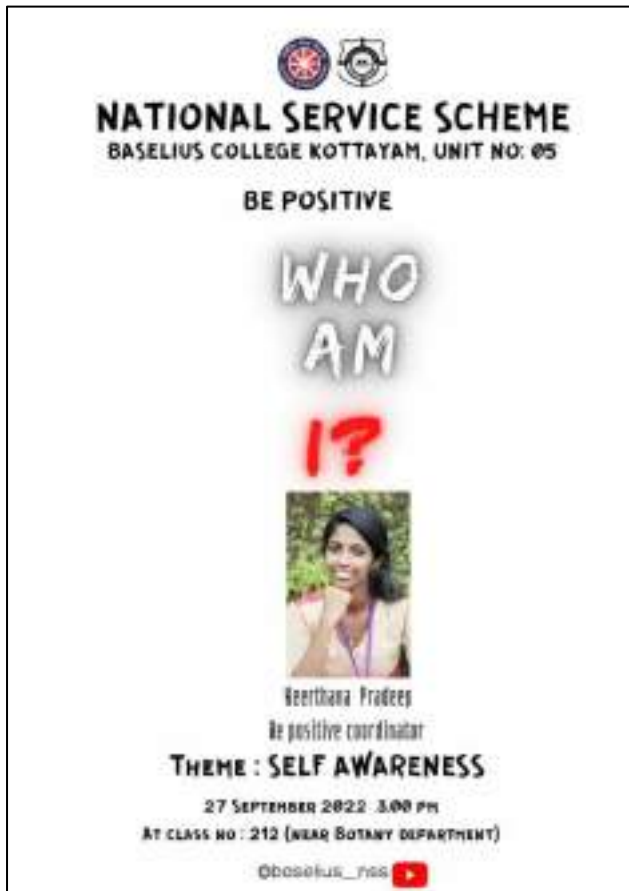
NSS DAY



On the 24th of September 2022, NSS Day was celebrated by the NSS volunteers of Baselius College, Kottayam. It began by flag hoisting after which the volunteers were divided in groups and cleaned the campus. Later Ms Devika Raj, Guest Lecturer, Department of Commerce and a former Baselius NSS volunteer shared her experience on once being part of Baselius NSS. After that a recycling workshop was held in which the volunteers were made to make a pen holder using newspapers. After that a fun game session was held.

Being one of the first programs of this year, it gave a rough idea to the emerging volunteers of what to expect by joining in NSS.

SEPTEMBER 27
SEMINAR - WHO AM I ?



Self awareness is the sability to perceive and understand the things that make you who you are as an individual, including your personality, actions, values, beliefs, emotions, and thoughts. Essentially, it is a psychological . On the theme "Self Awareness" Be Positive wing conducted a session named " Who Am I ?".The session was very informative and understanding.About 60 junior volunteeers participated in this session. The session was conducted by Be Positive wing coordinator Keerthana Pradeep in room no . 212.

September 28
SWACHATTA PAKHWADA



Kottayam Baselius college National service scheme unit no 5 along with Kottaym Railway Station conducted a Rally and Poster Making Competition on the “Swachatta Railway”. After that under the leadership of Bhomithrasena wing coordinators Muhammad Musthafa K and Aryalekshmi saplings were planted. The theme of the program is “Cleaner, Greener, Healthier”.


**NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM UNIT NO.05**


DATE	PROGRAM	NO. OF STUDENTS
2/10/2022	Gandhi Jayanti – ICH cleaning, Mime	35
6/10/2022	ലഹരിവിമുക്ത കേരളം- കോളേജ്തല ഉദ്ഘാടനം	61
8/10/2022	ആദ്യ ചുവട്	86
10/10/2022	World mental health day-Debate	42
11/10/2022	ലഹരിമുക്ത കേരളം-Quiz competition	15
11/10/2022	International day of girl child	
14/10/2022	Yodhav –Drugs Awareness Class	33
16/10/2022	World food day	
17/10/2022	We care	
18/10/2022	Blood donation camp	107

October 2 - GANDHI JAYANTI
ICH CLEANING, MIME

Kottayam Baselius College National Service Scheme, Unit no:5, Kottayam along with Y'S MEN INTERNATIONAL, Kottayam members cleaned premises of ICH Hospital, kottayam. This programme was conducted by National service scheme Bhoomithrasena wing coordinators Aryalekshmi and Muhammed Musthafa k. 20 first year nss volunteers and 5 second year nss volunteers participated in this programme



Kottayam Baselius college National Service Scheme volunteers performed a mime on Gandhi Jayanthi for Baselian Alumnis. To commemorate the 153rd birthday of Mahatma Gandhiji, Baselius National Service Scheme volunteers performed a mime based on Gandhian values at Baselius College, kottayam. 10 first year nss volunteers and 6 second year nss volunteers participated in this programme.


NATIONAL SERVICE SCHEME
 BASELIUS COLLEGE, KOTTAYAM, UNIT NO.5



A symbol of truthfulness,
love and harmony.

02 OCTOBER
 GANDHI JAYANTI
 2022

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  NSS Baselius



NATIONAL SERVICE SCHEME
 BASELIUS COLLEGE, KOTTAYAM, UNIT NO.5




TO COMMEMORATE THE 150TH BIRTHDAY OF MAHATMA GANDHI, BASELIUS NSS VOLUNTEERS PERFORMED A SERVICE BASED ON GANDHIAN VALUES AT BASELIUS COLLEGE, KOTTAYAM.



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NATIONAL SERVICE SCHEME
 BASELIUS COLLEGE, KOTTAYAM, UNIT NO.5
 OCTOBER 03 - GANDHI JAYANTI



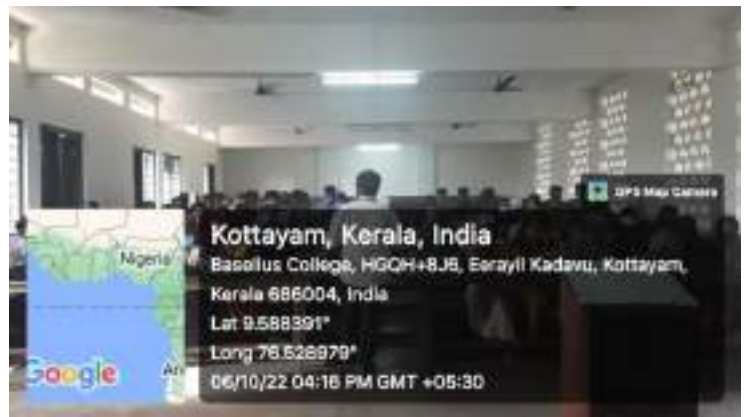
NSS VOLUNTEERS OF BASELIUS COLLEGE, KOTTAYAM ALONG WITH Y'S MEN INTERNATIONAL, KOTTAYAM MAINTAINED CLEANED PREMISES OF ICH HOSPITAL, KOTTAYAM.



October 6

ലഹരിവിമുക്ത കേരളം-കോളേജ്തല ഉദ്ഘാടനം

Kottayam Baselius College National service scheme unit no 5 Conducted “Lehari Vimuktha Keralam” Inaugural function. The welcome speech was delivered by NSS Program Officer Dr. Viju Kurian. The program was Inaugurated by Prof.Dr.Biju Thomas(Principal, Baselius College). The theme of the program was “Don’t Do Drugs Don’t Be A Slave To Chemical” The program was conducted by vimukthi- Anti Narcotics cell coordinator Ambili P M and Aswin Shaji in Dr.AP Mani Media Centre

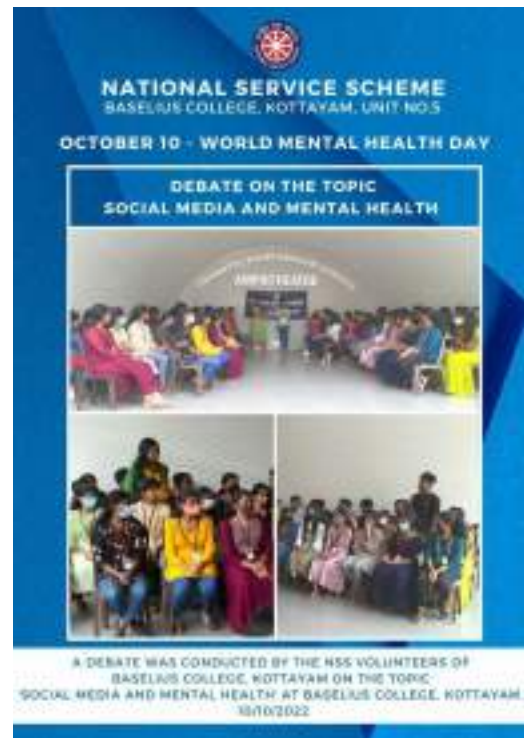
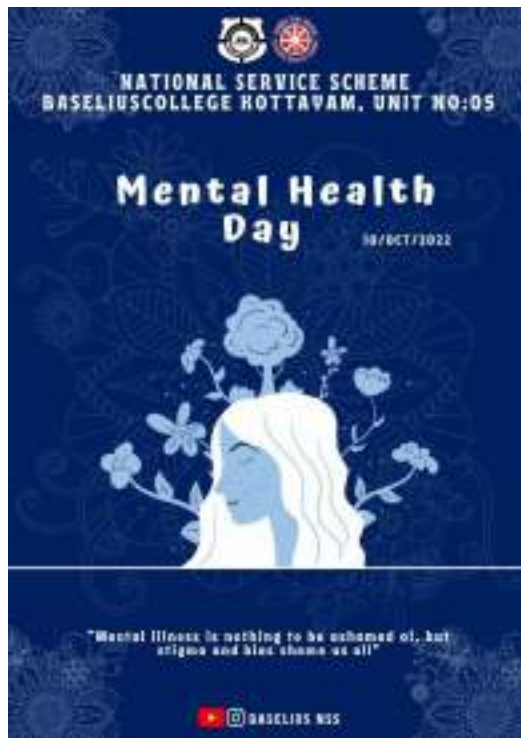


October 8
ആദ്യ ചുവട്

Baselius college National service scheme conducted a program “ADHYA CHUVADU” first year NSS orientation on 08 October 2022 . DR. E. Sivadasan was the chief guest of the program. Program started at 9:30 AM in A P MANI MEDIA CENTRE at Baselius college kottayam.All junior Nss volunteers participated in the program .After the academic session in the afternoon various activities and workshops were done by the volunteers.



October 10
World mental health Day



Mental health is one of the elements that shape us and our personalities. It is the component of our entire being that determines our actions and how we perceive our surroundings. Even though mental health is a significant part of our life, it is still considered taboo to openly talk about. Therefore, it is important that we as budding youth must raise awareness about this so-called taboo. As part of the "world Mental Health Day" Kottayam Baselius College National service scheme unit no 5 conducted a debate on the topic "Social Media And Mental Health". Debate was conducted by National service scheme Bepositive wing coordinator Keerthana Pradeep and Devinandana G in Amphitheatre.

October 11

ലഹരിമുക്ത കേരളം - Quiz competition



Alcohol/drug/substance abuse is becoming an increasing menace in our society. Vimukthi is an anti-narcotics campaign launched by the Government of Kerala to highlight the seriousness of the situation and to create awareness among the people, especially the youth. It is a collective effort aims at eradicating all sorts of narcotic substances from Kerala. As part of the “laharimukthakerala” awareness mission Kottayam Baselius college National Service Scheme, unit no. 05 conducted quiz on October 11 with the participation of whole college students. Quiz was conducted by National Service Scheme Vimukthi - Anti Narcotics Cell coordinators Ambili P M and Aswin Shaji in room no. 212. In the quiz competition, first year BBA student Nimisha Elsa Shaju won first prize, Second Year BA English student Keerthana Pradeep won second prize and Second Year BA Economics student Haripriya Prabhul won

third prize.

October 11
International day of the girl child



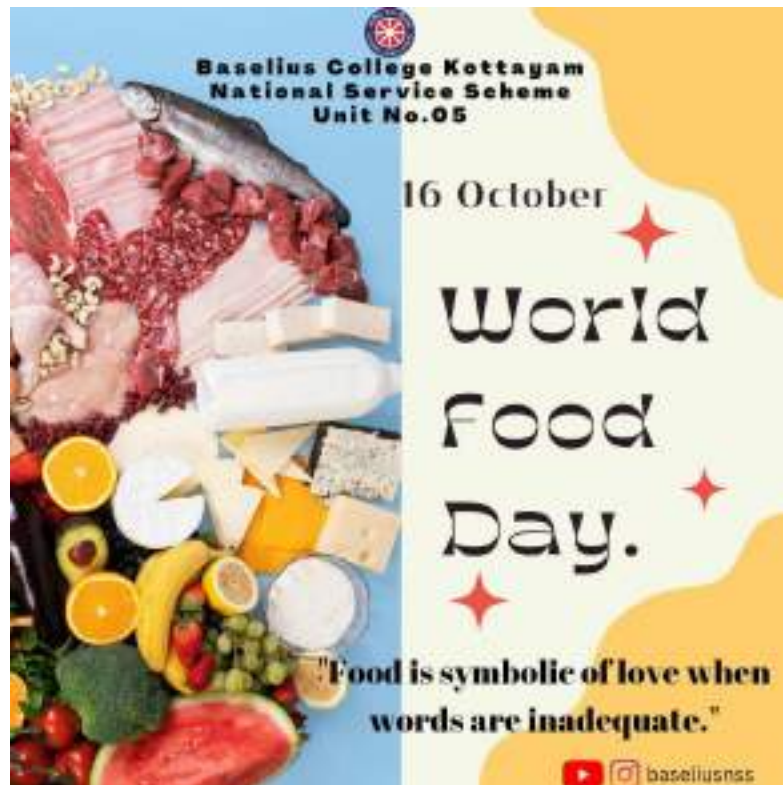
Baselius College National service scheme celebrated International Day Of Girl Child by sharing brochures on social media. The International Day Of Girl Child is observed every year on October 11 to recognize girls' rights and the unique challenges girls face around the world. The theme of International Day Of Girl Child 2022 is " All Girls Deserve Better – The World Deserves Better ". According to the theme it is a wake-up call to refocus attention on girls and their solutions.

