

BASELIUS COLLEGE
KOTTAYAM



NATIONAL SERVICE SCHEME

Club

2021-22

National Service Scheme 2021-22

Annual Report

NATIONAL SERVICE SCHEME

Year : 2021 – 22



A Quality Assurance Venture of IQAC

Basilius College, Kottayam

National Service Scheme 2021-22

Certificate Page

This is to certify that the following is a bonafide record of activities and achievements of **National Service Scheme** for the academic year 2021- 22 Necessary supporting documents have been attached wherever possible.



Dr. Viju Kurian
Teacher-in- charge
Department of English

Verified



IQAC Co-ordinator.

Counter-Signed by



PRINCIPAL

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Part – A

1.1 Name of the Club	:	National Service Scheme
e-mail address	:	nsofficials@gmail.com
Social media details	:	baselius_nss
YouTube channel	:	NSS Baselius
Name of the teacher in charge	:	Dr. Viju Kurian & Prof. Ashly Thomas
Name of the Club Secretary	:	Nevin Kuruvilla Thomas
	:	Arathy Shaji
	:	Sandeep Sarma
	:	Asnamol Shine
Contact No:	:	8136938054,(Nevin Kuruvilla Thomas)
		8075871337,(Arathy Shaji)
		9946704687,(Sandeep Sarma)
		8129256416 (Asnamol Shine)
Teacher-in-charge	:	Dr.Viju Kurian & Prof. Ashly Thomas.
Secretary	:	Dr. Biju Thomas.

1.2 Executive Committee Details

SI No	Name of the member	Class/position
1	Nevin Kuruvilla Thomas	Bcom taxation
2	Arathy shaji	BA -Economics
3	Sandeep Sarma	BA-Malayalam
4	Asna Mol Shine	BSC-Physics
5	Aravind K.R	BBA
6.	Sam K.S	BA-Malayalam
7.	Ambily Anna George	BSC-Zoology
8.	Dr. Biju Thomas	College Principal

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9.	Dr. Viju Kurian	Programme Officer
10.	Prof.Ashly Thomas	Programme Officer

No. of committee meetings held :

Sl. No	Date of the Meeting	No of participants
1	1/06/2021	9
2	4/06/2021	23
3	13/7/2021	26
4	1/10/2021	26
5	19/11/2021	10
6	10/12/2021	26

(Soft copy of minutes signed by Secretary, Teacher in charge to be submitted)

1.3 Plan of Action

Plan of Action	Proposed Date/ Month	Status of attainment at the year end
Campus Gardening	01/04/2021	07/04/2021
Books To Doorstep	28/04/2021	03/05/2021
ATMA	17/05/2021	30/05/2021
BIOME WEEK	31/05/2021	05/06/2021
Streepaksham	28/06/2021	10/07/2021
Muttassi Onam	12/08/2021	18/08/2021

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Manarcadu Beautification Project	09/08/2021	15/08/2021
Honouring the Covid Warriors	13/08/2021	15/08/2021
Muttassi Podcast	27/08/2021	02/09/2021
Rainbow Week	06/09/2021	21-25/09/2021
Gandhi Jayanthi	27/09/2021	02/10/2021
Flood Relief Camp	11/10/2021	20-24/10/2021
NSS:The First Step	12/11/2021	20/11/2021
Health Survey	22/11/2021	27/11/2021
Survival	08/03/2021	01/12/2021
Crib of Love	06/12/2021	11/12/2021
Snehavedu	21/12/2021	31/03/2022

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- 2.1 Talks/Lectures/ Workshops Conducted	: 48
2.2a Competitions Organised within the College	: 08
2.2b- Inter-Collegiate Competitions Organised	: 07
2.3- Cultural Programmes Organised	: 07
2.4 – Extension and Outreach Programme Organised	: 43
2.5- Skill Development Courses Organised	: 8
2.6- Certificate Programme/ Diploma Organised	: 2
2.7 Student Participation and Achievements outside	: 5
2.8- Any Other activity/point worth mentioning	: 35

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2.1 Talks/Lectures/ Workshops Organised/ Conducted

Summary :

SI No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1.	International Women's Day	Sri.Rajesh (Sub inspector Kottayam Crime Branch)	40	
2.	Intercollegiate Seminar and Workshop	Sri. Ramesh P(Harithakeralam Mission district coordinator) Mr.Sarath Chandran Ms.Archana Shaji Ms.Archana Anoop Ms.Gopika G Ms.Sohinimol Chacko Ms.Mariyam Joicy Ms.Sheffy Molly John	60	
3.	Tuberculosis Day	Dr. Sebastian Thomas (Kottayam TB Center)	20	
4.	Saving Lives: opportunities in General Safety	Mr. Basil Raphael(MC Fire and Safety consultant) Mr. Manoj Kumar G (Marketing wing Assistant General Manager)	68	
5.	MED Talks	Dr. NIHAS K H (Physiotherapist, Mary Queens Mission Hospital)	70	

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6.	Civil service Bridge	Shiju P. N (Development Officer, LIC of India)	77	
7.	Calling the Shots	Lija Tom (Head Nurse,Ramaiah Hospital, Bengaluru)	50	
8.	Learning to Cope With Stress	Anjana Chandran (MedicalOfficer,Nationa lAyushMission,Seethala yamProject)	45	zvk-kxih-vfg
9.	Let's Talk about Blood Donation	Mr. ShaikShareef (the owner of the "Friends to Support")	60	dda-vymk-wzi
10.	Campaign - 12	Dr.AayishaBaiju Rahim (Pathologist, Assistant surgeon)	52	jyh-zmxg-rzu
11.	Inhale Exhale	Nandana Dileep (NSS Volunteer and Yoga Practitioner)	46	
12.	Cancer Prevention & Healthy Life style	Ms.Sumki Begum (the programme coordinator of Sanjeevani)	75	ypb-jwqx-zbs
13.	Sakshi Webinar	Mrs.Smriti Singh Dr. RamyaNisal Dr.Aditi Kishore (Senior coordinators of Sakshi webinar)	60	
14.	Nerode	Mrs.Jinu Punnose (Additional District Magistrate Kottayam) Smt.Bindhu V.C (Kerala State Women's Director Corporation - KSWDC)	94	

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15.	Neritt	<p>Smt.Anie Siva(SI of Police, Ernakulam central)</p> <p>Dr.Rekha Raj(NSS Coordinator, MG University Kottayam)</p> <p>Smt.Remya Binoy(Chief Sub Editor,Malyala Manorama)</p> <p>Smt.Leena Krishnan(Advocate)</p> <p>Fr.Johnson Joseph (HOD of psychology department, KE college Mannanam)</p> <p>Anagha (Former Volunteer Secretary)</p> <p>Dr.Jyothimol P (vice principal of Baselius College)</p>	98	XKZ-ZQWR-OCF
16.	Nirbhayam	Karthika S (Former Volunteer Secretary)	79	mWEQNZnE
17.	Subhiksha Keralam Project	<p>Mr. Anil Varghese (Deputy director of agricultural office , Kottayam)</p> <p>Bindhu T (assistant director of Agriculture)</p>	57	eun-xxjj-phr
18.	Subhiksha Keralam Project	SangeethaIyer (National Geographic Explorer)	63	
19.	Media Awareness	Anu Mariam Jacob (Senior Sub Editor Manorama)	16	
20.	Self Esteem: Learning to put your best forward	Ms. Sheena Bhaskar (Asst. Prof. Mangalam College Of Engineering	55	

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21.	Let's Talk about Organ donation	Dr. Giby. K. George (CMO of Welfast Hospital)	63	Xuh-xhnu-rpz
22.	Drug Abuse : The ignored pandemic	Mr. Francis Moothedan Raphel (Project director and Chief trainer, MMM IRCA, MOSC, Medical College)	70	Cgy-ywqn-irh
23.	Kalayam samoohavum	Shri M S Madhu (writer, theater activist)	72	Kxd-imdv-fxz
24.	From a Volunteer to a Leader	Gokul C Dileep (National NSS award winner for the best NSS volunteer)	100	Xmq-cckq-bym
25.	Achaaryasmrithi		36	Icz-oxvn-jkh
26.	Saksharathayil ninnu munnottu	Dr V.V. Mathew (coordinator of district saksharatha mission)	55	Eye-szif-rhe
27.	Reach out, it's ok to Ask for Help	Dr.Ganga G Kamala, MBBS MD (Associate professor of Psychiatry & in charge of child Guidance Clinic Govt. Medical College)	75	Dtf-odst-dcv
28.	Pebbles of Positivity	Shaji C Mani (Fulbright scholar (USA) trainer positive psychologist)	90	Zzc-cauv-wic
29.	First Aid is better than Last	Dr.Arun Dr.shabeeb (MBBS MD Kims hospital Kottayam)	45	
30.	Vimukthi : Drug Awareness	Rev ft K P Sabu (Moojana De addiction centre director, Kottayam)	56	
31.	DARE TO LEAD	DR. Ajith James Jose	75	Vbw-nyqy-ihe

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		(MEMBER OF SENATE, M G UNIVERSITY BEST NSS PROGRAM OFFICER - 2019)		
32.	See the Able Not the Label	Dr.Jameson Samuel (Founder and Director, Jewel Autism and Child Development Centre)	68	Mhp-prvz-vxt
33.	Y'men International Club	Anu Kovoor (District Governor) Jisha Annie Kurian (Y's menette) Dr. Reenu Elizabeth John Benny Yogyaveedu Salu Kurian(District secretary) smt.Rejitha (Ward Member)	55	
34.	Effective Stress Management For youth	Mrs. Manna Susan George (psychologist of KIMS HEALTH)	59	
35.	NSS : The First Step	Mr. Anish K Joseph (NSS district coordinator) Sany Mary Benjamin (NSS former programme officer)	120	
36.	Performance Anxiety	Sneha Sebastian (Be Positive Wing Coordinator)	83	
37.	DARE	Ashok Kumar T. A (Deputy Excise Commissioner, Kottayam)	69	

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38.	Role of Wild crops in combating Global Food Crisis	Dr. Tara Devi Sen (Assistant professor of Botany Department, Sardar Vallabai Patil ,Cluster university ,Mandi HP)	76	
39.	Essential qualities for a meaningful Life	Smt.Karthika Elizabeth (Assistant professor on contract, Post graduation department of psychology)	69	
40.	Child protection Laws in Indian Constitution	Justin Michael (District Coordinator of child line, Kottayam)	65	
41.	National Youth Day	Dr.Sarath (Department of Sanskrit of Baselius college)	85	
42.	Thanneer thadangalude samrakshanam maanavaraashiyude nanmakk	Joseph RefinJefri M (agricultural officer of Kallara)	56	
43.	Cancer Awareness Seminar	Dr.SheejaKuriyakose Dr.Haleema MBBS	85	
44.	Awareness Regarding use of Social Media	TomjithMarkose (Former NSS Volunteer 2014-16)	95	
45.	ATMA Nirbhar Bharat	Dr.IssacThomas(Trainer and career mentor)	58	
46.	World Day Of Social Justice	Geethakumari.s.	95	
47.	Gender Equality today for a sustainable Tomorrow	Manjusha C G (Assistant professor (HOD) Dept.of Malayalam St Mary's College Manarcadu, Best NSS Program Officer State & MG	68	

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		University)		
48.	AGNEYA	Hena Chandran (a short film director from Kochurani)	86	

2.2 a) Competition within the college

Sl No	Title of the Programme	Level
1.	Just a minute	College Level
2.	Test your plant Knowledge	Intercollegiate
3.	Oru chedi nadu	Intercollegiate
4.	Justice League	Intercollegiate
5.	Intercollegiate patriotic song competition	Intercollegiate
6.	Quiz and speech competition	Intercollegiate
7.	Poster making competition	Intercollegiate
8.	Painting competition	Intercollegiate

2.2 b) Inter collegiate competitions

Sl No	Title of the Programme
1.	Test your plant Knowledge
2.	Oru chedi nadu
3.	Justice League

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4.	Intercollegiate patriotic song competition
5.	Quiz and speech competition
6.	Poster making competition
7.	Painting competition

2.3 cultural programmes organized

SI No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1.	Vote Song		30	
2.	Flashmob - No smoking Day		40	
3.	Flashmob and Campaign		25	
4.	Mime and Dance		18	
5.	VEDHI - Not Me But You		23	
6.	Flashmob - Children's Day		24	
7.	Flashmob - No Smoking Day		29	

2.4 Extention and Outreach Programme

SI No	Title of the Programme	Name of the Resource Person	No. of participants	Links available if any
1.	Kuttikit		25	
2.	Kudineer		23	
3.	Railway station cleaning	S. Babu Thomas	30	

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4.	Q & A with public		25	
5.	Voters ID registration		40	
6.	Documentary		15	
7.	Bike rally	Smt. M Anjana IAS (Kottayam Collector)	25	
8.	Books to Door step		35	
9.	Plant for life @21			
10.	Pocket compost		45	
11.	Sanitizer distribution			
12.	Beautification Project	Smt. Rejitha Anish(Ward member)	89	
13.	Honouring the covid warriors	Biju Thomas(panchayat president)	26	
14.	Muthassimaarodoppa m oru onam	Fr. Jose (Director of Snehatheeram)	15	
15.	Onakit Distribution		10	
16.	Happiness box		19	
17.	A fresh coat		25	
18.	Let's the wall speak	Dr.Biju Thomas (College Principal) smt Rejitha Anish (ward member)	40	
19.	Puthunamb		19	
20.	Anganwadi cleaning		28	
21.	Panchayat waste collection		23	
22.	Cleaning of waterbodies		30	
23.	Jignyasa		20	
24.	Distribution of		14	

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	nutritional kit			
25.	Let's the wall speak -Inaugural function		30	
26.	Cleaning up of school		36	
27.	Koottikalinu oru kaithangu	<p>MLA Thiruvanjooor Radhakrishnan</p> <p>Soumya Shemeer(panchayat member)</p> <p>Dr. Biju Thomas (College Principal)</p>	45	
28.	Clean india campaign	<p>Prof.Tomichan Joseph (Pallam Block Panchayat President)</p> <p>Akhil R Nair (Nehru Yukendra Pallom block secretary)</p>	35	
29.	Mind Campaigning	SujithBhaktan(YouTube r)	15	
30.	Meenachilar - Maanthalayay Project		28	
31.	Clothes distribution		59	
32.	Road safety Awarenes		45	
33.	Oru pothi annam.		50	
34.	Health Survey		38	
35.	AIDS Day - Silent Walk		89	
36.	Crib Of Love -2k21	<p>Rev. Fr. K P Sabu (Director,Moochana De-addiction Centre, Kottayam)</p>	46	
37.	Swastha Balak Balika Spardha		36	

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38.	Blood Donation Camp		50	
39.	Snehavedu □50 Challenge.			
40.	Paper collection			
41.	International Day For Action for Rivers		30	
42.	Thakkaram - Food Fest			
43.	Snehavedu.			

2.5 Skill development

Sl No	Title of the Programme
1.	Droplets - Magazine
2.	Mask, Paper Bag and Paper Pen Making
3.	Pouch making
4.	Vividhya - Digital magazine
5.	ATMA - online Magazine
6.	Think outside Trash
7.	Digital Magazine
8.	Card Making

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2.6 Certificate programs

SI No	Title of the Programme
1.	National Anthem
2.	Atma Nirbhar Bharat

2.7 Student achievement

SI No	Title of the Programme
1.	Three Day Leadership Camp
2.	Red Ribbon Club
3.	Republic Day
4.	Seven Day Camp
5.	Consumer Awareness Semina

2.8 Others

SI No	Title of the Programme	Name of the Resource Person
1.	Kilikudam	
2.	Campus tree census	Dr.Biju Thomas (college principal) MV Krishnaraj (Botany Department Professor)
3.	Election Awarenes	
4.	Election Awarenes Video	

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5.	Welcoming the polling officers and presiding officers of Assembly Election 2021	
6.	Campus Gardening	
7.	Blood before vaccination	
8.	Smile @ obstacles	
9.	International Nurse day	
10.	Kottayam in the path of recovery	
11.	The covidiot	
12.	Crush the Curve	
13.	Anti terrorism day	
14.	Black fungus Awareness video and booklet	
15.	Quarantine Tips	
16.	International day of innocent childrens victims of aggression	
17.	World Environment Day	
18.	World food safety Day	
19.	Medicinal plants	
20.	International day against Drug abuse and illicit trafficking	
21.	Be+ve daily	
22.	Career care	
23.	Nagasakki day	

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24.	Hydroponics microgen	
25.	Be the light	
26.	Muthassi podcast	
27.	NSS day flag Hoist	Dr.Biju Thomas(College Principal)
28.	Voters ID Registration	
29.	Short film - Survival	Mr. Jithin John(the histrionics club teacher in charge)
30.	Medicinal Gardening	Dr. Jyothymol P. (vice principal) Dr. Krishnaraj (HOD of Botany department)
31.	Elector's pledge	Dr.P.K Jayasree IAS (Kottayam District Collector) GEO T Manoj (Deputy Collector Elector)
32.	Republic day	Manoj Narayanan(HOD of Commerce Department)
33.	Let's continue	
34.	#Tag Challenge	
35.	Zumba..	

08/03/2021

INTERNATIONAL WOMEN'S DAY

As part of International women's day, NSS unit conducted a live Lecture session on 8/3/2021 at 2:30- 3:30 pm. The welcome speech was given by Akith Santosh, NSS Volunteer Secretary. The presidential address was Dr.Viju Kurian, NSS Program Officer. The Session was Inaugurated by Jyothi Mol P, Vice Principal.

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She spoke about the achievements of women made in Political, Economical, Scientific and Social fields. After the Inaugural Speech the Session started . The Session was led by Sri.Rajesh Sub inspector Kottayam Crime Branch.

He spoke about “Women and Cyber security” . He spoke about how women must be about the hidden threats and about how they could utilize it in a benifitial manner.

At the end of the session an interactive session was also arranged.

The vote of thanks was delivered by NSS Volunteer Secretary, Karthika S.

The program concluded by 3:30pm. Throughout the entire program Strict covid Protocol was followed and ensured proper sanitizing and Social distancing



10-03-2021

THE VOTE SONG

Two Officials from Kottayam taluk visited our college as part of the Election awareness program. The aim of the program was to teach the Students a song which showed the importance of every vote. There were 50 students, out of which 10 students were from Other colleges.

The Program was held at Kottayam Collectorate

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12/03/21

FLASHMOB – NO SMOKING DAY

Anti Narcotics cell of Baselius college National Service Scheme organized a flashmob on March 12 in association with “No smoking day”. This year’s theme of “No smoking day” is “quitting smoking doesn’t have to be stressful.”

Flashmob was conducted to make people aware of the impacts of smoking in our daily life. Kottayam district Excise Inspector Amal Rajan shared his gratitude of being a part of this initiative against

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smoking. Other officers from excise department also responded positively about this. Baselius college principal Dr: Biju Thomas appreciated all NSS volunteers for organising the flashmob. Baselius college National Service Scheme programme officers Dr:Viju Kurian and Prof Ashly Thomas shared their opinions about this awareness through flashmob. Anti Narcotics cell head Anjali A Nair remarked that one burning cigarette not only affect a single life but affects the life of many people around us. NSS volunteer Asnamol Shine, thanked everyone for joining with our initiative against smoking. This effort by Baselius NSS against smoking has proven very effective.



17/03/21

KUTTIKIT

Under the auspices of Kottayam Baselius College National Service Scheme, Kuttikit were distributed in the houses under Arpookara Grama Panchayat. The project, which was started with the aim of focusing on the health and well-being of children, distributed kits to homes with children under the age of five and to Anganwadis in the In view of the fact that malnutrition is becoming a challenge, Principal Dr. Biju Thomas inaugurated the function. Were, Dr. Viju Kurian, Prof. Ashley Thomas greeted. Volunteer Secretaries Arjun Ambili, Akhit Santosh, Karthika S and Devika P Deepak led the program which followed by the code of covid protocol.

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17/03/21

FLASHMOB AND CAMPAIGN

Electoral Literacy Club and SVEEP 2021 organized a pre-election flash mob in Arpukkara Panchayat.

Volunteers Informed and interacted about the need to vote. Members of all ages were included as part of this campaign. This campaign focused on attaining for 100% literacy and 100% voting.

Arpookkara Grama Panchayat President Rosley Thomichan and Panchayat Standing Committee Chairperson Deepa conveyed their greetings. Dr. Biju Thomas, NSS Program Officers; Viju Kurian, Prof. Ashley Thomas led the way.



ദുരന്തങ്ങൾക്കെതിരായുള്ള പ്രതിരോധ കേന്ദ്രങ്ങളായി മാറ്റുന്നതിന് സജീവമായി പങ്കെടുക്കാനും പ്രോത്സാഹിതമാകാനും എതിർപ്പില്ലാതെ സന്നദ്ധതയോടെ പങ്കെടുക്കാനും തയ്യാറാകേണ്ടതുണ്ട്.

സജീവമായി പങ്കെടുക്കാനും പ്രോത്സാഹിതമാകാനും എതിർപ്പില്ലാതെ സന്നദ്ധതയോടെ പങ്കെടുക്കാനും തയ്യാറാകേണ്ടതുണ്ട്.

■ ആർജ്ജവമായി 'ഇലക്ഷൻ ഫ്ലാഷ് മോബ്'മായി ബസേലിയസ് ടിം...

കോഴം: ബസേലിയസ് കോളേജ് എൻ എസ്എസ് ഇലക്ടറൽ ലിറ്ററസി കമ്മ്യൂൺ സ്കീം 2021-ളാ ചേർന്നു. ആർജ്ജവമായി പങ്കെടുത്തു. തിരഞ്ഞെടുപ്പിന് മുന്നോടിയായി ഫ്ലാഷ് മോബ് നടത്തി. '100% സംകല്പന, 100% വോട്ട്' എന്ന മുദ്രാവാക്യം ഉയർത്തിയതും അംഗീകൃതമായും ഉൾപ്പെട്ടു.

തിരഞ്ഞെടുപ്പ് സംഘവും ഡോം ക്ലബ്ബിനെയും പ്രമോടിനും വീട്ടുകാർ കയറി ബോധവൽക്കരണവും നടത്തി. പങ്കെടുത്ത പ്രസിഡന്റ് രോസ്മി തൊമ്മി ചന്ദ്രൻ, സുഹാർഷിൻ കമ്മിറ്റി അധ്യക്ഷൻ, പ്രോഗ്രാം ഓഫീസർമാരായ ഡോ. വിജ്കൃഷ്ണൻ, ആഷ്ലി തോമസ്, മുബിൻ ഓരവാഹികളായ ഐശ്വര്യ പ്രതാപ്, അൽ സകീന എന്നിവർ സംസാരിച്ചു.

എൻഐപി

പ്രവർത്തനങ്ങൾ
 എൻഐപി എൻഐപി എൻഐപി എൻഐപി



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18/03/2021

INTERCOLLEGIATE SEMINAR AND WORKSHOP.

Bhoomitrasena ,one of the wings of National Service Scheme of Baselius college has organised an intercollegiate seminar and workshop in association with Harithakeralam Mission in connection with Global Recycling Day on March 18,2021.The seminar registration was started at 9.30am.The programme presided over by the college Vice Principal Dr.Jyothimol P began at 10 am.National Service Scheme programme officers Dr.Viju Kurian welcomed everyone and Prof.Ashly Thomas felicitated the programme.The resource persons of Harithakeralam Mission Mr.Sarath Chandran,Ms.Archana Shaji, Ms.Archana Anoop,Ms.Gopika G,Ms.Sohinimol Chacko,Ms.Mariyam Joicy,Ms.Sheffy Molly John led the seminar on topic ‘Waste Management and Green Protocol’ and workshop session in which the volunteers learned to make various recycled products from the waste materials.There also conducted an exhibition of recycled products made by the volunteers.A certificate of participation has provided to the nss volunteers and a certificate of appreciation has provided to the resource persons by Harithakeralam Mission district coordinator Sri Ramesh P. The programme ended at 12.30 pm with the vote of thanks made by the Bhoomitrasena coordinator Sumina MS.The seminar was very helpful to learn about various possibilities of effective reuse and recycling of products.



National Service Scheme 2021-22

22/03/21

KILIKUDAM

Bhoomithrasena, one of the wing of National Service Scheme of Baselius College has observed World Water Day on March 22, 2021. On this day the volunteers conducted a program called Kilikudam in which volunteers hanged various pots(kilikkudam) filled with water on the college campus trees for providing drinking water for birds in this hot summer season .The programme also helped to make sure that the available drinking water is distributed equally among the living beings by realising and considering their essentiality.



National Service Scheme 2021-22



22/03/21

KUDINEER

Bhoomitrasena, one of the wings of National Service Scheme of Baselius College has observed World Water Day on March 22,2021 in which the volunteers provided drinking water to the police officers who were controlling traffic in the intense climate.Considering their struggle for our society in this hard situation,our volunteers decided to provide them a simple hands of relief with these bottles of water. We provided bottles of water to the police officers across different streets of Kottayam.

22/03/21

DROPLETS - MAGAZINE

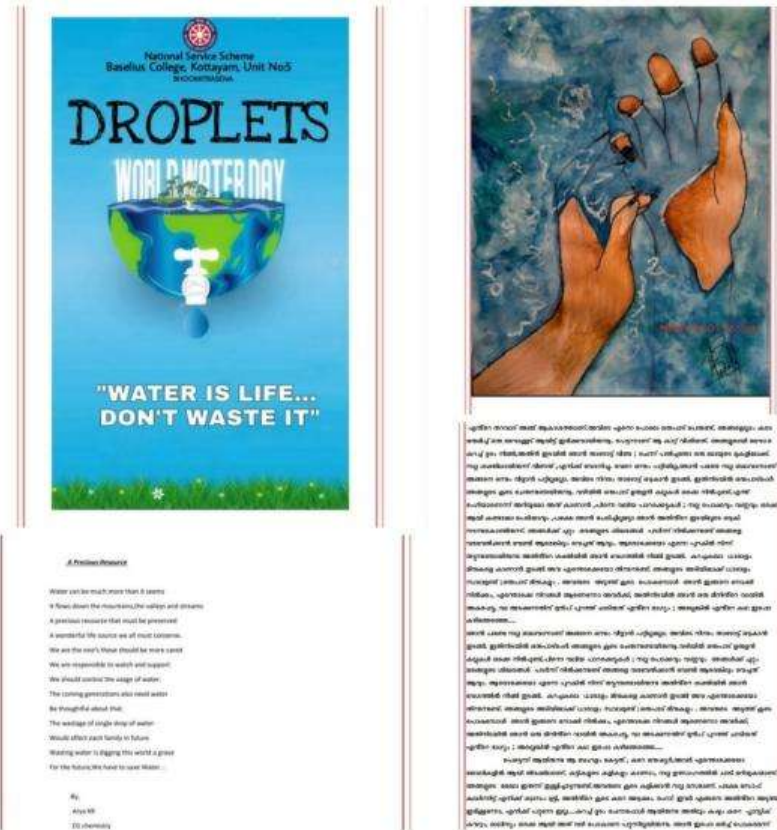
Bhoomitrasena, one of the wings of National Service Scheme of Baselius College has observed World Water Day on March 22, 2021 in which the volunteers released an online magazine DROPLETS which include various poems, stories, articles and drawings with the theme, importance of water and its protection. The programmes conducted in observance of World Water Day 2021 highlights the theme 'valuing water' helped to create awareness on importance of conserving water and its value.

National Service Scheme 2021-22

23/03/21

CAMPUS TREE CENSUS

Bhoomitrasena club in association with the department of Botany has organised a Campus Tree Census. The programme aim at identification of various species of trees and knowing their common and scientific names. The programme has inaugurated by the college principal Dr.Biju Thomas by providing a



name board showing the common and scientific name to one of the major trees of college campus (samaramaram). The principal talked about the importance of tree plantation and share the idea of making up a green campus in the inaugural speech. NSS programme officer Dr.Viju Kurian and Dr. MV Krishnaraj, Botany Department Professor spoke about the importance of this programme. Bhoomitrasena coordinator, Sumina MS made vote of thanks in the programme. After the inaugural function, Dr.MV Krishnaraj guided the volunteers through the campus and introduced every tree species in the campus. Volunteers noted the common and scientific name of trees, their species varieties and their number for creating datasheet including these details. The programme help in collecting information and better knowing of campus trees.

National Service Scheme 2021-22



24/03/21

RAILWAY STATION CLEANING

The Kottayam railway station area has been cleared under the auspices of Kottayam Baselius college national services scheme. With the help of S manager Babu Thomas, the project, which aims to focus on health and well being, was attended by 20 volunteers who met the covid standards. Even during this covid period N.S. S the cleaning program was successfully completed with the attitude that the activities of will not be diminished at all. Volunteers secretaries Arjun Ambily and Devika. P. Deepak were present on the occasion and led the way.

National Service Scheme 2021-22



National Service Scheme 2021-22

24/03/21

TUBERCULOSIS DAY

Baselius College National Service Scheme, Southern Railway and Kottayam TB Center jointly organized the National Tuberculosis Day. Dr. Sebastian Thomas of Kottayam TB Center conducted a tuberculosis awareness class at the Kottayam Railway Station. During the Kovid period he was reminded of the need for tuberculosis control and remedies. The function was presided over by Chief Health Inspector Pratap Satya. B Officer Dr. Twinkle and Station Manager Sabu Thomas NSS Program Officer Dr. Viju Kurian spoke.



24/03/21

Qn A WITH PUBLIC

A QnA event was conducted by Electoral literacy Club at Nagambadam Bus Stand, led by SVEEP representatives.

The Program was conducted in such a way that the volunteers ask various questions to random People and if the answers were right they were given a Mask.

This program checked how much the general public is aware of the election process.

Volunteers from other colleges also accompanied the program.

National Service Scheme 2021-22

01/12/2020 – 25/03/2021

VOTERS ID REGISTRATION



Our club was successful in Registering over 200+ new voters. The registration process was done in different phases. In the first phase 100 new voters were registered who lived in our neighborhood and in the second phase we also registered 100+ new voters from our college.

Along with the new ID registration, correction and transposition in voters ID was also done.

National Service Scheme 2021-22

26/03/21

DOCUMENTARY

A Documentary was prepared by Electoral literacy Club, National Service Scheme which focused on communicating the importance of vote. The general public were interviewed by the volunteers to know about their grounds on the Election and vote process.

The documentary approach that we have adopted was a cross between an interactive approach and an explanatory approach. The reason why I have chosen to use both approaches is so that elements from each approach are used to clearly demonstrate the meaning and purpose behind their vote.

Their opinion and answers were unbiased and was not at any influence.

The documentary is displayed on NSS Instagram page and was able to attract many attention.

National Service Scheme 2021-22



National Service Scheme 2021-22

27/03/21

BIKE RALLY

NSS Volunteers from our college participated in a Bike Rally initiated by SVEEP.

The flag was hoisted by Kottayam Collector Smt. M Anjana IAS.

The Rally started from Kottayam collectorate and stopped at Nagambadam.

The purpose of the rally was to spread awareness about the upcoming election and also about spread 100% Voting literacy.



28/03/21

ELECTION AWARENESS

As part of the Election awareness programs posters were hung on public places and at the nearest Election Booth.

National Service Scheme 2021-22

The posters showed the important documents to be taken by the voters while coming for the Election.

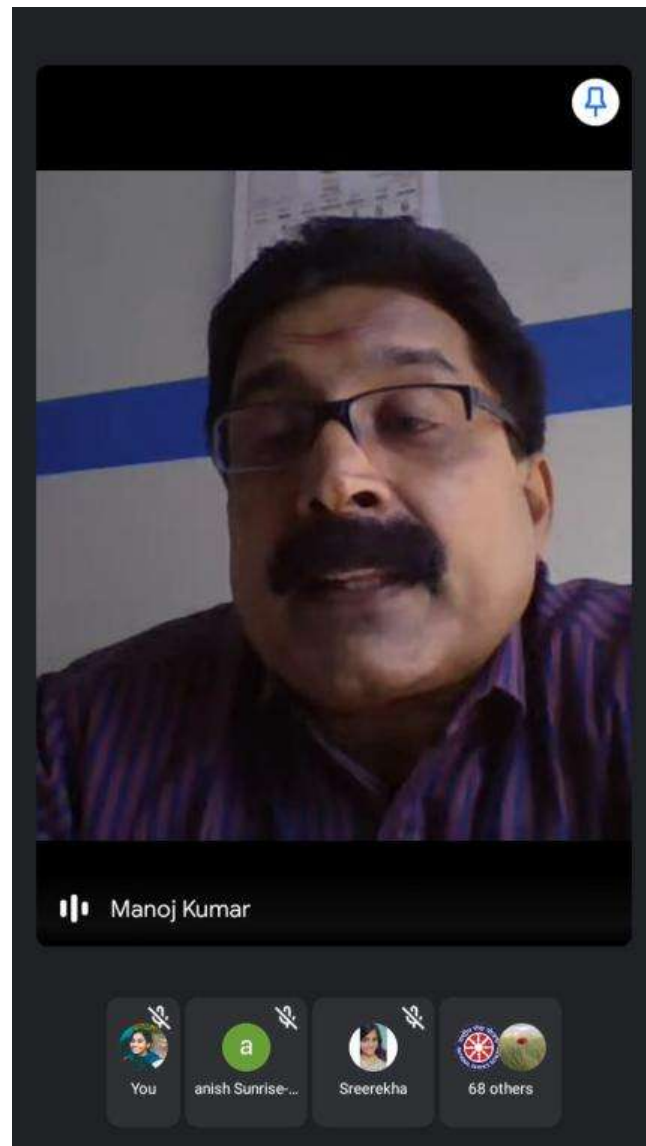


29/03/21

Saving Lives : Opportunities in General Safety

The fifteenth session of Be Positive of the year 2020 – 2021 was held on 29th March 2020 at 2 : 30 pm through Google Meet. The programme began with welcome speech delivered by Sethu Lekshmi S of D2 English , Be Positive coordinator. The session ‘ Saving Lives : Opportunities in General Safety‘ was led by Mr. Basil Raphael MC Fire and Safety consultant and trainer TUV Rheinland NIFE Academy PVT LTD. Mr. Manoj Kumar G Marketing wing Assistant General Manager also attended the program. He introduced about the company to the attendees. This session mainly dealt with all the aspects of Safety in Normal life. Mr. Basil Raphael MC also explained about ways in which people could be rescued at times of accidents. After that Dr. Viju Kurian and Prof. Ashly Thomas, programme officers of this NSS unit shared their lovely feedback and comments about the session. There were positive feedbacks from attendees too. The programme ended with vote of thanks delivered by Archana Lal of D1 Zoology. There were about 70 attendees in the programme. The programme lasted for an hour and ended at 3 : 30 pm.

National Service Scheme 2021-22



APRIL

05/04/2021

ELECTION AWARENESS VIDEO

On April 5, the Electoral Literacy Club of NSS released a video in association with the SVEEP and it was about the importance to cast vote in one's life and also about the Right to Vote. The video was very easy to understand and was prepared by combining the voice of peoples of all age group.

The major aim of the video is to provide the wanted awareness to cast a vote on the Election 2021. The Video was only 5:14 minutes and was shared through social media.

National Service Scheme 2021-22

Video Link: [rce=ig_web_button_share_sheethttps://www.instagram.com/tv/CM3YjrGDYuD/?utm_sou](https://www.instagram.com/tv/CM3YjrGDYuD/?utm_sou)

06/04/2021

WELCOMING POLLING AND PRESIDING OFFICERS OF ASSEMBLY ELECTIONS 2021

On April 6, as part of Kerala Assembly Election 2021, some of our NSS Volunteers were given the duty of welcoming the Polling Officers to the polling booth set up in our college. All volunteers were dressed in Kerala traditional wear and, were asked to give directions and necessary helps to the Polling Officers.



National Service Scheme 2021-22

07/04/2021

CAMPUS GARDENING

On April 7, the campus gardening programme was completed with herbs provided by the first year NSS Volunteers. Reused materials which included used Tyres, old utensils and waste plastic bottles were used for the decoration purposes, with the inclusion of natural bamboo wood for fencing. Tyres were held together with the help of screws and rope was used to make the top portion. Plastic Bottles were used as plantation pots and holders. The programme was conducted by obeying all the present Covid protocols.



National Service Scheme 2021-22



08/04/2021

MED TALKS

On April 8, Red Ribbon Club of NSS conducted an online session named “MED TALKS” which was held via Google meet at 7 PM.

The session centered upon the topic post covid health issues and remedies. The resource person of the programme was Dr. NIHAS K H, Physiotherapist, Mary Queens Mission Hospital, Kanjirappally, Kottayam. Both NSS programme officers, Dr. Viju Kurian sir and Prof. Ashly Thomas ma’am attended the meeting.

The welcome speech and vote of thanks were delivered by NSS volunteers.

During this harsh time of pandemic everyone is anxious and even afraid to take vaccine thinking of its aftermath. So, the chosen topic was appropriate in every manner which help reduce our anxieties and clear

National Service Scheme 2021-22

all the doubts we possessed. Dr NIHAS K H sir talked about the importance of breathing exercises and how to practice them. It was such a valuable session.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM UNIT NO. 5
RED RIBBON CLUB
MED TALKS
an online session on
Post Covid Health Issues & Remedies


Dr.NIHAS K.H
Physiotherapist,
Mary Queens Mission Hospital,
Kanjirappally, Kottayam

8th
APRIL
2021
7 PM to 8 PM

LIVE ON

GOOGLE MEET



13/04/2021

VACCINATION AWARENESS VIDEO

On April 13, the Red Ribbon Club of NSS released a comic video about vaccination awareness. The video was both funny and easy to understand and was prepared with the help of NSS volunteers as cartoon characters.

The major aim of the video is to provide necessary awareness to all age groups about the need and importance of covid vaccine. The video is just 1:45 minutes and was shared through social media.

Video Link: https://www.instagram.com/tv/CNnFi5yjwXO/?utm_source=ig_web_button_share_sheet

National Service Scheme 2021-22

21/04/2021

CIVIL SERVICE BRIDGE

On April 21, Baselius NSS conducted an online session named “CIVIL SERVICE BRIDGE” which was held via Google Meet at 4pm.

The session covered the topic about Civil Service jobs and Competitive exams. The resource person of the programme was Shiju P. N, Development Officer, LIC of India. Both NSS officers, Dr. Viju Kurian sir and Prof. Ashly Thomas ma’am attended the meeting. The Welcome speech and Vote of thanks were delivered by NSS volunteers.

Shiju P. N conducted a quiz competition in a digital manner based upon Civil Service based questionnaire. Out of the entire first year volunteers, three of them became winners. Bijin Abraham Thomas (D1 B.Com), Devika.T .S (D1 B.Com) and Devika.A (D1 B.Com SF) were the winners of the online session.