October 14
Yodhav – Drugs Awareness Class



Drug addiction is not a disease as it may seem to many people. It is a psychological disorder that leads a person to use drugs excessively. "Yodhavu" the goal was to create awareness about the destructive aspects of addiction in educational institution. Baselius nss unit no. 5 conducted awareness session "yodhavu" on drug addiction in association with east janamaithri police station kottayam. It is inaugurated by DYSP C. John. East Circle inspector Sreejith conveyed message on the programme. It is organized by programme officer Dr. Viju kurian and led by volunteer secretaries Vinayak sajeev and Aishwarya P. S. The programme was very effective

October 16
World Food Day



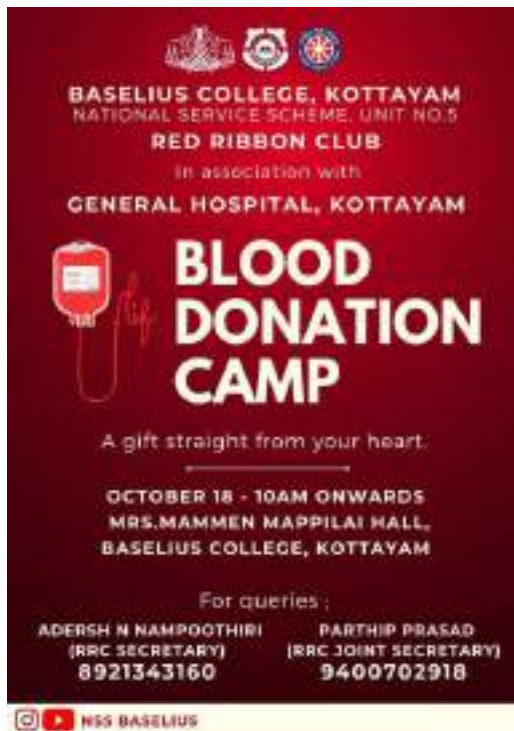
Baselius college National service scheme celebrated World Food Day by sharing brochures on social media. The World Food Day is observed every year on October 16 to highlight the millions of people worldwide who cannot afford a healthy diet and the need for regular access to nutritious food. The theme of World Food Day 2022 is "Leave No One Behind".

October 17
We Care



Kottayam Baselius college National Service Scheme conducted a charity program implemented by samoohyasuraksha mission under kerala chief justice department. In the name of 'We Care'. Theme of these program is "A Small Act Can Make A Big Impact Donate For The Needy".

October 18
Blood Donation Camp



BASELIUS COLLEGE, KOTTAYAM
NATIONAL SERVICE SCHEME, UNIT NO.5
RED RIBBON CLUB
In association with
GENERAL HOSPITAL, KOTTAYAM


BLOOD DONATION CAMP

A gift straight from your heart.

OCTOBER 18 - 10AM ONWARDS
MRS.MAMMEN MAPPILAI HALL,
BASELIUS COLLEGE, KOTTAYAM

For queries :
ADERSH N NAMPOOTHIRI (RRC SECRETARY) 8921343160
PARTHIP PRASAD (RRC JOINT SECRETARY) 9400702918

Instagram and YouTube icons followed by **NSS BASELIUS**



BASELIUS COLLEGE, KOTTAYAM
NATIONAL SERVICE SCHEME, UNIT NO.5

BLOOD DONATION CAMP

OCTOBER 18, TUESDAY, 2022
10 AM ONWARDS
MRS. MAMMEN MAPPILAI HALL,
BASELIUS COLLEGE, KOTTAYAM

FOR QUERIES -
ADERSH N NAMPOOTHIRI (RRC SECRETARY) 8921343160
PARTHIP PRASAD (RRC JOINT SECRETARY) 9400702918



Blood is essential to help patients survive surgeries, cancer treatment, chronic illnesses, and traumatic injuries. This lifesaving care starts with one person making a generous donation. The need for blood is constant. But only about 3% of age-eligible people donate blood yearly. Baselius college National Service Scheme Unit No 5 conducted a blood donation camp at Mrs Mammen Mappilai Hall, Baselius College, Kottayam. Not only students but people from outside also donated blood in this camp. Frooti and biscuits were given to the blood donars. Representatives from Government Hospital Kottayam came and collected the blood. Duties were divided and given to the junior volunteers. This camp was lead by RRC secretary Adersh N Nampoothiri and Joint Secretaries Parthip Prasad & Anakha Ajith.

BASELIUS COLLEGE, KOTTAYAM

NATIONAL SERVICE SCHEME UNIT No.05

Date	Program	No. Of Participants
01/11/2022	Kerala Day	
01/11/2022	ലഹരിയില്ലാത്തരുവ് Mime Competition	
05/11/2022	Mahatma Gandhi University Level Pre RD Selection Camp	
11/11/2022	Breast Cancer Awareness Session	
11/11/2022	പുസ്തകപ്പുഴു	
14/11/2022	Angnawadi Visit	

Kerala Piravi



Kerala Piravi is celebrated on November 1 every year.

This day is observed to mark the date on which Malayalam-speaking regions were unified into one state. On November 1, 1956 – nearly a decade after India gained independence.

National Service Scheme, Unit no.5 created and shared a brochure as a part of wishing Kerala Piravi to all Malayalam speaking people.

ലഹരിയില്ലാതെരുവ് - Mime Competition



The Kerala government is carrying out anti-drug activities with the aim of saving the new generation from the scourge of alcoholism in the society.

Baselius College National Service Scheme participated in the mime competition organized as part of Kerala Government's anti-drug awareness activities and got third position.

Mahatma Gandhi University Level Pre RD Selection Camp



Mahatma Gandhi University level Pre RD camp selection camp for NSS volunteers was held on November 5 2022 at Baselius College, Kottayam.

Nss volunteers and representatives from around 70 nss units under MG university participated in the selection camp. Dr. E. N Sivadasan, MGU NSS coordinator, led the camp very successfully. Program officers from many colleges was also there.

A total of six NSS volunteers were selected to attend the South zone Pre RD Camp 2022 as MGU representatives. Terese Maria Broosily, Volunteer Secretary, of our Baselius College, Kottayam was selected to attend the South zone Pre RD Camp 2022 held at Swami Saswathikananda college Poothotta, Ernakulam.

Breast Cancer Awareness Session



Baselius College National Service Scheme conducted a “BREAST CANCER AWARENESS SESSION” under RED RIBBON CLUB in association with medical College Kottayam on 11/11/2022. Ms Haleema Shihab, renowned speaker on health and medicine was the chief guest.

പുസ്തകപ്പുഴു

BASELIUS COLLEGE, KOTTAYAM
NATIONAL SERVICE SCHEME, UNIT NO.5

പുസ്തകപ്പുഴു
CHILDREN'S LIBRARY INITIATIVE

BOOK COLLECTION DRIVE

BOOK COLLECTION FOR CREATING A CHILDREN'S LIBRARY
AT VALIYOZHAM, MANARKADU ON CHILDREN'S DAY,
NOVEMBER 14, 2022

Donate your old comics, story books...etc

NSS OFFICE,
BASELIUS COLLEGE,
KOTTAYAM

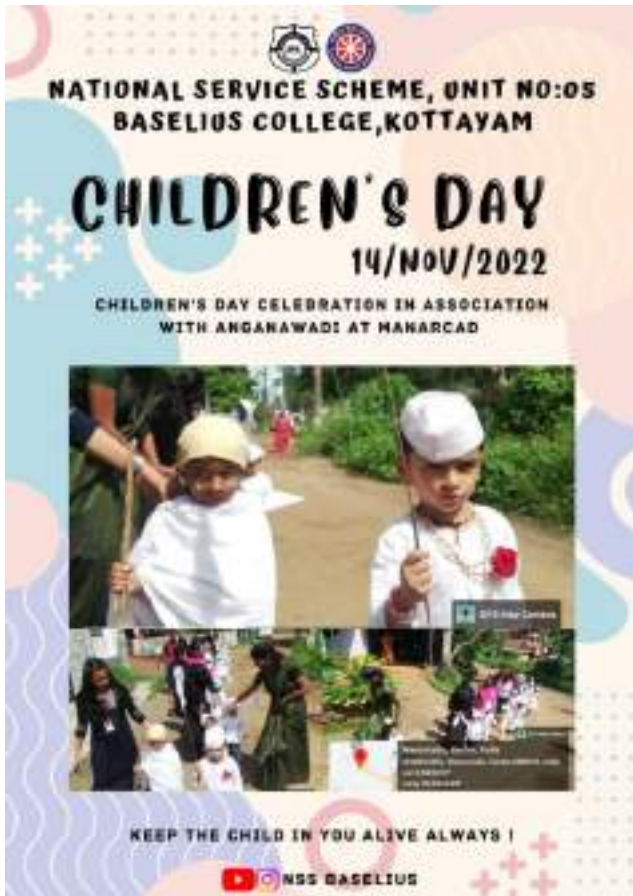
NOVEMBER 11
FRIDAY

NSS BASELIUS



Baselius College National Service Scheme conducted a program in which books were collected for creating a children's library at Valiyoozham, Manarkadu on children's day on 14th November 2022. In this program all volunteers donated their old comics, story books....etc.

Anganawadi Visit



NSS volunteers of Baselius College Kottayam celebrated Children's Day at Anganawadi in Manarcadu. A rally was conducted. The volunteers gave the books they collected as part of book collection initiative – 'പുസ്തകപ്പുഴ', read the books to the children and distributed sweets.

BASELIUS COLLEGE, KOTTAYAM

NATIONAL SERVICE SCHEME UNIT No. 05

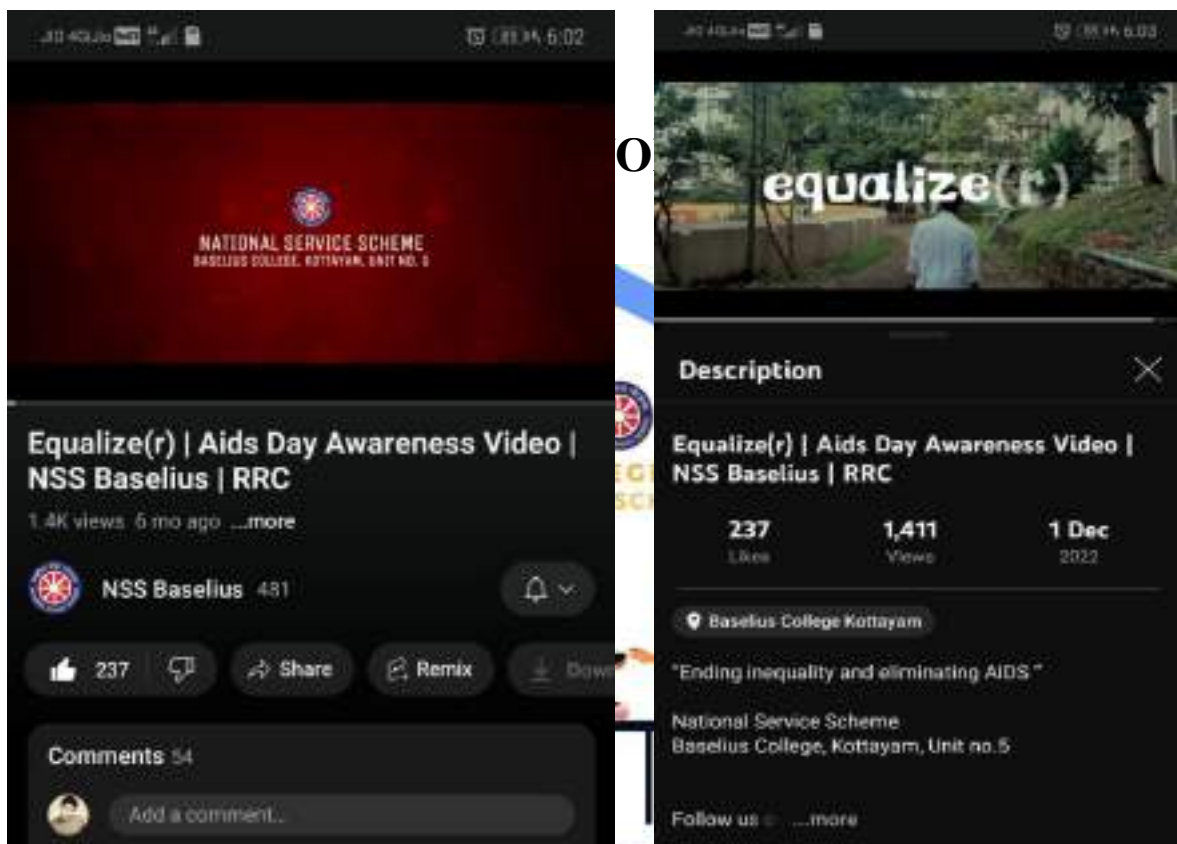
Date	Program	No. Of Participants
01/12/2022	World Aids Day – Flashmob,Awareness Short Video	25
05/12/2022	International Volunteer Day	31
07/12/2022	ELC – Voter’s ID Registration Camp	
10/12/2022	Human Rights day	24
17/12/2022	International Migrants Day	29
18/12/2022	ELC HELP DESK IN SARAS MELA	17
20/12/2022	Jingle Mingle	32
23/12/2022	ലക്ഷ്യസപ്തദിനസഹവാ സക്യാമ്പ്	100

WORLD AIDS DAY – FLASHMOB, AWARENESS VIDEO



Kottayam Baselius college National Service Scheme volunteers performed a flashmob on Aids day for the migrant labourers in Kerala. Flashmob performed at a work site near Kottayam General hospital. 16 first year NSS volunteers and second year NSS volunteers participated in this program.

Nss volunteers also created a short awareness video on the importance of the day and published it on NSS BASELIUS Youtube channel. The Red Ribbon Club of National Service Scheme, Baselius College, Kottayam produced the video. NSS students acted and worked behind the making of this short video. Volunteer Secretary Vishnu Raj R directed the awareness video.



Kottayam Baselius College National Service Scheme celebrated International Volunteer Day in college on 5 December 2022. Dr.Biju Thomas has send wishes for the day. Program officers Dr.Viju Kurian and prof. Ashley Thomas and volunteer secretary Terese Maria Broosily and Vishnu Raj R conducted the program.