The selected topic was appropriate in every manner which helped to reduce our anxieties and clear all the doubts regarding exams. The resource person talked about the importance and opportunities of such competitive exams. It was such a valuable session.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM UNIT NO. 5

CIVIL SERVICE BRIDGE
an online session on
Civil Service Jobs & Competitive Exams

21st
APRIL
2021
4 PM to 5 PM

SHIJU P.N.
Development Officer,
L. I. C. of India

LIVE ON
GOOGLE MEET

National Service Scheme 2021-22



03/05/2021

BLOOD BEFORE VACCINATION

Donating blood before taking Corona vaccine does not cause any problems. In the situation of having taken the Covid vaccine, blood cannot be donated for a certain period of time. Therefore, an awareness video was created asking people to donate blood before taking the vaccine in order to reduce the incidence of blood clots and it was released under the name blood before vaccine and was shared in the official Instagram page.

Video Link: https://www.instagram.com/tv/COZu0pKDRP/?utm_source=ig_web_button_share_sheet

National Service Scheme 2021-22



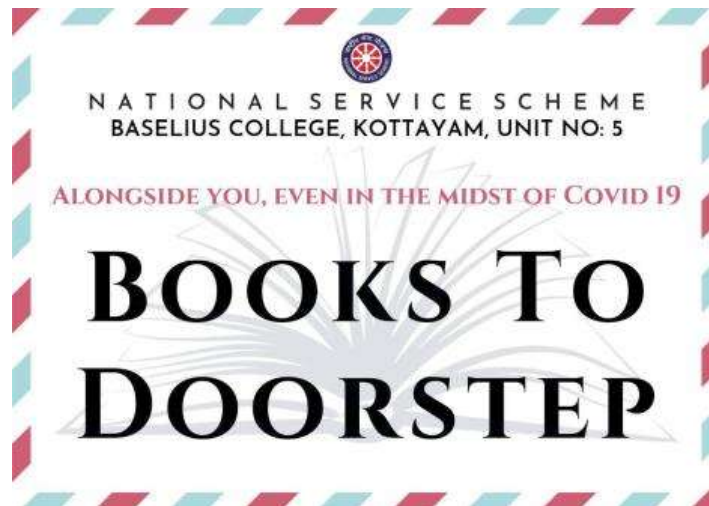
03/05/2021

BOOKS TO DOORSTEP

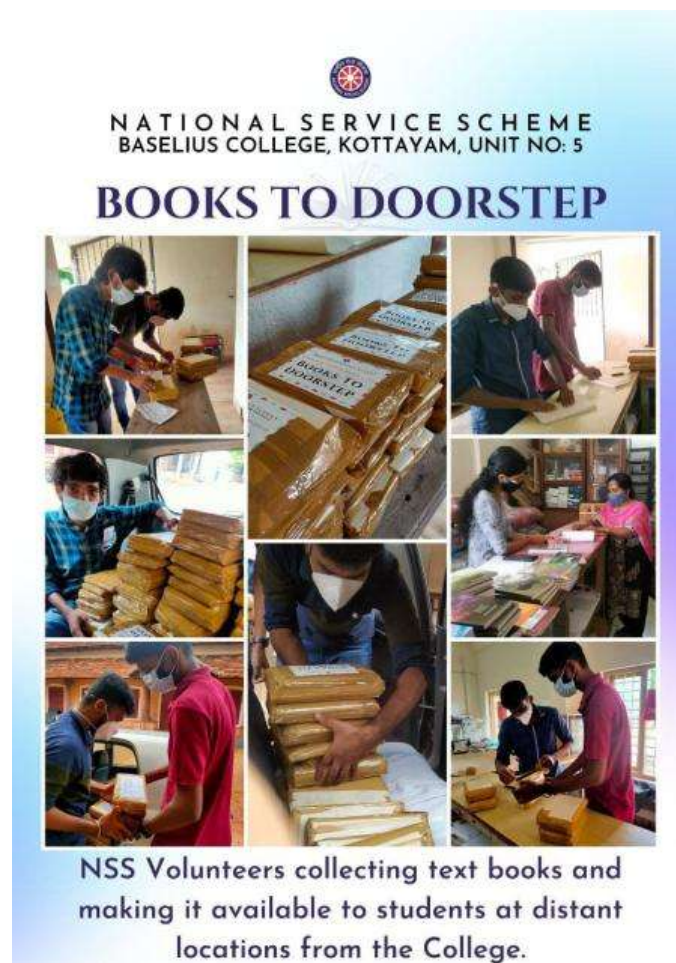
Due to the ongoing pandemic, students near and far alike from were not able to reach the college in order to buy their books. Therefore, N. S. S volunteers initiated the "**Books to Doorstep**" programme to ensure that the students were able to receive the books without the trouble of having to reach the college and thereby being able to study while being safe. By initiating this program about 81 students from all the departments where able to receive the books via postal service at low cost. A corresponding video of the program was shared on the official Instagram handle.

Video Link: https://www.instagram.com/p/COfpdRTDSsW/?utm_source=ig_web_button_share_sheet

National Service Scheme 2021-22



Brochure of the program



National Service Scheme 2021-22

04/05/2021

SMILE AT OBSTACLES

Spreading positive thoughts and ideas during this pandemic. As a part of spreading positive thoughts and ideas during this pandemic situation, NSS Volunteers released a one-minute video on 4th May, World Laughter Day. Each year, the foremost Sunday of the month May is celebrated as World Laughter Day. We created a one-minute lengthy video that aimed at the significance of laughter especially in this current Covid crisis. It played an important role in enlightening our physical and mental health. The video conveyed how, a little smile can be used to change and influence our mindset. The Video was later shared in the official Instagram account.

Video Link: https://www.instagram.com/p/COdEZWDjAh5/?utm_source=ig_web_button_share_sheet



12/05/2021

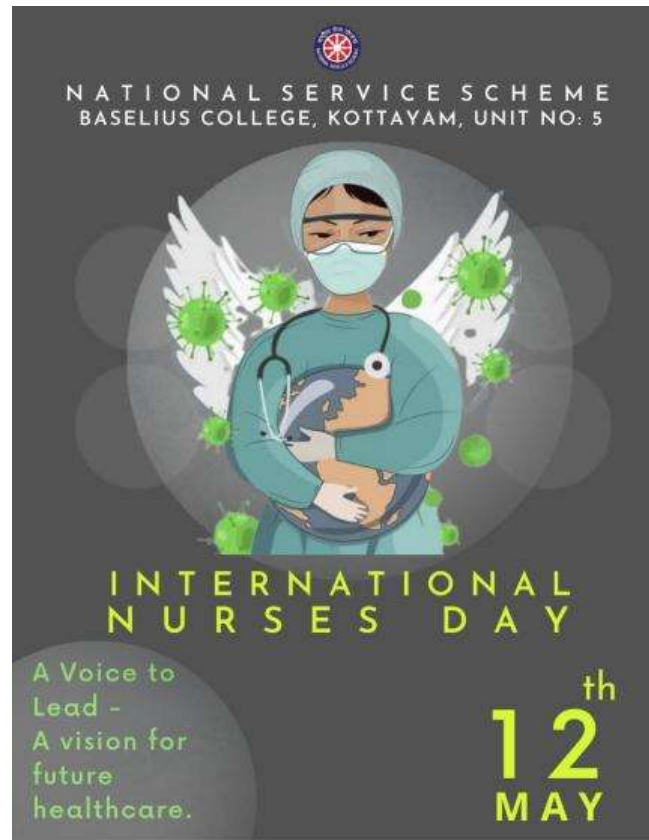
INTERNATIONAL NURSES DAY

On May 12, International Nurses' Day, the Red Ribbon Club of NSS Baselius, released a video about importance of nurses in our society. The video included the views and experiences of Nurses, working at different hospitals.

National Service Scheme 2021-22

The aim of the video was to portray the circumstances, about why they chose nursing as a profession and the threats that they came across during this current Covid situation. The video included all the important facts related to a Nurse.

Video Link: https://www.instagram.com/tv/COxX5vfjpyX/?utm_source=ig_web_button_share_sheet



National Service Scheme 2021-22



12/05/2021

CALLING THE SHOTS

On May 12th, International Nurses Day, an online session was conducted with the resource person being Lija Tom, Head Nurse, Ramaiah Hospital, Bengaluru Central, Bengaluru.

The session was about the experience of Nurses and their point of view upon Covid -19 & current pandemic situations. As a Head Nurse, she shared her life saving experiences that occurred during her career in the one-hour session from 7.30 pm to 8.40 pm of the programme.

National Service Scheme 2021-22

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5

MAY 12
International Nurses Day
CALLING THE SHOTS
an online session on
Nurse's point of view of Covid -19 & current
pandemic situations.


LIJA TOM
Head Nurse,
Ramaiah Hospital,
Bengaluru Central,
Bengaluru

12th
MAY
2021
7.30 PM TO
8.30 PM

Live On

Google Meet

13/05/2021

MASK, PAPER BAG & PAPER PEN MAKING

On May 13, each NSS Volunteers made 5 paper bags, 5 face masks (cloth masks) and 10 paper pens. We took this initiative for life skill development. The programme was conducted under the guidance of Bhoomithrasena coordinators ShahalMiraj C.K and Sumina M.S. We aimed at reducing usage of plastic.

National Service Scheme 2021-22



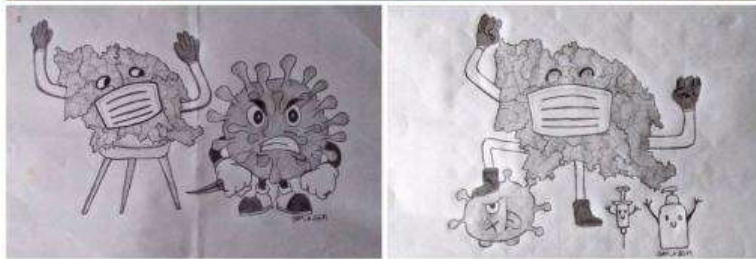
16/05/2021

KOTTAYAM IN THE PATH OF RECOVERY

Presence of the genetically altered Covid -19 Virus present in Maharashtra was detected at Kottayam. Therefore, the district of Kottayam was held under strict restrictions. Of the 14 districts in Kerala, Kottayam having the highest number of corona cases reported, was the picture drawn by Sam. K. S, First year NSS Volunteer. It was dedicated to the people who fought against the pandemic. The drawing video which included both positive and negative side of Kottayam fighting against Corona virus and was released under the name “Kottayam in the path of recovery” and was shared in the official Instagram handle.

Video Link: https://www.instagram.com/tv/CO7cdJ1jJTA/?utm_source=ig_web_button_share_sheet

National Service Scheme 2021-22



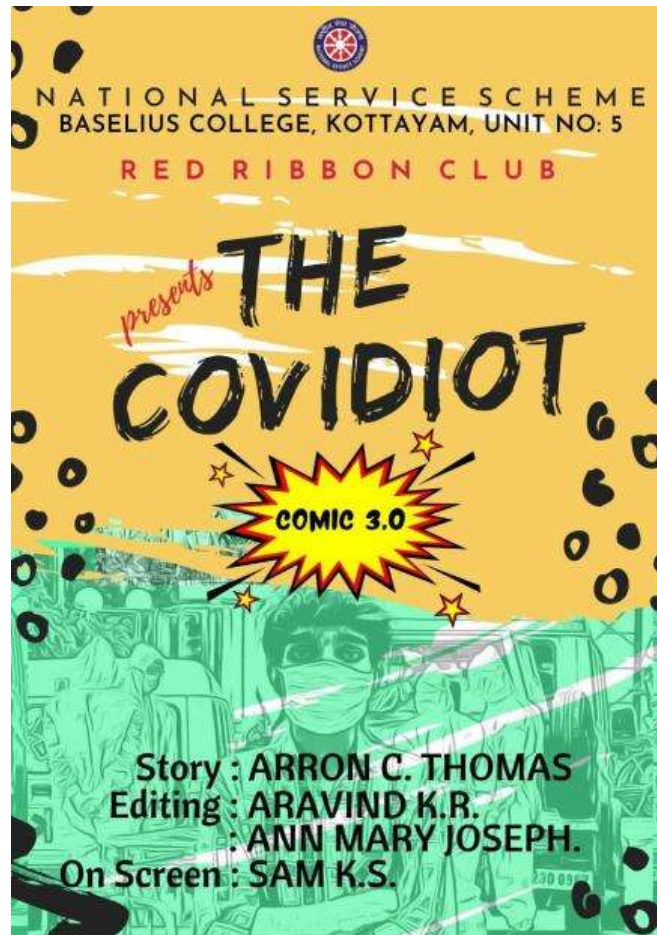
18/05/2021

THE COVIDIOT

As a part of current Covid situation, Baselius NSS unit prepared and released a Comic on 18th May 2021. The story of the Comic was brought forth by Arron C Thomas, Editing was handled by Aravind K. R. and the comic was presented by Sam K. S. The comic was prepared on the experience of an individual, working in a community that violates the guild lines laid down by the government to prevent the worldwide epidemic of covid from spreading to others.

Comic Link: https://www.instagram.com/p/CPA-y85jGSw/?utm_source=ig_web_button_share_sheet

National Service Scheme 2021-22



19/05/2021

CRUSH THE CURVE

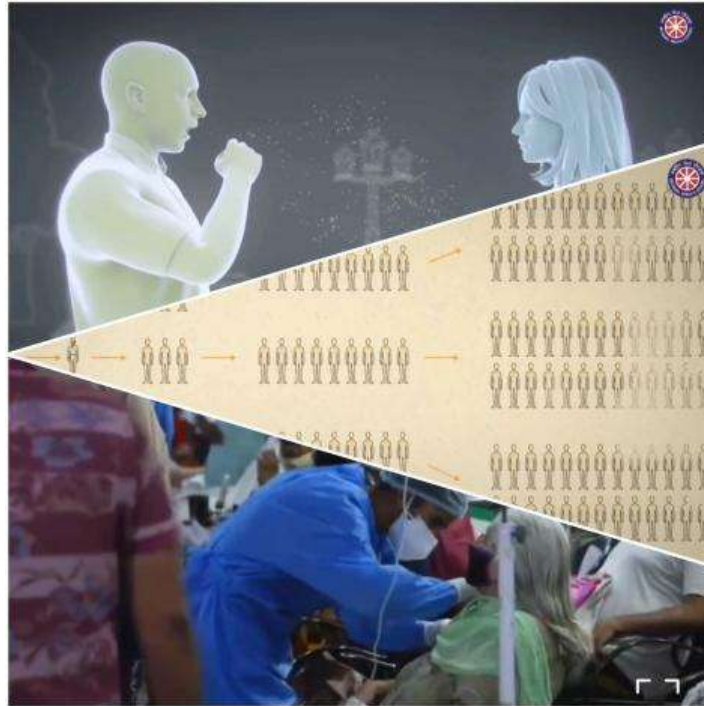
"Self-care, Social care", As part of increasing positivity rate of COVID 19 across India, Baselius NSS Unit prepared and released an awareness video through social media on May 17th 2021.

After the discussions everyone warmly welcomed the idea of awareness video. Because of the second wave of COVID 19 death rates and Positivity rates are increasing day by day. Even though no one is hygienic or careful as before. In order to avoid increased death rates and decreased hygiene, we thought of creating an awareness which would definitely make everyone think of this current scenario.

The basic idea of this 2-minute video was contributed by Athira Das of Economics Department and the main attention, editing was done by BBA students Shery Abraham Philipose and Aravind K.R. Sound for the video was given by Jincy K of Malayalam Department. After the final approval released the video on may 17th during the lock down days. Got so many messages after the release.

Video Link:https://www.instagram.com/tv/CO9kB6MjT1o/?utm_source=ig_web_button_share_sheet

National Service Scheme 2021-22



20/05/2021

POUCH MAKING

The twelfth programme of Be Positive wing was a pouch making tutorial. It was done through sharing the pouch making tutorial video uploaded in the YouTube channel of Baselius College National Service Scheme. The pouch making video was done by NSS volunteers and edited by Aravind.K.R. of D2 BBA. The YouTube link of the video was shared among the volunteers and were given a task that is to create such pouches with some them own innovative skills. This programme helped in encouraging students to make hand-made cloth pouches which can be used for replacing plastic pouches with eco-friendly pouches. The entire programme was conducted with the guidance and support of the programme officers Dr. Viju Kurian and Prof. Ashly Thomas.

National Service Scheme 2021-22



21/05/2021

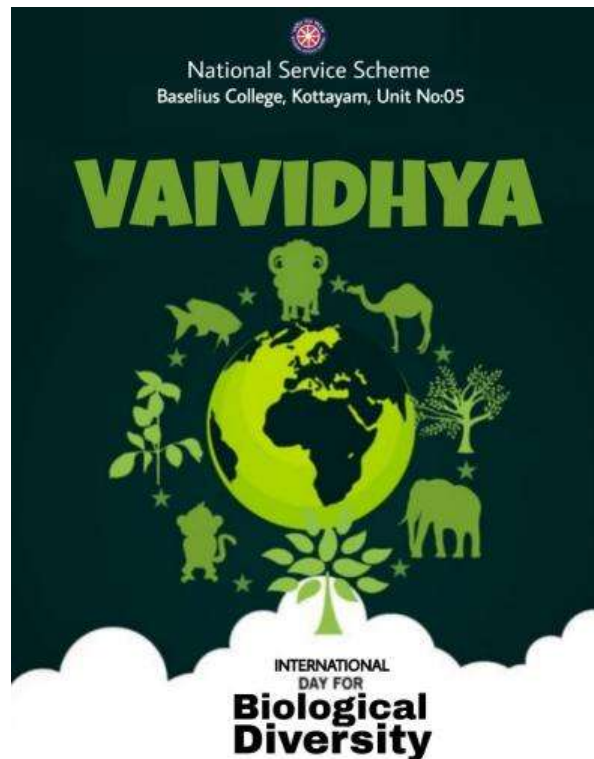
ANTI-TERRORISM DAY

It's the need of the hour to create an awareness among people about the adverse effects of terrorism in our country and world. National Anti-terrorism day is observed every year on may 21, as the remembrance of the tragic terrorist attack which caused the death of our beloved former prime minister Rajiv Ratna Gandhi. Aim of the day is to wean away the youth from terrorism and cult of violence by highlighting the suffer of common people. As a part of awareness, We NSS Volunteers created a one-minute extended video which comprises of awareness and tragic effects of terrorism around our world, the video was shared across social media networks.

22/05/2021

VIVIDHYA – DIGITAL MAGAZINE ON INTERNATIONAL BIODIVERSITY

All for one and one for all, keep Biodiversity secure or our future may fall. On 22 May 2021, International Biodiversity Day, Baselius NSS Unit presented an online magazine called “**VIVIDHYA**”. Biodiversity is the assurance for life on our planet. Therefore, it must be protected at all costs because of it being a Universal heritage that can offer immediate advantage to human beings. It's our responsibility to save our "Mother Earth." It's provides everything free and it's our duty to keep this safe and don't try to lose it at any cost. Let us rise up for a healthier and fitter planet. The digital magazine was circulated through social media.

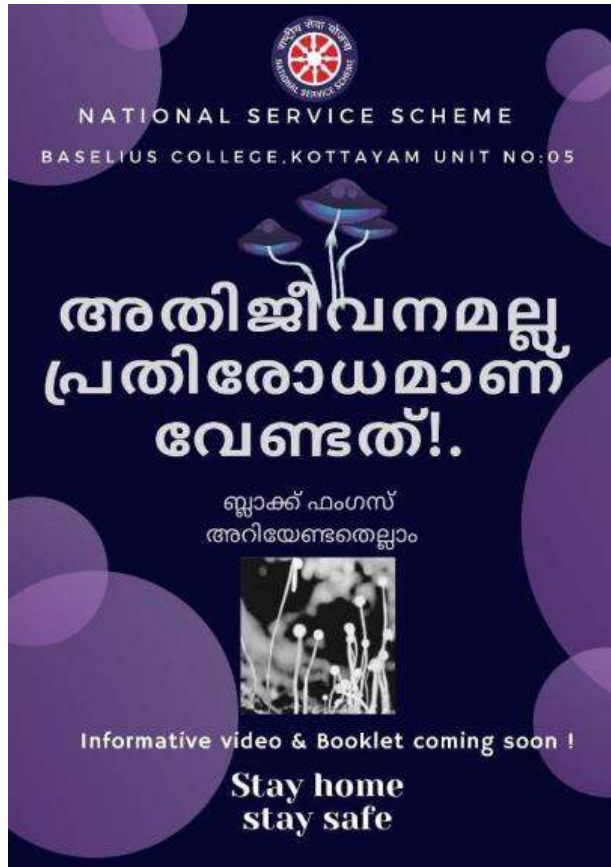


National Service Scheme 2021-22

24/05/2021

BLACK FUNGUS AWARENESS VIDEO & BOOKLET

When the second wave of COVID 19 become so crucial, another fungal infection named Black FUNGUS, was reported in Kerala. Baselius NSS unit prepared and released an awareness video and a booklet through social media. The awareness video is in the form of a video call discussion of four friends. They discussed about symptoms, remedies & the victims of black fungus. The released booklet contains so many information about black fungus. These two programs could aware the society all about the black fungus infection.



National Service Scheme 2021-22

25/05/2021

QUARANTINE TIPS

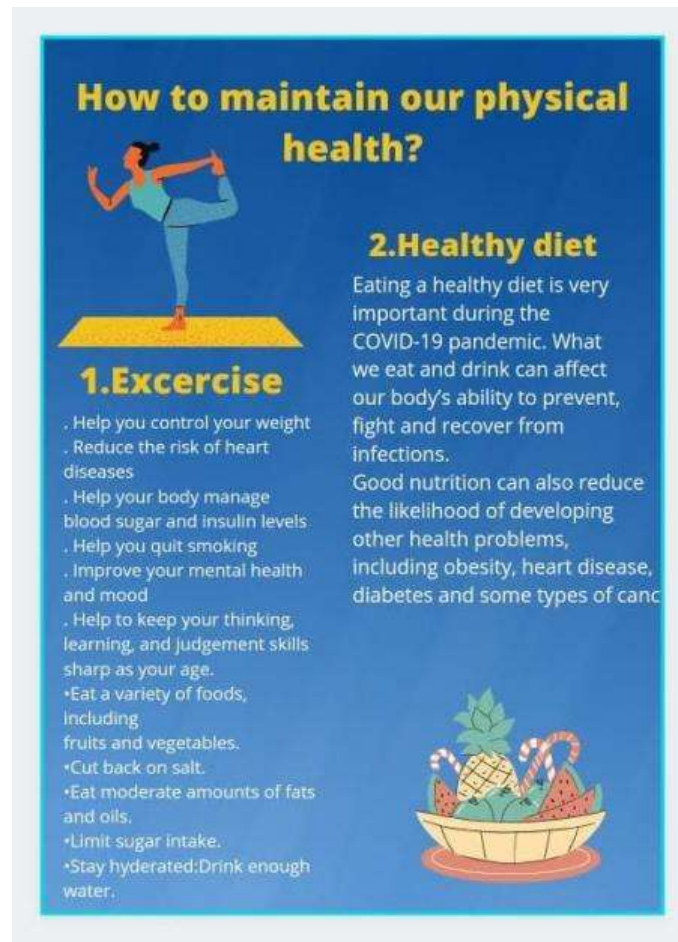
During this difficult time, it's important to continue looking after your physical and mental health. This will not only help you in long term, it will also help you fight Covid- 19 if you get it!

How to maintain our physical health?

How to maintain our mental health?

How to keep ourselves and others safe?

These were the questions included in the pdf, which were circulated in the social media network in pdf format. This was very informative for the people in and around us.



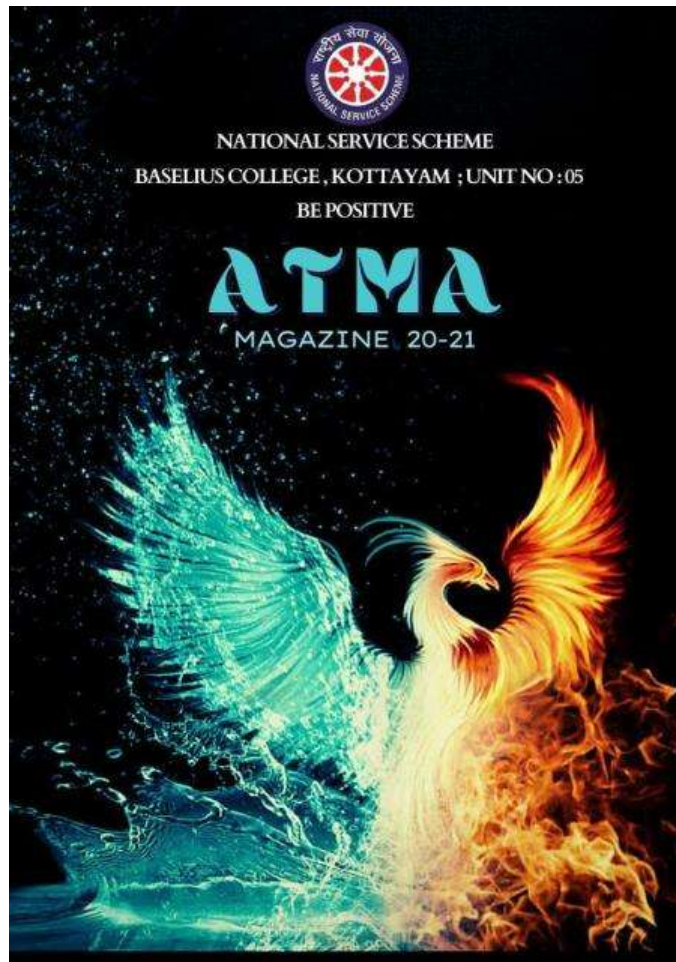
National Service Scheme 2021-22

30/05/2021

ATMA – ONLINE MAGAZINE

The Mega magazine ATMA was released on may 30 in flip HTML format. The magazine was prepared by NSS volunteers the guidance was given by Be positive coordinators Sethulakshmi.S & Sreerekha Sreekumar. College Principal Dr. Biju Thomas wrote felicitation NSS programme officers Dr. Viju Kurian & prof. Ashly Thomas added their words. Through the online magazine we aim at giving a platform to show the budding talents of 1st NSS volunteers. The magazine was fulfilled with both Malayalam and English writings, poems, short stories etc. In every page we mentioned valuable quotes that could inspire readers.

Flip Book Link: <https://heyzine.com/flip-book/7fdafa9076.html#>



National Service Scheme 2021-22

DATE	PROGRAMME
04/06/2021	International Day Of Innocent Children Victims Of Aggression
05/06/2021	World Environmental Day
06/06/2021	Plant4Life@21
07/06/2021	Test Your Plant Knowledge
07/06/2021	World food safety day
08/06/2021	Pocket Compost
09/06/2021	OruChedi Nadu
10/06/2021	Think Outside Trash
11/06/2021	Medicinal Plants
12/06/2021	Learning Cope With Stress
14/06/2021	Let's Talk About Blood Donation
19/06/2021	Campaign -12
21/06/2021	Ashtanga 2K21
21/06/2021	Inhale Exhale Yoga At Home
23/06/2021	രണമുഖം (Online Magazine)
26/06/2021	International Against Drug Abuse & Illicit Trafficking

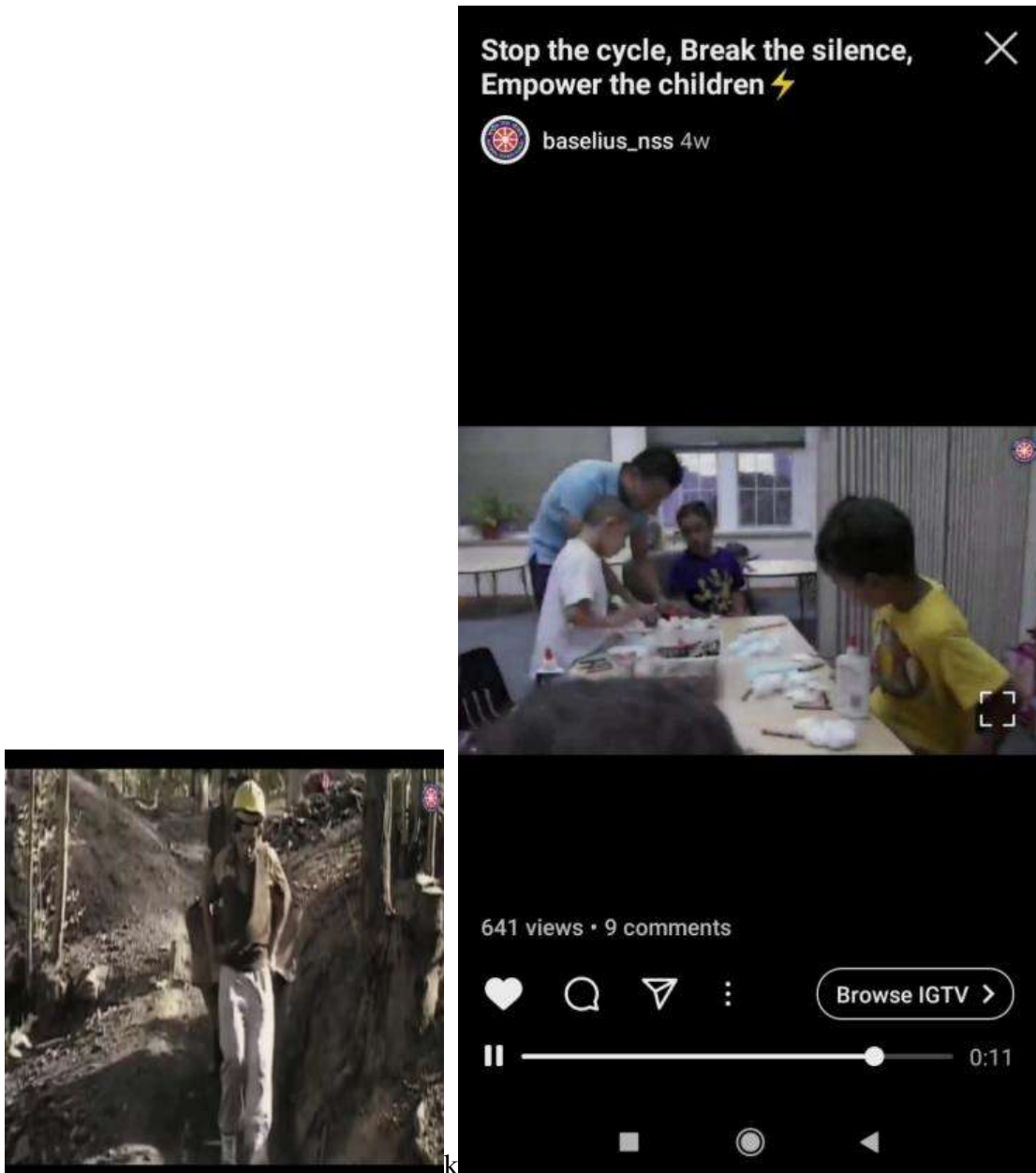
National Service Scheme 2021-22

INTERNATIONAL DAY OF INNOCENT CHILDREN VICTIMS OF AGGRESSION

On behalf of Electoral Literacy Club, we the nss volunteers published a video in observation with International day of innocent children victims of aggression. The video was released on 4th June 2021 through Instagram as a part of our responsibility to give awareness of this day to the society, created a 1 min video of this day. The purpose of this day is to remember, acknowledge and address the violence committed against children worldwide through war, terrorism, sexual abuse etc. The Video was edited by Abhijith and dubbed by ArathyShaji. This awareness video has been released under the coordination of Electoral Literacy Club Co-Ordinators Dhanush and AthiraDas. The video has received positive comments and reviews from social media. As we all know in this generation majority of severe abuses are faced by the children's, it's not only the matter of time well as it's the need of the Society to uphold a healthy and prosperous future generation. By sharing it through social medias, we believe that this awareness may help to raise children's state to a better one from that of this time.

https://www.instagram.com/tv/CPsJ0cUDMYa/?utm_medium=copy_link

National Service Scheme 2021-22



WORLD ENVIRONMENTAL DAY

On June 5 , world environmental day the bhoomithrasena of NSS decided to organize a 7 day program named BIOME. As the 1st day of BIOME volunteers released a introductory video representing importance environmental day and the need to protect our mother earth.

Volunteers also put forward a challenge named plant4life@21 which aims to plant 1000 plants in 24 hours. The brochures related to challenge and video are also released along the video.

As a part of this week we decide to introduce a medicinal plant every day and we started with Fenugreek.

National Service Scheme 2021-22



PLANT4LIFE@21

On June 6, the second day of biome week we released our video on social media for achieving 1300 plants in 20 hours related to the challenge plant4life@21. It was really a great success of the volunteers to achieve our goals within 20 hours. The brochure too was released along with the video. The brochures of medicinal plant too get released as a part of our program. Our 2nd medicinal plant was Aloe vera.



TEST YOUR PLANT KNOWLEDGE

On June 7, the third day of biome week we released an online flip-book named TEST YOUR PLANT KNOWLEDGE which includes many more knowledge about plants, their origin, their importance etc. It

National Service Scheme 2021-22

was really useful for all belonging to any age groups. It is easy to understand and make sense. We also released the brochures of medicinal plant named Tulsi.

<https://heyzine.com/flip-book/6027418135.html>



WORLD FOOD SAFETY DAY.

07-06-2021

On the behalf of Pothichor wing, wethenss volunteers published a Video in observation with world food safety day The Vedio was released on 7th June2021 through Whats App to give a awareness of the day to the society the purpose was to tell the society about the wastage of food. The video actually shows about the wastage of food that hotel does as well as in our homes and also it shows about the issues about how we can control the wastage of food in our life through practical.

<https://drive.google.com/file/d/12-TQo9NV4112adhfD24fIXWYjWaYCcBa/view?usp=drivesdk>

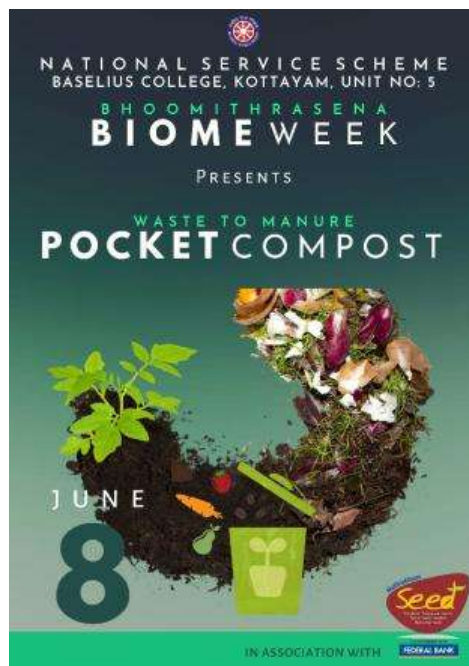
National Service Scheme 2021-22



POCKET COMPOST

On June 8, the 4th day of biome week we, the NSS volunteers released a short video about how to make a pocket compost. The name of the program was POCKET COMPOST which tells how easily a compost can be made at home. The video was released through social media and volunteers made compost in their own home.

We also released the brochures of medicinal plant named Pennywort.



National Service Scheme 2021-22

ORU CHEDI NADU

On June 9, the 5th day of biome week we introduced a troll challenge named ORU CHEDI NADU. The troll videos of the participants may collected . The last day of troll video collection is June 19. The trolls collected must be posted in our instagram pages for social media support. The results may announce at the last of June. It was a new idea among the volunteers to encourage trollers and to increase the sense of everyone about the importance of protecting our mother earth. So the topic provided was ECOSYSTEM RESTORATION. We released the brochures of medicinal plant named Mint.



THINK OUTSIDE TRASH

On June 10 , the 6th day of biome week we introduced THINK OUTSIDE TRASH which includes craft items made by NSS volunteers using materials which are harmful to the environment. The photos and methods of preparation was released through social media. It is really a informative program for everyone. We released the brochures of medicinal plant named Neem.

National Service Scheme 2021-22



MEDICINAL PLANTS

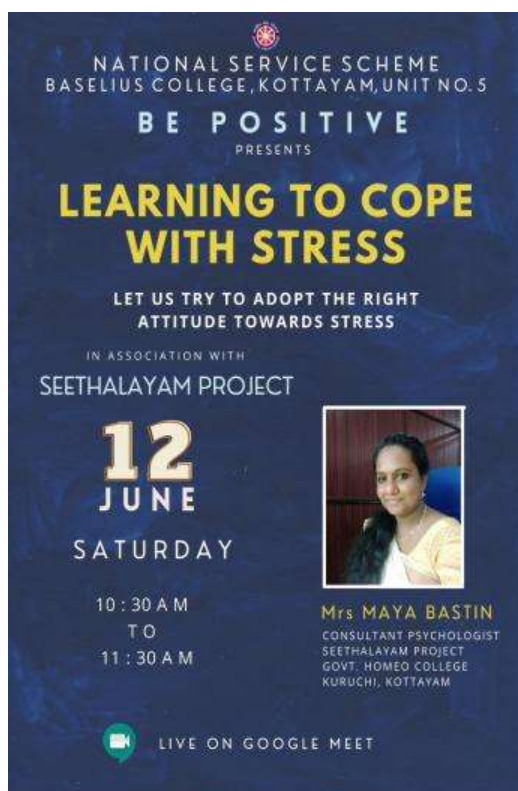
On June 11, the last day of biome week we just concluded our programs by releasing the medicinal plant brochures named Borage.



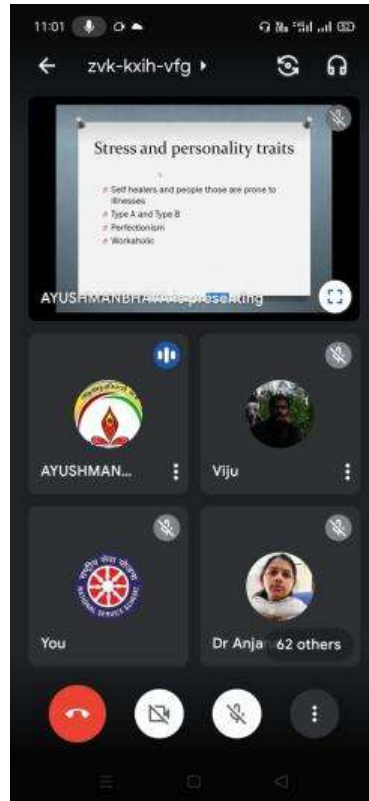
National Service Scheme 2021-22

LEARNING TO COPE WITH STRESS

BE POSITIVE is one among the wings of the National Service Scheme of Baselius College, Kottayam . This wing aims to promote positive thoughts among the students and we organise sessions on various topics to generate a positive mentality in students. The Very First Session of Be Positive of the year 2021-2022 was held on 12th June 2021 at 10:30 am through Google Meet. The Programme began with an NSS Song recited by Neha Susan Zachariah of D2 English. RRC Joint Secretary Ambily Anna George of D2 Zoology has addressed the audience. The Session was organised in association with Seethalayam Project. The Session began with an Introductory Speech by Dr.Anjana Chandran, Medical Officer, National Ayush Mission, Seethalayam Project, GHH, Kurichy. Following the Introductory speech the core session was held by Mrs Maya Bastin, Consultant Psychologist, Seethalayam Project, GHH Kurichy. The session dispensed a clear picture about the right way to adopt a positive attitude towards stress. The session was truly an explanation of the quote “Give your stress wings ...Let it fly away”. After the session Dr. Viju Kurian, Programme Officer, NSS Unit of Baselius College shared his reviews about the session. Prof. Ashly Thomas, Programme Officer, NSS Unit of Baselius College had also shared her reviews about the session. The Session came to an end with the vote of thanks delivered by Sreedarsana. P of D2 Chemistry, Be Positive Coordinator. There were about 64 participants for the session. The webinar session concluded at 11:45 am.



National Service Scheme 2021-22



LET'S TALK ABOUT BLOOD DONATION.

14-06-2021 June 9.30 Baselius College celebrated Blood Donor's Day under the auspices of the Red Ribbon Club of National Service Scheme, Baselius College, Kottayam. The programme was upon the topic "Let's talk about blood donation". The program started with NSS song by RRC Joint secretary, Sam .K .S, at 9.30 am. NSS program officer Dr.viju Kurian provided the Welcome Speech. Mr. ShaikShareef, the owner of the "Friends to Support" application, then took the Key-note address. The class was about the topic "misconceptions about donation blood during Covid". Friends 2 Support networks and their application is the largest voluntary blood donors network in the world. NSS programme officer, Prof.Ashly Thomas felicitated the programme. Afterwards, volunteer secretary ArathyShaji gave feedback upon the class. NSS volunteer Archanalal also gave her feedback. RRC Secretary Aravind K. R. delivered vote of thanks to the session .RRC joint secretary Ambily Anna George hosted the programme . The program ended at 10.30 am.

National Service Scheme 2021-22


NATIONAL SERVICE SCHEME
 BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5
RED RIBBON CLUB
JUNE 14
WORLD BLOOD DONOR DAY
 PRESENTS
LET'S TALK ABOUT
BLOOD DONATION
 MISCONCEPTIONS ABOUT BLOOD DONATION
 DURING THE PANDEMIC (IN ENGLISH)

IN ASSOCIATION WITH
 **friends2support.org**
 (Where strangers become friends)

14

JUNE

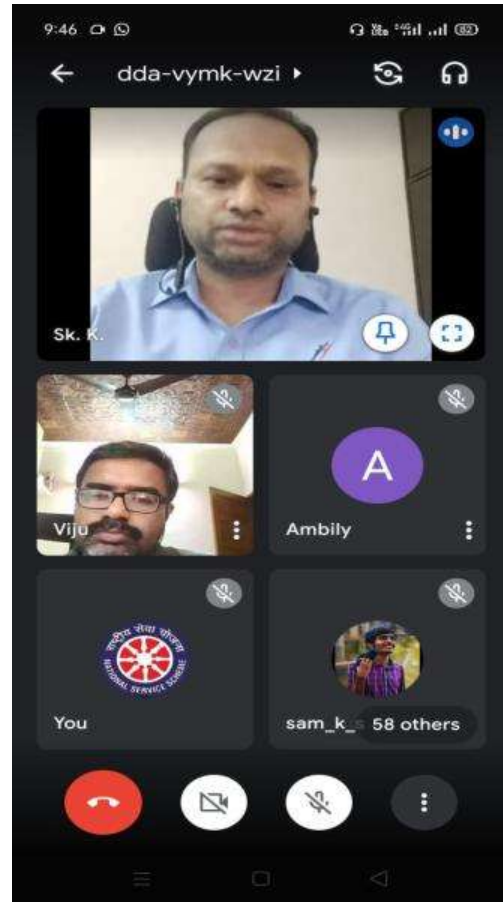
MONDAY

9.30 AM TO

10.30 AM


SHAIK SHAREEF
FOUNDER
FRIENDS2SUPPORT.ORG
(WORLD'S LARGEST VOLUNTARY BLOOD DONORS NETWORK)

 **LIVE ON GOOGLE MEET**

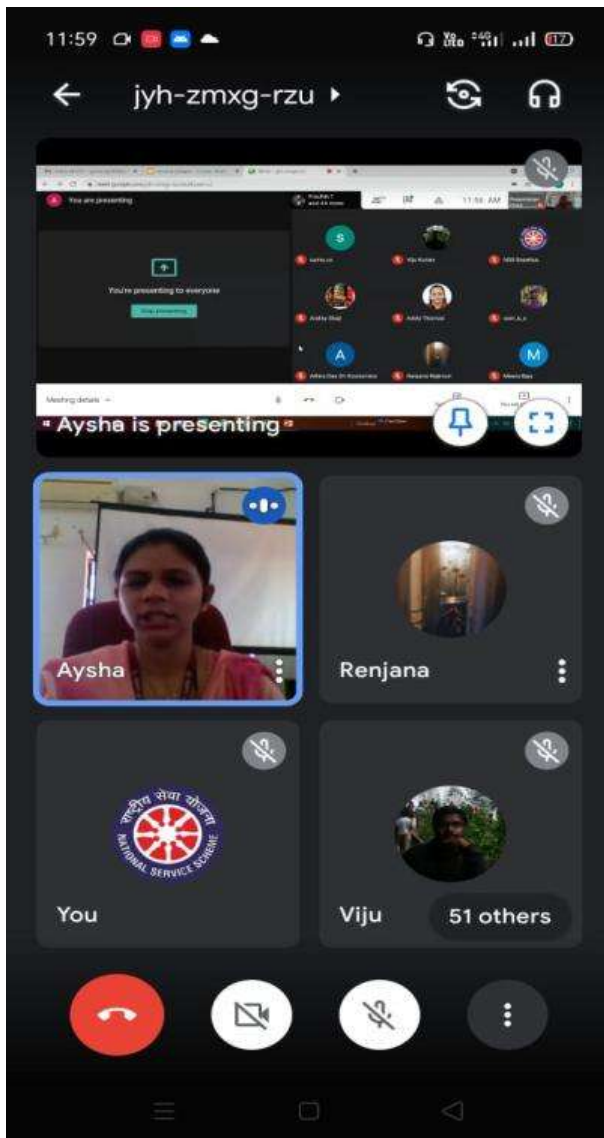


- | | |
|----|---------------------|
| 1 | ARAVIND KR S |
| 2 | SANDEEP SHARMA |
| 3 | SHERRY ABRAHAM |
| 4 | ANJITHA A NAIR |
| 5 | SAM KS |
| 6 | NEVIN KURUVILA |
| 7 | ARATHY SHAJI |
| 8 | ASNAMOL SHINE |
| 9 | AMBILY ANNA |
| 10 | ANGITH V.V |
| 11 | ABHITHA RANJI P |
| 12 | DHANUSH M |
| 13 | ATHIRA DAS |
| 14 | SREEDARSHANA |
| 15 | SNEHA SEBASTIAN |
| 16 | AARON C THOMAS |
| 17 | SUJIL SAJI |
| 18 | ABHIJITH P |
| 19 | LINTA RACHEL |
| 20 | AISWARYA A.K |
| 21 | AVINASH T NAICK |
| 22 | ARCHANA LAL |
| 23 | ANAMIKA BINU |
| 24 | SANGEETHA SAJI |
| 25 | MEERA RAJ |
| 26 | NIDHIN PRASAD |
| 27 | MEERA M |
| 28 | ARATHY ARAVIND |
| 29 | REMYA R NAIR |
| 30 | AHALYA ANOOP |
| 31 | ANANDHAKRISHNAN P.R |
| 32 | ARYA K.R |
| 33 | MEGHA S KUMAR |
| 34 | NEHA SUSAN ZACHARIA |
| 35 | VISMAYA |
| 36 | ASMIL ANEESH |
| 37 | ABHIJITH SHAJI |
| 38 | RINKU MARIAM JACOB |
| 39 | NEENU |
| 40 | NIMMY |
| 41 | ARYA MOL |
| 42 | ASHNA MARY PATHROSE |

National Service Scheme 2021-22

CAMPAIGN -12

In association with Ministry of Women and Child Development Government of India conducted an online session called Campaign-12. On June 19th Saturday, the session started at sharp 11:00am with the NSS song recited by RRC join secretary Sam K.S. NSS Programme officer Prof.Ashly Thomas addressed the audience. The session began with an introductory speech by the moderator of Campaign -12 , smt Suma C.S ICDS supervisor, Kumaranellor Kottayam. The mainsession was held by Dr.Aayisha Baiju Rahim (Pathologist, Assistant surgeon). The session gave clear view about Anemia. Felicitation was given by NSS



programme officer Dr.Viju Kurian. Feedback session was really informative. Vote of thanks were delivered by NSS volunteer secretary AsnaMol Shine and there were about 60 participants. The webinar concluded at 12:00 pm.

National Service Scheme 2021-22

ASHTANGA 2K21

BE POSITIVE is one among the wings of the National Service Scheme of Baselius College, Kottayam. This wing aims to promote positive thoughts among the students and we organise sessions on various topics to generate a positive mentality in students. In observation with International Yoga Day BE POSITIVE Wing presents a 8 day tutorial video series from 21st June 2021 till 28th June 2021 under the title Ashtanga 2k21. Yoga is said to have originated thousands of years ago in India · This year marks the 7th edition of International Yoga Day on June 21,2021 and accordingly the theme for International Yoga Day 2021 has been decided by the UN to be “Yoga for well-being”. The Tutorial video is being released through BaseliusNss Official YouTube Channel. Through the series we aimed to complete basic yoga protocol. The Series was held by ArdralekshmiDev, State level Yoga Performer. We have received a great positive response from the public.

Brochure



Tutorial video link

Day 1

<https://youtu.be/CDzJW3SSe-k>

Day 2

<https://youtu.be/t2OP-NbFoo>

Day 3

<https://youtu.be/dmKjb1CTCoc>

National Service Scheme 2021-22

Day 4

<https://youtu.be/trumb0CJzjo>

Day 5

<https://youtu.be/kDNxLzQy5fA>

Day 6

<https://youtu.be/HCHAIID0PfM>

Day 7

https://youtu.be/CCvK8C2_gSo

Day 8

<https://youtu.be/EZS7DiYvBXo>

INHALE EXHALE

In observation with International Yoga Day NSS volunteer secretaries conducted an online google meet session a tutorial about simple yoga on 21 June, time -7:00 to 7:30 am under the title INHALE EXHALE yoga at home. Yoga is said to have originated thousands of years ago in India · This year marks the 7th edition of International Yoga Day on June 21, 2021 and accordingly the theme for International Yoga Day 2021 has been decided by the UN to be “Yoga for well-being”. Tutorial google meet session was really useful for all participants there were 64 NSS volunteers attended the online session. Also we attended Yoga session conducted by Prime Minister Narendra Modi live on Dooradarshan channel . We aimed to complete basic yoga protocol. The Session was held by Nandana Dileep-NSS Volunteer and Yoga Practitioner. We have received a great positive response from the volunteers.

National Service Scheme 2021-22

1. ARAVIND KR S
2. SANDEEP SHARMA
3. SHERRY ABRAHAM
4. ANJITHA A NAIR
5. SAM KS
6. NEVIN KURUVILA
7. ARATHY SHAJI
8. ASNAMOL SHINE
9. AMBILY ANNA
10. ANGITH V.V
11. ABHITHA RANJ P
12. DHANUSH M
13. ATHIRA DAS
14. SREEDARSHANA
15. SNEHA SEBASTIAN
16. AARON C THOMAS
17. SUJIL SAJI
18. ABHIJITH P
19. LINTA RACHEL
20. AISWARYA A.K
21. AVINASH T NAICK
22. ARCHANA LAL
23. ANAMIKA BINU
24. SANGEETHA SAJI
25. MEERA RAJ
26. NIDHIN PRASAD
27. MEERA M
28. ARATHY ARAVIND
29. REMYA R NAIR
30. AHALYA ANODP
31. ANANDHAKRISHNAN P.R
32. ARYA K.R
33. MEGHA S KUMAR
34. NEHA SUSAN ZACHARIA
35. VISMAYA
36. ASMIL ANEESH
37. ABHIJITH SHAJI
38. RINKU MARIAM JACOB
39. NEENU
40. NIMMY
41. ARYA MOL
42. ASHNA MARY PATHROSE

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5

JUNE 21
INTERNATIONAL DAY OF YOGA
PRESENTS
Inhale Exhale
YOGA AT HOME

JUNE 21
7.00 TO 7.30 AM

NANDANA DILEEP
NSS VOLUNTEER &
YOGA PRACTITIONER

LIVE ON GOOGLE MEET

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 05

**INTERNATIONAL
YOGA DAY**

June
21

The term "yoga" comes from a Sanskrit word meaning "union." Yoga combines physical exercises, mental meditation, and breathing techniques to strengthen the muscles and relieve stress.

National Service Scheme 2021-22

തണൽ (Online Magazine)

Electoral Literacy Club, the wing of BaseliusNSS Unit presents an online magazine under the title തണൽ through social media on 23rd June 2021. The Magazine was in association with the day observation of Public Service Day which is observed on June 23rd every year..It presents an idea on the importance of public service and its part in the development of the country and it also considers the importance of public servants in fighting COVID-19. The Magazine had received positive feedback from the Public.



<https://heyzine.com/flip-book/83cebf4539.html>

Each and everyone in this world can be a public servant when they realise their purposes in life.

INTERNATIONAL AGAINST DRUG ABUSE&ILLCIT TRAFFICKING

The Nss song was sang by RRC Joint Secretary Sam K S and the welcome speech was delivered by Volunteer Secretary Sandeep Sharma.

The pledge and message of the day was delivered by Anti Narcotics Cell coordinator Sherry Abraham Philipose.

Vote of thanks was delivered by RRC Secretary Aravind KR.

National Service Scheme 2021-22

The programme rather went in a nice manner. It took about 15 minutes and got wind up by 9:45am

Attendance List

1	ARAVIND KR S
2	SANDEEP SHARMA
3	SHERRY ABRAHAM
4	ANJITHA A NAIR
5	SAM KS
6	NEVIN KURUVILA
7	ARATHY SHAJI
8	ASNAMOL SHINE
9	AMBILY ANNA
10	ANGITH V.V
11	ABHITHA RANU P
12	DHANUSH M
13	ATHIRA DAS
14	SREEDARSHANA
15	SNEHA SEBASTIAN
16	AARON C THOMAS
17	SUJIL SAJI
18	ABHIJITH P
19	LINTA RACHEL
20	AISWARYA A.K
21	AVINASH T NAICK
22	ARCHANA LAL
23	ANAMIKA BINU
24	SANGEETHA SAJI
25	MEERA RAJ
26	NIDHIN PRASAD
27	MEERA M
28	ARATHY ARAVIND
29	REMYA R NAIR
30	AHALYA ANDOP
31	ANANDHAKRISHNAN P.R
32	ARYA K.R
33	MEGHA S KUMAR
34	NEHA SUSAN ZACHARIA
35	VISMAYA
36	ASMIL ANEESH
37	ABHIJITH SHAJI
38	RINKU MARIAM JACOB
39	NEENU
40	NIMMY
41	ARYA MOL
42	ASHNA MARY PATHROSE



National Service Scheme 2021-22

DATE	PROGRAMME	Number of participant.
01/07/2021	Cancer Prevention and Healthy Life Style	66
03/07/2021	Sakshi Webinar	43
10/07/2021	Sthreepaksham	120
17/07/2021	Justice League	200
28/07/2021	World Nature Conservation Day	60
28/07/2021	Digital magazine	50
28/07/2021	Elephant conservation	60
28/07/2021	Media Awareness	15
31/07/2021	Self Esteem: Learning to Put Your Best Forward	55
07/2021	Be Positive Daily	

National Service Scheme 2021-22

CANCER PREVENTION AND HEALTHY LIFE STYLE

01/07/2021

01-07-2021 July 4.00pm Baselius College celebrated the 'cancer prevention Day'

under the auspices of the Red Ribbon Club of National Service Scheme, Baselius College, Kottayam. The programme was upon the topic "Cancer prevention and Healthy lifestyle". The program started with NSS song by Nss volunteer Meera Raj P, at 4.00 pm. RRC Secretary Aravind KR provided the Welcome Speech. Ms.Sumki Begum, the programme coordinator outreach and counselor, Sanjeevani(Life beyond cancer), then took the Key-note address. The class was about the topic Cancer prevention. NSS programme officers, Dr.Viju Kurian and Prof.Ashly Thomas felicitated the programme. Afterwards, volunteer secretary Arathy Shaji and Asnamol Shine gave feedback upon the class. . RRC joint Secretary Sam KS delivered vote of thanks to the session. RRC joint secretary Ambily Anna George hosted the programme. The program ended at 5 .30pm.



National Service Scheme 2021-22

		Abhishek PA	
	Nevin Kuruvilla Thomas	Abhitha Ranji P	
	Nidhin Prasad	Adithya k Pradeep	
	Nimmy T S	Ahalya Anoop	
	NSS Baselius	Aiswarya A.K	
	Parvathi Jayan	Ambily Anna	
Aswini Krishna	Pradhik T	Anandhakrishnan p.r	
Athira Das	Remya R Nair	Angith Angithv	
Athira Ratnakaran	RENJANA REJIMON	Anjitha A Nair	
Bijin Abraham Thomas	Rinku Mary Jacob	Anuja Anoop	
denna sara	Rohit Pratap Nair	Anusha KC	
Devananda Rajesh	sam_k_s	ARATHY ARAVIND	
Devika Aravind	Sandeep Sarma P S	Arathy Shaji	
Devika Biju	SHAHAL MIRAJ CK	Aravind KR	
DHANUSH M.	Sherry Philipose	Archana Lal	
Hannah P. Stephen	SNEHA N C	ARDRA P ASHOK	
jinsy k	Sneha Sebastian	Arron C Thomas	
Linta Rachel	Sonia Sebastian	ARYA K R	
Mariya Biju	SREEDARSANA P	Aryamol mk	
Meera M	Sujil Saji	Ashly Thomas	Vidhu Thankachan
Meera Raj P	Sumki Begum	Ashna Mary Pathrose	Viju Kurian
Megha S Kumar	titty chandy	ASNAMOL SHINE	Vismaya MR
Nayana Ann Binu			
Nayana Das P			
Neenu Renny			
Neha Susan Zacharia			

The screenshot shows a Zoom meeting interface. At the top, it says "Sumki Begum is presenting". The main content is a presentation slide for Mrs Ruby Ahluwalia, founder of Sanjeevani Life Beyond Cancer. The slide includes her photo and a brief biography. To the right of the slide is a grid of 12 participant icons. The participants listed are: Sumki Begum, Athira Das D1-Eco..., Ambily Anna, NSS Baselius, Meera Raj P, Viju Kurian, Nevin Kuruvilla Th..., 53 others, and You. The bottom of the screen shows the Zoom control bar with a timestamp of 4:08 PM and the ID ypb-jwqx-zbs.

National Service Scheme 2021-22

Sakshi Webinar

3/7/2021

On the topic 'POCSOA1 and GENDER EQUALITY', a 'Sakshi Webinar' was conducted under Baselius College National Service Scheme, Gov.CollegeNattakom and SreeSankara College Kalady. On July 3rd the session starts with NSS song from 3pm onwards. Its was led by Senior coordinator of Sakshi webinar, Mrs.Smrithi Singh, Dr. Ramya Nisal, and Dr.Aditi Kishore. Our society war not far away from gender equality, but both the genders was not equal on every aspects. Its not a right way to made them different only through the genders, as their skill and activities are equal. The session deals with Gender equality , that is achieved when women, men, girls and boys have equal rights, conditions and opportunities, and the power to shape their own lives and contribute to the development of society. Dr.Viju Kurian, Programme Officer of Baselius NSS and Aravind K.R, RRC Secretary got a chance to speak in the session.



National Service Scheme 2021-22

DHANUSH M.		ASNAMOL SHINE
Hannah P. Stephen		Abhijith P
jinsy k		Abhitha Ranji P
Mariya Biju		Aiswarya A.K
Meera M		Ambily Annal
Meera Raj P		Angith Angithvv
Nayana Das P		Anjitha A Nair
Nevin Kuruvilla Thomas		Anusha KC
Nimmy T S		Arathy Shaji
Pradhik T		Aravind KR
Remya R Nair		Archana Lal
RENJANA REJIMON		ARDRA P ASHOK
Rinku Mary Jacob		Arron C Thomas
sam_k_s		ARYA KR
Sandeep Sarma		Aryamolmk
Sherry Philipose		Ashna Mary Pathrose
Sneha Sebastian		Aswini Krishna
SNEHAN C		Athira Das
Sonia Sebastian		Avinash Thulasidas
SREEDARSANA P		denna sara
Sujil Saji	Viju Kurian	Devananda Rajesh
		Devika Biju

Sthreepaksham

10/7/2021

Report on the 'One day Workshop' Named 'Sthreepaksham' under the leadership of MG University National Service Scheme together with Baselius NSS, IQAC, and AGNEYA WOMENS FORUM. It was a fully malayalam one day programme with three sessions on the theme of 'samsarich thundangaam sthree samathwatheturich' was held on July 10th

National Service Scheme 2021-22



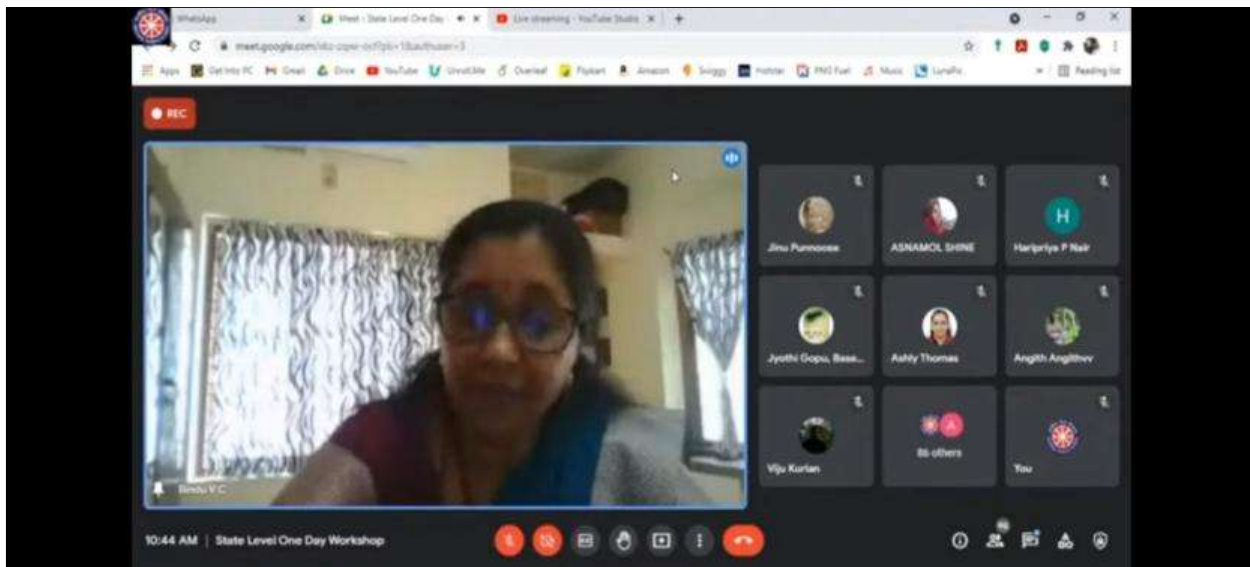
Nerode

The inaugural session named "Nerode" was started with NSS song by 10 am. Prof. Ashly Thomas, programme officer of Baselius NSS delivered welcome speech and College Principal Dr.Biju Thomas was done the presidential address. The session was inaugurated by Mrs.Jinu Punnose, Additional District Magistrate Kottayam. Smt.Bindhu V.C, Kerala State Women's Director Corporation (KSWDC) was our main speaker. She explained the problems faced by women's in this society and what's the solution for that. Its a motivational speech which tends to make our wings ready to fly. It's the time to change our mindset. We don't want to bother about the socieity when we sure that we are on the right way. Women's have wings, that don't to be blocked by anyone, it has the power to flew away. She explained her points through some videos. The Felicitation was done by Dr. Viju Kurian, programme officer of Baselius College National Sevice Scheme. There was also an interaction time with the attendees. There were about 100 attendees for the programme. The anchoring was done by Asnamol Shine (Volunteer Secretary) After that Sandeep Sarma (Volunteer Secretary) did the vote of thanks. Programme officers and volunteers from other colleges also participate. The session was conducted through Google meet and the feedback of the attendees was collected via Google forms.

National Service Scheme 2021-22



<https://youtu.be/5BIGGNY1R8U>



Nerittu

On 2:30pm, as a part of "Streepaksham" a panel discussion titled "Neritt" was held via Google meet. The session was anchored by Arathi Shaji (volunteer Secretary). After that the discussion was lead by Dr.Jyothimol P, vice principal of Baselius College Kottayam. This panel, composed of six experts, focused

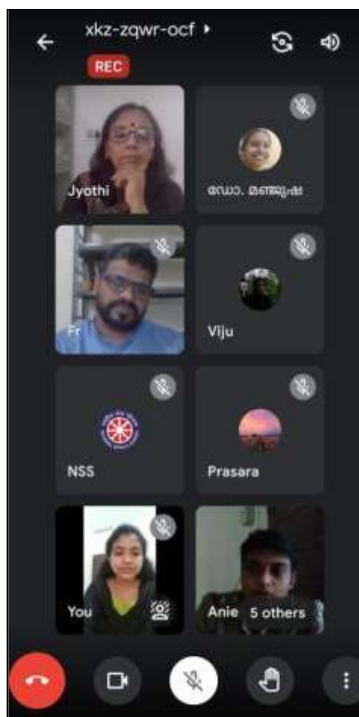
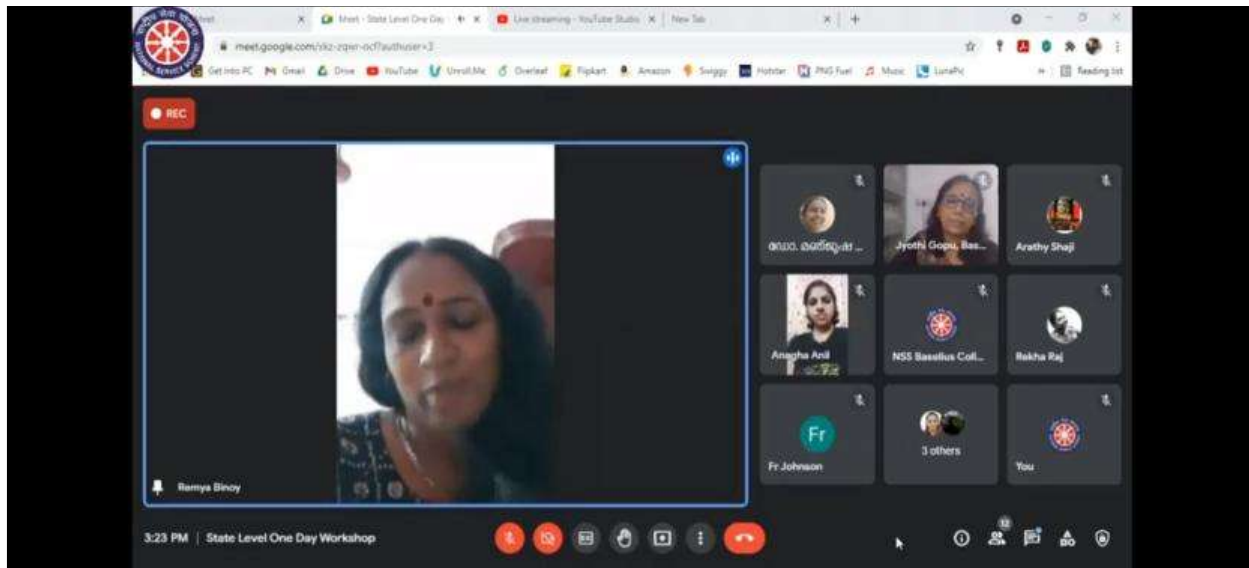
National Service Scheme 2021-22

on the effect on women of the following areas: human rights issues; the economy and the world of work; access to resources; information and technology. It had been designed to provide an opportunity for reflection on obstacles and issues relevant to the vision of women's empowerment and gender equality. Panel includes Smt.Anie Siva(SI of Police, Ernakulam central), Dr.Rekha Raj(NSS Coordinator, MG University Kottayam), Smt.Remya Binoy(Chief Sub Editor, Malyala Manorama), Smt.Leena Krishnan (Advocate), Fr.Johnson Joseph (HOD of psychology department, KE college Mannanam), Anagha (Former Volunteer Secretary). They shared there experiences and talks about the legal side too. The discussion was going Live through NSS official youtubechannel.After that the vote of thanks was delivered by RRC join Secretary Aravind K.R.



<https://youtu.be/vSt-WHgh0YA>

National Service Scheme 2021-22



Nirbhayam

The Third session of 'Streepaksham' titled 'Nirbhayam' was a clubhouse discussion, opens a platform for youth to share their views and ideas about the current situations. Kartika S (Former volunteer Secretary), Nevin Kuruvila Thomas (Volunteer Secretary), Ambily Anna George (RRC joint Secretary) were the moderators of the programme. It was a session of one hour going as a successful interactive session with students. Volunteers from other colleges also participate and shared their views.

National Service Scheme 2021-22


AN IQAC INITIATIVE | ACNEYA WOMEN'S FORUM |


NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

IN COLLABORATION WITH
NSS, MG UNIVERSITY

സ്ത്രീപക്ഷം
സംസ്ഥാനതല ഏകദിന ശില്പശാല


നിർഭയം
ക്രൂബ് ഹൗസ് പര്യടനം




SAT JUL TIME
DAY 10 06.30pm

MODERATORS

- KARTHIKA, S.
- NEVIN KURUVILLA THOMAS
- AMBILY ANNA GEORGE

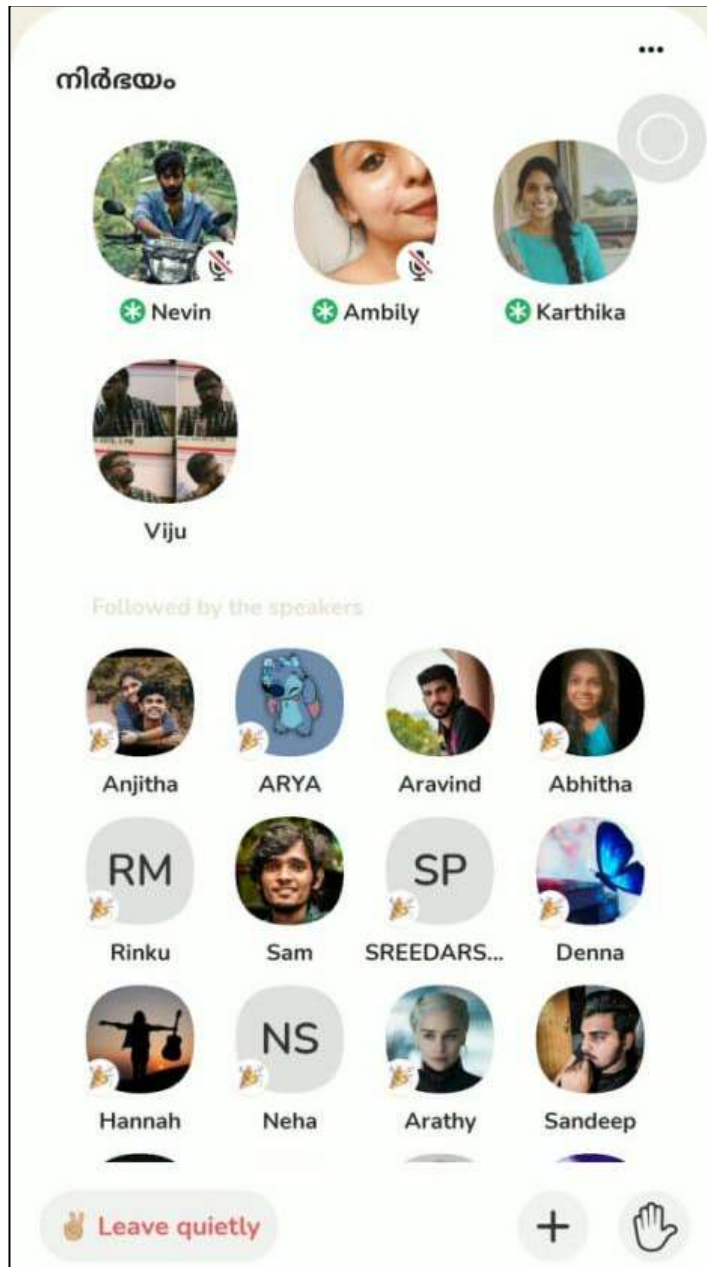


LIVE ON
<https://www.clubhouse.com/event/mWEQN2nE>



<https://www.clubhouse.com/event/mWEQN2nE>

National Service Scheme 2021-22





Justice League

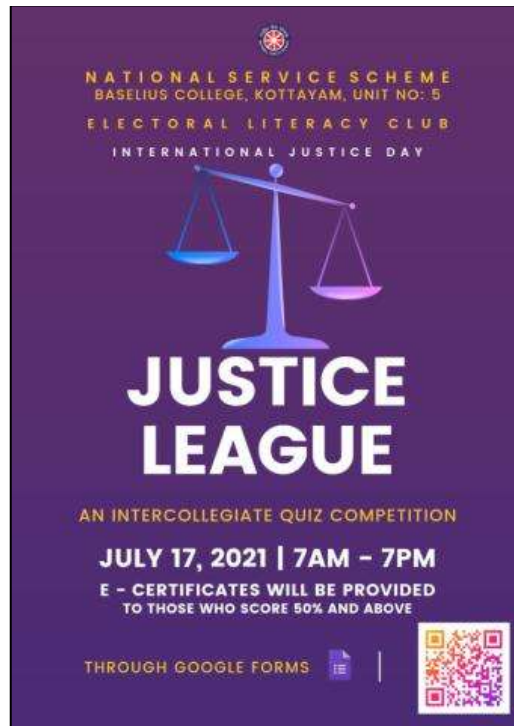
17/07/2021

An Intercollegiate Quiz Competition

Electoral Literacy Club, the wing of Baselius NSS Unit conducted an Intercollegiate quiz Competition on behalf of International Justice Day under the title Justice League. The Competition was conducted on July 17th from 7 Am - 7 Pm through Google docs. Around 200 participants attended the quiz. E-Certificates were issued for those who have scored 50 percent or above. It was conducted for making people aware about the International Justice Day.

The Competition has received positive comments from Social Medias.

National Service Scheme 2021-22



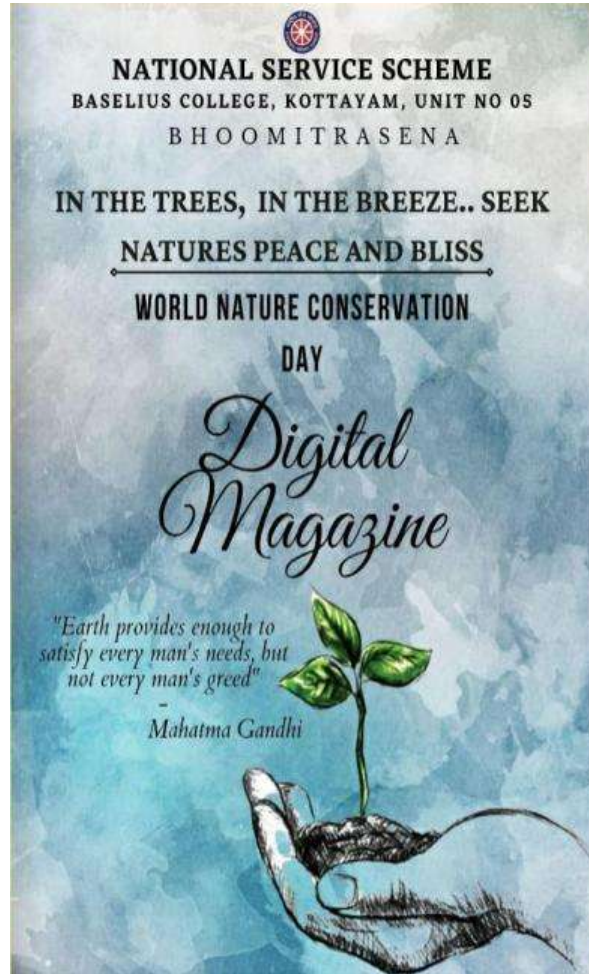
<https://forms.gle/Utjz7wcKwANHWBcF6>

DIGITAL MAGAZINE.

28/07/2021

On 28th July, based on world nature conservation day, the Bhoomithrasena of NSS released a DIGITAL MAGAZINE. It includes all the necessary information about nature and its importance. It includes arts and essays contributed by volunteers. It also includes photographs of Plants and Insects taken by the volunteers. It is really helpful for all.

National Service Scheme 2021-22



* WORLD NATURE CONSERVATION DAY *

BHOOMITHRASENA

<https://heyzine.com/flip-book/f0e6180db3.html>

National Service Scheme 2021-22

28/07/2021

WORLD NATURE CONSERVATION DAY

On 28th July, based on world nature conservation day the Bhoomithrasena of NSS organise a Webinar of live Participatory Interaction on Subhiksha Keralam Project. The session started from 6 pm onwards.

The welcome speech was delivered by Angith V V, Bhoomithrasena coordinator. The major introductory speech was delivered by Mr. Anil Varghese, Deputy director of Agriculture, principal agricultural office, Kottayam and the Keynote address was given by Bindhu T, assistant director of Agriculture, Vazhoor block. The session was really useful and much easy to understand . Felicitation was delivered by NSS program officers Dr. Viju Kurian, and Proff Ashly Thomas. Vote of thanks was given by Abhitha Ranji P, Bhoomithrasena coordinator.

All NSS volunteers and the members of Manarcadu Kudumbasree were participated in the session. It was really a useful session for all .

The poster is set against a dark green background with a pattern of fern leaves. At the top, it reads 'NATIONAL SERVICE SCHEME' in white, followed by 'BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5' in smaller white text. Below that, 'BHOOMITHRASENA' is written in green, with 'IN ASSOCIATION WITH' in small white text underneath. The main title 'WORLD NATURE CONSERVATION DAY' is in large green letters, followed by 'PRESENTS' in small white text. The event details 'LIVE PARTICIPATORY INTERACTION ON SUBHIKSHA KERALAM PROJECT' are in white. The date 'JULY 28' is prominently displayed in large white font, with 'FROM 6PM TO 7PM' below it. Two circular portraits of speakers are shown: Bindhu T on the left and Anil Varghese on the right. Below each portrait is a white box with their names and titles. At the bottom, it says 'LIVE ON GOOLE MEET' with a QR code and the URL 'https://meet.google.com/eun-xxij-phr'.