ELECTORAL LITERACY CLUB – VOTER’S ID REGISTRATION CAMP

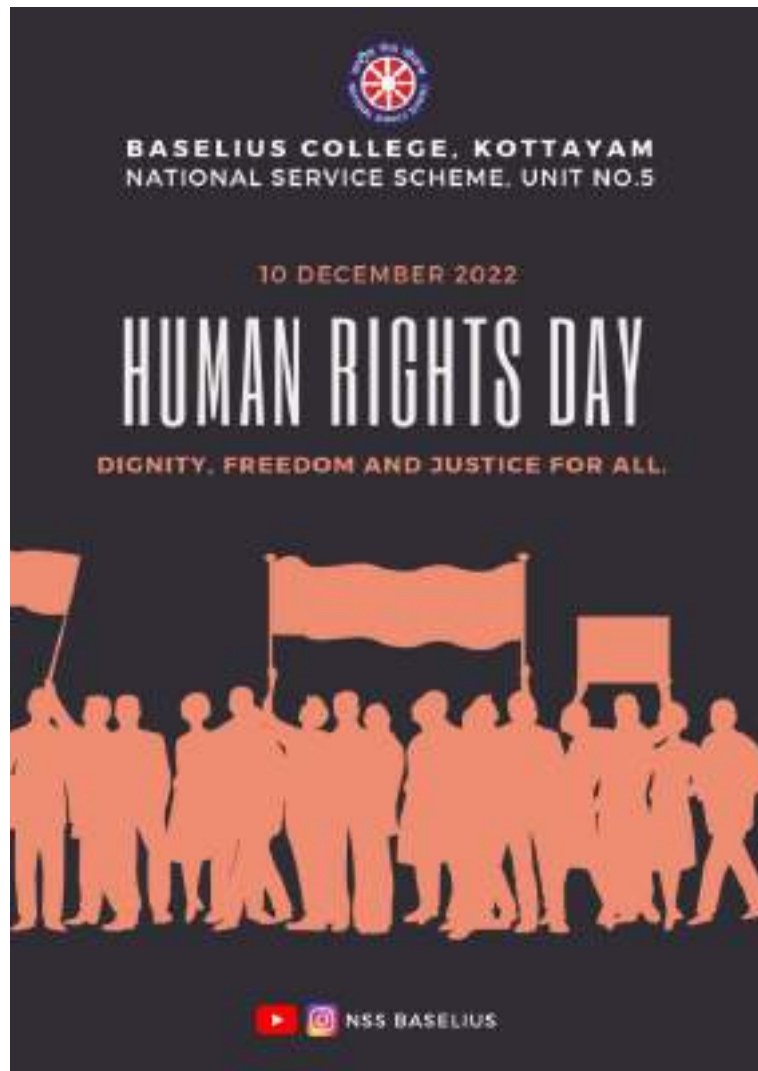


Electoral Literacy Club organized Voter's ID Registration Camp the auspices of Baselius College National Service Scheme, Kottayam. Camp was set in front of Baselius College from November 6 to November 16, 2022. Kottayam Deputy Collector Geo T Manoj visited the camp. ELC Coordinators Anjaly Shibu and Abhijith V S organised the program. Volunteer Secretaries Aiswarya P S and Vinayak Sajeev led the program.

HUMAN RIGHTS DAY

Kottayam Baselius college National Service Scheme celebrate human right day in college on 10 December 2022.

Principal Dr Biju Thomas sent wishes for the day. Program Officers Dr Viju Kurian and Professor Ashly Thomas, Volunteer secretaries Vishnu Raj R and Aiswarya P S conducted the program.



INTERNATIONAL MIGRANTS DAY



Kottayam Baselius college National service scheme volunteers performed a flashmob on International Migrants Day for migrant labourers in Kerala . Flashmob performed at a work site at Mariyappally. 11 first year NSS volunteers and 6 second year NSS volunteers participated in this program

ELC HELP DESK IN SARAS MELA



Baselius NSS volunteers Vishnu Raj R (Volunteer Secretary), Syam Sankar R and Serah Mariam Saji took part in the help desk as part of SVEEP of the Election Commission of India in the fair - 'Saras Mela' conducted at Nagampadam Ground where the volunteers helped with linking both voter ID and aadhar.

JINGLE MINGLE



Kottayam Baselious College National Service Scheme celebrated Christmas with the inmates of "Ammaveedu" and presented cultural programs with them. Christmas cakes and Handmade Christmas cards were distributed among them and shared the happiness. They were so happy that we went there.

ലക്ഷ്യ - സപ്തദിനസഹവാസക്യാമ്പ്



On the first day of the seven day Sahavasa Camp on Friday 23-12-2022, NSS volunteers reached at 4.15 at Buchanan Girls High School Pallom, where the camp is taking place , after a meeting at Baseliious College at 2.45 pm on the proposals for the camp. The inauguration ceremony of the Lakshya camp with the concept “LahariMukthaNalekayiYuvaKeralam” started at 6.00 pm. Program Officer Dr.Viju Kurian delivered the welcome address. Baselios College Principal and MG University Syndicate Member Prof.Dr.Biju Thomas delivered the chairperson speech. Pallom Block Panchayat President and former syndicate member of MG University Prof.Tomichan Joseph performed the inauguration. Former Baselius NSS volunteer Adoni T. John was the special guest who spoke about the NSS activities and the experiences provided by the NSS. Buchanan Girls High School manager Rev. Father Abraham Prakash congratulated. Aishwarya PS, the volunteer secretary, gave a vote of thanks and the inaugural session ended. Sanju Cherian, the teacher at Saintgits College, conducted the icebreaking session. The session was held to understand the personality skills by playing the games. After that, a meeting was held about the activities in the camp and the suggestions related to the camp. After dividing the NSS volunteers into five groups and assigning them different areas of work, the meeting ended after explaining the tasks and the first day’s activities concluded with a sarvamathaparthana .

Baselius college national service scheme unit number 5 “Lakshya” 2nd day of seven day cohabitation camp started on 24-12-2022 with assembly. Be positive wing coordinator KeerthanaPrathip taught yoga at 7 o’clock. After that, had breakfast at 8 am and came down

for campus cleaning and garden making at 9 am. Since it was the day before Christmas, we started learning Christmas songs at 1:30. Then at 2 o'clock civil excise officer Benny Sebastian sir's session called "PoruthamCherukamOnnai" was held. After that a session based on the topic "Role of youth in Indian democracy" by Dr. Vipin K varghese was conducted. Around 5:30 am, went down to the nearby houses for carol. The cultural program started at 8:30 am. The day ended with camp analysis and all-religious prayer at 9:30 am.

3rd Day of Lakshya 7 day camp was on 25th dec which started with an assembly conducted by Group 1. Program Officers Dr vijukurian sir and prof manjusha v panicker mam has given Message on christmas . After that aerobic section has conducted by volunteer secretary Terese Maria broosily and Anti narcotics coordinator Ambily PM.

20 volunteers has went to clean Water source that we are using for our need and other volunteers went to clean the school campus . Alumini panel Members of NSS has met the current Nss volunteers after the game at afternoon section

They have done variety of activities. At evening HOD of Malayalam Department Dr Thomas Kuruvilla has conducted a session 'Vazhivillaku series' where he shared his memories and experience on NSS . Group 3 has Conducted cultural program and each group has delivered their work experience and about the camp and has ended the day with a prayer.

4th day of the Lakshyasapthadhinahavasa camp was started on 6:00AM

By an assembly. Program officer DR vijukuriyan host the "NSS" flag and gave message to the day. Then the 1st session was the ZOOMBA SESSION.

Session was started on 7:00 AM, the session was conducted by the super Senior volunteers "Arathyshaji and Nevinkuruvila " they studied about Zoomba and the advantage, how it help to our body and our lifestyle. Then they learn three Zoomba. The session was so amazing. All the volunteers was energetic in that session and the session was usefull to all. Then the second session was PERIDATHA SESSION

The session was started on 9:00AM and the session was conducted by "JithinJhon" Assistant professor of baselius college. The session was about "street play". Sir divide the volunteers into five groups and gave topic to each group. All the group members performed on stage without any practice. The session was so entertaining and we are all enjoy the session. Then the other session was

FOOD SAFTY SESSION. This

Session was started on 1:00PM. The session was conducted by

"Akshyavijan" Assistant commissioner of foodsafty. This session was so efficient.

In the session Mam learned how maintain our body through good food.

Which are the good foods. What are the thing you care in our daily routine. All the volunteers completely attain the session. The session was very usefull. Then other session was GENDER EQUALITY AWARENESS this

Session was stated on 2:30 PM. The session was conducted by "Agatha kurian " the social worker. This session was so informative. Difference between sex and gender. What is LGBTQIA+, importance of equality to every person. The main theme of the session is "equality turn to equity" the session is very usefull. Other session was ANTI DRUG

This session was started on 5:30PM.

Session was conducted by "Francis muthedathan". Actually the theme of the camp is "laharivimukthanakekkayiyuvakeralam" so this session was highly efficient. In the session sir learned how alcohol affect our life. Disadvantage of alcohol. How to overcome alcoholic addition. In this situation what is our role and how to help to overcome the alcoholic addicted person. then

CULTURAL PROGRAMS started

Volunteer "VishnuRaj R" conducted cultural programs. Divide the volunteers into 4 groups and gave a topic to skit. Each group perform very well.

At 10:00 PM camp evaluation. Camb will be Wintup the whole religious prayer.

Day -5 (27/12/22)

Fifth day of lakshya seven day camp started with an assembly conducted by group no 5. Program officer Dr manjusha .V. Panikar mam hoisted the flag and conveyed a msg for that day. There was a judo session conducted by Athulya CS, 2nd year political science student in Baselius college. After that there was a relaxing session called 'mindfullness' taken by a certified yoga trainer Mini Petter. In that class mam talked about the advantages of yoga in our daily life and she practiced the meditation also. Dr sarath p nath sir who was the former NSS program officer and also Sanskrit teacher in baselius college visited the camp and conveyed his greetings . Then an extempore competition was conducted by the senior volunteer for the juniors. Every junior volunteer successfully participated in that competition. By afternoon a session named 'Energy conservation from home' led by Alappuzha Cochin University Engineering college Assistant professor SankaranNampoothiri.K sir. In that class sir discussed about the proper usage of the electrical appliances and also about the proper energy conservation for the upcoming generation. Baselius college Syriac department teacher Father Jibi.K .Paul visited the camp with his family and conveyed all their greetings to us. Then by evening cultural programme started by a singing competition. Baselius college commerce department HOD Manoj .K .Narayan sir came as the judge and announced the winner. Afer that a dance competition named 'Dheemtharikidathom' was started. Two programme officers and 18 senior volunteers seated as the judges and conducted the competition in 3 phases to announce the winner. After the review of the camp, the day ended with universal prayer.

Baselius college National Service Scheme unit number 5 “Lakshya” 6th day of seven day cohabitation camp started on 28-12-2022 with assembly. After that, a parade was held under the leadership of volunteer Secretary Therese Maria Broosly at 7 O’Clock .It was a new experience and for the first time participating in a parade session.After that at 8 O’Clock had breakfast and at 9 O’Clock went down for a survey related to intoxication. This survey gives an idea about peoples hope in youth.After that at 2 pm Dr AnjanaChandran (Medical officer Seethalayam unit GHH Kurichi)

And Sneha Benny

(Consultant Seethalayam unit GHH Kurichi) conducted a health awareness class.Covered main points on how a person can maintain a healthy life.This session gives a motivation to maintain healthy life.

At 5 pm a sports training was conducted under the leadership of former NSS volunteers Jithu k jiji and Anandhakrishnan. It was a mind relaxing session.After a short rest, cultural programme’s started at 6

O ‘clock. At 9:30 the day ended with camp analysis and interfaith prayer.

Camp report – 7th day

29/12/2022 – last day of the seven day camp. After the breakfast, sramadhan was done as a part of our camp.As a part of sramadhan, the campus and classrooms were cleaned and wastes was removed. After that, the valedictory function was started at 10 am. In these function programme officers Dr.Vijukurian and Dr.Manjusha V Panichar and Meenumariamchandi (HM of Buchanan girls high school)were on the dais. On that function Best male volunteer, Best female volunteer, Best male emerging volunteer, Best female emerging volunteer awards were given to the junior volunteers and those awards were given by those senior volunteers who was these respected position handled. The meeting was concluded at 12 pm.