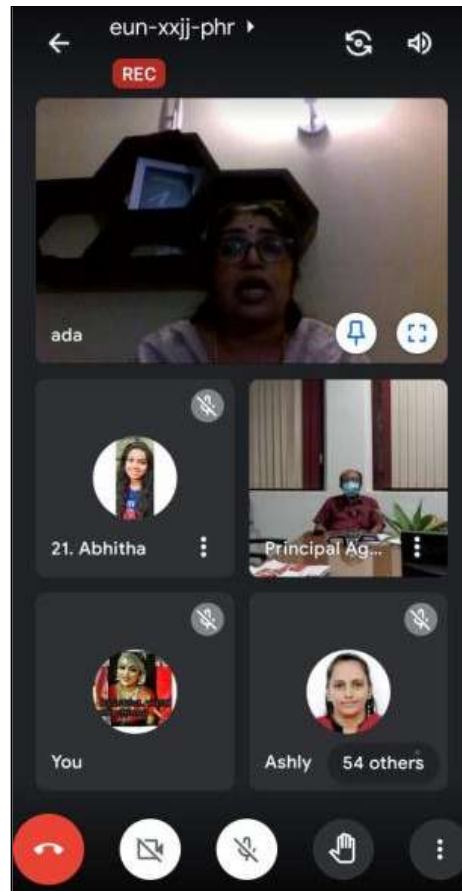
NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5
BHOOMITHRASENA
IN ASSOCIATION WITH
WORLD NATURE CONSERVATION DAY
PRESENTS
LIVE PARTICIPATORY INTERACTION
ON
SUBHIKSHA KERALAM PROJECT
JULY
28
FROM 6PM TO 7PM

BINDHU T
ASST. DIRECTOR OF AGRICULTURE
VAZHOOR BLOCK
(MSc AGRONOMY
SPECIALIZED IN AGRONOMY)

ANIL VARGESE
DEPUTY DIRECTOR OF
AGRICULTURE
PRINCIPAL AGRICULTURAL OFFICE
KOTTAYAM

LIVE ON GOOLE MEET
<https://meet.google.com/eun-xxij-phr>

National Service Scheme 2021-22



National Service Scheme 2021-22

22.Archana Lal		
33. ABATHY ARAVIND		
Abhijith Suresh		
Abhishek PA		
adi vischow		
Adithya k Pradeep		
Ahalya Anoop		
Aiswarya A K		
Anandhakrishnan pur		
Angith Angithay		
Arpitha A Nair		
Anuja Anoop		
Amasha KC		
Aravind KR		
ARORA P ASHOK		
Arnon C Thomas		
ARYA K R		
Aryamoni		
Ashly Thomas		
Ashna Mary Pathrose		
ASML AREEESH		
ASNAMOL SHINE		
Aswini Krishna		
Ashna Das		
Biju Abraham Thomas		
denna sara		
Devananda Rajesh		
Devika Biju		
DHANUSH M.		
Gopitha Gopah		
Hannah P. Stephen		
Haripriya P Nair		
Jincy k		
Mariya Biju		
Moons M		
Nayana Ann Bina		
Nayana Das P		
Neha Susan Zacharia		
Nevin Korusella Thomas		
Nimmi T S		
NSS Basethus College		
NSS Basethus College		
Parvathi Jayan		
Pradheek T		
PRAVEGE P M		
Principal Agriculture...		
Rompa R Nair		
Rinku Mary Jacob		
sah_s_s		
Sherry KS		
Sherry PNBose		
SNEHA M C		
Sneha Sebastian		
SREEDHARANA P		
Sujil Saji		
Tibki Chandy		
Vamaya MR		

57

28/07/2021

National Service Scheme 2021-22

WORLD NATURE CONSERVATION DAY

On 28th July, based on world nature conservation day, The postgraduate department of economics in association with National Service Scheme and Nature club of Baselius College Kottayam organise a Webinar based on the topic Elephant Conservation for nature conservation. The session started from 4:30 pm onwards via zoom meet.

The invited lecture was Sangeetha Iyer, National geographic explorer, director/ producer of God in shackles movie, India's Nari Sakthi Puraskar recipient (2017), Founding executive director, Voice of Asian Elephant society (501C3) . The session was really good and informative.

"There is a pleasure in the pathless woods ,
There is a rapture on the lonely shore,
There is society where none intrudes.

By the deep sea and music in it's roar
I love not man the less, but nature more."

Live participatory interaction on " Elephant conservation for Nature conservation”

Media Awareness.

National Service Scheme 2021-22

The media is vital for new society and the study about it's technical side is vivacious .Nss volunteers of Baselius college spend time with an informative and interactive session. On July 28 at 10 am Anu Mariam Jacob, Senior sub editor Manorama took an useful session about the relevance of media and news report also included the tricks and tips that we should aware about while preparing a formal news report and almost 15 students joined the meeting and the class was clearly focused on interested students. The welcome speech was delivered by NSS programme Officer, Prof.Ashly Thomas. Media Head Abhijith P gave the feedback about the session and NSS volunteer secretary, Arathy Shaji.



The poster is for a Zoom lecture. At the top left is the Baselius College logo, and at the top right is the NSS logo. The text reads: 'POSTGRADUATE DEPARTMENT OF ECONOMICS in association with National Service Scheme and Nature Club Baselius College, Kottayam An IQAC Initiative'. It celebrates 'World Nature Conservation Day' and features an 'Invited Lecture' by Sangita Iyer. A circular portrait of Sangita Iyer is shown. Her bio includes: '(B.Sc. M.A. EEC, PGD Journalism), National Geographic Explorer, Director/Producer Gods in shackles Movie, India's Nari Shakti Puraskar Recipient (2017), Founding Executive Director, Voice for Asian Elephants Society (501C3)'. The topic is 'Elephant Conservation for Nature Conservation' on '28 July 2021, 4:30 PM'. The Zoom meeting ID is 838 0288 5122. The background features a large elephant in a forest.

POSTGRADUATE DEPARTMENT OF ECONOMICS
in association with
National Service Scheme and Nature Club
Baselius College, Kottayam
An IQAC Initiative

Celebrates
World Nature Conservation Day

Invited
Lecture

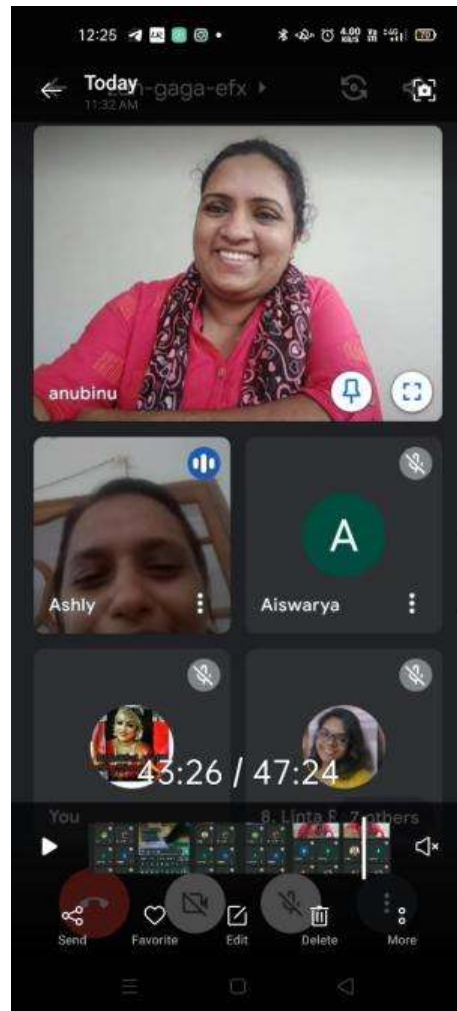
Sangita Iyer
(B.Sc. M.A. EEC, PGD Journalism),
National Geographic Explorer
Director/Producer Gods in shackles Movie
India's Nari Shakti Puraskar Recipient (2017)
Founding Executive Director,
Voice for Asian Elephants Society (501C3)

Topic:
Elephant Conservation for Nature Conservation


28 July 2021, 4:30 PM

zoom Meeting id: 838 0288 5122

National Service Scheme 2021-22



National Service Scheme 2021-22



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

A LIVE SESSION ON
NEWS REPORTING



ANU MARIAM JACOB ,
SENIOR SUB EDITOR,
MALAYALAMANORAMA

28 JULY 2021
@10:30 AM

LIVE ON GOOGLE MEET 



National Service Scheme 2021-22

Self Esteem: Learning to Put Your Best Forward

31/07/2021

Self-esteem is a term used in psychology to describe someone's level of confidence and respect for themselves. Pride, shame and dignity are some of the emotions self-esteem encompasses. Be Positive wing of the National Service Scheme, Baselius College Kottayam held a webinar session about "SELF ESTEEM: LEARNING TO PUT YOUR BEST FORWARD" on 31st July 2021 at 2.30 pm to 3.30 pm. The programme began with an NSS song recited by Meera Raj P of D2 Zoology. Be Positive coordinator Sneha Sebastain of D2 Economics has addressed the audience. The core session was lead by Ms. Sheena Bhaskar, Associate Professor Mangalam College Of Engineering. The session was very insightful and gave a right way to maintain mediam level of self esteem for the audience. After the session Dr.Viju Kurian, Programme Officer, NSS Unit of Baselius College shared his reviews about the session. Prof. Ashly Thomas, Programme officer, NSS Unit Baselius College Kottayam had also shared her review about the session. The NSS Volunteers also remark their feedbacks about the session. The session came to an end with the vote of thanks delivered by Sreedarsana p ,Be Positive coordinator. The webinar session concluded at 3.30 pm.

Brochure



National Service Scheme 2021-22



Be +^{VE} Daily

Positive thinking is an attitude that helps a person highlight the brighter side of their life and helps to lead a healthy and happy life. BePositive wing of National Service Scheme, Baselius College Kottayam initiated to share brochures that contains of positive thoughts. Each brochures remarks the importance of some day observations from July 27 2021. The brochures are shared at the morning and it help the students to start that day with a positive attitude.

National Service Scheme 2021-22

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

BE POSITIVE WING
PRESENTS

BE POSITIVE DAILY

POSITIVE THINKING IS AN ATTITUDE THAT HELPS A PERSON HIGHLIGHT THE BRIGHTER SIDE OF THEIR LIFE AND HELPS TO LEAD A HEALTHY AND HAPPY LIFE

STAY TUNED FOR OUR DAILY POSITIVE THOUGHTS

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

BE POSITIVE
PRESENTS

BE POSITIVE DAILY

THOUGHT FOR THE DAY

JULY 28

WORLD NATURE CONSERVATION DAY

IT'S NOT YOURS, NOT MINE, IT'S OURS. SO, PROTECT YOUR MOTHER WHO NOURISHES YOU

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

BE POSITIVE
PRESENTS

BE POSITIVE DAILY

THOUGHT FOR THE DAY

JULY 27

" YOU WILL NEVER FAIL UNTIL YOU STOP TRYING "

ALBERT EINSTEIN

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

BE POSITIVE
PRESENTS

BE POSITIVE DAILY

Thought for the day

JULY 29

DIFFICULT ROAD OFTEN LEADS YOU TO BEAUTIFUL DESTINATIONS

HAVE A BLEEP DAY

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

BE POSITIVE
PRESENTS

BE POSITIVE DAILY

THOUGHT FOR THE DAY

JULY 30

INTERNATIONAL FRIENDSHIP DAY

FRIENDSHIP IS THE HARDEST THING IN THE WORLD TO EXPLAIN. IT'S NOT SOMETHING YOU LEARN IN SCHOOL. IF YOU HAVEN'T LEARNED THE MEANING OF FRIENDSHIP, YOU REALLY HAVEN'T LEARNED ANYTHING.

HAVE A BLEEP DAY

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

BE POSITIVE
PRESENTS

BE POSITIVE DAILY

THOUGHT FOR THE DAY

JULY 26

KARGIL VIJAY DIWAS

Let us salute to all our soldiers who are brave and protect us all throughout the day and night. Let's remember their fights and fast on this day.

National Service Scheme 2021-22

DATE	PROGRAMME
07/08/2021	CAREER CARE (YouTube Video)
09/08/2021	Nagasaki Day
11/08/2021	Sanitizer Distribution
13/08/2021	Organ Donation Day
14/08/2021	Drug Abuse :The Ignored Pandemic
15/08/2021	Intercollegiate Patriotic Song Competition
15/08/2021	Independence Day Celebration
15/08/2021	Beautification Project
15/08/2021	Honouring Covid Warriors
17/08/2021	Kalayum Samoohavum
20/08/2021	Muthassimarodoppam oru Onam
20/08/2021	Onakitt Distribution
13-15/08/2021 15/08/2021 17/08/2021	Student Achievements •Three Day Camp •Rashtragaaan •Atma Nirbar pledge

CAREER CARE

BE POSITIVE is one among the wings of the National Service Scheme of Baselius College, Kottayam. This wing aims to promote positive thoughts among the students and we organise sessions on various topics to generate a positive mentality in students. As a part of creating an awareness among new plus one batch students BE POSITIVE WING presented a video under the title CAREER CARE. Through which we dispensed a clear picture on the different subject combinations in science, arts and commerce streams. The video is being released through Baselius Nss Official YouTube Channel on 7th August 2021. The Video was

National Service Scheme 2021-22

presented by Sneha Sebastian & Sreedarsana. P, BE POSITIVE COORDINATORS. We have received great responses and positive comments on the video from the public

https://youtu.be/L-s6YQ2lk_A

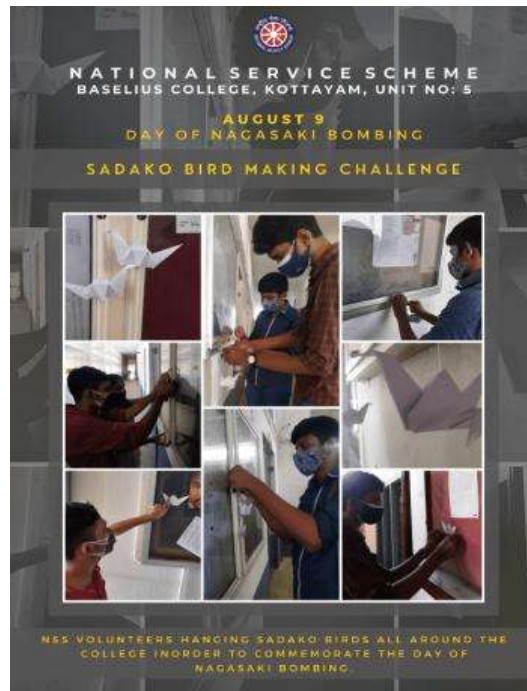


Nagasaki Day

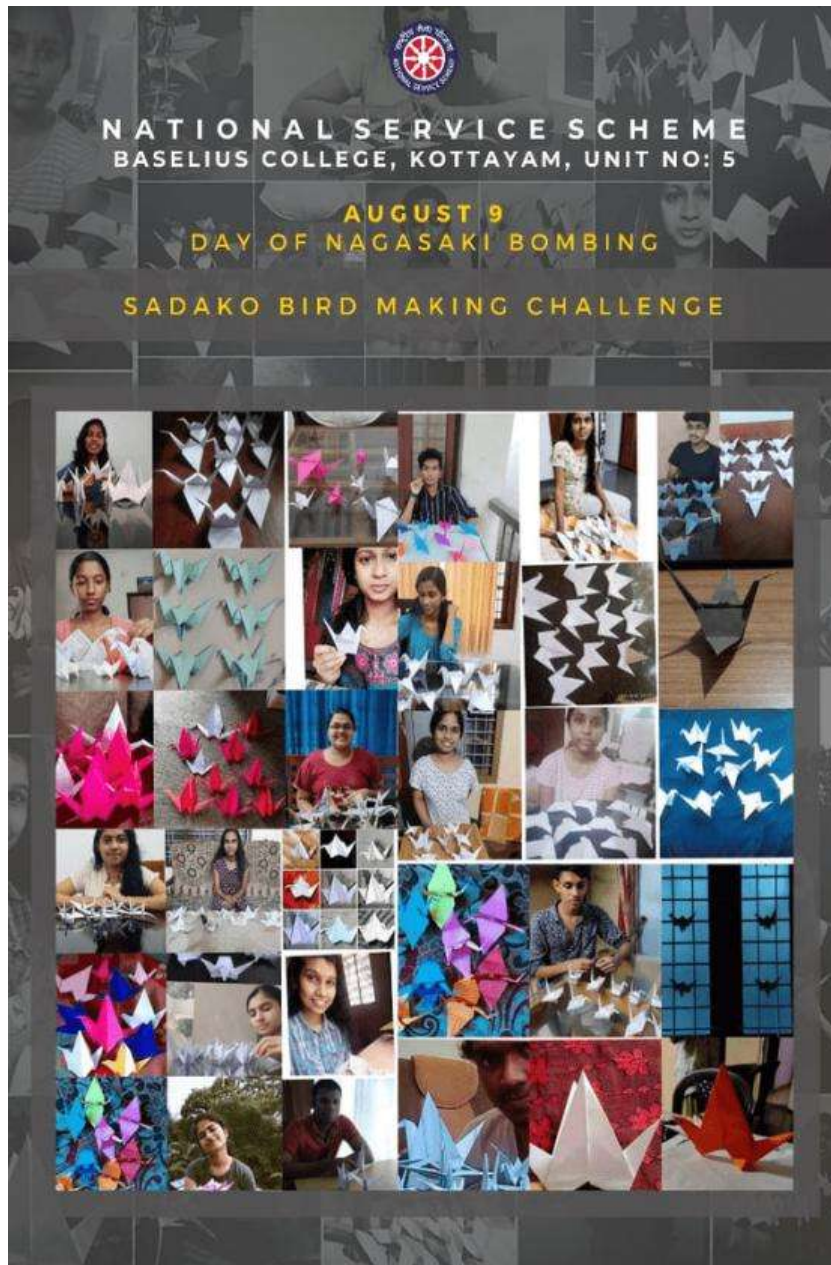
On August 9th, A video were uploaded on NSS Official youtube channel explaining the detailed process of how to make Sadako paper cranes. A 1000 Sadako paper crane making mission was started to remember Sadako Sasaki, a victim of the after effects of the Hiroshima disaster. An ancient Japanese legend promises that anyone who folds a thousand origami cranes will be granted a wish by the gods. Some stories believe you are granted happiness and eternal good luck, instead of just one wish, such as long life or recovery from illness or injury. Some of these paper cranes were hanged on college.

<https://youtu.be/pcpDLpeh0GU>

National Service Scheme 2021-22



National Service Scheme 2021-22



Sanitizer Distribution.

On 11th August the Nss volunteers of Baselius college distribute sanitizer bottles to the autorickshaw drivers around Kottayam since sanitizer is very essential during this Pandemic situation especially for the autorickshaw drivers. We mainly focused drivers but many others who need it had also benefited. We also explained the importance of obeying covid protocol during this tragic circumstances. Nss programme officers Dr. Viju Kurian and Prof. Ashly Thomas led the programme and volunteer Secretaries, Asna mol Shine, Arathy Shaji, Sandeep Sharma and Nevin Kurivila Thomas initiated.

National Service Scheme 2021-22



Organ Donation Day

Baselius College celebrated Organ Donation Day under the auspices of the Red Ribbon Club of National Service Scheme, Baselius College, Kottayam Unit No: 5. The programme was of the topic namely "Let's talk about Organ Donation". The programme kicked off at 7.00 pm, with the NSS song being sung by Sam. K. S, RRC Joint Secretary. Then, NSS Programme Officer, Dr. Viju Kurian welcomed the gathering. Welfast Hospital CMO, Dr. Giby. K. George provided the Key-Note address. The session was about the Importance of Organ Donation in our current scenario of Covid. She addressed about the organs present in our body, that could be donated and how the process was possible.

After that, NSS Programme Officer, Prof. Ashly Thomas gave her felicitations. Afterwards, NSS volunteer, Nimmy .T .S and

National Service Scheme 2021-22

Be positive co-ordinator, Sneha Sebastian provided the feedback upon the session. Aravind. K. R, RRC Secretary, delivered the vote of thanks. Ambily Anna George, RRC Joint Secretary, handled the compering of the whole program. The Program came to an end at 8.00 pm.

The poster is a vertical rectangular graphic with a dark red background. At the top center is a circular logo of the National Service Scheme (NSS). Below the logo, the text reads: "NATIONAL SERVICE SCHEME", "BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5", "RED RIBBON CLUB", "AUGUST 13", "WORLD ORGAN DONATION DAY", and "PRESENTS". The main title "LET'S TALK ABOUT ORGAN DONATION" is written in large, white, bold, sans-serif capital letters. Below the title is a circular portrait of Dr. Jibi K. George, a woman with glasses and a white top. To the right of the portrait, her name and title are listed: "DR. JIBI. K. GEORGE MBBS", "C M O", "WELFAST HOSPITAL", "VADAVATHOOR", "KOTTAYAM". At the bottom left, there is a white rounded rectangle containing a QR code icon, the text "SCAN & JOIN", "XUH-XHNU-RPZ", and the date and time "AUG 13 FRIDAY | 7.00 PM ONWARDS". To the right of this box is a large QR code.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5

RED RIBBON CLUB

AUGUST 13
WORLD ORGAN DONATION DAY

PRESENTS

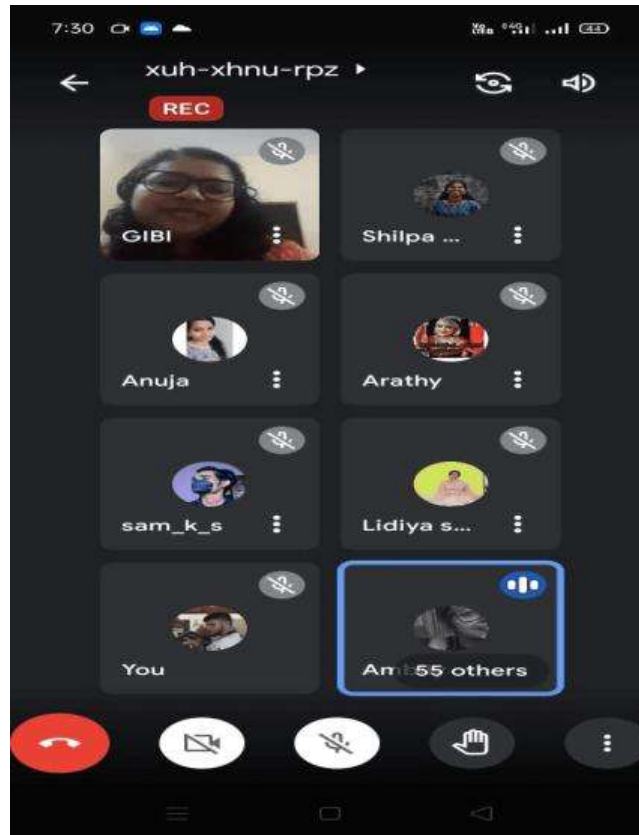
**LET'S TALK ABOUT
ORGAN DONATION**

DR. JIBI. K. GEORGE MBBS
C M O
WELFAST HOSPITAL
VADAVATHOOR
KOTTAYAM

SCAN & JOIN
XUH-XHNU-RPZ

AUG 13 FRIDAY | 7.00 PM ONWARDS

National Service Scheme 2021-22



National Service Scheme 2021-22

	Aravind KR (You)		
	21. Abhitha Ranji P		
	22. Archana Lal		
	33. ARATHY ARAVIND		
	38. Meera Raj P		
	8. Linta Rachel		
	Abhishek PA		
	Adithya k Pradeep		
	Alswarya A.K		
	Ambily Anna		
	Anandhakrishnan p.r		
	Angith Angithvv		
	Anjitha A Nair		
	Anuja Anoop		
	Anusha KC		
	Arathy Shaji		
	ARDRA P ASHOK		
	Arron C. Thomas		
	ARYA K R		
	Aryamolmk		
	Ashly Thomas		
	Ashna Mary Pathrose		
	ASMIL ANEESH		
	Aswini Krishna		
	Athira Das		
	Avinash Thulasidas		
	donna sara		
	Devananda Rajesh		
	Devika Biju		
	DHANUSH M.		
	GIBI GEORGE		
	Hannah P. Stephen		
	Haripriya P Nair		
	Lidiya sera Benny		
	Mariya Biju		
	Meera M		
	Megha S Kumar		
	Nayana Das P		
	Neenu Renny		
	Neha Susan Zacharia		
	Nimmy T S		
	NSS Basellus College		
	Parvathi Jayan		
	Pradhik T		
	Remya R Nair		
	RENJANA REJIMON		
	Rinku Mary Jacob		
	sam_k_s		
	Sangeetha Saji		
	Sherry Philipose		
	SNEHA N C		
	Sneha Sebastian		
	Sonia Sebastian		
	SREEDARSANA P		
	Tibin Chandy		
	Vidhu Thankachan		
	Viju Kurian		
	Vismaya MR		

National Service Scheme 2021-22

Drug Abuse :The Ignored Pandemic

On August 14, the Anti Narcotics Cell of National Service Scheme Baselius College had decided to conduct a webinar on the topic : Drug Abuse : The Ignored Pandemic. It was live on google meet at 3:00 PM

The NSS song was sung by NSS Volunteer Meera Raj and the welcome speech was delivered by Anti - Narcotics Cell Coordinator Sherry Abraham Philipose. Webinar was conducted by Mr. Francis Moothedan Raphel, Project director and Chief trainer, MMM IRCA, MOSC, Medical College.

In the webinar sir has explained the 'Science of Addiction' in a very simple manner. Also explained the effect of drugs on youth too. Felicitation by Programme Officer Dr. Viju Kurian. After the felicitation Nss Volunteers told there feedback about the session.

Vote of thanks was delivered by Anti - Narcotic Cell Coordinator Anjitha A Nair.

The programme rather went in a very good manner. It took about 1hour 15 minutes and got

Wind up by 4.15 pm.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

ANTI NARCOTICS CELL
PRESENTS

DRUG AWARENESS WEBINAR
ON
**DRUG ABUSE:
THE IGNORED PANDEMIC**

AUGUST
14
3.00 PM
ONWARDS

SCAN
&
JOIN

Mr. FRANCIS MOOTHEDAN RAPHEL
PROJECT DIRECTOR & CHIEF TRAINER,
MMM IRCA
MOSC MEDICAL COLLEGE HOSPITAL
KOLENCHERY, KERALA, INDIA

cgy-ywqn-irh

National Service Scheme 2021-22



21. Abhitha Ranj P	15:14	[71 min]	[16:25]
22. Archana Lal	15:14	[32 min]	[15:46]
23. ARATHY ARAVIND	15:14	[71 min]	[16:25]
38. Meera Raj P	15:14	[71 min]	[16:25]
9. Linta Rachel	15:14	[54 min]	[16:08]
ARVIA K R	15:14	[71 min]	[16:25]
Abhinav P	15:23	[9 min]	[15:32]
Abhitha Shaji	15:14	[4 min]	[15:22]
Abhitha Suresh	15:14	[72 min]	[16:26]
Abhin Krishna	15:14	[3 min]	[15:17]
Abhishek PA	15:14	[13 min]	[15:27]
Adithya K Pradeep	15:14	[26 min]	[15:40]
Amala Shaji	15:14	[46 min]	[16:00]
Amily Anna	15:14	[8 min]	[15:22]
Anandhakrishnan p r	15:14	[71 min]	[16:25]
Angthi Arugthov	15:14	[13 min]	[15:27]
Anjitha A Nair	15:14	[71 min]	[16:25]
Anuja Anoop	15:14	[71 min]	[16:25]
Anusha KC	15:14	[71 min]	[16:25]
Arathy Shaji	15:14	[61 min]	[16:15]
Aravind KR	15:44	[42 min]	[16:26]
Aravind V	15:14	[3 min]	[15:17]
Aaron C Thomas	15:14	[15 min]	[15:29]
Aryamolmk	15:14	[71 min]	[16:25]
Ashly Thomas	15:46	[8 min]	[15:54]
Ashna Mary Padrose	15:14	[71 min]	[16:25]
Ashwin Krishna	15:14	[71 min]	[16:25]
Ashra Das	15:14	[12 min]	[15:26]
Avinash Thulasidas	15:14	[51 min]	[16:05]
Bijin Abraham Thomas	15:43	[43 min]	[16:26]
DHANUSH M.	15:14	[71 min]	[16:25]
Devananda Rajesh	15:14	[71 min]	[16:25]
Devika Biju	15:14	[71 min]	[16:25]
Elayaraja K	15:14	[56 min]	[16:10]
Francis Moothedan	15:14	[71 min]	[16:25]
Gopitha Gopan	15:14	[40 min]	[15:54]
Haritha P. Stephen	15:14	[71 min]	[16:25]
Haripriya P Nair	15:14	[71 min]	[16:25]
Mariya Biju	15:14	[71 min]	[16:25]
Meera M.	15:14	[71 min]	[16:25]
Mezha S Kumar	15:14	[68 min]	[16:22]
NSS Baselius College	15:14	[72 min]	[16:26]
Nayana Ann Binu	15:14	[16 min]	[15:30]
Nayana Das P	15:14	[71 min]	[16:25]
Nimemy T S	15:14	[66 min]	[16:20]
Parvathi Jayan	15:14	[42 min]	[15:56]
Pradha T	15:14	[71 min]	[16:25]
RENJANA REJIMON	15:14	[71 min]	[16:25]
Remya R Nair	15:14	[71 min]	[16:25]
Rinku Mary Jacob	15:14	[71 min]	[16:25]

SNEHA N C	16:35	[30 min]	[16:25]
SREEDARSANA P	15:14	[71 min]	[16:25]
Sangeetha Sajj	15:14	[71 min]	[16:25]
Shwery Philipose	15:14	[72 min]	[16:26]
Sneha Sebastian	15:14	[71 min]	[16:25]
Sonia Sebastian	15:14	[4 min]	[15:18]
Sujil Sajj	15:14	[72 min]	[16:26]
Tom sabu	15:14	[64 min]	[16:18]
Vidhu Thankachan	15:14	[35 min]	[15:29]
Viju Kurian	15:14	[71 min]	[16:25]
Vismaya MR	15:14	[71 min]	[16:25]
Win Jacob Matthew	15:14	[71 min]	[16:25]
denna sara	15:14	[71 min]	[16:25]
jinny k	15:17	[50 min]	[16:17]
sam_k_s	15:14	[4 min]	[15:18]

Intercollegiate patriotic song competition.

State level patriotic song competition

Electoral Literacy Club, the wing of Baselius NSS Unit conducted an state level patriotic song competition on behalf of independence day. The competition was held on August 15 to September 10 and 4 entries were recieved. The Competition has received positive comments from Social medias..

National Service Scheme 2021-22



The poster features a central text area with a light green background. At the top left is the NSS logo, and at the top right is the 'Azadi Ka Amrit Mahotsav' logo with the Indian tricolor. The text is centered and reads: 'NATIONAL SERVICE SCHEME BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5 ELECTORAL LITERACY CLUB IN ASSOCIATION WITH RAGAAMRITAM MUSIC CLUB PRESENTS INTERCOLLEGIATE PATRIOTIC SONG COMPETITION'. Below this, it states 'ALL STUDENTS UNDER 25 YEARS OF AGE CAN PARTICIPATE.' and 'E-CERTIFICATE SHALL BE PROVIDED TO THE RESPECTIVE WINNERS.' The 'PRIZES' section lists 'FIRST - ₹ 1,500' and 'SECOND - ₹ 750'. The 'ENTRIES ACCEPTED FROM' section specifies 'AUG 15 UPTO AUG 30'. At the bottom, it says 'Follow us on' with icons for Instagram (@baselius_nss) and YouTube (NSS Baselius). Illustrations of a boy with a violin and a girl singing are on the right and left sides respectively.

 **Azadi Ka**
अमृत महोत्सव

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5
ELECTORAL LITERACY CLUB
IN ASSOCIATION WITH
RAGAAMRITAM MUSIC CLUB
PRESENTS

**INTERCOLLEGIATE
PATRIOTIC SONG COMPETITION**

ALL STUDENTS UNDER 25 YEARS OF AGE
CAN PARTICIPATE.

E-CERTIFICATE SHALL BE PROVIDED TO THE
RESPECTIVE WINNERS.

PRIZES

FIRST - ₹ 1,500
SECOND - ₹ 750

ENTRIES ACCEPTED FROM

AUG 15 UPTO AUG 30

Follow us on  [baselius_nss](#)  [NSS Baselius](#)

National Service Scheme 2021-22

The poster features the NCC logo and the text 'Azadi Ka Amruth Mahotsav' with the Indian tricolor. Below this, it reads 'NATIONAL SERVICE SCHEME BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5'. The main title is 'INTERCOLLEGIATE PATRIOTIC SONG COMPETITION' followed by 'AZADI KA AMRUTH MAHOTSAV'. The word 'GUIDELINES' is centered between two horizontal lines. A list of 14 numbered guidelines follows, detailing participation rules, team size, video length, submission process, and judging criteria. At the bottom, contact numbers are provided for further queries.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

**INTERCOLLEGIATE
PATRIOTIC SONG COMPETITION**

AZADI KA AMRUTH MAHOTSAV

GUIDELINES

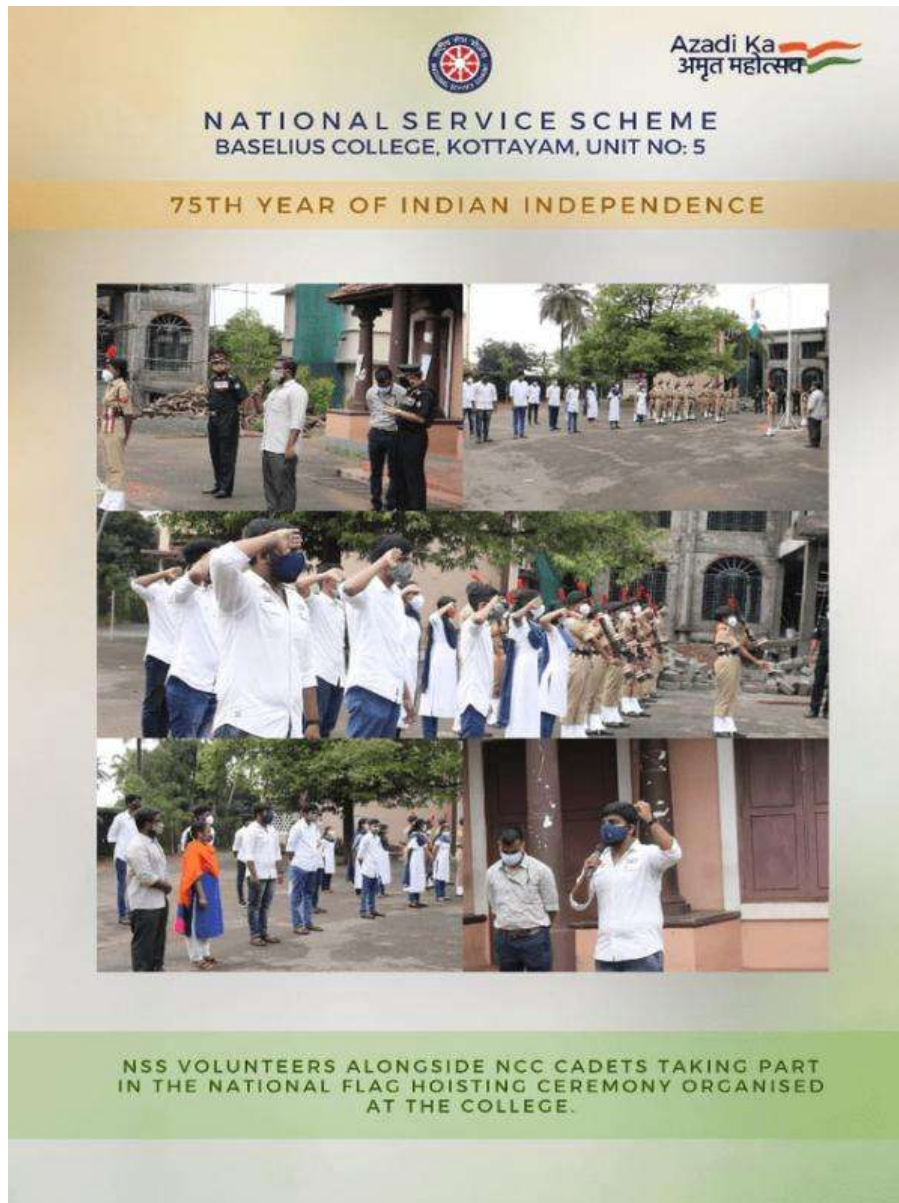
1. All students aged 25 or below can participate.
2. Participants have to prepare a video, reciting a patriotic song.
3. Participants can only compete as a team.
4. The minimum number of participants in a team must be atleast 4 and should not exceed a maximum of 7.
5. The video should not exceed 5 minutes.
6. Only one entry will be accepted from each college.
7. Participants should send their entries through telegram to the number - **8078595433** mentioning their Name(s), College name, NSS Unit number (if you're an NSS Volunteer) and their Instagram id along with the video.
8. Entries will be accepted till 6 pm on August 30th 2021.
9. All videos received will be subjected to a preliminary screening.
10. Selected entries will be uploaded to our instagram page @baselius_nss_arena on 2nd september 2021.
11. The number of likes on the videos as per the time limit of 6 pm, 7th September will be the basis for judgement.
12. In case of a tie, the total number of shares and engagement will be counted.
13. Entries will be automatically disqualified if anyone is caught indulging in malpractices to increase likes and engagement.
14. Decision of the judges will be final and binding.

IN CASE OF FURTHER QUERIES, PLEASE CONTACT 8078595433, 9946704687

Independence Day Celebration

The 75th Independence Day was celebrated grandly in associated with NCC cadets, obeying the complete covid protocol. Baselius college entrance was decorated, and at 8 :00 am flag hosting was conducted and volunteer secretary Sandeep Sarma delivered a speech about Indian Independence mentioning the struggle and freedom fighters. Nss programme officer Dr. Viju Kurian felicitates the programme, then by the end, after the National Anthem sweets were provided.