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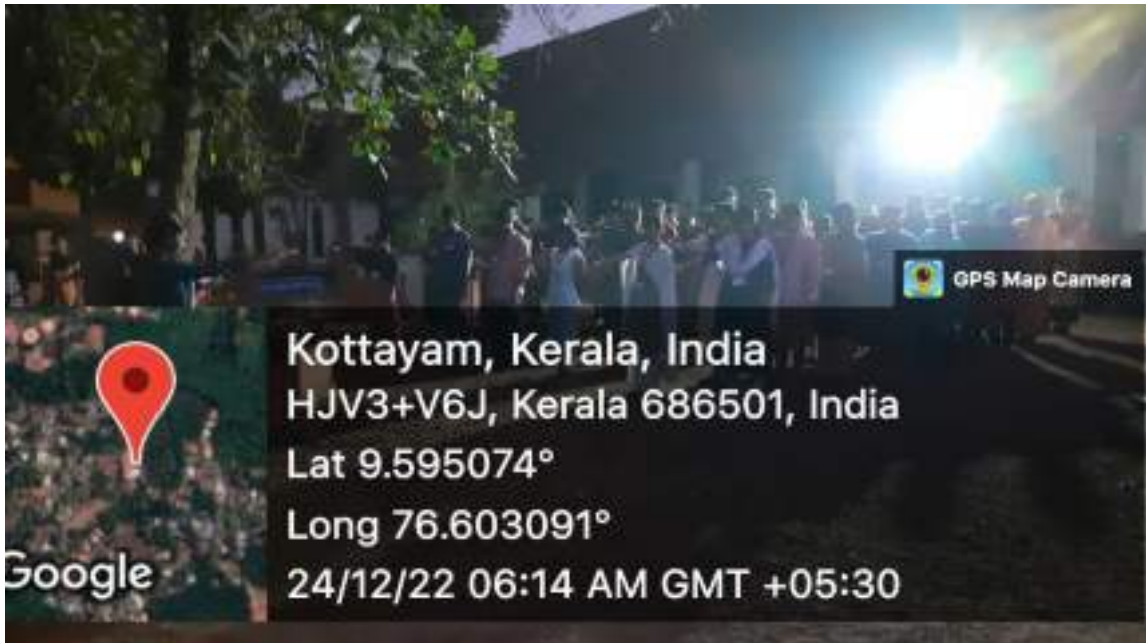


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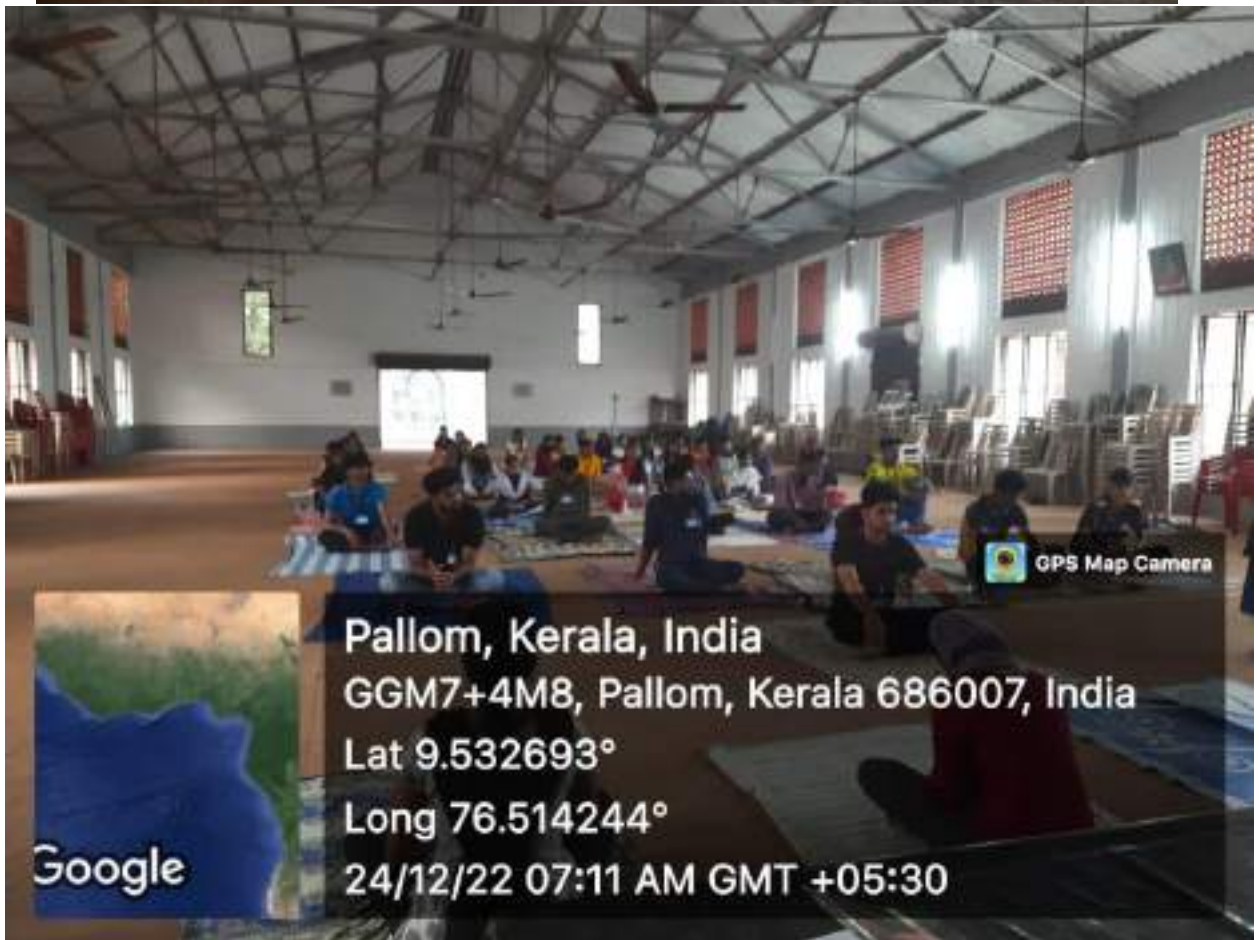


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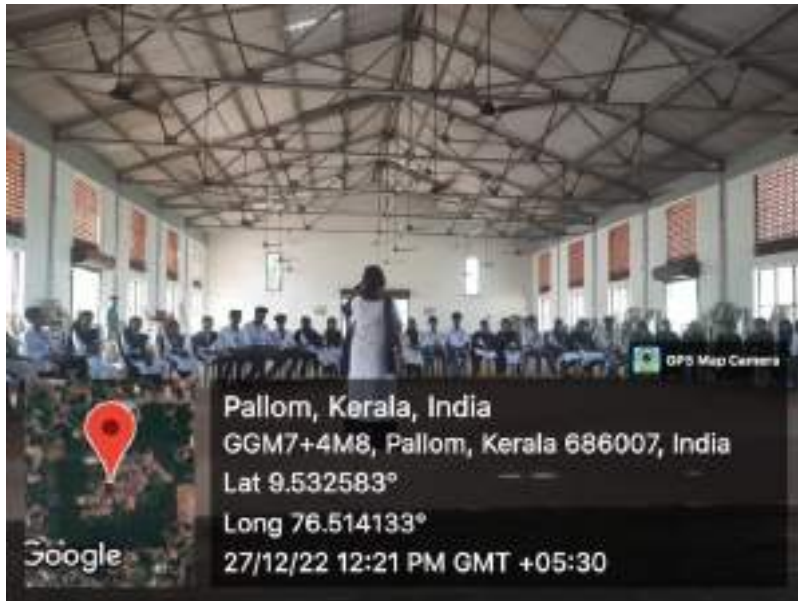
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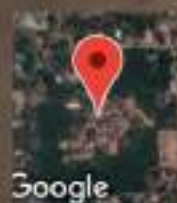
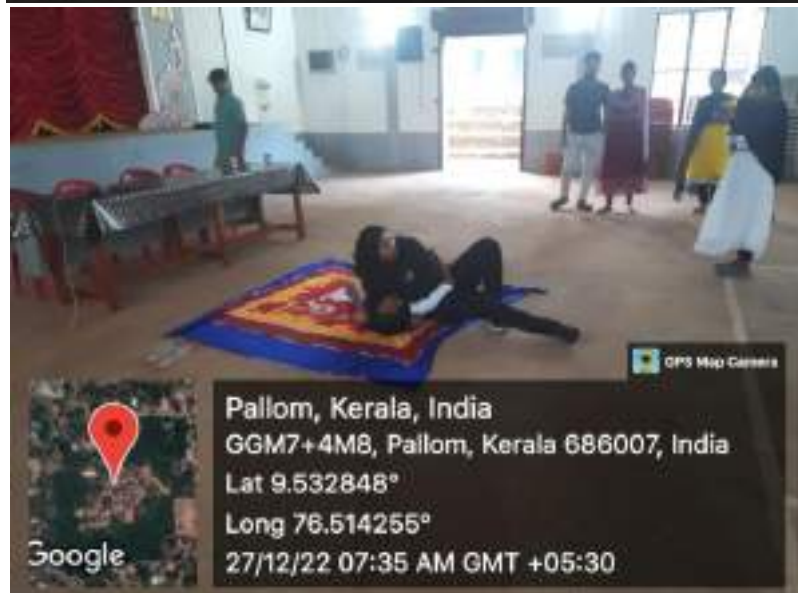
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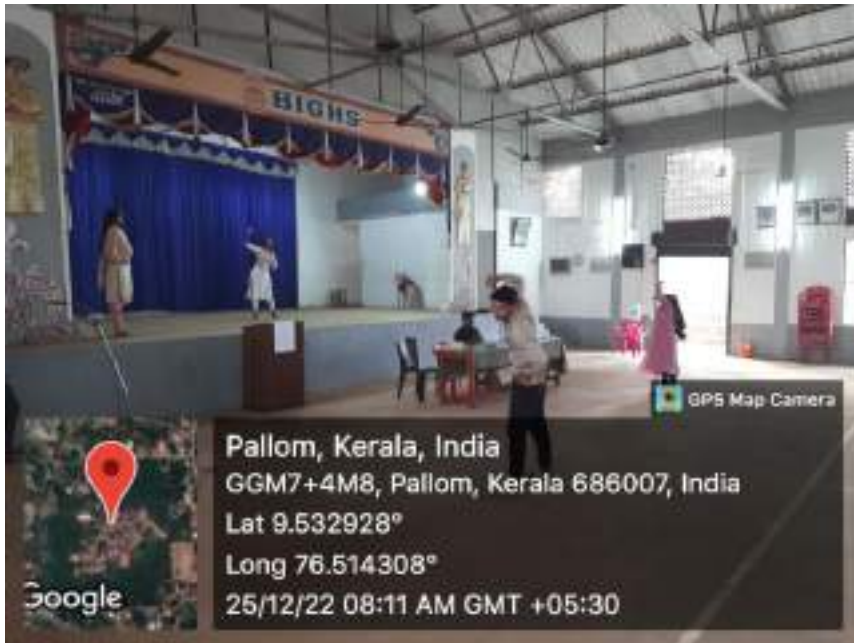
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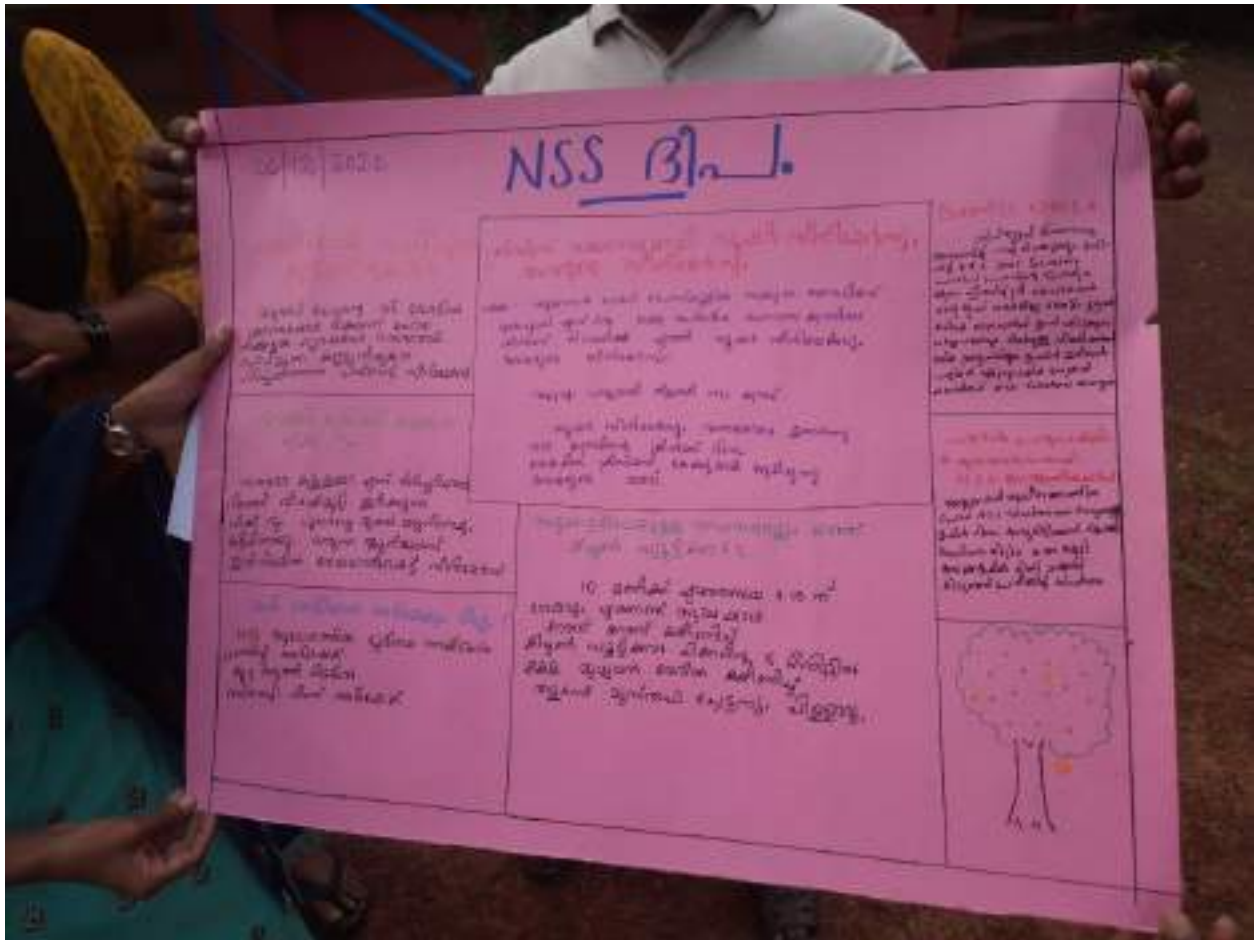