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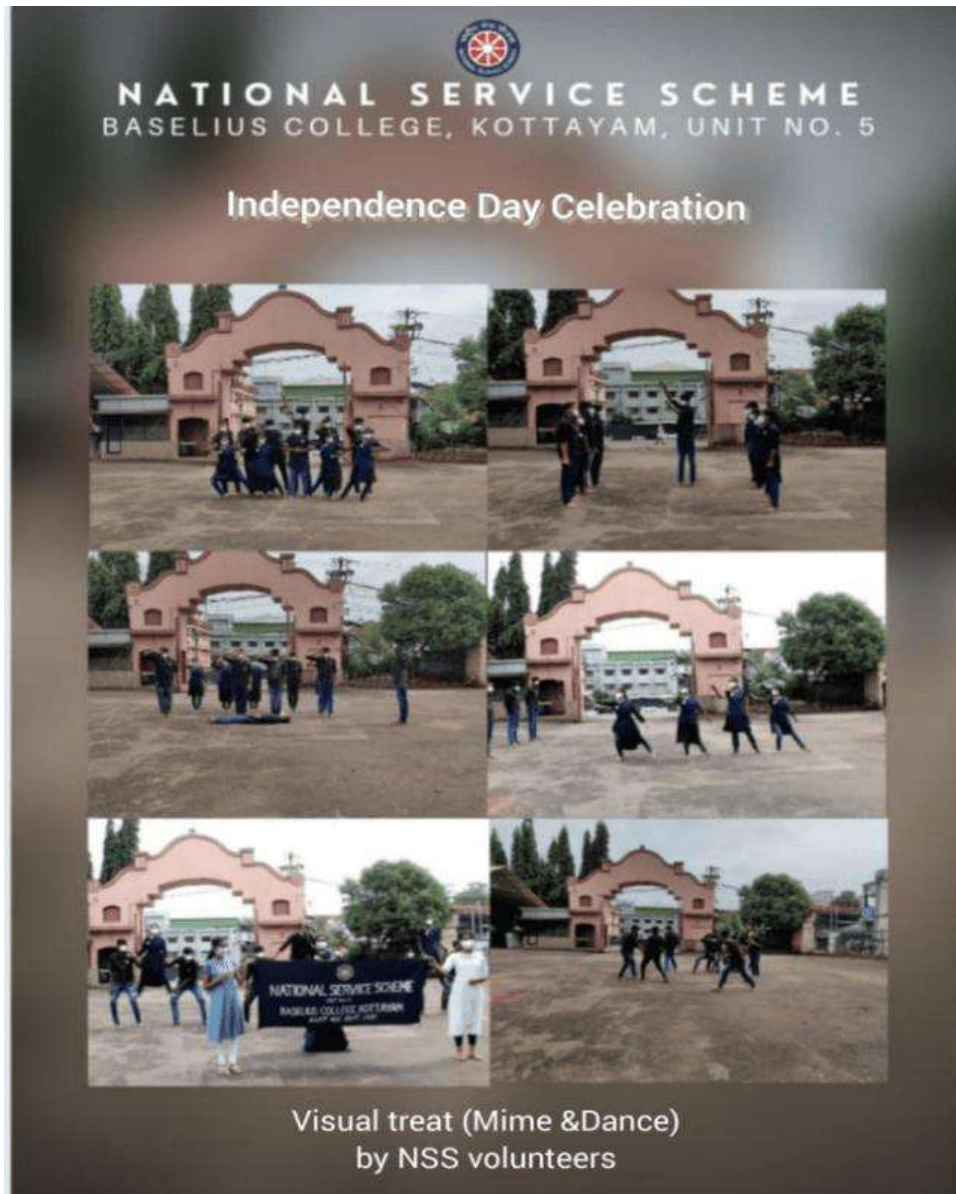
Mime and Dance

In connection with Independence Day celebration NSS volunteers presented mime which conveyed the main pillar of the Indian stability which is our great soldiers and also respectfully remembered the epic contribution of our freedom fighters.

It became a visual treat when it was concluded with the soulful moves of nss volunteers

<https://youtu.be/wOFSmyLOW3I>

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Beautification Project

On 15th July 2021, As a part of beautification programme, NSS volunteers planted ornamental plants at, Manarcadu Ward, mainly focusing the 13th ward. We could plant around 20 plants at Anganvadi and Samskaarika nilayam Building. The inauguration was done by Ward member Smt. Rejitha Anish. We focus on the theme 'Ente Gramam Sundara Gramam'.

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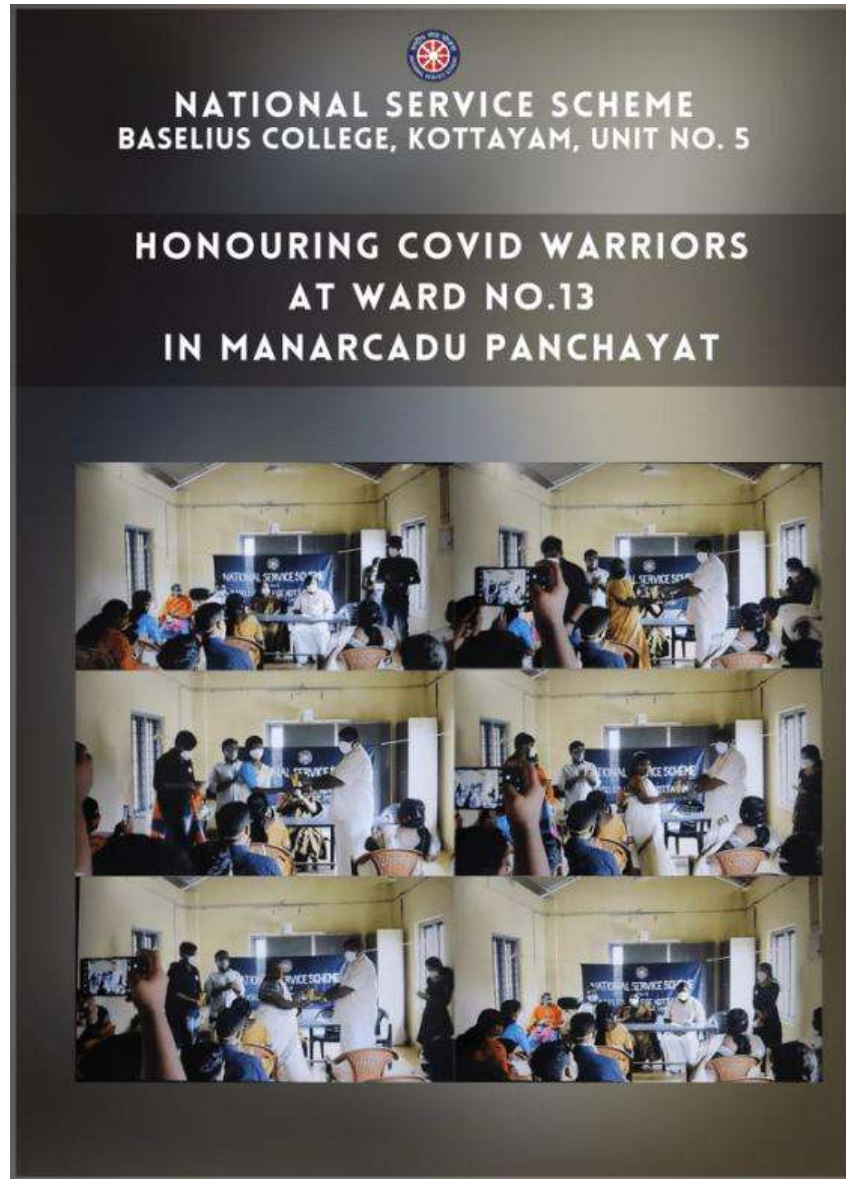
Honouring Covid Warriors

We NSS volunteers initiated a programme at our Dhathugramam, Manarcadu ward number 13, The programme was initiated for honoring the covid warriors ,who devoted their immense support and works for the society during the pandemic.

The programme was held at Samskarika nilayam building. Meeting session started at 9 :30am on 15th July 2021. RRC joint secretary Sam K.S Recited nss song. NSS programme officer Dr. Viju Kurian delivered Welcome speech.Honourable panchayat president Biju Thomas inaugurated the session. Nss programme officer Prof.Ashly Thomas and ward member smt.Rejitha Anish gave felicitations.

Mementos were given by the respected Panchayat President. Vote of thanks delivered by RRC Secretary Aravind K.R.

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Kalayum Samoohavum

"A picture is worth a thousand words."

"A pen is mightier than a sword"

These are the proverbs we have grown up listening to, and they all talk about art, any form of art. They intent to tell us how, art is a higher source of influence in society than any other medium. Be Positive wing of National Service Scheme, Baselius College Kottayam held a webinar session about "kalayum samoohavum on 17th August 2021 at 6.00 pm to 7.00 pm. The programme began with the NSS song recited by NSS volunteer Gopitha Gopan of D2 Malayalam. Be Positive coordinator Sreedarsana P of D2 chemistry delivered the welcome speech. The core session was lead by Shri M S Madhu, HSST (GHSS Mulakkuzha) , writer, theater activist. The session was very informative and insightful. The session was started with a

National Service Scheme 2021-22

beautiful poem ".In the session the speaker would clearly explained the influences of art on our society. Art have the major role in the formation of our society and it can lead us into realising the follies and goodness of the society.After the session NSS programme officers, Dr.Viju Kurian and Prof. Ashly Thomas were shared their review about the webinar. NSS volunteers also remarked their feedbacks. The session came to an end with the vote of thanks delivered by Be Positive coordinator Sneha Sebastian of D2 Economics. The webinar session was concluded at 7.00 pm.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

BE POSITIVE
PRESENTS

കലയും സമൂഹവും

Shri. M. S. MADHU
HSST, GHSS
MULAKKUZHA
WRITER
THEATRE ACTIVIST

AUG 17
6 PM - 7 PM
KXD-IMDV-FXZ

SCAN & JOIN

SCAN & JOIN

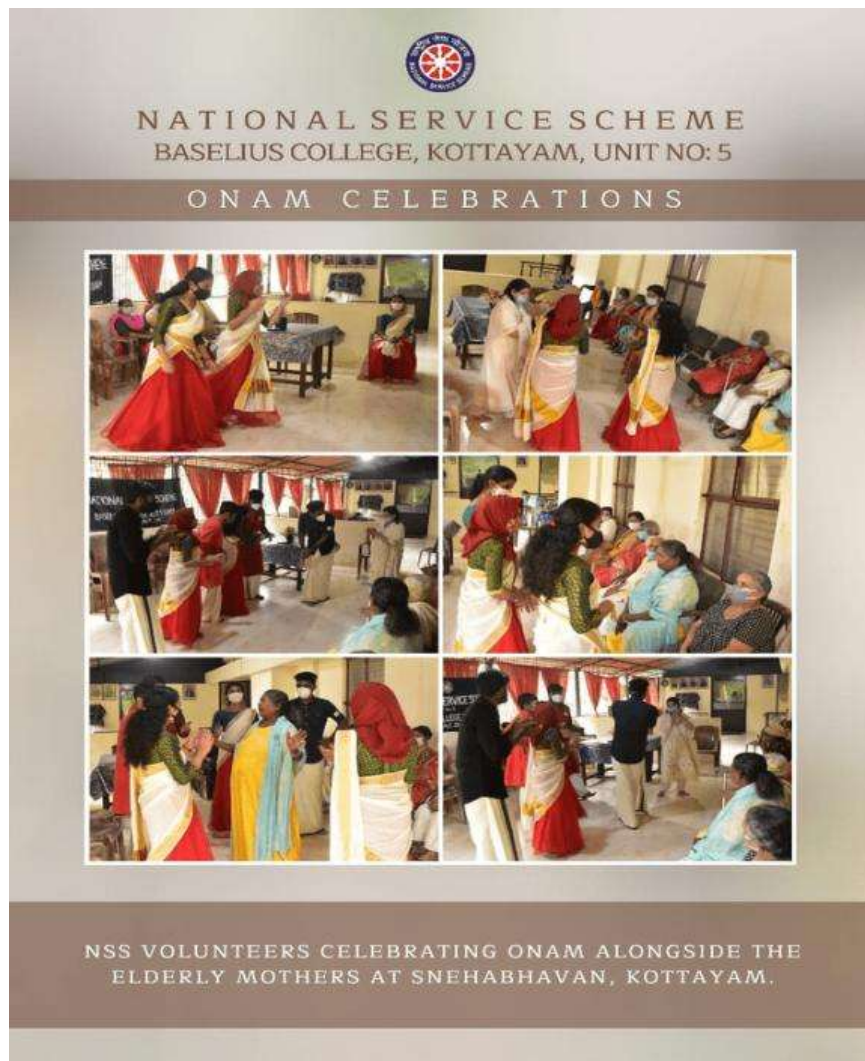
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	SREEDARSANA P (You)	
	22.Archana Lal	
	33. ARATHY ARAVIND	
	38. Meera Raj P	
	Abhijith Suresh	
	Abhin Krishna	
	Abhishek PA	
	Adithya k Pradeep	
	Ahalya Anoop	
	Alswarya A.K	
	Amalu Shaji	
	Ambily Anna	
	Anandhakrishnan p.r	
	Angith Angithvv	
	Anjitha A Nair	
	Anuja Anoop	
	Anusha KC	
	Aravind KR	
	Arron C Thomas	
	ARYA K R	
	Aryamolmk	
	Ashly Thomas	
	Ashna Mary Pathrose	
	ASML AREESH	
	ASNAMOL SHINE	
	Aswini Krishna	
	Athira Das	
	donna sara	
	Devananda Rajesh	
	Devika Biju	
	Devika T.S	
	DHANUSH M.	
	Elayaraja K	
	Hannah P. Stephen	
	Kavitha Gopalakrishn...	
	Layana Sathyajith	
	Madhu M.S	
	Mariya Biju	
	Meera M	
	Nayana Ann Binu	
	Neenu Renny	
	Neha Susan Zacharia	
	Nevin Kuruvilla Thomas	
	Nimmy T S	
	NSS Baselius College	
	Parvathi Jayan	
	Pradhik T	
	Remya R Nair	
	RENJANA REJIMON	
	Rinku Mary Jacob	
	sam_k_s	
	Sherry Philipose	
	SNEHA N C	
	Sneha Sebastian	
	Sonia Sebastian	
	Vidhu Thankachan	
	Viju Kurlan	
	Vismaya MR	

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Muthassimarodoppam oru Onam

Baselius College National Service Scheme celebrated 'muthassimarodoppam oru onam' with the elderly mothers of old age home at Snehatheeram, Kottayam on 18th August 2021. Volunteers arrived there at 10' o clock and started the celebration with athappookkalam. RRC Joint secretary, Sam K.S recited the NSS song. The director of Snehatheeram, Fr. Jose welcomed the gathering. NSS programme officers Dr. Viju Kurian and Prof. Ashly Thomas provided their felicitations to the session. After that, NSS volunteers celebrated onam alongside the elderly mothers reciting onam songs, dances and games. A sumptuous lunch/onasadhya followed soon after. The programme came to an end at around 2' o clock. The programme strictly followed the covid protocols, by only including 10 members from the NSS unit in the programme. The programme was led by Volunteer Secretaries Sandeep Sarma, Nevin Kuruvila Thomas, Arathy Shaji, Asnamol Shine and RRC Secretaries Aravind.K.R, Ambily Anna George, Sam.K.S.



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Onakitt Distribution

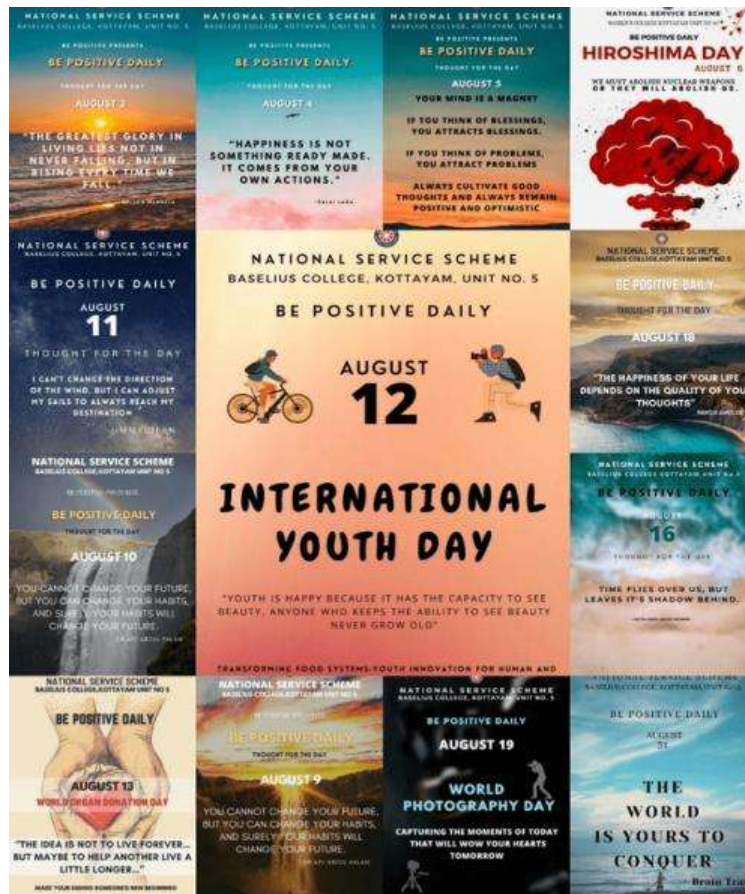
On 18th August 2021, Under the auspices of Kottayam Baselius College National Service Scheme, Onakitt parcel which included the essential vegetables and other groceries were distributed to the poor at different parts of Kottayam town. The project was focused on the theme of 'Not Me But You' and this project helped them to celebrate onam. The programme was organised by programme officers Dr. Viju Kurian, Prof. Ashly Thomas Volunteer Secretaries Sandeep Sarma, Nevin Kuruvila and RRC Secretaries Aravind.K.R, Sam.K.S led the programme.



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BE POSITIVE DAILY.

Be positive daily includes positive quotes in the form of online posters encompassing speciality of each day, if any. Be positive daily posters are shared in official Instagram page handle as stories and by all the NSS volunteers in their respective social medias.



Student Achievements

Three Day Camp

St Mary's college manarcadu in coordination with Mahatma Gandhi University held a three day online camp from 13/08/2020 to 15/08/2020, for NSS volunteer secretaries of different colleges. About 240 volunteer secretaries from various colleges participated in this online camp. The rules and regulations throughout the camp was informed through a WhatsApp group of teacher's and students. The camp activities was 60% of online activities and 40% of offline activities.

First Day

On 13 August 2021 at 9 am, the camp was inaugurated with NSS song. Sri Saneerj M Salu (NSS program officer, St Mary's college Manarcadu) cordially invited everyone to the online camp and the presidential address was given by Dr. Punnann Kurian (Principal of St Mary's College, Manarcadu).

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MG University vice Chancellor Dr Sabu Thomas inaugurated the camp. Dr Rekha Raj (NSS coordinator), Sri. A. Abraham (secretary of st Mary's College, Manarcadu) conveyed their greetings for the camp. Smt. Jilu Thomas (program officer, St Mary's College, Manarcadu) conveyed her gratitude. At last the inaugural function ended up with National Anthem.

At exact 10:30 am a session was conducted, the speaker was Dr. K Sabukuttan, former MGU NSS coordinator and registrar. He had taken a session on the aim and relevance of National Service Scheme and origin of NSS and NSS song. And know as how to interact, how to collaborate, how to network and how to get leadership quality plays an important role in the part as a volunteer.

Next session was held at 4:00 pm. The best P.O of MGU and Prof. of MGU ,Sri Tony Francis taken a session on the topic " online tools " which was about the formations and uses of PowerPoint and Google forms for the needs of NSS.

NSS National Award winner and secretary of Kannur sports council Sri Shinith padyam has taken a session on his life as an NSS volunteer. The session started at 6:00 pm. He clearly pointed out : how an NSS volunteer should service to their society and Nation, and for whom should a volunteer have to do their service for ,the situations in which an NSS volunteer should be prepared for their effortless service etc. In his session ,he pointed out each and every life experiences he had been through as an NSS volunteer.

Second Day

The 2nd day of three day camp started at 6:30 am with a yoga session. With the guidance of Dr. Jiji Thomas MD(HOD of botany department, St Mary's College, Manarcadu), Arya K.R showed the way to practice yoga. After 1hour of yoga session, digital newspaper report of first day camp was conducted. Next session started at 9:30 am on the topic "development of leadership skills through NSS". The Session was conducted by Prof. M.J Mathew. He clearly pointed out that youth plays a leading role in the moulding of laws and regulations and personality development is a key to it. He said that with hardwork we can achieve a lots of things beyond boundaries.

Next an interactive session was lead by SH Medical centre senior pediatrician Dr. Jacob George (MBBS,MD) on the topic Covid - 19 and it's prevention. During the dangerous pandemic the session helped as a lot to rectify many doubts regarding Covid -19.

At 4:30 pm a session was lead by Gokul C. Dileep(NSS National, state and University award winner for the best NSS volunteer) on how to write a perfect NSS Report. He clarified the ways to write a report and the purpose of writing a clear, clean and purposeful report. At sharp 5:30 pm Dr. Punnan Kuriyan (Principal, St Mary's college, Manarcadu) held a session on the need of environmental protection. The relevance of problems faced by society due to environmental degradation, role of humans in destroying nature were pointed throughout the session. He also conveyed the need of sustainable development in the present world. And the session ended up at 6:30 pm.

Third Day

The final day of camp, started with a yoga session at sharp 6:30 am and digital newspaper presentation was conducted at 7:30 am. Independence day Celebration started at about 9:30 am. After NSS song, Greeshma Anil (Volunteer secretary of MMNSS college, Konni) invited everyone to the session. St Mary's College principal Dr. Punnan Kuriyan given the presidential address. The Kerala Niyamasabha Cheaf vipp Dr. N Jayaraj was the chief guest of the session. Shri. Jiji Joseph (Assistant Prof. of St Mary's College, Manarcadu) conveyed greetings for the session and Shri. Shahi Muhammed T.M (Volunteer secretary of

National Service Scheme 2021-22

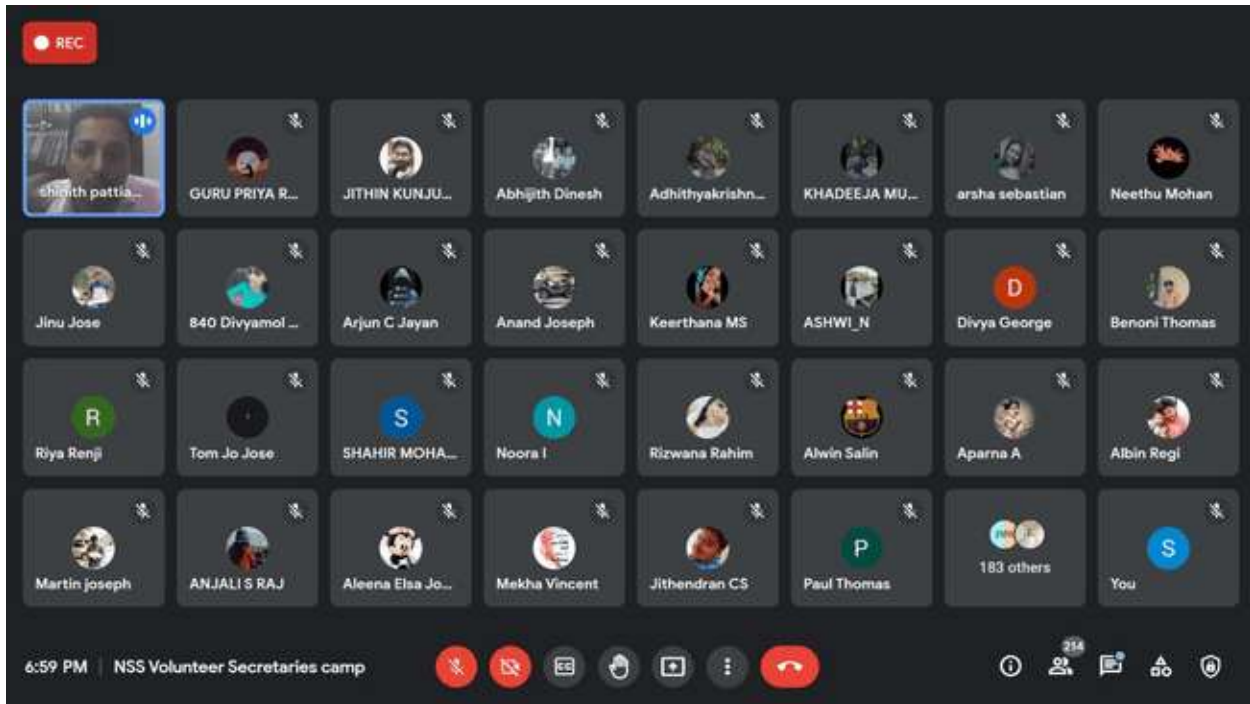
SNM college, Maliankara) conveyed vote of thanks towards the session. At 11:00 am a task was given to present a survey report on any subject of our preference and upload it in the Google classroom provided. After that, at 2:00 pm a session on topic " infrastructure towards a new India through NSS " was lead by Dr Ajith James (Best P.O of MGU 2019). And the next session was conducted by Shri. Tony Francis, it was the continuation session on the creation of Google sheets and Google forms. At 5:00 pm, the final meeting was started. The presidential address was given by Shri. Mathew Jacob (Manager of St.Mary's College, Manarcadu) C.T Aravindan (MGU Pro. Vice Chancellor) was the main guest. At last Online three day camp ended up at 6 pm with several cultural programmes of NSS volunteer secretaries of different colleges.



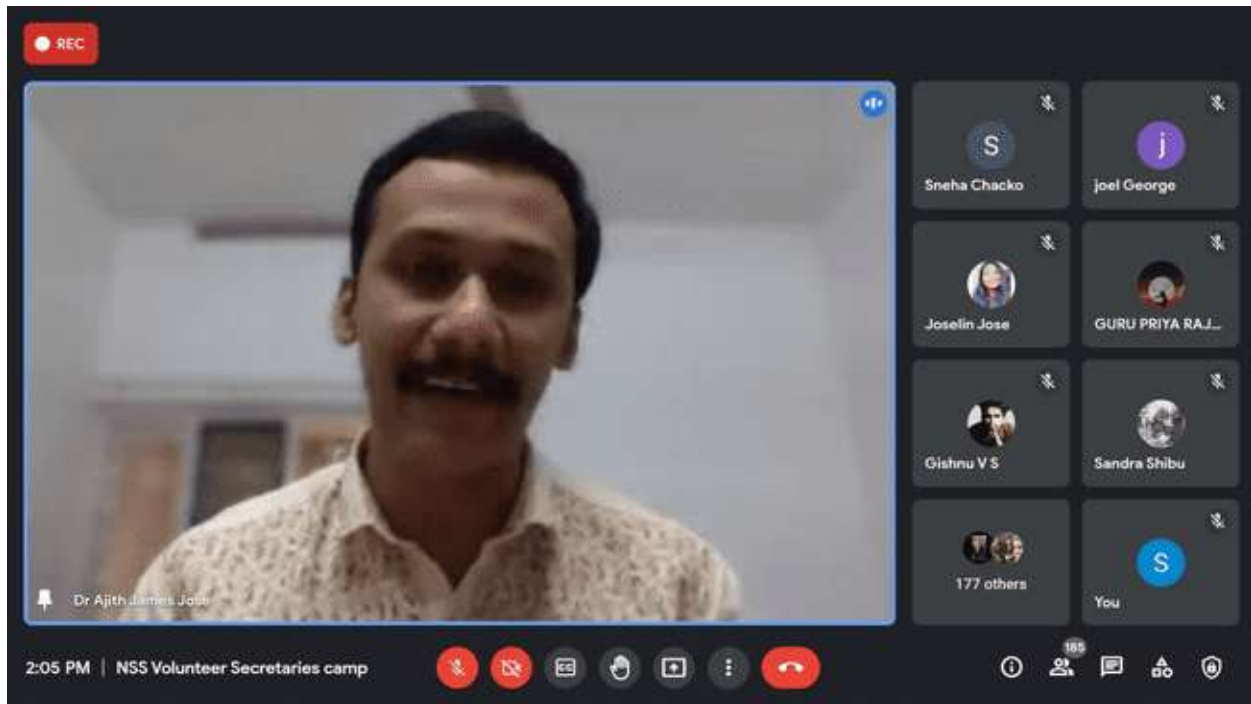
നാഷണൽ സർവ്വീസ് സ്കീം
വോളണ്ടിയർ സെക്രട്ടറിമാർക്കുള്ള
ത്രിദിന നേതൃത്വ പരിശീലന ഓൺലൈൻ ക്യാമ്പ്
2021 ഓഗസ്റ്റ് 13 ,14 ,15 തീയതികളിൽ
മഹാത്മാ ഗാന്ധി സർവ്വകലാശാല
കോട്ടയം

സംഘാടകർ:
സെന്റ് മേരീസ് കോളേജ് മണർകാട്

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The screenshot shows a Zoom meeting interface. At the top, it says "REC" and "Punnen Kurian is presenting". The main content is a presentation slide titled "BIODIVERSITY CONSERVATION" with the subtitle "Why we need to Conserve Biodiversity". Below the subtitle, it states "Loss of Biodiversity leads to Zoonosis". The slide contains a bulleted list of facts and a diagram. The diagram illustrates two zoonotic pathways: Pathway I shows Wild Animals leading to Humans, and Pathway II shows Wild Animals leading to Domestic Animals, which then leads to Humans. The meeting grid on the right shows participants: Ajo Achus, ALEENA JAMES, Punnen Kurian (the presenter), Anandhu Ayyapp..., Anjaly Baby, and a group of 195 others. The bottom of the screen shows the time as 5:46 PM and the meeting name "NSS Volunteer Secretaries camp".

BIODIVERSITY CONSERVATION
Why we need to Conserve Biodiversity
Loss of Biodiversity leads to Zoonosis

- 60% of infectious diseases are zoonotic, and 72% of these zoonoses originate from wildlife
- There are around 435 diseases that jumped from animals over the past 60 years into humans
 - HIV jumped from primates (mainly chimpanzees) to humans (1981)
 - SARS from Civet cats (2003)
 - In Latin America, several different examples of hemorrhagic fevers like hantavirus with zoonotic origin (mouse) (1993)
 - Nipa virus from Bats in Malaysia & Singapore (1999)
 - Zika (1947) from Bats in Africa
 - In the case of COVID-19, (2019) there is strong evidence that it jumped from bats into humans in a wildlife market in Wuhan, China
- Over 60% of these "spillover events" are really related to some form of change —for example, deforestation or increases in agricultural activities, increase in interaction with wildlife

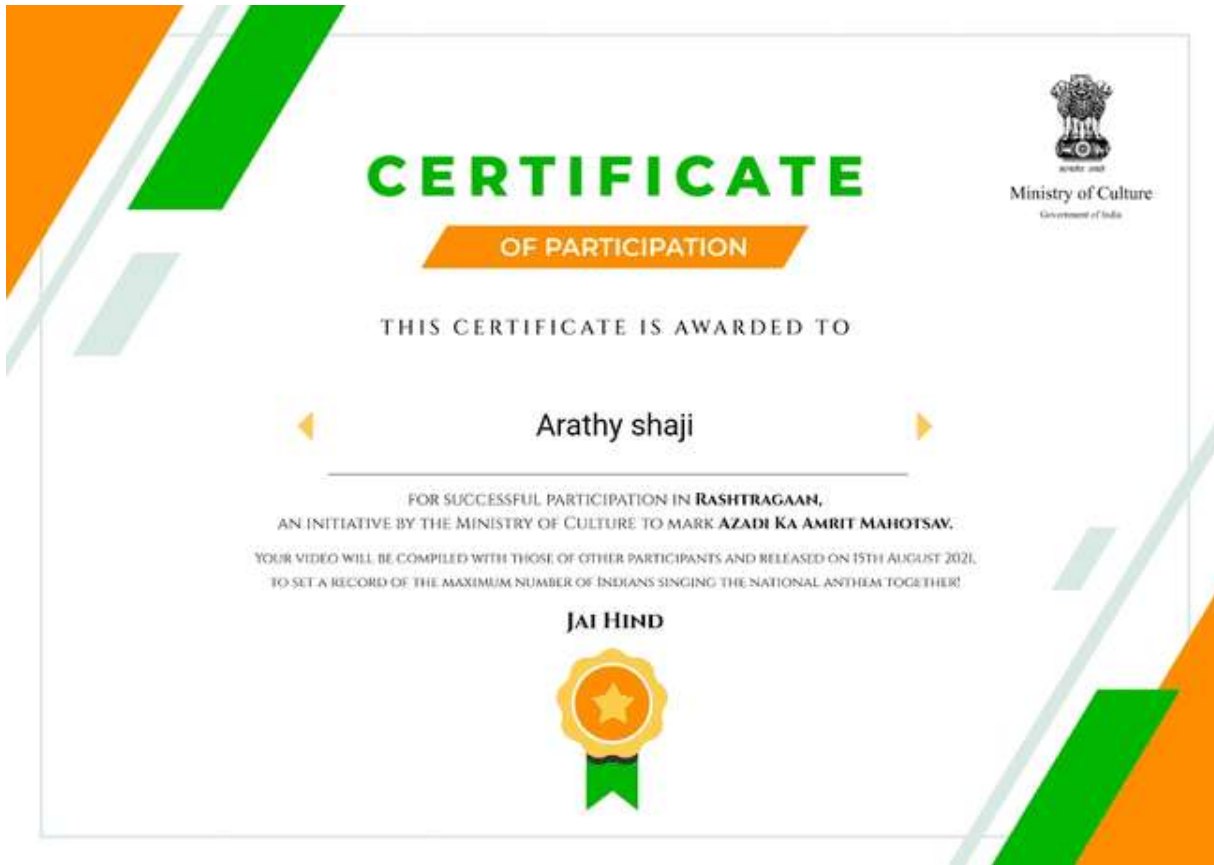
ZOOONOTIC PATHWAY I
WILD ANIMALS → HUMANS

ZOOONOTIC PATHWAY II
WILD ANIMALS → DOMESTIC ANIMALS → HUMANS

National Anthem.

Our National anthem were sung by Nss volunteers and download online certificate. As an Indian citizen, on 75th independence day, we respectfully completed the National Anthem project an initiative by Prime minister. Narendra Modi. All NSS volunteers received the certificate for successful participation in RASHTRGAAN, an initiative by The ministry of culture to mark AZADI K MRUT MAHOTSAV and the video was compiled with those of other participants and released on 15 th august 2021 which set a record of maximum number of Indians singing The National Anthem.

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AATMANIRBHAR BHARAT (ABC) PLEDGE.

Tutorial session about how to take AATMANIRBHAR BHARAT (ABC)
PLEDGE

Be Positive wing of National Service Scheme, Baselius College Kottayam conducted a small tutorial session about how to take AATMANIRBHAR BHARAT (ABC) PLEDGE .All the volunteers of the NSS unit took part in the online initiative and received their certificates respectively. The tutorial session is lead by Be Positive coordinators Sneha Sebastian and Sreedarsana p through Google meet. The main aim of the tutorial session is to support the PM's Vision of #AatmaNirbharBharat

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DATE	PROGRAMME	NUMBER OF PARTICIPANTS
04/09/2021	From a Volunteer to a Leader	
04/09/2021	Hydroponics Microgreen	
05/09/2021	ACHAARYASMRITHI	
05/09/2021	Card Making	
08/09/2021	Saaksharathayil Ninnu Munnottu	
10/09/2021	REACH OUT, It's OK to Ask for Help	
10/09/2021	BE THE LIGHT	

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13/09/2021	Pebbles of Positivity	
14/09/2021	Muthassi Podcast	
21-25/09/2021	RAINBOW WEEK	
21/09/2021	Happiness Box	
21/09/2021	First Aid is Better than Last	
21/09/2021	A Fresh Coat	
22/09/2021	Let's the Wall speak	
22/09/2021	PUTHUNAMB	
22/09/2021	Panchayath Waste Collection	
22/09/2021	Cleaning of Anganwadi Premises	
23/09/2021	Cleaning of Waterbodies	
23/09/2021	VIMUKTHI, Drug Awareness	
24/09/2021	NSS DAY, Flag hoist @Campus	
24/09/2021	VEDHI - NOT ME BUT YOU	
24/09/2021	JIGNYASA	
24/09/2021	Distribution of Nutritional Kit	
25/09/2021	DARE TO LEAD	
28/09/2021	See the Able, Not the Label	
	Be+ ve Daily	

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From a Volunteer to a Leader

Be Positive wing of the National Service Scheme, Baselius College Kottayam Organized a webinar session about the topic "FROM A VOLUNTEER TO A LEADER" on 4th September 2021 at 2.00 pm to 3.00 pm. The session began with NSS song recited by Meera M, D2 political science. Be Positive coordinator Sneha Sebastain of D2 Economics has delivered the welcome speech. The core session was led by Gokul C Dileep, National NSS award winner for the best NSS volunteer. The session was really insightful and informative for the NSS volunteers. The speaker was really a source of inspiration and encourages us to become a best NSS volunteer. And thus to a great leader. After the session Dr. Viju Kurian and prof. Ashly Thomas, Programme Officers, NSS Unit of Baselius College Kottayam shared their reviews about the session. The NSS Volunteers also remark their feedbacks about the session. The session came to an end with the vote of thanks delivered by Sreedarsana P, Be Positive coordinator D2 Chemistry. The webinar session concluded at 3.00 pm.



Hydroponics Microgreen

On 4th September, the Bhoomithrasena of NSS released a video which represents all the volunteers doing hydroponics in their houses. It is one which considered as a success video in which all volunteers get participated for producing fresh and clean microgreen. The video was released through social media platform and got high reviews.

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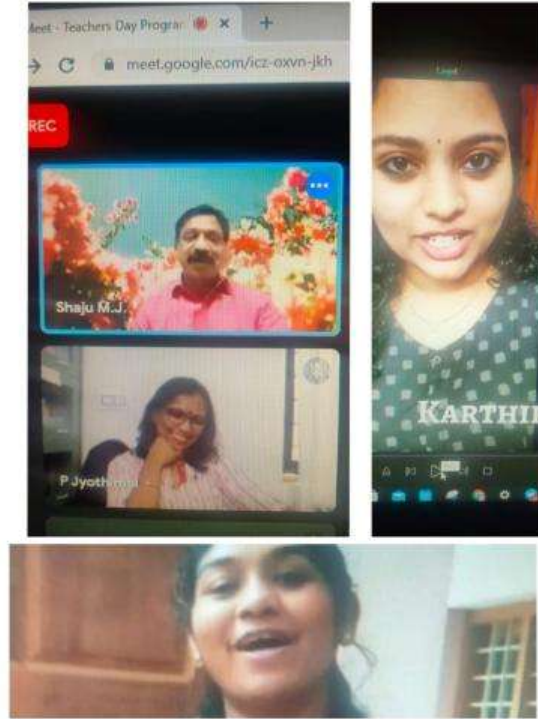
<https://youtu.be/drWskJDoCLO>

ACHAARYASMRITHI

Aacharyasmrithi, Let's take a moment to appreciate our teachers conducted on September 05 National Teacher's Day via google meet. We appreciate and discuss their experience and proud moments with their students. Programme officer Dr.Viju Kurian and Prof.Ashly Thomas delivered felicitation. College principal, Dr.Biju Thomas, vice principal Dr.Jyothi Mol.P and teachers who completed their 25 years of teaching experience.



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Card Making

On september 5, As a part of Teachers day celebration we gifted hand made cards to all our beloved teachers and wish them with full heart. The programme was lead by Nss Volunteer secretaries Arathy Shaji and Nevin Kuruvila Thomas.



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Saksharathayil Ninnu Munnottu

On september 8 "Saksharathayil ninnu munnottu -Literacy for a human centered recovery; narrowing the digital divide." was Organised by Nss Volunteers. Nss song sung by Nss Volunteer Haripriya S Nair. Key note address by Dr V.V. Mathew coordinator of district saksharatha mission via google meet. Welcome speech was delivered by RRC secretary Aravind K.R. programme Officers, prof.Ashly Thomas and Dr. Viju Kurian felicitated the programme. Vote of thanks delivered by Nss Volunteer secretary Arathy Shaji. The programme was hosted by Ambily Anna George (RRC Join Secretary).