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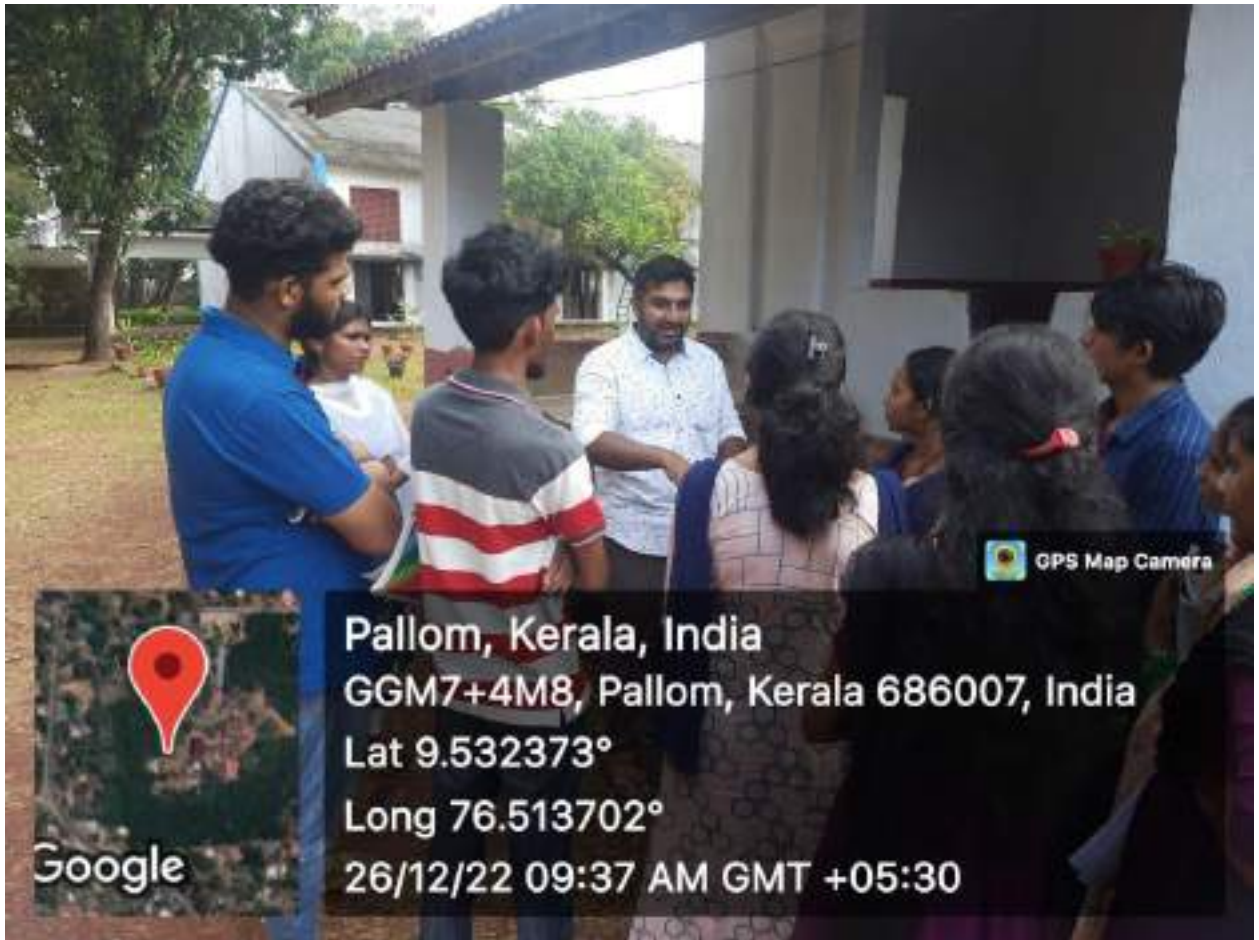








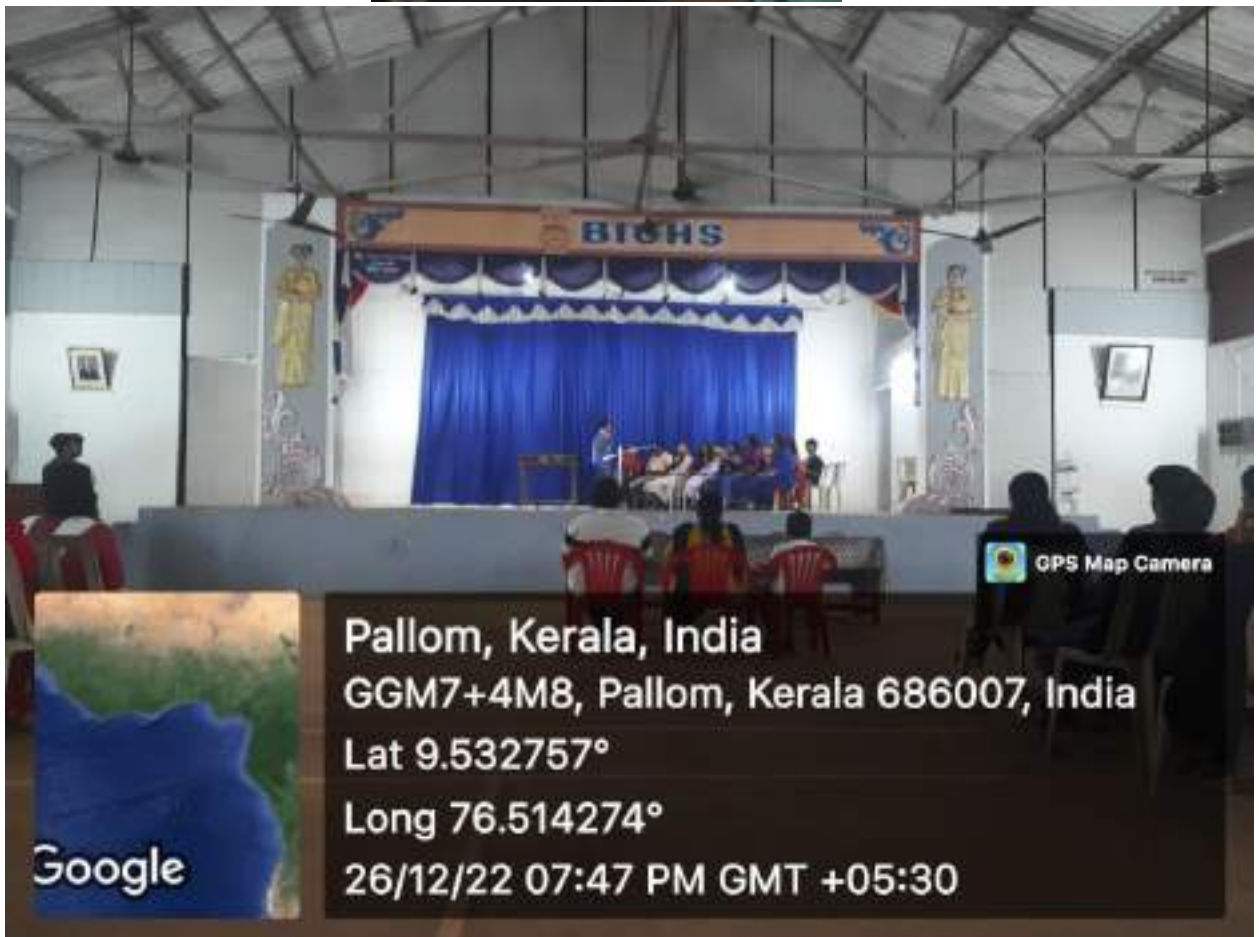




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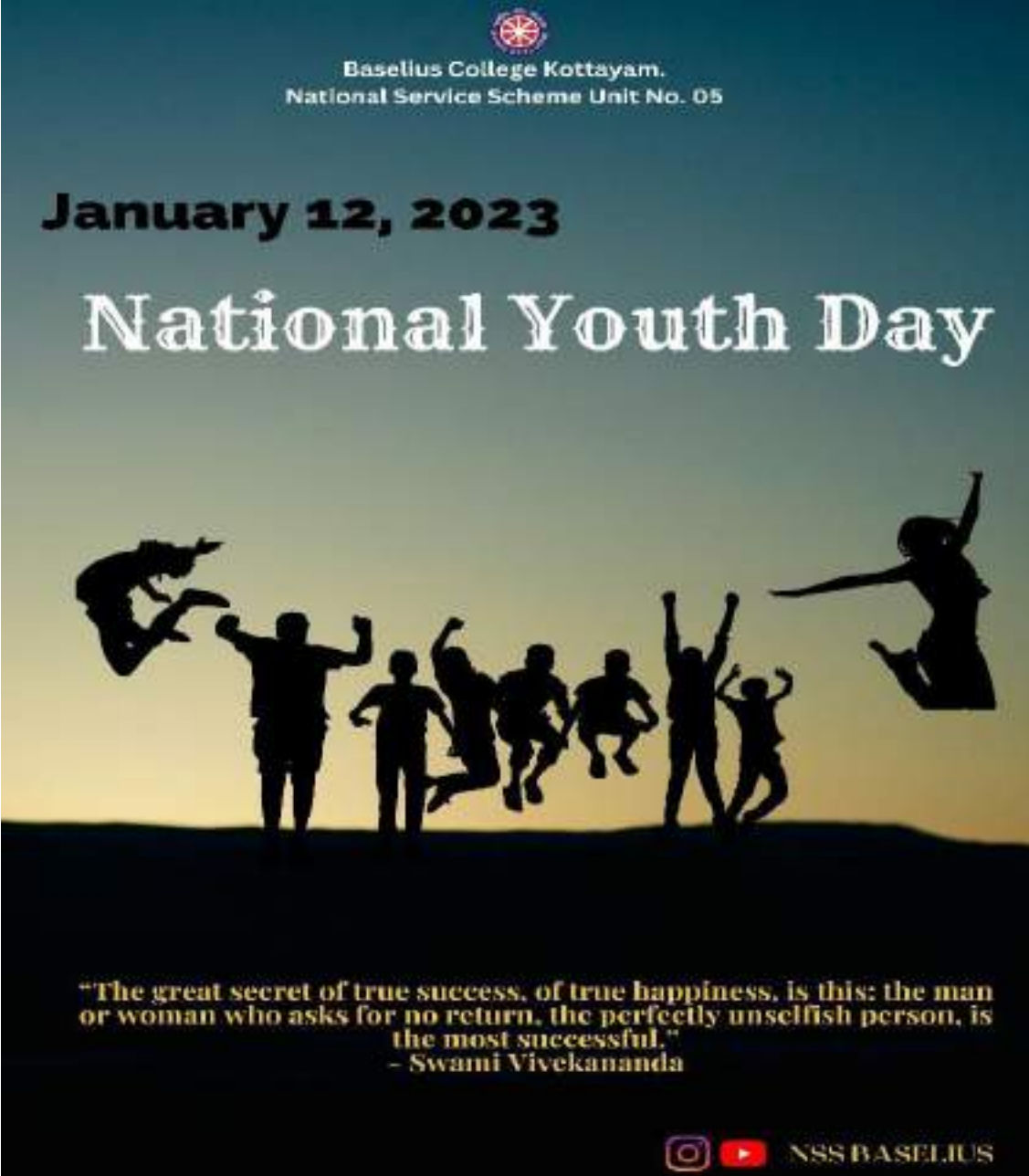


NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM UNIT NO.05

DATE	PROGRAMME	NO. OF PARTICIPANTS
12/01/2023	NATIONAL YOUTH DAY	28
13/01/2023	SANGATHI CHOODANU- FOOD FEST 2023	
17/01/2023	ROAD SAFETY AWARENESS	72
24/01/2023	NATIONAL GIRL CHILD DAY CELEBRATIONS	63
25/01/2023	NATIONAL VOTER'S DAY	35
26/01/2023	74TH REPUBLIC DAY CELEBRATIONS	38
28/01/2023	VITHUM KAIKKOTTUM	26
30/01/2023	MARTYR'S DAY	18

NATIONAL YOUTH DAY

Baselius College National Service Scheme had celebrated National Youth day on January 12 2023. National Youth Day, also known as Vivekananda Jayanti, is celebrated on 12 January, being the birthday of Swami Vivekananda. The National Youth Day is observed all over India at schools and colleges, with processions, speeches, music, youth conventions, seminars, Yogasanas, presentations, competitions in essay-writing, recitations and sports on 12 January every year.





Baselius College Kottayam.
National Service Scheme Unit No. 05

January 12, 2023

National Youth Day

**“The great secret of true success, of true happiness, is this: the man or woman who asks for no return, the perfectly unselfish person, is the most successful.”
- Swami Vivekananda**

  NSS BASELIUS

SANGATHI CHOODANU- FOOD FEST 2023

(സംഗതി ചൂടാണ്)

Food gathers communities together through celebrations like food festival and harvesting. The primary goal of the food festival is to reintroduce value and culture of food to the youngsters.

With the great efforts of Kottayam Baselius College, National Service Scheme,unit no:05 conducted a food festival on January 13th,2023. The food festival was conducted by “Pothichor wing” of National Service Scheme, Baselius College,Kottayam. The parking area of Baselius College,Kottayam was the venue for food fest. There were six stalls in the food fest and each one for each cultures like North Indian Dhaaba to enjoy North Indian taste experience,an icecream stall with various flavours of icecream, a juice stall with different kinds of fruits, a tea stall with different varieties of tea flavours and snacks and a game stall for entertainment.The people who were in charge of each stall was wearing costume related to the stall. The senior and junior volunteers put an amazing effort for the success of food fest.Tge food fest was started at 10:00 am and ended at 4:30pm. The profit that was got from the food fest was contributed to the “Snehavedu padhathi”





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BASELIUS COLLEGE, KOTTAYAM
 NATIONAL SERVICE SCHEME, UNIT NO.5

KOTHICHOR PRESENTS

സംഗതി പൂടാണ്

FOOD FEST 2K23

JANUARY 13

NO പത്തണം ONLY ഒന്നും ഒരാം


 PARKING AREA BASELIUS COLLEGE



 NSS BASELIUS



സംഗതി പൂടാണ്


 NATIONAL SERVICE SCHEME
 BASELIUS COLLEGE KOTTAYAM

FOOD FEST

FRIDAY 10 AM ONWARDS

NO PANJAM ONLY NJAM NJAM...


 PARKING AREA
 BASELIUS COLLEGE

സന്ദേശഹവീട് പദ്ധതിക്ക് ഒരു കൈത്താണ്

സന്ദേശഹവീടിനായി ഭക്ഷ്യമേള ഒരുക്കി ബസേലിയസ് എൻഫൻഫൻ യൂണിറ്റ്

കോട്ടയം: കോളേജ് ആർട്സ് ഡെപാർട്ട്മെന്റിലെ സന്നദ്ധതയോടെ നടന്നുവന്നിരുന്ന സെമിനാർ കോളേജ് താഴെത്തല സെമിനാർ റൂമിൽ സംഘടിപ്പിച്ചാണ് വർഷം തുടങ്ങിയ ആദ്യമായിട്ടുള്ള ഭക്ഷ്യ മേള നടത്തി. ബസേലിയസ് എൻഫൻഫൻ യൂണിറ്റിന്റെ പ്രാർത്ഥനയോടെ മേളയിൽ പങ്കെടുത്ത സന്ദേശഹവീട് നിർമ്മിക്കുന്നതിൽ പണം സമ്പാദിച്ചിരിക്കുകയാണ് ഹെൽപ്പ് സംഘടിച്ചിട്ടുള്ളത്.