REACH OUT, It's OK to Ask for Help

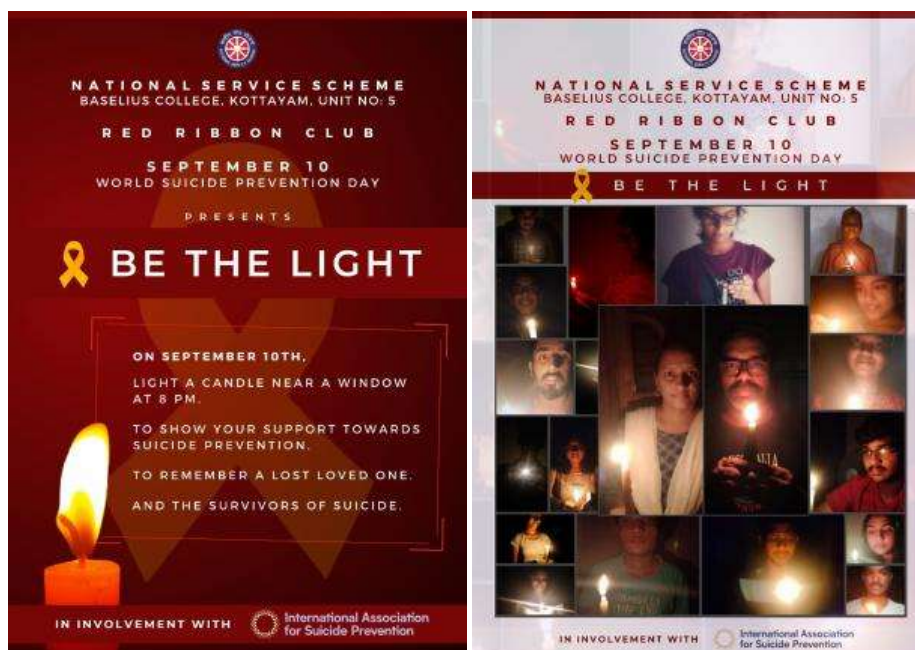
Under the auspices of the Red Ribbon Club of National Service Scheme, Basilius College, Kottayam. The programme was upon the topic "REACH OUT creating hope throughaction". The program started with NSS song by Nss volunteer Haripriya p Nair, at 4.30pm. RRC Secretary Aravind KR provided the Welcome Speech. Dr.Ganga G Kaimal, MBBS MD, Associate professor of Psychiatry & in charge of child Guidance Clinic Govt.Medical CollegeKottayam, then took the Key-note address. The class was about the topic suicide prevention. NSS programme officers, Dr.Viju Kurian and Prof.Ashly Thomas felicitated the programme. Afterwards, volunteer secretary Arathy shaji and RRC Secretary Aravind K R gave feedback upon the class. RRC joint Secretary Sam KS delivered vote of thanks to the session .RRC joint secretary Ambily Anna George hosted the programme. The program ended at 5.30pm.

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BE THE LIGHT

On behalf of suicide prevention Day ,10-09-2021 September Baselius college Celebrated 'Suicide prevention day Under the auspices of The Red Ribbon club of National service scheme, Baselius college Kottayam by lightning lamps to show the support towards Suicide Prevention and for the survivors of Suicide. The programme named :BE THE LIGHT" About 60 volunteers demonstrated the lights and participated.



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Pebbles of Positivity

Be Positive wing of National Service Scheme, Baselius College Kottayam held a webinar session about the topic "PEBBLES OF POSITIVITY" on 13th september 2021 at 3.00 pm to 4.00 pm. The program began with the NSS song recited by NSS volunteer Meera raj of D2 Zoology. Be Positive coordinator Sreedarsana p of D2 chemistry delivered the welcome speech. The core session was lead by Shaji C Mani, Fulbright scholar (USA) trainer positive psychologist. The session was very informative and insightful. "Optimism is a happiness magnet. If you stay positive good things and good people will be drawn to you." The session was truly an explanation of this quote and it help the students to learn how to stay positive at all the situations of life. After the session NSS programme officers, Dr. Viju Kurian and Prof. Ashly Thomas were shared their review about the webinar. NSS volunteers also remarked their feedbacks. The session came to an end with the vote of thanks delivered by Be Positive coordinator Sneha Sebastian of D2 Economics. The webinar session was concluded at 5.00 pm.



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	SREEDARSANA P (You)		
	NSS Basellius College		
	22 Archana Lal		
	33 ARATHY ARAVIND		
	38 Meera Raj P		
	6 Linta Rachel		
	Abhijith Suresh		
	Abhishek PA		
	Adithya K Pradeep		
	Alswarya A.K		
	Ambily Anna		
	Anandhakrishnan p.r		
	Anghith Angithvv		
	Anjitha A Nair		
	Anuja Anoop		
	Anusha KC		
	Arathy Shaji		
	Aravind KR		
	ARDEA P ASHOK		
	Arron C Thomas		
	ARYA K R		
	Aryamolmk		
	Ashly Thomas		
	Ashna Mary Pathrose		
	ASNAMOL SHINE		
	Aswini Krishna		
	Athira Das		
	Bijin Abraham Thomas		
	Jenna sara		
	Devananda Rajesh		
	Devika T.S		
	Dhanush M		
	Elayaraja K		
	Hannah P. Stephen		
	Haripriya P Nair		
	Mariya Biju		
	Nayana Ann Binu		
	Nayana Das P		
	Neenu Renny		
	Neha Susan Zacharia		
	Nimmy T S		
	Pervathi Jayan		
	Remya R Nair		
	RENJANA REJIMON		
	Rinku Mary Jacob		
	Sandra Saji		
	Sangeetha Saji		
	Shaji Choopapuzhayil ...		
	Shaji Choopapuzhayil ...		
	Sherry Phillipose		
	SNEHA N C		
	Sneha Sebastian		
	Sujil Saji		
	Vidhu Thankachan		
	Viju Kurian		

Muthassi Podcast

Online series of podcast programme started on September 2nd

An introduction video was done by NSS Volunteer Secretaries Arathy Shaji and Asna Mol Shine, uploaded on our official youtube account. Our Volunteer's grand parents were actively participated in this programme. A Series of stories with absolute moral values become the strength of each episodes. Each episodes were uploaded weekly once in the month of September.

<https://youtu.be/GwYgH4BQdh4>

National Service Scheme 2021-22

<https://youtu.be/CBXF7uuOmc>

<https://youtu.be/DnTML69OjQM>

<https://youtu.be/GZ038mlM8BQ>



Description

Introducing 'മുത്തശ്ശി' Podcast'

NSS Baselius

NSS Baselius - 307 views - Premiered on 02-Sep-2021

We present you a collection of best Grandma Stories. All, mostly present in the bedtime stories and afternoon later, are the ones told by our Grandparents. Picked from various sources the stories are present from all walks of life. The brief tales teach without preaching and have well phrased ending which are thought provoking presented in the manner most loved by children with easy languages and flowing style. This collection is bound to appeal the elders too. The work is a result of sincere work and invites appreciation and criticism alike.

Introductory Narration :

Arathy Shaji
Asnamol Shine

#nss_baselius #rrc_baselius #national_service_scheme
#not_me_but_you #Baselius_College #Kottayam
#Connecting_nss #MalayalamStories



RAINBOW WEEK

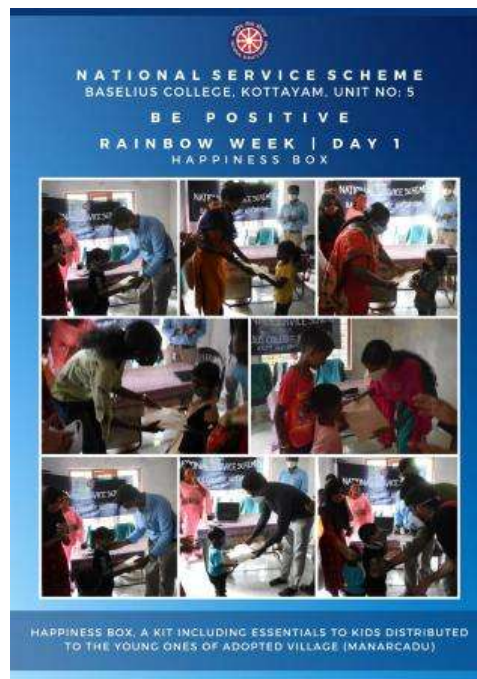
Baselius College National Service Scheme conducted various offline programs from 21st to 25th at Manarkad, an adopted village. We organized a wall painting, awareness classes, cleaning activities, distribution of vegetable seeds, nutritional kit etc. with the support of Panchayat President Sri. Biju and ward member smt. Rejitha. We strictly followed the covid rules such as Mask, social distancing and sanitizer throughout the programmes.

National Service Scheme 2021-22



Happiness Box

In observation with Nss day, Baselius College NSS initiated a programme named Rainbow Week.. On behalf of Be Positive Wing a program titled Happiness Box has been conducted..It was an initiative for promoting childrens in studies under this pandemic situation..The kit consists of necessary study materials and sweets. It was being distributed among Kindergarten Students of adopted Village...The Programme was a great success in support of Program Officers Dr.Viju Kurian & Prof. Ashly Thomas..



National Service Scheme 2021-22

First Aid is Better than Last

29-09-2021 September 10.00am Baselius College celebrated the 'First Aid Day'

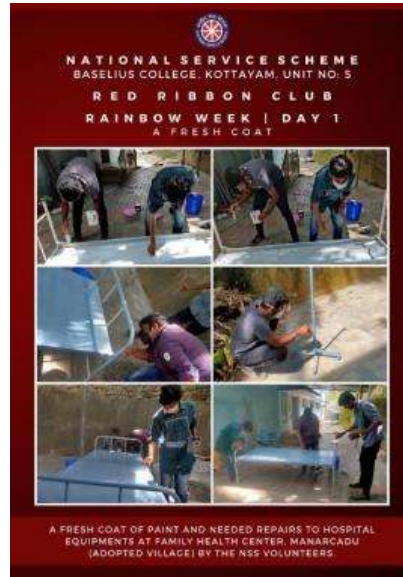
under the auspices of the Red Ribbon Club of National Service Scheme, Baselius College, Kottayam. The programme was upon the topic "First Aid Is Better Than Last" and programme was held at Our adopted village Manarcaud. The program started with NSS song by RRC joint secretary Sam K S, at 10.00 Am. NSS volunteer secretary Sandeep Sarma provided the Welcome Speech. Dr.Arun and Dr.Shabeeb (MBBS MD Kims hospital Kottayam), then took the Key-note address. The class was about the topic First and also they were also provide Demo for the audience. NSS programme officers, Dr.Viju Kurian and Prof.Ashly Thomas felicitated the programme. Afterwards, RRC Secretary Aravind K R gave feedback upon the class. RRC joint Secretary Ambily Anna George delivered vote of thanks to the session .RRC secretary Aravund K R hosted the programme . The program ended at 11.00am.



A Fresh Coat

29-09-2021 September , On the occasion of Rainbow week ,under the auspices of Red Ribbon Club of National Service Scheme ,Baselius college Kottayam, conducted a programme named 'A Fresh Coat' and painted the hospital equipments and needed repairs to hospital equipments at family Health Center, Manarcaadu (Adopted village) by the NSS volunteers.National Service Scheme Program Officer Dr. Viju Kurian and RRC secretaries Aravind K R and Sam K S led the programme.

National Service Scheme 2021-22



Let Walls Speak

As part of the rainbow week, a Colorful wall painting created by nss volunteers for nursery children returning after covid condition.

Cartoon characters such as Mickey mouse, minions, a blue sky in which balloons flying on them, flower-filled garden, honey-sucking butterfly, flying beetles, scattered alphabet, coveted mangoes, a girl looking to mangoes were the colourful pictures on the wall. We done the whole work by ourselves, we rubbed the wall, painted a new colour and the pictures were drawn. The wall painting was a result of our hardwork for 5 days started from 23/09/2021.

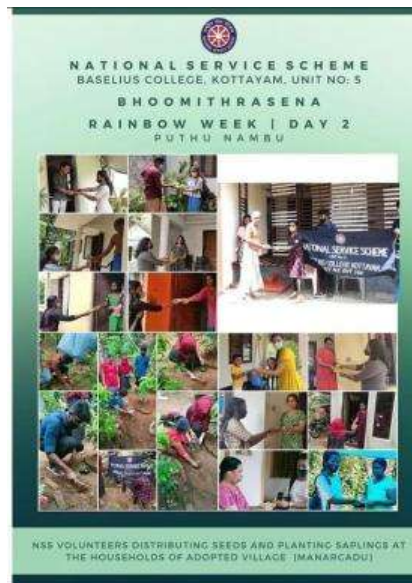
On October 2nd the wall painting named ' Let the walls Speak' was formally inaugurated. The session was held at manarcad on 10am. Programme started with nss song sung by RRC joint Secretary Sam K.S. Sandeep Sarma, volunteer Secretary delivered the welcome speech and Dr.Biju Thomas, College Principal inaugurate the function through a ribbon cutting and delivered the inaugural address. Presidential address was done by ward member smt Rejitha.The programme ended with vote of thanks by Dr Viju Kurian programme officer of NSS. Aravind K R (RRC Secretary) Anchored the session.

National Service Scheme 2021-22



PUTHUNAMB

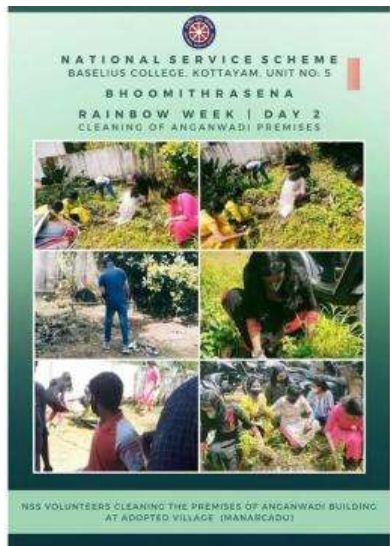
On 28th September, based on Rainbow week which was conducted in relevance with NSS day, the Bhoomithrasena of Baselius College Kottayam, conducted a project named Veetil oru krishithottam. 50 packets of vegetable seeds collected from agricultural office was distributed to the houses in Manarcadu panchayat. The major aim of this project was not only make awareness about the importance of agriculture but also to increase the use of poisonless vegetables. This project became really successful and also volunteers planted saplings in 10 houses.



ANGANVADI CLEANING

National Service Scheme 2021-22

On 22 September, based on Rainbow week which was conducted in relevance with NSS day, the Bhoomithrasena of Baselius College Kottayam cleanup the premises of an anganvadi in Manarcadu panchayat. Volunteers cleared all the grasses and weeds grown around the anganvadi. They also planted different plants around the place. Clean air and safe surroundings for the children was the major aim of the Volunteers.



PANCHAYAT WASTE COLLECTION

On 22 September, based on Rainbow week which was conducted in relevance with NSS day, the Bhoomithrasena of Baselius College Kottayam collected plastic waste from different houses from Manarcadu panchayat. The collected wastes were taken away by Manarcadu panchayat authority. All city men and panchayat officials helped the volunteers. "Plastic free area" is the main aim of this project.

National Service Scheme 2021-22

VIMUKTHI, Drug Awareness

On September 23, the Anti Narcotics Cell of National Service Scheme Baselius College had organised a class on Drug Awareness. It was a live class conducted at adopted village 13th ward, Manarcadu. The class get started at 10:00 AM.

The Nss song was sang by RRC Joint secretary Sam K S and the welcome speech was delivered by Anti - Narcotics Cell Coordinator Sherry Abraham Philipose. Class was taken by Rev ft K P Sabu, Moojana De addiction centre director, Kottayam. In the class father has explained the types of addiction, causes of addiction and remedies to cure the addiction.

Also explained the effects of drug on people by taking the example of real live situations. The class was attended by the youth of the village. Felicitation was delivered by Programme Officers Dr. Viju Kurian and Professor Ashly Thomas.

Vote of thanks was delivered by Anti - Narcotic Cell Coordinator Anjitha A Nair.

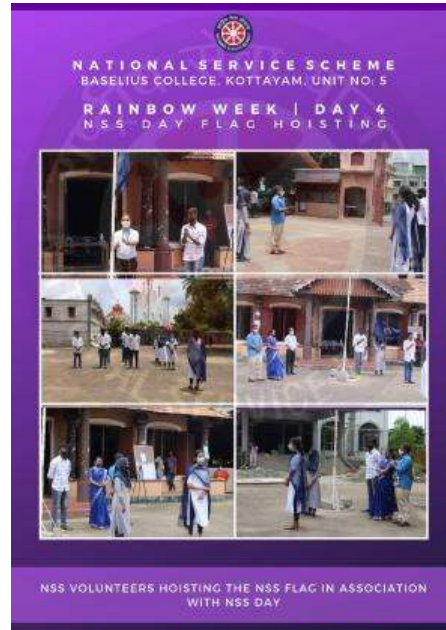
The programme rather went in a good manner. It took about 1hour 30 minutes and got ended up at 11:30 AM.



NSS DAY, Flag hoist @Campus

NSS was formally launched on 24th September, 1969, the birth centenary year of the Father of the Nation. Therefore, 24 September is celebrated every year as NSS Day. The 52th NSS Day was celebrated on college campus at 8 am. The meeting commenced with NSS Song by RRC joint Secretary Sam K.S. College Principal Dr. Biju Thomas did the flag hoist and programme officers Dr. Viju Kurian, Prof. Ashly Thomas shared their experiences as a Nss programme officer. The session ended with a vote of thanks by Ambily Anna George (RRC Joint Secretary). Asnamol Shine (Volunteer Secretary) anchored the session.

National Service Scheme 2021-22



NOT ME BUT YOU

On the occasion of NSS DAY A Kadhaapresangam named NOT ME BUT YOU was presented by NSS Volunteers under the leadership of Volunteer Secretary Sandeep Sarma. Sainaba, a afghan girl who lost their eyes by the attack of Taliban led the story. She was extraordinary in studies and extra curricular activities too. Throught out the story her friend too have a leading character ,who helped her to out of the tragic situations that she faced. The style of the story and the dance performance to their songs make it such a beautiful act. Programme officers Dr. Viju Kurian and Prof.Ashly Thomas gave support to the whole programme.

National Service Scheme 2021-22



JIGNYASA

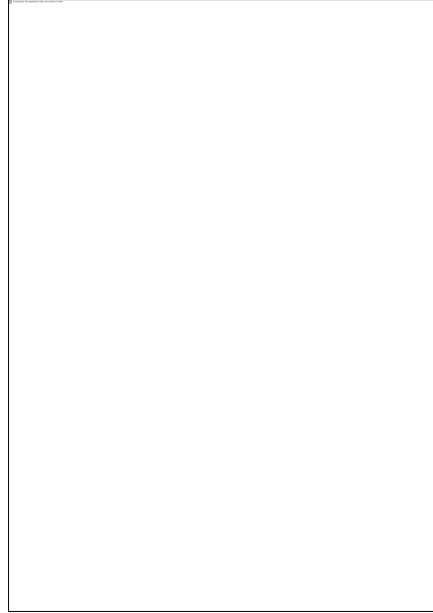
Survey conducted in adopted village

The Electoral Literacy Club, one of the wings of Baselius College, conducted a survey at 4 pm on Friday 24/06/21 at Manarkad, the adopted village.

The aim of the survey was to create awareness among the people about the greatness of voting. The survey also included questionnaires that test people's awareness and interest in voting.

The survey was conducted to create awareness among the people who were not registered to vote even after the age of 18 in the households about the greatness of voting and to prepare them for enrollment. The survey was conducted by gathering the views of all sections of the society

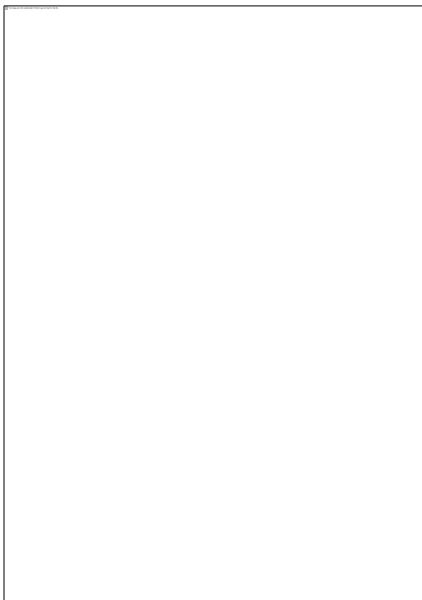
National Service Scheme 2021-22



Distribution of Nutritional Kit

(Providing Nutritional Kit to Households)

On September 23 2021, the Pothichor wing of National Service Scheme of Baselius College had organised a distribution of nutritional kit at adopted village of Manarcadu. The program got started by 10:00 AM. The programme rather went in a good manner. Around 25 nutritional kits were distributed. The program was coordinated by pothichor wing coordinators Arron C Thomas and Sujil Saji. The program came to an end by 1.30 PM.

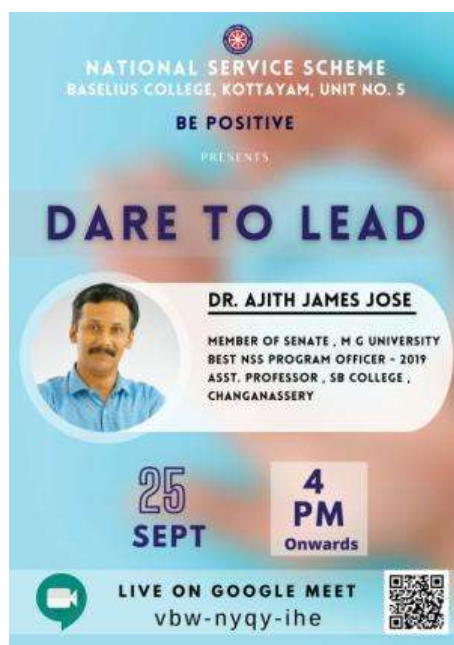


National Service Scheme 2021-22

DARE TO LEAD

Be Positive wing of the National Service Scheme, Baselius College Kottayam held a webinar session under the title "DARE TO LEAD" on 25th September 2021 at 4.00pm to 5.00 pm. The program began with the NSS song recited by Haripriya p nair of D2 physics. Be Positive coordinator Sneha Sebastain of D2 Economics has addressed the audience. The core session was led by DR. AJITH JAMES JOSE,

MEMBER OF SENATE, M G UNIVERSITY BEST NSS PROGRAM OFFICER - 2019, ASST. PROFESSOR, SB COLLEGE, CHANGANASSERY. The session dispensed a clear picture about the right way to adopt courage to lead as a real leader. Dr. Viju Kurian and prof. Ashly Thomas, Program Officers, NSS Unit of Baselius College Kottayam shared their reviews about the session. The NSS Volunteers also remark their feedbacks about the session. The session came to an end with the vote of thanks delivered by Sreedarsana P, Be Positive coordinator D2 Chemistry. The webinar session concluded at 5.00 pm



SEE THE ABLE NOT THE LABEL

Be Positive wing of the National Service Scheme, Baselius College Kottayam held a webinar session under the title "SEE THE ABLE NOT THE LABEL" on 28th September 2021 at 4.00 pm to 5.00 pm. The session is an awareness program on autism, a disorder of neural development. The session began with the NSS song recited by Gopitha Gopan of D2 Malayalam. Be Positive coordinator Sneha Sebastain of D2 Economics has delivered the welcome speech. The core session was led by Dr. Jameson Samuel, Founder and Director,

National Service Scheme 2021-22

Jewel Autism and Child Development Centre. The session was very insightful and it made students aware of the difficulties faced by people with autism syndrome. It also helped the students to learn how to behave with an autism child. After the session Dr. Viju Kurian, Programme Officer, NSS Unit of Baselius College shared his reviews about the session. Prof. Ashly Thomas, Programme officer, NSS Unit Baselius College Kottayam had also shared her review about the session. The NSS Volunteers also remarked their feedbacks about the session. The session came to an end with the vote of thanks delivered by Sreedarsana P, Be Positive coordinator D2 Chemistry. The webinar session concluded at 5.00 pm.



Date	Program
02-10-2021	<u>Gandhi Jayanti</u> <ul style="list-style-type: none">• Let's the wall speak• Y's men international club• Cleaning & Gardening

National Service Scheme 2021-22

09-10-2021	Effective stress management for youth
20-10-2021 24-10-2021	Koottickalin oru kaithang (flood relief)
28-10-2021	Clean India Campaign
	RED RIBBON CLUB received Memento for Great activities

Inauguration - Let's the wall speak

As part of the rainbow week event a Colorful wall painting were created by nss volunteers for nursery children,who returning after covid condition.

Cartoon characters such as Mickey mouse, minions,a blue sky in which balloons flying on them, flower-filled garden, honey-sucking butterfly, flying beetles, scattered alphabet, coveted mangoes, a girl looking to mangoes were the colourful pictures on the wall. We done the whole work by ourselves, we rubbed the wall, painted a new colour and the pictures were drawn. The wall painting was a result of our hardwork for 5 days started from 23/09/2021.

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National Service Scheme 2021-22



Y's men international club

National service scheme of baselius college Kottayam conducted Gandhi Jayanthi programme in association with Y's men international club, Y's menette Jisha Annie Kurian took the pledge and welcome speech was delivered by voounteer secretary Asna Mol Shine. The presidential Address was done by Y's Women Anu Koor (District Governor). Distribution of mask and sanitizer to students and volunteers by Dr. Reenu Elizabeth John. Y M Benny Yogyaveedu, Govt UP School Head Mistress, Ward Member smt.Rejitha Anish and Programme officer prof. Ashly Thomas felicitate the programme. Volunteer secretary Arathy Shaji anchored the whole programme and vote of thanks was delivered by District secretary Salu Kurian.



National Service Scheme 2021-22

Y's MEN INTERNATIONAL
CENTRAL TRAVANCORE REGION ZONE II

DISTRICT V
ഗ്രാമ വികസനം
ബാല സുരക്ഷയിലൂടെ

Observation of cleanliness day at district level

In association with
National Service Scheme,
Baselius College, Kottayam
& Y's Men's club of Kottayam West

Govt. UP School Manarcadu
02/10/2021 11:00 am

Inauguration: Smt. Jessy John, Vice President, Manarcadu Grama Panchayath
Presidential address: Yw. Anu Kooror, District Governor
Distribution of masks and sanitizers: Ym. Dale Paul, District Governor Elect

Baselius team members
Dr. Biju Thomas (Principal)
Dr. Viji Karina (NSS programme officer)
Ms. Ashly Thomas (NSS programme officer)

Y's Men's club of Kottayam West
Yw. Dr. Serun Elizabeth John
Ym. Benny Yogyavastu

Cleaning & Gardening

Under the auspices of Baselius College National Service scheme, school premises were cleaned by nss volunteers and a beautiful garden were created on Gov.U.P School Manarcadu. As a part of Gandhi Jayanthi volunteers were engaged in cleaning on up school. In association with Ys men international about 30 volunteers were participated



National Service Scheme 2021-22

Effective stress management for youth

National service scheme of Baselius college Kottayam in associate with Rottary club of Kottayam South conducted an effective interactive session on "Effective stress management for youth".

The programme started via google meet on october 9, this was an initiative for Empowering youth speaker - psychologist of KIMS HEALTH, Mrs. Manna Susan George.

The welcome speech was delivered by volunteer secretary Nevin kuruvillaa Thomas and the whole programme was anchored by volunteer secretary Arathy Shaji.

Prof. Ashly Thomas and Dr. Viju Kurian, NSS programme officers felicitated the programme.



Koottickalin oru kaithang (Flood relief)

Baselius College National Service Scheme Volunteers collected and distributed relief items to those living in relief camps of Kuttikkal. NSS volunteers handed over the items collected at the collection center for five days to panchayat member Soumya Shemeer. College Principal Dr. Biju Thomas flagged off. MLA Thiruvanjoor Radhakrishnan addressed the gathering. College Vice Principal Dr Jyothimol P, NSS Program Officers Dr Viju Kurian, Prof. Ashly Thomas and volunteer secretaries Sandeep Sharma and Arathy Shaji led the group.

From 20/10/2021 to 24/10/2021, Baselius College operated as a flood relief collection center. The students and teachers of the college provided all kinds of assistance for this.

National Service Scheme 2021-22



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

FLOOD RELIEF COLLECTION CENTER

കോട്ടയം ബസേലിയൻ കോളേജിൽ നടത്തി വരുന്ന കട്ടക്കരൻ സെന്ററിലേക്ക് സഹായങ്ങൾ എത്തിക്കുന്നതിന് നവംബർ 21-ന് വരും ദിവസങ്ങളിൽ കോളേജിൽ നിന്ന് ശുശ്രൂഷയെ വീട്ടിലേക്ക് തടയുന്നവർക്കായി ഖരികോണ സാധനങ്ങളിൽ വഴിയ കൂറുവാങ്ങരുത്. അടയാളപ്പെടുത്തണമെന്ന കോളേജിൽ കഴിയുന്ന സർവ്വീസ് വിന്യാസങ്ങൾക്ക് പുതിയ കണ്ടുപിടിത്തം കൂറ് പഠനോപകരണങ്ങളും ആവശ്യമാണ്. എല്ലാം അനുവദിച്ചുകൊണ്ട് ഖരികോണ സർവ്വീസുകളുടെ കീഴ്യിൽ ചുവടെ ചേർക്കുന്നു. തീയതി (22/10/2021) കട്ടക്കരൻ സെന്ററിലേക്ക് സാധനങ്ങളുമായി വരുന്നവർ തങ്ങളുപയോഗിക്കുന്ന കോളേജിലേക്ക് ഉപയോഗിക്കേണ്ടതാണ് കൂടുതൽ ഉപയോഗം.

സ്വീകാര്യമായ സംഭാവനകൾ

- സാനിറ്ററി നാപ്കിൻ
- മോസ്ട്
- സാനിറ്റൈസർ
- പായ
- പഠനോപകരണങ്ങൾ
- ബേഡ് ഷീറ്റ്
- പേപ്പർ
- സോപ്പ്
- കൈത്തുക്കുതിരി
- വാഷിംഗ് സോപ്പ്

DONATIONS VIA  **Pay** | **NEVIN KURUVILLA THOMAS (VOL. SECRETARY)**
8136938054

SANDEEP SARMA (VOL. SECRETARY)
9946704687

ARAVIND. K. R. (IRRC SECRETARY)
8281975854

FOR QUERIES 



National Service Scheme 2021-22



കരുതലാണ് ക്യാമ്പസ്

കോളേജ് തുറക്കാൻ തീയതി നിശ്ചയിച്ച ദിവസത്തിനു തൊട്ടുമുമ്പാണ് കിഴക്കൻ മലയോരം കണ്ണീരണിഞ്ഞത്. വിദ്യാർഥികളിലും ആ കാഴ്ചയുണ്ട്. കൈത്താങ്ങായ അനുഭവവുണ്ട്.

“ചേർത്തു പിടിച്ചും ആശ്വസിപ്പിച്ചും മഴ കെടുതിയിൽ ദുരിതമനുഭവിക്കുന്നവർക്ക് അവശ്യവസ്തുക്കൾ എത്തിക്കുന്നതിനായി കോളജിൽ എൻഎസ്എസിന്റെ നേതൃത്വത്തിൽ കലക്ടർ സെന്റർ നടത്തി. ലഭിച്ച സാധനങ്ങൾ കൂട്ടിക്കെട്ടി വിതരണം ചെയ്തു. കോളജ് വീണ്ടും പൂർണ്ണമായി പ്രവർത്തനം ആരംഭിക്കുന്ന ദിവസം തന്നെ ഇതു ചെയ്യാൻ കഴിഞ്ഞതിൽ സന്തോഷമുണ്ട്.

● നെവിൻ കൃഷ്ണവിജ് തോമസ്, എൻഎസ്എസ് ഹോളറിയിൽ സെക്രട്ടറി, ബസേലിയസ് കോളജ്, കോട്ടയം.



Clean India Campaign

Nehru Yuvakendra and Kottayam Municipality jointly organized a clean India campaign in collaboration with Pallom block Panchayat and Baselius NSS as part of the Azadi Ka Amrit Mahotsav, the 75th anniversary of independence. Pallam Block Panchayat President Prof. Tomichan Joseph inaugurated the campaign. Nehru Yuvakendra Pallom block Incharge Akhil RNair, Baselius college NSS program officer Dr. Viju Kurian led the campaign.

Plastic and paper wastes are collected separately. The collected waste was sorted and handed over to the Nehru Yuvakendra activists.

National Service Scheme 2021-22



RED RIBBON CLUB received Memento for Great activities

The Red Ribbon Club is a wing under the Baselius College National Service Scheme. RRC's duty is to bring blood to those in need and to spread the glory of blood donation to the public.

RRC received memento from general hospital, Kottayam, for its transparent service in the field of blood donation. National Service Scheme Program Officer Dr. Viju Kurian represented RRC and received the memento.

National Service Scheme 2021-22

Date	Program
01/11/2021	കേരളപ്പിറവി
11/11/2021	Mind campaigning
14/11/2021	Children's Day
14/11/2021	World Diabetes day
17/11/2021	MEENACHILAR - MANNANTHALAYAR PROJECT
19/11/2021	Voter's ID registration helpdesk
19/11/2021	Clothes Distribution
20/11/2021	Nss: The First Step
20/11/2021	Universal children's day Flash mob
21/11/2021	Road Safety Awareness
23/11/2021	ഒരു പൊതി അന്നം

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24/11/2021	Performance Anxiety
27/11/2021	Health survey at Manarcadu

National Service Scheme 2021-22

കേരളപ്പിറവി

Baselius college national service scheme celebrated 65th formation day of Kerala. November 1st of this year, depicts the power of survival and unity.

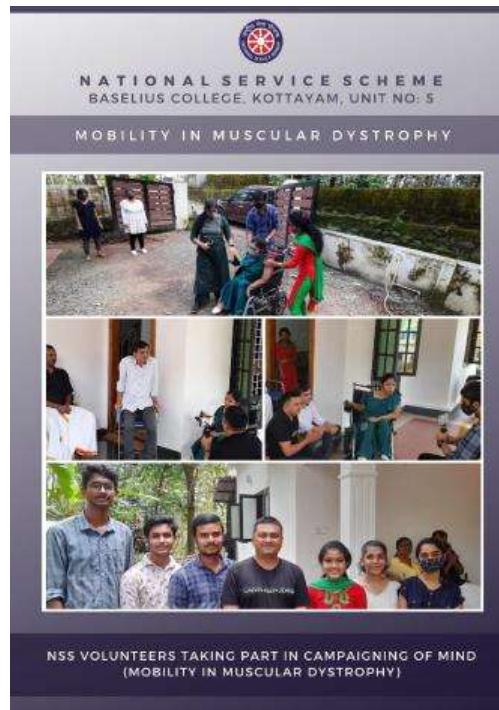
Volunteers celebrated this day as the day of neutrality and coloured memories. Esteemed presence of National service scheme program officers Dr Viju Kurian and Prof. Ashly Thomas gives positive energy to the nss volunteers.



Mind campaigning

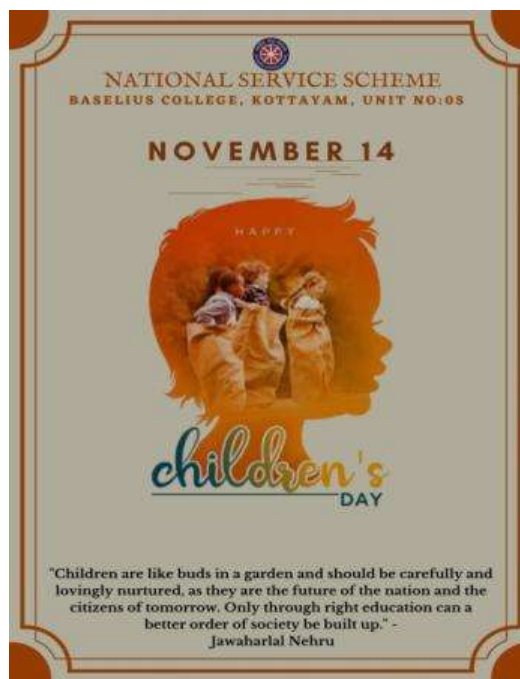
MIND or Mobility in muscular dystrophy is an organization formed by a few people affected by muscular dystrophy. Famous YouTuber Sujith Bhaktan has released a video on 'MIND', an organization that has decided on 'oridam' (house) for people with this condition and for its fund raising and help. For helping them, on November 11, YouTuber Sujith Bhaktan took a video of the people in MIND organization to help them. Baselius College NSS volunteers took part in this program to help the people. Through this volunteers got a different experience and the affected people shared their experience with volunteers. This give volunteers a positive mind to help this kind of people.

National Service Scheme 2021-22



CHILDREN'S DAY

Baselius College National Service Scheme celebrated Children's Day on November 14. It is a day celebrating the spirit of childhood. Children's Day is celebrated each year on the birth anniversary of India's first prime minister Jawaharlal Nehru, which is on November 14. Children's Day is celebrated as a tribute to Nehru. Nehru, fondly called 'Chacha Nehru' was born on November 14, 1889. He was known for his affection for kids.



National Service Scheme 2021-22

World Diabetes Day

Baselius college National service scheme volunteers conducted diabetes awareness program on World Diabetes day(Nov. 14).World Diabetes day is the primary global awareness campaign focusing on diabetes melitus and it is held on nov 14 every year.Spreading awareness about diabetes can help to save a life.One of the most important aspects of raising diabetes awareness is providing a support system for those who are living with diabetes. The stereotypes surrounding diabetes can be hurtful, but spreading awareness can help highlight the fact that a wide range of ages, races, and lifestyles are affected by diabetes.

This program is conducted by Red Ribbon Club, wing of National service scheme. RRC Secretary Aravind K R, joint secretaries Sam K S and Ambili Anna George, NSS program officers Dr



Viju Kurian and Prof. Ashly Thomas led the awareness program.

MEENACHILAR - MANNANTHALAYAR PROJECT

On 17th November a seminar project named Meenachilar mannanthalayar project was conducted on Darsana academy. NSS volunteers participated in the program. The major aim of the program is to provide importance of protecting rivers. It's really a wonderful program and provide many informations.