പ്രിൻസിപ്പൽ മധ്വ. ബിജു മോമൻ, മെമ്പർ പ്രിൻസിപ്പൽ ഫ്രാ. പി. ജോർജ്ജ്, എൻഫൻഫൻ സംസ്ഥാനം ഫ്രണ്ട് എൻഫൻഫൻ പ്രോഗ്രാം ഹെഡ് സാനിറ്ററിയം റവന്യൂ. വിജയ കുര്യൻ, ഫ്രാ. ഫ്രാ. മേരിക്കി മോമൻ, പെരുന്നേഴ്ചാർ വിൽ കോർഡിനേറ്റർമാരായ അശ്വിൻ ഡി. നായർ, സച്ചിൻ പി. സജീവ് എൻഫൻഫൻ മന്ത്രികൾ.

ബസേലിയസ് കോളേജ് എൻഫൻഫൻ യൂണിറ്റ് നടന്നുവന്ന ഭക്ഷ്യമേളയിൽനിന്നും



ROAD SAFETY AWARENESS

Kottayam Baselius College National Service Scheme unit no:05 conducted a road safety awareness class on 17th of January 2023 at M.D Seminary L.P School. The junior NSS volunteers taught the rules and regulations of road safety to their younger generations. The children were so excited to listen to their classes which was with the use of showing placards and other drawings about road safety.



NATIONAL SERVICE SCHEME, UNIT NO.05
BASELIUS COLLEGE KOTTAYAM



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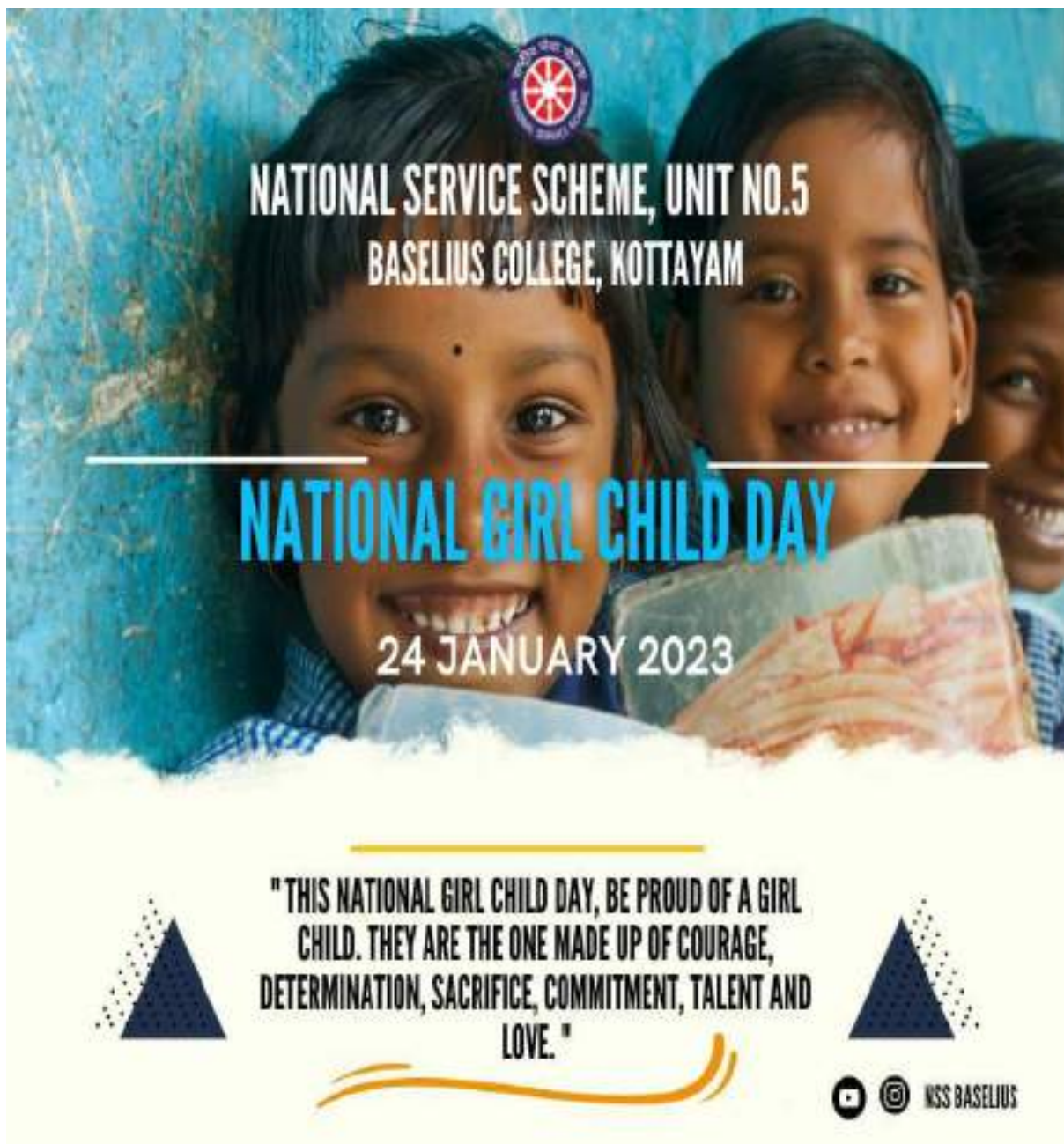


DURING ROAD SAFETY AWARENESS WEEK BASELIUS NSS
VOLUNTEERS TOOK AN AWARENESS CLASS ON ROAD
SAFETY AT MD SEMINARY LP SCHOOL ON 17/01/2023

  Baselius nss

NATIONAL GIRL CHILD DAY

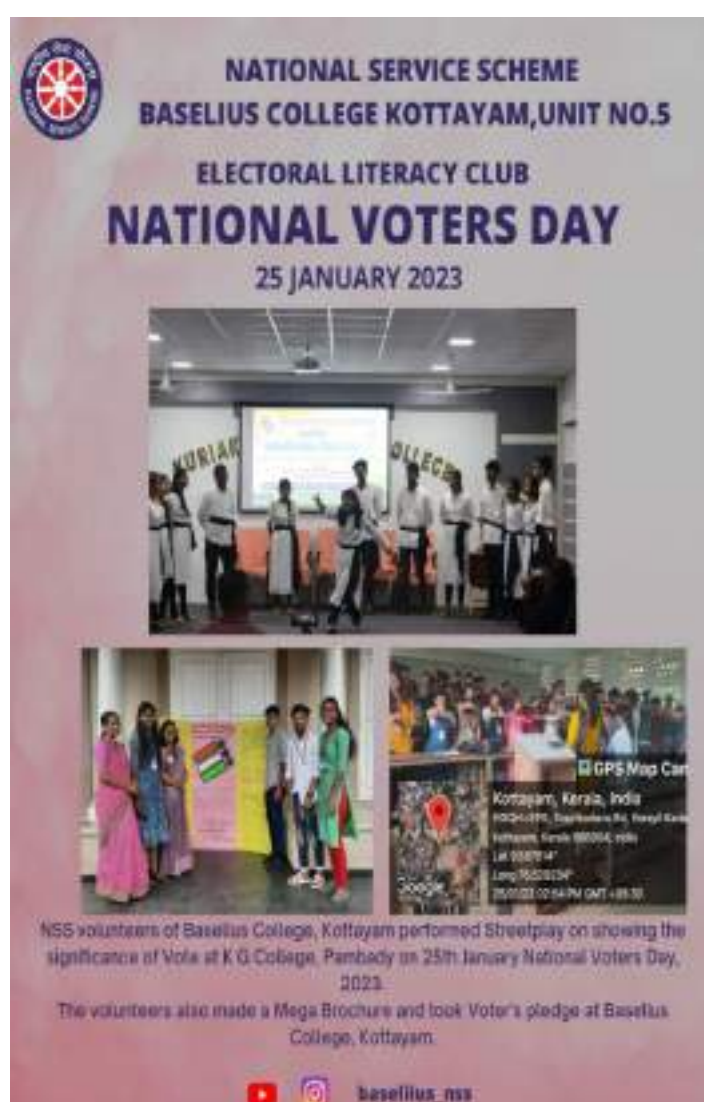
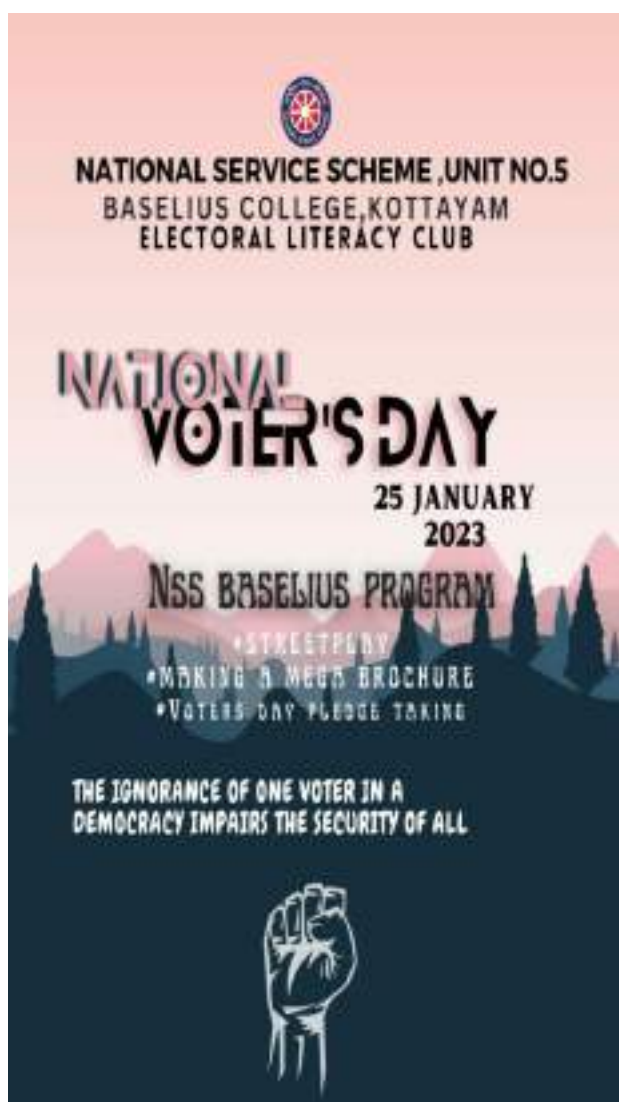
Baselius College National Service Scheme had celebrated National Girl Child Day on January 24 2023. The slogan for the National Girl Child Day 2023 is “Digital Generation, Our Generation”. This day reflects upon the stark reality of the inequality and discrimination predominant in India against girl children. The focuses on steps to be taken to lessen the hardship of girls in the country. As a part of this volunteers conducted quiz competition at Baker School Thirunakkara.





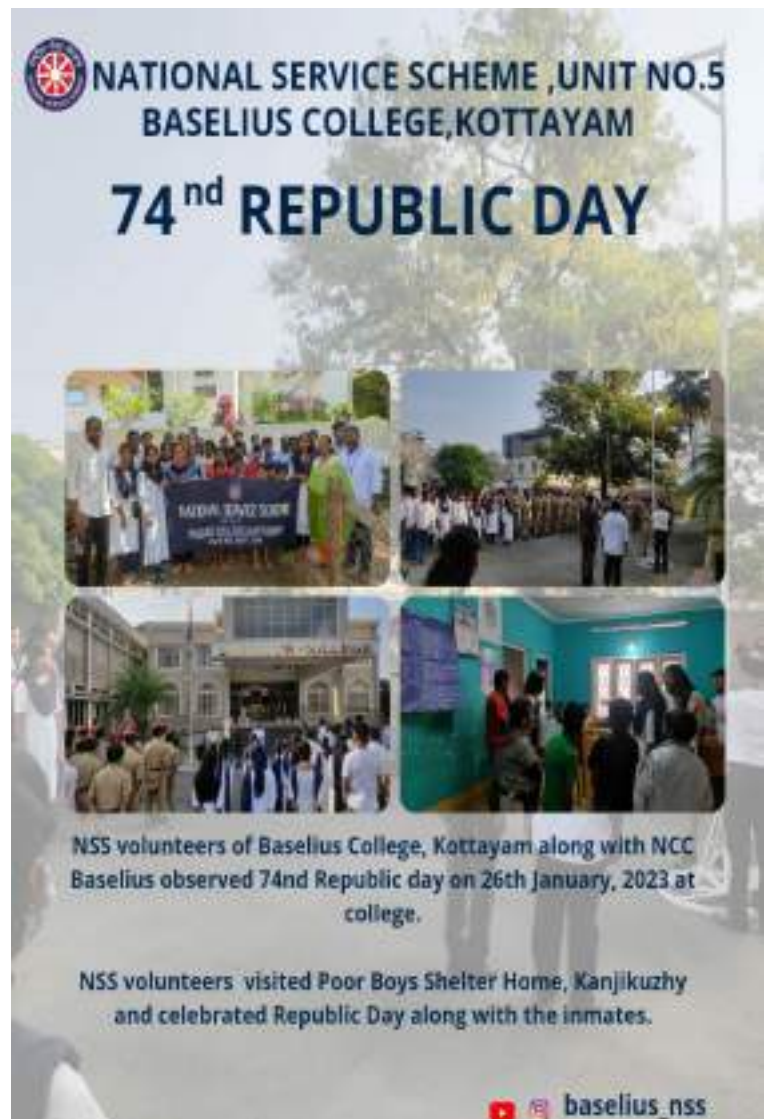
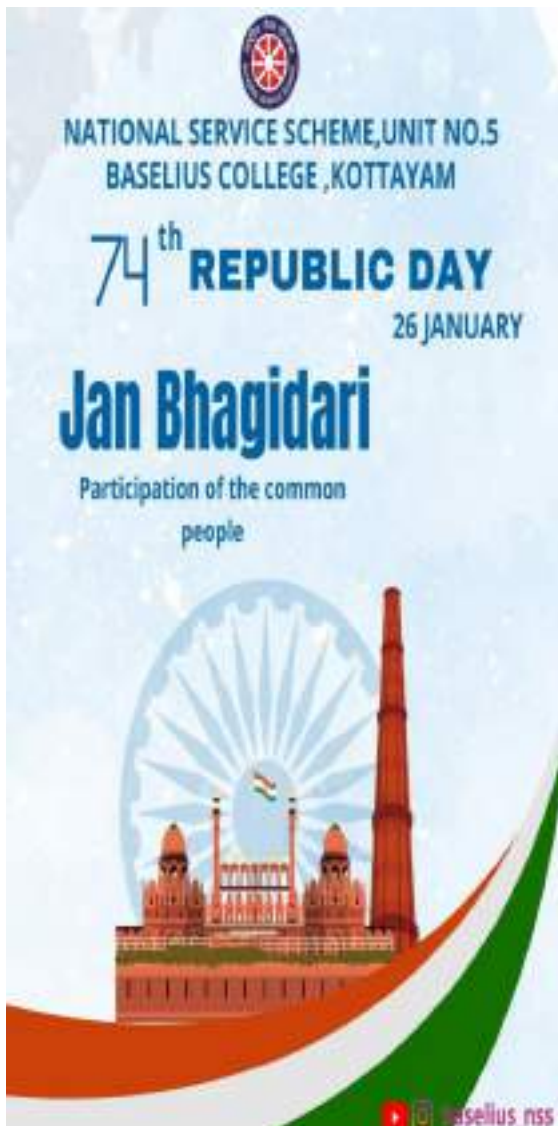
NATIONAL VOTER'S DAY