National Service Scheme 2021-22




**മീനച്ചിലാർ
മീനത്തൊഴുത്ത്
കൊടുരാർ
പുനർസംയോജന
പദ്ധതി**

പ്രിയപ്പെട്ടവരെ,
 മീനച്ചിലാർ-മീനത്തൊഴുത്ത്-കൊടുരാർ
 പുനർ സംയോജന പദ്ധതിയുടെ ഭാഗമായി
 അയ്യായിരത്തിലേറെ ഏക്കറിൽ നടന്നു വരുന്ന
 തരിശുനില കൃഷിയുടേയും,
 കാലാവസ്ഥാ വ്യതിയാനമടക്കമുള്ള പ്രശ്നങ്ങളിൽ
 കർഷകർ നേരിടുന്ന പ്രതിസന്ധികളുടേയും പരിഹാരത്തിൽ
 വിവിധ വിഷയങ്ങളിൽ കർഷകരുമായി നേരിട്ടു സംവദിക്കുന്നതിന്
 ജനകീയ കൂട്ടായ്മ സംഘടിപ്പിക്കുന്ന
കാർഷിക പുനരുജ്ജീവന ഇനീഷ്യേറ്റീവ് പ്രോഗ്രാം
 ബഹുമാനപ്പെട്ട കാർഷിക വികസന വകുപ്പുമന്ത്രി
ശ്രീ പി.പ്രസാദ് ഉദ്ഘാടനം ചെയ്തു.
 2021 നവംബർ 27 ശനി വൈകുന്നേരം 3 മണിക്ക്
കോട്ടയം ദർശന ഓഡിറ്റോറിയത്തിൽ
 നടക്കുന്ന ശില്പശാലയിൽ ബഹു. ജില്ലാ പഞ്ചായത്ത് പ്രസിഡന്റ്
 ശ്രീമതി നിർമ്മലാ ജിമ്മി അദ്ധ്യക്ഷത വഹിക്കുന്നതും
 ബഹു. ജില്ലാ കളക്ടർ ശ്രീമതി റെധാ. പി.കെ. ജയശ്രീ
 മുഖ്യപ്രഭാഷണം നടത്തുന്നതുമാണ്.
 ജനപ്രതിനിധികളും രാഷ്ട്രീയ നേതാക്കളും കർഷകരും
 പരിസ്ഥിതി പ്രവർത്തകരും ഒത്തുചേരുന്ന
 ശില്പശാലയിലേക്ക് ഏവരെയും സ്വീകരണം സ്വാഗതം ചെയ്യുന്നു.

സ്പോൺസർഡ്
 അഡ്വ.കെ. അനീൽകൃഷ്ണൻ
 കോർഡിനേറ്റർ
 മീനച്ചിലാർ-മീനത്തൊഴുത്ത്-കൊടുരാർ
 പുനർ സംയോജന
 പദ്ധതി



Voter's ID Registration Helpdesk

The electoral literacy club of Baselius college National service scheme setup voter id registration helpdesk at college on 19-11-2021 for helping students who completed 18yrs to register voter's id. Right to vote is one of the few pillars of democracy. Therefore it is important that one must vote if he is able and contribute to the country. The Indian voter ID card is an identity document issued by the Election Commission of India to adult domiciles of India who have reached the age of 18, which primarily serves as an identity proof for Indian citizens while casting their ballot. Casting vote is our right and voter id registration is our responsibility. Baselius college National Service scheme done it very clearly with the help of nss volunteers. NSS program officers Dr Viju Kurian and Prof. Ashly Thomas led the program

NSS program officers Dr Viju Kurian and Prof. Ashly Thomas led the program.

National Service Scheme 2021-22

Clothes Distribution

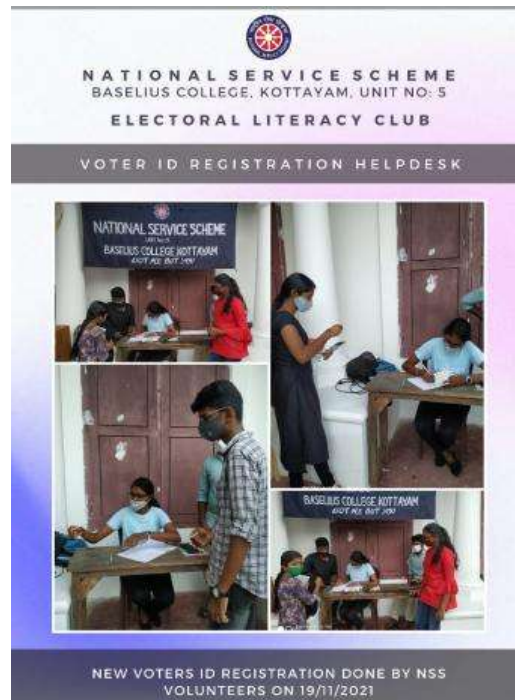
National Service Scheme of Baselius college handed over clothes collected from NSS volunteers to 'the pillar of Navajeevan trust', P U Thomas.

Navajeevan, is a home for wandering psychiatric patients, near the medical college campus. Howls and wild cries rarely puncture its serenity. Nor are there armed guards or cells, to restrain patients prone to violence. They sit around in groups and chat up student volunteers from the nearby Assisi seminary. Most of them are waiting for their dear ones to come and take them home.

NSS Volunteers of Baselius college, Kottayam collected clothes for the inhabitants of Navajeevan trust. Nss volunteer secretaries Asnamol Shine and Sandeep Sarma led this program.



National Service Scheme 2021-22



NSS: The First Step

Baselius College National Service Scheme had conducted an orientation programme for first year volunteers named 'NSS The First Step'. The programme started with NSS song sung by Sam KS RRC joint Secretary. Then volunteer secretary Asnamol Shine delivered the welcome speech. Dr. Viju Kurian NSS programme officer presided. After that Mr. Anish K Joseph, NSS district coordinator and award winning programme officer took a class on the topic 'Volunteering a metamorphosis story'. It helped the volunteers a lot. They become aware of What is NSS. Then the next session was taken by Sany Mary Benjamin miss NSS former programme officer, Baselius College Kottayam. That also helped the volunteers to know about BaseliusNSS. Then the two resource persons were honoured by giving them momento. Vote of thanks delivered by Aravind KR RRC Secretary.

By this the forenoon session had ended. The afternoon session was an entertainment session. Senior volunteers conducted many games and programmes for junior volunteers. It helped junior

National Service Scheme 2021-22

volunteers to overcome their stage fear and they came forward and participated in the programmes. On the end of the programme all junior volunteers had changed into a new person.

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO:05

NSS : THE FIRST STEP
ORIENTATION FOR FIRST YEAR NSS VOLUNTEERS

INAUGURATION **KEY NOTE ADDRESS**

**VOLUNTEERING:
A METAMORPHOSIS
STORY**

MR. ANISH K JOSEPH
NSS DISTRICT COORDINATOR,
KOTTAYAM
STATE LEVEL AWARD WINNING
NSS PROGRAMME OFFICER

SANY MARY BENJAMIN
FORMER NSS PROGRAMME OFFICER,
BASELIUS COLLEGE, KOTTAYAM

VENUE MRS. MAMMEN MAPPILA HALL
BASELIUS COLLEGE

SCAN & JOIN

DATE 20-11-2021 **TIME** 09.30 TO 3.30

ALSO LIVE ON GOOGLE MEET

National Service Scheme 2021-22

FLASHMOB

Baselius College National Service Scheme Unit no. 05 had conducted a flashmob in accordance with the theme 'Child Labour'. It was a part of selection process. After the practice of a week we performed the flashmob at the entrance of the college at 12:30PM. It was played under the leadership of senior volunteers. The Vice Principal Dr.Jyothimol P spoke about the effort and hardwork taken by both junior and senior volunteers. Program officers Dr.Viju Kurian and Prof. Ashly Thomas gave all support. Also it was the first offline programme done by the junior volunteers. It paved the way for juniors come forward.

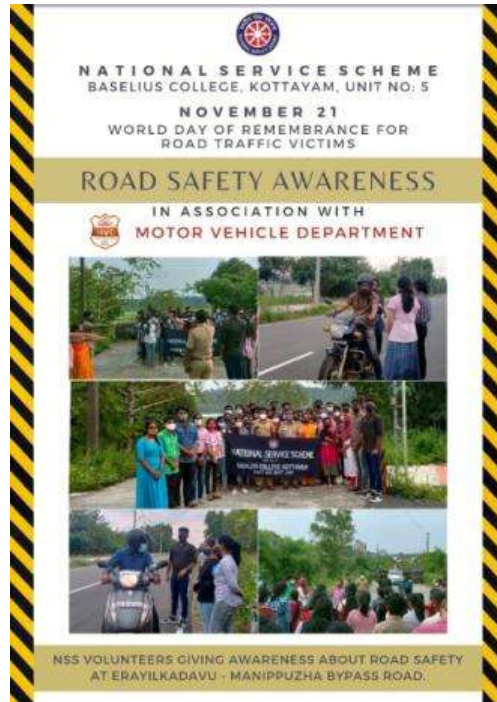


ROAD SAFETY AWARENESS

Baselius college National service scheme volunteers gives awareness about road safety to the passengers on November 21st World day of remembrance for road traffic victims. The program was conducted in association with the motor vehicle department of Kottayam.

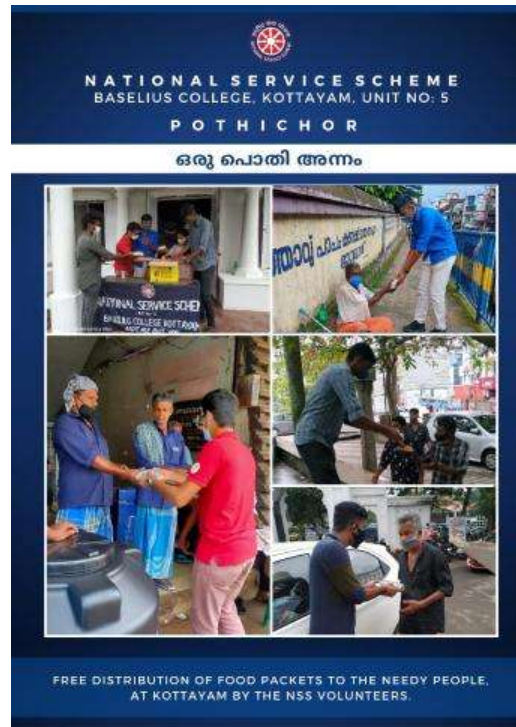
Nss volunteers took pledge on road safety and gives awareness about road safety to the passengers of Erayilkadavu- Manippuzha bypass road. Motor vehicle dept officers, NSS volunteer secretaries NSS program officers Dr Viju Kurian and Prof. Ashly Thomas led the awareness program.

National Service Scheme 2021-22



ഒരു പൊതി അന്നം

Baselius College National Service Scheme Volunteers had distributed food packets to the needy people at Kottayam. Through this the NSS volunteers gave a good message to the community. It is our duty to protect and lend a helping hand to the needy people around us. Alongwith their lunch NSS volunteers brought an extra food packet to give it to the needy people. This social service by NSS



National Service Scheme 2021-22

volunteers became a model to the society.

Performance Anxiety


Baselius College National Service Scheme, Kottayam conducted an orientation programme as part of Be Positive Wing on 24/11/2021. This session was lead by Be Positive Wing Coordinator Sneha Sebastian. All NSS Volunteers attended the class. This was an informative and interactive session. Through this session volunteers get more awareness regarding how to manage anxiety in life. Also get tricks to resolve the problem of fear in our life. We have to face lot of anxiety or fear in our daily life and this session helped us to find a solution.




Health survey at Manarcadu

Baselius College National Service Scheme, Kottayam conducted a health survey about diabetes as part of Red Ribbon Club on 27/11/2021. This programme was organised in Manarcadu. As part of this survey NSS volunteers collected details from the nearby homes in Manarcadu. Through this programme we get information regarding the health status of people in Manarcadu. And also we understood the reason for the increasing number diabetes patients

National Service Scheme 2021-22


NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5
RED RIBBON CLUB
HEALTH SURVEY AT MANARCADU



**HEALTH SURVEY ON DIABETES BY NSS VOLUNTEERS AT THE
ADOPTED VILLAGE, MANARCADU ON 27 -11 -2021**

National Service Scheme 2021-22

Date	Program
01/12/2021	SURVIVAL Nss Short Film Trailer Release
01/12/2021	Aids Day
01/12/2021	Silent Walk
02/12/2021	Dare(Drug Abuse Resistance Education)
03/12/2021	International Day of Person with Disabilities
05/12/2021	Roll of Wild Food Crops in Combating Global Food Crisis
07/12/2021	Essential Quality for a Meaningful Life
10/12/2021	Human Rights Day
11/12/2021	Crib of Love 2K21
13/12/2021	Child Protection in Indian Constitution
18/12/2021	Medicinal Plant
21/12/2021	'ഒരു പൊതി അന്നം'
23-29/12/2021	Nss 7Day Camp

National Service Scheme 2021-22

Short Film Trailer Launch

Baselius nss unit organised a trailer launch of the short film "survival" on 1/12/2021. The trailer was launched by Mr. Jithin John, the histrionics club teacher in charge of Baselius College. The short film "survival, what matters most" was directed by Sandeep Sharma, nss volunteer secretary. The programme was conducted with the support of our nss programme officers dr.Viju Kurian sir and Prof.Ashly Thomas mam.

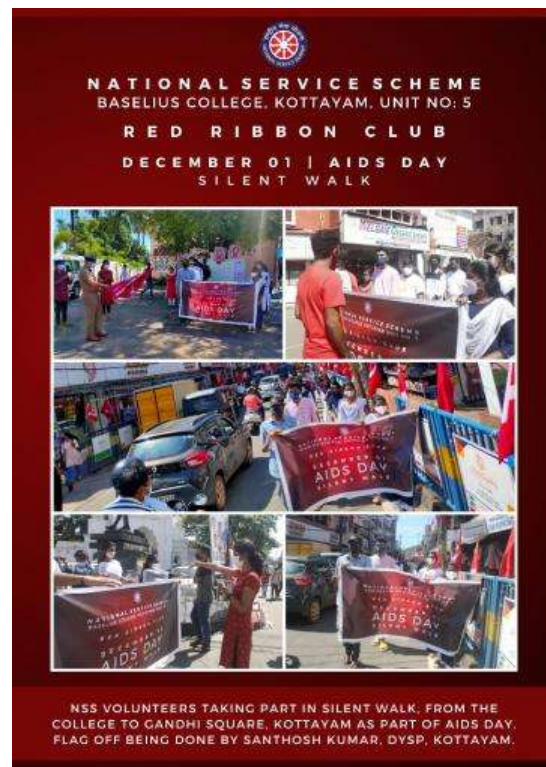
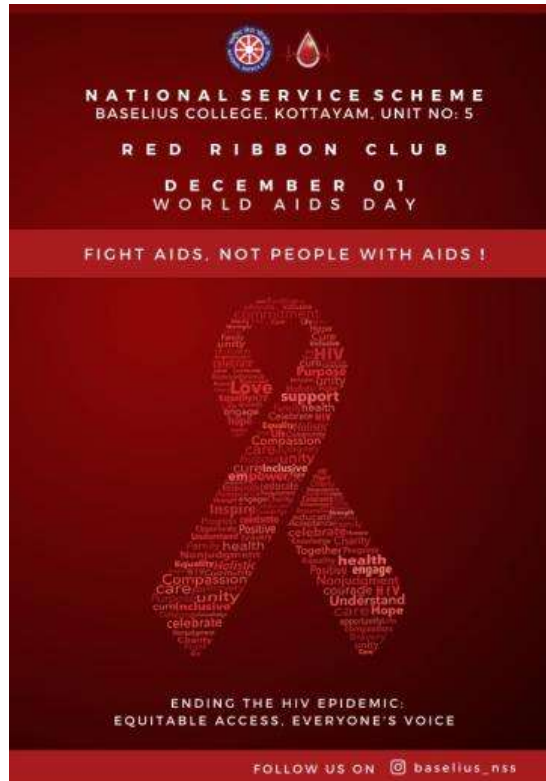


Aids Day

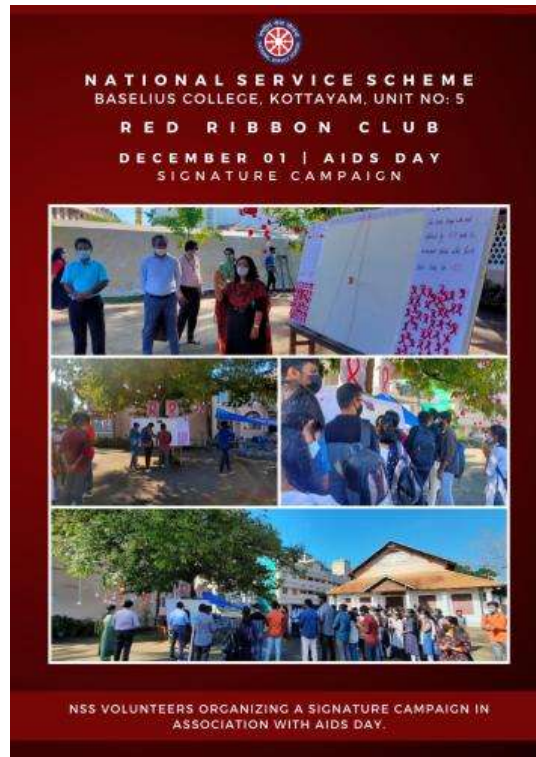
Basilus College National Service Scheme Was Conducted A Silent Walk on December - 01 AIDS DAY In Association With RED RIBBON CLUB, Nss Volunteers Take part In Silent Walk From College To Gandhi Square Kottayam And Also All Senior And Junior Volunteers Take Pledge on The Day. The rally was then flagged off by Kottayam DYSP Santosh Kumar. Then the welcome speech was made by Dr. Jyothi Mol P, Vice Principal of the College .Dr. viju Kurian, and Prof. Ashly Thomas (programme officers)greeted the function. RRC Secretary Arvind KR and joint secretary Sam K.S also greeted the gathering. RRC joint secretary Ambili Anna George thanked the

National Service Scheme 2021-22

function. The signature campaign was organized based on the attitude of our college students towards patients.



National Service Scheme 2021-22



DARE: Drug Abuse Resistance Education

On December 2, the Anti Narcotics Cell of National Service Scheme Baselius College had decided to conduct a webinar on the topic : Dare : Drug Abuse Resistance Education. It was conducted for college students. The program was held at Mammen Mappila Hall Baselius College Kottayam and the program started at 3.30 pm.

The Nss song was sang by Nss Volunteer Ambily P. M and the welcome speech was delivered by Anti - Narcotics Cell Coordinator Sherry Abraham Philipose. Webinar was conducted by Ashok Kumar T. A, Deputy Excise Commissioner, Kottayam.

In the webinar sir has explained the 'Resistance of Addiction' in a very simple manner. Also explained the effect of drugs on youth too. Felicitation by Programme Officer Dr. Viju Kurian. After the felicitation Nss Volunteers told there feedback about the session.


Vote of thanks was delivered by Anti - Narcotic Cell Coordinator Anjitha A Nair.


The programme rather went in a very good manner. It took about 1hour 15 minutes and got


National Service Scheme 2021-22

Wind up by 4.45 pm.







NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5
ANTI NARCOTICS CELL
PRESENTS
DARE
DRUG ABUSE RESISTANCE EDUCATION
PROMOTING A DRUG FREE CAMPUS & LIFESTYLE


Asok Kumar T. A.
Deputy Excise Commissioner,
Kottayam

VENUE 
MRS. MAMMEN MAPPILA HALL

DECEMBER
2
3.30 PM
ONWARDS



Follow us on  baselius_nss  NSS Baselius

National Service Scheme 2021-22

International Day of Persons with Disabilities

Baselius College, Kottayam National Service Scheme in association with Red Ribbon Club, December 3 In connection with the International Day of Persons with Disabilities, shared brochures and the Awareness was given to all. It was about the way the world should see such people.



Roll of Wild Food Crops in Combating Global Food Crisis

The NSS volunteers organised a programme in association with EBSB club on December 05 at 3:00 pm onwards. The programme was conducted through Google meet. The usefull session was handled by Dr. Tara Devi Sen, Assistant professor of Botany Department, Sardar Vallabai Patrl, Cluster university, Mandi HP .

Dr. Biju Thomas, College Principal felicitates after the introduction by Prof. Nibu B Thomas, EBSB Club Coordinator. The vote of thanks and welcome speech were delivered by NSS programme officers Dr. Viju Kurian and Prof. Ashly Thomas respectively.

National Service Scheme 2021-22

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO. 5

IN ASSOCIATION WITH
EBSB CLUB

PRESENTS

**ROLE OF WILD FOOD CROPS IN
COMBATING GLOBAL FOOD CRISIS**

DEC
05
3.00 PM
ONWARDS

GOOGLE MEET

SCAN
&
JOIN

Dr. TARA DEVI SEN
ASSISTANT PROFESSOR,
BOTANY DEPARTMENT,
SARDAR VALLABHBHAI PATEL
CLUSTER UNIVERSITY,
MANDI HP

Dr. BISHU THOMAS
PRINCIPAL

Prof. NIBU B. THOMAS
EBSB CLUB COORDINATOR

Dr. VIJU KURIAN
PROGRAMME OFFICER, NSS

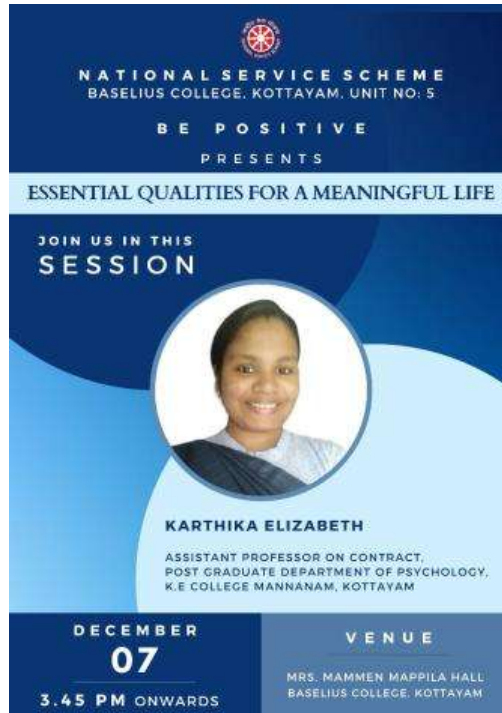
Prof. ASHLY THOMAS
PROGRAMME OFFICER, NSS

ARY-YRXY-YNR Follow us on @ baselius_nss

ESSENTIAL QUALITIES FOR A MEANINGFUL LIFE

Be Positive wing of the National Service Scheme, Baselius College Kottayam held a session about "ESSENTIAL QUALITIES FOR A MEANINGFUL LIFE" on 7th December 2021, 3.45 PM to 4.35 PM at Mrs.Mammen Maappila Hall of Baselius College. Session began with the NSS song .Be Positive coordinator Sreedarsana P of D2 Chemistry has delivered the welcome speech.The core session was led by Smt.Karthika Elizabeth Assistant professor on contract, Post graduation department of psychology, KE College Mannam Kottayam .The session provides the clear ways to live a meaningful life and it was so useful for the students .After the session Dr.Viju Kurian & Prof Ashly Thomas, Programme Officers,NSS Unit of Baselius College shared their reviews about the session.The NSS Volunteers also remark their feedbacks about the session.The session came to an end with the vote of thanks delivered by Sneha Sebastian,Be Positive coordinator D2 Economics. The webinar session concluded at 4.35 PM.

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Human Rights Day

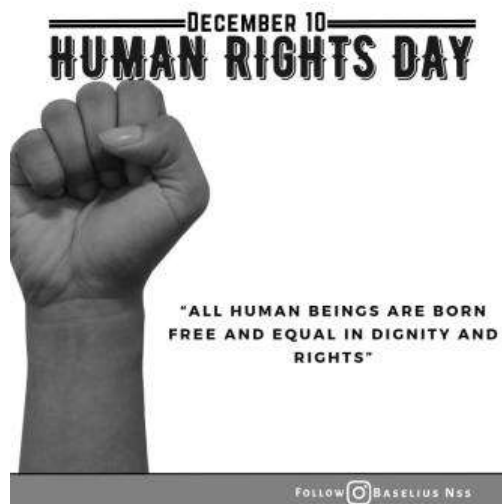
On 10th December Baselius College National Service scheme celebrated the Human Rights day. The United Nations has announced that the theme of Human Rights Day this year will be “equality”.

We Shared online posters for awaring others about Human Rights. Online media's are a good influencer of this soceity. Therefore the online posters will help us alot. All human beings are born free and equal in dignity and rights. We have a lot of rights. But the truth is that we are not aware of them correctly.

National Service Scheme 2021-22



NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO:05



'CRIB OF LOVE 2K21'

On December 11, the Anti Narcotics Cell of National Service Scheme Baselius College had taken a visit to Moochana De-addiction Centre, Kottayam around 10 AM.

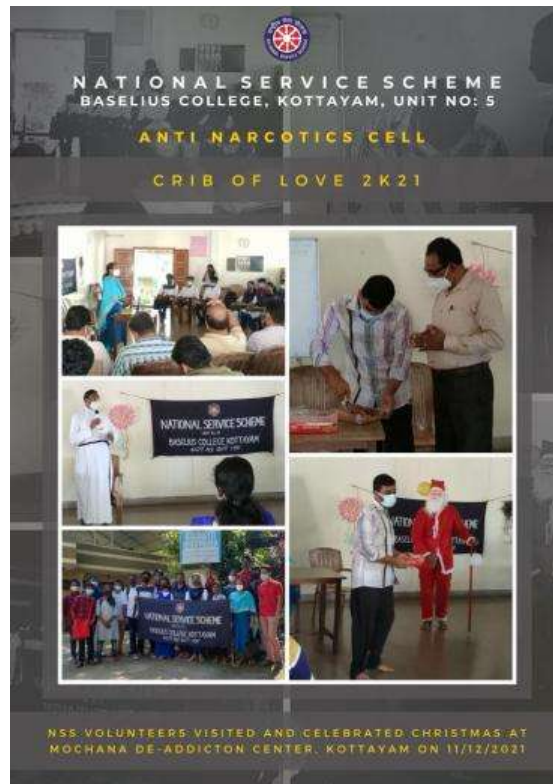
The NSS song was sang by NSS Volunteers and the welcome speech was delivered by Anti - Narcotics Cell Coordinator Sherry Abraham Philipose. There we celebrated Christmas with the inmates and carol song was sang by NSS Volunteers and an interaction session was held with them. It was a good experience and it really made them get rid of the depression from their daily life. Felicitation by Rev. Fr. K P Sabu, Director, Moochana De- addiction Centre, Kottayam and Prof. Ashly thomas, NSS Program Officer . After the felicitation NSS Volunteers told there feedback about the visit. Vote of thanks was delivered by Volunteer Secretary Asnamol Shine.

The Christmas celebration rather went in a very good manner. It took about 2 hours and got wind up by 12 PM.

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National Service Scheme 2021-22



Child protection Laws in Indian Constitution

On 13th December, Under the auspices of BASELIUS College National Service Scheme a webinar was conducted on the Topic 'Child Protection Laws In Indian constitution'. The programme was started at 3:30pm by NSS Song. Nss volunteer Secretary Asnamol Shune welcomes the gathered. The session was led by Justin Michael, District Coordinator of child line, Kottayam. It was a wonderful session in which he explained the simple things detaily. He conveyed that a child has the right to be protected from neglect, exploitation, and abuse at home and elsewhere. After the session NSS programme officers Prof.Ashly Thomas and Dr. Viju Kurian. This session concluded with vote of thanks by NSS volunteer Secretary Nevin Kuruvila Thomas. The programme was anchored by Arathy Shaji (NSS Volunteer Secretary).

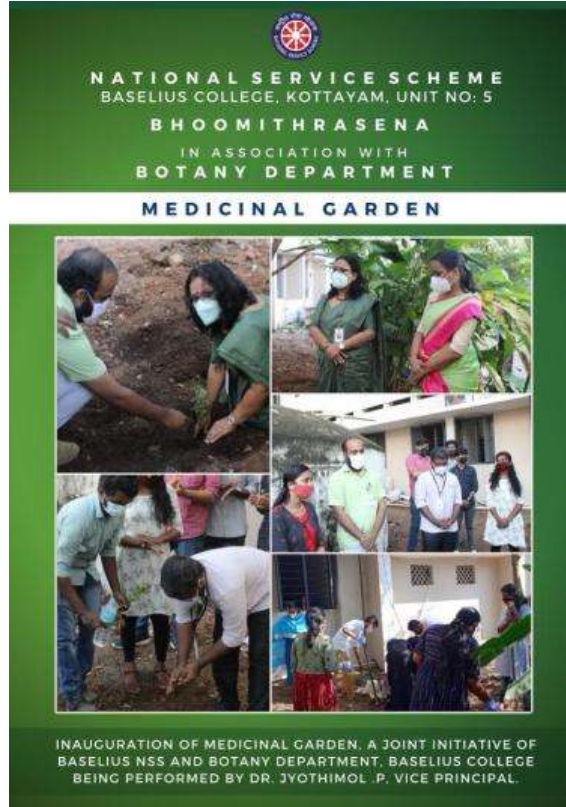
National Service Scheme 2021-22



Medicinal Garden

On 18 th December, the Bhoomithrasena of NSS created a medicinal garden near botanical garden of Botany department. The Inauguration of medicinal garden was a joined initiative of Baselius NSS and Botany department and it was performed by the vise principal, Dr. Jyothymol P. Different medicinal varieties brought by volunteers were planted. The program was really successful and a great achievement of the volunteers for their hard work. NSS program officers Dr. Viju Kurian, professor Ashly Thomas, The HOD of Botany department Dr. Krishnaraj, Professor Archana also participated in this wonderful event.

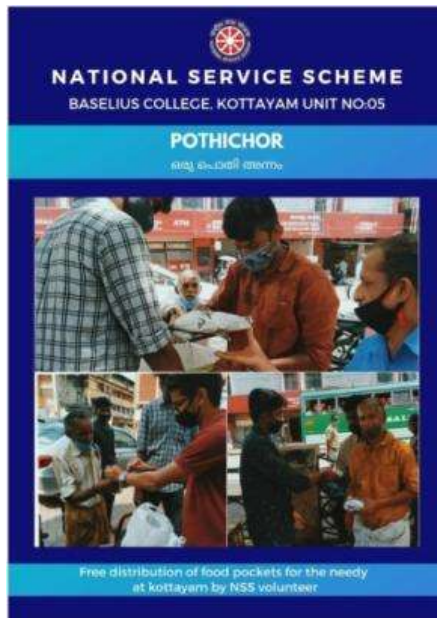
National Service Scheme 2021-22



ഒരു പൊതി അന്നം

The Pothichor Wing of National Service Scheme decided to give pothichor packets to the needy. It was under the title of 'ഒരു പൊതി അന്നം' in which the students are told to bring pothichor packets from their home as their wish (1 or 2) in any number and is asked to keep in a box. These packets are later distributed to the needy in the afternoon. The programme was conducted by the coordinators Arron C Thomas and Sujil Saji.

National Service Scheme 2021-22



2021-22 NSS 7Day Camp(unarvu)

2021-22 NSS camp of Baselius College Kottayam started on 23/12/2021 4:30pm at Infant Jesus Bethany Covent GHSS Manarcad. The inauguration was done by Dr. Biju Thomas sir (Principal Baselius college) and the ward member Thomas K Philip sir, NSS programme officers Dr. Viju Kurian, Prof. Ashly Thomas, Sister Jancy (Principal Infant Jesus School) and other dignitaries were present. Rajeev Sir (Health standing committee chairperson) presented the project. Thus the inauguration ended. Then we had a session of Ice breaking by Prof. Sanju P Cheriyan (Asst.Prof Saintgits College). There after by 8:30pm had food and after that a meeting with senior NSS volunteers in which groups were divided and next day duties were allotted.

2nd day of our camp begin with assembly at 7 am. We gathered together on the ground for the assembly. Our programme officers, Dr. Viju Kurian sir & Prof. Ashly thomas mam hoist the flag and began the assembly with nss song. Nss volunteer Ajay Pradeep Coordinated as anchor of the programme. Welcome speech was delivered by Jeeya Susan. Thought of the day was presented by Merisa Shinose. Our programme officers, Dr Viju Kurian sir & prof. Ashly Thomas mam delivered informative speech. Baselius Programme officer Dr. Viju Kurian inaugurated 'The day newspaper' & it was presented by nss volunteer Vishnu Raj. Reeja Susan presented camp report. vote of thanks was given by Abhinaya R. We dismissed the assembly after national anthem

Today was the 3rd day of Baselius 7th day NSS camp and everyone woke up at 5:30. Today is also christmas day. The assembly was held at 6:30. After assembly the Nss parade was practiced from 7:00-8:30. The first session started at 10 o'clock. The name of the session was 'oruvattom kudiyan'. The session was led by former Nss programme officer and head of the department malayalam, Dr. Thomas Kuruvila sir. He shared his Nss experiences on that occasion. The next session thykonda, started at 12 noon. The session was conducted by Assistant professor, department of economics and NSS programme officer of Ettumanoorappan college, Arun sathananthan sir. The session was informative and useful. Next was an entertainment session with NSS volunteers. The session was led

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by volunteer secretary Arathy Shaji and RRC secretary Sam KS. Super seniors and their seniors also visited the camp on Christmas day. Through that session we could see the reunion of 4 generation of Baselius NSS. They shared camp experiences and taught new songs. It was an entertaining session. Next session was at 5'o clock .Francis Muthedathu sir took an interesting session based on the topic "prevention and Addiction science". It was informative and interesting session. The next session started at 7'o clock "kakkarashi Nadakan and naadanpattukalum" session was led by Madhu sir and MRC nair vallikadan sir. It was a great session with the melody of folk songs and poems. After dinner the programme "kaliyarangu" conducted. This helps to know talents of various Nss volunteers. Then each committee present their feedback based on the activities of the day. The day ended with an interfaith prayer.

4th day of our nss camp began with Assembly at 7 am, we all gathered at ground for assembly. our programme officers hoist the nss flag. Assembly began with nss song by Vrindha Pradeep. Adarsh Namboothiri coordinate as anchor. Welcome speech was delivered by Vinay Varghese. "Thought of the day" was presented by Namitha Baby. Our programme officers, Dr. Viju Kurian sir & prof. Ashly Thomas mam delivered an inspirational speech. Baselius programme officer Dr. Viju Kurian sir inaugurated "The Day newspaper". It was presented by Adhithya Pradeep. Bibina Varghese presented "Day camp report". Vote of thanks was given by Hridya Shaji . Assembly dismissed after national anthem.

Today was the 5th day of 7th day Nss camp and also last day of the offline camp. Everyone woke up at 7:30am and a meeting conducted by senior Nss volunteers and programme officers. Anti drug march and poster campaign was held after breakfast. Since then lotions made by Nss volunteers distributed to nearby houses. Later, the volunteers all turned into groups and cleaned our school premises

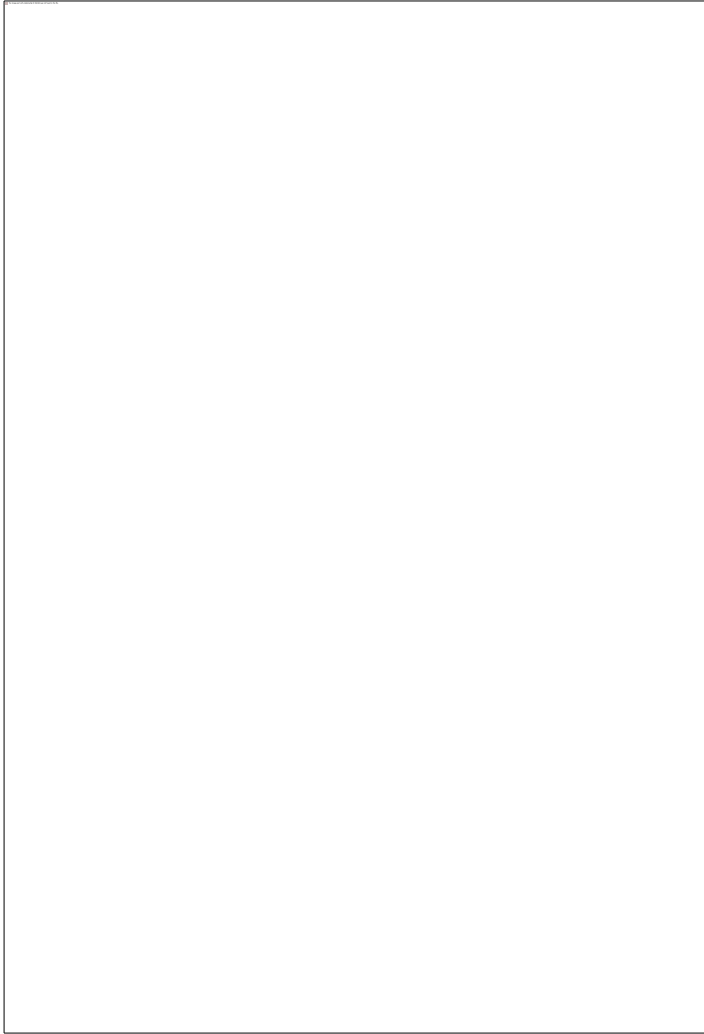
On December 27, 2021, National Service Scheme, Government of Kerala and Excise Department coordinately organised SPARSHAM 2021 DRUG AWARENESS CAMPAIGN at Infant Jesus Bethany Convent Girls Higher Secondary School Manarcadu. Orientation, House visiting, Anti Drug Awareness Rally, Vimukthi Jwala were the programmes conducted in association with Sparsham 2021.

Baselius nss' unarvu ' 2021 Seven Day Camp 28/12/2021, the assembly started at 10 am on the 6th day. Nss volunteer secretary Nevin Kuruvila Thomas clearly showed through screen presentation how to create google forms in the first session. All the volunteers created a google form of personal hygiene and collected 10 responses each. The second session started at 2 p.m. In this session conducted jointly by Nss and RRC, Dr. PN Vidhyadaran sir took a class on 'Health current scenerio'. The third session started at 4 pm. Saly miss, a former program officer, shared her nss camp experience. The fourth session started at 5:30. Athira miss, a former program officer, talked about her nss. Today's camp ends with 'kaliyarangu' at 7 p.m.

The 'unarvu' 2021 29/12/2021 under the Baselius nss began the last day with an assembly at 7 am on the 7th day. After that Anju miss, an English department professor, taught aerobics to all nss volunteers. Through aerobics training, all the volunteers got a new impetus. The second session started at 9 am and third year undergraduates chaithanya, Akshay and Rohit gives a session about how to take

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a photo using a DSLR camera. After that, volunteers are required to take a photo and upload it in google classroom. The last session began at 11 a.m. with the participation of Baselius College Principal Dr. Biju Thomas Sir, vice principal Dr. Jyothimol miss and program officers attended. At the same time, Adersh Namboothiri and Keerthana Pradeep were selected as the best energetic volunteers and parthiv and Therese as the best volunteers. The camp ended at 1:30 p.m.