National Voter's Day is celebrated on January 25th to encourage the youth to participate in the vote in the electoral process. It is not only to encourage the youth to participate in the electoral process but also to focus on the fact that right to vote is a basic right. With the leadership of Electoral Literacy Club of Baselius College National Service Scheme conducted a street play conveying the importance of voting rights to others, a contest of making a mega brochure and took a voters day pledge by all students of Baselius College Kottayam



74TH REPUBLIC DAY (സ്വാതന്ത്ര്യ ദിനം)

Republic Day is the day when India marks and celebrates the date on which the Constitution of India came into effect on 26th of January 1950. During this day in 2023, NSS volunteers of Baselius College Kottayam along with NCC Baselius observed 74th Republic Day on 26th January 2023 at college. And thereafter NSS volunteers of Baselius College visited Poor Boys Shelter Home, Kanjikuzhi and celebrated Republic Day along with the inmates.



VITHUM KAIKKOTTUM (വിത്തും കൈകോട്ടും)

Baselius College Kottayam, National Service Scheme unit no: 05 conducted a programme in the leadership of Bhoomithrasena wing at Manarcadu U.P School naming "Vithum Kaikkottum" by making a vegetable garden by NSS volunteers. Nss volunteer Nayana S Bharathan delivered welcome speech. The program was inaugurated by Manarcadu panchayath vice president Jessy John. Baselius College principal Biju Thomas sir, program officer Ashly Thomas, Manarcaud UP School HM Smt. Shylaja also gave wishes to this program. Vote of thanks

BASELIUS COLLEGE KOTTAYAM **NATIONAL SERVICE SCHEME** **UNIT NO:5** **BHOOMITHRASENA** വിത്തും കൈകോട്ടും

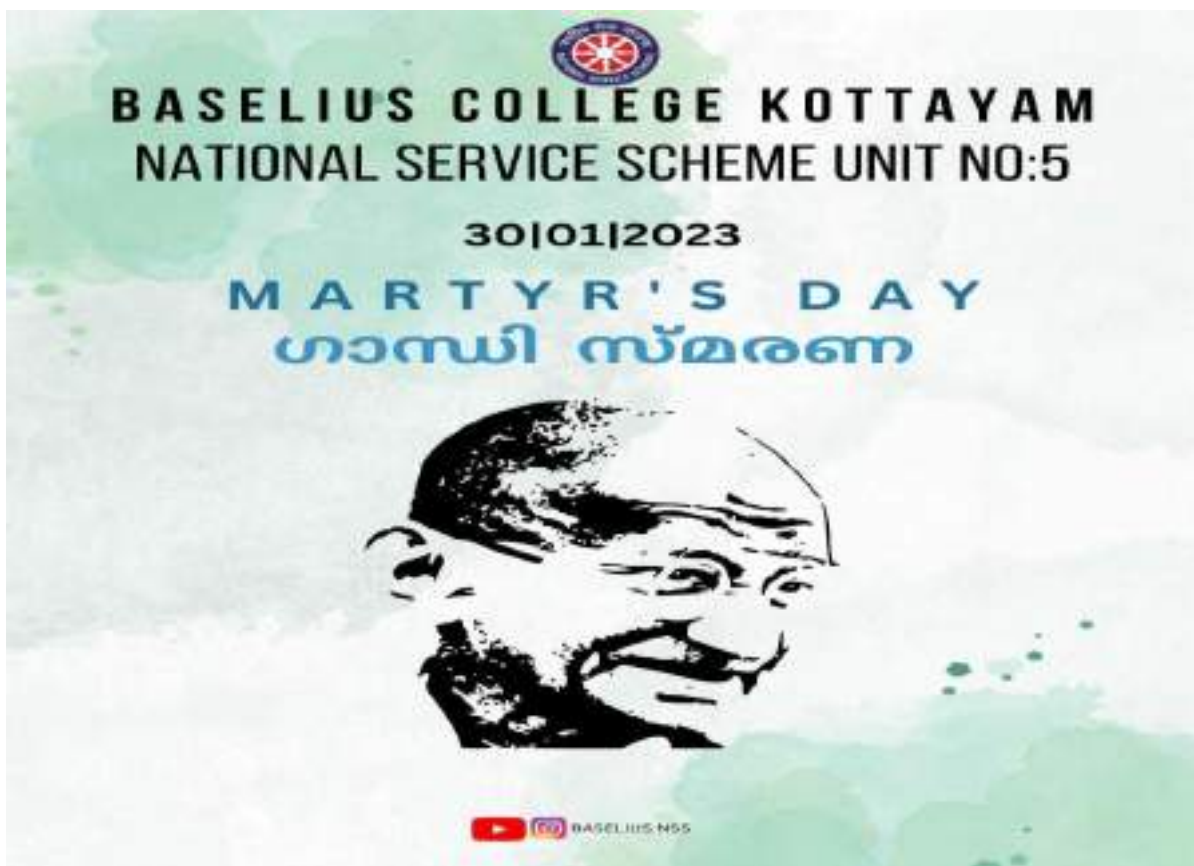


**BASELIUS NSS VOLUNTEERS MADE A
VEGETABLE GARDEN AT MANARCAUDU UP
SCHOOL ON 28/01/2023**

was delivered by Nss Volunteer Syam Sankar. Bhoomithrasena coordinators Muhammed Musthafa and Aryalekshmi gave guidance.

MARTYR'S DAY (രക്തസാക്ഷിദിനം)

Martyr's Day is observed in India as the day when three brave freedom fighters, namely Bhagat Singh, Shivaram Rajguru and Sukhdev Thapar were hanged by British and in memory of Mahatma Gandhi. The NSS volunteers of Baselius College, Kottayam gathered together at Thirunakkara Gandhi Square and lighted candle in the memory of Mahatma Gandhi and the martyrs



**NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM
UNIT NO.05**

PROGRAMS

DATE	PROGRAMS	NO OF PARTICIPANTS
02/02/2023	WORLD WETLAND'S DAY CLEANING CAMPAIGN	30
04/02/2023	WORLD CANCER DAY CANCER AWARENESS RALLY AWARENESS CLASS	33
11/02/2023 TO 18/02/2023	COMMUNITY BASED INCLUSIVE – DISASTER RISK REDUCTION MANAGEMENT PLAN MODEL CREATION	32
14/02/2023	TRIBUTE TO MARTYR'S OF PULWAMA ATTACK	25
16/02/2023	INTERNATIIONAL CHILDHOOD CANCER DAY SAMRUTHAM AAROGYAM	38

17/02/2023	PUNJIRICHEPPU	30
20/02/2023	WORLD DAY OF SOCIAL JUSTICE	35
21/02/2023	INTERNATIONAL MOTHER TONGUE DAY	29

FEBRUARY 02, 2023
WORLD WETLAND'S DAY
CLEANING CAMPAIGN

World Wetlands Day has been used to raise public awareness of wetland values and benefits promote the conservation and wise use of wetlands. On this day Baselius College National service scheme unit no:5 conducted a Cleaning Campaign at Thaneermukkom Bund. College principal Prof. Dr .Biju Thomas and Programme Officer Prof. Ashly Thomas gave message about the day. Representative of District Tourism Promotion Council Kottayam, Robin, Secretary, DTPC also gave greetings to the programme. Volunteer Secretaries Vishnu Raj R and Aiswarya P S gave message about the day. The programme was organised by Bhoomitrasena wing coordinators Muhammad Musthafa K and Arya lekshmi.



FEBRUARY 04, 2023
WORLD CANCER DAY

CANCER AWARENESS RALLY & AWARENESS CLASS

"There is no medicine like hope, no innocent so great, and no tonic so powerful as expectation of something tomorrow". As part of "World cancer day" Kottayam Baselius College National service scheme unit no: 5 participated cancer awareness rally and awareness class in association with Kottakkal Aryavaidya Sala and Kottayam public library. Close the care gap was the theme of this year. Program officer Dr. Viju kurian was organised this programme. The program was led by Volunteer secretary's Vinayak Sajeev and Aishwarya P. S



FEBRUARY 11 - 18, 2023

COMMUNITY BASED INCLUSIVE – DISASTER RISK REDUCTION MANAGEMENT PLAN MODEL CREATION

As part of community based inclusive – disaster risk reduction management plan – model creation administered by CBI-DRMC associating with Thiruvarpvu Grama Panchayat and Mother Research Institute Kottayam, administered by Adv. Febby Leo Mathew for the people with disability in Thiruvarpvu Grama Panchayat, an IP-Checklist was administered for the individualised plan for CBIDRMC to elicit and record information on the functioning and the disability of an individual for the development of IP-DRMC. The process of it included conducting a survey, cross checking of the information collected through the survey, focus group discussion to know the problems and necessities of the disabled people at times of disasters and recording the information collected as a checklist that is prepared based on ICF Checklist version 12A. On the 16th of February 2023, Adv. Febby Leo Mathew, Panchayat President Mr Ajayan K Menon, Ward Member Mr Sumesh Kanjiram and the participants (Person with Disability (PwD) or Care Taker or Guardian of PwD) of the programme from Arunootimangalam ward (ward no.- 11) along with Baselius College National Service Scheme Programme Officers Dr Viju Kurian and Prof Ashly Thomas who gave felicitation speeches, and volunteers of the programme including Baselius College National Service Scheme. Volunteers gathered for the same at SNDP Higher Secondary School Kanjiram. The volunteers took part in the cross checking of the information of the disabled persons collected through the survey and filling the checklist for each PwD via a Google form. Volunteer secretaries – Terese Maria Broosily and Vishnu Raj R gave guidance and led the program successfully.

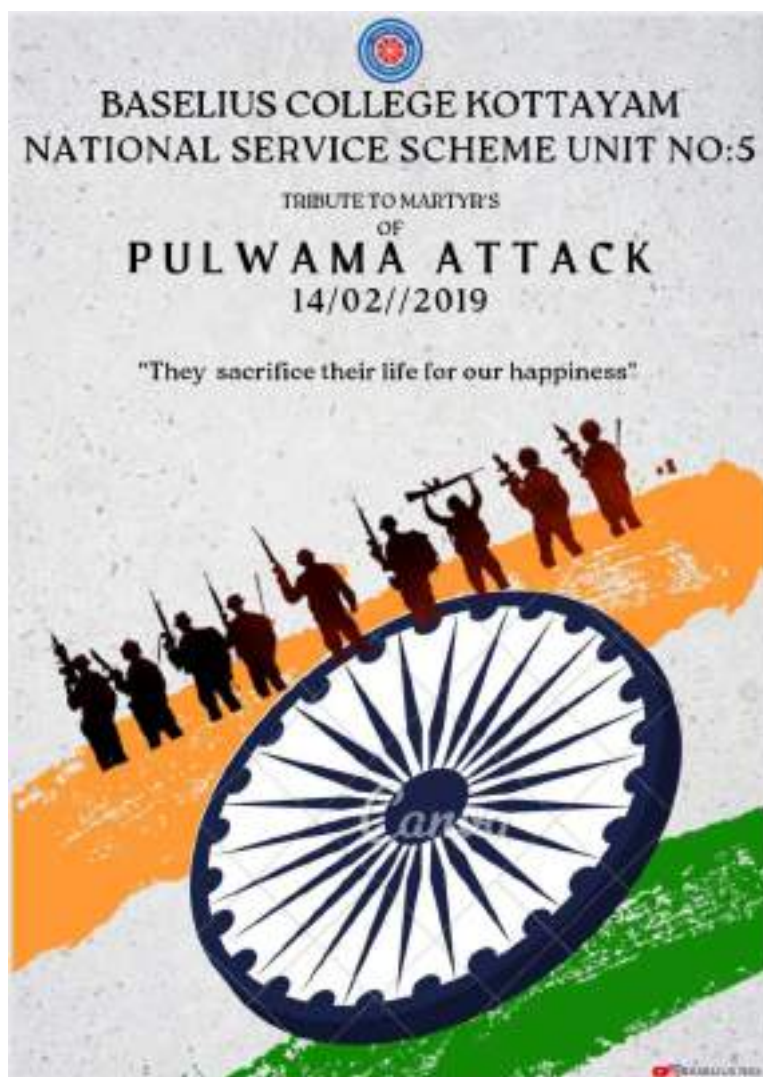




FEBRUARY 14, 2023

TRIBUTE TO MARTYR'S OF PULWAMA ATTACK

Baselius College National Service has observed February 14 as a day to remember our brave martyr's of Pulwama attack. On February 14, 2019, as many as 40 Central Reserve Police Force (CRPF) jawans were killed and several others were injured after an explosives-laden vehicle rammed into a bus. The Bus was among the convoy of security forces. The incident took place at Awantipora, in Pulwama district of Jammu and Kashmir.