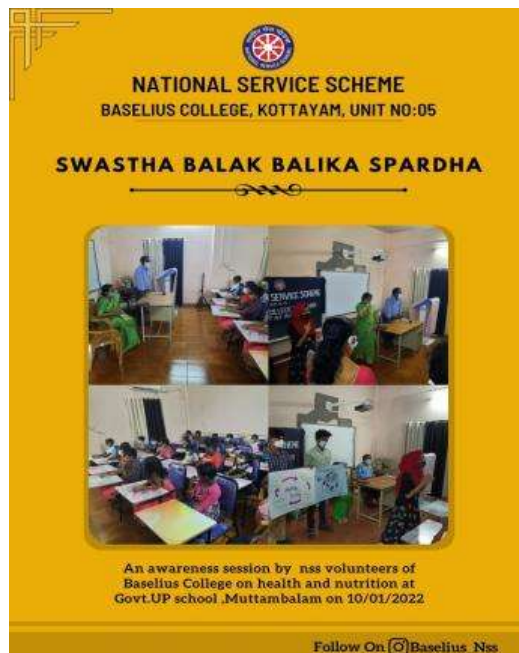
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Date	Programme
10/01/2022	Swastha Balak Balika Spardha
12/01/2022	National Youth Day
12/01/2022	Quiz and Speech Competition
20/01/2022	Blood Donation Camp
25/01/2022	Elector's Pledge 12 th National Voters Day
26/01/2022	Republic Day
26/01/2022	Republic Day Parade Participation
28/01/2022	Let's Continue

Swastha Balak Balika Spardha

Under the auspices of the National Service Scheme, on 10-01-2022, we conducted a program called “Swastha Balaka Balika Spardha” at Muttambalam Government up school. The class was based on the theme of Health and Nutrition. Program Officer Professor Ashley Miss and Senior, Junior Volunteers went to take the class. At 11.30 we arrived the school before we drew the chart about nutritional foods. The class started with the NSS anthem and then started with a welcome by the headmaster of the school. Later, Sneha Sebastian, a senior volunteer, started the class. Then NSS Junior Volunteers Thasni Mol AM, Anna Ann Joseph and Abhijit led the class and Ajay, Anagha Ajith and Vinayakan introduced the chart. The class was conducted for LP section children. Knowing the innocence of their little minds, we took the class in a way that was familiar to them. The responses received more childish knowledge and humorous responses than expected. Aarushi made her impossible talent in front of everyone by overcoming her disabilities in the form of a song. Then program officer prof. Ashly Miss thanked to everyone and the head teacher of the school sang the NSS anthem. Following this, senior volunteers Aaron C Thomas and Sujil Saji handed out bananas to everyone and pasted charts prepared by all at the school. Later all are returned to college. It was a very good and unforgettable experience that those little ones gave us.

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National Youth Day

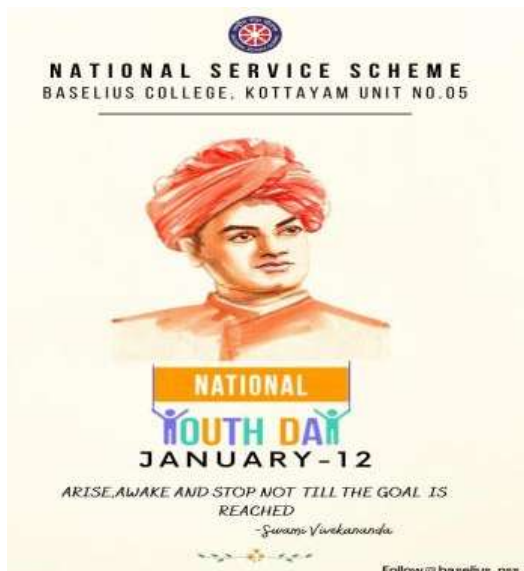
On 12/1/2022 Baselius nss unit “national youth day”to commemorate the birth anniversary of Swami Vivekananda one of the India’s greatest spiritual leader and social leader.He saw hope for the future in every child and believed that with “muscles of iron” and “nerves of steel” they could bring about social change...

Nss volunteers prepared posters and slogans related with national youth day.we organized a session on Topic : “Life and Teaching of Swami Vivekananda” by Dr.Sarath Sir Department of Sanskrit of Baselius College. It was very inspiring and useful session. Our nss programme officers Dr Viju Kurian sir and Prof Ashly Thomas ma’am delivered speech.

As part of National Youth Day, in remembrance of Swami Vivekananda, Nss volunteers attended a session on vivekananda and Reconstruction of Nation on 12/1/2022 at 3:30 pm. We were welcomed to the session by our fellow nss volunteer Anagha Ajith, D1 Political science. After the hearty welcome, we were addressed to the session by our very energetic program officer Dr. Viju Kurien sir. Sir expressed his sincere gratitude towards Dr. Sharath sir for shouldering the responsibility of the session. The session was led by Head of Sanskrit department Dr. Sarath sir. The session revolved around rational perspective and religious thought of Swami Vivekananda. Sir also explained why Swami Vivekananda’s birthday is observed as National Youth Day. The session was blessed with the presence of our programme officers Dr. Viju Kurian sir and Prof. Ashly Thomas miss. During the feedback session, many of the volunteers expressed their gratitude for the session also to Dr. Sharat sir and described it as informative. They affirmed that the session benefited all the attendees including

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senior and junior Nss volunteers. We wrapped the session with vote of thanks expressed by Keerthana Pradeep of D1 English. The whole session was anchored by Abhijith V.S of D1 Zoology.



Quiz and Speech Competition

Baselius college National service scheme organized competitions for the children of Model higher secondary school, Kottayam on January 12 in connection with the National Youth Day. we were gone their for conducting quiz competition and speech competition. We arrived school at 12:00pm.

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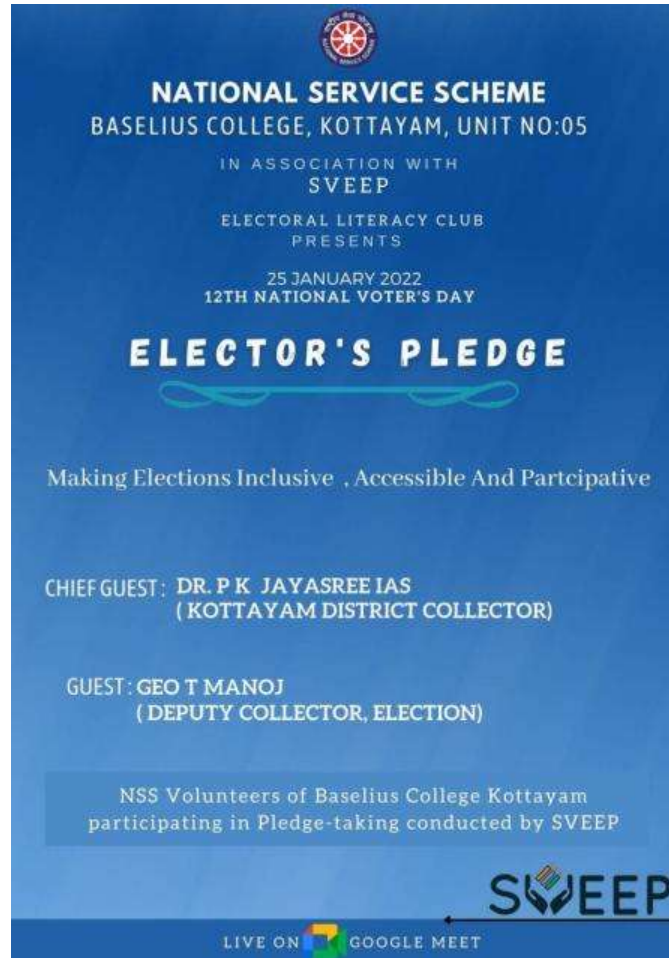
Yesterday we will prepare the question for quiz competition. The programme officers Dr. Viju Kurian sir and prof. Ashly Thomas miss and senior, junior volunteers together arrived at the school. Seema miss were introduced as. The competition is conducted for +1 humanities students. The topic is based on life and teachings of vivekananda. The quiz competition was coordinate by nss volunteers Aiswarya P. S and Muhammad Musthafa. Suryajith secured first prize in the quiz competition. Many students participated in the speech competition. Once again Suryajith won the first prize in the speech competition. Sumith secured the second prize in speech competition. Honourable principal Shibu sir of the model government higher secondary school distributed the prizes to winners. At last seema miss delivered the vote of thanks. The programmes came to an end by 1:00pm. And we returned to college by 1: 15 pm.



Blood Donation Camp

Baselius nss unit organised a “blood donation camp” associated with “Red Ribbon Club” And Kottayam General hospital on 20 January 2022. Doctors and nurses from general hospital Kottayam, offered their valuable services for the camp. The programme conducted with the support of our nss programme officers Dr. Viju Kurian sir and prof. Ashly Thomas mam. Baselius college principal Dr Biju Thomas also visited and encourage the programme. Our staffs and many students donate blood with proud heart. Due to severe cases of covid 19 pandemic causes greater shortage in blood supply. So we organised this blood donation camp with the theme”Safe blood Saves life, Donate your blood and make a difference”.

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Elector's Pledge, 12th National Voters Day

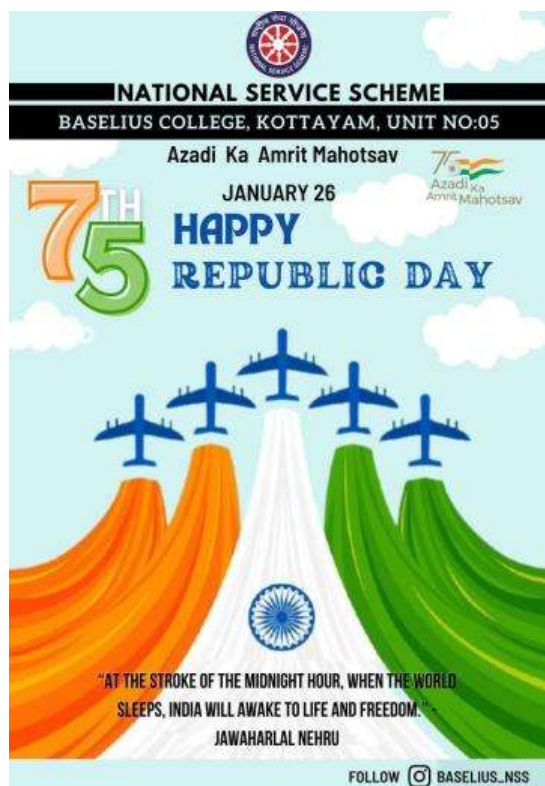
In order to encourage more young voters to take part in the political process, Government of India celebrates January 25 every year as “National Voters’ Day”. Baselius college National Service Scheme celebrated voters day online in association with election commission and Kottayam collectorate. Meeting inaugurated by Hon’ble Kottayam District Collector Dr. P. K Jayasree IAS performed. Then, Voters day pledge was recited by the collector.

Republic Day

Baselius College National Service Scheme, Kottayam conducted flag hosting programme on 26/01/2022 as part of Republic Day at Baselius College. The flag hosting was done by the Manoj Narayanan Sir, HOD of Commerce Department. Also the NSS Programme Officer Dr. Viju Kurian sir took part of this programme. All NSS Volunteers presented in this esteemed occasion. Through this programme we showed our respect towards our country. And also our 10 NSS volunteers

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performed in the cultural programme during Republic Parade at Delhi on 26/01/2022. This great achievement was achieved through the hard work of the volunteers. Also the great support from the NSS Programme Officers and the entire college encouraged the volunteers to gain this great achievement. So this Republic Day made a remarkable moment in Baselius College National Service Scheme Kottayam.



Republic Day Parade Participation @New Delhi

Baselius college National service scheme volunteers participate in the Republic Day parade. A group of 10 NSS volunteers had the opportunity to perform dance in the republic day parade at Delhi. The team qualified for the Republic Day Parade through a four-stage competition. The Nehru Youth Center took the initiative and provided an opportunity for this. The team participated in the parade by winning district, state and south regional competitions and qualified for the national competition. About 480 dancers from different states lined up for the parade. They raised the pride of Kottayam and Baselius College.

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The dance was performed by a group led by Aarti Shaji, a second year Economics graduate student of Baselius College. Other members are Anjitha A Nair, V A Neelambari Varma, Adithya Pradeep, Gopitha Gopan, Meera Raj, Arya mol, R Nandana, Krishnapriya, and P M Ambili. Uma Surendran, Zoology teacher in charge of the college's choreography club, provided guidance. Principal Dr. Biju Thomas, vice principal Dr. Jyothimol P and NSS Program Officers Dr Viju Kurian Prof Ashly Thomas gave their full support to the team. The name of the team was Kottayam Baselius NSS.



In perfect sync: Dancers step up to steal the show

Kushagra Dixit & Priyangi Agarwal | TNN

New Delhi: Dressed as a coconut shell and wearing vibrant makeup, Akash, an artiste from Udipi, was on cloud nine for getting a chance to exhibit the art of Kangilu, a traditional dance form from Karnataka, as a part of the Republic Day's main cultural attraction — Vande Bharatam Nritya Utsav.

Interacting with artistes from Gujarat, even as many visitors approached him for selfies, Akash said the last three months had been all about auditions to be one of 480 performers from 15 states to showcase his footwork on Rajpath.

"My group and I are really proud as we got the chance to be a part of such a historic celebration. It's one of the best days of my life and an answer to my dilemma of continuing as an artiste," said Akash, adding that he believed that the Kangilu performance was quite apt during the pandemic.

"Kangilu is based on the idea of remedy when a pandemic is taking over mankind. Through the spiritual dance, Koragajja, a form of Lord Shiva, comes down to end the pandemic," said Ankit, another dancer from Udipi who performed as Koragajja.

The Union ministries of defence and culture had held "Vande Matarang Nritya Utsav" to select dance groups to perform for the first time as part of Azadi Ka Amrit Mahotsav to commemorate 75 years of India's Independence.

For 17-year-old Hemant



MAKING THE RIGHT MOVES

Mali, a student from Maharashtra's Jalgaon, performing in the Republic Day parade was the happiest moment of his life. The teenager was excited that his dance was seen by the Prime Minister and the President. Mali, who aspires to become a theatre artiste, told TOI, "I'm feeling great that I got such an opportunity to perform at this national event."

Vedant Bagade, a 16-year-old boy, said he was initially nervous, but felt proud of himself after the performance. "I now want to join the Indian Army," he added. Similarly, Ranjeeta Rajesh (22), a resident of Delhi, said she was proud to be a part of the celebrations. Kumar, who led a group of dancers from Gujarat, believed that everyone was a winner.

Ankit Shaw, a 17-year-old Class XII student, had come from Kolkata to participate in the event. "I wish we are given a chance again next year. I co-

uld only catch a glimpse of the President and the PM from a distance, but I'm still happy." His friend, Raj Hela (17), a Class IX student, said, "I love to dance. I want to show my skills to everyone and make my country proud."

"We had no doubt that we would make it to Rajpath, even though the competition was stiff and there were 4,800 contestants. But now that we have given our performance, I still can't believe it. We will always cherish this memory. I'll now definitely pursue a career as a dancer," said 15-year-old Astha from Ahmedabad.

Dressed as a doll, 17-year-old Sanshya said her entire village in Mangalore was glued to the television. "Our act was to perform as if a doll had just come to life or woken up. We are all very happy. No one from my village had ever appeared on national television. It is a proud moment for me and my family," she added.

ധരണിയിൽ നടന്ന നിലവിലുള്ള ദിന പര്യയൽ നൃത്തം അവതരിപ്പിക്കാൻ ലഭിച്ച അവസരത്തെക്കുറിച്ച് കോട്ടയം അറബിക് കോളേജ് സംഘടന നയിച്ച ആരംഭിപ്പിച്ച എഴുത്തുനൂൽ

ആ ധന്യനിമിഷം ആഘോദം, അഭിമാനം

കോട്ടയിൽ നടന്ന ദിന പര്യയൽ നൃത്തം അവതരിപ്പിക്കാൻ ലഭിച്ച അവസരത്തെക്കുറിച്ച് കോട്ടയം അറബിക് കോളേജ് സംഘടന നയിച്ച ആരംഭിപ്പിച്ച എഴുത്തുനൂൽ



ധരണിയിൽ നടന്ന നിലവിലുള്ള ദിന പര്യയൽ നൃത്തം അവതരിപ്പിച്ച കോട്ടയം അറബിക് കോളേജിന് വിജയകരമായി അവതരിപ്പിച്ചു.



കോട്ടയത്തിന്റെ പെൺസംഘം

നിലവിലുള്ള ദിന പര്യയൽ നൃത്തം അവതരിപ്പിക്കാനായി കോട്ടയം അറബിക് കോളേജിന് വിജയകരമായി അവതരിപ്പിച്ചു.



നിലവിലുള്ള ദിന പര്യയൽ പങ്കെടുത്ത അമ്മേഴ്സ് സൗകര്യം

നിവൃത്തി ദിന പര്യയൽ കേരളപ്പെരുമ കാത്തത് കോട്ടയം പെൺകൊടികൾ



ധരണിയിൽ നിലവിലുള്ള ദിന പര്യയൽ പങ്കെടുത്ത അമ്മേഴ്സ് സൗകര്യം

കോട്ടയം അറബിക് കോളേജിന് വിജയകരമായി അവതരിപ്പിച്ചു.

രാജ് പഥിലെ മലയാളിത്തം

നാട്ടു രാജ് പഥിലെ നിലവിലുള്ള ദിന പര്യയൽ പങ്കെടുത്ത അമ്മേഴ്സ് സൗകര്യം

കോട്ടയം അറബിക് കോളേജിന് വിജയകരമായി അവതരിപ്പിച്ചു.

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Through this we also convey the thought ' Save Life Save Earth'.



Date	Program
02/02/2022	തണ്ണീർത്തടങ്ങളുടെ സംരക്ഷണം മാനവരാശിയുടെ നന്മക്ക്
04/02/2022	Poster making competition
04/02/2022	Cancer awareness seminar

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07/02/2022	Awareness regarding use of Social media
12/02/2022	YOUTH ORIENTATION AtmaNirbhar Bharat
20/02/2022	Equal opportunity forum And Economics department
20/02/2022	#hashtag challenge
21/02/2022	Just A Minute
25/02/2022	സ്നേഹവിദ്

തണ്ണീർത്തടങ്ങളുടെ സംരക്ഷണം മാനവരാശിയുടെ നന്മക്ക്

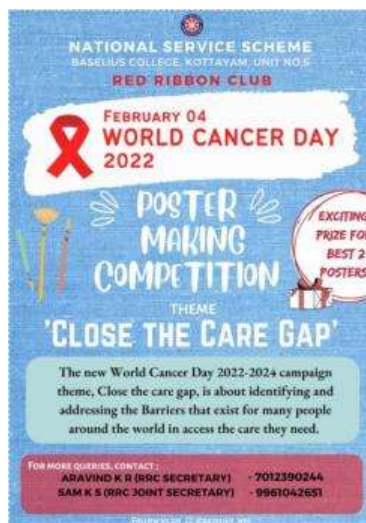
Baselius College National Service scheme had conducted a webinar in association with Bhoomithrasena wing of NSS on February 02 2022 World wetland Day. The resource person of that program was Joseph RefinJefri M the agricultural officer of Kallara, Kottayam. Webinar was conducted on the topic 'protection of wetlands for the growth of human zodiac'. It was a useful class. Joseph Sir talked about the importance of protecting wetlands. World Wetlands Day, celebrated annually on 2 February, aims to raise global awareness about the vital role of wetlands for people and planet. This day also marks the date of the adoption of the Convention on Wetlands on 2 February 1971, in the Iranian city of Ramsar.

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World Cancer Day

Baselius College National Service Scheme had conducted a poster making competition on February 04 based on cancer day in the theme 'close the care gap'. This theme was about identifying and addressing the barriers that exist for many people around the world in access the care they need. Students from different colleges had participated in this program. Abhinav R the student of Govt. College Kottayam got first prize and Angelina Ruth S of St. George College Aruvithura got second prize.



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Cancer Awareness Seminar

On February 4th NSS volunteers celebrated World Cancer day by conducting an online seminar session. The topic of seminar was “Cancer Awareness”. This session is conducted with IQAC. The session was started at 11.00 am. The welcome speech was done by Prof.Shibu M George Head of the department. After that Presidential address was delivered by Dr.Biju Thomas sir principal of the College. The resource person was Dr.Haleema MBBS. The session was very informative. All nss volunteers participated on this session. This help us to know about the cancer and it’s dangers. Felicitation was delivered by Dr.Sheeja Kuriyakose department association in-charge. The session was ended at 1.00 pm by the Vote of thanks of Anakha S Thampy .



Awareness regarding use of Social Media

The *National Service Scheme* of Baselius College, Kottayam organized a webinar about the topic *Awareness regarding use of Social Media* in connection with Feb 7: International Safer Internet Day. Webinar taken by *Tomjith Markose"*,

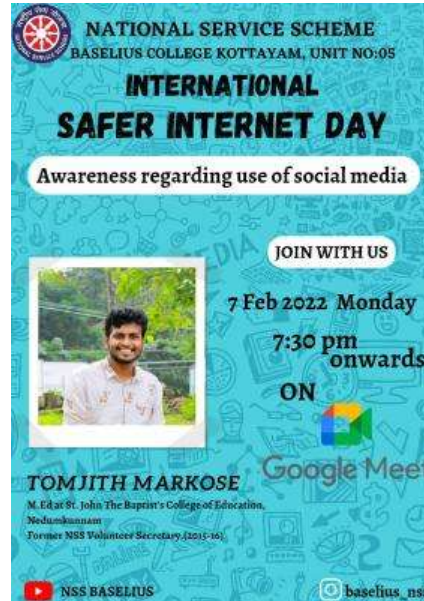
Former NSS Volunteer 2014-16,

M.Ed at St John The Baptist school of Education, Nedumkunnam. It was a very effective class.

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He clearly led the class on cyber bullying and body shaming in the social media arena. Tomjith Markose explained the etiquette we need to follow on social media and how much the online media influences us.

NSS song volunteer Adersh Namboothiri sang at the meeting. Anjaly Gopinath welcomed all.

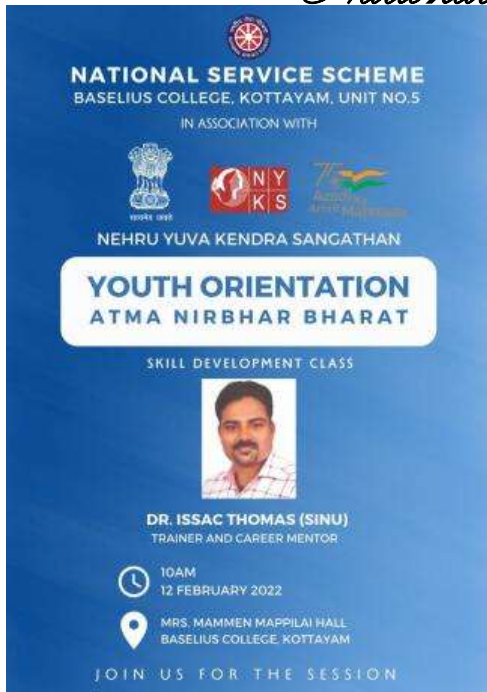


AtmaNirbhar Bharat

Youth orientation atmanirbharbharat

Baseliusnss unit organized skill development orientation class in association with Nehru yuvakendrasangathan and Atmanirbharbharat. Our resource person was Trainer and career mentor, Dr. Issac Thomas. The programme was conducted with the support of programme officers Dr. Viju Kurian sir and Prof Ashly Thomas mam. The session was informative and inspiring.

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ക്ലാസ് നടത്തി

പള്ളിക്കത്തോട് • ജയശ്രീ ആർട്ട്സ് ആൻഡ് സ്പോർട്സ് ക്ലബ്ബിന്റെയും നെഹ്റു യുവ കേന്ദ്രങ്ങളുടെയും ആഭിമുഖ്യത്തിൽ യുത്ത് ഓറിയന്റേഷൻ സെമിനാർ ഡബ്ബിൾ ക്ലാസ് കോട്ടയം ബസേലിയസ് കോളജിൽ നടത്തി.

ക്ലബ്ബ് പ്രസിഡന്റ് പി.ജെ.എബ്രഹാമിന്റെ അധ്യക്ഷതയിൽ ചീഫ് വിപ് എൻ.ജയരാജ് ഉദ്ഘാടനം ചെയ്തു.

വി.എം.ജോസഫ്, സുനിൽ മാത്യു, പി.മധു, കെ.ഡി.ജോസ്, നെഹ്റു യുവകേന്ദ്ര വൊളന്റിയർ അവിൽ ആർ.നായർ, എൻ.എസ്.എസ് പ്രോഗ്രാം ഓഫീസർ ആഷ്ലി തോമസ് എന്നിവർ പ്രസംഗിച്ചു. ഡോ.ഐസക് തോമസ് ക്ലാസ് നയിച്ചു. നിപുണ്ണിക് ദിന പരേഡിൽ പങ്കെടുത്ത ബസേലിയസ് കോളജിലെ വിദ്യാർത്ഥികളെ അനുഭവമോദിച്ചു.

Equal opportunity forum And Economics department

World day of social justice report

Our baseliuss unit organised an online webinar session on world social justice day (20/02/2022) In association with Equal opportunity forum and Economics department. The session was taken by Geethakumari.s. The main objective of celebrating World Day of Social Justice is to raise a voice against social injustice and to bring the various communities internationally together to eliminate poverty, gender, physical discrimination, illiteracy, religious discrimination to make a socially integrated society. Nss volunteers actively participated in this session. Our programme officers Dr. Viju Kurian sir and Prof. Ashly Thomas also participated in this session. The session was very informative and inspirational.



National Service Scheme 2021-22

#hashtag Challenge

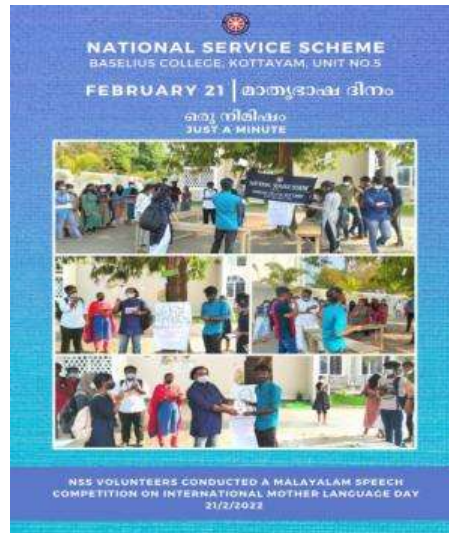
Baselius college National Service Scheme, unit no 5, celebrated Social justice day on February 20. The main objective of celebrating World Day of Social Justice is to raise a voice against social injustice and to bring the various communities internationally together to eliminate poverty, gender, physical discrimination, illiteracy, religious discrimination to make a socially integrated society. Social media opens a door to vast world of audience. So, the day was celebrated through social media as hashtag challenge. Volunteers were allowed to comment their slogans related to social justice with hashtag socialjusticeday(#socialjusticeday) on Baselius NSS official Instagram account. Moreover more informations regarding social justice were shared to volunteers.



Just A Minute

On 21 st February NSS volunteers celebrated Mother language day. We conducted a programme “Just a Minute” . It was a Malayalam speech competition. The competition was started at 3.30 pm. There are some Suggestions for this competition . The participants must use only Malayalam words , they must speak without any delay etc are those suggestions. This programme was very interesting. It help us to understand the value and importants of our mother language. Nibulal sir one of the teacher in Malayalam department was the judge of the programme. This programme was ended at 4.30 pm.

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സ്നേഹവിദ്



Baselius College National Service scheme volunteers had done a program named 'Snehavedu' the renovation of a house at Manarcaud in the adopted village of NSS. As a part of that programme, NSS decided to collect fund from inside and outside of the college. And they collected the fund from students and people from outside.

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Date	Program
02-3-2022	Snehaveedu - Paper Collection
08-3-2022	International Day of Women's Day
09-3-2022	ആശയ ഷോർട്ട് ഫിലിം പ്രദർശനവും ചർച്ചയും
9-3-2022	The Begining - Flash mob
10-3-2022	World Kidney Day
14 -3- 2022	International Day of Action For Rivers
14 -3- 2022	Painting Competition
14 -3- 2022	Awareness Rally
15-3-2022	ഉപഭോക്തൃ ബോധവൽക്കരണ seminar

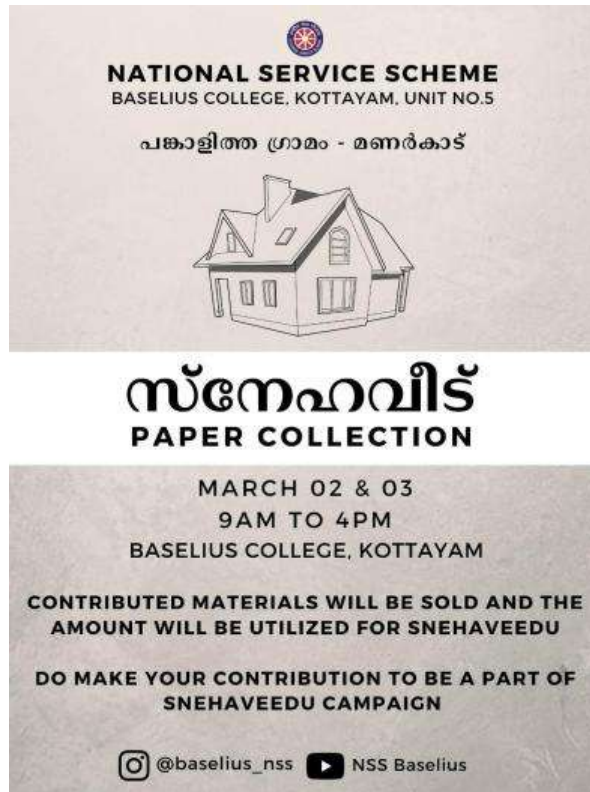
National Service Scheme 2021-22

22-3-2022	തരികാരം - Food Fest
24-3-2022	World Tuberculosis Day

Paper Collection

Baselius nss unit organised a paper collection on November 2nd and 3rd. The paper was collected from inside and outside the college premises. Nss volunteers took initiative to collect paper from students.

We also collect papers from near shops and houses. The programme was conducted with the support of our nss programme officers Dr. Viju Kurian sir and Prof. Ashly Thomas mam. Our staffs and students actively participated in this programme. Collected materials sold and the amount utilized for "snehaveedu campaign".



The poster is for a National Service Scheme (NSS) paper collection event. It features the NSS logo at the top, followed by the text "NATIONAL SERVICE SCHEME" and "BASELIUS COLLEGE, KOTTAYAM, UNIT NO.5". Below this is the Malayalam text "പങ്കാളിത്ത ഗ്രാമം - മണർകാട്" and a line drawing of a house. The main title "സന്ദേശവിട്" (Snehavedu) is written in large Malayalam characters, with "PAPER COLLECTION" underneath. The event dates and times are "MARCH 02 & 03" and "9AM TO 4PM" at "BASELIUS COLLEGE, KOTTAYAM". A note states: "CONTRIBUTED MATERIALS WILL BE SOLD AND THE AMOUNT WILL BE UTILIZED FOR SNEHAVEEDU". Another note says: "DO MAKE YOUR CONTRIBUTION TO BE A PART OF SNEHAVEEDU CAMPAIGN". At the bottom, there are social media handles: "@baselius_nss" for Instagram and "NSS Baselius" for YouTube.

GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

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As part of the celebration of Women's Day, Positive wing of the National Service Scheme, Baselius College Kottayam in association with women's forum of Baselius College Kottayam held a session about "GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW" on 8th March 2021, 3.30 pm to 4.30 pm at Vocational B.Com seminar hall of college. The session began with the NSS song.

Be Positive coordinator Sreedarsana p of D2 Chemistry has delivered the welcome speech. The core session was led by Manjusha C G, Assistant professor (HOD) Dept. of Malayalam St Mary's College Manarcadu, Best NSS Program Officer State & MG University. It was very insightful & the speaker highlights the contribution of women and girls around the world, who are leading the charge on climate change adaptation, mitigation, and response, to build a more sustainable future for all. After the session Baselius College Women's Forum Teacher in charge Manjusha Panikkar address the students. Dr. Viju Kurian & Prof Ashly Thomas, Programme Officers, NSS Unit of Baselius College shared their reviews about the session. The NSS Volunteers also remark their feedbacks about the session. The session came to an end with the vote of thanks delivered by Sneha Sebastian, Be Positive coordinator D2 Economics. The session concluded at 4.30 pm.



Agneva

The programme started at 8:00 pm with Agneva, an online short film screening organized by the Nss in association with the Histrionic Club. The short film Kochurani was screened. Hena Chandran, a short film director from Kochurani, was the chief guest. The agneva programme was inaugurated by

National Service Scheme 2021-22

Dr. Jyothi Mol P, Vice-Principal and Head of the English Department at Baselius College. After the screening of the short film, there was a discussion about the film. Sajjana Begum, a third year student from Bsc Zoology and shared her thoughts on this short film and Nss Volunteer Secretary Aarthy Shaji also commented. This short film is about the problems that women face at home and their reaction against it. It was a very good short film. It was a socially relevant short film. The program moderator was Dr. Linda Varghese. Nss Volunteer Secretary Aarthy Shaji thanked the participants and the programme ended at 10:00 Pm.



THE BEGINNING FLASHMOB

THEME : "QUITTING SMOKING DOESN'T HAVE TO BE STRESSFULL".

On March 09, the Anti Narcotics Cell of Nss had decided to conduct a flashmob THE BEGINNING against smoking on No Smoking Day. The flashmob was held at Mall of Joy, Kottayam based on the theme "Quitting Smoking Doesn't Have To Be Stressfull " and the program was started at 3.30 pm.

Around 30 Nss volunteers had participated in the flashmob. Nss program officeres Dr. Viju Kurian and Prof. Ashly Thomas delivered the message.

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Vote of thanks was delivered by Volunteer Secretary Arathy Shaji. Anti Narcotics Cell coordinators Sherry Abraham Philipose and Anjitha. A.Nair and volunteer secretaries Sandeep Sarma, Nevin Kuruvilla Thomas and Asnamol Shine had lead the program.

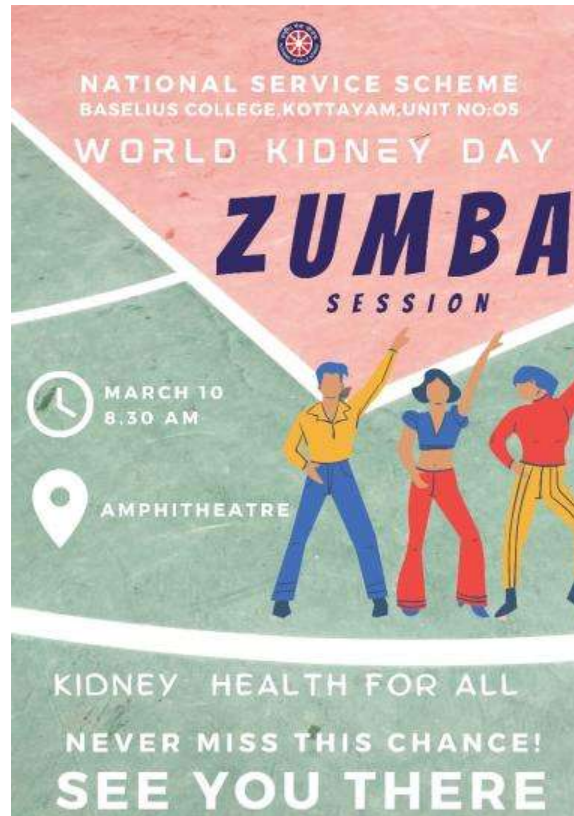
The programme rather went in a nice manner. It took about 30 minutes and got wind up by 4.00 pm.



WORLD KIDNEY DAY

Baselius College National Service Scheme, Kottayam conducted a Zumba Session as part of World Kidney Day on 10/03/2022. The session was started at 10am. All NSS Volunteers participated in this session. Through this session we conveyed the importance of regular exercise in our daily life. And also understood that how exercise helps us to maintain our body fit. All volunteers performed the zumba in a good manner. Through this session we also conveyed the message ' Importance of Exercise in Daily Life ' to whole students and teachers in the college. The session Was led by Seniors NSS Volunteers under the leadership of Arathy Shaji and Nevin Kuruvilla Thomas (NSS Volunteer Secretaries). It was a 1 hour session in which 30+ students were participated.

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INTERNATIONAL DAY OF ACTION FOR RIVERS

On 14 March, the Bhoomithrasena of NSS organise a painting competition in MD Seminary LP School, Kottayam. The program was conducted in association with Meenachil river protection council and climate action group. A river equals a mother was the theme provided to the children. About 70 students participated in the competition and each and every painting was really good. The headmistress of MD Seminary LP School inaugurated the program. Felicitations were given by NSS program officers professor Ashley Thomas. Gift boxes are provided for the best 3 paintings. The program was really successful.

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INTERNATIONAL DAY OF ACTION FOR RIVERS

On 14th March, the Bhoomithrasena of NSS organise a rally related to international day of action for rivers. The program was conducted In association with Meenachil river protection council and climate action group. Posters was prepared by the volunteers and the rally started from Baselius College to collectorate. The rally was really a successful and that provide a great sense to the viewers. A thoughtful speech was delivered by Baselius College program officer Dr. Viju Kuriyan.

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14th MARCH, 2022
INTERNATIONAL DAY OF ACTION FOR RIVERS



Consumer Awareness Seminar

Baselius College National Service Scheme volunteers had participated in the Awareness seminar conducted on March 15 World Consumer Rights Day at Kottayam Collectorate. The Program was inaugurated by State Consumer metrology officer T. R Anil. World Consumer Rights Day is celebrated on March 15 globally to acknowledge and recognise the rights of consumers. The main motive of the day is to encourage more awareness and knowledge-gathering on consumer rights across the world. Through this seminar the volunteers become aware about the rights of consumers. A debate session was also conducted in afternoon it helped the volunteers to solve their doubts.



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തക്കാറം

In the month of march the National Service Scheme of Baselius College Kottayam,unit no:-5 decided to conduct a food fest. It was actually a helping hand to the Sneha Veedu which is in Manarcad and which was also our adopted village. The food fest was Titled under the name 'തക്കാറം'. There were many food items sweets, cakes, juices, heavy food items, candy's etc. The volunteers participated during the whole programme .Everything went in good manner. The teachers and students participated equally in the programme and it was a huge success. The amount received was later distributed to the SnehaVeedu.The programme was conducted by Arron C Thomas & Sujil Saji coordinators of pothichor wing. NSS volunteer secretaries Asna Mol Shine and Nevin Kuruvilla Thomas coordinate the programme.



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World Tuberculosis Day

Baselios College, Kottayam National Service Scheme in association with Red Ribbon Club, march 24 in connection with the world Tuberculosis Day shared brochures and the Awareness was given to all. It includes the theme invest to end T.B and save lives.

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The poster features a red background with a white horizontal band. At the top center is the National Service Scheme logo. Below it, the text reads: "NATIONAL SERVICE SCHEME", "BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5", and "RED RIBBON CLUB". The central graphic includes the date "2022" above "24 MARCH" and "WORLD TUBERCULOSIS DAY" in large, bold letters, accompanied by a white outline of human lungs. A circular inset on the left contains text about the day's purpose. The white band on the right contains the slogan "Invest to End TB. Save Lives!" with a smaller lung graphic. At the bottom right, it says "FOLLOW US ON" with an Instagram icon and the handle "baselius_nss".

NATIONAL SERVICE SCHEME
BASELIUS COLLEGE, KOTTAYAM, UNIT NO: 5
RED RIBBON CLUB

2022
24 MARCH
WORLD
TUBERCULOSIS DAY

World Tuberculosis Day aims at conveying the needs to the global leaders to reinforce their commitment to fighting and eradicating the disease.

Invest to End TB.
Save Lives!

FOLLOW US ON  baselius_nss