FEBRUARY 15, 2023
INTERNATIONAL CHILDHOOD CANCER DAY

AMRUTHAM AROGYAM

Food is very important for human survival. We should eat 3 meals a day. Our meal should consist of a proper combination of carbohydrates, fat, protein, calcium, vitamins, iron, and other healthy components. If we skip any of the components then we might face some major problems or the body will start functioning wrong. To explain the importance of a healthy lifestyle in children Kottayam Baselius College National Service Scheme Unit no:5 conducted the " Amrutham Arogyam" session on the behalf of "International Childhood Cancer Day". Program Officers professor Ashly Thomas, and Dr. Viju Kurian gave a message to the children and seven 1st year Volunteers who participated in this program. The program was presented by the Pothichor Wing coordinator Aswin D Nair and Sachin P Sajeev at Manarcadu Govt LP School. The program was organized by Volunteer Secretary Vishnu Raj R and Terese Maria Broosily



PUNJIRICHEPPU

Kottayam Baselius College National Service Scheme Unit no:5 conducted "Punjiricheppu" session. Program Officers Dr. Viju

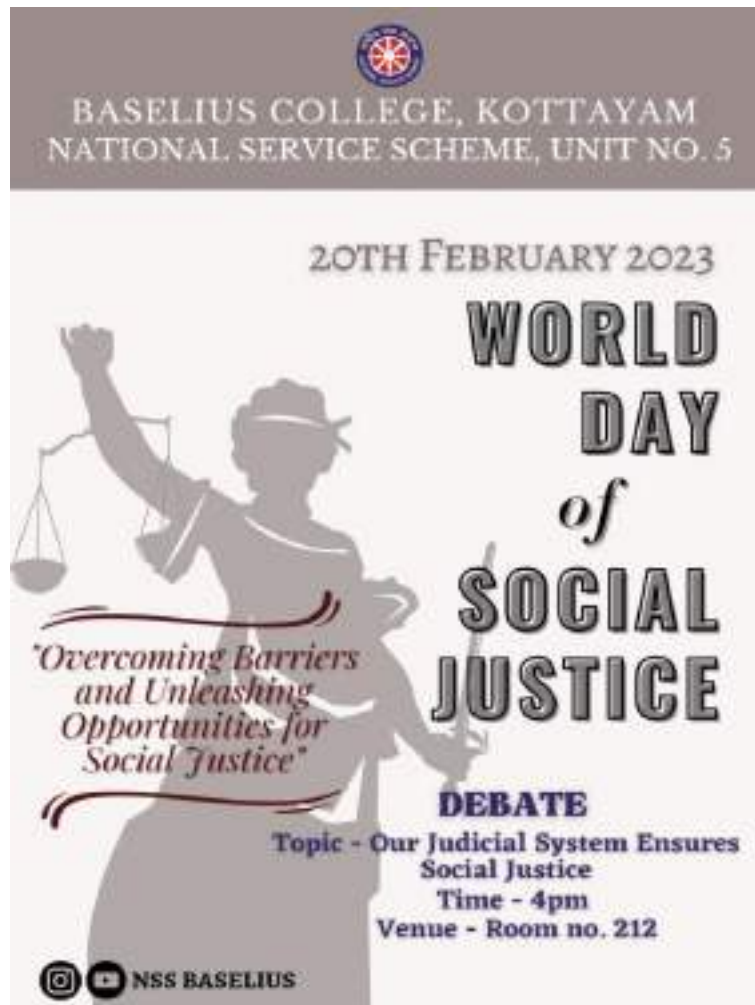
Kurian and professor Ashly Thomas gave a message to the children. The program was conducted by Bepositive wing coordinators Keerthana Pradeep and Devinandana G at St. John Of God Special School Velloor. The program was organised

by Volunteer Secretary's Aiswarya P S and Vinayak Sajeev



WORLD DAY OF SOCIAL JUSTICE

Baselius College National Service Scheme conduct a DEBATE competition, based on the topic "Our judicial system ensure social justice ". Program started at 4:00 PM in college room No:212 at Baselius College Kottayam. All junior NSS volunteers and college students participated in the competition. The session was so effective



The poster features a central silhouette of Lady Justice, blindfolded and holding scales and a sword. The text is arranged as follows:

- Top header: BASELIUS COLLEGE, KOTTAYAM NATIONAL SERVICE SCHEME, UNIT NO. 5
- Date: 20TH FEBRUARY 2023
- Main title: WORLD DAY of SOCIAL JUSTICE
- Theme: "Overcoming Barriers and Unleashing Opportunities for Social Justice"
- Event type: DEBATE
- Topic: Our Judicial System Ensures Social Justice
- Time: 4pm
- Venue: Room no. 212
- Bottom left: Social media icons for Instagram and YouTube, followed by NSS BASELIUS

FEBRUARY 21, 2023

INTERNATIONAL MOTHER TONGUE DAY

Value your mother tongue and be proud of your roots. Experience the uniqueness of your mother tongue by learning it and speaking it. As part of "International mother tongue day" Kottayam Baselius College National service scheme unit no: 5 organised ക ച ട റ പ programme by testing language knowledge among teachers and students . Program officer Dr. Viju kurian was organised this programme .The program was leaded by Volunteer secretary's Vinayak Sajeev and Aishwarya P. S

ബസേലിയസ് കോളേജ് കോട്ടയം
നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നമ്പർ:5

21/02/2023

അന്താരാഷ്ട്ര
മാതൃഭാഷാദിനം

ബസേലിയസ് കോളേജ് നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നമ്പർ:5 നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നമ്പർ:5 നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നമ്പർ:5

ബസേലിയസ് കോളേജ് നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നമ്പർ:5 നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നമ്പർ:5 നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നമ്പർ:5

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM
UNIT NO.05

PROGRAMS

DATE	PROGRAMS	NO OF PARTICIPANTS
05/03/2023	WORLD LUEKEMIA DAY	33
08/03/2023	INTERNATIONAL WOMEN'S DAY	46
14/03/2023	INTERNATIONAL DAY OF ACTION FOR RIVER	34
17/03/2023	OTTANTHULLAL AND FREE ANEMIA SCREENING TEST	51
20/03/2023	WORLD HAPPINESS DAY	28
22/03/2023	WORLD WATER DAY	25
29/03/2023	ARJUNA DHRONA	59

WORLD LEUKEMIA DAY

On 5th March 2023, 25th anniversary of Mother Palliative Care Club was celebrated at Baselius College in association with the National Service Scheme. Discussion on challenges and activities of Palliative Care Club and cultural programmes of leukemia affected children were conducted. The programme was led by Adv. Febby Leo Mathew.



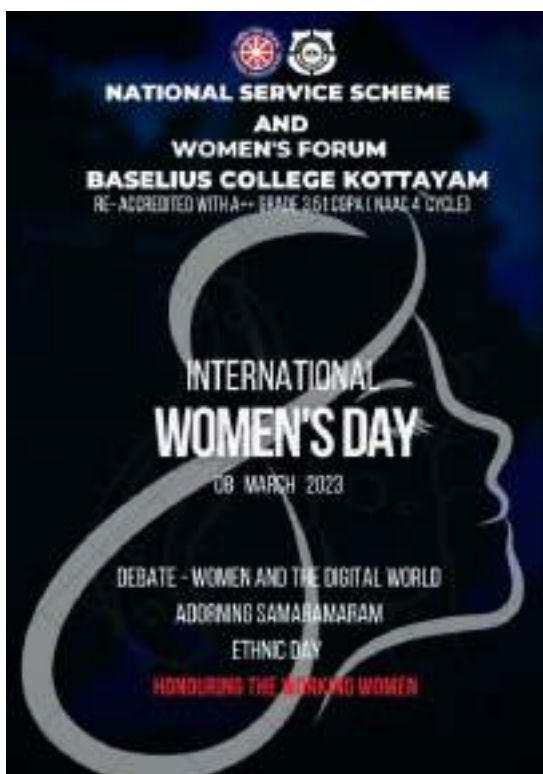
INTERNATIONAL WOMEN'S DAY

Baselius College National Service Scheme and Women's Forum conduct a DEBATE COMPETATION in International

Women's Day , based on the topic " WOMEN AND THE DIGITAL WORLD ADORNING SAMARAMARAM ETHNIC DAY".

Program started at 11:00 AM in College auditorium at Baselius College. All junior NSS Volunteers and most of all students

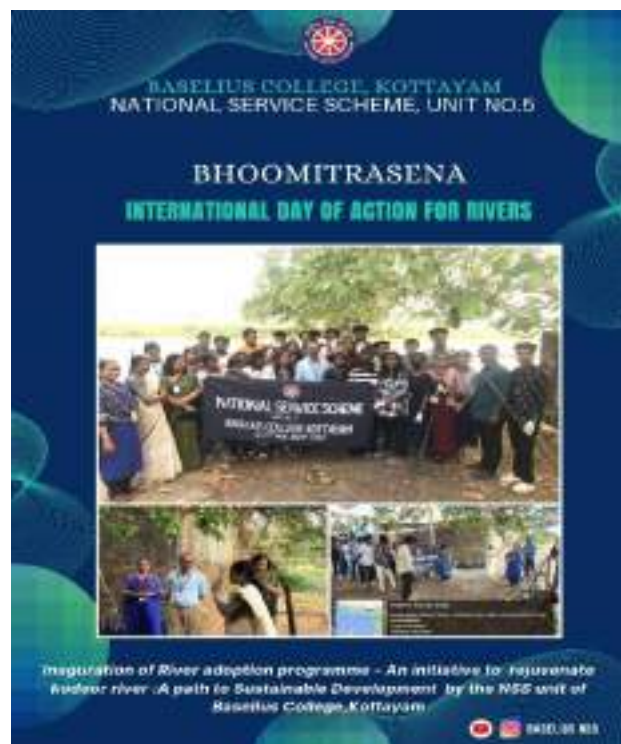
participate in the competition. The program was useful for all.



INTERNATIONAL DAY OF ACTION FOR RIVER

The International Day of Action for Rivers is observed to promote awareness of the importance of the river systems on the planet earth. The day tries to focus on the uneven access to clean water and the pollution occurring due to human activities.

This is the reason behind the increase in the pollution of freshwater. On International Day Of Action For Rivers Baselius College National Service Scheme Unit no:5 conducted an Inaugural ceremony "River Adoption". The welcome speech was delivered by NSS Programme Officer Prof. Ashly Thomas .The programme was Inaugurated by ward member Reeba Varkey.



Felicitation speech was delivered by Programme Officer Dr. Viju Kurian. College Principal Prof. Dr. Biju Thomas and College Vice Principal Dr Jyothimol P gave message about the day. The programme was conducted by Bhoomitrasena coordinators Muhammad Musthafa K and Aryalekshmi.

OTTAMTHULLAL AND FREE ANEMIA SCREENING TEST

Anemia is a condition in which the blood doesn't have enough healthy red blood cells. Anaemia results from a lack of red blood cells or dysfunctional red blood cells in the body. This leads to reduced oxygen flow to the body's organs. Kottayam Baselius College National Service Scheme Unit no:5 and Women's Forum conducted a free Anemia Screening Test for all the girls in the college. In order to this an Ottamthullal was also performed to make an aware about it. The programme was inaugurated by college Vice principal Dr Jyothimol P.

Programme Officer Prof Ashly Thomas gave message about the importance of testing Anemia . Doctors of District Hospital Kottayam also delivered a speech about the impact of the deficiency of healthy red blood and importance of taking remedy. All the girls and teachers supports the programme.



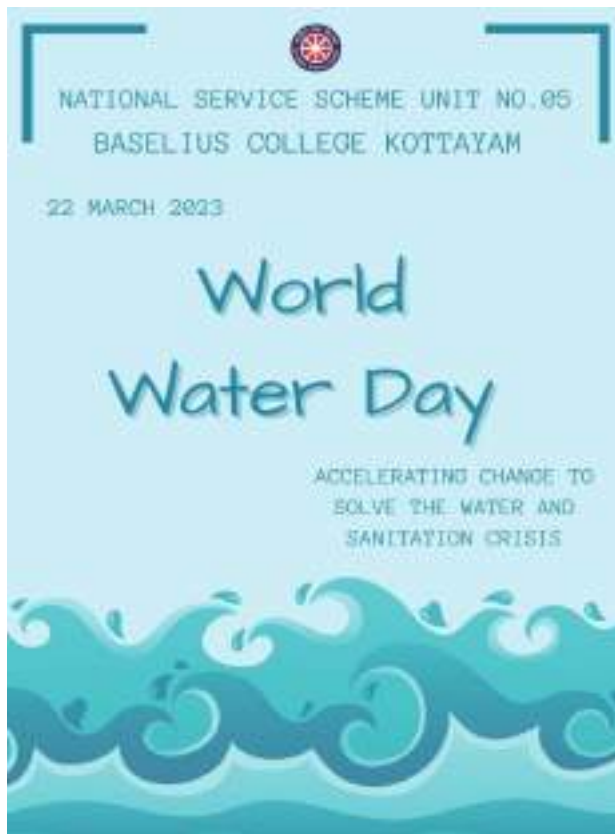
WORLD DAY OF HAPPINESS

The International Day of Happiness, also known as World Happiness Day or Happiness Day, is celebrated every year on March 20. The day aims to create a kinder and happier world by urging people to adopt simple, daily practices to be happy. The theme of the day was "Be Mindful, Be Grateful, Be Kind". On this day Baselius College National service scheme unit no 5 arranged a open mind session to the volunteers to share the happiest moment they had in their life. The session was named "Ha Ha Ha". Programme Officer Prof. Ashly Thomas gave message about the day. The program was conducted by Be positive wing coordinators Keerthana Pradeep and Devi Nandana G.



WORLD WATER DAY

Baselius College National Service Scheme Unit No. 05 conduct a program as part of “World Water Day” to solve the water and sanitation crisis. The Junior NSS volunteers make watermelon juice and served to traffic police, auto drivers, street merchant's near to the college. The program was inaugurated by Principal Dr. Biju Thomas. Program Officers Prof. Dr Viju Kurian and Prof. Ashly Thomas gave message about the day. The program was organized by Volunteer Secretarys Vishnu Raj R and Aiswarya P S. The program was so effective.



ARJUNA DHRONA

A friendly Cricket Match was held on 29th march against the usage of Drugs. The match was conducted by Baselius College Mens Forum and National Service Scheme Unit No 5. The match was between students and teachers of the college. The programme was inaugurated by the College Principal Prof. Dr. Biju Thomas. The match was won by team Dhrona which were the teachers team.



